BY ROYAL APPOINTMENT THE RADIO TIMES COVERS PARTY!

Radio Times

11–17 FEBRUARY 2023

Charlotte Spencer, Hugh Bonneville and Dominic Cooper star in *The Gold* Sunday BBC1

GRIPPING NEW CRIME DRAMA

GOLD!

You're nicked – **Hugh Bonneville** tracks down the villains behind Britain's biggest bullion heist

PLUS Chris Packham Claudia Winkleman Sam Neill Joanna Lumley Hugh Jackman

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From the Editors

THE ACTORS ON this week's cover, Hugh Bonneville, Charlotte Spencer and Dominic Cooper, are the stars of a gripping new drama that begins on BBC1 this week, based on the 1983 Brink's-Mat robbery. It was Britain's biggest bullion heist.

The action is more concerned with the pursuit of the criminals than the actual crime, and Bonneville's depiction of the detective who brought the criminals to book is a reminder of a time when trustworthy policemen were all you'd expect to see depicted on screen. But, as Bonneville tells us in his interview on page 18, our expectations of the archetypes of good and bad are not always based on reality – and that stolen gold resurfaced in some unlikely places.

If any of that makes you think this sounds like a throwback drama, then you'd be wrong. We think *The Gold* is one of the best programmes we've seen so far in 2023.

This year also marks our 100th anniversary. Our birthday is in September, but we were able to kick off the celebrations in style at our recent Covers Party (pages 6 to 11). It's our annual chance to thank those who graced our cover over the previous 12 months, but at Claridge's Hotel in London we welcomed not only some of the stars of TV today, such as Damian Lewis and Louis Theroux, but also many stars from *RT* covers of the past, from Michael Palin to Sue Barker, and Peter Davison to Jenny Agutter.

We were also honoured to have as our guest His Royal Highness the Earl of Wessex, who collected a special presentation to mark the Queen's lifetime in broadcasting – and in the pages of *Radio Times*. From 1940 to 2022 she appeared on our cover more than 50 times.

It was a perfect example of the eclectic mix of talents that goes into making quality television. And a timely reminder that even as TV and radio are undergoing rapid change, the fundamentals of skill, charisma and an ability to communicate remain as important as ever.

Tom Loxley & Shem Law
Editors, *Radio Times*

Contact Radio Times by email on
RTeditor@radiotimes.com

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TV

Prue and Danny's Death Road Trip
Thur 9.00pm ***C4***
Prue Leith and her politician son Danny research legalised assisted dying in the USA and Canada in a sensitive documentary that may make you rethink your views.

INTERVIEW P30 ▶

3

STREAMING

Star Trek: Picard *Season 3, ep 1*
available from 17 Feb ***Amazon Prime Video***
Jean-Luc (Patrick Stewart) reunites with the full complement of his *Next Generation* crew for a final mission in space that will delight the many fans of 1990s *Trek*. For one last time: engage!

TV

Inside Our Autistic Minds
Tuesday 9.00pm ***BBC2***
Chris Packham presents the first programme of an innovative two-part documentary that uses a range of visual effects to demonstrate how people with autism see the world and how they interact with it.

INTERVIEW P22 ▶

4

TV

Better *Monday 9.00pm* ***BBC1***
We're on a redemption journey with Lou Slack (Leila Farzad), a police officer rethinking her decision to get in deep with a crime kingpin (Andrew Buchan). But can she save her soul?

FEATURE P32 ▶

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TV

Rick Stein's Cornwall
Monday–Friday 6.30pm ***BBC2***
The chef delivers another love letter to Cornwall as he shares all the places and things that he loves in the county he calls home.

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THIS WEEK

THE TEN BEST SHOWS TO WATCH, LISTEN TO & STREAM

2

TV **The Gold** *Sunday 9.00pm* ***BBC1***

The Brink's-Mat robbery of 1983 gets the Sunday-night treatment in this winning drama, as Hugh Bonneville stars as the DCI tasked with tracking down stolen gold worth £26 million.

FEATURE P18 ▶

7

STREAMING **The Twelve** *Available from 16 February* ***ITVX***

Sam Neill is a legal eagle assigned to a high-profile case in this Australian courtroom drama that also explores the motivations of those on the jury.

FEATURE P154 ▶

8

TV **The National Comedy Awards for Stand Up to Cancer** *Friday 9.00pm* ***C4***

Taskmasker leads the nominations and Tom Allen leads the way as he hosts an evening honouring the great and the good of British comedy.

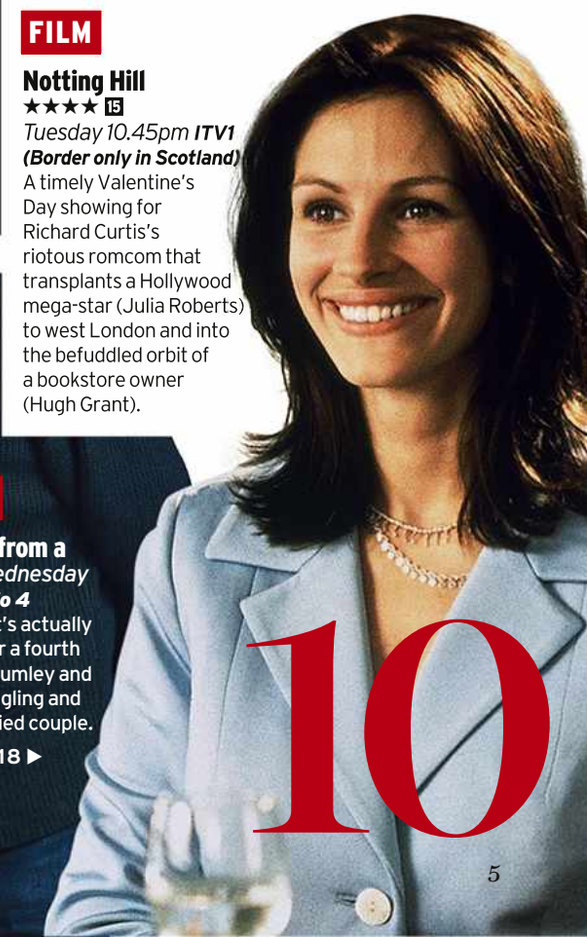
FEATURE P140 ▶

9

RADIO **Conversations from a Long Marriage** *Wednesday 6.30pm* ***Radio 4***

The radio sitcom that's actually any good returns for a fourth series, with Joanna Lumley and Roger Allam still niggling and loving as a long-married couple.

FEATURE P118 ▶



10

FILM **Notting Hill** ★★★★ 15 *Tuesday 10.45pm* ***ITV1*** ***(Border only in Scotland)***

A timely Valentine's Day showing for Richard Curtis's riotous romcom that transplants a Hollywood mega-star (Julia Roberts) to west London and into the befuddled orbit of a bookstore owner (Hugh Grant).

PHOTOGRAPHED EXCLUSIVELY FOR RADIO TIMES BY
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RADIO TIMES COVERS PARTY

A NIGHT WITH THE STARS

Radio Times held a Covers Party with a difference to kick off our centenary year. The likes of Damian Lewis, Sir Michael Palin, Angela Rippon, Sir Lenny Henry and Dame Denise Lewis rubbed shoulders in the ballroom of Claridge's Hotel, London, before receiving covers that represented not just the stars of 2022 but also a century of broadcasting.

But there has been no person more famous or on more *RT* covers than the late Queen. And so in a poignant presentation, Kirsty Young handed HRH Prince Edward, the Earl of Wessex, a special framing of her covers from 1940 and 2022.

He thanked broadcasters for how they'd sensitively covered his mother's death, and praised the photographers who'd immortalised her on more than 50 *RT* covers over the decades. "It's a fantastic tribute to a lady who lived through this extraordinary period of history and TV as it's evolved. A huge thank you to all the photographers who took the pictures for those covers. Congratulations on your centenary. You don't look 100 at all." **HUW FULLERTON**

REACHING OUT
Damian Lewis, who starred most recently in *A Spy among Friends*

ROYAL APPOINTMENT
HRH Prince Edward, the Earl of Wessex with Sir Lenny Henry, and (below) receiving a tribute to the Queen with Kirsty Young and *RT* co-editor Tom Loxley

For video interviews and more photos from the night, visit radiotimes.com/covers-party-100

SIR LENNY HENRY

Legend – and Covers Party host

"I think this is one of the best award ceremonies going! What's lovely this year is we had a beautiful tribute to the Queen from Kirsty Young. Then Prince Edward came on and gave another tribute to his mum. Usually, at ceremonies like this, there's a lot of champagne and a lot of noise, but everyone was very respectful and listened to him."

RT FAVOURITES Jenny Agutter and Sir Michael Palin have featured in *RT* many times over the decades

SIR MICHAEL PALIN

Monty Python's Flying Circus

"It's nice to see so many people who I love and admire from the television world here tonight. What a gathering! I shall hang this cover prominently next to my other *Radio Times* covers that I've acquired over the years. I remember we did one for travelling in the Sahara [in 2002], when they actually got a camel into the studio. I thought it was just going to be a mock-up, then suddenly this camel appeared over my shoulder. Of course, I was completely upstaged. He told some very good jokes, too."

PROFESSOR BRIAN COX

Physicist/broadcaster

"The Moon landing cover is absolutely beautiful – July 1969. So that's going in pride of place on the wall in my house. The other cover with my face on it... I'm not sure. Well, you can't hang that in your house, can you?"

LOUIS THEROUX

Star documentarian

"I love *Radio Times* – there's something special about having paper issues of the magazine. You can check the online offshoots but, for me, the specialness of paper artefacts remains. It's a bit like vinyl versus digital music. My framed cover? I like it very much. I might put it on the wall somewhere, possibly in the downstairs loo."

LIZZY YARNOLD

The Winter Olympics

Great Britain's greatest ever Winter Olympian (and winner of two gold medals) tells *RT* she quit Winter Sports and swapped the bobsled for the podium. Now, she's devoting her time to motivational speaking as she inspires others to go higher, faster, and stronger, whether that's on an ice flume or in the board room.

HRH AND THE CAST OF CALL THE MIDWIFE

The *Call the Midwife* team were out in force – and for star Stephen McGann, the Covers Party is a family affair. "One of my bigger brothers, Paul, got onto the cover of *Radio Times* years ago for *The Monocled Mutineer* [in 1986]," McGann tells *RT*. "He described this amazing party, where you get your cover and you meet all these really interesting people. And so years later, when I arrived myself, I thought, 'I'm in! I'm finally in!' "

MIDWIFE (OFF DUTY) Prince Edward meeting (from far left) the *Call the Midwife* gang: Jenny Agutter, Helen George, executive producer Dame Pippa Harris, Stephen McGann, creator Heidi Thomas, and Olly Rix

LESLEY NICOL & PHYLLIS LOGAN

Downton Abbey

Could a third *Downton* movie or TV return be on the horizon? Stars Lesley Nicol and Phyllis Logan (Mrs Patmore and Mrs Carson) are hopeful. "Never say never," Nicol tells *RT*. "I think everyone would be up for it. But it depends if there's an appetite from the public," added Logan. "We can ask Brian Cox if the stars are going to align..."

KIRSTY YOUNG

Royal broadcaster

"*Radio Times* is one of those things that's always been there yet, very cleverly, it always seems to be right up to the minute. A bit like Her Majesty the Queen, in fact. If you can manage that, then you've pretty much got it licked."

JO WHILEY

Radio 2 presenter

"In my hallway I've got the Adele Glastonbury cover of *RT* [2016], so this'll go alongside. I'm so proud to work for BBC Radio, and to be accepting this award is fantastic. It's one of those pinch-me nights – so many incredibly talented people in one room."

KEEEEP DANCING! *Strictly* stars Richie Anderson, Nadiya Bychkova and James Bye

STILL COOKING *Great British Bake Off* stars Janusz Domagala, Syabira Yusof and Sandro Farmhouse

SISTER ACT Comedy act Flo and Joan kept the party crowd entertained with their running musical commentary of the covers presentation

PARTY PEOPLE
Above: *Trigger Point's* Warren Brown and Adrian Lester
Left: Ben Elton and Ian Hislop

DIANE MORGAN & ASHLEY JENSEN
After Life

Don't expect any surprise revivals for Ricky Gervais's *After Life*. "It's a shame," says star Diane Morgan, "but he was right to end it. If you drag things out, it's less special." Luckily, co-star Ashley Jensen has a new job in *Shetland* – at the party she got tips from Douglas Henshall (below). "He's told me the best fish and chip shop in Shetland!"

DOUGLAS HENSHALL & ALISON O'DONNELL
Shetland

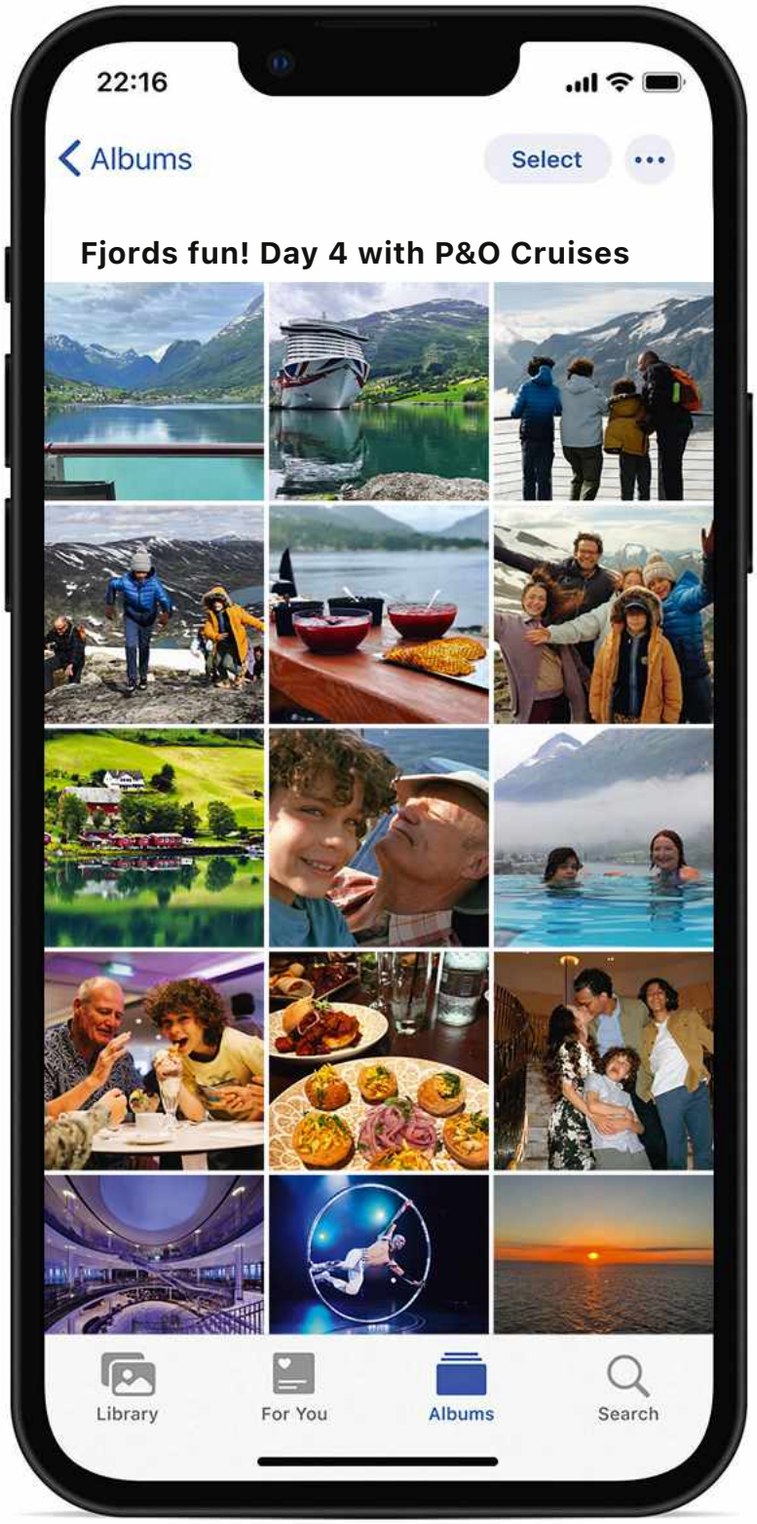
Douglas Henshall may have waved goodbye to Jimmy Perez and *Shetland* co-star Alison O'Donnell, but he's happy to go out with an *RT* cover. "It's 100 years of *Radio Times* – and finally I get to be on the front cover. It's fab. And I think Jimmy's very happy, too – wherever he is."

ANGELA RIPPON
Broadcaster

"I love this *Morecambe and Wise* cover [from 1976]. We got one of the biggest audiences ever – 26 million – which, of course, nowadays you just wouldn't get. Phenomenal. But I don't think any of us thought it would have that impact. Isn't it lovely that all these years later people are still saying how brilliant Eric and Ern were?"

PAUL MERTON
Have I Got News for You

"I have this cover already – so probably what I'll do is I'll put the two of them side by side and try to get a 3D effect."



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RT CLASSICS Comic Relief co-founders Sir Lenny Henry and Richard Curtis picking up some vintage covers

SIR TONY ROBINSON Blackadder

For the *Blackadder* star, our Covers Party was more like a school reunion. "There was this golden time in British comedy that Ben Elton, Richard Curtis, Lenny Henry and Paul Merton were part of. Lovely to see them all again. In his speech, Lenny rather cruelly said all these covers will end up in the loo. Well, mine will be in the en suite – much more grand."

GOOD SPORTS Dame Denise Lewis and Sue Barker

DAME DENISE LEWIS

The Commonwealth Games

"It's actually immense that I'm picking up this Commonwealth Games cover because it means so much to me on so many levels. We did so well – it was one of our most successful Games – and as a former participating athlete and president of Team England that meant a lot.

"But also to have been part of the BBC broadcast team that delivered unparalleled coverage of those Games – over 200 hours of television on all digital platforms. It was just fantastic."

PETER DAVISON

Doctor Who

"It was marvellous to return to *Doctor Who* last year for Jodie Whittaker's final episode. I never would've dreamt that in the 21st century I'd be on TV playing the Doctor!

"It was great fun to come back in and get into the old costume, but then I caught myself in the mirror... Not quite so pleasant. Look, I'm not quite the same shape as I was back in 1982.

"And who knows if I'll be invited back again. But it's been a great thrill to be involved with it."

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GRAPEVINE

The TV stories that got our guests talking...

THE POPLAR VOTE

Call the Midwife hits 1969 in the next series – and yes, Nonnatus House will gather to watch the Moon landing – but some themes are eternal. Creator **Heidi Thomas** plans to feature the "raise the roof" campaign, in which nurses campaigned for – and got – better working conditions and a 22% pay rise. "If that doesn't make us reflect on what's going on today, then I don't know," she said.

TONY'S MAID UP

Could **Tony Robinson**'s long-awaited reboot of *Maid Marian and her Merry Men* finally be on the way after almost 30 years? Robinson told us that the project has been on and off for a few years, but is "back on again, and everyone's got excited". It's not nostalgia that's driving him, either. "I love the idea of finding a young woman's voice to re-create Maid Marian as a character for today."

THEROUX THE WRINGER

Louis Theroux promises in-depth chats with nine celebrities for his new Spotify podcast, and has a further series of *Louis Theroux Interviews...* in the works for the BBC. Long-form interviews are "outside my comfort zone", he admitted. "In documentaries, you stumble around and talk to whoever comes your way. But having this two- or three-hour window to get everything you can from a famous name is quite a stressful exercise."

NEW BLOOD

The casting shake-up at *Shetland* will bring a "whole new dynamic" to the BBC1 crime drama, said **Ashley Jensen**, who will start filming next month. She hinted that the story will be "more about how the other people are going to relate to my character, DI Ruth Calder". Former lead **Douglas Henshall** said he'll be watching the next series: "It's going to be very different – but that's what's most exciting."

NEXT FRIDAY NIGHT

Ben Elton enjoyed his return to Channel 4 for November's revival of *Friday Night Live*, but will there be more? "I hope so," he said, "because if there's one thing that traditional television can still offer, it's a live event." **ROBIN PARKER**

INTERVIEWS BY HUW FULLERTON; KELLY-ANNE TAYLOR; LAURA RUTKOWSKI; MICHAEL POTTS; ABBY ROBINSON; GRACE HENRY; LOUISE GRIFFIN

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TEN QUESTIONS WITH

HUGH JACKMAN

On playing dad, being Wolverine – and not rehearsing

A FATHER'S LOVE As Peter, with young Nicholas (George Cobell) in *The Son*

A Tony winner (*The Boy from Oz*), Oscar nominee (*Les Misérables*) and a comic-book icon (as Marvel's mutton-chopped hero Wolverine), Hugh Jackman's talents are many. But you won't have seen the 54-year-old Australian in anything as heart-rending as his new film, *The Son*, based on Florian Zeller's play. He plays Peter, a New York businessman forced to deal with his teenage son's depression...

This is your darkest role to date playing a traumatised dad. Was it easy to switch off at night?
My wife said to me, "You're the last person I would describe as a hot mess. But during this you have been a hot mess." My sleep was off. I don't think I thought so at the time, but I look back now and see that there was a real parallel to what [my character] Peter was going through.

Do you think it changed you?
Yeah, both my kids would notice a difference [in me] for sure!

You and your wife, Deborra-Lee Furness, have been married since 1996, and you adopted two children a few years later. How did you figure out how to parent?
You fall in love with someone and you work out your relationship, it's great! All of a sudden, we had kids. The way I was parented, the way she was parented... all of a sudden... whoosh! And it wasn't just Deb and I, it was somehow our pasts coming together. We had really different ideas about being a parent. And we never really pre-discussed it. We just assumed: we love each other, we don't argue, that's going to be fine!

Are you able to leave your work behind?
It depends. As an actor, I don't have the "I must stay in character". None of that. But I have anxiety about a job. So it depends where I'm at. If I have a big day ahead the next day, I'd say I'm a 7½ out of 10 me. Does that make sense?

***The Son* is your first job with Florian Zeller, who made the Oscar winner *The Father*. What was the experience like?**
Florian didn't want to rehearse, which I was surprised by because he comes from the theatre. He just wanted us to live in the scene, trust each other and see where it went. And we would work from there. It was revealing – I felt so connected. I became instantly very close friends with Laura [Dern, his co-star]. Everyone on the set became very close, very quickly.

How do you look back on *The Greatest Showman*? Not everyone thought it would be a hit, but it was...
I'm still a little bit in shock. Yeah, I was worried! Everyone was worried. And by the way, when we opened, I believe we were the second worst opening of any movie in Hollywood history. I probably had good reason to be worried!

Talking of shock, are you amazed at how popular your incarnation of Wolverine remains?
I'm always shocked! I run into a lot of people who say "Ah, my four-year-old loves you as Wolverine!" I'm like, "You take a four-year-old to see that?!"

You started out in a band...
Yep. I got kicked out because I was a piano player and this was the 80s – if you didn't have a synthesizer, you couldn't have a band! It was $1,000 [to buy a synth] and I had $10 a week pocket money. So I got kicked out!

What's the best career advice you've been given?
Nicole Kidman said, "Just keep homing in on the best directors you can."

What keeps you going?
Certainly not poverty. Growing up, I thought we were much poorer than we were, because my dad was an accountant and really tight! For me, simply, honestly, there's a desire for love and acceptance. The deeper the hole, the more people you need to fill it. **JAMES MOTTRAM**

> 'My wife said, "You're the last person I'd describe as a hot mess. But you've been a hot mess"'

BINDING CLAWS As Wolverine in the Marvel Cinematic Universe

The Son is in cinemas from Friday

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VIEWPOINT

GIVE US BACK OUR BRITS!

If the Brit Awards want to be progressive, why are women being shut out, asks **Shaznay Lewis**

WINNING SMILES Lewis (far right) won two Brits with All Saints in 1998

GETTY

On 9 February 1998 I was humbled to win two Brit Awards as a member of the all-women group All Saints – best British single and best video. We had released our debut album in November of 1997 and just three months later we were up against prestigious bands and artists. In best British single, they included Elton John, Blur and Radiohead. In the shortlist for best video we were alongside David Bowie and Oasis.

I still remember the all-consuming energy we had that night at the London Arena in a room full of record company executives, publishers, producers and artists. Our dream as teens, like many young female singer/songwriters, was one day to perform on *Top of the Pops* and here we were, winning two Brit Awards, live on television. It gave us wings to fly.

We accomplished so much that night, but looking back I would like to think that the one thing we achieved, above all else, was showing other young girls that anything is possible. Shola Ama won in the best female solo artist category, we won awards in categories that were gender-neutral, but in that moment we played a major part in ensuring that the Brits was a space for women to thrive. Is that still the case?

The Brit Awards is an iconic ceremony with many categories, but there is now no best female artist or best male artist category. Instead there is the gender-neutral best artist. I can see this new award is a welcome and wonderful step into a world where everyone is awarded and celebrated as artists regardless of their gender. Except there are no women in the shortlist of nominees. Progressive ideas should benefit everyone, but how can that be the case if we do not acknowledge female artists – the female artists who are symbols of empowerment to millions of young aspiring women?

The birth of the new award has seen the demise of both best male and the best female categories and women, predictably, have suffered as a result. It does not feel right and I have to ask why women now face being disregarded and excluded. Is it because we are not seen as equally bankable by the industry?

> ‘The night we won we showed young girls anything is possible’

For decades, women have been breaking new ground within the music industry as publishers and label executives, producers, writers, composers, singers and performers. Many female artists have already proved themselves to be just as capable, talented and bankable as men. We are showing young girls, the talent of the future, that it can be done. Some of us even do this alongside our number-one priority: motherhood. Since our win in 1998, women have smashed through glass ceilings in the music industry and while there is still a long way to go, we continue to rise to heights that were once deemed unattainable.

How can this be ignored? How can they deny that experience of winning a Brit to another generation of girls? I asked my mum, now 81, her memories of the Brit Awards that night 25 years ago. I wasn't quite sure what she would say but it turns out her memory is sharper than mine. Smiling, she recalled not being able to sit down after our performance, and that even when everyone in the room had ceased applauding, and returned to their seats, she stood, and continued to clap, unable to conceal her pride.

Our award was voted for by the public, too, but most of the winners and nominees are chosen by the Brits Voting Academy, which is made up of about 1,200 music industry experts, drawn from media, artists, labels, publishers, promoters and more. I would say this to them: if the Brits are meant to be accolades for all, how can we persist with a category that this year has excluded half of the population, women? I'm hoping it won't be the case in 2024.

The Brit Awards 2023 are live on ITV1 from 8.30pm on Saturday

THE RADIO TIMES AT 100

Continuing our countdown to the centenary of Radio Times in September, with a weekly look back at some of the magazine's memorable issues...

THIS WEEK IN RT... 5–11 FEBRUARY 1972

Polly James and Nerys Hughes were back as flatmates Beryl and Sandra in a third series of the female-driven sitcom *The Liver Birds*.

Devised by Liverpool writers Carla Lane and Myra Taylor, the show saw significant change in the early days. Beryl was paired with Pauline Collins's Dawn for the 1969 pilot and first series, before Hughes replaced Collins, who'd moved to ITV's *Upstairs, Downstairs*. And while Lane and Taylor began by sharing scripting duties with male writers, by 1974 Lane was flying solo.

But for this week's issue, *Radio Times* spoke to some *genuine* scousers about their hopes and dreams – Polly James was born in Blackburn and Nerys Hughes in north Wales! **MARK BRAXTON**

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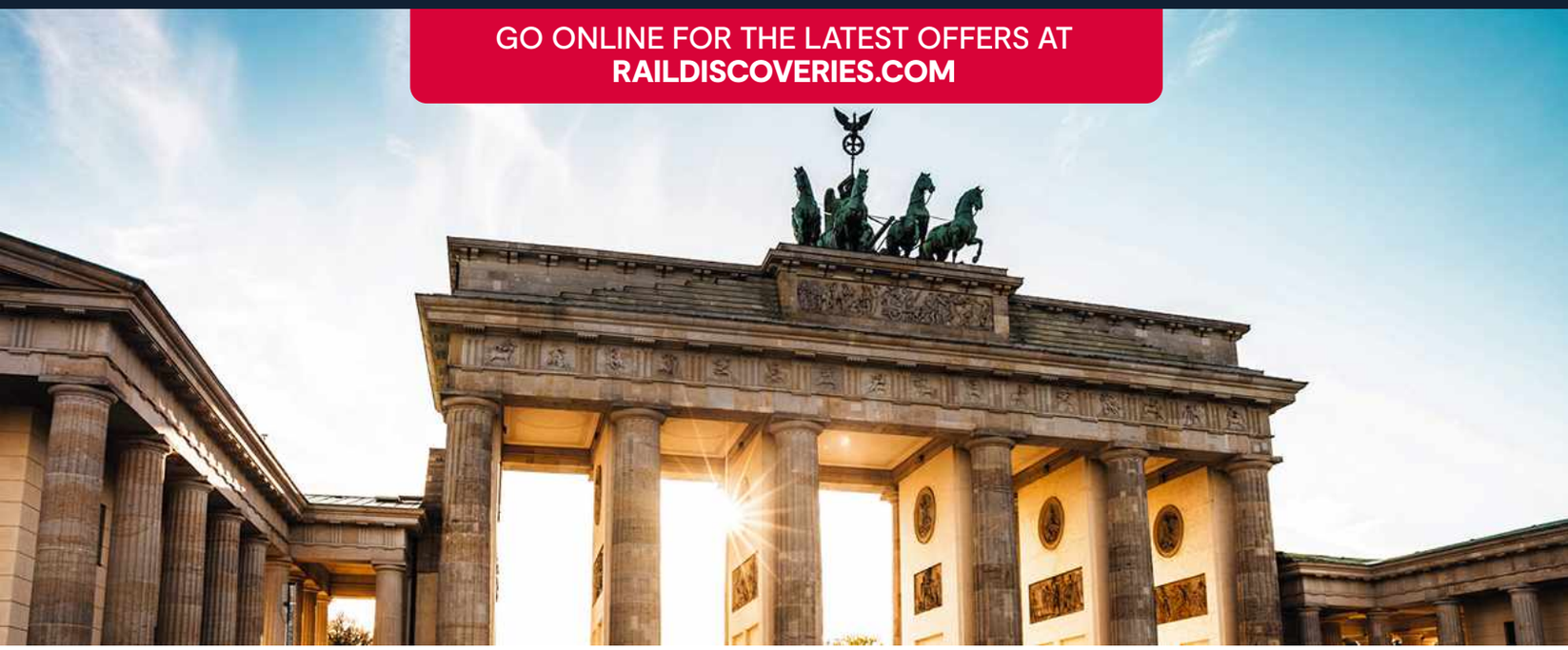

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Day 4. Vienna
You have more free time today to discover more of Vienna. You could visit Schönbrunn Palace, one of Vienna's architectural highlights and a UNESCO World Heritage site.

Days 5-6. Prague
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Days 7-8. Berlin
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Jane Garvey ON THE BOX

TENDER, TRAGIC, BEAUTIFUL...

Russell T Davies has restored *Crossroads* legend Noele Gordon to the greatness she deserves

In the interests of transparency – I loved *Crossroads*. I think Russell T Davies, the writer of *Nolly* (ITVX), does brilliant stuff, and spots stories that need telling. Who else knew we needed to revisit the dismissal of a national treasure from a teatime soap in 1981? And like many people, I'd watch Helena Bonham Carter doing a YouTube video about grouting. I never thought I'd type the line "Helena Bonham Carter was born to play Noele Gordon", but...

In the late 70s and early 80s, homework done, I'd head downstairs to join my sister in fictional King's Oak. There was general agreement that *Crossroads* was terrible: famously flimsy sets, highly unlikely plot twists. We rarely missed an episode. Hairdresser Vera Downend and her tangled love life made more complicated by Vera's decision to live on a barge. Chef Shughie McFee's kitchen tantrums. Matinee idol smoothies David Hunter and Adam Chance – both men who could effortlessly combine a polo-neck jumper with a well-cut jacket. Swoon. And at the centre of it all, the Queen of the Midlands, Meg Richardson/Mortimer, owner of the Crossroads Motel, where the swimming pool was open to non-residents.

> 'The scenes between Noele and Larry Grayson are unbearably moving'

They sacked her, of course. Who? Meg. Well, strictly speaking they fired the actress Noele Gordon. "Nolly" to her friends and admirers. After 18 years, Noele no longer knew where she ended and Meg began. She was bigger than the show, best illustrated by an opening scene, when filming of Meg's wedding to Hugh Mortimer in 1975 is gate-crashed by thousands of fans.

Crossroads supremo Jack Barton (Con O'Neill) points out the obvious: why would thousands of adoring strangers turn up at the wedding of the owner of a Birmingham-adjacent 16-chalet motel? Silly Mr B. It's as though he thought he was in charge of a hard-hitting drama about the hospitality trade, not an escapist 19 and a half minutes of early-evening entertainment, cliffhanger guaranteed.

It's clear Noele was capable of great kindness and generosity of spirit, but she was also thought to be throwing her weight around behind the scenes. Making demands, tweaking scripts, asking for changes. A man would have got away with it. He'd be a perfectionist, decisive, someone who knew exactly what they wanted.

Noele is all furs and shades, sometimes imperious, often needy. A woman who claims at rehearsals that she never glances at the script, then goes home, pours a glass of red wine and goes over every syllable. And she's 61, unmarried and without children. Very successful; highly suspicious.

Crossroads aficionados will have great fun spotting the doppelgangers – Benny, Diane and Meg's daughter Jill are all present and correct. It's a feast for the eye for anyone who recalls the soap in its ratings-busting pomp. But it's also very sad.

The scenes between Noele and her great friend and "fiancé" Larry Grayson (Mark Gatiss, unrecognisable) are unbearably moving. He knows his time on *The Generation Game* is up; Noele is certain no one will want "an old soap star who's been sacked". It's tender and tragic, beautifully done, and makes you appreciate how cruel their world can be. Hark at me! I must be going soft in my old age. I hope the bosses don't notice and come for me...

All three episodes are a delight and reveal Noele Gordon's significant place in television history. I had no idea she'd been the first actress to appear on colour TV, or that she'd interviewed a prime minister. On the night her departure from *Crossroads* is shown on the box, Noele takes a bus trip through Birmingham with co-star Tony Adams (Augustus Prew). I want to believe this really happened. Fellow passengers are suitably agog, except one: a sneering man in a raincoat. He's so certain that soaps are nonsense. They're just for women, aren't they? Which means they can't be important.

The deposed Grand Matriarch of the 16-chalet King's Oak motel lets him have it. And I was cheering her on. Go, Noele!

MATRIARCH The real Noele Gordon (left) is played by Helena Bonham Carter in *Nolly*

SHUTTERSTOCK

THIS WEEK ON RADIOTIMES.COM

- *The Son* director **Florian Zeller** on his film's inspiration.
- **Richard Gere** (right, with Diane Keaton) talks about his role in the romcom ***Maybe I Do***.

- Hear from **Orlando Bloom** (right) on the final season of *Carnival Row*.
- Guides, predictions and more for the **Six Nations**.

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- Listen to our Smart TV podcast for your short, sharp watchlist to the week ahead on television. A new edition drops every Friday.

A COPPER WE CAN TRUST

Hugh Bonneville on playing the detective who caught the Brink's-Mat gang – and why not all criminals are working class

INTERVIEWS BY
MICHAEL HODGES

GOOD COPS Charlotte Spencer and Hugh Bonneville in *The Gold*

You'd think Hugh Bonneville would be upbeat. His turn as Detective Chief Inspector Brian Boyce in *The Gold* is just one of the very many good things in Neil Forsyth's BBC1 drama about the 1983 Brink's-Mat gold bullion heist. But I fear we're not simpatico.

The 59-year-old star of *Downton Abbey* and the *Paddington* films has just ticked me off for not having read his recent memoirs. "There's a very good book," he chides, when I ask about his decision to become an actor instead of, say, going into the church (he read theology at Cambridge). "It's called *Playing Under the Piano*. It talks about all this."

But Bonneville really bridles when I suggest he suits nicer roles; that he is, to be brutal, cuddly. "*Downton* and *Paddington* pop out because they've been extremely huge successes around the world," he says. "But to say I just play entirely nice blokes? In my last film, called *I Came By*, I played a corrupt, serial-killing judge." He emphasises "corrupt, serial-killing" lest I be in any doubt about his ability to take on dark parts, then declares, "I reserve the right to play absolute w*****s!"

> **'The regeneration of London, the ring on my finger, all that was made with Brink's-Mat gold or money'**
> HUGH BONNEVILLE

Boyce is not an absolute w****r, rather he's that rare beast – a trustworthy Met officer. "We all hope for a copper with a strong moral compass, for *Dixon of Dock Green*, a copper we can trust," Bonneville notes. "But that trust has been dented, time and time again."

Brought in to lead the Metropolitan Police unit investigating the theft of gold bars worth £26 million from a warehouse near Heathrow, and aware that many London police officers were corrupt, Boyce established a tight team of detectives pledged to silence – played here by Charlotte Spencer and Emun Elliott. "Boyce did a remarkable job. They didn't solve everything, they didn't find all the gold, but by dogged, traditional police work, they did their best."

Sure enough, they soon caught the violent south London gang who had come for currency and found bullion beyond their dreams or ability to handle. Forsyth's script is really interested in the stuff that followed – how the aftermath of the crime created a new age, one we still live in.

Tons of stolen gold was recycled, and millions of pounds of cash laundered, just as the Thatcherite abandonment of old-school business ethics was taking effect and the London property boom was getting under way. "As my character says at some point, the money is going to end up in surprising places, with surprising people. And when you look now at the Docklands and a lot of regeneration in south-east London, and also the ring on my finger, all that was made with Brink's-Mat gold or money."

Has Bonneville, I wonder, ever met any villains? "That's almost one of the points of the story," he says. "Most of us think that we walk through life and keep our noses clean, but there's corruption and criminality all around us, be it within the police at times, certainly within the legal and banking systems of that time, as implied. Criminality spreads across all sections of society, because of that human quality, greed. As I say, banking and high finance. We think there's no criminality because, let's face it, no one who brought the banking system down in 2008 has been to prison."

It's the same old English story, then – those with the right accents get rich and the poor get nicked, something Bonneville says infuriates Charlotte Spencer's young working-class detective, DI Nicki Jennings. "She says, 'I don't want to ▷

PRIVILEGED Bonneville in *Downton Abbey* with Michelle Dockery

GETTY

PLAYING AGAINST TYPE
Bonneville in the 2022 thriller *I Came By*

◁ just nick people who sound like me!'" But Bonneville went to public school. He's also a deputy lieutenant of the county of West Sussex, where he lives with his wife Lucinda Evans (the couple have a son, Felix) and enjoys, he says, "a good breath of fresh air with the dogs". Isn't he part of that same social class that always gets away with it? "I think journalists are far more conscious of it," he says, shutting down talk of his own class, "and want to talk about it far more than any other actor I know." Still, I don't suppose he has ever found himself in trouble with the police. "I've got some points on my licence," he says. "I've had cracked tail lights and that sort of stuff. But no, I haven't."

As Boyce he is a sizeable physical presence. It's emphasised by the big boxy suits of the time and the long coat he wears, but he is clearly no longer the skinny wretch that startled viewers of *The One Show* with his weight loss in 2021.

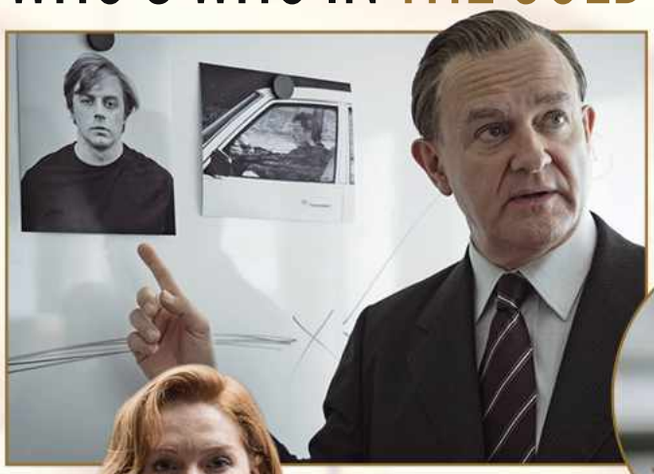
'During lockdown, I probably went too far. I got very fit and lean'

"Well, my cardiologist said, 'You're a fat f**k and you need to get fit'," he says of the drastic change in his appearance at the time. "That's always a good leveller, when someone who's keeping track of how you're doing actually says it. During lockdown, I probably went too far. I got very fit and lean. Also, I decided, from the age of 40, that I wasn't going to drink horrible red wine any more. I only drink slightly nicer red wine. I've got plenty of mates who abstain from everything, but I enjoy my life. It's all creeping back on now. There's a complacency, I suppose, but I try to exercise and eat a bit better."

In that sense he's only a little like Brian Boyce, who took his team for punishing runs to ensure they were fit enough to catch scarpering villains. Would he be good at leading a police investigation? "No, terrible!" Why? "It's slow." He then adds, in a way that feels ever-so-slightly directed towards me, "And I'm probably a bit impatient for that."

GETTY; DAILY MAIL

WHO'S WHO IN THE GOLD



◀ BRIAN BOYCE
HUGH BONNEVILLE
DCI Brian Boyce (left) led the investigation: "If a group of criminals has £26 million of gold, they have more power than some Third World countries."

◀ NICKI JENNINGS
CHARLOTTE SPENCER
A fictional character, DI Nicki Jennings (left) is out to prove herself, armed with her close knowledge of criminal minds – much like actor Charlotte Spencer herself (see below).

TONY BRIGHTWELL ▲
EMUN ELLIOTT
Previously serving in the Flying Squad, DI Tony Brightwell (above) was one of the first officers at the scene of the crime, and quick to identify the robbery's inside man.

'MY UNCLES DID TIME'

THE CO-STAR WHO KNOWS ABOUT CRIME

Charlotte Spencer knows all about villains – they run in the family. "Back in the day, I'm talking the 1950s and 60s, some of them were robbers," says the 31-year-old *Sanditon* and *Ted Lasso* actor, who plays DI Nicki Jennings in *The Gold*. "My great uncles robbed Securicor vans, or tried to. They went to prison for it."

No wonder Neil Forsyth's script resonates with her, and especially its central question – who gets punished in a grossly unequal society? "I've definitely spoken to other actors whose families have also been involved in stuff," she says. "Usually, they're from a lower class, in a way. But I was probably the only one on the set. So, this drama is close to my heart. I understood both sides, hearing those old family stories. I'm not ashamed of it. It's a story of survival in a way, just wanting a piece of that pie. But if you're going to do it in the wrong way, you've got to consider the consequences. They did their time, but that's sort of where I've come from."

Spencer grew up in Harlow in Essex ("where the cockneys moved out after the war"). Her father Peter is a builder, her mother Karen works in a school. "They remortgaged the house to send me to theatre school. Without that, without my parents' sacrifice in doing every-

KENNETH NOYE

JACK LOWDEN

Kenneth Noye (below) was involved in laundering the stolen gold, melting down much of it and mixing it with copper coins in an attempt to disguise its provenance.

EDWYN COOPER

DOMINIC COOPER

Another fictional character, lawyer Edwyn Cooper (left) is inspired by the white-collar criminals who were tempted to work with the robbers.

READ ALL ABOUT IT Right: The Brink's-Mat robbery made headlines in 1983

thing they could, I wouldn't have done it. I'm very grateful and I'm very privileged to have a family that supported me."

Not just her family. Half of Harlow has supported her, turning out en masse for her stage performances. "A lot of people look out for me because I'm the girl from Essex done good.

'My great uncles robbed Securicor vans. They went to prison'

When I did shows there would be coaches of people from my home town coming to see me."

These days Spencer lives in London. Consequently, she has everyday experience of the Metropolitan Police, an organisation that has failed young women in ways that seem scarcely believable, with some of its male officers guilty of sex crimes and even murder.

"In my mind, we're all trying to do the best we can, and the police are there to help, that's the crux of it," she says. "Someone like my character was genuinely wanting to help. Brian Boyce really genuinely wanted to help. So I don't think we can blanket-statement that they [the police] are just all evil, they're not. But you're going to get evil people anywhere, and you're going to get people that are doing bad stuff."

FAMILIAR FACE Charlotte Spencer (left); as Esther in *Sanditon* (above)

Does she feel safe in London? "What's funny is, yeah, I do. I've had some bad experiences, but I kind of feel like, who hasn't? I think I'm very lucky because I grew up with a really good father, with very good men around me and in my life. That has given me the confidence to be around men and not feel less than them. I have never felt that way – I've always gone into something feeling like an equal. If anyone made me feel unequal, then, well, there's a problem probably with that person."

Was she starstruck playing opposite Hugh Bonneville? "Hugh's so down to earth, it doesn't really compute who he is. He's just so lovely and so normal." And what about Emun Elliott, who plays her detective partner? "Emun is honestly one of the nicest people in the industry, so very easy to get on with, he's such a nice guy. We'd go in and have a laugh. Some people would talk about their kids, I'd talk about my boyfriend. I felt comfortable the whole time. Again, I was very privileged to work with decent, good men."

'IT'S MORALLY A GREY STORY'

SAYS WRITER NEIL FORSYTH

If you own jewellery created in the UK after 1984, it's entirely possible it contains traces of the Brink's-Mat gold." This surprising fact serves as the perfect metaphor for the scope of *The Gold*, the new six-part BBC1 drama about what happened in 1983 after robbers set out to steal £1 million of cash from a Heathrow warehouse and instead found themselves in possession of gold bullion worth £26 million.

"The robbery itself has infamy due its scale," says writer Neil Forsyth, whose CV boasts the dramas *Guilt* and *Eric, Ernie and Me*. "But all the events that came afterwards aren't known at all. It's fascinating how, from this one robbery, these narrative tentacles spread out across British society. There's a lot of story."

Viewers will share time with police officers, criminals and "in-between types" – individuals who, Forsyth explains, are "people who [never thought] they'd be involved in a conspiracy".

DARK COMEDY Jamie Sives and Mark Bonnar in *Guilt*

After five years researching the crime, Forsyth takes a deliberately neutral position when it comes to writing for his characters along this ethical continuum. From his pen, they all get great lines. "It's morally a very grey story," he explains. "There's corruption within the police and among the criminals; there are varying degrees of malice. It's not a

'The robbers stole the gold but didn't know what to do with it'

traditional cops-and-robbers tale. It's about how people can be corrupted – the corrupting power of the gold was spectacular."

Brink's-Mat changed both policing and crime in the UK for ever. "Everyone was out of their depth," says Forsyth. "The robbers stole the gold but didn't know what to do with it. The police knew how to investigate a bullion robbery, but not money laundering. New alliances were formed by both criminals and police, who had to accept that traditional criminal networks were suddenly expansive, with access to other forms of crime, such as selling the gold back into the market. Everyone had to learn new skills. Dramatically, that's very exciting." **CAROLINE FROST**

'I'm *lucky* to be here'

Chris Packham says that as a teenager with Asperger's he came close to taking his own life. Now he is on a mission to save youngsters with autism from suffering like he did

PHOTOGRAPHED EXCLUSIVELY FOR RADIO TIMES BY **RICHARD ANSETT**

Who's *laughing* now?

Gemma Arterton sparkles in the bright, bold and brave new Sky Original drama *Funny Woman*, based on the best-selling novel by Nick Hornby

As the title might suggest, *Funny Woman* is a drama that firmly puts the female experience of 60s Britain front and centre. And in an era of limited opportunities, Barbara Parker just wants one thing: to be funny on her own terms.

The show's empowering message is what drew producer and lead star Gemma Arterton (*Quantum of Solace*, *Black Narcissus*) to the project. "Barbara was a character that I feel like I've always wanted to play and there's a lot of stuff in there that I got to let out," she says.

From the outset, we see our heroine objectified by the men around her as she's crowned Miss Blackpool Belle 1964. Barbara's response, however, is to promptly leave her fiancé and adoring father behind for the glitz of swinging London to pursue her dreams of a comedy career.

"One of the things that Barbara struggles with is people judging her physically rather than what she can do and that happens a lot with women in workplaces," says Arterton. But after adopting the stage name Sophie Straw, she eventually finds herself with a lead part in a studio sitcom, much to the delight of her father, with whom she used to re-create old comedy routines in the rock factory where they worked.

Arterton talks of her admiration for her character's trailblazing journey: "Women were accessories in comedy, and British comedy was particularly sexist. The roles that women had to do were the Benny Hill type or the *Carry On* sexualised parts. It was quite extraordinary for a woman to make it in the 60s in comedy in the UK," she says.

A trip down memory lane

Adapted from Nick Hornby's 2014 novel *Funny Girl*, this Sky Original drama evokes the optimism of the swinging 60s with a stunningly realised set design that seamlessly places the characters at the heart of the period's most iconic locations, including the West End and Soho.

From the sitcom set to the TV studio bar, not to mention the sharp, wonderfully refined costumes, the show's aesthetic forms the perfect backdrop to a joyous, daring and moving story.

And though *Funny Woman* sits firmly in the drama category, a vibrant script from the pen of experienced comic actor and multiple award-winning writer Morwenna Banks (*Catterick*, *Skins*), means the next laugh is never far round the corner.

As a teenager with autism, I couldn't understand why I was being picked on, bullied and excluded by my fellow pupils. Fairly rapidly, the anger I felt about being persecuted turned to self-loathing and I started to feel that I was the one who was broken. I became completely isolated, but found solace in two places: my bedroom, a small part of the world where I could have total control of my environment; and the nearby fields and woods where I would keep running off to.

I'm now 61 and live a full and enriching life, with a television career, a partner and stepdaughter who mean the world to me, and a home in the New Forest that brings me as close as I can be to the natural world I love.

But I never forget that I'm lucky to be here. Because I came very close to taking my own life on several occasions in my youth – when autism is most difficult to deal with – and even as an adult. Today there are teenagers who are sat alone in their bedrooms with no tunnel in view, let alone a light at the end of it. We have learned so much about the condition since I was growing up in the 1960s, yet young people are still suffering. That's unconscionable.

Had I grown up in 2023, my experience could have been far worse. Perhaps I would have been in my bedroom, reading what those bullies were saying on Instagram or Twitter. I'd have had no protection from what I call a hate crime – which is what it is – and that would only have exacerbated the situation.

Having been diagnosed with Asperger's syndrome in my 40s, when the BBC later approached me about making my first documentary on autism (2017's *Asperger's and Me*), I was not keen. That's because autism is typically portrayed as something negative. It's still classed as a disability. Of course, it can be disabling, but some forms of autism can be enormously enabling. I felt that unless we were able to portray the positive side of my autism, then we wouldn't be inspiring young autistic people who have incredible skills and ambitions.

The documentary explored whether having Asperger's helped me become who I am today. It was a success. But more importantly and surprisingly, it opened the floodgates to a cascade of communication.

The thousands of emails and letters are still coming. Many of them are from autistic people who say the documentary was reaffirming because it helped them recognise that there were other people with their traits in the world, or that it led to a diagnosis. But many others almost reduce me to tears. People are desperate. They're isolated. They don't fully understand their condition. They aren't surrounded by a supportive network and they can't access health care professionals. They're in serious trouble.

'I couldn't understand why I was being bullied and picked on'

NATURE BOY Chris Packham first found fame in the mid-1980s as a presenter of the children's wildlife programme *The Really Wild Show*

I stand in my kitchen reading those letters and they take my breath away. Perhaps that's because I was there. I remember the pain, the anguish, the isolation. Those letters reveal a hidden crisis and they are what spurred my new BBC2 documentary *Inside Our Autistic Minds*.

There could be 700,000 autistic people in the UK and many of us feel the wider world doesn't understand our internal world, what it means to be autistic, and the differences in how we think, contribute to and process our environment.

So we came up with a plan. Using CGI, visual effects and animation, we have made films with four people to bring their internal worlds to life. So many autistic people – particularly girls – mask their condition as a way of fitting in. As well as feeling misunderstood by friends and family, hiding our autistic traits takes a huge toll on our mental health.

For much of my early life, when I would hide my autistic traits, I felt as though no one understood what was going on in my mind. And so in this film, I also try to get across how I see the world, using the woodland scene around my home. While a neurotypical person might see trees, green leaves and some branches, I see the tiniest details – every trunk and branch, the connections between them, the minute differences in colour, shape and damage in the leaves.

FAMILY TIES With his stepdaughter and occasional TV sidekick Megan McCubbin

As a naturalist, this is enormously beneficial, but sometimes the visual part of my world becomes utterly overwhelming. For instance, like many autistic people, I find supermarkets an extremely difficult environment. It's a shambles of smells, with the cut flowers and then the fruit and veg, and all the colours, textures, sounds, and all the people. The lighting is a bright, white hell. As a result, my partner Charlotte often goes supermarket shopping without me.

I still feel excluded from parts of society today, but I'm comfortable with that. I don't have friendships in the sense that most people have friendships. I have learned that they are invariably difficult to manage and disappointing for the other participant, and that ultimately they will fail. That would cause me an enormous amount of pain. So while I have colleagues, and there are one or two people who I see once or twice a year, I don't socialise in the usual sense, because it costs them, and me, too much.

I can unmask with Charlotte, but I don't always. There are things that I will do and say – characteristics of autism – that really upset her. It's normally just me telling the brutal or absolute truth as I see it. Charlotte might say I'm sometimes the most curt person in the world. I try to rein that in.

A lot of people of my age – for whom diagnosis and certainly any progressive help weren't available, those of us that have survived – have come up with our own techniques to exist, hopefully harmoniously and relatively happily.

I had so much in common with the contributors taking part in the new documentary. So many of the things they said chimed in my mind and I think we instantaneously felt better being in one another's company. ▷

COURTESY OF CHRIS PACKHAM; RAY BURMISTON

◁ While there were difficult moments – I was surprised to find myself getting emotional, because that's not typical for me in relation to other humans I don't love – *Inside Our Autistic Minds* has turned into an extremely positive experience. This is what public service broadcasting is all about. If I was going to score this documentary, I'd give it nine out of ten, and I usually give my part in our programmes a four or less. The contributors were brilliant, the films are fantastic. We've succeeded in doing what we wanted to do, which was to articulate their experiences to other people.

TAKING STOCK
Chris Packham plans to use his time away from TV to come up with new ideas to re-energise the fight against climate change

Reports that I am retiring from television for ever are wide off the mark. But I am having a three-month break from TV now the documentary is finished and *Winterwatch* is done. I've always had a creative side. I write, I take photographs and I make art. I'm currently into Brutalism and I'm making huge steel sculptures that are, very loosely, of animals. No one needs to see them. It's a personal thing that I have to exorcise.

I'm not having some sort of mental breakdown or collapse. I've mainly made this decision because of creative frustration rather than burnout. I've been a dull boy, working too hard and not being creative enough. I always need to be making something and because of the TV backlog after Covid I've not had the time. There's a plug and if I unscrew it creatively, in a controlled situation, that's fine. But if it blows its top, then I'm not in control. I'm autistic, so I like being in control.

I'm renting a studio space close to my home and have been experimenting with materials at a foundry. It's ambitious – I haven't made sculptures since I left university and I might need a crane to get them out of the place – but I'm a perfectionist, so I can tell you now that everything I do will be rubbish!

But if I'm honest, there is another reason to take a break, and that is related to my state of mind. I've had, for the first time and perhaps belatedly, eco-anxiety. I'm angry and I'm scared.

We're banging our heads against a brick wall in the face of the climate crisis and the wall isn't shifting. We're not making the progress that we need to make. We're still seeing the Government granting licences for oil exploration and coal mines being commissioned in the UK. We're seeing biodiversity collapsing.

The collective ignorance and malevolence of the decision-makers around the world is like an unstoppable force. They are becoming more and more entrenched. There is an enormous amount of evil mischief afoot when it comes to perpetuating some of the things that are most damaging to our planet.

I'm angry because we're failing to persuade people to make the right decisions. I'm angry because of our lack of progress, despite our collective energy and endeavour. I'm scared that the losses that we're seeing and have registered are still going on. Our future is imperilled.

The environmental movement needs a rethink. We've been working extremely hard, demonstrating, organising petitions, protesting, taking direct action. Some have even been gluing themselves to things, but we're still failing to stop the rot.

So I'll be spending three months thinking hard about how I'm going to spend the next three. Because the next three, the three after and the three after that are becoming increasingly important when it comes to winning this battle to protect life on Earth.

It's clear that what we've been doing up to this point hasn't worked and I have to be brave enough to say that. Lots of people will just carry on and pretend that their plans are working. But I've got to change my game. So I'm not just chucking bits of metal around in a studio. I've got to come out of this feeling re-energised and positive with a new plan for making a difference.

'I'm taking a break... I have eco-anxiety. I'm angry and scared'

If there is one thing viewers take from *Inside Our Autistic Minds*, I hope it's kindness. Why can't we be more understanding of mental difference? Just because someone thinks, and therefore acts, in a slightly different way, doesn't make them any lesser or greater a person – it just makes them different. And the key thing is that it's just difference.

But it's also healthy. Because if we were all the same, then who would solve X problem and who would solve Y problem? Who would come up with X idea, who would come up with Y idea? We have physical variation in our species so that when resources or conditions change, the species can adapt and survive. That's essentially underpinning evolution. Those mental differences are enormously beneficial to the survival of the species.

How I wish I had known this back in the 70s, when I was in my teens. Being different is good. We need to let our kids know that. It's a lesson that can change and save lives. We owe it to the next generation to pass that message on.

AS TOLD TO **SHERNA NOAH**

GETTY

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For my next *trick...*

Claudia Winkleman is attuned for success. But can *Bake Off* for pianists be a hit?

Claudia Winkleman has presented some of the most successful TV shows of recent years, from *Strictly Come Dancing* and *The Great British Sewing Bee* to *The Traitors* – but apparently, she still doesn't know what will become a hit.

"I have absolutely no idea. Of course not," she says via Zoom, enveloped in a huge stripy jumper and nursing a cold. The creators of the latest show to secure her involvement will hope she's just being modest. Because despite being under the weather, she's brimming with enthusiasm for yet another new entertainment format, Channel 4's *The Piano*. Developed by the creators of *The Great British Bake Off*, the series follows amateur pianists giving it their all on public pianos in train stations across Britain, blissfully unaware they are being secretly watched by two star judges.

Winkleman is sharing the Zoom screen with the two judges – Mika, the Lebanese-British pop sensation, and Lang Lang, the Chinese superstar classical pianist. But following the word-of-mouth hit success of *The Traitors*, it's hard to resist grilling Winkleman about what's next for her.

The presenter, however, is particularly skilled at the art of deflection. At one point, I ask if *The Traitors* was so wildly embraced by the public because of its unpredictable format. "I hope so. I don't know. I hope people watch *The Traitors* because it's a good game. I hope people will watch *The Piano*,

FOR THE AGES Contestant Harry, 92, hits the keys at St Pancras station

'I watched everyone in the station stop as soon as someone started playing'

THE EXPERTS "Miniature orange cog" Winkleman with *The Piano* judges Mika and Lang Lang

but you can never take anything for granted."

I try again: is she ever tempted to reveal the winners of *Strictly*, *The Traitors* or *The Piano*? "Well, I'm 51 so I can't remember most things. That's very helpful." OK, then – is there a skill to hiding which contestants she has an affinity with? "I don't think it's a skill," she says, with a Cheshire cat smile. "I don't have favourites. Although I am winking." So she *does* have favourites? "I know that professionally I should say, 'No, I love everybody.' But Mika and Lang Lang will tell you that in this show, I became slightly obsessed with a boy called Jared who plays the piano in St Pancras in the first episode."

Jared is a 21-year-old truck mechanic who lives in Kent and taught himself to play in lockdown by watching YouTube. After performing some Jools Holland-esque boogie-woogie, Winkleman tells him he is "ridiculous", while Mika wonders how good Jared would be if he'd started playing as a kid. During the episode, more contestants turn up – ranging in age from 11 to 92 – assuming they are performing for a documentary. Towards the end, the judges are revealed and the contestants told that one of them will play in a concert at London's Royal Festival Hall. Next week, a new train station and a new crop of contestants.

The standard is indeed, to quote Winkleman, ridiculous – wait till you see 11-year-old Ilya rip through Prokofiev, or 24-year-old Jay mash up classical piano with rap – and reflective of the recent craze for playing public piano in train stations and airports across the world. The piano is, of course, an expressive instrument that can replicate an entire orchestra; its public presence simply expresses its enduring attraction. Lang Lang, who started studying the instrument when he was three, points out that he's made friends around the world through playing the piano. "I see it as a kind of cultural ambassador; it's important for the future of education to include this magic power in our lives."

Mika agrees; when he was a kid, he spent an entire year communicating only via the piano. "I had issues. Real trauma. I was so poorly that I stopped talking, but I played piano the whole time. Too many of the people in the series had no access to a private piano. Access to music education is massively important; it's not a frilly extracurricular thing. It doesn't matter what kind of school you go to; it should be a fundamental part of education."

What about Winkleman, who attended the City of London School for Girls before reading history of art at Cambridge – did she have music lessons as a kid? "No. I'm not allowed to sing *Happy Birthday* to any member of my family, not even the tortoise," she says. "I was just there, on *The Piano*, as a miniature orange cog. As a musical outsider, it was amazing for me to watch everyone rushing through the stations and then stopping as soon as someone started playing the piano. I was blown away by the power of it."

Mika, who has been a judge on other talent shows concentrating on vocalists, says that *The Piano* is very relaxed in comparison. "*The X Factor* and *The Voice* have what they call a bible, which is probably longer than the Old Testament. I always tried to forget all that and just talk about music. *The Piano*, however, has no bible, no guide. Lang Lang and I had never met and we weren't forced into any kind of relationship or narrative. It was just, 'Nice to meet you', and then we talked about each contestant."

Winkleman is nodding furiously. "Mika and Lang Lang were squirrelled away in a tiny cupboard with ancient biscuits. What I loved about the show – and I know this is a disgusting word – is that it's so excruciatingly authentic. We were so lucky that the three of us got on brilliantly. It was love at first sight. We were led by what was going on in the station – if a child was crying, we might try to calm them down – but it was very empowering because the producers were like, 'OK, Mika and Lang Lang are hidden away and Claud, you're out with the public and yes, you can be fluorescent orange. Off you go.'"

This kind of self-deprecation is very much Winkleman's thing. It's almost impossible to tell her that she's good at anything; she simply bats it away with a dry retort or a joke at her own expense. She's one of the most powerful and influential women on TV but she isn't interested in having her ego massaged.

When Mika talks about "the tenderness in the way the public respond to her", Winkleman laughs. "Yes. They thought I was Davina." Surely no one mistook her for Davina McCall? "I signed someone's book, 'Love Davina.'"

But in reality, most people on the show were excited to meet her – you can see how delighted they are on screen. She pauses and, for a moment, I wonder if she is about to acknowledge her status as a national treasure.

Instead, she flicks her fringe and says, "Can I just say how blown away I was by Mika and Lang Lang's humility? It was amazing."

AMY RAPHAEL

RICHARD GRASSIE

Prue and Danny's Death Road Trip
Thursday 9.00pm ***C4***

THE LAST TABOO

Prue Leith wants the right to end her own life. Her son Danny disagrees...

PRUE LEITH KNOWS how she would like to die: at home, surrounded by her family, and free of pain. If necessary, she'd happily drift off, having received an injection of a life-ending drug. She says it's an instruction that's enshrined in her will.

"Mine states, if it's legal I want to be offered it," she says. And if it isn't? "Well, I'll have to find an illegal way!" she laughs.

"I've had a fantastically, happy, wonderful life and I wouldn't want to spend the last three months in agony. I'd want to go out nice and quietly, when I want to, with my family."

But as the 82-year-old judge on *The Great British Bake Off* acknowledges, there would have to be a law permitting assisted dying for her wish to be carried out. And one of those at her bedside would be her son, Danny Kruger, the Conservative MP who has campaigned tirelessly to ensure that no such law ever ends up on our statute books.

It puts him at loggerheads with his mother, who's a patron of the campaigning organisation Dignity in Dying. Not that there's any evidence of tension in *Prue and Danny's Death Road Trip,* the thoughtful and thought-provoking Channel 4 documentary they have made together exploring this most divisive of issues.

"I was a little bit nervous, because I didn't want us to end up angry with each other," Prue says today.

Danny (still Daniel to his devoted mother), the MP for Devizes in Wiltshire, agrees. "We haven't fallen out over this at all. We disagree on a number of political topics and that's OK. A healthy family can handle these sort of differences, just as a healthy country should be able to. I have huge respect for my mum because I know she cares passionately about this – she saw her brother die so badly."

> 'I wouldn't want to spend the last three months of my life in agony'
> **PRUE LEITH**

The death in 2012 of Prue's older brother David casts a long shadow and was the catalyst for her involvement in the right-to-die movement. She describes in the documentary the upsetting detail of his final months suffering from the effects

SIBLINGS
Prue Leith (aged eight) with her brothers James (centre) and David, who died of cancer in 2012

of bone cancer: the excruciating pain felt between waning doses of morphine, screaming in agony and begging to die, and continually moving between home and hospital as pneumonia flared again and again, each time treated with antibiotics.

"He realised in the end that the only way he could die was just to refuse the antibiotics, which he was allowed to do. But what happens is your lungs fill up with liquid, you're not able to breathe, so that's how he died in the end."

David's death traumatised the family. "It was such agony for them," Prue says. "His daughter said that she sat one night with a pillow in her hands when he was right towards the end – when his breathing was getting very bad and he was obviously in agony – and she was just trying to summon up the courage to put the pillow over his face. And she said, 'I couldn't do it. I couldn't kill my father.'"

> 'If assisted death existed, doctors would be compelled to offer it'
> **DANNY KRUGER**

It's with that vivid and distressing memory that mother and son fly across the Atlantic to discover how assisted-death legislation in parts of America and in Canada enables people to end their own lives. It's a mixed picture of different protocols. In Seattle, pills are prescribed to those with less than six months to live, but are self-administered. In Canada, lethal infusion by a medic is also possible and is the preferred method for 99 per cent of those who seek help in ending their life.

So what might right-to-die legislation look like over here? Danny worries that assisted suicide would lead to coercion, but Prue cites Oregon as providing a model. "You have to be mentally capable of making the decision, you have to be an adult and you have to be terminally ill."

But she adds: "I think I would take away the terminally ill restriction because people with, for example, motor neurone disease have just as much agony, pain and unbearable life but they haven't got an end date. So I think it ought to be possible to draft a law [like that]. I don't think it should be beyond us."

And what if, principle established, the law is later relaxed to include other groups? "I don't think it's a good reason not to pass a law just because somebody later might undo or widen it."

Prue says that polling confirms that the majority of UK citizens back some form of right-to-die legislation and believes the fact that so many people still travel to Dignitas in Switzerland to end their lives suggests our current approach is wrong. "What a terrible thing to have to do. You're ill, the one place you want to be is in your own bed."

That said, she admits the Canadian approach does concern her. Laws there have been liberalised so that a death doesn't have to be foreseeable, and mentally ill patients are even being considered for eligibility to access life-ending drugs. Danny describes it as a "dystopian" scenario "because there are no meaningful restrictions" and predicts it could happen here if any law, no matter how tightly drafted, were introduced. He says better palliative care rather than death on demand is what's needed. "I don't think it's possible to write a law that ensures people who are vulnerable – disabled people, lonely people, mentally ill people – are protected from this pathway to an assisted death.

"The issue is, once you've given a right to any group of people, that right would then be claimed by others. Any initial attempt to have a limit on eligibility – for instance, people who have a six-months-to-live prognosis – would be quickly challenged by people who don't have that prognosis."

And he believes medics would inevitably be drawn into ending lives to save the NHS money. "If the opportunity exists for an assisted death, doctors would be compelled to offer it and make it known that the offer was there. The doctor might be doing it for humane motives, but they would also be aware that, if that route is taken for that patient, then resources are freed up for others."

If that sounds like scaremongering, he says it's happening already in Canada. "Advocates of assisted dying have boasted of the savings that it brings to the health service there."

All of which paints a pretty bleak prospect for a Thursday evening's viewing. But *Prue and Danny's Death Road Trip* is very far from that. Mother and son are compassionate observers and the subject is sensitively handled – unlike, perhaps, Danny's foray into the US Supreme Court abortion controversy last year, when he said in the House of Commons that women didn't have an absolute right to bodily autonomy because there was "another body involved".

His mother, who previously revealed she had a backstreet abortion as a teenager, jumps to his defence, while admitting "he put it badly". "There are all sorts of things you can't do with your body, including kill it. So women saying they want total autonomy of their body is a nonsense. Because nobody has."

Her instinct to protect her son from criticism is clear, even though on the right-to-die issue they're divided. "The debate is so polarised and people on both sides of the argument are shouting and not listening. What I hope the film will do is make people think this can be discussed without exaggerating the dangers. And the fact we ended up respecting each other's views is what I'd like to happen in this debate." **TERRY PAYNE**

COURTESY OF PRUE LEITH

What lies beneath

From *Broadchurch* to *This England*, **Andrew Buchan** plays men enduring a crisis. Now he's exploring his dark side as a drugs kingpin

Andrew Buchan has a useful face and demeanour for an actor: handsome enough to take a lead and sufficiently adaptable for character roles, plus a placid and affable manner allowing deeper emotions to surface when required. Seen to most telling effect as *Broadchurch's* grief-stricken plumber Mark Latimer, it has lately come in handy for his two most recent roles in *The Crown* (as Andrew Parker Bowles) and *This England* (playing Matt Hancock), both controversial, high-profile series. How did this seemingly unflappable 43-year-old tune out the noise?

"I'll never forget flying over to LA for a screen test once and thinking, I could become a nervous wreck here. I had a strong word with myself – it's got to be just me and this other person doing the scene, otherwise I'm going to fall apart. I've tried to apply that to everything and not think too much about the exterior stuff."

The volume may rise further with Buchan's latest role as Col McHugh, a property developer whose easy-going persona disguises the ruthlessness of a drugs kingpin in BBC1's new five-parter *Better*. What was that like, after playing the man who broke Princess Anne's heart and then the politician who became the pantomime villain of Covid and *I'm a Celebrity*?

"It was refreshing!" he laughs. "I definitely search for roles that make me afraid and this seemed packed full of those moments, because Col has quite a few facets. On one hand he's calm and in control, on the other he's a broken, complex man dealing with trauma. I was interested to see him unravel."

Col's unravelling plays out in tandem with the slow redemption of DI Lou Slack (Leila Farzad, Bafta-nominated as Billie Piper's friend-cum-agent in *I Hate Suzie*), his friend over the two decades since she eased him off the hook for a youthful misdemeanour and he jumpstarted her flatlining police career. While a family tragedy prompts a crisis of conscience for Lou, Col seems wholly beyond correction – something Buchan clearly relishes.

"I was on set with Peter Mullan once, and said, 'I think I'm going to have to be quite vile towards you in this next scene.' He smiled at me and said, 'I know. It's great, isn't it? It's like a holiday.' I'm quite light and smiley in general, so playing someone like Col was fun."

The criminal underworld isn't entirely alien to Buchan, whose father was a customs officer at Manchester Airport. "He always said to look for the shoes – if someone was coming through in a gorgeous three-piece suit but their shoes were £20 off the rack, he'd be wanting a quick word." He also had a serendipitous encounter a couple of weeks before auditioning that, he thinks, bagged him the role of Col.

"I was in a tiny pub with a friend and this guy

ON THE ROCKS
With (from left) Charlotte Beaumont, Jodie Whittaker and Susan Brown in *Broadchurch*

EVERYMAN
As Jem Hearne in *Cranford*

sat down at our table, at ease and exuding confidence. He got the drinks in and chatted with us for a couple hours, then another guy sat down. We were getting on famously then the first guy left and we were like, 'That was class, wasn't it?' The other guy's face drained of colour: 'You know that man was the head of the such-and-such crime organisation?' We couldn't believe it. I went into the audition and said, 'I can't play Col as a gangster, but I could play the bloke I met in that pub' – which was exactly what they were after."

Buchan spent the early part of his career hiding in plain sight, somehow flying below the radar despite prominent television roles in dramas both period (*Cranford*, *Garrow's Law*) and contemporary (*Party Animals*, *The Fixer*). It took *Broadchurch* to make him a star.

"I was away when the first episode came out," he recalls. "Somebody phoned me and said, 'You might want to come back – it's gone down quite well…' I remember being in a house at New Year after the first series and 20 people came over asking, 'Come on, what's happening next?' "

Did he ever spill the beans? He looks affronted. "Never! I never told a soul."

The role also sent him down a career cul de sac of everymen in crisis. "I asked my agent to press pause on those roles – maybe a bit of lightness instead? Not long after that, I had an audition as someone in a car where a bomb was about to go off." He smiles ruefully. "Hard to mine the lightness in that situation."

While he awaits that elusive comedy, Buchan has taken matters into his own hands and written his own, a horror-comedy series that starts filming this month.

'I'm quite light and smiley in general, so playing Col was fun'

"I was always that guy on buses and in coffee shops, scribbling on the back of receipts and napkins, so this is nerve-racking and exciting. I won't be the actor who comes in and goes, 'I don't think I'd say that.' Well, you would say that, because I've carefully crafted that line for two and a half years." He smiles amiably, but there's a hint of Col McHugh steel. "Believe me, you would." **GABRIEL TATE**

'HEROES ARE DANGEROUS'

Leila Farzad on TV's latest bent copper, her role models – and a long wait for success

MORALITY CHECK
Leila Farzad plays the soul-searching DI Lou Slack in *Better*

Why did you want to do *Better*?
It's not often you get such a well-rounded female lead – there's something about a callous, cold woman that unnerves people. I liked how the writing veered away from a binary story about good and bad and asks whether, if someone is so far gone, they can ever be redeemed.

Why are bent coppers so fascinating?
A copper has committed themselves to making the world a better place, a bit like a priest or someone who purports to being morally superior. Yet some also do reprehensible things. *Bettter* puts that under the microscope: if you devote yourself to the police force or to God or something seemingly pure, does that make you better than everyone else?

Lou's hero was her father, who was also a cop. Who was your hero?
My mum was my rock and I was in awe of my English teacher, but heroes are a dangerous concept. You need to see someone, warts and all, rather than imagine they're perfect, because that's where everything goes wrong.

Did you see people who looked like you on television when you were younger?
Absolutely not. There was no Middle Eastern representation really, and I think people found me hard to place. I remember auditioning for a BBC soap, and the head of that soap said, "You're never going to be in the show – you don't fit the mould, you've got a different quality." I don't know what that meant, but I felt displaced, like a foreign object. I had something in me that wouldn't quit, thank goodness, but I still suffer from imposter syndrome. Seeing my name as number one on the call-sheet for *Better* was a sort of out-of-body experience.

Does your career contradict the idea that roles for women dry up as you get older?
Getting into it in your mid-30s is quite heartening, I hope. We were told when we left drama school that you went off the boil at 30 or 35 as a woman – there was a fallow period and then you could play grannies. Now I want to see lots of menopausal women going through all sorts of things! **GT**

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Bettany Hughes's Treasures of the World
Saturday 7.00pm ***C4***

The guerrilla historian

Bettany Hughes heads east to discover the history we never see

RITUAL STONES Ancient phalluses excavated at Karahan Tepe in Turkey

When Bettany Hughes started her career 30 years ago, she was told that history on television, especially presented by a woman, was irrelevant. "I had meetings with a BBC producer who said, 'This is the 90s... nobody's interested in history, nobody watches history programmes. Nobody wants to be lectured at by a woman.' In the 1990s, not the 1890s! Luckily, scientists are on our side now and tell us that, physiologically, we are creatures of memory and therefore we need memory [in order] to have a future thought. If we deny the past, we're not just diminishing the present, we're actually denying our potential as humans for the future."

This became clear during the first months of the pandemic. Hughes looked to the past to try to make sense of what was going on, using history as a form of therapy. "The one thing being a historian teaches you is that there are terrible times, but also extraordinary resilience and recovery. We could explore places that are examples of human collaboration, co-operation and success against the odds."

> 'No one had been allowed to film these giant penises before'

Hughes and a small crew – a "guerrilla squad" – travelled for seven weeks in summer 2020 for the Channel 4 series *Treasures of the World*, uncovering secret spy caves in Gibraltar and mass graves in Malta. She packed her essential luxuries – fizzy vitamin D ("It's comforting") and lip balm ("I hand it out to the crew") – and left her two daughters and husband Adrian Evans (last year he was Pageant Master for the Platinum Jubilee).

Now a second series of *Treasures* sees the presenter doing what she does best. Hughes read ancient and modern history at Oxford, but she's not an armchair historian, preferring to get out there in the world. She made history cool again by making it accessible. And she's totally at home in front of the camera, perhaps because her parents were professional actors – but she modestly says it's all about earning people's trust. "Some television programmes helicopter in, suck out what they want and then vanish. We always try not to do that."

Which is why, while working on this second series, Hughes was tipped off about recently discovered phalluses in Turkey, specifically at a prehistoric settlement in Karahan Tepe, close to the Syrian border. "Only one per cent of it has been excavated so far, including this incredible ritual space with giant stone penises, overlooked by this beautiful head of a man with a snake's body. No one had been allowed to film in there before."

Then, after late-night conversations in bars with Turkish archaeologists, Hughes was invited to the house of a local man. He proudly reveals, in the episode in question, an ancient storyboard cut into the stone wall of his basement. Examining one of the figures, she gasps, "Oh my God, he's clutching his penis!" It's a very human response – not stuffy – and all part of her charm.

She says the joy of the series is being able to share archaeological sites that otherwise would never be widely seen. "We didn't just choose palaces, grand temples and pinnacles of power. We went to Oman to see the ancient Aflaj irrigation systems, where everyone has access to water. It's like a Garden of Eden right in the middle of the mountains and an extraordinary example of human co-operation."

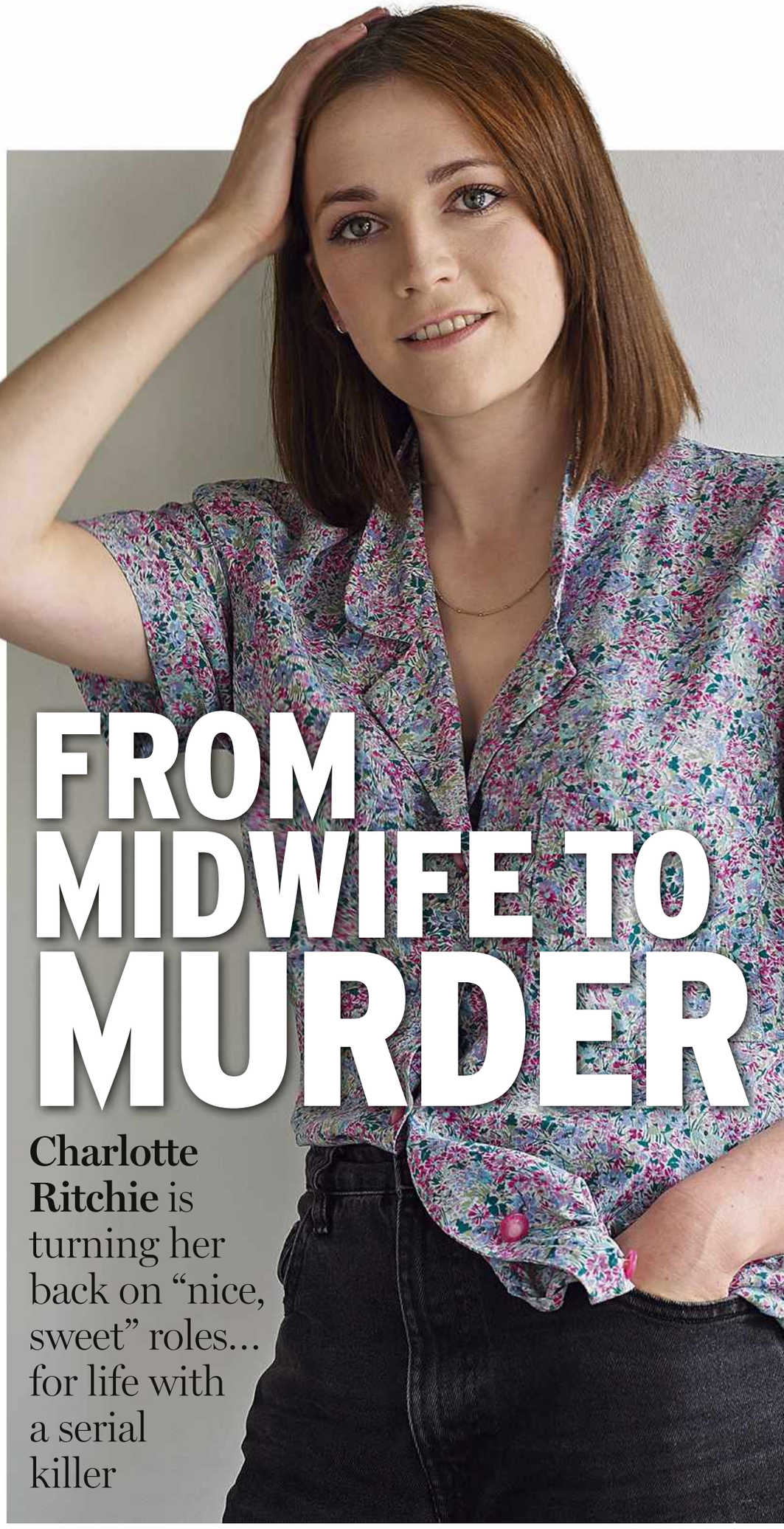
In Albania, Hughes visits the country's first Unesco World Heritage site, Butrint, and, guess what, is given a Roman phallus to hold (all these phalluses are thought to be symbolic rather than erotic). In Saudi Arabia she is granted exclusive access to prehistoric stone carvings. Equally memorably, she's escorted by UN soldiers to the buffer zone in Cyprus between the Turkish and Greek parts of the island and finds history frozen in time since the 1974 ceasefire.

"There's a time capsule right in the middle of the capital, Nicosia. It's like a Pompeii of the 20th century. The intellectual historian side of my brain was fizzing," she says, "but emotionally you're walking through people's homes and looking at lives that were broken and shattered and separated. It was very moving."

In Cappadocia in Turkey she visits the subterranean city where once 20,000 people lived. The excavated city has tunnels twisting and turning for miles. Hughes starts to panic, but at least there is a camera operator present to reassure her. "I went there for the first time 35 years ago. The shaft was getting narrower, and nobody can hear you shout because the rock absorbs sound. I couldn't find my way out. It's making me sick to remember," she says. "Small, dark spaces are a hazard that come with the job, but I'm not sure I'll ever get used to them." **AMY RAPHAEL**

PANORAMA Bettany Hughes in Turkey, filming at the peak of Mount Nemrut

GETTY



FROM MIDWIFE TO MURDER

Charlotte Ritchie is turning her back on "nice, sweet" roles… for life with a serial killer

It's cool to get into the mindset of a person that wants everyone to think she's a bitch. It's so liberating because I don't mind if people don't like her. She's not me."

Can this be coming from Charlotte Ritchie – fresh-faced, wide-eyed, always smiling – whose defining quality in a roll call of hit shows over the past decade would surely be "likeable"? For years, she has been consistently charming and quirky – whether it be exasperated but generous Alison Cooper in *Ghosts*, wholesome Nurse Barbara Gilbert in *Call the Midwife* (whose death still haunts viewers) or Mae Martin's chaotic yet compassionate love interest George in *Feel Good*.

But the 33-year-old is ready to flex other muscles, hence her appearance in the fourth series of hit Netflix psychodrama *You*, playing cold and standoffish Kate, a character the actor says "exemplifies stereotypical British repression". She's not wrong. In a show where she's pitted against Penn Badgley's serial killer Joe, her character somehow ends up being the unlikeable one.

Her first big role was not dissimilar, she adds, although some fans might disagree, as Melissa "Oregon" Shawcross in Channel 4's student comedy *Fresh Meat*. It's a part Ritchie landed just before finishing her English and drama degree at Bristol University. "Nobody likes her, but I don't mind that. I mean, she's very sweet, vulnerable and anxious, but come on… how exhausting!"

And turning up on the set of *You* was a reminder of her first days on *Midwife*: "I had a similar feeling, where the show was already quite a big hit and I was coming on as a new character. It was nerve-racking, but it's also always exciting starting a new job. It's good to feel a little bit scared. I don't want to feel too comfy."

Most of the fourth series of *You* was filmed in London, where Ritchie grew up, giving her a 45-minute commute to the studio, and Joe's university is actually Egham's Royal Holloway, where she almost studied. "How crazy that life brought me back to that place! There were locations that I'm really familiar with and it was surreal to be filming at them. I kept thinking about my nine-year-old self imagining filming this huge show all these years later."

Her character Kate is outspoken from day one about her dislike of Joe. He worms his way into her friendship group, a bunch of elite, privileged members of society. "I had to practise walking in high heels, because Kate wears them every day," Ritchie adds. "It says so much about a person if they wear high heels every day – what a specific decision! – but she doesn't walk anywhere, she has a driver. Her clothes are tight and her haircut is rigid. It was mad to have to contain

CAMERA PRESS/SUKI DHANDA; NICKY JOHNSTON

YOU
Series 4 2023, Netflix
Kate Galvin becomes the object of stalker Joe Goldberg's (Penn Badgley) interest when he moves to London

GHOSTS
2019–?, BBC1
A country mansion haunted by friendly but maddening spirits is inherited by young couple Alison and Mike Cooper (Kiell Smith-Bynoe)

FRESH MEAT
2011–16, C4
Privileged literature student Melissa "Oregon" Shawcross lives in shared university digs in this sitcom from the creators of *Peep Show*

CALL THE MIDWIFE
2015–18,BBC1
Nurse Barbara Gilbert provides care to the poorest women in 1960s London before succumbing to septicaemia

myself every day into this person. I found it tricky."

They all start to fear for their lives when someone who is being called the "eat-the-rich killer" starts targeting wealthy socialites. Then *You* starts to turn into *Made in Chelsea* meets murder, or as Joe describes it at one point, "*The Crown* directed by Guy Ritchie!"

"This murder theme strangely fits even more within this world, because there are no consequences," Ritchie says. "They're quite nihilistic. They don't know what it means for anything to properly matter. "Kate's trying to break out of who she was, but she's still in the same world that she grew up in. I know the feeling of trying to grow in a group that's the same as when you were young. It's about how you manage that without necessarily losing all your friends, which you don't want because you love them, but it's also about finding a new way to exist that's accepted by them."

A large part of *You's* popularity (or moral dilemma) is Joe's strange appeal. Despite his killer casting, Penn Badgley has openly scolded fans who reach out online with things like "Kidnap me", or who call him a "hot murderer". The star previously said of his alter ego, "Obviously Joe is one of the worst people ever. Don't aspire to be like him, don't defend him. Ever. He doesn't need it."

How does Ritchie feel about Joe? "He's reprehensible – mainly because of his ability to win people over. He has a funny, satirical view on things, but he's a really, really bad guy. It was fun to outright be like, 'I don't trust you, I don't think you're very nice and I don't know why you're here.' Getting to lay into him was honestly really joyful. Not to Penn of course – Penn's lovely."

And equally dissimilar from his brooding alter ego, it would seem. "He's very thoughtful and very funny. It was really nice to let off steam by laughing about something stupid, because the show can be quite heavy. We had lots of interesting conversations. I've noticed many people say he thinks a lot and is interested in lots of things." Does she understand the appeal of falling for a bad boy, though? "I can't comment on that," she laughs.

'It's good to feel a little bit scared. I don't want to feel too comfy'

Well, what about Kate? "It's a new genre for me, a new type of character," Ritchie reflects. "Women often feel like they have to be really nice and sweet and likeable and smiley, and she isn't, and nor are a lot of the women in the show."

While she has proven her range with the scowling, suspicious Kate, Ritchie will soon be back to her more customary "nice and sweet" Alison in *Ghosts*, with filming currently under way for series five. After singing the praises of playing an unlikeable woman, it comes with a "But..." She pauses, before adding, "... it's always nice to be nice." **LAURA RUTKOWSKI**

You Season 4 part 1 (the first five episodes) arrives on Netflix on 9 February. Part 2 (the remaining five episodes) arrives on 9 March

Kat and Naomi with Fibee and their pup Sunday

Love is blind

Fibee might not look like your average Yorkshire terrier due to her alopecia, but it was still love at first sight for Kat...

Kat first met Yorkie Fibee, now 14, around five years ago when she became her dog sitter. At the time, Fibee's owners were often out of the country and needed someone to look after her while they were away. "She was very nervous," Kat says, "but I took her everywhere with me and she slowly became more confident. Back then, she had decayed teeth, a scabby eye and no hair. Everyone else reacted with a slight recoil, but I thought she was lovely – and love is blind."

After two years of dog sitting, Kat happily agreed to adopt Fibee, whose health gradually began to improve under Kat's care. "It's like she's had a second lease of life," she laughs. "She comes on hikes with me, she's a favourite at my work, and she was even there when I proposed to my wife, Naomi. Fibee wore a beautiful tartan dress at our wedding in October. She was the star of the show!"

"I can't believe how lucky I am she chose me"

Now, Kat and Fibee know each other so well, it's as if they can read each other's thoughts. "It often feels like she's part human," says Kat. "She'll take this long, hard look at you, and you can almost hear her speak without words. I love that we have this secret language together. Sometimes I just stare at her and can't believe how lucky I am that she chose me."

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Sport

by SIMON BARNES

ALL OR NOTHING

Losing may derail the seasons of both rugby and football giants this week

When a fixture comes along that's quite obviously the match of the season, there are some things you will never hear from the managers, coaches and captains. The first is: "This is quite obviously the match of the season". Others include: "It's a six-pointer", "They're the opponents we truly fear" and "If we win this one, we can win anything".

Instead, the managers and others tell us that they're taking each match as it comes, there are no easy games in this league, they have the greatest respect for *all* their opponents and that it's just about winning the points. It's an accepted fact in sport that truth is bad for us.

But this week brings us a pair of classic, season-defining games – matches when you have to go all out, when victory is a clear statement about who you are and what you can hope to achieve. They come in two different sports that are seldom happy being linked. First, we have reached the second round of the Six Nations and the tie of the weekend sees France, last year's grand slam winners, come up against Ireland, who are currently ranked number one in the world. Happily, this treat is live on ITV1.

> 'Victory is a statement about who you are and what you can achieve'

The French rugby tradition is to have the scrum-half take on a role that's more like that of a quarterback in American football and control the play. Antoine Dupont, the current incumbent, is one of the best to have picked up a ball. The World Cup takes place in France in September, and this year – not that Dupont will tell you so – is the one that will define his life. A grand slam will be just the start.

While victory over Ireland in the Six Nations will have a huge and long-lasting significance, that's never a straightforward business, especially in Dublin. Paying particularly close attention to Dupont will be the Irish back row, among them Josh van der Flier, owner of one of the great rugby names. (His Dutch grandparents moved to Ireland to open a radiator factory.)

OLD HANDS France's Antoine Dupont (centre) tackles Ireland's Hugo Keenan in the 2022 Six Nations

Meanwhile, in the Premier League, Arsenal, who have been setting the pace all season, have a midweek visit from Manchester City, who had assumed that setting the pace was *their* job. Arsenal have been quietly getting better and better in recent seasons and are now playing with style and confidence. To add to the fun, their manager, Mikel Arteta, was once number two to City's manager Pep Guardiola.

The Arsenal v City game is on Amazon Prime Video, which rather restricts access, but non-subscribers can listen on Radio 5 Live. The match is full of attacking possibilities, with Bukayo Saka continuing to lead the Gunners with maturity beyond his 21 years and Erling Haaland scoring hatfuls for City, apparently because he finds it amusing.

The attacking potential of both sides is so obvious that the result will probably be decided by the goalkeepers. Aaron Ramsdale of Arsenal is young – still only 24 – and a proven shot-stopper. He is also developing well with the ball at his feet and his medium-range passing skills have done a lot to help Arsenal go forward at speed.

Manchester City have Ederson of Brazil, a classic playmaker-keeper, and a key link in their possession-based game. But this season he has also been playing long – and accurate – balls up to Haaland, which gives City a different emphasis in attack.

YOUNG GUN Bukayo Saka is fast, clever and creative

So we have a week of excess, of must-win games that two sides are likely to lose. Draws are rare in rugby union, and with Arsenal holding a clear lead in the Premier League, a draw wouldn't be much use to City. Here are two epic matches to savour and the seasons of four different teams will be radically affected by what happens... But the more they tell you that the match is just like any other, the more obvious it is that they're lying.

Six Nations Rugby: Ireland v France *Saturday 1.25pm (k/o 2.15pm)* ***ITV1***
Premier League Football: Arsenal v Manchester City *Wednesday (k/o 7.30pm)* ***Amazon Prime Video****, 7pm* ***Radio 5 Live***

SIMON'S THREE TO WATCH

T20 CRICKET

ICC WOMEN'S WORLD CUP
The women's T20 World Cup in South Africa and England play West Indies in their opener. *Saturday 12.30pm* ***Sky Cricket/Main Event,*** *12.45pm* ***5 Sports Extra***

NFL

SUPER BOWL LVII
Philadelphia Eagles v Kansas City Chiefs from Glendale, Arizona. *Sun 10.45pm (k/o 11.30pm)* ***ITV1****; 10pm* ***Sky NFL/Main Event,*** *11pm* ***5 Live***

FOOTBALL

CHAMPIONS LEAGUE
AC Milan v Tottenham Hotspur *Tue 7pm* ***BT1, Radio 5 Live.***
Borussia Dortmund v Chelsea *Wed 7pm* ***BT1, Talksport***
Matches kick off at 8pm.

GETTY

Streaming

Edited by FRANCES TAYLOR

SERGEANT STRONG Sarah Lancashire is embattled police officer Catherine Cawood

GETTY

CRIME DRAMA

Happy Valley *Series 1–3 available now, BBC iPlayer*

FULL BOX SET

These days, keeping track of all the quality TV that's out there has become a Sisyphean task. But if *Happy Valley* has somehow passed you by, then it really ought to be at the top of your to-watch list. As much a gritty family saga as it is a crime drama, it tells the stories of browbeaten police sergeant Catherine Cawood (a career-best Sarah Lancashire) and those in her immediate orbit, be they fractious family members or cold-hearted career criminals.

Of particular note are Catherine's sister Clare (Siobhan Finneran), with whom she has a difficult relationship, and the despicable Tommy Lee Royce (James Norton), whose evil outbursts are the source of much tension and, at times, unflinching violence. Yes, it can sometimes make for gruelling viewing, but writer Sally Wainwright never loses track of the empathy she feels for Catherine, one of the most emotionally complex and well-realised characters created for UK television in recent years.

DAVID BROWN

SUNDAY-NIGHT BBC BINGES

Vigil

All episodes available now

Suranne Jones heads underwater to solve a murder in very close confines in this nail-biting submarine thriller. A second series has now been greenlit.

Us

All episodes available now

Tom Hollander tries to save his marriage on a family tour of Europe in this nuanced adaptation of David Nicholls's book.

Ridley Road

All episodes available now

A young Jewish woman fights the far right in a four-parter that takes a fresh look at life in Swinging Sixties London. Agnes O'Casey stars.

Strike

Series 1–5 available now

A war veteran turned PI solves murders with his trusted partner, as JK Rowling's detective novels come to life. Tom Burke and Holliday Grainger make for a charismatic pairing.

BBC iPlayer

FANTASY

His Dark Materials

Series 1–3 available now

FULL BOX SET

Philip Pullman's complicated, sprawling novels once seemed impossible to bring to screen, but the BBC's surprisingly faithful adaptation has brought his magic to life. Over 23 episodes since 2018 we've seen all-out war between angels, witches, men and monsters. But despite the fantasy trappings – at one point a character earnestly whispers "The prophecy is fulfilled!" – it's elevated by the cast, most notably Ruth Wilson as the complex, ruthless Mrs Coulter and Dafne Keen (above) as potential world-saviour Lyra. **HUW FULLERTON**

PERIOD DRAMA

The North Water

All 5 episodes available now

Those wanting to see more of Colin Farrell following his recent Oscar nomination for *The Banshees of Inisherin* should seek out this fine nautical period thriller where he plays harpooner Henry Drax (above). He's terrific as a bestial man with a heart of darkness, whose startling acts of violence leave us feeling instinctively worried for anyone he takes against. And, soon enough, Drax has eyed himself a potential victim in the seemingly guileless Patrick Sumner (Jack O'Connell), a surgeon who's joining him on what turns out to be a terrifying trip to the Arctic. **DB**

WHAT I'M STREAMING

BETTANY HUGHES

"I'm really obsessed with **Russia 1985-1999: TraumaZone**, a series of films about post-Soviet Russia," says the historian and broadcaster. "Azerbaijan and Albania – both of which I visit in my own series, *Treasures of the World* – have only been independent for 30 years. It's so important for us to put those worlds on camera and on screen in order to understand them." *Full series now on iPlayer. Bettany Hughes: page 35.*

ITVX

DRAMA

The Twelve *All 10 episodes available from Thursday*

Armchair jurors can compare the evidence when it comes to this ten-part Australian legal drama, as it's based on Belgian series *De Twaalf*, which is available to watch on All4. The Aussie remake is the starrier of the two, with Sam Neill (above) front and centre as a defence lawyer and Kate Mulvany (seen most recently in *Elvis*) in the dock as an artist accused of the murder of her niece.

Just as important to the plot, though, are those deciding her fate: the jury members who are each facing personal crises that are unpacked as the drama unfolds in court. **DB** *Sam Neill: page 154*

FILM REVIEW

Jonathan Ross: Must-watch Films

Episode 1 available from Tuesday

It's 13 years since the end of Ross's BBC contract meant the end of his stint as a TV film critic – since then, the art of a film programme hosted by a single movie enthusiast has rather been lost. Now Ross brings it back, but instead of rounding up the latest cinema releases, he's hunting for gems that you can stream via ITVX. As well as recommending Valentine's Day films such as *Mannequin*, *Flashdance* and *Mermaids*, episode one offers a guide to the *Fast & Furious* franchise and old classics such as *His Girl Friday*. **JACK SEALE**

CRIME DRAMA

Endeavour

All 8 series available now

FULL BOX SET

We'll soon have to say goodbye to Endeavour (Shaun Evans) and Thursday (Roger Allam). But ahead of that remorseful day there's a chance to immerse yourself in 1960s Oxford and all their previous cases on ITVX. It's a series that's become a rare thing in the TV landscape: a spin-off as beloved as its progenitor. But that success is well earned, and the chemistry between young Morse and his seen-it-all-before boss is hard to resist. **DB**

Amazon Prime Video

FANTASY DRAMA

Carnival Row

Series 2 episodes 1–2 available Friday

A double bill introduces the new, second season of a fantasy drama that doesn't skimp on the gnarly unpleasantness of the world it's created. Orlando Bloom returns as the investigator who, in a place where mythical creatures exist but have to suffer discrimination and marginalisation, is now subject to prejudice himself after a revelation about his heritage, while Cara Delevingne (above) co-stars as his former lover. As before, the show has a grubby but handsome visual style to go with its dark imagination and sharp dramatic edge. **JACK SEALE**

HORROR

The Conjuring: the Devil Made Me Do It ★★★ 15

Available from Saturday

Between its appealing leads and solid shocks, the eighth entry in the expanded *Conjuring* universe largely refreshes a flagging franchise. The true-crime-slanted chiller reunites us with Ed and Lorraine Warren (Patrick Wilson and Vera Farmiga), whose demon-busting skills are tested when they try to acquit a young tree doctor of murder. The overwrought set pieces result in a hazy climax, but the chemistry between Farmiga (above) and Wilson takes up the slack, giving us something to care about amid the thudding scares. **KEVIN HARLEY**

MAKE IT SO ONE MORE TIME Jean-Luc Picard (Patrick Stewart, top) reunites with the crew of the USS *Enterprise* in the third and final series of the *Star Trek* spin-off

SCI-FI DRAMA

Star Trek: Picard

Series 3 ep 1 available Friday

Few fans of *Star Trek: the Next Generation* felt that the crew got the farewell they deserved in the 2002 box-office bomb *Star Trek: Nemesis*. Two decades on, that wrong is finally being righted with Jean-Luc Picard (Patrick Stewart) and his friends reuniting to take on a valedictory mission that feels very much like a *Next Gen* love letter. It's also, it must be said, something of a necessary recalibration for the *Picard* spin-off itself, which has, up until now, been struggling on impulse power. Seasons one and two remain available on Amazon Prime Video, but this third and final run is a standalone adventure that gives aficionados the chance to warm themselves in the glow of nostalgia as we catch up with the likes of empathetic Dr Crusher, the burly Riker and Klingon warrior Worf. **DAVID BROWN**

ALAMY

Netflix

SPORT DOCUMENTARY

Full Swing

All 8 episodes available Wednesday

"You have picked a hell of a year to start filming the PGA tour," says Ian Poulter in a documentary that does for golf what *F1: Drive to Survive* and *Break Point* do for motor racing and tennis respectively: it goes behind the scenes for a whole season. That season is 2022, when professional golf was ripped in two by the arrival of a new Saudi-funded tour. As the series begins, we're in the relative calm of the first major of the year, the PGA Championship, where lifelong best friends Justin Thomas and Jordan Spieth (above) test their close but spiky relationship by competing for the title. **JS**

WHAT I'M STREAMING

MIKA

"I've managed to catch up on **Sex Education**," says the musician and star of the new Channel 4 series *The Piano*. "It's just brilliant. I'm 39 years old now, but I wish that programme had existed when I was 15, because I'd be a hell of a lot less messed up and I would have made fewer mistakes in my own sex life."

Series 1–3 of Sex Education are available on Netflix now.

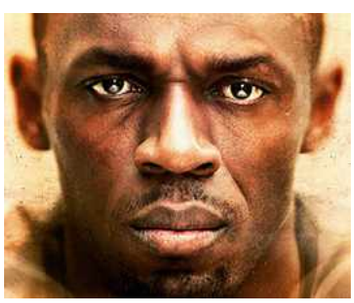
For more on The Piano (Wednesday 9pm Channel 4), see page 28.

COMEDY

You People ★★ 15

Available now

Well-meaning, white Jonah Hill faces an uphill struggle to impress his black fiancée's father (Eddie Murphy) in this culture-clash romcom. The path to the altar for Hill and his bride-to-be (Lauren London) is strewn with social pitfalls, not least because of their respective Jewish and Muslim upbringings. The film is essentially a reworking of the 1967 Sidney Poitier vehicle *Guess Who's Coming to Dinner*, only clunkier and more cliché-ridden. However, director Kenya Barris manages a sprinkling of wit in scenes where he allows his actors to improvise their dialogue. **TERRY STAUNTON**



SPORT DOCUMENTARY

I Am Bolt ★★★★ PG

Available from Thursday

The bond between Usain Bolt and his parents is clear to see in this wonderfully uplifting celebration of his life both on and off the track. British film-maker brothers Ben and Gabe Turner followed the Jamaican sprint sensation as he prepared for the Beijing World Championships in 2015 and then the Rio Olympics the following year. The result is something very special. While sport documentaries often profile the fallen or the vainglorious, this takes us inside the world of a true sporting hero and delivers a story of triumph that can't help but stir the spirit. **TERRY PAYNE**

DRAMA

Dog Gone ★★★ PG

Available now

This true-story drama is a typical canine caper, yet pulls out a few tricks of its own. Aimless graduate Fielding (Johnny Berchtold) ignores his family's advice and brings home a yellow labrador, whom he dubs "Gonker". When Gonker goes missing in the woods, Fielding and his dad (Rob Lowe, above) race against time to retrieve the pooch, and end up hiking the Appalachian Trail in the process. Lowe and Berchtold hit all the right notes as father and son without straying into soppy territory, and the Virginian woodland provides a spectacular backdrop. **DAVID HODGES**

STAR TREK UNIVERSE

The Original Series
Paramount+/Netflix
The classic voyages of Captain Kirk and co.

The Next Generation
Paramount+/Netflix
The cerebral Jean-Luc Picard makes his debut.

Deep Space Nine
Paramount+/Netflix
Edgier fare on Sisko's war-torn station.

Voyager
Paramount+/Netflix
Janeway gets lost in space.

Enterprise
Paramount+/Netflix
Prequel missions with Captain Archer.

Discovery
Paramount+
Michael Burnham breaks the rules.

Lower Decks
Amazon Prime Video
Animated *Trek* in the *Rick and Morty* style.

Prodigy
Paramount+
Cartoon primer for kids.

Strange New Worlds
Paramount+
Spock's Enterprising early years.

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STREAMING

Paramount+

DOCUMENTARY

Gucci: Sex, Lies and Fashion *Available Wednesday*

If you've seen the film *House of Gucci* you'll know that in the early 1990s Maurizio Gucci was at the centre of an extraordinary corporate reinvention. The 80s had seen his family's fashion house descend into mass production, with shops on every main street and bankruptcy not far away. But a new emphasis on luxury, exclusivity and, in Gucci's marketing, sex enabled the company to create the seemingly timeless brand we know today. This documentary tells the tale, speaking to the people who were there. **JS**

Disney+

MYSTERY DRAMA

The Hardy Boys

Series 1 and 2 available now

Darker than previous versions of the classic adventure/detective stories, but not too much, this latest take on vigorous brothers solving mysteries pitches itself in the 1980s, where Joe and his older brother Frank leave home following a bereavement and relocate to their father's home town. There, they investigate their family's own mystery and one that has got the local community talking. The decision not to set the action in the present day is a canny one, because this is just the right amount of old-fashioned. **JS**

DRAMA

Black Bear ★★★ 15

Available now

In this unusual psychological drama, the arrival of a film-maker (Aubrey Plaza) at an isolated country retreat aggravates tensions between the man (Christopher Abbott) and his pregnant partner (Sarah Gadon) living there. As the trio's booze-fuelled night reaches boiling point, though, director Lawrence Michael Levine brazenly flips the narrative. This cerebral teaser of a film maintains a studied ambiguity that is likely to either frustrate or delight. However, the actors offer precise, well-observed performances, with a riveting Plaza disgorging painful depths of emotion with a frightening intensity. **STEPHEN APPLEBAUM**

Freevee

THRILLER

The 9th Life of Louis Drax

★★★★ 15 *Available from Thursday*

Adapted from Liz Jensen's much-admired novel, this unusual drama sees the eponymous master Drax (Aiden Longworth) spending much of the film in a coma after falling off a cliff. With medic Jamie Dornan and concerned mum Sarah Gadon at his bedside, flashbacks take us through the boy's back story. There is a lot to take on board before the sinister, slightly surreal whodunnit narrative really gets going, then it's delivered with hallucinatory fervour by horror director Alexandre Aja (*Switchblade Romance*). **TREVOR JOHNSTON**

Now/Sky Cinema

ACTION COMEDY

Bullet Train ★★★ 15

Available from Friday

In this frantically paced caper, Brad Pitt plays an affable hitman who picks up the titular train in Tokyo. His mission: to secure a case carried by two British assassins (Brian Tyree Henry and Aaron Taylor-Johnson). Keeping up with the chaotic plot can be headache-inducing, but there are great performances, with Taylor-Johnson's cockney swagger a thing of absurd beauty. While *Bullet Train* can feel a bit too cartoonish, director David Leitch (*John Wick*) packs the action sequences with the required punch. **EMMA SIMMONDS**

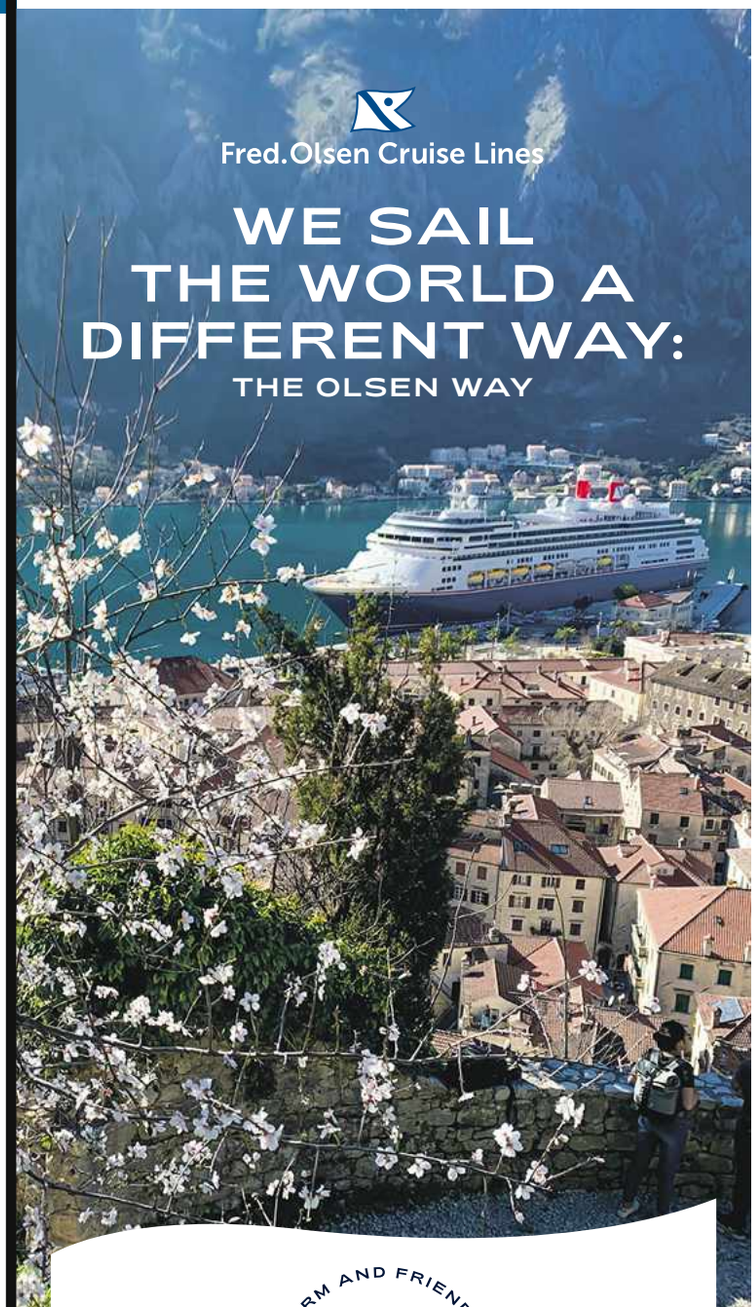
PERIOD DRAMA

The Railway Children Return ★★★ PG

Available from 10 February

The belated sequel to the 1970 classic cleverly moves the story on from the Edwardian era to wartime Britain, when three evacuees are sent to the Yorkshire village of Oakworth. Taking them in are Bobbie Waterbury (Jenny Agutter, reprising her role from the first film) and her daughter (Sheridan Smith). Wholesome antics ensue and parallels to the original abound. Nothing feels forced in this gentle tale that rekindles the spirit of its predecessor to terrific effect. **JAMES MOTTRAM**

ALAMY; SHUTTERSTOCK



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Apple TV+

SCI-FI DRAMA

Hello Tomorrow!

Episodes 1–3 available Friday

As they rapidly expand, streaming platforms feel able to take a risk now and then – with projects like this genuinely odd drama. It's set in what seems to be the USA in the 1950s, but it's a version of it where cars hover, typewriters can take dictation and service personnel have been replaced by robots. We follow a team of salespeople, led by a luminously charming Billy Crudup, selling homes and timeshares on the Moon – but all is not well. Like a retro-future *Mad Men*, the show riffs on the hope offered by postwar commercialism, doing so with acid wit and an elegantly heavy heart.
JACK SEALE

LIVING THE DREAM
Salesman Jack (Billy Crudup) believes a brighter future can be bought

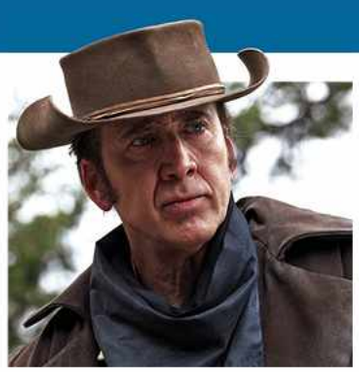
To rent/buy

THRILLER

Watcher ★★★ 15

Available now

It Follows star Maika Monroe again finds herself pursued in this elegant exercise in paranoid anxiety, which marks the stylish debut of director Chloe Okuno. Monroe plays an American, newly arrived in Bucharest, who becomes concerned that a shadowy figure is watching her. All this against the dread-inducing backdrop of a serial killer on the loose with a taste for decapitation. Okuno stokes the angst with atmospheric visuals and Monroe delivers as a woman who is intensely highly strung. **STEVE MORRISSEY**



WESTERN

The Old Way ★★★ 15

Available from Monday

This old-school western stars Nicolas Cage as Colton Briggs, a once-notorious pistolero turned family man who takes up the gun again when his violent past comes back to shatter his domestic idyll. Director Brett Donowho doesn't add anything new to the genre, but his appreciation of its conventions informs a solid story that will keep your attention. Indeed Cage, top-lining a western for the first time, delivers one of the most subtle and understated performances of his career. **TERRY STAUNTON**

MUSICAL

Matilda the Musical

★★★★ PG

Available 8 February

Roald Dahl's much-loved children's story is given razzamatazz aplenty in this adaptation of the hit stage musical. Alisha Weir (pictured right) makes a suitably plucky protagonist, while the film has a ball with the grotesque grown-ups that haunt Matilda's childhood: her 'orrible parents (played by the recently Oscar-nominated Andrea Riseborough and Stephen Graham) and monstrous headmistress Miss Trunchbull (an enormously imposing Emma Thompson). If it has its cheesy scenes, the film is rousing in its message about standing up to bullies, while Lashana Lynch delivers moving moments as Matilda's saviour-in-waiting, Miss Honey. **EMMA SIMMONDS**

HOW & WHERE TO STREAM TV & FILM

FREE TO VIEW

BBC iPLAYER *bbc.co.uk/iplayer*
As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

ITVX *itv.com*
Replacing ITV Hub, this new free service is the place to stream ITV shows and new ITVX dramas. An ad-free version costs £5.99 a month or £59.99 a year, which includes access to BritBox.

ALL 4 *channel4.com*
Register for over 1,500 shows from C4, E4, More4, Film4 and Walter Presents. To watch ad-free, All 4+ costs £3.99 per month.

MY5 *channel5.com*
Channel 5 content on demand and channels including 5, 5USA, 5Star and 5Select can all be streamed live once you've set up an online account for free.

UKTV PLAY *uktvplay.uktv.co.uk*
Catch up with shows on Dave, Drama, W and Yesterday. There's also an extensive library of crime drama, comedy and entertainment box sets available.

FREEVEE *amazon.co.uk/freevee*
You can sign up free for an Amazon account and an then see – with ads – original shows like cop drama *Bosch: Legacy*, plus other TV shows and films.

PLUTO TV *plutotv.co.uk*
No log-in required for hundreds of TV shows and films. *See page 152*

SUBSCRIPTION SERVICES

ACORN TV *acorn.tv*
Price: £4.99/month
Gentle crime dramas are this service's speciality.

AMAZON PRIME VIDEO *amazon.co.uk/video*
Price: £8.99/month
For original shows such as *The Lord of the Rings: the Rings of Power* and live sport.

BFI PLAYER *bfi.org.uk/player*
Price: £4.99/month
Classic and cult films.

APPLE TV+ *apple.com/uk/apple-tv-plus*
Price: £6.99/month
For films and series such as *Ted Lasso*.

BRITBOX *britbox.co.uk*
Price: £5.99/month
Shows from the BBC, ITV, C4, Channel 5 and BritBox originals.

DISCOVERY+ *discoveryplus.co.uk*
Price: £3.99/month or £6.99/month to include Sport
For Discovery, TLC, Animal Planet and others, plus original shows and live sport.

DISNEY+ *disneyplus.com*
Price: £7.99/month
New series from the Marvel and Star Wars franchises, plus recent Disney film releases.

MUBI *mubi.com*
Price: £10.99/month
An extensive library of world cinema and arthouse films.

NETFLIX *netflix.com*
Price: £4.99/month (with ads), £6.99/month (standard definition) or £10.99/month (for HD) Films and series like *Stranger Things* and *Ozark*.

NOW *nowtv.com*
Price: £9.99/month for Entertainment and £9.99/month for Cinema membership
The place to watch Sky and HBO shows without a Sky box or dish. Streaming service **Peacock** is included with Entertainment membership.

PARAMOUNT+ *paramountplus.com*
Price: £6.99/month
One of the newer streaming services, this offers films and TV series such as *The Offer* and *Star Trek: Strange New Worlds*.

LIONSGATE+ *lionsgateplus.com*
Price: £5.99/month
For original films and series such as *Gaslit* or *Outlander*. Formerly known as Starzplay.

SKY GO *sky.com/watch/sky-go*
Price: included with Sky TV subscription
Sky customers can stream live, on-demand and catch-up TV via an app on their laptop, phone or tablet.

PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.

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Saturday

MC MO
Mo Gilligan returns to host the Brits

NOMINEES
From top, George Ezra, Harry Styles and Stormzy

AWARDS

The Brit Awards *8.30pm **ITV1** Catch up via ITVX*

From Mick Fleetwood and Samantha Fox's so-called "hosting" to Adele giving the middle finger on stage, there has always been controversy at the Brit Awards. It's just that, usually, it's been about what's happened *on* the night instead of before it. Since last year, in a bid to make the categories more inclusive, the best British male and best British female prizes have been combined to become the best British artist award. Which was all well and good... until the nominees were announced and all five acts were male. There might have been a dearth of high-profile female acts putting out music over the past year, but understandably the lack of representation has sparked a backlash and poses questions about the categories for next year.

Mo Gilligan returns for his second year as host, and performers are set to include Stormzy, Wet Leg and Sam Smith.

FRANCES TAYLOR TV PREVIEWS EDITOR

Shaznay Lewis's point of view: page 15

SPORT

Six Nations Rugby Union

*1.25pm **ITV1**/4.00pm **BBC1***
Catch up via ITVX/ iPlayer

As the Six Nations gathers pace, it's a tale of the top two: **Ireland v France** (k/o 2.15pm ITV1) in a match that many pre-tournament prognosticators claimed would be the title decider.

A handy indicator of how little separates the teams is the fact that although France pipped Ireland to the championship last year, they are currently ranked second in the world, behind the team in green. So expect a fiercely fought contest at Dublin's Aviva Stadium.

Later on BBC1, however, is the not-so-small matter of **Scotland v Wales** at Murrayfield (k/o 4.45pm, BBC1), with the home side edging above the visitors into fourth place 12 months ago. **MAX COPEMAN**

Sport: page 39

DRAMA

Casualty *8.00pm, 8.50pm*

***BBC1** Catch up via iPlayer*

One day, *Casualty* might introduce a middle manager who isn't an arrogant swine, but until then, we'll have to put up with Marcus. He's the latest in a long line of suit-wearing, pen-pushing villains who make enemies of everyone and exit scenes with lines like, "Now, if you'll excuse me, I've got an executive meeting to go to".

Unfortunately for us, Marcus is omnipresent in this double bill, where he's scheming against Stevie and disparaging Dylan. Yet there's also time for some textbook Jacob heroics. Is he exercising in a tight-fitting top? Naturally. Does the emergency require him to go shirtless? Of course. Though fans of his macho medical interventions will feel torn as he's dealing with an especially icky case. You've been warned. **DAVID BROWN**

DOCUMENTARY

Living Wild: How to Change Your Life

*8.00pm **C4** Catch up via All 4*

Ever wanted to escape from the grind of urban life? You're not alone. Sophie Morgan's show highlights people across Britain (and occasionally beyond) who have done just that.

This episode sees her in the Lake District, meeting a rambling group set up exclusively for Muslim women, and travelling to rural Ireland to chat with a young couple who moved off the grid to set up their own farm, living in a tiny, solar-powered house the size of a garden shed.

First, though, she travels to Lapland to stay with the British husband and wife who moved to the Arctic wilderness. "We wanted to design our own day," they explain, as they tell Morgan about the joys of a life of quiet isolation. **CERI THOMAS**

MUSIC

Love Songs at the BBC

*8.00pm **BBC2** Catch up via iPlayer*

Ahead of Valentine's Day, the ups and downs of love's rollercoaster are expressed in a sparkly new Cupid's compendium, subtitled *Volume 2*. No previews were available, so some guesswork is needed as to what we'll actually hear. But among the Romeos and Juliets performing are Nat King Cole, Shania Twain and Ed Sheeran.

In *Heartbreakers at the BBC* at 9pm, love is a losing game for the participants. Amy Winehouse, George Michael and Taylor Swift are among them. Meanwhile, Dionne Warwick's presence and the programme title would suggest she'll sing her hit from the Gibb brothers' stunningly fertile period of writing for other people, which some would say was the equal of their work as the Bee Gees.

MARK BRAXTON

ALSO ON TODAY

Camilla, Queen Consort: Love and Duty
6.40pm ***Channel 5***
The colourful life of the future Queen Consort prior to her marriage to Prince Charles in 2005.

Michael McIntyre's Big Show
7.00pm ***BBC1***
Stacey Dooley, Olly Murs and Alexander Armstrong are the guests of comedian Michael McIntyre (right).

The Masked Singer
7.00pm ***ITV1***
Peter Crouch is a guest panellist as five Masked Singers perform in the semi-final, which will conclude with a double elimination.

DRAMA

North Sea Connection
9.00pm, 9.45pm ***BBC4***
Catch up via iPlayer

There are a few too many plot strands fighting for our attention in this brooding thriller. Of most interest is Ciara, who's gone from fishing skipper to reluctant drug dealer in the space of a week, exchanging her waders for blue coveralls yet keeping that beanie hat in place.

But also in the mix are the villainous Quinn (who always seems like he's conducting an office worker's annual appraisal – until he starts firing bullets) and police officer Tuva (whose icy manner suggests her training involved watching episodes of *The Bridge*). Then there's Lenny, the local liability who may as well have a target on his head. Quite honestly, it's a wonder he's made it this far. **DB**

DOCUMENTARY

Genesis: Sum of the Parts *9.00pm* ***Sky Arts***
Catch up via Sky Go/Now

At the vanguard of prog, uncaring of cool, Genesis wrote radio-unfriendly epics about lawn mowers and failed Scottish uprisings. Then in 1978, after a Damascene conversion, they discovered hits. That they kept their fans is surely down to their willingness to please both camps at their gigs.

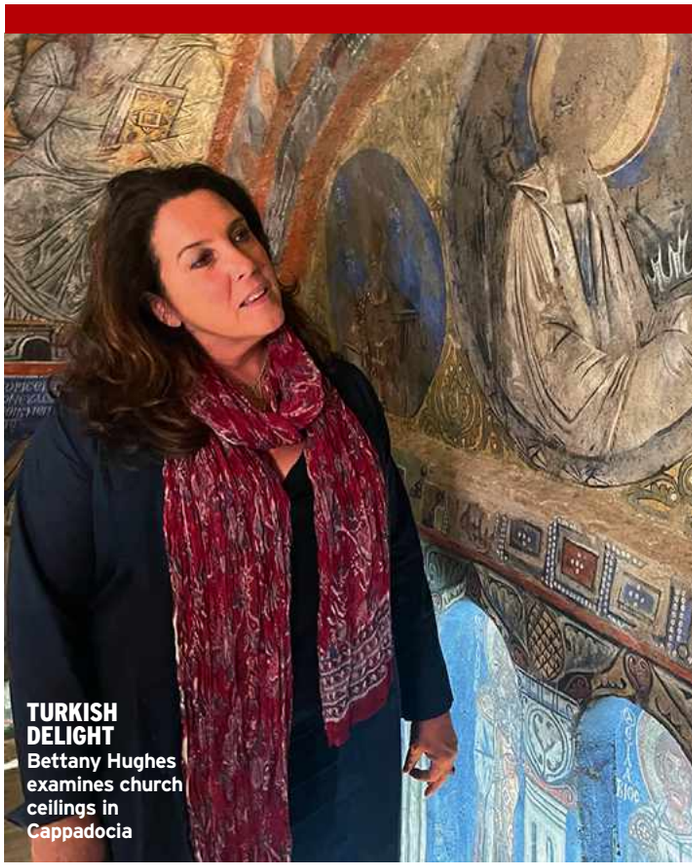
Past and present Genesisters are assembled for this deservedly sprawling 2014 doc. The days of mime and poses are given as much weight as the MTV singles and monster solo careers. The competitive rivalry of its members is still detectable, while the tediously de rigueur rock-doc dissing of the group's early oeuvre – for many, a thing of rich musicality – is thankfully largely shunned. **MB**

DRAMA

Atlantic Crossing
9pm ***Drama*** *Catch up via UKTV Play*

"We're like tea bags – we don't know our strength until we are in hot water," Eleanor Roosevelt tells Crown Princess Martha, who is gradually doing more to persuade America to join in the war.

Her opening gambit is a sneaky dinner party ploy to encourage FDR to send munitions to her country, but then she opens her home to wounded Norwegian sailors and, despite having spontaneous nosebleeds in stressful situations, even suggests she embarks on a speaking tour to drum up support. To that end there's a hilarious sequence where Eleanor coaches the nervous Martha to relax by dancing around the White House like a mad, loose-limbed ape. I hope it really happened. **JR**



TURKISH DELIGHT Bettany Hughes examines church ceilings in Cappadocia

HISTORY

Bettany Hughes's Treasures of the World
7.00pm ***C4*** *Catch up via All 4*

The impassioned professor returns with a second series of history escapism, shining a light on neglected stories and unheard voices from the past in extraordinary, often overlooked, places.

She starts her explorations in Turkey at the underground cave cities of Cappadocia with their incredible, otherworldly rock-cut architecture, before going on to visit the pilgrimage city of Urfa, believed to be the birthplace of the biblical figure Abraham.

Finally, she hikes up Mount Nemrut. A Unesco World Heritage site perched high above the Euphrates river, it is an ancient tomb and funerary mound built for King Antiochus I and marked by giant stone statues of heads dating back 2,000 years.

This is armchair travel at its most vibrant, while Hughes's energy and enthusiasm for history are hard to resist.

JANE RACKHAM

See feature: page 35

LIVE SPORT

T20 Cricket: ICC Women's World Cup
West Indies v England
12.30pm ***Sky Sports Cricket/ Sky Sports Main Event***
South Africa plays host to the eighth T20 Women's World Cup. Heather Knight (above) leads England as they embark on their campaign.

Six Nations Rugby Union
Ireland v France
1.25pm (kick-off 2.15pm) ***ITV1***
Dublin clash between the 2022 runners-up and the team that pipped them to the title. *Sport: p39*

Scotland v Wales
4pm (k/o 4.45pm) ***BBC1***
The first of three home matches for the Scots (see p48).

FILM OF THE DAY

Now, Voyager ★★★★★ PG
1.00pm ***BBC2***
Both equally bullied and unhappy at home, meek singleton Bette Davis and henpecked husband Paul Henreid meet on holiday and begin to fall for each other in one of the greatest romances from Hollywood's Golden Age. (1942)

FILM REVIEWS page 55

GETTY; ALAMY

SATURDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

10.00 Saturday Kitchen Live Today's presenter Alex Jones is joined by guests Josh Widdicombe and Nish Kumar, and chefs Nathan Outlaw and Ravneet Gill. Helen McGinn is on hand to choose the drinks. (S) (HD)

11.30 The Great Food Guys Nick Nairn and Dougie Vipond focus on seafood. First shown on BBC Scotland (S) (AD) (HD)

12 noon Football Focus With Alex Scott. (S) (HD)

1.00pm BBC News Weather (S) (HD)

1.15 Six Nations Sin Bin Gabby Logan and Gareth Thomas discuss the tournament with guests Ralf Little, Sam Quek and Thom Evans. First shown on BBC1 Wales (S) (HD)

BBC SPORT ONLINE 1.20–3.30 Rugby League Coverage of the Challenge Cup first-round match between Edinburgh Eagles and Saddleworth Rangers, at bbc.co.uk/sport

1.45 Bargain Hunt Two teams search for items at Wetherby Racecourse in West Yorkshire. (R) (S) (HD)

2.40–3.40 Escape to the Country Jules Hudson unearths a selection of rural properties in Perth and Kinross on a budget of £210,000. (Revised repeat) (S) (HD)

BBC2

6.30am Hey Duggee (R) (S) (HD) **6.45 Supertato** (R) (S) (AD) (HD) **6.55 Shaun the Sheep** (R) (S) (HD) **7.00 Dennis & Gnasher Unleashed!** (R) (S) (HD) **7.15 Boy Girl Dog Cat Mouse Cheese** (R) (S) (HD) **7.25 The Football Academy** (R) (S) (AD) (HD) **7.55 The Dengineers** (R) (S) (HD) **8.25 Operation Ouch!** (R) (S) (HD) **8.55 Newsround** (S) (HD) **9.00 Blue Peter** (R) (S) (HD) **9.30 Deadly Pole to Pole: the Complete Journey** (R) (S) (AD) (HD)

BBC RED BUTTON 9.45–11.15 Skiing The women's downhill in the Alpine World Ski Championships from Méribel, France

10.00 Serengeti III *3/6.* A baby hippo learns to survive in the river. Shown last Sunday BBC1 (S) (AD) (HD)

11.00 Sort Your Life Out with Stacey Solomon *3/6 Series 2.* Stacey challenges the Viney family to declutter their home. Shown last Tuesday BBC1 (S) (AD) (HD)

12 noon A Cook Abroad Rachel Khoo visits Malaysia to get a flavour of the local cuisine. (R) (S) (AD) (HD)

1.00pm Now, Voyager ★★★★★ Classic romantic drama with Bette Davis. Following a nervous breakdown, Charlotte Vale undergoes psychiatric treatment. However, her transformation is no defence against the heartache she experiences when she falls in love. Available on iPlayer for 30 days. **Film of the Day: p55.**
Director Irving Rapper (1942, PG) (BW) (S) (HD)

BBC SPORT ONLINE 1.00–5.00 Darts Live coverage of the World Senior Championships in Purfleet, at bbc.co.uk/sport

BBC RED BUTTON 2.30–5.30 Final Score Football scores

2.55 Bette Davis: Talking Pictures The straight-talking star looks back at her glittering career. (R) (S) (HD)

3.40–4.30 Tiger Dynasty *Natural World* follows a pair of tigers released in a nature reserve. (R) (S) (HD)

ITV1

6.00am CITV See page 54 **9.25 ITV News** (S) (HD)

9.30 James Martin's Saturday Morning James is joined in the kitchen by JLS star JB Gill and chefs Mark Hix and Tony Tobin, while Alysia Vasey shares more tips on foraging. Repeated tomorrow 11.30am (S) (HD)

11.40 Ainsley's Fantastic Flavours *Ep 3.* Ainsley Harriott explores the broad range of flavours that come from cheese. Signed repeat Friday 5.05am (S) (HD)

12.40pm James Martin's French Adventure The chef visits Annecy, where he cooks with local lobster and red mullet. Signed repeat Monday 5.35am (R) (S) (AD) (HD)

1.10–1.25 ITV News Weather; Regional Weather (S) (HD)

Channel 4

6.10am The Simpsons Six episodes. (R) (S) (AD)

9.00 LIVE Formula E The Hyderabad ePrix from Hyderabad Street Circuit in India (start **9.30**). (S) (HD)

11.00 A Place in the Sun Craig Rowe helps a couple search for a holiday home on Barbados. (R) (S) (HD)

12 noon Zoo ★★★★ Wartime drama based on a true story, with Art Parkinson. After discovering that the Government plans to destroy zoo animals who could escape their confinement during the Blitz, 12-year-old Tom hatches a daring rescue plan. **Review page 55.**
Director Colin McIvor (2017, PG) (S) (W) (HD)

2.00–4.30pm Four in a Bed Stays in North Yorkshire, Leicestershire, Blackpool and Lancashire. (R) (S) (HD)

BBC1 1

Six Nations *4.00pm* Flanker Jamie Ritchie leads Scotland out in his first Six Nations as captain

3.40pm BBC News
Regional News; Weather (S) (HD)

4.00 Six Nations
RT **Scotland v Wales**
Gabby Logan introduces live coverage from Edinburgh's Murrayfield Stadium (kick-off **4.45**).

It's the first of three home matches for the Scots in this year's tournament and Gregor Townsend's squad will be looking to claim the Doddie Weir Cup for the first time on home soil. As for the Welsh, the last time that Warren Gatland led them to Murrayfield they emerged with an 18–11 victory on the way to a famous Grand Slam in 2019.

Commentary by Andrew Cotter, Chris Paterson and Sam Warburton. Analysis from Martin Johnson, John Barclay and Jonathan Davies. Also available on iPlayer. A forum follows online at bbc.co.uk/sport. **See p48.**
Director Sally Richardson; Editor Richard Hughes (S) (HD)
Sport: page 39

7.00 Michael McIntyre's Big Show
5/6 Series 6. Stacey Dooley hands over her phone in Send to All, Olly Murs performs his single *Dancing on Cars*, there's a rude awakening for Alexander Armstrong in the Midnight Game Show, and there's a duet from the young Unexpected Stars of the Show.
Director Simon Staffurth; Series producer Lisa Kirk
Repeated Thursday 12.10am (S) (HD)

8.00 Casualty
RT **IOU.** Rash realises that Ashok is in a lot more trouble than he thought. (S) (AD) (HD)
8.50 Running on Empty. Jacob's heroics help persuade Marcus change is needed. **See page 48.**

Rashid Masum	**Neet Mohan**	Elinor Vassos	**Sophia Eleni**
Dylan Keogh	**William Beck**	Astrid Shelsby	**Danielle Walters**
Faith Cadogan	**Kirsty Mitchell**	Serena Shelsby	**Shani Smethurst**
Stevie Nash	**Elinor Lawless**	Nadeem Bashir	**Emilio Doorgasingh**
Paige Allcott	**Shalisha James-Davis**	Trudy Clayton	**Tonya Smith**
Robyn Miller	**Amanda Henderson**	Alex Cross	**Gerard Monaco**
Sah Brockner	**Arin Smethurst**	Marty Kirkby	**Shaheen Jafargholi**
Jacob Masters	**Charles Venn**	David Hide	**Jason Durr**
Iain Dean	**Michael Stevenson**	Tilly Wadley	**Isobel O'Regan**
Theodore "Teddy" Gowan	**Milo Clarke**	Sunil Desai	**Devesh Kishore**
Jan Jenning	**Di Botcher**	Dean Sommer	**Charlie MacGechan**
Marcus Fidel	**Adam Sina**	Brian Craugh	**Jack Chissick**
Paul Pegg	**Paul Popplewell**	Joanne Carter	**Francesca Jackson**
Ashok Masum	**Kriss Dosanjh**	Lloyd Akindele	**Victor Power**
Aaron Oasey	**Ryan Hunter**	DCI Supriya Vadra	**Sheena Bhattessa**

Writers Becky Prestwich and Claire Miller; Producer Pete Levy
Director Enda Hughes (S) (AD) (HD)

9.40 Not Going Out
6/6 Series 12. **Tent.** Lee organises a camping trip. A box set of previous series is available on iPlayer.

Lee	**Lee Mack**	Geoffrey	**Geoffrey Whitehead**
Lucy	**Sally Bretton**	Benji	**Max Pattison**
Toby	**Hugh Dennis**	Mollie	**Francesca Newman**
Anna	**Abigail Cruttenden**	Charlie	**Finley Southby**
Wendy	**Deborah Grant**	Jack	**Max Willis**

Writers Lee Mack and Daniel Peak; Director Nick Wood
Producer Jamie Rix (R) (S) (HD)

10.10 BBC News Weather (S) (HD)

10.30 Match of the Day
Highlights include West Ham United v Chelsea and Arsenal v Brentford. Gary Lineker presents.
Producer Colm Harty; Editor Steve Houghton Rptd Sun 7.35am (S) (HD)

11.55 The Notebook ★★★
Romantic drama starring Ryan Gosling, Rachel McAdams, James Garner and Gena Rowlands. The story of an ill-fated teenage romance helps an old man bring the love of his life back from dementia. Available on iPlayer for 30 days. **Review page 55.**
Director Nick Cassavetes (2003, 12) (S) (W) (HD)
Also showing Friday 9pm BBC3

1.50am Weather for the Week Ahead (S) (HD)
1.55–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101 Virgin 101

BBC2 2

Heartbreakers at the BBC *9.00pm* Amy Winehouse often sang about heartache, tears and losing games

4.30pm Final Score
Jason Mohammad presents the classified results.
Producer Graham Bennett; Editor Helen Dapre (S) (HD)

5.15 Flog It!
A Eureka clock is valued at Blackburn Cathedral.
Director Emma Rimmer; Series producer Amanda Lowe (R) (S) (HD)

6.00 Celebrity Antiques Road Trip
Made in Chelsea's Sam Thompson takes to the Cotswold B-roads with his best friend Pete Wicks from *The Only Way Is Essex*. Pete unearths treasures fit for his "pirate" moniker, while Sam puts his haggling skills into practice when buying a Victorian music cabinet.
Series producer Joe Sharp; Exec producer John Redshaw (R) (S) (HD)

7.00 Madness of King George: Lucy Worsley Investigates
Lucy Worsley uses documents from the Royal Archives to understand the so-called "madness" of George III. The historian reads the private diary of Robert Greville, George's equerry, who describes the king as talking for 19 hours at a stretch. She also looks at how an attempt on George's life changed psychiatry for ever and reveals the combination of brutal remedies that "'mad doctor" Francis Willis prescribed.
Series producer Emma Frank; Executive producer Julia Harrington (R) (S) (AD) (HD)

BBC SPORT ONLINE 7.00–11.00 Darts Live coverage of the World Senior Championships in Purfleet, at bbc.co.uk/sport

8.00 Love Songs at the BBC: Volume 2
RT In the run-up to Valentine's Day, a lovey-dovey dive into the BBC's music archives to showcase some of the greatest romantic songs ever made, featuring hits by Nat King Cole, Shania Twain, Billy Joel and Ed Sheeran. **See page 48.**
Producer Shelley Talton; Series producer Simon Goretzki (S) (HD)

9.00 Heartbreakers at the BBC
RT A selection of classic performances on BBC TV from some of music's biggest stars on the theme of heartbreak, including appearances by George Michael, Amy Winehouse, Sam Smith, Taylor Swift and Dionne Warwick. **See page 48.**
Producer Shelley Talton; Series producer Simon Goretzki (S) (HD)

10.00 Love Songs at the BBC: a Valentine's Day Special
A montage of romantic songs, including tracks by Celine Dion, Joe Cocker and Jennifer Warnes, Jason Donovan and Kylie Minogue, 10cc and Chaka Khan.
Producer Sasha Duncan First shown on BBC4 (S) (HD)

11.00 Barry White in Concert 1975
A recording of the soul singer's performance with his Love Unlimited Orchestra at the Royal Albert Hall.
First shown on BBC4 (S) (HD)

11.50 Celine Dion at the BBC
The Canadian queen of the power ballad is celebrated in this collection of some of her best performances, starting with her 1988 Eurovision appearance. Her most famous hits, such as 1995 number one *Think Twice*, are featured as well as her film soundtrack work on *Beauty and the Beast* and *Titanic*.
Producer Shelley Talton; Series producer Simon Goretzki (R) (S) (HD)

12.50am Our Flag Means Death *6/10.* Stede enlists the *Revenge* crew to intimidate a ship. Shown last Wed (S) (AD) (HD)

1.20–3.00am The Truth ★★★★ Drama. Legendary actress Fabienne has just published her memoirs, but her daughter Lumir questions the book's veracity and grows increasingly frustrated with Fabienne's evasive responses. French +subtitles. Available on iPlayer for 60 days.

Fabienne Dangeville	**Catherine Deneuve**	Manon Lenoir	**Manon Clave**
Lumir	**Juliette Binoche**	Luc Garbois	**Alain Libolt**
Hank	**Ethan Hawke**	Jacques	**Christian Crahay**
Charlotte	**Clémentine Grenier**	Pierre	**Roger Van Hool**

Director Hirokazu Koreeda (2019, PG) (S) (W) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1 3

The Brit Awards *8.30pm* Who will be celebrating as host Mo Gilligan dishes out those coveted trophies?

1.25pm Six Nations
RT **Ireland v France**
Jill Douglas presents live coverage from the Aviva Stadium, Dublin (kick-off **2.15**).
The top two teams in the 2022 Six Nations resume hostilities in a match that could have a large bearing on this year's championship. When the teams met in Paris 12 months ago, *les Bleus* managed to withstand a heroic late fightback from Ireland to secure a 30–24 win en route to their first grand slam since 2010.
Commentary from Miles Harrison, Gordon D'Arcy and Benjamin Kayser. **See page 48.**
Editor Guney Gok (S) (HD)
England v Italy tomorrow 2.15pm ITV1
Sport: page 39

4.30 The Chase Celebrity Special
Chizzy Akudolu, Andrew Pierce, Jack Carroll and Sonja McLaughlan try to take down one of the mighty Chasers and scoop the jackpot for their charities. Bradley Walsh presents.
Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (R) (S) (HD)

5.30 ITV News
Weather; Regional News and Weather (S) (HD)

6.00 Celebrity Catchphrase
Sally Dynevor, Barney Walsh and Zoe Williams attempt to guess the famous phrases and win £50,000 for charity. Stephen Mulhern hosts.
Director Geraldine Dowd
Executive producer Gary Chippington (S) (AD) (HD)

7.00 The Masked Singer
7/8 *Series 4.* It's the semi-final of the musical masquerade, as the five remaining celebrities take the stage. Regular panellists Mo Gilligan, Jonathan Ross, Davina McCall and Rita Ora are joined by guest Peter Crouch as they try to decipher the clues. Joel Dommett hosts.
Director Diccon Ramsey; Exec producers Daniel Nettleton, Claire Horton, Derek McLean Rptd tomorrow 11.35am ITV2 (S) (AD) (HD)

8.30 The Brit Awards
RT Mo Gilligan introduces the annual music awards ceremony from the O2 in London. The show promises live performances from Harry Styles and indie rock duo Wet Leg, who have both been nominated in four categories, plus Stormzy, Cat Burns, Lizzo and Sam Smith and Kim Petras. Among the other acts up for multiple awards among the 13 categories are Taylor Swift, Ed Sheeran, Beyoncé, Eliza Rose, Arctic Monkeys and Nova Twins. Red carpet coverage is on ITV2 from 7.30pm. **See p48.**
Director Phil Heyes; Executive producer Sally Wood
Repeated Friday 10.45pm (S) (HD)
Shaznay Lewis's point of view: page 15

10.45 ITV News
Weather; Regional Weather (S) (HD)

11.05 The NFL Show
Laura Woods is joined by Osi Umenyiora and Jason Bell to look ahead to Super Bowl LVII, which is live on ITV1 tomorrow at 10.45pm.
Series producer Rob Williams
Repeated tomorrow 7.55am ITV4 (S) (HD)

12.05am EFL Highlights Hugh Woozencroft reviews the best action from the day's games. Shown 9pm ITV4 Rptd tomorrow 9am ITV4 and Monday 11.45pm ITV1 (S) (HD)
1.50 Home Shopping (HD)
3.00 Unwind A sequence to calm the mind. (S) (HD)
4.15–6.00am Love Your Weekend with Alan Titchmarsh Alan is joined by guests Mark Benton and Monica Dolan. Shown last Sunday (S) (SL) (HD)

ITV1 **Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 113/HD 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 / 7 in Wales

Living Wild: How to Change Your Life *8.00pm* Sophie Morgan speaks to people who have left the rat race

4.30pm Château DIY
A power failure threatens preparations for Zion's 60th birthday party at Château de la Boutinière.
Series producer Matt Baker
Executive producer Joff Powell (R) (S) (AD) (HD)

5.30 A Lake District Farm Shop
Ep 5 *Series 2.* The Tebay Services baristas go on a training day at one of the region's highest peaks.
Series producer Zoe Thorman; Executive producers Pam Cavannagh and Dympna Jackson (R) (S) (AD) (HD)

6.30 Channel 4 News Sport; Weather (S) (HD)

7.00 Bettany Hughes's Treasures of the World
RT ***New series. Ep 1*** *Series 2.* **Eastern Turkey** The historian visits ancient archaeological sites that shed light on the modern human story of civilisation. This week, she travels to the caves of Cappadocia and the 10,000-year-old temple at Gobekli Tepe. Bettany then moves on to Urfa, one of the most significant pilgrimage cities of the Middle East, before hiking up to Mount Nemrut. The whole series will be available on All 4 after tonight's episode is shown. **See p49.** (S) (AD) (HD)
See feature: page 35

8.00 Living Wild: How to Change Your Life
RT ***New series. Ep 1*** *Series 2.* Sophie Morgan sets out to meet people who have built new lives around the things they love. In Finnish Lapland, she meets Bex and Steve, who swapped the UK for the Arctic Circle wilderness, while in Northern Ireland, Sophie learns how Michael and Alex quit their Belfast jobs for a more sustainable way of life in the lush Down countryside. The whole series will be available on All 4 after tonight's episode is shown. **See page 48.**
Directors/Producers Sam Roubicek and Adam Boyle (S) (AD) (HD)

9.00 Infinite ★★
P Sci-fi action drama starring Mark Wahlberg. Diagnosed with schizophrenia, Evan McCauley believes the hallucinations that plague him are merely symptoms of the condition. However, when he is pulled in for interrogation by the menacing Bathurst, he learns they are actually visions of his past lives. But there is also a centuries-long war raging between his fellow "reincarnates" and only he has the secret to end it. Available on All 4 for 30 days. **Review p55.**

Evan McCauley	**Mark Wahlberg**	The Artisan	**Jason Mantzoukas**
Bathurst 2020	**Chiwetel Ejiofor**	Bathurst 1985	**Rupert Friend**
Nora Brightman	**Sophie Cookson**	Bryan Porter	**Toby Jones**
Heinrich Treadway	**Dylan O'Brien**	Garrick	**Liz Carr**

Director Antoine Fuqua (2021, 12) (S) (AD) (W) (HD)
Also showing Thursday 9pm 4seven
Postponed from Saturday 21 January

11.05 Sleepless ★★
Action thriller starring Jamie Foxx. Life gets complicated for undercover cop Vincent Downs after he steals a shipment of drugs intended for a mobster. When the gang kidnaps Vincent's son, he attempts to track him down.
Director Baran bo Odar (2017, 15) (S) (W) (HD)
Also showing Friday 10pm 4seven

12.50am Ramsay's Hotel Hell Gordon uncovers a lie at the Juniper Hill Inn in Vermont. (R) (S) (SL) (AD) (HD)
1.40 Couples Come Dine with Me The dinner party competition heads to Nottinghamshire. (R) (S) (HD)
2.35 Jamie: Keep Cooking and Carry On Jamie Oliver shows how to make a sweet pea fish pie. (R) (S) (AD) (HD)
3.00 Hollyoaks Omnibus. Cast Thu/Fri (S) (SL) (HD)
5.05–6.00am Location, Location, Location Two couples search for a home in Glasgow. (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104/HD 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 / 24 in Scotland

North Sea Connection *9.00pm* Bjorn's behaviour raises suspicion during the investigation

7.00pm Arctic with Bruce Parry
5/5. **Northern Europe.** The final stage of Bruce Parry's six-month journey is through Arctic Europe. In Norway, he lives with the Saami, reindeer herders who use snow machines, boats and even helicopters to move their animals.
Director/ Series producer James Smith
Repeated tomorrow 2.45am (R) (S) (AD) (HD)

8.00 Simon King's Shetland Adventure
2/3. In this series from 2010, Simon and his family continue their sojourn in Shetland, where the arrival of spring brings an influx of wildlife from all over the world. Simon takes advantage of the milder conditions to go for a dive in the sea, during which he discovers starfish, a type of coral called dead man's fingers and moon jellyfish.
Director Alison Pinkney; Producer Amanda Reilly
Rptd 2.30am First shown on BBC2 (S) (AD) (HD)

9.00 North Sea Connection
RT ***3/6.*** **Breaking Waves.** The Irish crime drama continues as Tuva investigates the possible drug smuggling and also makes inquiries about Bjorn. **9.45** ***4/6.*** **Cold Front.** Tuva startles Bjorn when she reveals she knows all about his past. **See p48.** (S) (AD) (HD)

Ciara Kenny	**Lydia McGuinness**
Aidan Kenny	**Kerr Logan**
Moira Kenny	**Sinéad Cusack**
Bjorn Mattson	**Claes Ljungmark**
Tuva Pallson	**Alida Morberg**
Adamma Kenny	**Natalie Simpson**
Shane McDonagh	**Dónall O Héalai**
Lenny Brogan	**Ryan Donaldson**
Sgt Egan	**Denis Conway**
Quinn	**Stuart Graham**
James	**Kieran O'Reilly**
Evie	**Lynn Rafferty**
Bryan	**Gavin O'Connor**
Hana	**Jeanne Nicole Ní Ainle**
Sami Joyce	**Gabriel Adewusi**
DI Collins	**Tristan Heanue**
Martin Nevins	**Gerry O'Brien**

10.30 Early Doors
5/6 *Series 2.* Rumours circulate about Ken quitting as landlord and Eddie tries to help Joan with her driving lessons. **11.00** ***6/6.*** Nicola only has eyes for DJ Joe at Mel's 21st birthday bash.

Ken	**John Henshaw**
Mel	**Christine Bottomley**
Joe	**Craig Cash**
Eddie	**Mark Benton**
Joan	**Lorraine Cheshire**
Phil	**James Quinn**
Nicola	**Susan McArdle**

Writers Craig Cash, Phil Mealey; Director Craig Cash
Producers Lucy Ansbro, John Rushton (R) (S) (HD)

11.30 To the Manor Born
Series 3. **Back to the Manor.** The last episode of the comedy, which aired in 1981. DeVere is forced to sell the manor.
Writer Peter Spence; Producer Gareth Gwenlan
Shown last Tuesday (S)

12 midnight The Many Faces of Alison Steadman The Liverpool-born actress reflects upon her life and work. (R) (S) (HD)
1.00am Rich Hall's Working for the American Dream Rich explores the national ethos of the USA. Shown last Tue (S) (AD) (HD)
2.30–3.30am Simon King's Shetland Adventure Shown 8pm (S) (AD) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
10.30pm Sportscene: Scottish Cup Highlights: including Raith Rovers v Motherwell, Dundee United v Kilmarnock and Celtic v St Mirren **11.45** Match of the Day **1.10am** Weather for the Week Ahead **1.15–6.00** BBC News

BBC SCOTLAND
7.00pm The Seven **7.15** The Edit **7.30** Mr Brown's Boys **8.30** The Mart **9.00** Amazing Hotels: Life beyond the Lobby **10.00 FILM:** The Angels' Share: comedy drama starring Paul Brannigan **11.35–12 midnight** The Karen Dunbar Show

BBC1 WALES
11.30am–12 noon Six Nations Sin Bin: with guests Ralf Little, Sam Quek and Thom Evans **1.15–1.45pm** Food Fest Wales: Sean Fletcher explores Wales's food festivals **2.40** The Bidding Room **3.10–3.40** Kiri's TV Flashback: Kiri Pritchard-McLean recalls Welsh people thinking outside the box

BBC2 NORTHERN IRELAND
5.15pm The Chronicles of Mourne: farm workers bring their livestock off the mountains **5.30** The Chronicles of Belfast: conservationist Aaron searches for long-eared owls **6.00** B&B by the Sea: proud Geordie biker Si King checks in to the B&B **6.30–7.00** Restoration Rescue: Patrick Bradley meets a couple transforming a bank

Channel 5 listings are overleaf

SATURDAY Freeview

Channel 5 [5]

Secrets of the Royal Palaces *8.00pm* St James's Palace with Daisy McAndrew

5.35am Milkshake! See page 54
10.10 ***New.*** **The Smurfs** Chef takes Clumsy on as his assistant in the kitchen. (S) (HD)
10.20 SpongeBob SquarePants The friends attempt to spring clean. (S) (HD)
10.35 Entertainment News (S) (HD)
10.40 Friends *Series 5.* Ross delivers devastating news to Rachel.
11.05 Monica and Rachel meet a hairy man whom they mistake for a yeti.
11.35 Ross moves in with Chandler and Joey.
12.05pm The pals reminisce about their worst holiday experiences.
12.35 Rachel is unsettled by her boyfriend's relationship with his sister. (S) (AD) (HD)
1.05 Monster-in-Law ★★★ Romantic comedy starring Jane Fonda. Charlie seems to have everything, including a dream lover in Kevin. But Charlie hasn't counted on Kevin's mother. **Review p55.** Director Robert Luketic (2005, 12) (S) (W) (HD)
3.10 Practical Magic ★★ Romantic black comedy starring Sandra Bullock and Nicole Kidman. Orphaned sisters Sally and Gillian were brought up by their two aunts, who are witches. Now the sisters must use their magic powers to fight a curse. Director Griffin Dunne (1998, 12) (S) (W) (HD)
5.15 5 News (S) (HD)
5.20pm Queen Mary: How She Saved the Royals
Queen Mary was mother to two Kings and grandmother to Queen Elizabeth II. This documentary explores her influence on the House of Windsor. Directors Liv Witt and Lucy Johnstone (S) (HD)
6.40 Camilla, Queen Consort: Love and Duty
The surprising and colourful life of the potential future queen consort, prior to her marriage to Prince Charles in 2005. Directors Alex Scott, Laura Stevens (Revised rpt) (S) (HD)
8.00 ***New.*** **Secrets of the Royal Palaces**
6/8. Behind-the-scenes tales of St James's Palace, which was built between 1531 and 1536 on the orders of Henry VIII and is the business centre of the royal family. Directors Simon Newton, Pete Chinn, Gareth Prescott and Annabelle Draper (S) (HD)
9.00 ***New.*** **Frank Bough: National Treasure, National Disgrace**
The story of TV presenter Frank Bough's remarkable and controversial career, woven together with archive footage, reconstructions and contributions from Anne Diamond, Jeremy Vine, Vanessa Feltz and Janet Street-Porter. Producer/Director Rikki-Lee Bevan (S) (HD)
10.25 When Saturday Night TV Goes Horribly Wrong
Les Dennis narrates a compilation of mishaps on shows such as *Ant and Dec's Saturday Night Takeaway* and *Doctor Who*. Contributors include Len Goodman, Neil Fox, Jenny Powell and Vicki Michelle. Series director Amanda Doig-Moore (S) (HD)
1.20am ***New.*** Casino (S) (HD) **3.20** Britain's Favourite Sandwich (S) (HD) **4.30** Our Yorkshire Farm (S) (HD) **5.10–5.40am** House Doctor (S) (SL)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

Two Pints of Lager and a Packet of Crisps *9.30pm* Tim worries about Donna

7.00pm EastEnders
Zack starts his HIV medication. Shown last Monday BBC1
7.30 Chelsea suspects Whitney is hiding something. Shown last Tuesday BBC1
8.00 Nish and Vinny wage war on the Mitchells. Shown last Thursday BBC1
8.30 Nish is determined to reaffirm his position as head of the family empire. Shown yesterday BBC1 Cast Wed/Thu BBC1 (S) (AD) (HD)
9.00 Two Pints of Lager and a Packet of Crisps
5/9 *Series 8.* Donna and Gaz's impending divorce prompts them to reminisce about their relationship in a series of flashbacks.
9.30 ***6/9.*** Gaz decides to propose to Janet, and Donna offers to help him.
10.00 ***7/9.*** Janet tells Gaz she spent a night in hospital with Wesley holding her hand.
10.30 ***8/9.*** Donna and Janet demand Gaz chooses which of them he wants to be with. A box set is on iPlayer. (S) (AD) (HD)
11.00 Bad Education
4/6 *Series 4.* **Trailblazers.** After Class K make Stephen feel old, he goes to ridiculous lengths to prove he is still a trailblazer. Shown last Sunday (S) (AD) (HD)
11.30 Charlotte in Sunderland
3/10. Charlotte is stressed as she makes preparations for York Fashion Week. (S) (HD)
12 midnight ***4/10.*** Charlotte tells her best friend about her mum's illness. (S) (HD)
12.30am Bad Influencer: the Great Insta Con (S) (AD) (HD) **1.15** Love in the Flesh (S) (HD)
2.00–4.00am Two Pints of Lager and a Packet of Crisps: four episodes (S) (AD) (HD)

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am Unwind (S) (HD) **6.30** Coronation Street: omnibus (S) (SL) (AD) (HD) **9.15** Secret Crush: Craig tries to win over Sophie (S) (SL) (HD) **10.15** Dress to Impress (S) (SL) (AD) (HD)
12.15pm Catchphrase (S) (HD) **1.00** In for a Penny (S) (AD) (HD) **1.25 FILM** Sherlock Gnomes ★★ Animated comedy featuring the voices of Johnny Depp and James McAvoy (S) (W) (HD) **3.10 FILM** Big ★★★★ Comedy starring Tom Hanks (S) (AD) (W) (HD)
5.20pm FILM Step Up ★★ Romantic drama starring Channing Tatum and Jenna Dewan. Disaffected youth Tyler Gage is a talented dancer, but his social circumstances are drawing him towards a life of crime. After taking the blame for an act of vandalism, he is sentenced to community service at a local performing arts school. (S) (AD) (W) (HD)
7.30 LIVE The Brit Awards: Red Carpet Clara Amfo, Maya Jama and Roman Kemp present all the excitement from the red carpet and chat to the performers and nominees ahead of the ceremony. (S) (HD)
8.30 In for a Penny Stephen Mulhern brings his pop-up game show to Essex, and reveals some unseen moments. (S) (AD) (HD)
9.00 ***New.*** **Love Island: Unseen Bits** Exclusive action from inside the villa. (S) (HD)
10.05 Kavos Weekender David is back to his demanding self and orders his team to turn over a new leaf with immediate effect. (S) (HD)
11.05 Family Guy *Series 16.* Brian posts an offensive tweet that goes viral. (S) (AD) (HD)
11.35 Peter tries to win an Emmy. (S) (AD) (HD)
12.05am American Dad! (S) (AD) **12.55** The Emily Atack Show (S) (HD) **1.40** Buffering (S) (HD) **2.10–3.00am** All American (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Midsomer Murders *9.00pm* Barnaby looks into a series of calculated killings

6.00am Rosemary & Thyme ***3/8*** *Series 2 They Understand Me in Paris.* The pair visit the French Riviera; **7.00** ***4/8.*** *The Invisible Worm.* The duo are called in to discover why roses at a prep school keep dying (S) **8.05** Inspector Morse: *Series 7. Deadly Slumber* Is Morse's sympathy for a troubled murder suspect clouding his judgement?; **10.25** *Twilight of the Gods.* An opera singer is shot; **12.40pm** *Series 8. The Way through the Woods.* A murderer is killed in prison (S) (AD)
2.55pm Lewis: *Series 4. Your Sudden Death Question.* During the August Bank Holiday, an Oxford college plays host to a weekend of competitions for professional quizzers. Lewis and Hathaway are called in when the standout competitor is found floating dead in the college fountain (S) (AD) (HD)
4.55pm Midsomer Murders
Series 2. **Blood Will Out.** Magistrate Hector Bridges, who has fallen out with some new-age travellers in the village of Martyr Warren, is found dead. It appears, however, that he has more than one enemy.
7.00 *Series 3.* **Beyond the Grave.** Does the ghost of Jonathan Lowrie actually exist? There is some doubt until packing cases spontaneously combust and the battered body of a distant relative is found in his ancestor's grave.
9.00 *Series 2.* **Dead Man's Eleven.** Troy is playing in an annual cricket match between Midsomer Worthy and Fletchers Cross when tragedy strikes. The wife of one of the team captains, a wealthy local landowner, is found battered to death with a cricket bat in a quarry. (S) (AD)
11.00 Vera
4/4 *Series 7.* **The Blanket Mire.** When the body of a missing 18-year-old is discovered buried on the moors, DCI Vera Stanhope has to delve beyond the scope of the original inquiry and into the life and secrets of the victim. A new episode of *Vera* is tomorrow 8pm ITV1. (S) (AD) (HD)
1.05am On the Buses: two episodes (S)
2.10–2.30am Unwind (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am World of Sport (S) (HD) **6.15** Monster Carp (S) (HD) **7.15** NFL: America's Game (S) (HD) **9.15** The Best of the 70s (S) (HD) **9.30** ***New.*** Racing: the Opening Show (S) (HD) **10.30** The Big Match Revisited (S) (HD)
12.35pm Made in Britain (S) (AD) (HD) **1.10 LIVE** Racing: the **3.35** Hurdle Race, which follows key races at **2.25** and **3.00** at Newbury, plus live action from Warwick (S) (HD) **4.00** River Monsters (S) (HD) **4.30 FILM** The War Wagon ★★★ Western starring John Wayne. **Review p55** (S) (AD) (W) (HD)
6.35pm FILM You Only Live Twice ★★★★★ Spy adventure starring Sean Connery. When crime syndicate Spectre captures an American spaceship, James Bond is dispatched to Japan to face Blofeld, the man behind the evil scheme. (S) (AD) (W) (HD)
9.00 ***New.*** **EFL Highlights** Including Watford v Blackburn Rovers and Burnley v Preston North End. Rptd 12.05am ITV1 (S) (HD)
11.00 FILM Platoon ★★★★★ Oliver Stone's Oscar-winning drama starring Tom Berenger, Willem Dafoe and Charlie Sheen. (S) (AD) (W) (HD)
1.25am Minder: Arthur faces a £20,000 tax bill (S) (SL) (AD) **2.35–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

Atlantic Crossing *9.00pm* Martha has a disagreement with the US President

7.10am Doctor Finlay: double bill. A farmer's wife presents Finlay with a puzzle, then a smallpox scare causes chaos (S) **9.00** Sister Boniface Mysteries: double bill. The nun investigates the death of a local resident, then an artist is found bludgeoned to death (S) (AD) (HD) **11.00** Sharpe: ***1/3*** *Series 5 Sharpe's Revenge.* Ducos frames Sharpe for stealing Napoleon's treasures (S)
1.00pm Pie in the Sky: ***4/10*** *Series 2* A trout farmer is accused of murder; **2.00** ***5/10*** *Series 2.* Crabbe helps a beleaguered medium; **3.00** ***6/10*** *Series 2.* Crabbe has an unwelcome visitor (S) **4.00** Inspector George Gently Repeated 10.15pm (S) (AD) (HD)
6.00pm The Brokenwood Mysteries
4/6 *Series 7.* **Something Nasty at the Market.** Mike, Kristin, and the team look into the murder of a market owner, who staggers into the crowd with a garden implement embedded into her back. (AD) (HD)
8.00 Father Brown
3/10 *Series 4.* **The Hangman's Demise** The priest investigates the poisoning of a former hangman, while romance is in the air for Mrs McCarthy. (S) (AD) (HD)
9.00 ***New.*** **Atlantic Crossing**
RT ***5/8.*** **Empty Promises.** Martha uses dinner table tactics to help Norway. And as the American First Lady gives her some unusual oratory lessons, the US President finds himself on dangerous ground with her. **See page 49.** (S) (HD)
10.15 Inspector George Gently
3/4 *Series 2.* **Gently in the Blood.** When a woman is raped and murdered, Gently and Bacchus are thrown into a world of racial intolerance, sexual jealousy and turf warfare. Shown 4pm (S) (AD) (HD)
12.15am Taggart: ***3/3*** *Series 8.* The Glaswegian cop checks into a health farm, convinced its glamorous owner is guilty of murdering her husband's mistress (S)
2.00–4.00am Passport to Freedom: ***6/8*** Zumkle redoubles his efforts to get Joao reassigned from Hamburg (S) (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am Be Beautiful (S) (AD) (HD) **7.10** Little Women: LA (S) (HD) **8.00** Making It Home with Kortney and Kenny (S) (HD) **9.00** LittleBe (HD)
12 noon Sugar Showdown (S) (HD) **12.30pm** Great Chocolate Showdown (S) (HD) **2.30** The Real Housewives of Atlanta (S) (HD) **3.30** Billie and Greg: the Family Diaries (S) (HD)
5.00pm The Only Way Is Essex The crew is in full holiday mode, but Amber and Dan are defiant when he becomes a hot topic.
6.00 Ella's infamous voice note becomes the talk of the Caribbean island.
7.00 Dani is set to come face to face with the Great Gatsby now he is back. (S) (HD)
8.00 The Singles Table New girl Jenny is looking for love and joins the four single women at a wedding in London. (S) (HD)
9.00 Botched A celebrity impersonator wants to fix her saggy skin. (S) (AD) (HD)
10.00 Totally Unbelievable A selection of bust-ups between famous people. (S) (HD)
11.00 Million Dollar Matchmaker Patti Stanger helps a politician-turned-rapper, and rap icon Monie Love. (S) (HD)
12 midnight Don't Be Tardy: double bill (S) (HD) **12.55–1.00am** Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

THE NATIONAL LOTTERY
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More4 18

Eight Out of Ten Cats Does Countdown *11.10pm* Harriet teams up with Sean

8.55am Food Unwrapped: favourite moments (AD) **9.30** A Place in the Sun
12.30pm Location, Location, Location **1.35** Come Dine with Me (AD) **4.25** Four in a Bed
6.00pm Four in a Bed The final visit is to the Tarr Farm Inn on Exmoor.
6.30 John and Lesley are keen to get to the bottom of Peter's comments.
7.00 Pamela Anderson's Family Home Renovation *Ep 1.* The Hollywood star returns home to Vancouver Island, moving into her grandmother's legacy property with plans to renovate to make it her own. (AD)
8.00 Amanda Owen's Farming Lives *3/6* Amanda visits SJ and Nat to learn about their lives as pig farmers on the Yorkshire/Lancashire border, and gets a lesson in making artisan sausages and salami. (AD)
9.00 24 Hours in A&E Dilson, 33, is admitted with multiple stab wounds in the neck, sustained while trying to stop a fight. Doreen, 79, has broken her wrist in a fall. (AD)
10.00 Graham, a 50-year-old mechanical engineer, is rushed in with a suspected heart attack. Mick, 65, was found lying in the street with blood coming out of his ear. (AD)
11.10 Eight out of Ten Cats Does Countdown Sean Lock and Harriet Kemsley take on Jon Richardson and Joe Lycett. Jimmy Carr hosts.
12.10am With Sara Pascoe and Richard Ayoade.
1.15 24 Hours in A&E (AD) **3.25–3.50am** A Place in the Sun: Danni Menzies helps a woman who wants a holiday home on Spain's Costa Blanca

More4 F'view 18 F'sat 124 Sky 136 Virgin 147
+1 Freesat 125 Sky 236 Virgin 196

E4 13

6.00am Don't Tell the Bride **6.55** Supernanny USA (AD) **7.50** Lego Masters Australia **9.10** Ramsay's Hotel Hell
12.05pm FILM Hotel for Dogs ★★★ Comedy (AD) **2.05** Modern Family: five episodes **4.35** The Big Bang Theory (AD)
6.05pm The Big Bang Theory *23/24* *Series 5.* Howard tries to use his wedding as an excuse to avoid being sent into space. (AD)
6.35 FILM The Day after Tomorrow ★★★★ Disaster movie from *Independence Day* director Roland Emmerich, starring Dennis Quaid and Jake Gyllenhaal. When climatologist Jack Hall tries to warn Washington that the planet is facing an imminent, catastrophic climate shift, government officials fail to take him seriously. But, when the Earth abruptly plunges into a new ice age, it soon becomes clear that the human race is facing extinction. (AD)
9.00 Celebrity Gogglebox *Series 2. Celebrity MasterChef, The Supervet: Noel Fitzpatrick* and *Thelma & Louise* are appraised. (AD)
10.00 Gogglebox The armchair critics give their opinions on *Emmerdale, Unbreakable, Bargain Hunt* and *The Ex-Wife.* (AD)
11.05 Reactions to *Michael McIntyre's The Wheel* and *Jamie's £1 Wonders.* (AD)
12.10am First Dates (SL) (AD) **1.15** Summer House **4.00–6.00am** Ramsay's Hotel Hell (SL) (AD)

E4 Freeview 13 Freesat 122 Sky 135 Virgin 106
+1 Freeview 30 Freesat 123 Sky 235 Virgin 146
E4 Extra Freeview 31 Freesat 181 Sky 138 Virgin 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Antiques Road Trip **10.00** Dr Pimple Popper **1.00pm** A Place in the Sun **3.00** The Edinburgh Auction House **4.00** Helicopter ER **8.00** Saving Lives at Sea **9.00** ***New.*** Ghost Hunters: TAPS checks out the paranormal activity at Pennsylvania's Osterhout Free Library
10.00 ***New.*** Ghost Brothers: Lights Out **11.00** Paranormal: Caught on Camera **12 midnight** Kindred Spirits **1.00am** A Haunting **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts 11

Genesis: Sum of the Parts *9.00pm* The progressive band's early years

6.00am Arts Uncovered **6.20** Cameron Mackintosh: the First 50 Years **8.30** Tales of the Unexpected: five episodes **11.00** The Agatha Christie Hour: an unemployed woman acts as a double for a duchess (AD)
12 noon Discovering: John Lennon **1.00pm** Classic Albums **2.00** Landscape Artist of the Year (AD) **3.00** Rothko: Pictures Must Be Miraculous **4.15** ELO Live at Wembley 1978 **5.30** Simon and Garfunkel: the Harmony Game
7.05pm The Music of Buddy Holly and the Crickets Paul Gambaccini narrates a documentary celebrating the life of the Texan singer/songwriter, who began his career opening for Elvis Presley. (AD)
9.00 Genesis: Sum of the Parts
RT Emerging from a group of 1960s songwriters, the British band became famous for theatrical progressive rock before a turn to more radio-friendly material transformed them into global chart-toppers in the 1980s. **See page 49.**
11.00 ***New.*** **Peter Gabriel: Taking the Pulse – Live In Verona** A 2010 concert by the singer-songwriter, featuring performances of *Digging the Dirt, The Drop, Red Rain, Solsbury Hill, In Your Eyes* and *Don't Give Up.*
1.15am Phil Collins: Going Back to Detroit **2.15** Discovering: Peter Gabriel **2.45** Video Killed the Radio Star **3.15** Isle of Wight Festival 2022 **4.00** The Great Songwriters **5.00** The Byrds: Music Icons **5.30–6.00am** Video Killed the Radio Star

Sky Arts Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

4seven 49

9.00am Sarah Beeny's New Life in the Country: five back-to-back editons (AD)
2.00pm A New Life in the Sun: double bill **4.00** A Place in the Sun: two editions
6.00pm A Place in the Sun Penny from Staffordshire searches for a new home where she can run her business in Málaga.
7.00 Ben Hillman helps software developer Andre and property manager Steve find a Portuguese home for their £235,000 budget.
8.00 Kirstie and Phil's Love It or List It *Ep 6 Series 8.* In Nottingham, Kirstie Allsopp and Phil Spencer help clothing designer Lexie and IT consultant Ed. Shown last Wed C4 (AD)
9.00 In the Footsteps of Killers *Ep 5 Series 2.* Emilia Fox and Professor David Wilson investigate the murder of Tina Bell. Shown last Thursday Channel 4 (AD)
10.00 24 Hours in Police Custody *Ep 5 Series 8.* DC Dave Brecknock investigates a burglary of antiques worth £250,000. (AD)
11.05 24 Hours in A&E *Ep 6.* A 21 year-old is rushed in with leg and lung injuries after a motorbike accident. Shown last Tuesday C4 (AD)
12.10am Gogglebox (AD) **1.15** Celebrity Gogglebox (AD) **2.20** Travel Man: 48 Hours in Split (AD)
2.50 Jon and Lucy's Odd Couples **3.50–4.45am** Building Britain's Superhomes (AD)

4seven Freeview 49 Freesat 127 Sky 137 Virgin 143

Quest 12

6.00am Gunslingers **7.00** Secrets of the Arsenal **8.00** Fifth Gear Recharged **9.00** Wheeler Dealers (AD) **2.00pm** Ambulance **3.00** Helicopter ER **4.00** Massive Engineering Mistakes **5.00** Supertruckers **6.00** Fifth Gear Recharged **7.00** Salvage Hunters: Classic Cars **8.00** The Woodland Workshop: master craftsman Alex constructs a portable bar **9.00** The Repair Shop: restoring a banjo, a pair of 1930s rollerskates and a wooden salad bowl **10.00** Ancient Unexplained Files: secrets about the origins of Machu Picchu **11.00** Ghosts of Stonehenge **12 midnight** Hunting Hitler **1.00am** Nasa's Unexplained Files **3.00** Outback Opal Hunters **4.00–5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169
+1 Freeview 70 Freesat 168 Sky 244 Virgin 213

Yesterday 27

Great Continental Railway Journeys *4.00pm* Michael Portillo visits Geneva

6.00am Warbird Workshop **8.00** Bangers and Cash: four back-to-back editions
1.00pm Abandoned Engineering (AD) **4.00** Great Continental Railway Journeys
6.00pm Great Continental Railway Journeys Michael Portillo travels from the Italian Riviera to the Austrian Alps.
7.00 The traveller encounters medieval knights in Tallinn, grills sausages in Helsinki and samples cloudberry liqueur in a hot tub.
8.00 Michael Portillo is in the Netherlands, travelling from Rotterdam to Utrecht.
9.00 Michael leaves London and follows the Edwardians' preferred route through France.
10.00 Porridge The inmates are given time to pursue their hobbies, but Fletcher's bid to find peace and quiet seems destined to fail.
10.40 Blanco ends up in the prison hospital, where he fears he is about to shuffle off this mortal coil and entrusts the whereabouts of his stashed fortune to fellow inmate Fletch.
11.20 Godber enters the prison boxing championships. He is favourite to win, but Fletcher is given the task of fixing the contest.
12 midnight Bangers and Cash: an Austin A30 and a Morris 8E **1.00am** Great British Landmark Fixers **2.00–3.00am** Warbird Workshop

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129
+1 Freeview 74 Sky 255 Virgin 217

Dave 19

7.10am Mega Air **8.00** Rick Stein's Secret France (AD) **9.00** Top Gear (AD) **11.00** Soapbox Race **12 noon** Storage Hunters UK **1.00pm** Top Gear (AD) **2.00** World's Most Dangerous Roads **3.25** Gavin & Stacey (AD) **4.40** Mortimer & Whitehouse: Gone Fishing (AD)
6.00pm Would I Lie to You? With Rebecca Front, Jack Whitehall, Nick Hewer and Miranda Hart. Presented by Rob Brydon.
6.40 With guests Robert Webb, Terry Wogan, Katy Wix and Kevin Bridges.
7.20 With Katherine Parkinson, Louie Spence, David O'Doherty and Bill Turnbull.
8.00 Not Going Out *5/7 Series 8.* Lee worries that Charlie is getting a reputation.
8.40 *6/7.* Lee and Lucy attend counselling.
9.20 QI Julia Zemiro, Tim Vine and Rob Brydon join Stephen Fry and Alan Davies.
10.00 Mock the Week An edition featuring outtakes and other previously unseen bits.
10.40 Hosted by Dara O Briain.
11.20 QI With panellists Jeremy Clarkson, Jason Manford and Sandi Toksvig.
12 midnight Have I Got a Bit More News for You: Alexander Armstrong hosts, with guests Hannah Fry and Phil Wang **1.00am** Live at the Apollo **2.00** Whose Line Is It Anyway? USA **3.25–4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127
Dave Ja Vu Freeview 57 Sky 211 (Wales 212) Virgin 131

London Live 8

6.00am London's Weekend **7.00** Skippy the Bush Kangaroo **7.30** Kong: the Animated Series **8.00** Dork Hunters from Outer Space **9.00** Blandings **9.45** London Districts **10.00** The Prisoner **11.00** Blenheim **12 noon** Carluccio's 6 Seasons **12.30pm** After Henry **1.00 FILM** Payroll ★★ Crime drama (BW) **3.00 FILM** The Devil's Disciple ★★ Historical drama (BW) **4.45 FILM** The Courtneys of Curzon Street ★★★ Period drama (BW) **7.00** Private Lives of the Tudors **8.00** The Most Dangerous Ways to School **9.00** Mistresses **10.15** O Mary This London
12.15am FILM The Village in the Woods ★★ Horror starring Robert Vernon **2.00** Quest Boxing League **3.00** The Brothers McGregor: Glenys is dreaming of a grand wedding **3.30** News Rewind **5.00–6.00am** Talking Points

London Live Freeview 8 Sky 117 Virgin HD 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am Entertainment News **9.05** Murder, She Wrote: nine back-to-back episodes (AD)
6.00pm Murder, She Wrote: *Series 7* Double bill. A former jewel thief is accused of murder, then the sheriff of Cabot Cove is arrested for murder (AD) **8.00** Blue Bloods *Series 2.* An incident at a church tests Frank's diplomatic skills **9.00** Criminal Minds *Series 1* Double bill. A paranoid schizophrenic runs amok on a train, then two high-school students are murdered in a small town
11.00 Law & Order: Special Victims Unit
12.55am Law & Order: Criminal Intent
2.50 Criminal Minds: the BAU team investigates a small fishing town's first-ever murders
3.35–4.00am Criminals: Caught on Camera

5 USA Freeview 21 Freesat 129 Sky 141 Virgin 153
+1 Freesat 130 Sky 241 Virgin 185

5 Star 32

8.00am Entertainment News **8.10** Dogs with Incredible Jobs **8.40** Car Pound Cops: Give Me My Car Back! **10.30 FILM** Night at the Museum 2 ★★★ **12.40pm FILM** Beethoven ★★★★ **2.30 FILM** Sing ★★★★ **4.40 FILM** Footloose ★★★ (AD)
6.50pm FILM Dirty Dancing ★★★★ Romantic drama starring Jennifer Grey and Patrick Swayze. Teenager Frances "Baby" Houseman is taught the art of "dirty dancing" at a mountain resort hotel in 1963.
9.00 FILM Kinky Boots ★★★ Comedy drama based on a true story, starring Joel Edgerton and Chiwetel Ejiofor. A man revives a failing shoe factory by developing a range of footwear for the drag-queen market.
11.10 FILM Notes on a Scandal ★★★★ Drama starring Judi Dench, Cate Blanchett and Bill Nighy. Lonely spinster Barbara Covett develops a dark obsession with fellow teacher Sheba Hart. **Review page 55.**
1.00am Beatrice and Eugenie: Pampered Princesses? **2.30** Filthy House SOS (AD)
3.30–4.00am Dogs with Incredible Jobs

5 Star Freeview 32 Freesat 131 Sky 128 Virgin 151
+1 Freesat 141 Sky 228 Virgin 186

5 Action 33

9.00am Entertainment News **9.05** Winter Road Rescue **9.40** Trucking Hell **10.40** Trucking Hell **11.40** Police Interceptors
1.40pm FILM We Go in At Dawn ★★ Thriller
3.30 FILM U-571 ★★★ Action thriller
5.45pm FILM Battle of the Bulge ★★★★ Second World War action drama starring Henry Fonda and Robert Shaw. Northern France, 1944: with Allied troops poised to invade Germany, an American officer becomes convinced that the desperate German forces will attempt a counter-attack, but his theory fails to impress his superiors.
9.00 FILM Lethal Weapon 4 ★★★ Action comedy thriller starring Mel Gibson, Danny Glover and Joe Pesci. Los Angeles detectives Riggs and Murtaugh return to do battle with a Chinese crime syndicate.
11.35 FILM The Punisher ★★ Action crime thriller based on the Marvel Comic, starring Dolph Lundgren as the Punisher, a vigilante out to avenge the death of his family.
1.25am Seconds from Death: Caught on Camera
4.25 Criminals: Caught on Camera
4.50–5.00am Entertainment News

5 Action F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

5 Select 56

9.00am Entertainment News **9.05** GPs: behind Closed Doors **11.05** Drain the Oceans
2.05pm The Lost Ships: the Hunt for the Kaiser's Superfleet **3.05** Bismarck: Hitler's Great Warship **4.05** World's Greatest Warships
6.05pm Walking Wartime Britain Britain's most important wartime port – Liverpool.
6.35 Inside Chernobyl with Ben Fogle Ben spends a week in the Chernobyl exclusion zone.
8.00 Russia: a Thousand Years of History How history paved the way for Vladimir Putin.
10.00 Air Crash: Disaster Revealed A pilot almost sucked out of the cockpit windscreen.
11.00 A plane that suffered a propeller failure.
11.55 Inside the Tower of London The tower's oldest raven goes missing.
12.55am Inside the Tower of London **1.50** Elvis: Rise of the King **3.30** The Yorkshire Vet
3.55–4.00am Entertainment News

5 Select F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

FREEVIEW TV and film channels continue overleaf

THIS SATURDAY
PLAY ON APP
Account Terms, Rules & Procedures apply.
Players must be 18+ and physically located in the UK/IOM.
THE NATIONAL LOTTERY

SATURDAY Freeview & films

W 25

Miranda *9.00pm* It's time for a bit of introspection

6.10am The Bill (S) **11.00** Tipping Point: six back-to-back editions (S) (HD) **5.00pm** My Family (S) (AD)

6.20pm My Family *6/8 Series 1* The Harpers discuss death. **7.00** *7/8.* Susan throws away Ben's favourite clothes. **7.40** *8/8.* Susan finds Viagra in Nick's trousers and confiscates it. **8.20** *1/13 Series 2.* Ben learns about Janey's suitors. (S) (AD)

9.00 Miranda *4/6 Series 3.* The shop owner is trapped in her flat while caring for her poorly mother. **9.40** *5/6.* Miranda realises that she is still attracted to Gary. **10.20** *6/6.* Miranda packs her bags to go travelling. (S) (AD) (HD)

11.00 Louis Theroux: Miami Mega Jail The reporter meets an alleged triple murderer. (S) (AD)

12 midnight Louis Theroux: Dark States – Heroin Town (S) (AD) (HD) **1.25am** Stacey Dooley Investigates: Second Chance Sex Offenders (S) (AD) (HD) **2.10–3.00am** Stacey Dooley: Face to Face with the Arms Dealers (S) (HD)

W F'view 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1 Sky** 232 **Virgin** 190

Pick 36

6.00am Nothing to Declare (AD) **11.00** Border Security USA (AD) **12 noon** Highway Cops (AD) **1.00pm** Motorway Patrol **2.00** ***New.*** Australia's Hidden Islands **3.00** ***New.*** Secrets of Wild Australia: the wildlife found in the tropical forests of Australia (AD) **4.00** ***New.*** Secret Life of the Kangaroo: a profile of Australia's most famous animal **5.00** ***New.*** Secret Life of the Tasmanian Devil: the marsupial native only to the Australian island **6.00** Road Wars **8.00** The Force: Manchester **9.00** Caught on Dashcam **10.00** World's Most Evil Killers: a look at Jerry Brudos **11.00** Killer in My Village **12 midnight** Dan Brown's The Lost Symbol (AD) **1.00am** Night Cops **2.00** Border Security: America's Front Line: four editions **4.00–6.00am** Highway Patrol: four back-to-back editions

Pick F'view 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Escape to the Country **11.00** My Lottery Dream Home **3.00pm** A Place in the Sun **8.00** Escape to the Country: house-hunting in Lincolnshire **9.00** My Dream Derelict Home in the Sun: renovating a dilapidated manor house in central France **10.00** Escape to the Country: triple bill. A couple from London's Stamford Hill embark on an Essex property search **11.00** A retired Manchester couple looking to move to rural Norfolk **12 midnight** Ginny Buckley takes a Harrogate couple on a property search in Gloucestershire **1.00am** Unsellable Houses **2.00** Escape to the Country **3.00–4.00am** A Place in the Sun: a home on Crete

HGTV F'view 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1 Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

Jamie and Jimmy's Friday Night Feast *3.00pm* Tasty treats

6.00am Diners, Drive-Ins and Dives (S) (HD) **8.00** The Pioneer Woman (HD) **1.00pm** James Martin's French Adventure (S) (AD) (HD) **3.00** Jamie and Jimmy's Friday Night Feast: five back-to-back editions (S) (HD) **8.00** My Greatest Dishes: double bill. The protégé of chef Raymond Blanc, Ollie Dabbous, presents his four culinary favourites, including a dish that showcases the humble onion, then restaurateur Bill Granger reveals seminal dishes in his career and re-creates recipes including ricotta hotcakes and avocado toast (HD) **9.00** Man v Food: six editions. Flame-grilled beef **9.30** A milkshake weighing just over 7lb and a 24oz sandwich in Washington, DC **10.00** Adam Richman visits Michigan **10.30** The ultimate cheesesteak challenge in south Philadelphia **11.00** A giant combo platter called the President's Plate **11.30** Adam Richman tries to eat a 12-inch triple-decker sandwich in New Brunswick, New Jersey (HD) **12 midnight** Mystery Diners (S) (AD) (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network Freeview 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Highway to Heaven **11.00** Diagnosis Murder **12 noon** Return of the Saint **1.00pm** Diagnosis Murder **6.00** Diagnosis Murder: triple bill. Dr Sloan faces an agonising dilemma **7.00** Dr Sloan sets a trap for a killer **8.00** An estate agent is found dead in a new home **9.00** Murder by Text: Garage Sale Mystery: crime drama starring Lori Loughlin **10.50** Movie News **11.00** The Art of Murder: Garage Sale Mystery **12.50am** Movie News **1.00** Randall and Hopkirk (Deceased) **2.00–6.00am** Castle: five back-to-back episodes

Great TV Freeview 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1 Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Medical Detectives **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six editions. The murder of a teacher **2.30** A sleeping bag contains traces of a murder **3.00** A death begins to look suspicious **3.30** Vital evidence is found **4.00** A woman vanishes **4.30** Police dogs trace a killer's scent **5.00** Judge Judy **12.30am** World's Most Unexplained… **1.00** Psychic Private Eyes **4.00–6.00am** Donal MacIntyre's Murder Files

RealityXtra Freeview 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

6.00am Westminster Hall **11.00** Prime Minister's Questions **11.35** Scottish First Minister's Questions **12.35pm** Welsh First Minister's Questions **1.35** House of Commons **3.05** Scottish Parliament **4.05** House of Lords **6.00** Select Committees **12 midnight** Prime Minister's Questions **12.35am** Scottish FMQs **1.35** Welsh FMQs **2.35** House of Commons **4.05** Scottish Parliament **5.05–6.00am** House of Lords

BBC Parliament Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Spitfire Paddy *8.30pm* Pilot Brendan "Paddy" Finucane

8.00am Beautiful Serengeti **8.30** Heroes on Deck: World War II on Lake Michigan **9.40** A Doctor's Sword **10.50** Spying on Hitler's Army: the Secret Recordings (S) **11.50** No Roses on a Sailor's Grave **1.00pm** Beautiful Serengeti **1.30** Spitfire Paddy (S) **2.40** Three Days in June: the Story of the D-Day Forecast **3.50** Heroes on Deck: World War II on Lake Michigan **5.00** A Doctor's Sword

6.05pm Spying on Hitler's Army: the Secret Recordings Conversations of German PoWs. (S)

7.15 No Roses on a Sailor's Grave Attempt to locate a sunken ship.

8.30 Spitfire Paddy The story of an ace fighter pilot with the RAF. (S)

9.35 Three Days in June: the Story of the D-Day Forecast How the launch of D-Day was determined by a remote station.

10.50 Heroes on Deck: World War II on Lake Michigan How the US Navy trained 15,000 carrier pilots.

12 midnight A Doctor's Sword **1.10–2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Walking through History **7.00** Weird or What? with William Shatner **8.00** World's Deadliest Weather: Caught on Camera **9.00** World's Deadliest Weather **10.00** World's Deadliest Weather: Caught on Camera **11.00** Highway thru Hell **1.00pm** Pawn Stars **3.00** Ancient Aliens **8.00** Eating History **9.00** Paranormal Survivor: a jailhouse ghost tour proves a little too scary **10.00** ***New.*** I Am a Killer: in 2002, Deandre Buchanan was convicted of a triple homicide. Cameras follow him on death row **11.00** ***New.*** Homicide: Hours to Kill: detectives hunt for a mystery murderer with a sinister motive after a man is gunned down just days before Christmas **12 midnight** Court Cam: double bill **1.00am** Monsterquest: huge wild hogs in the US **3.00–6.00am** Hardcore Pawn

Blaze F'view 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase **9.00** Wheel of Fortune (AD) **11.30** Family Fortunes **1.00pm** All Star Family Fortunes **2.30** Strike It Lucky: Michael Barrymore hosts the madcap game show **4.00** Tenable: five sci-fi fans answer questions based on top ten lists, then try to score a perfect ten in the final round. Hosted by Warwick Davis **5.00** The Chase: four editions of the quiz show hosted by Bradley Walsh **9.00** The Chase Celebrity Special: Colin Baker, David Weir, Chelsee Healey and Alex Horne answer general knowledge questions to secure a cash prize for charity. Presented by Bradley Walsh **10.00** The Chase **11.00** Bullseye: eight editions of the quiz that tests contestants' skill at darts and their general knowledge **3.00am** The Chase Celebrity Special **4.00–6.00am** The Chase: double bill

Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.10** Pip and Posy **6.20** Ben and Holly's Little Kingdom **6.30** Shane the Chef **6.40** Noddy: Toyland Detective **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Pip and Posy **7.25** Peppa Pig **7.30** Paw Patrol **7.45** ***New.*** Baby Shark's Big Show! **8.05** ***New.*** Pirata & Capitano **8.20** Santiago of the Seas **8.35** The Adventures of Paddington **8.50** Pop Paper City **9.05** Ben and Holly's Little Kingdom **9.10** Cooking with the Gills **9.25** Show Me How… **9.35** Mimi's World **9.45–10.10am** The World According to Grandpa

Full listings for Channel 5 are on p52

CBeebies 202

6.00am Baby Jake **6.10** Twirlywoos **6.25** Bing **6.30** Love Monster **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Chuggington: Tales from the Rails **8.35** Bitz & Bob **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** ***New.*** JoJo & Gran Gran **9.50** Supertato **10.00** Spidey and His Amazing Friends **10.25** ***New.*** Pfffirates **10.35** Swashbuckle **11.00** Pinocchio and Friends **11.10** Dog Loves Books **11.20** Tee and Mo **11.25** Kiri & Lou **11.30** Colourblocks **11.35** Olga Da Polga **11.50** JoJo & Gran Gran **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat: Rockpool Tales **12.35** Hey Duggee **12.40** Messy Goes to OKIDO **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.45** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** Ranger Hamza's Eco Quest **2.35** Molly and Mack **2.50** Kiri & Lou **2.55** Pablo **3.05** Supertato **3.15** Messy Goes to OKIDO **3.25** Grace's Amazing Machines **3.40** Andy's Wild Adventures **3.55** Roots and Fruits **4.00** Hey Duggee **4.05** Magic Hands **4.15** Treasure Champs **4.30** Supertato **4.40** Bluey **4.50** Andy's Wild Adventures **5.00** Ranger Hamza's Eco Quest **5.15** Katie Morag **5.30** Small Potatoes **5.35** Nick Cope's Popcast **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05pm** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies F'view 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.50** Ninja Express **8.05** Odd Squad **8.20** Oswaldo **8.30** OOglies **8.40** Pokémon: Sun and Moon **9.00** ***New.*** Saturday Mash-Up! Live **11.30** Blue Peter **12 noon** The Football Academy **12.25pm** Dragons: the Nine Realms **1.10** Boy Girl Dog Cat Mouse Cheese **1.25** Danger Mouse **1.35** Shaun the Sheep **1.45** Dennis & Gnasher Unleashed! **1.55** Ninja Express **2.05** So Awkward **2.35** Princess Mirror-Belle **3.00** The Next Step **3.20** One Zoo Three **3.45** Game on Grandparents **4.05** Ninja Express **4.30** Dragons: the Nine Realms **4.50** Odd Squad **5.15 FILM** Ratchet & Clank ★★ (W) **6.50–7.00pm** My Life

CBBC F'view 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Dare Master **6.05** Lloyd of the Flies **6.35** Thunderbirds Are Go **7.05** Lego Monkie Kid **7.30** Inspector Gadget **8.00** Be Cool, Scooby-Doo! **8.25** 50/50 Heroes **8.55** Jurassic World Camp Cretaceous **9.25** Dare Master **9.30** Be Cool, Scooby-Doo! **10.30** Lloyd of the Flies **11.15** Smarty Pants **12.30pm** The Rubbish World of Dave Spud **1.00** Don't Unleash the Beast **1.30** Drop Dead Weird **2.00** DC Super Hero Girls **3.15** Inspector Gadget **3.30** Jurassic World Camp Cretaceous **4.00** Lego Marvel Avengers: Climate Conundrum **5.00** Be Cool, Scooby-Doo! **5.30** Scooby-Doo! Mystery Incorporated **6.25pm** Tata and Kuma **6.30** Craig of the Creek **7.45** Mr Bean: the Animated Series **8.30** Spy School **8.55–9.00pm** Mission Employable

CITV F'view 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am The Muppets Take Manhattan ★★★ Enjoyable outing full of jolly musical numbers and showbiz cameos. Jim Henson (1984, U) (S) (AD)

1.00pm Monster House ★★★★ Three kids must unlock the secret of a creepy haunted house in this thrilling animated Halloween tale. Steve Buscemi, Maggie Gyllenhaal (2006, PG) (S) (AD)

2.45 The Addams Family ★★★★ Adults and children alike will delight in this comedy horror based on the TV series about a creepy and kooky clan. **Review p95.** (1991, PG) (S) (AD)

4.45 "Crocodile" Dundee ★★★★ Enjoyable fish-out-of-water comedy starring the charismatic Paul Hogan as an outback hero who heads for New York. Linda Kozlowski (1986, 15) (S) (AD)

6.40pm Star Trek Beyond ★★★★ The *Enterprise* crew take on alien ruler Krall (Idris Elba) in this magnificent and thrilling slice of sci-fi action. (2016, 12) (S) (AD)

9.00 The Girl in the Spider's Web ★★★ High-velocity crime thriller with Claire Foy as the punk vigilante who takes on a sinister crime network. **Review p105.** Sverrir Gudnason (2018, 15) (S) (AD)

11.15 P Spell ★★ Imaginative but predictable *Misery*-style supernatural thriller. Omari Hardwick, Loretta Devine, Lorraine Burroughs (2020, 15) (S)

1.05–3.25am Atomic Blonde ★★★ Charlize Theron shines as a top MI6 spy in a super-stylish action adventure. James McAvoy (2017, 15) (S) (AD)

Film4 Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1 F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Frozen Alive ★★ Bland mix of sci-fi and mystery. Mark Stevens (1964) **7.35 Monster from Green Hell** ★★ Enjoyably ridiculous trek through 1950s clichés. Jim Davis (1958, PG) **9.00 Saturday Morning Pictures** Vintage serials. **12 noon The Man from Planet X** ★★★ Well-made and influential sci-fi allegory from director Edgar G Ulmer. Robert Clarke (1951) **1.30pm The Outer Limits** TV sci-fi. **2.30 The Lost World** ★★★ Intermittently thrilling fantasy adventure based on Sir Arthur Conan Doyle's novel. Michael Rennie, Jill St John (1960, PG) **4.45 Fixed Bayonets!** ★★★ Director Samuel Fuller's uncompromising war drama in which the soldiers in a platoon lost in Korea are forced to fight a rearguard action. Richard Basehart, Gene Evans (1951, PG) **6.35pm The Card** ★★★ Stylish if rather empty rags-to-riches story, in which Alec Guinness plays a laundress's son who schemes his way to respectability. Glynis Johns (1952, U) **8.25 A Hole Lot of Trouble** ★★ Comic short with Arthur Lowe as a council official who causes trouble for a trio of workmen. (1969) **9.00 The Four Just Men** TV crime drama with Dan Dailey. **9.30 Rage** ★★★ Bonkers but earnestly played drama that finds Glenn Ford racing against time after being bitten by a rabid dog. **Review, right.** Stella Stevens (1966, 15) **11.35 Violent Playground** ★★ Flat and predictable crime drama that stars Stanley Baker as a copper in Liverpool. Anne Heywood (1958, PG) **1.45am The Amazing Howard Hughes** TV biopic starring Tommy Lee Jones. **4.20–5.45am Old Mother Riley Meets the Vampire** ★ The last in the long-running series of farces. Arthur Lucan, Bela Lugosi (1952, U)

Talking Pictures TV Freeview 82 **Freesat** 306 **Sky** 328 **Virgin** 445

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Sky Premiere

6.40am Alice ★★★ Keke Palmer plays an escaped slave in this bold drama. Common, Jonny Lee Miller (2022, 15) **8.30 The Railway Children Return** As 2.30pm **10.20 P Rock Dog 3: Battle the Beat** As 4.25pm **12.05pm Top Gun: Maverick** As 8pm **2.30 The Railway Children Return** ★★★ Wholesome sequel to the 1970 family classic. **Review p45.** Jenny Agutter, Sheridan Smith (2022, PG) **4.25 P Rock Dog 3: Battle the Beat** ★★ Bodi becomes a TV talent show judge. Graham Hamilton, Ashleigh Ball (2022) **6.10pm Dakota** ★★ Warm-hearted drama about a widow and her daughter who take on her husband's loyal dog. Abbie Cornish (2022, PG) **8.00 Top Gun: Maverick** ★★★ Tom Cruise's action-packed and genuinely moving return to the skies. Jennifer Connelly, Val Kilmer (2022, 12) **10.10 Father Stu** ★★ Unconvincing religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. Mel Gibson (2022, 15) **12.15am Alice** As 6.40am **2.00 Dakota** As 6.10pm **3.45 Father Stu** As 10.10pm

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am 911 Nightmare ★★ Convoluted and untidy thriller. Fiona Gubelmann, Scott Bailey (2015) **10.50 Evil Intent** ★★ Thriller. (2019) **12.40pm Vows of Deceit** ★★ Thriller. Katherine Bailess (2018) **2.30 The Double** ★★ Serviceable spy thriller. Richard Gere, Topher Grace (2011, 12) **4.20 I Am Number Four** ★★ Teen alien Alex Pettyfer is on the run. Timothy Olyphant (2011, 12) **6.30pm Real Steel** ★★ Uneasy mix of sci-fi and redemptive family drama. **Review, right.** Hugh Jackman, Dakota Goyo, Evangeline Lilly (2011, 12) **9.00 Super 8** ★★★★ A bunch of schoolkids unwittingly record evidence of an unearthly presence. Kyle Chandler, Elle Fanning, Joel Courtney (2011, 12) **11.15 Push** ★★ Convoluted sci-fi thriller. Chris Evans, Dakota Fanning (2009, 12) **1.30am The Recall** ★★ Low-budget mash-up of horror and sci-fi clichés. Wesley Snipes, Jedidiah Goodacre, RJ Mitte (2017, 15) **3.30 Where Angels Fear to Tread** ★★★ Classy EM Forster adaptation. Helena Bonham Carter, Judy Davis, Rupert Graves (1991, PG)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am A Vineyard Romance ★★ Romantic drama. Rebecca Olson (2020) **8.00 Designed with Love** ★★ Idealism and business meet cute. (2021) **10.00 Love on Trend** ★★ Slick and shallow romance. Jocelyn Panton (2020) **12 noon Cupid** ★★ Comedy. Joely Fisher (2012) **2.00pm A Dash of Love** ★★ Inviting romance. Jen Lilley (2017) **4.00 Valentine in the Vineyard** ★★ Satisfying love story. (2019) **6.00pm All Things Valentine** ★★ Mildly inventive romcom. (2016) **8.00 Paris, Wine & Romance** ★★ Corks pop for rivals at a Paris wine competition. Jen Lilley (2019) **10.00 Hitch** ★★★ Will Smith stars in this flimsy but fun comedy. (2005, 12) **12.15am Anything for Love** ★★ Sudsy romance. (2016) **1.50 Power and Beauty** ★★ Salacious drama. (2002) **3.20 Hint of Love** ★★ Culinary romance. (2020) **4.50–6.00am A Summer to Remember** ★★ Bright holiday love story. (2018)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Off Set **6.25 The Bounty Hunter** ★★★ Western. Randolph Scott (1954, PG) **8.00 Code Name: Emerald** ★★ Second World War thriller. Ed Harris (1985, PG) **9.55 Churchill** ★★★★ Finely judged biographical drama. Brian Cox, Miranda Richardson (2016, PG) **12 noon The Lonely Man** ★★★ Taut psychological western. Jack Palance (1957) **1.50pm Canyon Raiders** ★ Short and simplistic western. Whip Wilson (1951) **3.00 Big Jake** ★★ Shambling western. John Wayne, Richard Boone (1971, 15) **5.15 A Thunder of Drums** ★★★ Well-made western drama. Richard Boone, George Hamilton, Luana Patten (1961) **7.20pm Gunsmoke in Tucson** ★★ It's farmers vs cattlemen. (1958, U) **9.00 Young Guns** ★★★ Emilio Estevez is joined by a good proportion of the 1980s Brat Pack in this pacey western. (1988, 18) **11.15 Dirty Harry** ★★★★★ Clint Eastwood excels as the ruthless cop in pursuit of a psychopath in this outstanding crime thriller. (1971, 18) **1.20am** Home Shopping **3.35** Off Set **4.00** Close Up **5.00** Hollywood's Best Film Directors

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies Action 42

6.00am The Red Beret ★★★ War drama. Alan Ladd (1953, PG) **7.50 The Two-Headed Spy** ★★★ Spy drama. Jack Hawkins (1958, U) **9.45 The Commandos Strike at Dawn** ★★ War drama. Paul Muni (1942) **11.45 Battle of the Coral Sea** ★★ PoW Cliff Robertson must escape. Gia Scala (1959, PG) **1.30pm Desert Legion** ★★ Swashbuckling adventure. Alan Ladd (1953, U) **3.15 Sands of Iwo Jima** ★★★ Gung-ho John Wayne war drama. (1949, PG) **5.30 Gun Fury** ★★★ Moody Rock Hudson western. (1953, U) **7.15pm The Nevadan** ★★ Entertaining but cheaply made western yarn. Randolph Scott (1950, U) **9.00 12 Rounds** ★★ Clichéd action thriller starring John Cena as a New Orleans cop. Aidan Gillen (2008, 15) **11.10 The Shanghai Job** ★★ Orlando Bloom makes his bid for action-man status. Leo Wu (2017, 15) **1.05am Sniper Elite** ★★ Sci-fi action adventure. Matthew Reese (2014, 15) **2.55–4.00am** The Blitz on Berlin

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

7.00am World's Most Unexplained… **8.00 The Darwin Conspiracy** ★ Bland sci-fi drama that rides on *Jurassic Park*'s coat-tails. (1999, PG) **10.00** Walker, Texas Ranger: five episodes of the drama **3.00pm** The Gambler V: Playing for Keeps: TV western starring Kenny Rogers **6.50pm San Andreas Quake** ★★ Mockbuster cash-in on *San Andreas*, in which a seismologist races to save her daughter. (2015, 12) **8.30 The Twilight Zone** TV sci-fi. **9.00 Ransom** ★ Sean Connery does his best to thwart a gang of hijackers in this confusing action drama. Ian McShane, Norman Bristow (1975, PG) **10.55 The Midnight Man** ★★ Occasionally menacing horror about a board game that conjures up a terrifying creature. (2016, 15) **12.45am Jeepers Creepers 3** ★★ Hit-and-miss horror sequel. Stan Shaw, Gabrielle Haugh (2017, 15) **2.45–4.30am Witches in the Woods** ★★ By-the-numbers horror in which seven young friends get lost and become stranded in a cursed forest. Hannah Kasulka, Craig Arnold (2019, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

Now, Voyager ★★★★★

1.00-2.55pm ***BBC2*** PG

MELODRAMA Bette Davis gives a consummate performance as a lifelong spinster emerging from her confining chrysalis into the arms of Paul Henreid in this lush drama. One of the all-time great weepies, it has gone down in the annals of cinema history for the scene where Henreid lights two cigarettes and the tear-jerking speech from Davis, at her best in front of a moonlit sky. It's a movie in which all the elements come together in perfect harmony to give an essentially hackneyed theme the imprint of greatness. Followed by a *Talking Pictures* special devoted to Davis. **SUE HEAL** (US 1942, BW, HD)

Zoo ★★★★

12 noon-2.00pm ***C4*** PG

DRAMA This cockle-warming tale is set in Belfast during the war, as German bombs rain down on the city. The authorities take the decision to shoot the zoo animals, appalling local animal lovers who spring into action. Art Parkinson plays the awkward teenager who leads a group determined to rescue the zoo's latest acquisition, an elephant. **STEVE MORRISSEY** (Ire/UK 2017, edited for language, HD)

Monster-in-Law ★★★

1.05-3.10pm ***C5*** 12

ROMCOM It's Gucci handbags at dawn for Jane Fonda and Jennifer Lopez in this comedy with bite. It stumbles a little during the corny courtship between J-Lo's bohemian babe and Michael Vartan's well-heeled doctor. But once Fonda turns up, the battle – and laughter – lines are very quickly drawn. **STELLA PAPAMICHAEL** (US 2005, edited for language, violence, HD)

The War Wagon ★★★

4.30-6.35pm ***ITV4*** U

WESTERN Westerns starring John Wayne and Kirk Douglas approach the genre from very different directions. It's not surprising, therefore, that there's an uneasy tension behind the pair's bonhomie in this rugged adventure about a plan to steal some gold. Director Burt Kennedy not only exploits his stars' rivalry, but also brings out the best from the supporting cast. **DAVID PARKINSON** (US 1967, HD)

Real Steel ★★ *6.30-9.00pm* ***Great Movies*** 12

SCI-FI Hugh Jackman stars here as a former boxer in a future where robot boxing is the main sport. Struggling to find a new fighter, Jackman instead finds himself saddled with the son he abandoned at birth. Director Shawn Levy ensures the bouts are electrifying, but the life lessons are doled out with a weary predictability. **TERRY STAUNTON** (US 2011, edited for content)

Hugh Jackman, p13

P Infinite ★★

9.00-11.05pm ***C4*** 12

SCI-FI Postponed from January, this convoluted action movie sees Mark Wahlberg play a diagnosed schizophrenic who suspects his mental-health issues are due to troubles he's encountered in his previous lives. Director Antoine Fuqua delivers some impressive action, but the plot leaves Wahlberg looking lost, going through the motions while the bafflement builds around him. **TS** (US 2021, violence, swearing, HD)

Rage ★★★ *9.30-11.35pm* ***Talking Pictures TV*** 15

DRAMA Receiving a rare showing, this enjoyable race-against-time movie stars Glenn Ford as the resident medico at a construction site in the wilds of Mexico. One day he's bitten by a rabid dog, meaning he has two days to get to a hospital. But instead of rushing, he tends to a pregnant woman, then his jeep breaks down, and then he is further waylaid by prostitute Stella Stevens. **ADRIAN TURNER** (US/Mex 1966)

Notes on a Scandal ★★★★

11.10pm-1.00am ***5 Star*** 15

DRAMA Judi Dench reunites with director Richard Eyre (they made *Iris* in 2001) to give one of the most intense performances of her career in this gritty, observational drama. The Oscar-nominated Dench plays a lonely teacher who develops an obsession with a spirited new colleague (fellow nominee Cate Blanchett), and the drama is heightened by Philip Glass's score. **SLOAN FREER** (UK/US 2006, swearing, sexual references, HD)

The Notebook ★★★

11.55pm-1.50am ***BBC1*** *(not in Scotland)* 12

ROMANCE This shameless tear-jerker opens with elderly James Garner reading to nursing-home resident Gena Rowlands from an old notebook. We then flash back 60 years to an ill-starred teen romance between poor country boy Ryan Gosling and city girl Rachel McAdams. As slushy as it is, the movie hits all the right emotional buttons. **DAVE ALDRIDGE** (US 2003, swearing, sex scenes, HD)

Sky Cinema picks

Gnomeo & Juliet ★★★
12.40-2.20pm ***Sky Animation***
Ornamental romance. (2011, U)
Sky 305; Virgin 412; BT 500/514

Sleepy Hollow ★★★★
4.10-6.00pm
Sky Cinema Sci-Fi/Horror
Tim Burton's fantasy. (1999, 15)
Sky 311; Virgin 411; BT 511/525

Jaws ★★★★★
8.00-10.10pm ***Sky Greats***
Toothsome thriller. (1975, 12)
Sky 304; Virgin 404; BT 504/518

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

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Sky Showcase

Meet the Fockers *9.00pm*
The in-laws come together

6.00am Baby Animals (S) **8.00** The Fresh Prince of Bel-Air (S) **10.30** ***New.*** Soccer AM **12 noon LIVE** Women's Super League Football: Manchester City v Arsenal (kick-off 12.30pm) **3.00pm** ***New.*** Soccer Saturday **5.00** Al Murray: Why Does Everyone Hate the English?

6.00pm Strangest Things *Ep 6* *Series 2.* A look at perplexing and unusual historical objects.

7.00 Shark: British Isles Special with Steve Backshall The naturalist encounters sharks in Scotland, Wales and Cornwall. (S) (AD)

8.00 An Idiot Abroad *6/8* *Series 1* Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro. (S)

9.00 Meet the Fockers ★★★
Comedy sequel with Robert De Niro and Ben Stiller. Following her engagement to male nurse Greg Focker, Pam Byrnes and her family decamp to Florida to check out the prospective in-laws. (S) (W)

11.10 Funny Woman *1/6.* Comedy drama starring Gemma Arterton. A woman sets out to find her voice in the world of the 1960s sitcom. (S)

12.10am Fantasy Football League **12.45** Hold the Front Page (S) (AD) **1.45** Never Mind the Buzzcocks (S) (AD) **2.30** Brassic (S) (AD) **3.30–6.00am** Border Security: Australia's Front Line (S)

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am Most Haunted: double bill **8.00** Home Shopping **11.00** The Outpost **4.00pm** Stargate SG-1

6.00pm Stargate SG-1 *15/22* *Series 4.* Hammond announces he is stepping down, but O'Neill suspects there may be more to his decision than meets the eye. **7.00** *16/22.* Carter uncovers the truth behind an alien race that gave Earth a cure for cancer, and faces a race against time to safeguard the future of humanity. **8.00** *17/22.* The Harsesis child Shifu returns, having aged rapidly, and teaches Daniel how to defend Earth from the Goa'uld.

9.00 Martian Land ★★
Sci-fi disaster movie starring Alan Pietruszewski. With Earth's natural resources exhausted, the human race has successfully colonised Mars. But the planet's harsh environment poses a threat to survival.

11.00 Reginald the Vampire *9/10.* The Assessment is 24 hours away and Reginald must use his brain to figure out a way to survive. Will he find a solution? **12 midnight** *10/10.* The Assessment has finally arrived. The only open question is whether or not Reginald will survive it.

1.00am Wynonna Earp: double bill **3.00** Fringe **4.00** Star Trek: the Next Generation **5.00–6.00am** Most Haunted: at Coalhouse Fort

Sky Sci-Fi **Sky** 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Game of Thrones *7.55pm*
Robb is facing a betrayal

6.00am Fish Town: triple bill (HD) **9.00** The Sopranos: five episodes (S) (HD) **2.25pm** Ray Donovan: three episodes (S) (AD) (HD)

5.40pm Ray Donovan *12/12* *Series 3.* Abby and Terry tell Ray the truth about Bridget. (S) (AD) (HD) **6.50** *1/12* *Series 4.* Ray looks to reconnect with his family, while Micky is hiding out in Nevada, preparing for a heist. (S) (AD) (HD)

7.55 Game of Thrones *5/10* *Series 3.* The Hound is judged by the gods, while Jaime receives a different form of justice. **9.00** *6/10.* Robb weighs up a compromise to repair his alliance with House Frey, and Roose Bolton decides what to do with Jaime. **10.05** *7/10.* Tywin counsels the king, Melisandre reveals a secret to Gendry, and Brienne faces a formidable foe at Harrenhal. **11.10** *8/10.* Davos demands to see proof of Melisandre's power and there is a wedding in King's Landing. **12.15am** *9/10.* Robb and his bannermen gather at the Twins in the northern Riverlands to attend the wedding of Lord Edmure Tully and Roslin Frey. (S) (AD) (HD)

1.20 The Wire: double bill (S) (HD) **3.30** In Treatment: Paul discovers the consequences of his call to Julia (S) (HD) **4.00–6.00am** Fish Town: double bill (HD)

Sky Atlantic **Sky** 108 (Wales 109) **BT** 342/**HD** 357 **+1** **Sky** 208 (Wales 209)

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** Border Patrol (S) **10.00** Stop, Search, Seize (S) (AD) (HD) **11.00** The Force: Manchester (S) (HD) **12 noon** UK Border Force (S) (AD) (HD) **1.00pm** Caught on Dashcam (S) (HD) **2.00** Nothing to Declare (S) (HD)

6.00pm Nothing to Declare Two further editions of the series following the work of customs officers in Australia. (S) (AD)

7.00 Blue Bloods *9/16* *Series 11* Baez turns to Danny when she finds a corpse in her front yard. (S) (AD) (HD)

8.00 Coroner *1/10* *Series 3* Jenny investigates the mysterious death of a care worker whose body is found in her own car. (S) (HD)

9.00 The Rookie: Feds *1/22* Special Agent Simone sets her sights on joining Garza's new unit as they investigate the murder of a federal engineer. (S) (AD) (HD)

10.00 The Rookie *Ep 2* *Series 5* Officer John Nolan moves closer to his new role, while trying to uncover the truth about a colleague's death. (S) (HD)

11.00 Law & Order: Special Victims Unit *Ep 5* *Series 23* The agents face the fury of social media fans when they arrest two popular influencers. (S) (HD)

12 midnight Elementary (S) (AD) (HD) **1.00am** Blue Bloods (S) (AD) (HD) **2.00–6.00am** Border Security: Australia's Front Line (S) (HD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 163

Sky Max

Banshee *10.00pm* Carrie plans her vigilante crusade

6.00am Supergirl (S) (HD) **10.00** Grimm (S) (HD) **1.00pm** Hawaii Five-0: five episodes (S) (HD)

6.00pm Agatha Raisin *3/4* *Series 3.* When James vanishes after a blazing row with Agatha leaving behind only a trail of blood and a dead body, everyone is left fearing the worst. (S) (AD) (HD)

8.00 An Idiot Abroad *6/8* *Series 1.* Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, taking in the culture of Brazil along the way. (S) (AD) (HD)

9.00 A League of Their Own Road Trip: Dingle to Dover *6/6* Highlights of Freddie Flintoff and Jamie Redknapp's travels around Britain and Ireland. (S) (AD) (HD)

10.00 Banshee *2/8* *Series 4* Drama with Antony Starr. Carrie embarks on a vigilante crusade, while Brock suspects Lucas in the serial murder case. (S) (AD) (HD)

11.00 Funny Woman *1/6* Comedy drama starring Gemma Arterton. A woman sets out to find her voice in the male-dominated world of the 1960s sitcom. (S) (HD)

12 midnight Fantasy Football League (HD) **12.35am** Hold the Front Page (S) (AD) (HD) **1.30** Road Wars (S) **2.00** Sun, Sea and A&E (HD) **4.00** Brassic (S) (AD) (HD) **5.00–6.00am** Sun, Sea and A&E: documentary (S)

Sky Max **Sky** 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am Dragons: Rescue Riders (S) **9.05** Four Weddings (S) **10.00** The Librarians: eight episodes (S)

6.00pm The Librarians: double bill. The hunt for a missing person uncovers a suspected alien invasion, then Baird finds herself moving through alternate realities (S) **8.00** S.W.A.T: the team's armoured vehicle is stolen (S) (AD) (HD) **9.00** Funny Woman: Comedy drama. A woman sets out to find her voice in the male-dominated world of the 1960s sitcom (S) (HD) **10.00** NCIS: Los Angeles: the team joins forces with the FBI (S) (HD) **11.00** Fantasy Football League: with Roman Kemp and Gabby Logan (HD) **11.35** Hold the Front Page: Nish Kumar and Josh Widdicombe work for *The Scotsman* (S) (AD) (HD) **12.35am** A League of Their Own Road Trip: Dingle to Dover (S) (AD) **3.30** Motorway Patrol (S) **4.00–6.00am** Four Weddings (S)

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Motorbike Cops (S) **7.00** Highway Patrol (S) (AD) **11.00** Brit Cops: Law & Disorder (S) **12 noon** The Force: Manchester (S) (HD) **1.00pm** Killing Mum and Dad (S) (AD) (HD) **2.00** World's Most Evil Killers (S) (AD) (HD) **4.00** Britain's Most Evil Killers (S) (HD) **5.00** Forensics: Catching the Killer (S) (AD) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Murder Next Door (HD) **8.00** Killing Mum and Dad (S) (AD) (HD) **9.00** Forensics: Catching the Killer: double bill (S) (HD) **11.00** There's Something Wrong with Aunt Diane (S) (AD) **1.00am** Britain's Most Evil Killers (S) **2.00** Wrongly Released: Free to Kill (S) (HD) **3.00** Murder in Amish Country (S) (AD) (HD) **4.00** Road Wars (S) **5.00–6.00am** Motorway Patrol

Sky Crime **Sky** 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 **Virgin** 164

Gold

Mrs Brown's Boys *9.00pm*
Valentine's Day is looming

7.05am The Fosters (S) **7.45** Citizen Khan (S) (AD) (HD) **9.00** Still Open All Hours (S) (HD) **9.35** dinnerladies (S) (AD) **11.00** Only Fools and Horses (S) (AD)

6.20pm Only Fools and Horses Del pays a stripper to attend a party with Rodney. (S) (AD) **7.00** Christmas special from 1982. Del finds a new lady friend, only to discover she has a son. (S) (AD)

7.40 The Vicar of Dibley After featuring as a guest on the radio, Geraldine finds that fame has its downsides as well as its ups. (S) (AD) **8.20** Alice shocks Geraldine with a pre-wedding revelation. (S) (AD)

9.00 Mrs Brown's Boys Agnes turns to the internet to find a date for Valentine's Day (S) (HD)

9.40 Coupling Steve decides it is time to dump long-standing girlfriend Jane, but this proves to be easier said than done. **10.20** Susan invites Steve to supper, but he struggles to find the words he is looking for. **11.00** Jane's aunt dies. (S)

11.40 Bottom Richie and Eddie celebrate Christmas. (S) (AD) **12.20am** The wretched flatmates go camping in the country. (S) (AD)

1.00 Mrs Brown's Boys (S) (HD) **1.40** Coupling (S) **2.55–4.00am** Hold the Sunset (S) (AD) (HD)

Gold **Sky** 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (Wales 211) **Virgin** 194

Sky Comedy

8.00am Everybody Hates Chris (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) (HD) **11.30** Modern Family (S) (HD) **1.30pm** Will & Grace (S) (AD) **4.00** Futurama (S) (AD) **6.30** The Office US: five episodes. Michael and Darryl demand a pay rise **7.00** The staff take part in a safety training day **7.30** A printing error threatens the company **8.00** Michael takes the female staff on a special outing **8.30** Michael is considered for a new job (S) (HD) **9.00** Curb Your Enthusiasm: double bill. Larry lends a writer $5,000, then he ruins a valuable doll (S) (HD) **10.15** Saturday Night Live (HD) **11.30** ***New.*** The Tonight Show Starring Jimmy Fallon (HD) **12.30am** Young Rock (HD) **1.00** American Auto: double bill (S) (HD) **2.00** Silicon Valley (S) (HD) **4.00–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy **Sky** 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am Friends (S) (AD) (HD) **12 noon** **FILM** Mousehunt ★★★★ Comedy starring Nathan Lane and Lee Evans **2.00pm** Friends (S) (AD) (HD) **5.10** **FILM** Wayne's World ★★★★ Comedy with Mike Myers and Dana Carvey (S) (HD) **7.05** **FILM** The Dukes of Hazzard ★ Action comedy starring Seann William Scott (S) (HD) **9.00** **FILM** 40 Days and 40 Nights ★★★ Romantic comedy starring Josh Hartnett (HD) **10.45** **FILM** Jackass 3.5 ★★ Deleted scenes from *Jackass 3* (S) (HD) **12.25am** Most Ridiculous Cops and Robbers (S) (HD) **12.55** Most Ridiculous: Man vs Beast (S) (HD) **1.25** Ugly Americans (S) (HD) **2.25** South Park (S) (HD) **4.10–5.00am** Friends (S) (AD) (HD)

Comedy Central **Sky** 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (Wales 213) **Virgin** 133

Alibi

Inspector George Gently *6.00pm* A bank is robbed

7.15am Murdoch Mysteries (S) (HD) **10.00** Inspector George Gently (S) (AD) (HD) **11.55** Inspector Alleyn Mysteries (S) **2.00pm** Father Brown: four episodes (S) (AD) (HD)

6.00pm Inspector George Gently *4/4* *Series 7.* The detective investigates when an armed gang raids a bank on Christmas Eve and his hunt for the gunmen takes him into the world of skinheads. (S) (AD) (HD)

8.00 Shakespeare and Hathaway: Private Investigators *6/10* *Series 1.* Frank and Lu investigate death threats made against a soap star. (S) (AD) (HD)

9.00 Death in Paradise *2/8* *Series 8.* Jack has a fresh mystery to solve when a zoo owner is killed by a tranquilliser dart. (S) (AD) (HD) **10.00** *3/8.* The presenter of a TV holiday series takes a swim, only for her body to be washed up on the shore. (S) (AD) (HD)

11.00 Father Brown *7/10* *Series 2* The priest attempts to solve a puzzling murder. (S) (AD) (HD) **12 midnight** *8/10.* The priest is unconvinced when a recently returned PoW is accused of killing his uncle. (S) (AD) (HD)

1.00am Inspector George Gently (S) (AD) (HD) **3.00–4.00am** Murdoch Mysteries (S) (HD)

Alibi **Sky** 109 (Wales 110) **Virgin** **HD** 126 **BT** 343/**HD** 358 **+1** **Sky** 209 (Wales 210) **Virgin** 191

Discovery

6.00am Barnwood Builders (HD) **12 noon** Bitchin' Rides (HD) **2.00pm** Kindig Customs (HD) **3.00** Bitchin' Rides (HD) **7.00** Dirty Jobs: Mike Rowe preserves infrastructure as he submerges in a murky Florida river to pour concrete jackets around crumbling bridge pilings (HD) **8.00** Gold, Lies and Videotape: the Noss family defend their claim against hundreds looking for gold (S) (HD) **9.00** Gold Rush: tensions rise between Fred and the Clayton Brothers when a borrowed machine comes back broken (HD) **10.00** Alien Invasion: Hudson Valley: Ben Hansen and a team of UFO experts investigate an alleged recent spike in extra-terrestrial activity in New York's Hudson Valley (S) (HD) **12 midnight** Expedition Bigfoot: four editions (S) (HD) **4.00–5.00am** How Do They Do It? (S) (HD)

Discovery **Sky** 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** **Sky** 225 **Virgin** 258

Discovery History

6.00am How the Universe Works (S) **9.00** Mysteries of the Missing (S) **12 noon** Combat Dealers: Reloaded (S) **1.00pm** Combat Dealers (S) **3.00** Greatest Events of World War II (S) **5.00** Combat Dealers: triple bill. A Hollywood blockbuster seeks an authentic Second World War SAS jeep **6.00** Bruce Crompton visits a Cold War underground bunker **7.00** A Russian client seeks artefacts from the fall of Berlin (S) **8.00** Aircraft Carrier: City at Sea: life aboard the USS *Ronald Reagan* **9.00** Everest's Greatest Mystery: searching for clues that prove who was the first climber to reach the summit (S) **11.00** Storming Area 51 (S) **12 midnight** Combat Dealers (S) **2.00–5.00am** Disasters Engineered: three editions (S)

Discovery History **Sky** 177 **Virgin** 257 **+1** **Sky** 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Wishful Drinking *9.00pm* Carrie Fisher talks about her struggles

6.00am Discovering: Kirk Douglas (S) (AD) **7.00** Discovering: Bette Davis (S) (AD) **8.00** The Directors (S) **9.00** I Am Burt Reynolds (S) (AD) **10.50** The Scheme (S) **1.10pm** Jackie Stewart (S) **3.00 FILM** All That Breathes ★★★★ Following the work of Delhi brothers Saud and Nadeem, who devote their lives to caring for injured wild birds. Hindi +subtitles (W) **5.00** Fatboy Slim: Right Here, Right Now

6.50pm My Icon: Anthony Joshua The heavyweight boxer talks about his idol. (S) (AD)

7.00 Sergio Leone: the Italian Who Invented America Documentary paying homage to the Italian director.

9.00 Wishful Drinking Carrie Fisher performs a one-woman show based on her autobiography, reflecting on her childhood and bipolar disorder. (S) (AD)

10.30 Belushi The life story of comedy star John Belushi, who captured the hearts of audiences worldwide before his tragic and untimely death aged 33. (S) (AD) **12.40am** Burn Mother******, Burn! (S) **2.40** John McCain: for Whom the Bell Tolls (S) **4.40** My Icon: Tanni Grey Thompson (S) (AD) (HD) **5.00–6.00am** The Directors: the life of Sergei Eisenstein (S)

Sky Documentaries **Sky** 121 **Virgin** 277 **BT** 352/HD 367

Nat Geographic

8.00am Food Factory (S) (HD) **9.00** Building Hitler's Supergun: the Plot to Destroy London (HD) **10.00** Nazi Sunken Sub (S) (AD) (HD) **11.00** Japan's Lost Battleship (HD) **12 noon** Dark Secrets of the Lusitania (HD) **1.00pm** Drain the Titanic (HD) **2.00** Hindenburg: the New Evidence (HD) **3.00** Area 51: the CIA's Secret Files (HD) **4.00** JFK: the Lost Assassination Tapes (HD) **5.00** Billy The Kid: New Evidence (HD) **6.00** Guantanamo's Secrets (HD) **7.00** India's Toughest Jail: inside Tihar Prison in Delhi (HD) **8.00** Death Row Texas (HD) **9.00** Russia's Toughest Prisons (HD) **10.00** Banged Up Abroad (HD) **12 midnight** America's Hardest Prisons (S) (HD) **2.00am** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

Nat Geographic **Sky** 129 **Virgin** 266 **+1** **Sky** 229 **Virgin** 267

Sky History

6.00am American Pickers (HD) **7.00** Pawn Stars (HD) **8.00** Storage Wars (HD) **8.30** Mountain Men (HD) **11.00** Beyond the Myth: the SS Unveiled (HD) **2.00pm** Pawn Stars (HD) **5.00** Al Murray: Why Does Everyone Hate the English? (HD) **6.00** Strangest Things (HD) **7.00** Medieval Dead: Tim Sutherland digs up burial sites from the Battle of Agincourt (HD) **9.00** On the Trail of the Lake Michigan Mothman: in 2017, a rash of sightings detailing a winged creature spread around Chicago. This film examines the Mothman sightings that spread around Illinois, Indiana and Michigan (HD) **10.40** Storage Wars (HD) **12.05am** Pawn Stars (HD) **3.00** Medieval Dead: double bill (HD) **5.00–6.00am** Strangest Things (HD)

Sky History **Sky** 123 **Virgin** 270 **BT** 353/HD 368 **+1** **Sky** 223 **Virgin** 271

Sky Nature

The Predator's Playbook *9.00pm* Amazon leaf fish

6.00am Baby Animals (S) **8.00** Wild Tales from the Farm (S) (AD) **12 noon** Wildlife ER (S) **1.00pm** Nomads of the Serengeti (S) **5.00** David Attenborough's Natural History Museum Alive (S) (AD)

6.30pm The Bachelor King Exploring the lives of king penguins, filmed on the sub-Antarctic island of South Georgia over five months. Presented by David Attenborough. (S) (AD)

8.00 Wildlife ER Karina fights to save a koala mauled by dogs. (S)

9.00 The Predator's Playbook The features that allow predators to survive in often hostile environments and taking a closer look at the hunting techniques of creatures from all over the globe. (S)

10.00 Animals Decoded Communication in the animal world, beginning with the secrets of body language. **11.00** The remarkable ways that animals speak to one another, from the trumpeting of enormous elephants to the chatter of seals. **12 midnight** Through sense, scent and sight, animals communicate in ways that are outside of the reach of humans. (S) (AD)

1.00am The Predator's Playbook (S) **2.00** Uptown Otters **3.00–6.00am** Hope for Wildlife (S)

Sky Nature **Sky** 124 **Virgin** 278 **BT** 354/HD 369

Eden

9.00am Bahama Blue (HD) **3.00pm** Bahama Blue: six editions. Looking at nature in the Bahamas, including creatures, plants, caves, blue holes and biological anomalies **4.00** Exploring mangroves, which are home to a plethora of different creatures **5.00** The diverse and colourful marine creatures that live among the coral structures and share the reef under the water **6.00** The Sand Flats and the creatures that live there, including iguanas, stingrays and bottlenose dolphins **7.00** Species including Oceanic whitetip sharks, sperm whales and Blainesville's beaked whales **8.00** Exploring the interconnected ecosystems and species in the Bahamas (HD) **9.00** Bahama Blue (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden **Sky** 166 **Virgin HD** 245 **+1** **Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Dodo Heroes (S) (AD) (HD) **2.00** Killer Whales **3.00** Man-Eating Super Squid (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribs (S) (HD) **7.00** How Do Animals Do That? (S) (HD) **8.00** Wildest Islands of Indonesia (S) (HD) **9.00** Wildest Europe: an exploration of the Alps (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** I Was Prey (S) (AD) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet **Sky** 162 (NI 178) **Virgin** 251 **+1** **Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/HD 501 **BT** 420/HD 440

5.00am LIVE European Tour Golf Singapore Classic, day three. **9.30** Saturday Social **10.30 LIVE Netball** Team Bath v Loughborough Lightning. **12.30pm LIVE Women's T20 World Cup Cricket** West Indies v England at Boland Park, Paarl. **4.30** Soccer Saturday **5.00 LIVE Premier League Football** AFC Bournemouth v Newcastle United (kick-off **5.30**). **8.00 LIVE Boxing** Adam Azim v Santos Reyes at Wembley Arena. **12 midnight LIVE NBA** Brooklyn Nets v Philadelphia 76ers; **1.30am** Golden State Warriors v Los Angeles Lakers (tip-off **1.30**). **4.00–5.00am** Sky Sports News

Sky Football

Sky 405 **Virgin** 515/HD 505 **BT** 424/HD 444

6.00am League Cup Retro **8.45** EFL Greatest Games (AD) **9.15** Championship Highlights **9.30** Saturday Social **10.30** Soccer AM **12 noon LIVE Women's Super League Football** Manchester City v Arsenal (kick-off **12.30pm**). **3.00pm** Soccer Saturday **5.00** Championship Highlights **5.20 LIVE German Football** RB Leipzig v FC Union Berlin. **7.30** Women's Super League **10.30** Championship Highlights **10.45** EFL Greatest Games **11.00** Women's Super League **11.30** EFL Greatest Games **12 midnight** League Cup Football **3.00–6.00am** EFL Highlights

Sky Golf

Sky 405 **Virgin** 515/HD 505 **BT** 424/HD 444

5.00am LIVE European Tour Golf Singapore Classic, day three. **9.30** PGA Tour **9.45** The Improvers (AD) **10.00** Chronicles (AD) **10.30** PGA Tour Golf **10.45** The Improvers (AD) **11.00** PGA Tour Golf (AD) **12 noon** Chronicles (AD) **12.30pm** PGA Tour Golf **12.45** The Improvers (AD) **1.00** European Tour **3.00** The Improvers **3.15** PGA Tour **3.30** Hero Cup **4.30** The Improvers (AD) **4.45** PGA Tour **5.00 LIVE PGA Tour Golf** Day three of the Phoenix Open. **11.30** European Tour **11.45** PGA Tour Golf (AD) **12.45am** European Tour **1.00** Roots **2.00** European Tour **2.15** PGA Tour Golf **2.30** Chronicles (AD) **3.30** European Tour **3.45** PGA Tour Golf **4.00** Chronicles **4.30** European Tour **4.45–5.00am** PGA Tour Golf

Sky Mix

Sky 416 **Virgin** 520/HD 510 **BT** 429/HD 449

7.00–11.00am LIVE NRL A double bill of pre-season games. **12.30–2.15pm LIVE Netball** Surrey Storm v Strathclyde Sirens. **3.00–8.00 LIVE SA20 Cricket** The final from Johannesburg. **11.00–1.30am LIVE NBA** Brooklyn Nets v Philadelphia 76ers.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/HD 435

6.00am Cycling **6.55** Ski Jumping **7.50 LIVE Ski Jumping** World Cup from Austria. Continues 3pm. **9.30 LIVE Alpine Skiing** World Championships, women's downhill. **12.15pm** Alpine Skiing **1.15 LIVE Biathlon** Men's sprint. **3.00 LIVE Ski Jumping** **5.00 LIVE Cycling** European Track Championships, day four. **8.30** Alpine Skiing **9.45 LIVE Ski Jumping** **11.45** Cycling **1.00am** Alpine Skiing **2.00** Cycling **3.00** Snooker **5.00–6.00am** Australian Open Tennis

Women's Super League *12 noon* ***Sky Premier League*** Man City magician Chloe Kelly

Sky Premier League

Sky 402 **Virgin** 512/HD 502 **BT** 421/HD 441

6.00am Premier League Football **9.30** Saturday Social **10.30** Soccer AM **12 noon LIVE Women's Super League Football** Manchester City v Arsenal (kick-off **12.30pm**). **3.00pm** Soccer Saturday **5.00 LIVE Premier League Football** AFC Bournemouth v Newcastle United (kick-off **5.30**). **8.30** Game of the Day **10.30** Premier League Highlights **3.00–6.00am** Classic Premier League

Sky Cricket

Sky 404 **Virgin** 514/HD 504 **BT** 423/HD 443

6.00am Women's T20 World Cup **12.30pm LIVE Women's T20 World Cup Cricket** West Indies v England at Boland Park, Paarl; **4.30** Australia v New Zealand. **8.30** Women's T20 World Cup **9.30** SA20 **10.30** Women's T20 World Cup **12.30am** SA20 **5.00–6.00am** Women's T20 World Cup Cricket

Sky NFL

Sky 407 **Virgin** 517/HD 507 **BT** 426/HD 446

6.00am NFL: previews and highlights **6.00pm** Super Bowl LVI **8.00** Bitesize (AD) **9.00** Super Bowl Preview **9.30** Kansas City Chiefs: the Franchise (AD) **10.00** Super Bowl Gameday 2019 (AD) **10.30** Super Bowl Preview **11.00** NFL Honors **1.00–6.00am** NFL

Sky Arena

Sky 408 **Virgin** 518/HD 508 **BT** 427/HD 447

6.45am Super League **8.00** Netball **10.30 LIVE Superleague Netball** Five matches from the Season Opener at Nottingham Arena. **7.30pm** Boxing Archive (AD) **8.00 LIVE Boxing** Azim v Reyes. **12 midnight LIVE NBA** Brooklyn Nets v Philadelphia 76ers; **1.30am** Golden State Warriors v Los Angeles Lakers (tip-off **1.30**). **4.00** Boxing (AD) **4.55–6.45am LIVE NRL** Raiders v Bulldogs, pre-season.

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/HD 436

6.00am Snooker **8.00** Formula E **9.00 LIVE Formula E** The Hyderabad ePrix (start **9.30**). **11.05 LIVE Cycling** Stage three of the Women's UAE Tour. **12.30pm LIVE Freestyle Skiing** World Cup, dual moguls from Italy. **2.00 LIVE Cyclo-Cross** **3.15 LIVE Cycling** Tour of Murcia. **5.00** Australian Open Tennis **6.00** Snooker **8.00** Formula E **9.00** World Superbikes **11.00** Alpine Skiing **12 midnight** Formula E **1.00am** Cycling **2.00** Alpine Skiing **3.00** Alpine Skiing **4.00–5.00am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/HD 430

6.00am LIVE Australian Football An A-League match. **8.00** Premier League Preview **8.30** Premiership Rugby Cup **10.00** Early Kick-Off **10.30** ESPN FC **11.00** Premier League Preview **11.30 LIVE Premier League Football** West Ham United v Chelsea (kick-off **12.30pm**). **3.00pm** BT Sport Score **5.00 LIVE National League Football** Chesterfield v Notts County (kick-off **5.20**). **7.30 LIVE Italian Football** Lazio v Atalanta (kick-off **7.45**). **9.45** Wrestling: WWE action **11.15** BT Sport Reload (AD) **11.30** UFC **1.00–7.00am LIVE UFC** Islam Makhachev v Alexander Volkanovski, plus prelim bouts.

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/HD 431

6.00am ESPN FC: world football **6.30 LIVE Pro League Hockey** China v Germany, women's match. **8.30** BT Sport Reload (AD) **8.45 LIVE Australian Football** Western Sydney Wanderers v Sydney FC, an A-League match. **10.45** Reload (AD) **11.00** French Football **12 noon** Champions League Magazine **12.30pm** ILT Cricket **1.00 LIVE Darts** World Seniors Championship. Continues 7pm. **5.00** Badminton (AD) **5.30** 30 for 30: 42 to 1 (AD) **6.30** Currie Club **7.00 LIVE Darts** World Seniors. **11.00** National League Football **11.30** World Rally **12 midnight** French Football **1.00am** Italian Football **2.00** Champions League Magazine **2.30** Fishing (AD) **3.30** World Rally **4.00–6.00am LIVE Australian Football** An A-League match.

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/HD 432

6.00am World Rally **6.30** ILT20 **7.00 LIVE World Rally** Sweden. **8.00** WWE **10.30** Italian Football **11.30 LIVE Australian Football** Perth Glory v Melbourne City, an A-League match (kick-off **11.30**). **1.30pm** Wrestling **4.00** Badminton (AD) **4.15** Hockey **5.15 LIVE Italian Football** Lecce v Roma, joined in progress. **7.00** T20 Super Smash Cricket **9.00 LIVE T20 Super Smash Cricket** The women's final; **12.30am** The men's final. **4.00** ILT20 **5.30–6.00am** Rallying

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/HD 434

6.00am Reload **6.15** Around the Horn **6.45** Pardon the Interruption **7.15** Basketball **9.00** Champions League **9.30** ESPN FC **10.00** Gymnastics **1.00pm LIVE World Rally** **2.00** Around the Horn **2.30** PTI **3.00** T20 Super Smash Cricket **4.00 LIVE Basketball** Coverage of four US college games. **1.00am** 30 for 30 **3.00** Around the Horn: discussion **3.30** PTI **4.00–6.00am LIVE Australian Football** An A-League match.

Viaplay Sports

5.00pm LIVE Scottish Cup Football St Mirren v Celtic, the fifth-round match (kick-off **5.30**).

Amazon Prime

11.00am LIVE WTA Tennis Abu Dhabi Open, doubles semi-finals; **2.00pm** The singles semi-finals.

Sunday

ON THE CASE From left: Emun Elliott, Hugh Bonneville and Charlotte Spencer

DRAMA

The Gold *9.00pm* ***BBC1*** *Box set available from today via iPlayer*

NEW SERIES

With *Happy Valley* having ended last Sunday, viewers eager to fill the void with another smart, compelling drama could do a lot worse than *The Gold*. The six-part series is inspired by the real events of the 1983 Brink's-Mat robbery, when six criminals burst into a security depot expecting to find £1 million of foreign currency and instead stumbled across gold worth £26 million. The scale was staggering.

Following the flurry of the theft, weary DCI Brian Boyce (Hugh Bonneville) is drafted in to set up a task force, including no-nonsense officers Nicki Jennings (Charlotte Spencer) and Tony Brightwell (Emun Elliott). They must put the pieces together faster than the perpetrators can shift the bullion, but it's not just the known south London criminals they need to contend with. There are also the likes of seemingly respectable solicitor Edwyn Cooper (a pleasingly smooth and smarmy Dominic Cooper), who may well have his fingers in some very unsavoury pies...

FRANCES TAYLOR *See feature: page 18*

SPORT

Six Nations Rugby Union

2.15pm (k/o 3.00pm) ***ITV1***
Catch up via ITVX

England v Italy In 2017, the Six Nations implemented a new scoring system that put a spin on the sporting concept of a "must-win" game. In addition to the standard four points for a win and two for a draw, a team scoring four tries in a match received a bonus point, incentivising teams to stretch winning margins.

As a result, Italy, the lowest-ranked team in the tournament, became seen as a side against whom nothing but a bonus-point victory would do, and England will not only want to win today, but win well. However, as the Italians' win in Cardiff on the last day of 2022's championships showed, the Azzurri can be dangerous when underestimated. **MAX COPEMAN**

CRAFT

The Great Pottery Throw Down

7.45pm ***C4*** *Catch up via All 4*

It's hard not to love this show and the weekly life lessons to be found. One of the remaining magnificent seven competitors has an early accident, but ploughs on, earning herself an emotional "It's brilliant!" from judge Keith Brymer Jones at the end.

Tonight's main challenge is to make a table light featuring a continuous relief decoration of a favourite view. There are sprig-moulded buildings to depict Dungeness, and piping-bag basalt columns for the Giant's Causeway. Also cracks, droppages, a sudden collapse – and lots of tears.

But for all the drama, it's a very playful edition (the technical involves Venetian face masks), and the mutual support is a joy to see. Also, the word dunting is explained. **MARK BRAXTON**

DRAMA

Call the Midwife

8.00pm ***BBC1*** *Catch up via iPlayer*

Knowing how merciless *Call the Midwife's* writers can be when it comes to dispensing with the drama's main characters, there will be a sense of dread building during this episode as Sister Monica Joan's health takes a significant turn for the worse. Two questions will be uppermost in viewers' minds: "Surely they can't be contemplating killing her off?" and "Wouldn't we have heard if Judy Parfitt had decided to leave?"

Well, don't look to me for answers as I'm keeping mum. But with Poplar's society event of the year fast approaching – and yes, it's Trixie and Matthew's nuptials to which I refer – let's hope Nonnatus House's elder stateswoman can cling on for some wedding cake.

DAVID BROWN

HISTORY

Digging for Britain

8.00pm ***BBC2*** *Catch up via iPlayer*

LAST EPISODE

Another dig season comes to an end – and at the end of this episode there's a neat summary of all the biggest finds from the current series. Before that, however, the last excavation featured takes us to Edinburgh's Holyrood Park, where archaeologists are, for the very first time, being allowed to investigate some Iron Age hill forts, although quite how they can concentrate with those glorious 360° views around them, I don't know.

Elsewhere in this "northern" survey, there's a walled-up anchoress in York and a unique Neolithic salt works in North Yorkshire, while Alice Roberts learns how pigs helped uncover evidence of some of the very first visitors to Islay. **GILL CRAWFORD**

ALSO ON TODAY

The Warship: Tour of Duty
9.00pm ***BBC2***
In the South China Sea, HMS *Queen Elizabeth* launches helicopters to see off a threatening Chinese navy.

Dancing on Ice
6.25pm ***ITV1***
As the celebs perform routines inspired by music icons, who will impress judges Jayne Torvill and Christopher Dean (right)?

Strippers, Spies and Russian Money
10.00pm ***C4***
Dispatches investigates Russia's covert attempts to corrupt British politics and influence policy.

DRAMA

Vera

8.00pm ***ITV1*** *Catch up via ITVX*

I don't care what the workplace is, as soon as someone in a whodunnit describes it as "one big happy family", a red flag should be raised. Even when, as is the case in tonight's episode, it's a neighbouring squad room to Vera's own. She has turned up because a copper has been found dead, floating in a park lake. And as is soon revealed, in life he had beef with a fellow officer.

There's friction, too, for DCI Stanhope and her sidekick Aiden. He wants her to accept a medal for outstanding service, but she's got no time for such fripperies. It's a situation sure to put viewers in mind of David Jason's Jack Frost, who I seem to recall had similar issues back in the day. **DB**

FACTUAL

World's Most Dangerous Roads

8.00pm ***Dave*** *Full series available on UKTV Play from today*

As someone who claims not to like travel, foreign food or driving, Keith Lemon is possibly not the best companion to have sitting next to you when you're motoring across Albania. Yet for reasons best known to himself, Will Mellor has persuaded his mate to join him in the newest documentary about celebrity pairs embarking on road trips across the world.

Brace yourselves for a lot of shouting and swearing as they manoeuvre their truck along the ominously named Road of Crosses and drive across a fast-flowing river that's apparently on a regular commuter route. **JANE RACKHAM**

DOCUMENTARY

Guy Martin's Great British Power Trip

9.00pm ***C4*** *Full series available on All 4 from today*

NEW SERIES

With his finger hovering over the button to trigger the demolition of Eggborough power station, Guy Martin has a question. "We're knocking places like this down – how are we going to keep the lights on?" It's an increasingly urgent issue: how do we square the climate crisis with an energy crisis?

The awe at the sheer technical and logistical achievement of supplying this country's energy is palpable and understandable, but it also feels occasionally compromising. Still, it's a valuable survey and Martin's irrepressible enthusiasm alone could power a small town. **GABRIEL TATE**

FANTASTIC BEASTS
Stephen Fry explores the history of dinosaurs

DOCUMENTARY

Dinosaur with Stephen Fry *7.00pm* ***Channel 5*** *Catch up via My5*

NEW SERIES

How did a diplodocus defend itself from attackers? Could an allosaurus really unhinge its jaw like a snake? And just how big were dinosaur eggs? The answer to the last question in particular might surprise you...

In this new four-part series, Stephen Fry gets to indulge his boyhood love of dinosaurs, with tonight's opener packing him off to the jungles of the Jurassic era to encounter various CGI beasts. Sadly, the creatures in question are slightly disappointing, looking more like escapees from an ageing video game rather than top-drawer blockbuster dinos, but Fry's wryly amused presenting style and a steady stream of prehistoric factoids from visiting experts bring the show to life. Watching boffins test a theory about predator attack styles using a robot jaw and a watermelon is quite the sight. **CERI THOMAS**

LIVE SPORT

American Football: Super Bowl LVII
Philadelphia Eagles v Kansas City Chiefs
10pm ***Sky Sports NFL/ME****,*
10.45pm ***ITV1*** *(k/o 11.30pm)*
The Chiefs' Patrick Mahomes (above) is the current king of quarterbacks.

Six Nations Rugby Union
England v Italy
2.15pm (k/o 3pm) ***ITV1***
Twickenham action. *See page 58*

Premier League Football
Manchester City v Aston Villa
4.00pm (k/o 4.30pm) ***Sky Sports Premier League/ME***
Jack Grealish faces his old club.

FILM OF THE DAY

P Kursk: the Last Mission
★★★ 12
10.00pm (not N Ireland) ***BBC2***
The desperation and bravery of a stricken Russian submarine crew is at the heart of this claustrophobic, fact-based drama, with Colin Firth (above), Matthias Schoenaerts and Léa Seydoux among the strong cast. (2018)

FILM REVIEWS page 65

GETTY; ALLSTAR

SUNDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Tina Daheley, Ben Thompson. (S) (HD)

7.35 Match of the Day Shown yesterday 10.30pm (S) (HD)

9.00 Sunday with Laura Kuenssberg Interviews with key politicians and public figures. (S) (HD)

10.00 Politics England The latest reports. (S) (HD)

10.30 Sunday Morning Live Sean Fletcher and Holly Hamilton present topical debate. (S) (HD)

11.30 Homes under the Hammer Three very different properties in London and Wolverhampton. (R) (S) (AD) (HD)

12.15pm Bargain Hunt In Southwell. (R) (S) (AD) (HD)

1.00 BBC News Weather for the Week Ahead (S) (HD)

1.15 Songs of Praise Claire McCollum looks ahead to Valentine's Day by discovering the extraordinary 275-year history of love and marriage at Gretna Green. (S) (HD)

1.50 Escape to the Country An Essex couple look for a home in the Cotswolds. (Revised repeat) (S) (AD) (HD)

2.15 Chicken Run ★★★★ Animation with the voices of Julia Sawalha, Jane Horrocks and Mel Gibson. Available on iPlayer for 30 days. **Review page 65.** Directors Nick Park and Peter Lord (2000, U) (S) (AD) (W) (HD)

3.35 Young MasterChef *7/10.* A feast for £30.
4.05 *8/10.* An ice-cream task. First shown on BBC3 (S) (AD) (HD)

4.35–5.35 Serengeti III *4/6 Series 3.* **Dominion** Crocodile Magamba tries to keep her babies safe and Duma the cheetah struggles to make friends. All three series are available on iPlayer in UHD. (S) (AD) (HD)

BBC2

6.35am Countryfile Cornwall's tin and copper mining industry. Shown last Sun BBC1 Signed rpt tomorrow 12.40am (S) (HD)

7.30 Life in a Cottage Garden with Carol Klein The horticulturist creates colourful borders. (R) (S) (AD) (HD)

8.00 Weatherman Walking The Llŷn Peninsula. (S) (HD)

8.30 Around the World in 80 Gardens Exploring the history of the oriental garden in China. (R) (S) (AD) (HD)

9.30 Saturday Kitchen Best Bites Highlights. (S) (HD)

BBC RED BUTTON 9.45–11.15 Skiing The men's downhill in the Alpine World Ski Championships from Courchevel, France

11.00 Tom Kerridge's Fresh Start The families mark the end of the experiment at a picnic. (R) (S) (AD) (HD)

11.30 The Best Dishes Ever Food for children. (R) (S) (HD)

12 noon Odette ★★★ Second World War drama with Anna Neagle, Trevor Howard and Marius Goring. The French widow of an English soldier becomes a British spy. Available on iPlayer for 30 days. **Review page 65.** Director Herbert Wilcox (1950, PG) (BW) (S) (HD)

BBC SPORT ONLINE 1.00–5.00 Darts Live coverage of the World Senior Championships in Purfleet, at bbc.co.uk/sport

1.55pm Operation Crossbow ★★★ Second World War drama starring George Peppard and Sophia Loren. English, German +subtitles. Available on iPlayer for 30 days. Director Michael Anderson (1965, PG) (W) (HD)

BBC RED BUTTON 3.45–5.45 Basketball The women's EuroBasket qualifier between Great Britain and Portugal

3.50–4.20 Amanda and Alan's Italian Job *6/8* Designing the master bedroom. Shown last Fri BBC1 (S) (AD) (HD)

ITV1

6.00am CITV See page 64 **9.25 ITV News** (S) (HD)

9.30 Love Your Weekend with Alan Titchmarsh Alan meets Amanda Abbington and Claudie Blakley and takes the floor to try Regency dancing. (S) (HD)

11.30 James Martin's Saturday Morning James is joined by JLS star JB Gill. Shown yesterday 9.30am (S) (HD)

1.40pm Simply Raymond Blanc The chef shares a selection of recipes featuring cheese, including baked camembert. Signed repeat Wednesday 5.35am (R) (S) (AD) (HD)

2.05–2.15 ITV News Weather; Regional Weather (S) (HD)

Channel 4

6.00am 3rd Rock from the Sun Triple bill. (R) (S) (AD)

7.15 Everybody Loves Raymond (R) (S) (AD) (HD)

8.00 The Simpsons Three episodes. (R) (S) (AD)

9.30 Sunday Brunch With guests Jordan Banjo, Perri Kiely, Ceallach Spellman and Freya Ridings. (S) (HD)

12.30pm The Simpsons Double bill. (R) (S) (AD)

1.35 Kung Fu Panda ★★★ Animation with the voices of Jack Black and Dustin Hoffman. **Review p65.** Directors Mark Osborne, John Stevenson (2008, PG) (S) (AD) (W) (HD)

3.20–4.25 Scotland's Scenic Railways Featuring a ride on the stunning West Highland line. (R) (S) (AD) (HD)

BBC1 1

The Gold *9.00pm* DCI Brian Boyce must set up a police task force to investigate a gold bullion theft

5.35pm BBC News
Regional News; Weather (S) (HD)

6.00 Countryfile
Joe Crowley and Steve Brown are on the North Yorkshire coast in the village of Staithes to find out how the traditional fishing community is adapting for the future. Includes **Weather for the Week Ahead**.
Executive producer Bill Lyons; Series editor Jane Lomas (S) (HD)

7.00 Antiques Roadshow
The team travels to Portchester Castle in Hampshire where items include paintings by 20th-century Indian artists and a set of rare Battle of Britain medals.
Producers Daniel Hardy Hall and Katherine Arthy (R) (S) (HD)

8.00 Call the Midwife
RT *7/8 Series 12.* Poplar's housing crisis deepens, bringing a sad case to the attention of the team. A box set of previous series is on iPlayer. **See p58.**

Sister Julienne	**Jenny Agutter**	Imelda O'Connor	**Grainne Good**
Nurse Phyllis Crane	**Linda Bassett**	Rosemary Mason	**Hannah-Jane Fox**
Sister Monica Joan	**Judy Parfitt**	Arthur Mason	**Nick Harris**
Nurse Trixie Franklin	**Helen George**	Jean Mason	**Anja Cilia**
Nurse Shelagh Turner	**Laura Main**	Mr Boston	**Ross Gurney-Randall**
Dr Patrick Turner	**Stephen McGann**	Norman Clint	**Neil Bromley**
Fred Buckle	**Cliff Parisi**	Jonty Aylward	**Archie O'Callaghan**
Violet Buckle	**Annabelle Apsion**	Angela Turner	**Alice Brown**
Miss Millicent Higgins	**Georgie Glen**	May Tang	**April Rae Hoang**
Nurse Nancy Corrigan	**Megan Cusack**	Teddy Turner	**Edward Shaw**
Sister Veronica	**Rebecca Gethings**	Leon Chapman	**Spike White**
Cyril Robinson	**Zephryn Taitte**	Colette Corrigan	**Francesca Fullilove**
Matthew Aylward	**Olly Rix**	Voice of mature Jennifer Worth	
Maurice O'Connor	**Niall McNamee**		**Vanessa Redgrave**

Writer Lisa Holdsworth; Producer Ann Tricklebank
Director Ruth Platt (S) (AD) (HD)

9.00 The Gold
RT ***New series. 1/6.*** **To Be a King.** Drama based on a true story, starring Hugh Bonneville and Jack Lowden. London, 1983: six armed men steal £26 million worth of gold bullion from the Brink's-Mat security depot and set about trying to dispose of it. DCI Brian Boyce takes charge of the investigation that will eventually change policing in Britain for ever. The whole series will be available on iPlayer in UHD after this episode is shown. **See p58.**

DCI Brian Boyce	**Hugh Bonneville**	CS Cath Mclean	**Amanda Drew**
Kenny Noye	**Jack Lowden**	Henry	**Richard Durden**
Edwyn Cooper	**Dominic Cooper**	DI Tony Brightwell	**Emun Elliott**
Nicki Jennings	**Charlotte Spencer**	DCI John Fordham	**Hadley Fraser**
John Palmer	**Tom Cullen**	DI Neville Carter	**Sean Gilder**
Gordon Parry	**Sean Harris**	Freddie Hook	**Kieron Jecchinis**
Micky McAvoy	**Adam Nagaitis**	Jackie McAvoy	**Lily Knight**
Robert Wright	**Josef Altin**	Kathleen Meacock	**Sophia La Porta**
Mary	**Miranda Bell**	Garth Chappell	**Robin Laing**
Isabelle Cooper	**Ruth Bradley**	Marnie Palmer	**Stefanie Martini**
Brenda Noye	**Nichola Burley**	Ralph Turner	**Tom Meeten**
Assistant Commissioner Gordon Stewart	**Peter Davison**	Jack	**George Russo**
		Charlie Miller	**Sam Spruell**
AI (Assay Inspector)	**Anil Desai**	Brian Robinson	**Frankie Wilson**

Writer Neil Forsyth; Producer Charlie Leech
Director Aneil Karia (S) (AD) (HD)

See feature: page 18

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Match of the Day 2
Including Leeds v Manchester United and Manchester City v Aston Villa. Presented by Mark Chapman.
Producer Tim Bennett; Editor Andy Fraser (S) (HD)

11.30 The Women's Football Show
Super League highlights, including Manchester City v Arsenal and Tottenham Hotspur v Manchester United.
Producer Emily Jamieson; Executive producer Ali Wood (S) (HD)

12.10am Before I Go to Sleep ★★★★ Mystery thriller starring Nicole Kidman and Colin Firth. A woman who wakes up every morning with memory loss begins to question everything she is told about what happened to her. **Review page 65.** Director Rowan Joffe (2014, 15) (S) (W) (HD)

1.35 Weather for the Week Ahead (S) (HD)
1.40–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Digging for Britain *8.00pm* Alice Roberts joins archaeologists in Edinburgh's Holyrood Park

4.20pm Italy's Invisible Cities
Alexander Armstrong and Dr Michael Scott uncover the hidden history of Naples, from its earliest origins.
Series director/producer Harvey Lilley (R) (S) (HD)

5.20 Flog It!
Valuing collectables in Newcastle upon Tyne. (R) (S) (HD)

6.00 Six Nations Special
Ugo Monye introduces highlights of Ireland v France at Aviva Stadium, Scotland v Wales at Murrayfield and England v Italy at Twickenham. (S) (HD)

7.00 Ski Sunday
Ep 6. Highlights from the Alpine World Championships in France, featuring the men's and women's downhill event. And British former slopestyle world champion James Woods explores life in the Austrian wilderness.
Series producer John Nicholson (S) (HD)

BBC SPORT ONLINE 7.00–11.00 Darts Live coverage of the World Senior Championships in Purfleet, at bbc.co.uk/sport

8.00 Digging for Britain
RT *6/6 Series 10.* **Ice Age Camp and Saint with Syphilis.** Reports from northern England and Scotland, beginning on Islay in the Inner Hebrides, where evidence of a hunter-gatherer's camp occupied almost as far back as the last Ice Age has been found. In York, a skeleton discovered a decade ago is now thought to be the remains of a 16th-century anchoress who was suffering from a host of diseases including tertiary syphilis. Meanwhile, near Whitby, presenter Alice Roberts joins archaeologists who've found remnants of perhaps the earliest salt-refining factory in Britain, dating back 6,000 years. **See p58.**
Producer Denis Minihan; Series producer Theo Williams
Repeated Friday 12.30am (S) (AD) (HD)

9.00 The Warship: Tour of Duty
4/6. Sailing past Singapore and Hong Kong, the *Queen Elizabeth* has become a floating prison, thanks to the Covid-19 outbreak. Dedicated supply ships do their best to keep her topped up with food, fuel and ammunition in the face of high winds and heavy seas. As the vessel and her escorting destroyers and frigates enter the contested and potentially dangerous waters of the South China Sea, the Chinese navy reacts by probing the *Queen Elizabeth* with submarines and surface warships.
Director Chris Terrill; Executive producers Alan Clements and Christine Hall Repeated Thursday 11.15pm (S) (AD) (HD)

10.00 Kursk: the Last Mission ★★★
P Disaster drama based on a true story. A British commodore offers to assist when the Russian submarine *Kursk* sinks to bottom of the sea. But with oxygen fast running out for the crew, the Russian command drag their feet on accepting help. Available on iPlayer for 12 months. **Film of the Day: page 65.**

Captain Mikhail Averin	**Matthias Schoenaerts**	Admiral Vyacheslav Grudzinsky	**Peter Simonischek**
Tanya Averina	**Léa Seydoux**	Anton Markov	**August Diehl**
Commodore David Russell	**Colin Firth**	Admiral Vladimir Petrenko	**Max von Sydow**

Director Thomas Vinterberg (2018, 12) (S) (W) (HD)

11.50 The Man Who Knew Infinity ★★★
Biographical drama starring Dev Patel. In the early 20th century, Madras labourer Srinivasa Ramanujan is sent off to Cambridge where he studies under the renowned GH Hardy, who initially struggles to understand the prejudice faced by Ramanujan. Available on iPlayer for 30 days. **Review page 65.**
Director Matthew Brown (2015, 12) (S) (W) (HD)
Also showing Thursday 11pm BBC4

1.30–3.30am Sign Zone 1.30 Question Time Fiona Bruce hosts the political debate. Shown last Thursday BBC1 (S) (HD)
2.30 Waterloo Road *6/7.* Preston finds himself seeking emotional support. Shown last Tuesday BBC1 (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Vera *8.00pm*
When the body of a police officer is found in a lake, DCI Stanhope has to find answers

2.15pm Six Nations
RT **England v Italy**
Mark Pougatch introduces live coverage from Twickenham (kick-off **3.00**).
England continue their Six Nations campaign under new coach Steve Borthwick, as they face the *Azzurri* at Twickenham. Kieran Crowley's men will be desperate to avoid a repeat of last season's meeting, when they failed to register a single point in a 33–0 drubbing in Rome.
Commentary from Nick Mullins, Ben Kay and David Flatman. **See page 58.**
Editor Phil Heslop (S) (HD)
Sport: page 39

5.30 You've Been Framed!
Harry Hill narrates another batch of mishaps and misadventures captured by viewers.
Series producer Chris Thornton (R) (S) (HD)

6.00 ITV News
Weather; Regional News and Weather (S) (HD)

6.25 Dancing on Ice
5/9. The seven remaining celebrities and their professional skating partners step on to the ice to perform routines inspired by musical icons, while judges Jayne Torvill, Christopher Dean, Ashley Banjo and Oti Mabuse give their verdict. Phillip Schofield and Holly Willoughby present.
Series director Julia Knowles
Series producer Richard Berkshire (S) (HD)

8.00 Vera
RT ***5/6. Blue.*** When the body of PC Joel Kingston is discovered floating in a lake, DCI Stanhope finds herself investigating both sides of the thin blue line in order to find out who killed a "copper's copper". **See page 59.**

DCI Vera Stanhope	**Brenda Blethyn**	Shane Kingston	**Billy Gunnion**
DS Aiden Healy	**Kenny Doughty**	Deb Kingston	**Lizzie Hopley**
DC Kenny Lockhart	**Jon Morrison**	Ria Leggate	**Jesse Akele**
DC Jacqueline Williams	**Ibinabo Jack**	Kyle Marks	**Connor Crawford**
DC Mark Edwards	**Riley Jones**	Gary Sickert	**Ellis Eyers**
Dr Paula Bennett		Dean Lennon	**Kem Hassan**
	Sarah Kameela Impey	Lisa Hendrix	**Emily Dowson**
Phil Kingston	**Matthew Marsh**	Leanne Waller	**Nicola Alexis**
Gerry Farr	**Gary Mavers**	Joel Kingston	**Wolfe Miller**
Naz Singh	**Nikita Mehta**	Irene Francis	**Su Elliott**
Jim McDonnagh	**Bill Blackwood**	Joanne Sickert	**Rebecca Bowser**

Writer Paul Logue; Producer Debbie Shewell
Director Khurrum M Sultan (S) (AD) (HD)

10.00 ITV News
Weather; Regional Weather (S) (HD)

10.15 Bradley & Barney Walsh: Breaking Dad
6/7. In Costa Rica, the boys attempt to scale a 132ft tree and go head to head in a kayak slalom time trial. Continues Tuesday 9pm.
Shown last Tuesday (S) (AD) (HD)

10.45 Super Bowl LVII
Philadelphia Eagles v Kansas City Chiefs
Laura Woods presents live coverage from the State Farm Stadium, Arizona (kick-off **11.30**).
The NFL season reaches a thrilling conclusion with a showpiece game that pits Kansas City's in-form quarterback Patrick Mahomes against his youthful Eagles counterpart Jalen Hurts. Between the action, there'll be a spectacular half-time show from R&B superstar Rihanna.
Jason Bell and two-time Super Bowl winner Osi Umenyiora provide expert analysis. (S) (HD)
4.00am Unwind Relaxing scenes. (S) (HD)
5.05–6.00am Grand Slam Years Ireland's 2018 Six Nations campaign recalled. (R) (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 7 in Wales

Guy Martin's Great British Power Trip *9.00pm*
The mechanic sets out to learn how our energy is made

4.25pm Matt Baker: Our Farm in the Dales
3/6 *Series 2.* The Baker family await the arrival of the first generation of their Herdwick lambs.
Director Matt Baker; Series producer Charlie Bullock (R) (S) (AD) (HD)

5.30 Channel 4 News Sport; Weather (S) (HD)

6.00 The Andrew Neil Show
Political discussion programme.
Director Martin Collett; Producer Scarlett Maguire (S) (HD)

6.45 World's Most Secret Hotels
3/6. This episode explores a hotel at the John F Kennedy International Airport in New York, a hideaway in a snow-capped forest in Finnish Lapland, and accommodation in a collection of globes on Vancouver Island. Plus a dairy in Aberdeenshire that has been transformed into a unique cabin. The whole series is on All 4.
Repeated Thursday 7pm 4seven (S) (AD) (HD)
RT TRAVEL A choice of three Nordic holidays: Helsinki (plus Baltic cities Tallinn and Riga); Iceland; and Stockholm and Copenhagen: p148

7.45 The Great Pottery Throw Down
RT ***Ep 6.*** It's an illuminating week as the potters make a table light featuring a continuous, embossed scene. In the second challenge, fashion and lifestyle designer Henry Holland tests their design skills. Who will be named potter of the week, and who will be heading home? **See p58.**
Series director Mark Drake; Series producer Jennifer Morrison
Repeated tomorrow 9pm 4seven, Tuesday 3.25am Channel 4 with signing and Friday 7.45pm More4 (S) (AD) (HD)

9.00 Guy Martin's Great British Power Trip
RT ***New series. 1/3.*** Guy investigates how the nation makes its power and why it costs so much, as he looks at the past, present and future of the energy production process. The mechanic visits Drax power station in North Yorkshire to see how wood pellets are turned into electricity. Later, he tries his hand at being an electrical grid linesman, before helping a team demolish a coal-burning power station. The whole series will be on All 4 after this episode. **See page 59.**
Director James Woodroffe; Producer Amy Roff
Repeated Tuesday 10pm 4seven (S) (AD) (HD)

10.00 Strippers, Spies and Russian Money
This *Dispatches* investigation examines the remarkable story of Russia's covert attempts to corrupt British politics, influence government policy and undermine our democracy in the years before the invasion of Ukraine.
Directors/Producers Claire Burnett and Simon Rawles (S) (AD) (HD)

11.00 The Girl on the Train ★★★
Mystery thriller based on the bestselling novel. Rachel Watson becomes curious about an attractive couple she sees on her morning commute to work. Her interest soon develops into an obsession when the woman is declared missing. **Review page 65.**

Rachel Watson	**Emily Blunt**	Tom Watson	**Justin Theroux**
Anna Watson	**Rebecca Ferguson**	Scott Hipwell	**Luke Evans**
Megan Hipwell	**Haley Bennett**	Detective Riley	**Allison Janney**

Director Tate Taylor (2016, 15) (S) (W) (HD)
1.05am A Hidden Life ★★★★ Wartime drama based on a true story, starring August Diehl and Valerie Pachner. During the Second World War, a rural Austrian farmer faces persecution when he refuses to pledge allegiance to Hitler. Available on All 4 for 7 days.
Director Terrence Malick (2019, 12) (S) (W) (HD)
4.00–6.10am Come Dine with Me Five dinner parties from in and around Newcastle. (R) (S) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 24 in Scotland

New Generation Artists Presents *8.45pm*
Georgia Mann hosts a classical music showcase

7.00pm Come Dancing
Terry Wogan presents the final of the 1979 amateur dance contest, between North West, Midlands and West, at the Guildhall, Southampton. Ray Moore provides the commentary.
Series producer Ken Griffin (R) (S)

7.45 Paul Tortelier at the BBC
Petroc Trelawny delves into the BBC film archive for footage of one of the best-loved classical stars – charismatic French cellist Paul Tortelier.
Director/Producer Andy King-Dabbs (R) (S) (HD)

8.45 New Generation Artists Presents
Broadcaster Georgia Mann introduces a showcase of BBC Radio 3 New Generation Artists, featuring German pianist Elisabeth Brauss, Scottish guitarist Sean Shibe, the Frankfurt-based Aris Quartet, Indian-American pianist Kunal Lahiry and British soprano Ruby Hughes. (S) (HD)

9.45 The Wedding
1/2. A series of monologues from guests at a wedding in Scotland between two people of African-Caribbean heritage. Charles is put out at being the second-best man, bartender Tem reflects on her own Scottishness as a young woman raised in Nigeria and Uncle GG hopes to regain his dignity through one final bet.
First shown on BBC1 Scotland (S) (HD)
10.15 ***2/2.*** Amber reflects on her heritage, estranged sister Mary tries to conjure up some confidence and the groom's mother recalls her concerns when arriving in Scotland

Second-best man	**Brian James Leys**
Bartender	**Lola Aluko**
Gambling uncle	**Bruce Fummey**
Teen daughter	**Nandi Hudson**
Estranged sister	**Moyo Akande**
African mother	**Michelle Chantelle Hopewell**

First shown on BBC Scotland (S) (HD)

10.45 Byzantium: a Tale of Three Cities
2/3. **Constantinople.** Simon Sebag Montefiore explores modern Istanbul in search of evidence of the last centuries of Christian Constantinople. There's also a look at how the Ottomans seized control of the city after the epic siege of 1453.
Director/Producer Jack MacInnes
Repeated Tuesday 2am (R) (S) (AD) (HD)

11.45 Michael Palin's New Europe
5/7. **Baltic Summer.** Michael learns how three tiny Baltic nations shook themselves free of their neighbour and oppressor, the Soviet Union.
Shown last Wednesday (S) (AD) (HD)
12.45am Opera Italia ***2/3.*** Antonio Pappano focuses on Verdi, whose works are the backbone of the opera scene. (R) (S) (HD)
1.45 Princess Margaret: the Rebel Royal ***2/2.*** The Princess and Antony Armstrong-Jones are caught up in the social whirl of the Swinging Sixties. Shown last Thu (S) (AD) (HD)
2.45–3.45am Arctic with Bruce Parry ***5/5.*** The adventurer's journey concludes in Norway. Shown yesterday 7pm (S) (SL) (AD) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

SUNDAY Television

BBC1 SCOTLAND
10.00–10.30am The Sunday Show **11.30pm** Sportscene: Scottish Cup Highlights **12.30am** The Women's Football Show **1.10 FILM:** Before I Go to Sleep **2.35** Weather for the Week Ahead **2.40–6.00** News

BBC SCOTLAND
7.00pm The Seven **7.15** Sportscene: Scottish Cup Highlights **8.15** Rewind 1990s **8.30** Return to Uist **9.00** Still Game **9.30** Life on the Bay **10.00** Darren McGarvey's Class Wars **11.00–12 midnight** Seven Days

STV
4.00–5.05am Night Vision

BBC1 WALES
10.00–10.30am Politics Wales **1.50pm** Wanted Down Under **2.35** Young MasterChef: double bill **3.35–4.35** Slammed: the Seventies: expectation levels are at an all-time high when the Welsh players return home

BBC2 WALES
6.00–7.00pm Scrum V Six Nations Special: including action from Scotland v Wales

BBC1 NORTHERN IRELAND
10.00–10.30am Sunday Politics Northern Ireland: with Mark Carruthers

BBC2 NORTHERN IRELAND
5.20pm Suzie Lee: Home Cook Hero: the ultimate roast chicken dinner **5.30–6.00** Food Fest Northern Ireland: Colin Murray and Edith Bowman visit St George's Market, Belfast **10.00** Music City Connections: the Ulster Orchestra and Guests: Dana Masters presents the Ulster Orchestra in concert **10.30** The Secret Artists: five artists hope their work is selected for the RUA Exhibition 2022 **11.20–11.50** Sunday Politics Northern Ireland

Channel 5 listings are overleaf

SUNDAY Freeview

Channel 5 [5]

Dinosaur with Stephen Fry *7.00pm* Stephen visits the Jurassic period

5.40am Milkshake! See page 64
10.00 *New.* The Smurfs Chef walks out in a huff and ends up cooking for the Ogre. (S) (HD)
10.15 SpongeBob SquarePants Patrick suddenly grows a beard. (S) (HD)
10.30 Entertainment News (S) (HD)
10.35 *New.* NFL End Zone Action from the latest matches in the NFL. (S) (HD)
11.05 Friends *Series 5.* The pals make their New Year's resolutions.
11.35 Chandler's behaviour annoys Monica.
12.05pm Phoebe meets her biological father for the first time. (S) (AD) (HD)
12.35 A Bundle of Trouble: an Aurora Teagarden Mystery Whodunnit starring Candace Cameron Bure. The librarian is drawn into a deadly investigation. (S) (HD)
2.20 The Ghost of Greville Lodge ★★ Supernatural mystery starring George Cole and Prunella Scales. Inquisitive teenage orphan James is invited to stay at his uncle's country mansion. Director Niall Johnson (2000, PG) (S) (W) (HD)
4.15 Agatha and the Midnight Murders Mystery starring Helen Baxendale and Blake Harrison. As bombs fall on London during the Blitz, writer Agatha Christie decides it is time to kill off Hercule Poirot. (S) (HD)
6.00 5 News (S) (HD)
6.05pm Draining Loch Ness: in Search of the Monster Military-grade scanning and sonar technology are used to explore the depths of Scotland's famous loch. Series producer Savas Georgalis (S) (HD)
7.00 *New series.* Dinosaur with Stephen Fry RT *1/4.* **Dawn of the Dinosaurs** The actor is transported back in time to chart the 180-million-year story of the prehistoric creatures. Tonight he encounters a diplodocus, alongside expert Susie Maidment. **See page 59**. Series director David Lee (S) (HD)
8.00 *New.* 22 Kids and Counting *6/10 Series 3.* With the energy crisis hitting the Radford household, Max comes up with some energy saving tips. Director/Producer Alex Ash (S) (HD)
9.00 *New.* The Cruise: Welcome Aboard! *2/12 Series 2.* The crew gears up for a production of *Scarlet Night*, but missing dancers threaten to derail the show. Directors Adam Al-Samarae, Molly Fraser and Harriet Leaf (S) (HD)
10.00 Bargain-Loving Brits in the Sun Yorkshire lads and cousins John and Jamie head to Fuengirola market. (S) (HD)
10.55 Most Shocking Celebrity Moments Memorable incidents involving A-listers. Director Tom Hopgood (S) (HD)
1.00am *New.* Casino (S) (HD) **3.00** Entertainment News (S) (HD) **3.05** The Yorkshire Steam Railway: All Aboard (S) (HD) **3.55** Britain's Greatest Bridges (S) (SL) (HD) **4.40** Great Artists (S) (SL) **5.10–5.35am** House Doctor (S) (SL)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

Bad Education *10.00pm* Mitchell has been thrown out by his girlfriend

7.00pm Gassed Up *6/6.* Rapper Mist takes on Spencer Matthews in a high-altitude challenge. The whole series is on iPlayer. (S) (HD)
7.45 *New.* Top Gear America *11/11.* **Poster Cars.** Things get heated when Jethro gives Dax a run for the money. (S) (HD)
8.20 Zen Motoring *2/6.* Ogmios meets an unexpected guest. **8.35** *3/6.* Ogmios tests out a prototype. **8.45** *6/6.* Ogmios navigates his way through nature. The whole series is on iPlayer. More tomorrow 7pm. (S) (HD)
9.00 Him and Her *5/6 Series 1.* Steve is terrified about meeting Becky's parents. (S) (AD) (HD) **9.30** *6/6.* Steve argues with Becky. A box set is on iPlayer. (S) (AD) (HD)
10.00 *New.* Bad Education *5/6 Series 4.* **Glow Up.** Class K and Stephen give Mitchell a makeover. All four series are available on iPlayer. Repeated tomorrow 10.45pm For cast see the repeat on Tuesday BBC1 (S) (AD) (HD)
10.30 *New.* Search Party *3/10 Series 2.* **Paralysis.** The friends try to readjust to life after murder. (S) (HD) **10.55 *New.*** *4/10.* **Suspicion.** Darkness descends on the friends. (S) (HD)
11.15 Bad Influencer: the Great Insta Con The story of Belle Gibson. (S) (AD) (HD)
12 midnight as 10pm **12.30am** Charlotte in Sunderland (S) (HD) **1.30** Dubai Hustle (S) (HD) **2.30** Him and Her (S) (SL) (AD) (HD) **3.30–4.00am** Bad Education (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am Totally Bonkers Guinness World Records (S) (HD) **6.35** Secret Crush (S) (HD) **9.30** Dress to Impress (S) (AD) (HD) **11.35** The Masked Singer Shown Sat 7pm ITV (S) (AD) (HD)
1.05pm Celebrity Catchphrase (S) (AD) (HD) **2.05** In for a Penny (S) (AD) (HD) **2.30 FILM** Goosebumps 2: Haunted Halloween ★★ Comedy horror adventure starring Wendy McLendon-Covey. Three teens fight to save their town from an evil ventriloquist's dummy (S) (AD) (W) (HD) **4.20** Madly Madagascar: animation (S) (HD) **4.45 FILM** The Smurfs ★★ Part-animated comedy adventure with Neil Patrick Harris. The blue sprites go on the run in New York City (S) (AD) (W) (HD)
6.50pm FILM Back to the Future Part II ★★★ Sequel to the time-travelling comedy adventure, starring Michael J Fox and Christopher Lloyd. Marty McFly is whisked forward to 2015, along with his girlfriend Jennifer, by "Doc" Brown. Marty's mission this time is to prevent a crime involving his teenage son before he disgraces the whole of the McFly family. (S) (AD) (W) (HD)
9.00 *New.* Love Island Week five gets under way. Maya Jama presents. (S) (HD)
10.00 *New.* Love Island: Aftersun All the latest *Love Island* news and gossip. (S) (HD)
11.05 Family Guy *Series 16.* Brian begins spying on his neighbours and suspects Principal Shepherd of a crime. (S) (AD) (HD)
11.35 Peter's new friendship with a paramedic boosts his self-esteem, prompting him to dump his old pals. (S) (AD) (HD)
12.05am American Dad! (S) (AD) **1.05** The Sex Lives of College Girls (S) (HD) **1.40** All American (S) (HD) **2.35–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Grantchester *10.00pm* DI Keating (Robson Green) meets the new vicar

6.00am On the Buses (S) **6.40** Emmerdale: omnibus Repeated 3.25am (S) (SL) (AD) (HD) **9.30** On the Buses (S) **10.00** Doc Martin: *5/9 Series 2. Always on My Mind.* The medic is accused of murder; **11.05** *6/9. The Family Way* The doctor's parents come to stay (S) (AD)
12.10pm Agatha Christie's Poirot: *Four and Twenty Blackbirds.* A restaurant customer's change of diet intrigues Poirot; **1.20** *One, Two, Buckle My Shoe.* The sleuth's dentist is found dead; **3.40** *Hickory Dickory Dock* A killer strikes at a student hostel (S) (AD) (HD)
6.00pm Rosemary & Thyme *5/8 Series 2.* **The Gongoozlers.** The green-fingered sleuths look into a case of sabotage when Rosemary is hospitalised while standing in for the star of a garden makeover TV show. Guest starring Belinda Lang. (S) **7.00** *6/8.* **The Italian Rapscallion.** The gardening detectives investigate when a woman in their party is mysteriously killed during a tour on Italy's Ligurian coast. (S)
8.00 Long Lost Family *3/7 Series 9.* Singer/songwriter KT Tunstall tries to find her birth father, and siblings Simon Munro and Carole Killick search for the mother they were separated from in the 1960s. (S) (AD) (HD)
9.00 Joanna Lumley's Silk Road Adventure *3/4.* **Iran.** Joanna travels to the Islamic Republic of Iran, where she meets people eager to share the culture and innovations of the Persian civilisation. (S) (AD) (HD)
10.00 Grantchester *1/6 Series 1.* The cleric's first case finds him presiding over the funeral of a solicitor, who is believed to have taken his own life. James Norton stars. (S) (AD) (HD) **11.00** *2/6.* Sidney agrees to attend Amanda's engagement dinner, where tensions run high. Continues tomorrow 10pm. (S) (AD) (HD)
12.05am Upstairs, Downstairs (S) **2.15** On the Buses (S) **3.25** Emmerdale Shown 6.40am (S) (SL) (AD) (HD) **5.50–6.00am** Unwind (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am *New.* Motorsport Mundial (S) (HD) **6.25 *New.*** Auto Mundial (S) (HD) **6.55 *New.*** Extreme E: Electric Odyssey (S) (HD) **7.25** Made in Britain (S) (AD) (HD) **7.55** The NFL Show (S) (HD) **9.00** EFL Highlights (S) (HD) **11.00** Made in Britain (S) (AD) (HD) **11.30 FILM** The War Wagon ★★★ Western starring John Wayne and Kirk Douglas. **Review page 55** (S) (AD) (W) (HD)
1.35pm FILM The Alamo ★★★★ Historical western starring John Wayne (S) (AD) (W) (HD) **4.50** NFL: America's Game (S) (AD) (HD)
6.50pm FILM Guns of the Magnificent Seven ★★ Second sequel to the classic western, starring George Kennedy as the leader of seven mercenaries who are recruited in an attempt to free a Mexican rebel leader, imprisoned by the government for helping oppressed peasants. (S) (W) (HD)
9.00 FILM The Green Mile ★★★ Fantasy prison drama starring Tom Hanks. Retired warder Paul Edgecomb remembers his time in charge of death-row inmates in a Louisiana penitentiary. **Review p65.** (S) (AD) (W) (HD)
12.40am Giant Lobster Hunters (S) (HD) **2.45–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

McMafia *10.00pm* Alex (James Norton) is facing a struggle for survival

7.15am Birds of a Feather: *5/7 Series 1.* Dorien invites Tracey to a posh event; **7.45** *6/7* Tracey takes a shine to a footballer (S) **8.20** The Bill: Bradford tries to seduce Young's fiancé; **9.20** New arrival DS Phil Hunter raises eyebrows at Sun Hill; **10.20** Stamp struggles to rebuild his life; **11.20** Chandler pressures McAllister to have an abortion
12.20pm Miss Marple *Sleeping Murder* A newlywed sees disturbing visions of a strangled corpse in the hallway of her dream home (S) (AD) **2.20** Catherine Cookson's A Dinner of Herbs: a herbalist takes an 11-year-old orphan under her wing (S) **5.25** Call the Midwife: *3/8 Series 2.* Jenny is seconded to the London Hospital (S) (AD) (HD)
6.45pm Atlantic Crossing *5/8.* **Empty Promises.** Martha uses dinner table tactics to help Norway, but she soon finds herself at odds with the US President. Shown yesterday 9pm (S) (HD)
8.00 Inspector Alleyn Mysteries *1/6 Series 1.* **Artists in Crime.** The murder of a model at a summer school for artists leads Inspector Alleyn to encounter a painter he met during his holiday. (S)
10.00 McMafia *1/8.* Thriller inspired by Misha Glenny's book of the same name, starring James Norton. Alex has spent his life trying to escape the shadow of his family's criminal past. But when that past catches up with those he loves, he finds himself engaged in a struggle for survival and revenge. (AD) (HD)
11.20 The Inspector Lynley Mysteries *3/4 Series 3.* When the body of a woman is found, all evidence points to suicide – but Havers is adamant foul play has occurred. Paired once more with Lynley, she sets out to uncover the mysteries surrounding the victim. (S)
1.10am New Tricks: *2/8 Series 2.* The team re-examines an assault case that left the victim in a coma, uncovering a possible link with a private detective's disappearance (S) **2.25–4.00am** Leonardo *1/8.* Leonardo is arrested for poisoning (AD) (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am Be Beautiful: makeovers (S) (AD) (HD) **7.10** Little Women: LA (S) (HD) **8.00** Making It Home with Kortney and Dave (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** Making It Home with Kortney and Dave (S) (HD) **1.20** The Real Housewives of New Jersey: five editions of the series (S) (HD)
6.00pm *New.* Great Chocolate Showdown The eight home bakers take a journey to the world of galaxy mirror glaze. (S) (HD) **7.00 *New.*** The bakers learn how to incorporate a rainbow of colour into their desserts. (S) (HD) **8.00 Gino's Italian Express** Gino travels into Italy through the Alps. (S) (AD) (HD) **8.30** Gino's next journey takes him through the Tuscan countryside. (S) (AD) (HD) **9.00 Botched** A countdown of the top dozen most obsessed patients. (S) (HD) **10.00** J-sized breasts bring a woman from across the Atlantic for treatment. (S) (AD) (HD) **11.00 Don't Be Tardy** The Biermanns's journey finally reaches its climax. (S) (HD) **11.30** The Biermanns reflect. (S) (HD)
12 midnight The Real Housewives of Atlanta (S) (HD) **12.50–1.00am** Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RadioTimes.com Keep up with the very latest TV schedule updates at **radiotimes.com/tv-listings**

More4 18

Rescue: Extreme Medics *10.00pm* Andrew has suffered a head injury

8.55am George Clarke's Amazing Spaces (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home: an 18th-century pub (AD)
12 noon Come Dine with Me (AD) **2.40pm** Four in a Bed: five back-to back editions
5.25pm Come Dine with Me Five dinner parties in Glasgow, featuring edible glitter, practical jokes, a disastrous dessert, piano playing and a 1970s-themed disco evening. (AD)
8.00 Emergency Helicopter Medics A mountain biker has a bad fall in a remote part of a forest, a four-year-old needs strong pain relief when he breaks his thigh bone and a farmer fractures a replacement hip. (AD)
9.00 24 Hours in A&E Doctors run tests on 89-year-old Alyce, who has been brought to King's by ambulance after falling near her home, while 23-year-old Sean is examined following an epileptic seizure. (AD)
10.00 Rescue: Extreme Medics Medics in Glasgow rush to the scene of a 55-year-old farmer who has suffered a serious head injury. In Fort William, a 35-year-old man has broken his leg during a football match. (AD)
11.05 Emergency Helicopter Medics In Oxfordshire, cyclist Matt suffers life-threatening injuries after a collision with a car, while in Cumbria, heli-medics fly to help Caroline, who has come off a motorbike. (AD)
12.10am 24 Hours in A&E (AD) **1.15** Emergency Helicopter Medics (AD) **2.20** Rescue: Extreme Medics (AD) **3.25–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 **Virgin** 147
+1 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

6.00am Hollyoaks Omnibus (AD) **8.25** Rude(ish) Tube **8.50** Ramsay's Hotel Hell (AD)
12.50pm The Big Bang Theory: nine episodes (AD) **5.20** ***New.*** Lego Masters Australia: the seven remaining teams are challenged to build tiny dragons that are small enough to be carried on a drone
7.00pm FILM Evolution ★★★ Sci-fi action comedy starring David Duchovny and Julianne Moore. When scientists Ira Kane and Harry Block find a crashed meteorite in the Arizona desert, they are able to extract a slimy blue fluid from it. But the bizarre substance contains alien organisms that are capable of evolving at an unprecedented rate, and this has consequences for the survival of Earth itself.
9.00 FILM Mission: Impossible – Fallout ★★★★★ Action spy thriller starring Tom Cruise, Rebecca Ferguson and Henry Cavill. Ethan Hunt is sent to Berlin to buy three stolen plutonium cores before a terrorist group can get hold of them. But after a hostage crisis leads to the failure of the mission, Hunt is targeted by a CIA assassin who could derail the IMF for good. (AD)
11.55 Gogglebox Reactions to shows from March 2018, including *Sport Relief*, *Top Gear*, *Bodyguard* and *Come Home*. (AD)
1.00am Naked Attraction (AD) **2.05** Summer House **3.50–6.00am** Hollyoaks: omnibus (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 **Virgin** 106
+1 **Freeview** 30 **Freesat** 123 **Sky** 235 **Virgin** 146
E4 Extra **Freeview** 31 **Freesat** 181 **Sky** 138 **Virgin** 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Fantasy Homes by the Sea **10.00** A Place in the Sun **3.00pm** The Hotel Inspector (AD) **4.00** Antiques Road Trip: triple bill **7.00** The Edinburgh Auction House: a Persian rug surprises everyone on auction day **8.00** The Repair Shop **9.00** The Bad Skin Clinic **10.00** Faking It: Jimmy Savile **11.00** Help! My House Is Haunted
12 midnight Ghost Hunters **1.00am** Ghost Brothers: Lights Out **2.00** Home Shopping **4.00–6.00am** Fantasy Homes by the Sea

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Bruce Springsteen: Live at the Paramount *9.00pm* A 2009 concert

6.00am Arts Uncovered **6.10** Kipps: the New Half a Sixpence Musical **8.30** Tales of the Unexpected **11.00** Alfred Hitchcock Presents
12 noon Landscape Artist of the Year (AD) **1.00pm** Gil Scott-Heron – Pieces of a Man **2.00** The Directors **3.00** Joe Bonamassa: British Blues Explosion **5.15 FILM** The Life of Riley ★★★★ Documentary recounting the life story of bluesman BB King (W)
7.00pm The Agatha Christie Hour A man dominated by his fiancee buys a sports car and becomes involved in a jewel heist. (AD)
8.00 Alfred Hitchcock Presents Frank Partridge plots to cheat a life insurance company by having his wife declared dead.
8.30 A woman's mother goes missing from their hotel room, and all the hotel's employees deny the two were ever there.
9.00 Bruce Springsteen: Live at the Paramount A 2009 concert by the American singer/songwriter and the E Street Band.
10.15 Tom Petty: Damn the Torpedoes The making of *Damn the Torpedoes* by Tom Petty and the Heartbreakers. Released in 1979, it was recorded in secrecy as the band fought their record company for creative independence.
11.30 The Stone Roses: Live in Blackpool A concert by the Manchester group recorded in August 1989 at Blackpool's Empress Theatre.
12.45am The Directors **1.45** We Are the Thousand **3.25** Isle of Wight Festival 2022 **4.10** The Great Songwriters **5.10** The Kinks: Music Icons **5.35–6.00am** Video Killed the Radio Star

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Four in a Bed: five editions
11.30 A New Life in the Sun: three editions
2.30pm A Place in the Sun: four editions
6.00pm A Place in the Sun A couple seek a holiday home in or around the villages of Haute Vienne, in central France. Shown last Thu C4
7.00 Manigeh and Ian from Edinburgh wish to buy their first property together in the Spanish town of Torrevieja. Shown last Fri C4
8.00 The Dog House ***Ep 6*** *Series 4* Regal basset hound Duchess is back on the charm offensive, this time with childhood sweethearts Emilie and Carl, while lovable Peaches sends couple Jane and Alan into a spin. Shown last Thursday Channel 4 (AD)
9.00 Celebrity Gogglebox TV from July 2022, including *Stranger Things*, *Love Island* and *How to Build a Sex Room*. (AD)
10.00 Gogglebox The critics share their views on *Frozen Planet II*, *Married at First Sight* and *Who Wants to Be a Millionaire?*. (AD)
11.05 The Great Pottery Throw Down ***Ep 6.*** The potters make a table light featuring an embossed scene. Shown 7.45pm C4 (AD)
12.20am SAS: Who Dares Wins – Jungle Hell: a 200-foot abseil (AD) **1.25** In the Footsteps of Killers (AD) **2.30** Grayson Perry's Full English (AD) **3.35–4.35am** A Lake District Farm Shop (AD)

4seven **Freeview** 49 **Freesat** 127 **Sky** 137 **Virgin** 143

Quest 12

6.00am How Trains Changed the World **7.00** Plane Reclaimers **8.00** The Woodland Workshop **9.00** Nick Knowles Heritage Rescue **10.00** The Repair Shop **11.00** Salvage Hunters **2.00pm** The Yorkshire Auction House **3.00** Shed and Buried (AD) **5.00** Find It, Fix It, Flog It: double bill **7.00pm** The Woodland Workshop: constructing a portable bar **8.00** Salvage Hunters **9.00** The Repair Shop: the team restores items including an 18th-century French clock **10.00** Outback Opal Hunters **11.00** Gem Hunters Down Under
12 midnight World's Greatest Motorcycle Rides **3.00am** Fifth Gear Recharged: the team goes electric **4.00–5.00am** How It's Made

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 169
+1 **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 213

Yesterday 27

'Allo 'Allo! *8.40pm* Maria is in need of rescue by René and the Resistance

6.00am Warbird Workshop **8.00** Nazi Hunters: four editions of the series
12 noon Australia with Julia Bradbury
4.00pm Bangers and Cash (AD)
6.00pm Bangers and Cash An 1967 Aston Martin DB6 lands at the Mathewsons – Derek believes it could break the record for the most expensive car ever sold at the auction. (AD)
7.00 A collection of Austin Mini Metros arrive for auction and a haulier offloads part of his vintage commercial vehicle collection. (AD)
8.00 'Allo 'Allo! Herr Flick interrogates Gruber about *The Fallen Madonna with the Big Boobies*.
8.40 A rescue attempt is launched when Von Klinkerhoffen catches Maria.
9.20 The Resistance arranges a parade to provide a diversion so they can steal a plane.
10.20 Hornby: a Model World Pete Waterman re-creates the section of West Coast Mainline where he spent his Saturdays as a child. (AD)
11.20 Bangers and Cash Derek has sold everything from trucks to bicycles – but today he auctions off a two-seater plane. (AD)
12.20am Derek heads out to pick up a Saab 96L and a Volvo P1800ES. Plus a rare British AC Aceca comes up for sale. (AD)
1.20–3.00am Warbird Workshop

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129
+1 **Freeview** 74 **Sky** 255 **Virgin** 217

Dave 19

7.10am Mega Air **8.00** Rick Stein's Cornwall **9.00** Soapbox Race: USA's Greatest Moments **11.00** Top Gear: double bill (AD)
2.00pm Not Going Out **4.00** Room 101
6.00pm Top Gear Chris Harris, Freddie Flintoff and Paddy McGuinness hit the German autobahn in supercars. (AD)
7.00 Special Ops: Crime Squad UK Special police task forces tackle a hit-and-run which turns out to be deliberate. (AD)
8.00 RT **CHOICE** ***New series.*** **World's Most Dangerous Roads** ***Ep 1*** *Series 4.* The return of the adventure series. Actor Will Mellor and comedian Keith Lemon embark on a road trip in Albania. **See page 59.** (AD)
9.00 Have I Got a Bit More News for You Richard Ayoade hosts an extended edition of the quiz, with Maisie Adam and Justin Webb.
10.00 Pride Live at the Apollo Featuring Fern Brady, Desiree Burch and Alan Carr.
10.35 Including clips of Tom Allen, Stephen K Amos, Jen Brister, Al Porter and Julian Clary.
11.15 QI XL With Romesh Ranganathan, Matt Lucas and Liza Tarbuck. Sandi Toksvig hosts.
12.20am Red Dwarf: triple bill (AD) **2.20** Have I Got a Bit More News for You **3.10–4.00am** Whose Line Is It Anyway? USA: double bill

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (Wales 112) **Virgin HD** 127
Dave Ja Vu **Freeview** 57 **Sky** 211 (Wales 212) **Virgin** 131

London Live 8

6.00am London's Weekend **7.00** Blenheim **8.00** The Prisoner **9.00** My Greek Odyssey **10.00** The Most Dangerous Ways to School
11.00 FILM The Courtneys of Curzon Street ★★★ Period drama (BW) **1.15pm FILM** The Battle of the Sexes ★★★ Comedy (BW)
2.55 London Districts **3.05 FILM** How to Succeed in Business without Really Trying ★★★★ Musical **5.30** Blandings **6.15** Secrets of London with Mark Monroe
6.30 Tabernacle Choir: Music and Words
7.00 Inside Tatler **8.00** My Greek Odyssey
9.00 O Mary This London **11.00 FILM** Brakes ★★ Comedy starring Julian Barratt
12.45am The Escape Artist **2.30** Secrets of London with Mark Monroe **2.45** Blandings **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am Entertainment News **9.10** Criminals: Caught on Camera **9.45** Columbo (AD)
7.30pm Columbo: a chemist is murdered. (AD) **9.00** ***New.*** Lucifer *Series 3.* Double bill. One of Ella's brothers is suspected of being behind the theft of a diamond, then Maze attempts to get revenge on Linda and Amenadiel First shown on Fox **11.00** Law & Order: Special Victims Unit *Series 22.* Double bill. An activist suspects her sister has been kidnapped by a hate group, then Benson walks into a hostage situation at a restaurant
12.55am Law & Order: Criminal Intent **2.50** Criminal Minds: three women go missing in Boise, Idaho **3.35–4.00am** Criminals: Caught on Camera

5 USA **Freeview** 21 **Freesat** 129 **Sky** 141 **Virgin** 153
+1 **Freesat** 130 **Sky** 241 **Virgin** 185

5 Star 32

8.00am Entertainment News **8.10** Nightmare Tenants, Slum Landlords: double bill **10.00** Traffic Cops: seven editions
5.00pm Police Interceptors: two episodes
7.00pm Police Interceptors The firearms team is called to a house where a suspect is reported to be in possession of a shotgun.
8.00 A reverse ramming sends Interceptor Chris reaching for German shepherd Ronny.
9.00 FILM Contagion ★★★ Disaster thriller starring Marion Cotillard, Matt Damon and Kate Winslet. When his wife and son die after seemingly contracting a cold, Mitch Emhoff discovers that everybody who recently came into contact with them has become unwell, too. As more people die, Homeland Security launches an investigation.
11.10 FILM Dracula Untold ★★ Action horror starring Luke Evans. When his kingdom is threatened by the evil Mehmed and his Turkish army, Vlad, Prince of Wallachia must use dark forces to save his people.
1.00am Cops, Robbers & Videotapes **3.00** Filthy House SOS (AD) **3.55–4.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 **Virgin** 151
+1 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Action 33

9.00am Trucking Hell **10.00** ***New.*** Wrestling
11.00 Wrestling: with the WWE superstars
12 noon Winter Road Rescue **12.35pm** Police Interceptors **2.40** Flood
6.40pm FILM The Four Musketeers ★★★ Richard Lester's sequel to *The Three Musketeers*, starring Oliver Reed, Faye Dunaway, Michael York and Raquel Welch. The musketeers go into battle against the devious Cardinal Richelieu and his evil accomplice, Milady de Winter. **Review p65.**
9.00 FILM Crimson Tide ★★★★ Action thriller starring Denzel Washington and Gene Hackman. When a Russian missile base falls into rebel hands, the US submarine *Alabama* is dispatched to the scene. On board, Lieutenant Commander Ron Hunter is soon at loggerheads with old hand Captain Ramsey, who seems hellbent on conflict.
11.15 FILM The Mechanic ★★ Remake of the 1972 Charles Bronson action thriller, starring Jason Statham and Ben Foster.
1.05am Seconds from Death: Caught on Camera **3.10** World's Deadliest Weather: Caught on Camera **4.10–5.00am** 999: Criminals Caught on Camera

5 Action **F'view** 33 **F'sat** 132 **Sky** 150 **Virgin** 187/**HD** 150

5 Select 56

9.00am GPs: behind Closed Doors (AD)
12 noon Scotland: a Year in the Wild
1.00pm The Queen's Horses: inside the Royal Stables **3.00** Inside the Tower of London
6.50pm FILM Breakfast at Tiffany's ★★★★★ Romantic drama starring Audrey Hepburn and George Peppard. Paul Varjak, a young writer, finds himself falling for his new neighbour. But her ambition is to marry a millionaire. **Film of the Day: page 115.**
9.00 Elvis: Rise of the King Elvis's fame increases – but so does his appetite for drugs.
10.55 Drain the Oceans Sonar technology is used to explore ships sunk on D-Day.
11.55 Examining wrecks from the Second World War at the bottom of the Pacific Ocean.
12.55am Draining the North Sea: Submarines at War **2.00** Bismarck: Hitler's Great Warship **3.00** The Yorkshire Vet **3.50–4.00am** Entertainment News

5 Select **F'view** (HD only) 56 **F'sat** 133 **Sky** 153 **Virgin** 152

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

W 25

Killer Women with Piers Morgan *9.00pm* Amber Wright

6.10am Tipping Point: seven editions of the game show (S) (HD) **1.00pm** Property Brothers: Family Flashback (S) (HD) **3.00** My Family (S) (AD)

6.20pm My Family *1/13 Series 2* Ben finds out that all Janey's suitors are teachers. (S) (AD)

7.00 Alex Jones: Making Babies Alex learns about patients' hormone injections. (S) (AD) (HD)

8.00 Emergency: First Time Medics Adrian does a tricky blood test on a critically ill patient. (AD) (HD)

9.00 Killer Women with Piers Morgan The journalist meets Amber Wright in Florida. (S) (HD)

10.00 Louis Theroux: Miami Mega Jail Louis speaks to an alleged triple murderer. (S) (AD)

11.00 Louis Theroux: Dark States – Heroin Town The rise of heroin use in America. (S) (AD) (HD)

12.20am The Baby Has Landed (S) (HD) **1.35** One Born: What Happened Next? (S) (HD) **2.35–3.00am** Inside the Ambulance (S) (HD)

W F'view 25 F'sat 156 Sky 132 Virgin HD 125 +1 Sky 232 Virgin 190

Pick 36

6.00am Border Patrol **8.00** Highway Patrol **11.00** Neighbourhood Blues **12 noon** The Celebrity Chase **1.00pm** The Chase Celebrity Special **2.00** Border Security: America's Front Line **4.00** Highway Cops (AD) **5.00** Caught Red Handed **7.00** Motorway Patrol **8.00** Brit Cops: Rapid Response (AD) **9.00** The Killer Within: a feud between two rival Birmingham gangs comes to a head when two innocent teenage girls are killed **10.00** ***New.*** Dan Brown's The Lost Symbol: after being forced to split up by Mal'akh, Robert follows the next clue alone, while Katherine teams up with Sato to find her father another way (AD) **11.00** New York Homicide: double bill (AD) **1.00am** Night Cops (AD) **2.00** Motorway Patrol **4.00–6.00am** Border Patrol

Pick F'view 36 F'sat 144 Sky 151 Virgin 135

HGTV 44

7.00am My Lottery Dream Home **10.00** The Great Interior Design Challenge: five editions (AD) **3.00pm** A Place in the Sun: triple bill **6.00pm** A Place in the Sun: two further editions. A couple looking for a winter home in Tenerife **7.00** A retired couple who want to spend the rest of their lives in north Costa Blanca **8.00** My Dream Derelict Home in the Sun: Scarlette Douglas meets Norfolk couple Mark and Barbara as they renovate a manor house in central France **9.00** A Place in the Sun: four editions **1.00am** Fixer Upper: the Castle **1.30** The Retro Plant Shop with Mikey and Jo **2.00–4.00am** The Great Interior Design Challenge: double bill (AD)

HGTV F'view 44 F'sat 166 Sky 158 Virgin 286 +1 Sky 258 Virgin 290

FREEVIEW channels continued from overleaf

Food Network 43

Big Bad Budget Battle *8.00pm* Ree Drummond

6.00am Diners, Drive-Ins and Dives (S) (HD) **8.00** Cake Boss (S) (AD) (HD) **1.00pm** James Martin's French Adventure (S) (AD) (HD) **3.00** The Great British Bake Off (S) (HD) **6.00pm** The Great British Bake Off: two editions. The nine remaining bakers are tested on store-cupboard classics, then the contestants face pastry week (S) (HD) **8.00** ***New.*** Big Bad Budget Battle: Ree Drummond challenges the competitors to make weekend meals with a $50 budget (HD) **9.00** Jamie's Great Britain: Jamie Oliver concludes his culinary tour in the west of Scotland, where he discovers how haggis is being given a West Indian twist (S) (HD) **10.00** Restaurant: Impossible: triple bill. Robert Irvine tackles one of the filthiest kitchens of his career **11.00** At KC's BBQ in California, Patrick has fallen into a depression **12 midnight** Robert finds the Breakfast Place in San Jose, California, uninspired and on the brink of closing (S) (HD) **1.00am** Diners, Drive-Ins and Dives (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network Freeview 43 Freesat 148 Sky 140 Virgin 285

Great TV 50

6.00am Highway to Heaven **11.00** Murder, She Wrote: seven episodes **6.00pm** Murder, She Wrote: three further episodes. A florist is killed **7.00** Jessica befriends a neighbour **8.00** A corporate rescue bid results in murder **9.00** Garage Sale Mystery: Murder Most Medieval: crime drama starring Lori Loughlin **10.50** Movie News **11.00** Guilty Until Proven Innocent: Garage Sale Mystery V: crime drama **12.50am** Movie News **1.00** Randall and Hopkirk (Deceased) **2.00–6.00am** Body of Proof: five episodes

Great TV Freeview 50 *(limited)* Freesat 142 Sky 157 Virgin 189 +1 Freesat 143 Sky 257

RealityXtra 68

9.00am Medical Detectives **12 noon** Donal MacIntyre's Murder Files **2.00pm** Medical Detectives: six editions. A deadly blaze **2.30** A victim is poisoned **3.00** A killer is brought to justice **3.30** A woman's husband is shot dead **4.00** Vital clues are gleaned from a body **4.30** A young woman falls from a cliff to her death **5.00** Judge Judy **12.05am** World's Most Unexplained… **1.00** Psychic Private Eyes **4.00–6.00am** Donal MacIntyre's Murder Files

RealityXtra Freeview 68 Freesat 134 Sky 147 Virgin 197

BBC Parliament 232

6.00am Westminster Hall **11.00** House of Commons **11.45** Scottish Parliament **12.45pm** House of Lords **2.40** PMQs **3.15** Scottish First Minister's Questions **4.15** Welsh First Minister's Questions **5.15** House of Commons **6.00** Select Committees **12 midnight** House of Commons **12.45am** Scottish Parliament **1.45** House of Lords **3.40** PMQs **4.15** Scottish First Minister's Questions **5.15–6.00am** House of Commons

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84

Plague at the Golden Gate *7.15pm* 1900 San Francisco

8.15am Israel: a Twice Promised Land **10.30** Plague at the Golden Gate (S) **1.00pm** The Catacomb Mystery **2.15** The Silk Road (S)

6.05pm The Catacomb Mystery Specialists use cutting-edge techniques to solve the mystery of thousands of ancient Roman skeletons beneath the Vatican.

7.15 Plague at the Golden Gate In 1900 an outbreak of bubonic plague set off fear and anti-Asian sentiment in San Francisco. This one-off documentary explains how health officials raced to save the city from the disease. (S)

9.40 Israel: a Twice Promised Land *1/2.* A look at Israel after the Second World War, focusing on the period from when the war ended to the UN vote on the Partition Plan in 1947. **10.50** *2/2.* Examining the 1948 Arab-Israeli War, the 1956 Suez Crisis and the Six-Day War in 1967. **12 midnight** The Catacomb Mystery **1.15–2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 273

Blaze 64

6.00am Eating History **7.00** Curse of the Lost Amazon Gold **8.00** Lost Gold of World War II **9.00** Conspiracy Files: Unsealed: four editions **11.00** The Proof Is Out There **12 noon** Top Secret UFO Projects Declassified **1.00pm** Alien Files: Unsealed **2.00** Close Encounters Down Under **3.00** Secrets of Great British Castles: five back-to-back editions **8.00** The Curse of Oak Island **9.00** ***New.*** Eating History: double bill. Josh and Old Smokey dig for forgotten food in an abandoned mining town, then eat decades-old corn chips **10.00** Curse of the Lost Amazon Gold **11.00** ***New.*** Paranormal: Caught on Camera **12 midnight** The Proof Is Out There **1.00am** Paranormal Survivor: a jailhouse ghost tour proves too scary **2.00** Uncharted Mysteries **3.00** Wicked Tuna **5.00–6.00am** Counting Cars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 199

Challenge 48

7.00am The Chase **9.00** Wheel of Fortune (AD) **11.30** Family Fortunes **1.00pm** Bruce's Price Is Right **2.00** Play Your Cards Right: game show with Bruce Forsyth **3.00** Lily Savage's Blankety Blank **5.00** The Chase **9.00** The Chase Celebrity Special: Bradley Walsh presents as celebrity contestants Toyah Willcox, John Barnes, Germaine Greer and Audley Harrison pit their wits against ruthless quiz genius the Chaser in the hope of winning a potential prize pot worth thousands of pounds. They must work as a team and play strategically to answer general knowledge questions against the clock and race down the game board to the exit without being caught **10.00** The Chase **3.00am** The Chase Celebrity Special **4.00–6.00am** The Chase

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.40am Peppa Pig **5.50** Paw Patrol **6.00** Peppa Pig **6.10** Pip and Posy **6.20** Ben and Holly's Little Kingdom **6.30** Shane the Chef **6.40** Noddy: Toyland Detective **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Pip and Posy **7.25** Peppa Pig **7.30** Paw Patrol **7.40** ***New.*** Baby Shark's Big Show! **8.00** ***New.*** Pirata & Capitano **8.15** Santiago of the Seas **8.30** The Adventures of Paddington **8.50** Pop Paper City **9.00** Ben and Holly's Little Kingdom **9.15** Cooking with the Gills **9.30** Show Me How… **9.35** Mimi's World **9.50–10.00am** The World According to Grandpa

Full listings for Channel 5 are on p62

CBeebies 202

6.00am Baby Jake **6.10** Twirlywoos **6.25** Bing **6.30** Love Monster **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Chuggington: Tales from the Rails **8.35** Bitz & Bob **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** JoJo & Gran Gran **10.00** Spidey and His Amazing Friends **10.25** ***New.*** Pfffirates **10.35** Swashbuckle **11.00** Pinocchio and Friends **11.15** Dog Loves Books **11.20** Tee and Mo **11.30** Kiri & Lou **11.35** Colourblocks **11.40** Olga Da Polga **11.50** JoJo & Gran Gran **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat: Rockpool Tales **12.35** Hey Duggee **12.45** Messy Goes to OKIDO **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.45** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** Ranger Hamza's Eco Quest **2.35** Molly and Mack **2.50** Kiri & Lou **2.55** Pablo **3.05** Supertato **3.15** Messy Goes to OKIDO **3.25** Grace's Amazing Machines **3.40** Andy's Wild Adventures **3.55** Roots and Fruits **4.00** Hey Duggee **4.05** Magic Hands **4.15** Treasure Champs **4.30** Supertato **4.40** Bluey **4.50** Andy's Wild Adventures **5.05** Ranger Hamza's Eco Quest **5.20** Katie Morag **5.35** Nick Cope's Popcast **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00pm** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.45** Hushabye Lullabye **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.50** Ninja Express **8.05** Odd Squad **8.15** Oswaldo **8.30** Dragons: the Nine Realms **8.50** Shaun the Sheep **9.00** Blue Peter **9.30** ***New.*** Love! Love! Love! **9.50** Monster Loving Maniacs **10.25** Boy Girl Dog Cat Mouse Cheese **11.00** Oswaldo **11.30** One Zoo Three **11.55** The Dengineers **12.25pm** Horrible Histories: Ridiculous Romance **12.55** Horrible Histories: Scary Special **1.35** Danger Mouse **1.55** Dennis & Gnasher Unleashed! **2.30** Ninja Express **3.20** Bro's in Control **3.35** Operation Ouch! **4.00** Deadly Predators **5.00** Lagging **5.25** The Dumping Ground **5.55** Nova Jones **6.20** Nikki Lilly Meets **6.30–7.00pm** The Beaker Girls

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

CITV 203

6.00am Dare Master **6.05** Lloyd of the Flies **6.35** Thunderbirds Are Go **7.05** Mr Bean: the Animated Series **7.30** The Rubbish World of Dave Spud **8.00** Mr Magoo **8.25** Lloyd of the Flies **8.55** Makeaway Takeaway **9.25** Dare Master **9.30** Be Cool, Scooby-Doo! **10.30** Lloyd of the Flies **11.15** Mr Magoo **12.15pm** The Rubbish World of Dave Spud **1.00** Makeaway Takeaway: comedy arts and crafts show presented by comedian Bec Hill **1.30** Drop Dead Weird **2.00** DC Super Hero Girls **3.15** Inspector Gadget **3.30** Jurassic World Camp Cretaceous **4.00** Lego Marvel Avengers: Climate Conundrum **5.00** Scooby-Doo! Mystery Incorporated **6.25** Tata and Kuma **6.30** Craig of the Creek **7.45** Mr Bean **8.30** Spy School **8.55–9.00pm** Mission Employable

CITV F'view 203 F'sat 602 Sky 612 Virgin 734

FILMS

Film4 14

11.00am Rugrats Go Wild ★★ Colourful, visually impressive cartoon romp. Bruce Willis (2003, U) (S)

12.45pm Rango ★★★ Animated western that's energised by the vocal talents of Johnny Depp as the cowboy chameleon hero. (2011, PG) (S)

2.55 The Chronicles of Narnia: the Voyage of the Dawn Treader ★★★★ The Pevensie children board King Caspian's ship to go in search of seven lost lords in this wonderful adventure. (2010, PG) (S) (AD)

5.10 Black Knight ★★ A theme park employee gets transported to 14th-century England in this time-travelling romp. (2001, PG) (S)

7.00pm Bill & Ted's Bogus Journey ★★★★ Another "most excellent" dose of heavy metal comedy mayhem with the duo, who this time face the Grim Reaper. **Review p115.** (1991, PG) (S)

9.00 2012 ★★★ The end of the world is nigh for the human race in Roland Emmerich's jaw-dropping disaster movie. John Cusack, Chiwetel Ejiofor, Amanda Peet (2009, 12) (S)

12.15am mid90s ★★★★ Jonah Hill writes and directs this sincere and often hilarious drama about a teenage boy who escapes a difficult home life to find acceptance within a gang of skaters. Sunny Suljic (2018, 15) (S)

1.55–3.50am Submarine ★★★ Sweet-natured feature debut from Richard Ayoade that charts the growing pains of teenager Craig Roberts. Noah Taylor (2010, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am The Devil's Jest ★★ Brief and clunky drama with Mara Russell Tavernan as an aristocratic widow who unmasks her former lover as a spy. Ivan Craig (1954) **7.15 Caravan** ★★★ Stewart Granger's writer becomes besotted with Anne Crawford's lady of the manor in this effective melodrama set in 1840s Spain. (1946, PG) **9.45 The First Travelling Saleslady** ★ Corset-seller Ginger Rogers heads out west. Barry Nelson, Carol Channing (1956, U) **11.35 Holiday Camp** ★★★ Diverting comedy compendium of interlinked summertime shenanigans. Flora Robson, Dennis Price, Jack Warner (1947, U) **1.35pm Mr Winkle Goes to War** ★ Crass piece of wartime propaganda. Edward G Robinson (1944) **3.20 The Mouse on the Moon** ★★ This sequel to comedy *The Mouse That Roared* never really gets off the ground. Margaret Rutherford, Ron Moody (1963, U) **5.00 The Footage Detectives** Clips from the premiere of *Lawrence of Arabia*. **6.00pm The Saint** TV thriller. **7.00 Two Way Stretch** ★★★★ Hilarious prison comedy with an ingenious heist plot and a wonderful cast of British character actors. Peter Sellers, Wilfrid Hyde White (1960, U) **9.00 The Onedin Line** TV drama. **10.00 Gloria** ★★★★ A woman goes on the run with a boy when his parents are killed by the Mafia in this terrific thriller. Gena Rowlands (1980, 15) **12.25am Deadfall** ★ Pretentious Freudian psychodrama. Michael Caine (1968, 12) **2.55 The Heritage Chart Show with Mike Read** Music show. **4.00 British Rock** ★★★ Lively documentary sequel to *Punk in London* charting the rise of post-punk movements ska, new wave and the mod revival. Wolfgang Büld, Pauline Black (1980) **5.40–6.00am Glimpses**

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

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Sky Premiere

6.05am Big Gold Brick ★★ Whimsical but unfocused comedy about a failed writer. Andy Garcia (2022, 15) **8.25 Rock Dog 3: Battle the Beat** As 2.30pm **10.05 The Railway Children Return** As 4.15pm **11.50 Jurassic World: Dominion** As 8pm **2.30pm Rock Dog 3: Battle the Beat** ★★ Bodi becomes a TV talent show judge. Graham Hamilton (2022) **4.15 The Railway Children Return** ★★★ Wholesome sequel to the 1970 family classic. **Review p45.** Jenny Agutter, Sheridan Smith, John Bradley (2022, PG) **6.10pm Dakota** ★★ Warm-hearted drama about a young widow and her daughter. Abbie Cornish, Tim Rozon (2022, PG) **8.00 Jurassic World: Dominion** ★★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard (2022, 12) **10.30 P Paradise City** ★★ Bruce Willis's swansong is a low-grade thriller but has a strong cast. John Travolta, Blake Jenner (2022, 15) **12.05am Big Gold Brick** As 6.05am **2.20 Dakota** As 6.10pm **4.00 P Paradise City** As 10.30pm **5.40** Sky Cinema Preview

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am The Way We Were ★★★★ Glossy romance starring Barbra Streisand and Robert Redford. (1973, PG) **11.25 Evening** ★★ A dying woman reflects on the past. Claire Danes, Toni Collette (2007, 12) **1.45pm PS I Love You** ★★ Gerard Butler calls Hilary Swank from beyond the grave. (2007, 12) **4.10 Dear John** ★★★★ Channing Tatum and Amanda Seyfried struggle to keep their love alive. **Review p115.** (2010, 12) **6.20pm Walk the Line** ★★★★ Joaquin Phoenix and Oscar-winner Reese Witherspoon are remarkable in this impressive biopic. (2005, 12) **9.00 P Playing It Cool** ★★ Muddled romantic comedy. Chris Evans, Michelle Monaghan, Aubrey Plaza (2014, 15) **10.50 The Exception** ★★ Decently acted but tepid drama. Lily James, Christopher Plummer, Jai Courtney (2016, 15) **1.05am The Butterfly Effect** ★★★ Ambitious supernatural thriller. Ashton Kutcher, Amy Smart (2003, 15) **3.35–5.50am Breaker Morant** ★★★★ Powerful true-story Boer War drama. Edward Woodward (1979, PG)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am A Love to Remember ★★ Farcical romance. Rhiannon Fish, Edward Ruttle (2021) **8.00 Cooking with Love** ★★ Good-natured romcom. Ali Liebert, Brett Dalton (2018) **10.00 My Valentine** ★★ Sweet romance. (2021) **12 noon Just the Way You Are** ★★ Involving romcom. (2015) **2.00pm Valentine's Again** ★★ Diverting romance. (2017) **4.00 Love, of Course** ★★ So-so romantic yarn. (2018) **6.00pm Love Locks** ★★ Starry Parisian romance. Rebecca Romijn (2017) **8.00 Love and Honor** ★★ Soapy romance. Liam Hemsworth (2013, 12) **10.00 Love & Where to Find It** ★★ Familiar romcom. Elise Gatien (2021) **11.50 Surprised by Love** ★★ Bizarre but pleasant romcom. (2015) **1.30am Designed with Love** ★★ Bland romance. Kelly Van der Burg (2021) **3.00 Destination Wedding** ★★ Amiable TV-movie romcom. (2017) **4.30–6.00am A Honeymoon to Remember** ★★ Uneven romcom. (2021)

Great Romance Freeview 52 (*limited*) **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Hollywood's Best Film Directors **7.45** Off Set **8.00 Cavalry Scout** ★★ Routine western. Rod Cameron (1951, U) **9.40 The Spy with My Face** ★★★ Enjoyable *Man from UNCLE* spin-off in which agent Napoleon Solo sees double. Robert Vaughn, David McCallum (1966, PG) **11.25 Gunsmoke in Tucson** ★★ Feuding brothers find themselves on opposite sides of the law. (1958, U) **1.05pm To Trap a Spy** ★★★ Classy spin-off from TV spy show *The Man from UNCLE*. Robert Vaughn, David McCallum (1966) **3.00 Chuka** ★★ Workmanlike western. Rod Taylor, Ernest Borgnine, John Mills (1967) **5.10 Gun Glory** ★★ Watchable minor western. Stewart Granger, Rhonda Fleming (1957, U) **6.55pm One Spy Too Many** ★★ Lazy spy adventure starring Robert Vaughn. David McCallum (1966, PG) **9.00 Magnum Force** ★★★ All-guns-blazing follow-up to cop classic *Dirty Harry*. Clint Eastwood (1973, 18) **11.35 The Condemned** ★★ Violent thriller. Steve Austin, Vinnie Jones (2007, 18) **1.55am** Home Shopping **4.05** Off Set **4.30** Close Up **5.00** Hollywood's Best Film Directors

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies Action 42

6.10am Fort Ti ★★ Adventure. (1953, U) **7.40 Lost Command** ★★ Average war drama. Anthony Quinn, Alain Delon (1966, 15) **10.10 Sahara** ★★★ Solid wartime action adventure. Humphrey Bogart (1943, PG) **12.15pm Submarine Raider** ★★ Rousing but unconvincing Pearl Harbor propaganda piece. John Howard (1942, U) **1.40 Eight Iron Men** ★★ Long-winded wartime rescue drama. Bonar Colleano, Arthur Franz (1952) **3.25 Wyatt Earp's Revenge** ★★ Solemn western. Shawn Roberts (2011, 12) **5.20 Cripple Creek** ★★ Lawmen infiltrate a band of gold robbers. (1952, U) **7.00pm The Lone Hand** ★★ Routine western. Joel McCrea (1953, U) **8.45 Wild West Chronicles** **9.15 Seraphim Falls** ★★★ Mean and moody western. Liam Neeson (2006, 15) **11.30 Prison Riot** ★★ Violent action movie. Dolph Lundgren (2015, 18) **1.15am Nowhere to Run** ★★ Soft-centred action thriller. Jean-Claude Van Damme (1992, 15) **3.10–4.00am** Bombers of the Second World War

Great Movies Action Freeview 42 (*limited*) **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

7.00am Special Unit 2 **8.00 Collision Earth** ★★ Cheap and cheerful sci-fi thriller. Kirk Acevedo (2011, 12) **10.00** Star Trek: the Next Generation: five episodes **3.00pm G-Loc** ★★ Low-budget and talky British sci-fi thriller. Stephen Moyer (2020, 12) **4.50 Termination Point** ★★ Routine sci-fi thriller. Jason Priestley, Lou Diamond Phillips (2007) **6.40pm Hawk the Slayer** ★ Woeful swords-and-sorcery adventure. Jack Palance, John Terry (1980, PG) **8.30 The Twilight Zone** TV sci-fi. **9.00 The Phantom from 10,000 Leagues** ★ Laughable B-movie mutant-monster sci-fi. Kent Taylor (1956) **10.35 It Came from beneath the Sea** ★★★ Lively monster movie, with effects by Ray Harryhausen. Kenneth Tobey, Faith Domergue (1955, U) **12.10am Ghosts of Mars** ★★ Disappointing science-fiction action horror. Ice Cube, Natasha Henstridge (2001, 15) **2.05–4.20am Dead Ringers** ★★★★ Coolly disturbing urban horror about twin gynaecologists and a patient who begins a destructive relationship with them both. Jeremy Irons, Geneviève Bujold (1988, 18)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

P Kursk: the Last Mission ★★★

10.00-11.50pm ***BBC2*** *(not in N Ireland)* 12

DRAMA Colin Firth stars in this true-life tale about the bid to save trapped submariners from the stricken *Kursk* in 2000. The vessel becomes stranded on the sea bed after an explosion on board, but residual Cold War paranoia causes the Russian authorities to delay accepting Nato man Firth's offer of mounting a rescue. Director Thomas Vinterberg marshals proceedings with aplomb, generating a palpable sense of claustrophobia, and he's aided by a fine cast that includes Matthias Schoenaerts, Léa Seydoux and Max von Sydow. **DAVE ALDRIDGE** (Fr/Bel 2018, swearing, HD)

Odette ★★★

12 noon-1.55pm ***BBC2*** PG

WAR Showing in a wartime double bill with *Operation Crossbow*, this drama charts the achievements of Odette Churchill, who faced Nazi torture while working for the French Resistance. Director Herbert Wilcox plays it by the genre rule book, but Anna Neagle capably leads a cast that includes Trevor Howard and Peter Ustinov. **DAVID PARKINSON** (UK 1950, BW, HD)

Kung Fu Panda ★★★

1.35-3.20pm ***C4*** PG

ADVENTURE Clumsy Po the Panda (voiced by Jack Black) becomes a martial arts warrior in this knockabout animated tale. The fists-of-fury plot is standard stuff, and the "believe in yourself" message is laid on rather thickly. But the Hong Kong action clichés are used to good effect, the fight scenes are great, and Po is a lovable goof. **ALAN JONES** (US 2008, HD)

Chicken Run

★★★★ *2.15-3.35pm* ***BBC1*** *(not in Wales)* U

COMEDY This feathered pastiche of such PoW classics as *The Great Escape* and *Stalag 17* is an awesome achievement by Aardman Animation. Rocky (voiced by Mel Gibson) is a "lone free-ranger" rooster who promises to help the hens in a high-security egg farm find a way to freedom. The nods to classic film moments are plentiful, and the set pieces are exhilarating. **DP** (US/UK 2000, HD)

The Four Musketeers ★★★

6.40-9.00pm ***5 Action*** PG

ADVENTURE This sequel to 1973's *The Three Musketeers* sees Milady de Winter (Faye Dunaway) seducing D'Artagnan (Michael York) as part of a plot to imprison his beloved Constance (Raquel Welch). There is a nice demonstration of screen villainy from Christopher Lee, but director Richard Lester can't resist tilting the swashbuckling into slapstick. **DP** (Pan/Sp 1974, may be edited for content)

The Green Mile ★★★

9.00pm-12.40am ***ITV4*** 18

DRAMA Tom Hanks stars here as a prison guard in 1935 Louisiana who forms a life-affirming relationship with a black inmate (Michael Clarke Duncan) on death row. Adapting Stephen King's novel, Frank Darabont (*The Shawshank Redemption*) cleverly manipulates the emotions, and only the very hard-hearted will remain dry-eyed. **DAVID MCGILLIVRAY** (US 1999, violence, swearing, HD)

The Girl on the Train ★★★

11.00pm-1.05am ***C4*** 15

THRILLER This adaptation of Paula Hawkins's novel relocates the action from London to New York. Emily Blunt plays an alcoholic commuter who obsesses about her ex (Justin Theroux) and his new wife (Rebecca Ferguson) while trying to find out what happened to a missing girl. The mystery isn't that intriguing, but Blunt's performance is compelling. **STELLA PAPAMICHAEL** (US 2016, violence, swearing, sex scenes, nudity, HD)

The Man Who Knew Infinity ★★★

11.50pm-1.30am ***BBC2*** 12

DRAMA This is an earnest portrait of maths genius Srinivasa Ramanujan. On the eve of the First World War, Ramanujan (Dev Patel) leaves India for Cambridge University in order to work with Professor GH Hardy (Jeremy Irons), only to then endure racist treatment. Patel has a natural warmth that brings home the tragedy of Ramanujan's life. **SP** (UK 2015, discriminatory language, HD)

Before I Go to Sleep

★★★★ *12.10-1.35am* ***BBC1*** *(starts 1.10am in Scotland)* 15

THRILLER In this sexy, chilling and stylish mystery, Nicole Kidman stars as an amnesiac who records her memories every day lest she lose further track of her former life. Husband Colin Firth is fiercely protective of her, unaware that doctor Mark Strong has his own ideas about her affliction. **KAREN KRIZANOVICH** (UK 2014, violence, swearing, HD)

Sky Cinema picks

Harry Potter and the Goblet of Fire ★★★★
1.15-3.55pm
Sky Wizarding World
Harry faces Voldemort. (2005, 12)
Sky 306; Virgin 406; BT 506/520

The Core ★★★
5.45-8.00pm
Sky Cinema Sci-Fi/Horror
Disaster movie. (2002, 12)
Sky 311; Virgin 411; BT 511/525

Bad Boys ★★★★ *10.30pm-12.30am* ***Sky Ultimate Action***
Buddy-cop thriller. (1995, 18)
Sky 306; Virgin 406; BT 506/520

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

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Sky Showcase

NCIS: Los Angeles *10.00pm* Sam's son stands accused

6.00am Madagascar: a Little Wild (S) **8.05** The Simpsons (S) **9.30** The Fresh Prince of Bel-Air (S) **11.30 LIVE** Women's Super League Football: Tottenham Hotspur v Manchester United from Tottenham Hotspur Stadium (kick-off **12.00**) **3.00pm** David Attenborough's Wild City (S) (AD) **4.00** ***New series.*** Uptown Otters: following otters in Singapore **5.00** The Simpsons (S)

6.00pm The Simpsons Bart stages a rebellion against a school bully. **6.30** Professor Frink plays cupid. **7.00** Young Homer and his friends are terrorised by a killer clown. **7.30** Bart meets the Rev Lovejoy's rebellious daughter. (S)

8.00 Rob and Romesh vs the NFL *2/6 Series 1.* The duo train with American football players. (S) (AD)

9.00 S.W.A.T. *Ep 4 Series 6.* When a convicted killer makes a prison break, the team works to protect the people on his hit list. (S) (AD)

10.00 NCIS: Los Angeles *Ep 4 Series 14.* Aiden Hanna's plane crashes and he is accused of being at fault for the accident. (S)

11.00 LIVE Super Bowl LVII Coverage of Philadelphia Eagles v Kansas City Chiefs (kick-off **11.30**).

3.00am Border Security: Australia's Front Line: double bill (S)

5.00–6.00am The Early Rundown

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am Project Blue Book **8.00** Home Shopping **11.00** Project Blue Book **12.50pm** Fringe **2.20** Merlin

6.00pm Merlin *3/13 Series 5* A stranger gives Arthur the power to summon the dead, so he seizes the chance to speak to the person he misses most – his father.

7.00 Blood & Treasure *3/13 Series 2.* A visit with Simon in prison yields new information on the Spirit Banner's last whereabouts, sending the team to Russia. **8.00** *4/13.* Danny and Lexi join forces with Levchenko's gang as they journey to Mongolia.

9.00 Meteor Moon ★ Sci-fi adventure starring Dominique Swain and Michael Broderick. When the Moon is suddenly put on a collision course with Earth, a group of scientists race against time to save the world.

11.00 Stan Lee's Lucky Man *5/8 Series 3.* Harry has a golden chance to connect Blake to both the drugs trade and the Wu Chi Triads and heads back to the gambling tables to raise the cash he needs. **12 midnight** *6/8.* Harry takes extreme measures to win back Rich's flat, while Blake sees a chance to exploit the detective's desperation and get his hands on the bracelet.

1.00am Wynonna Earp: triple bill **4.00** Star Trek: the Next Generation **5.00–6.00am** Most Haunted

Sky Sci-Fi **Sky** 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Succession *7.50pm* Logan meets Josh with Kendall

6.00am Fish Town (S) (HD) **9.00** The Sopranos (S) (HD) **2.35pm** Ray Donovan (S) (AD) (HD)

5.40pm Ray Donovan *5/12 Series 4.* With the Russian mob threatening his family, Ray takes a road trip to Primm, hoping to recover stolen money. (S) (AD) (HD) **6.45** *6/12.* Ray waits to see if Belikov will be released from prison, while Teresa spirals into postpartum depression. (S) (AD) (HD)

7.50 Succession *4/9 Series 3* Logan and Kendall have their first meeting together with Josh, a major investor worried about their family feud. (S) (AD) (HD)

9.00 The Last of Us *4/9* A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

10.00 Euphoria *6/8 Series 1* Rue grows concerned when Jules starts exhibiting disturbing behaviour. (S) (AD) (HD)

11.00 Britannia *6/9 Series 1.* It is revealed that Aulus may have had more to do with Kerra's coronation than first thought. (S) (AD) (HD)

12 midnight Babylon Berlin (S) (HD) **1.00am** City on a Hill (S) (AD) (HD) **2.00** ***New.*** The Last of Us ***5/9.*** **See choice, page 69** Rptd tomorrow 9pm (HD) **3.10** Boardwalk Empire (S) (AD) **4.15–6.00am** Fish Town (S) (HD)

Sky Atlantic **Sky** 108 (Wales 109) **BT** 342/**HD** 357 **+1** **Sky** 208 (Wales 209)

Sky Witness

6.00am UK Border Force (S) (AD) (HD) **7.00** Nothing to Declare UK (S) (HD) **8.00** Border Patrol (S) **11.00** The Real A&E (S) (AD) (HD) **12 noon** 999 Frontline (S) **1.00pm** Sun, Sea and A&E (S) (AD) **2.00** Nothing to Declare (S) (AD)

6.00pm Nothing to Declare The importation of ornamental swords causes controversy. (S) (AD) **6.30** A traveller is suspected of drug smuggling. (S) (AD)

7.00 Blue Bloods *10/16 Series 11* A high-profile video game player is murdered. (S) (AD) (HD)

8.00 The Rookie: Feds *1/22* Special Agent Simone sets her sights on joining Garza's new unit as they investigate the murder of a federal engineer. (S) (AD) (HD)

9.00 The Rookie *Ep 2 Series 5* Officer John Nolan moves closer to his new role, while trying to uncover the truth about a colleague's death. (S) (HD)

10.00 Chicago Med *3/12 Series 8* Charles and Cuevas clash over the treatment of a paranoid patient. Choi treats a pregnant woman from Asher's past. (S) (HD)

11.00 Chicago Fire *3/12 Series 11* Severide and Pryma pair up to work on a police investigation. (S) (HD)

12 midnight Chicago PD (S) (HD) **1.00am** Blue Bloods (S) (AD) (HD) **2.00–6.00am** Border Security: Australia's Front Line (S) (HD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 163

Sky Max

S.W.A.T. *9.00pm* Will Hondo be burned by an old flame?

6.00am DC's Legends of Tomorrow (S) (AD) (HD) **11.00** NCIS: New Orleans (S) (HD) **4.00pm** Fringe (S) (HD)

5.55pm Fringe *2/21 Series 1* The death of a woman and her baby baffles the team. (S) (HD) **7.00** *3/21.* A man's visions alert Dr Bishop and the team to an impending disaster – and set them off on a race against time. (S) (HD)

8.00 Rob and Romesh vs the NFL *2/6 Series 1.* The comedians meet and train with American football players. (S) (AD) (HD)

9.00 ***New.*** **S.W.A.T.** *Ep 4 Series 6.* When a convicted killer makes a prison break, the team works to protect the people on his hit list. Hondo crosses paths with a former flame. (S) (AD) (HD)

10.00 ***New.*** **NCIS: Los Angeles** *Ep 4 Series 14.* When Aiden Hanna's plane crashes and he is accused of being at fault for the accident, the NCIS team must investigate to clear his name. (S) (HD)

11.00 Hold the Front Page *6/6* Nish Kumar and Josh Widdicombe work for *The Scotsman*. (S) (AD) (HD)

12 midnight Never Mind the Buzzcocks (S) (AD) (HD) **12.40am** Freddie Fries Again (S) (AD) (HD) **1.35** The Force: North East (S) (HD) **2.30** Road Wars (S) **4.00–6.00am** Sun, Sea and A&E: two editions (S)

Sky Max **Sky** 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am Four Weddings (S) **10.00** V (S) **8.00pm** Chicago Med: Charles and Cuevas clash over the treatment of a paranoid patient. Choi treats a pregnant woman from Asher's past (S) (HD) **9.00** Chicago Fire: Severide and Pryma pair up to work on a police investigation. Firehouse 51 comes together to fight a movie theatre fire (S) (HD) **10.00** Chicago PD: the team investigates a string of brutal pharmacy robberies and Halsted connects with one of the victims. Upton suspects there's more to the story (S) (HD) **11.00** The Rookie: Officer John Nolan moves closer to his new role, while trying to uncover the truth about a colleague's death (S) (HD) **12 midnight** The Rookie: Feds: Special Agent Simone sets her sights on joining Garza's new unit (S) (HD) **1.00am** Duck Quacks Don't Echo (S) (AD) **4.00–6.00am** Four Weddings (S)

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Send in the Dogs (S) **7.00** Road Wars (S) **7.30** Motorway Patrol (S) **8.30** Caught Red Handed (S) **10.00** How I Caught the Killer (S) **11.00** Britain's Most Evil Killers (S) **12 noon** Killer in My Village (S) **1.00pm** The Killer Within (S) **2.00** World's Most Evil Killers (S) **3.00** Killer in My Village (S) **4.00** The Real Manhunter (S) (AD) **5.00** World's Most Evil Killers (S) (AD) **7.00** How I Caught the Killer (S) **8.00** Murder Next Door **9.00** The Priest and the Paedophile Hunter: the case of Crystal Hunnisett (S) (AD) **11.00** John Wayne Gacy: Devil in Disguise (S) (AD) **1.00am** Forensics: Catching the Killer (S) **2.00** Snapped **3.00** Murder in Amish Country (S) (AD) **4.00** When Life Means Life (S) (AD) **5.00–6.00am** Motorway Patrol

Sky Crime **Sky** 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 **Virgin** 164

Gold

Coupling *9.55pm* Susan finds some real dirt while cleaning

7.00am The Fosters (S) **7.40** dinnerladies (S) (AD) **8.15** Only Fools and Horses (S) (AD)

7.25pm The Vicar of Dibley After featuring as a guest on the radio, Geraldine finds that fame has its downsides as well as its ups. (S) (AD) **8.00** While Geraldine is preparing for Alice and Hugo's wedding, there's a shock revelation. (S) (AD)

8.35 Dad's Army Wilson is put in charge of the platoon when HQ discover that Mainwaring is not a commissioned officer. (S)

9.15 Mrs Brown's Boys After a strange phone call, Agnes's children suspect that one of them might be adopted. (S) (HD)

9.55 Coupling Steve realises Susan has discovered a risqué film in his collection while tidying the flat. **10.35** Jeff approaches an exotic-looking woman who unfortunately cannot speak English. **11.10** Susan discovers Patrick has secretly filmed himself in a variety of compromising positions. (S)

11.50 Bottom The boys visit a dating agency to fix up Richie. (S) **12.30am** Richie and Eddie's television is repossessed. (S) **1.05** Coupling: double bill (S) **2.15** French and Saunders (S) **2.45** Hold the Sunset (S) (AD) (HD) **3.25–4.00am** The Rebel (S) (HD)

Gold **Sky** 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (Wales 211) **Virgin** 194

Sky Comedy

8.00am Everybody Hates Chris (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) (HD) **11.30** Modern Family (S) (HD) **1.30pm** Will & Grace (S) (AD) **4.00** Futurama (S) (HD) **8.00** The Office US: double bill. Michael, Jim and Karen vie for a corporate position, then Jan decides to move in with Michael (S) (HD) **9.00** Curb Your Enthusiasm: double bill. Larry injures basketball player Shaquille O'Neal, then Cheryl's sister prepares to marry (S) (HD) **10.10** Amy Schumer: Live at the Apollo: stand-up comedy focusing on food, sex and getting in shape (S) (HD) **11.25** Sex and the City: double bill. Charlotte looks for love, then Samantha admits she is seeing Richard (S) (HD) **12.35am** Camping (S) (AD) (HD) **1.40** Carters Get Rich (S) (AD) (HD) **2.30** Modern Family (S) (HD) **3.30–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy **Sky** 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am Friends: 20 back-to-back episodes of the comedy (S) (AD) (HD) **6.00pm** Friends: Joey and Ross date the same girl **6.30** Joey is nominated for an award **7.00** Monica is perturbed by Chandler's attraction to her cousin **7.30** Rachel bumps into an old college friend **8.00** Monica and Chandler write their wedding vows **8.30** Chandler reluctantly visits his father (S) (AD) (HD) **9.00 FILM** Police Academy ★★★ Comedy starring Steve Guttenberg (S) **11.00** Kevin Bridges: the Brand New Tour: stand-up show from 2018 (S) (HD) **12 midnight** Live at the Apollo (S) (HD) **1.00am** South Park: seven episodes (HD) **4.15–5.00am** Friends (S) (AD) (HD)

Comedy Central **Sky** 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (Wales 213) **Virgin** 133

Alibi

The Mallorca Files *8.00pm* Miranda and Max's tasty case

7.15am Murdoch Mysteries (S) (HD) **10.00** Father Brown (S) (AD) (HD) **2.00pm** The Mallorca Files (S) (AD) (HD) **4.00** Maisie Raine (S) (AD)

6.00pm Death in Paradise *3/8 Series 8.* A TV presenter's body is washed up on the shore. (S) (AD) (HD)

7.00 Murdoch Mysteries *Ep 4 Series 16.* Murdoch investigates the murder of a man found dead outside a burlesque show. (HD)

8.00 The Mallorca Files *3/6 Series 2.* Max and Miranda embark on a culinary journey as they hunt for a murderer. (S) (AD) (HD) **9.00** *4/6.* Max and Miranda uncover dodgy deals and illicit love affairs while assigned to protect a footballer. (S) (AD) (HD)

10.00 CSI: Vegas *7/21 Series 2* A mysterious Bigfoot-like print found near a crime scene puzzles the CSI team. (AD) (HD)

11.00 Major Crimes *8/13 Series 6.* The team uncovers a series of sexual assaults connected to the two murders. (S) (HD) **12 midnight** *9/13.* Raydor faces choices over her health problems as she investigates a series of murders and assaults. (S) (HD)

1.00am Murdoch Mysteries (S) (HD) **2.00** Maisie Raine (S) (AD) **3.00–4.00am** We Hunt Together: a mystery killer strikes (S) (AD) (HD)

Alibi **Sky** 109 (Wales 110) **Virgin HD** 126 **BT** 343/**HD** 358 **+1** **Sky** 209 (Wales 210) **Virgin** 191

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **12 noon** Lost Mines: Restored: four editions (S) (HD) **4.00pm** Gold Rush: Parker's Trail: double bill (S) (HD) **6.00pm** Ed Stafford: First Man Out: in Kenya's Rift Valley (HD) **7.00** Alaska: Homestead Rescue: double bill. The Raneys help a Texas family with dreams of a horse rescue, then they race against the clock in their rescue of a Texas homestead (S) (HD) **9.00** ***New.*** Dirty Jobs: Mike Rowe shows us where our food comes from, harvesting caviar from the muddy Mississippi River (HD) **10.00** Diesel Brothers: Heavy D thinks he has found gold in a rare Diesel Cadilla (S) (HD) **11.00** Bitchin' Rides: boosting the power of a 1955 Nomad (HD) **12 midnight** Naked and Afraid: four back-to-back editions (S) (HD) **4.00–5.00am** How Do They Do It? (S) (HD)

Discovery **Sky** 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** **Sky** 225 **Virgin** 258

Discovery History

6.00am Combat Dealers (S) (AD) **9.00** Wings of War: triple bill **12 noon** Nasa's Unexplained Files (S) **1.00pm** Truth behind the Moon Landing (S) **3.00** Greatest Events of World War II (S) **5.00** Combat Dealers (S) **6.00pm** Mystery of Egypt's Mega Temple (S) (AD) **7.00** Treasures of the Terracotta Army (S) (AD) **8.00** Greatest Events of World War II: double bill. Japan's attack on Pearl Harbor, then the story of the Battle of Midway in 1942 (S) **10.00** Blood and Fury: America's Civil War: double bill. The Battle of Bull Run in July 1861, then the Battle of Antietam in September 1862 **12 midnight** Combat Dealers (S) **2.00am** Disasters Engineered (S) **3.00–5.00am** Extreme Engineering (S)

Discovery History **Sky** 177 **Virgin** 257 **+1** **Sky** 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Lancaster *6.50pm* The story of the legendary bomber

6.00am Discovering: Clark Gable (S) (AD) **7.00** Discovering: James Stewart (S) (AD) **8.00** The Directors (S) **9.00** A Choice of Weapons: Inspired By Gordon Parks (S) **10.50** My Icon: Shaun Gayle (S) (AD) (HD) **11.00** Kipchoge: the Last Milestone (S) **12.50pm** My Icon: Linford Christie (S) (AD) (HD) **1.00** Laurel Canyon: the musicians who made history in the Hollywood Hills community (S) (AD) **4.10** My Icon: Solomon Wilcots (S) (AD) (HD) **4.30 FILM** JFK Revisited: through the Looking Glass ★★★★ *JFK* director Oliver Stone re-examines startling new evidence about the 1963 Kennedy assassination. **Review p95** (S) (AD) (W)

6.50pm Lancaster ★★★★
A look at the iconic British bomber, featuring both new and archive footage as well as interviews with crewmen. (S) (AD) (W)

9.00 Spitfire ★★★★
Charting the history of the famous fighter plane with testimony from pilots. (S) (W)

11.00 The Crime of the Century Documentary by acclaimed film-maker Alex Gibney, focusing on the relationship between "Big Pharma" and the US governmental regulators. (S) (AD)

1.10am The Crime of the Century (S) (AD) **3.25** King Otto (S) **5.05–6.00am** The Directors (S)

Sky Documentaries **Sky** 121 **Virgin** 277 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory (S) (HD) **9.00** Drain the Oceans: Deep Dive: six editions (S) (HD) **3.00pm** Drain the Oceans: Draining the Thames (S) (AD) (HD) **4.00** Drain Alcatraz (HD) **5.00** Thames Treasure Hunters (S) (HD) **6.00pm** Hunting Alaskan Dinosaurs: palaeontologists search for dinosaur remains in the Alaskan wilderness (S) (HD) **7.00** Super/Natural: the hidden forces that animals and plants use to find a mate (HD) **8.00** Snakes in the City: Simon meets a man who believes his ancestor has returned in the form of a serpent (HD) **9.00** Australia's Hardest Prison (HD) **10.00** Banged Up Abroad (HD) **12 midnight** America's Hardest Prisons (S) (HD) **2.00am** Money Meltdown (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** America's Wild Spaces (HD)

Nat Geographic **Sky** 129 **Virgin** 266 **+1** **Sky** 229 **Virgin** 267

Sky History

6.00am Beyond the Myth: the SS Unveiled (HD) **8.00** Pawn Stars (HD) **11.00** Mountain Men (HD) **12 noon** The Lost Pyramid (HD) **2.00pm** Britain's Most Historic Towns (HD) **5.00** Bermuda Triangle: into Cursed Waters (HD) **6.00pm** The Curse of Oak Island: the team uncovers more evidence of a sunken ship **7.00** Rome: Rise and Fall of an Empire: double bill. The rule of Marcus Aurelius, then the persecution of Christians by Emperor Decius (HD) **9.00** Eight Days That Made Rome: Emperor Titus's opening of the Rome Colosseum in AD 80, then the day that Emperor Constantine the Great was baptised a Christian (HD) **11.00** Colosseum (HD) **12 midnight** Forged in Fire (HD) **5.00–6.00am** Secrets in the Ice (HD)

Sky History **Sky** 123 **Virgin** 270 **BT** 353/**HD** 368 **+1** **Sky** 223 **Virgin** 271

Sky Nature

Uptown Otters *9.00pm* Dining out in Singapore

6.00am Arabian Inferno (S) **10.00** Gangs of Baboon Falls (S) **3.00pm** David Attenborough's Wild City (S) (AD) **4.00** ***New series.*** Uptown Otters

5.00pm David Attenborough's First Life The naturalist explores the origins of life on Earth, explaining how newly discovered fossils have transformed scientists' understanding of the first organisms. (S) **6.30** How evolution gained pace once creatures developed mouths and mobility, and how animals began surviving on dry land. (S)

8.00 Caught in Motion Featuring slow-motion footage of miraculous moments in the animal world. Here, cameras head beneath the water, where gravity takes a back seat and aquatic creatures rule. (S)

9.00 Uptown Otters Following families of otters in Singapore.

10.00 A Wild Year on Earth Millions of monarch butterflies converge in the forests of Mexico. The Arctic skies blaze with the aurora borealis as Earth completes its annual cycle. (S) (AD)

11.00 David Attenborough's First Life As 5pm/6.30pm. (S)

2.00am Caught in Motion (S) **3.00** The Predator's Playbook (S) **4.00–6.00am** Hope for Wildlife (S)

Sky Nature **Sky** 124 **Virgin** 278 **BT** 354/**HD** 369

Eden

9.00am Costa Rica: the Rise of Nature (HD) **12 noon** Equator: the Line of Life (HD) **3.00pm** Costa Rica: the Rise of Nature: three editions (HD) **6.00pm** Equator: the Line of Life: triple bill. A look at life in the jungles **7.00** Conflicts between animals, farmers and conservationists **8.00** Examining the ravages of global warming (HD) **9.00** Costa Rica: the Rise of Nature: three editions. A look at Costa Rica's unique forests during the dry season **10.00** Researchers and conservationists follow Costa Rica's "green corridors" in search of key species **11.00** Examining the country's marine ecosystems (HD) **12 midnight** Equator: the Line of Life (HD) **3.00am** Costa Rica: the Rise of Nature (HD) **5.30–6.00am** David Attenborough's Natural Curiosities: hedgehogs and rhinos (AD) (HD)

Eden **Sky** 166 **Virgin HD** 245 **+1** **Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Dodo Heroes (S) (HD) **2.00** Project Grizzly (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00pm** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** Coyote Peterson: Brave the Wild (S) (HD) **9.00** Tanked (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Wildest Islands of Indonesia (S) (HD) **12 midnight** Wildest Europe (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet **Sky** 162 (NI 178) **Virgin** 251 **+1** **Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

5.00am LIVE European Tour Golf Day four of the Singapore Classic from Laguna National. **9.30** Sky Sports News **11.30 LIVE Women's Super League Football** Tottenham Hotspur v Man Utd (kick-off **12.00**). **2.00pm LIVE Premier League Football** Leeds United v Manchester United (kick-off **2.00**); **4.00** Manchester City v Aston Villa at Etihad Stadium (kick-off **4.30**). **7.30 LIVE PGA Tour Golf** The final round of the Phoenix Open. **10.00 LIVE Super Bowl LVII** Philadelphia Eagles v Kansas City Chiefs from State Farm Stadium, Glendale, Arizona (kick-off **11.30**). **3.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am League One and Two Goals **6.30** Championship Highlights **8.00** League One and Two Goals **8.30** Championship Highlights **10.00** League One and Two Goals **10.30** Championship Highlights **11.00** Women's Super League **11.30 LIVE Women's Super League Football** Tottenham Hotspur v Man Utd (kick-off **12.00**). **3.00pm** Women's Super League **3.30** Championship Highlights **4.20 LIVE German Football** FC Cologne v Eintracht Frankfurt. **6.30** Championship Highlights **8.00** League One and Two Goals **8.30** Women's Super League **9.30** Championship Highlights **10.00** League One and Two Goals **10.30** Championship Highlights **12 midnight** Championship Season Review (AD) **1.00am** Classic Play-Offs **4.00–6.00am** League Cup Retro

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

5.00am LIVE European Tour Gold Singapore Classic, day four. **9.30** PGA Tour **9.45** The Improvers (AD) **10.00** Chronicles **10.30** PGA Tour **10.45** The Improvers (AD) **11.00** PGA Tour **12 noon** European Tour **1.00pm** Chronicles (AD) **1.30** The Improvers (AD) **1.45** PGA Tour **2.00** Hero Cup **3.00** The Improvers (AD) **3.15** PGA Tour Golf **3.30** European Tour Golf **4.30 LIVE PGA Tour Golf** The final round of the Phoenix Open. **11.00** European Tour Golf **12 midnight** Roots **1.00am** PGA Tour Golf **2.00** European Tour Golf **3.00** Chronicles **4.00** European Tour Golf **5.00–6.00am** Chronicles (AD)

Sky Mix

Sky 416 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

2.20–4.30pm LIVE German Football Hertha Berlin v Borussia Monchengladbach (kick-off **2.30**). **10.00–3.00am LIVE Super Bowl LVII** Philadelphia Eagles v Kansas City Chiefs (kick-off **11.30**).

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Cycling **7.00** Winter Sports **8.20 LIVE Nordic Combined Skiing** Men's HS100 ski jump. **9.30 LIVE Alpine Skiing** World Championships, men's downhill. **12.15pm LIVE Biathlon** World Championships, women's pursuit. **1.30** Winter Sports **1.45** Golf **2.15 LIVE Biathlon** World Championships, men's pursuit. **3.15 LIVE Ski Jumping** World Cup, men's individual HS128. **5.00** Alpine Skiing **7.00** Cycling **9.00** Alpine Skiing **11.00** Cycling **1.00am** Alpine Skiing **4.00–6.00am** Snooker

Super Bowl LVII *10.00pm* ***Sky NFL*** Who's going to lift the Vince Lombardi Trophy?

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Premier League Highlights **10.00** Sky Sports News **1.00pm LIVE Premier League Football** Leeds United v Manchester United (kick-off **2.00**); **4.00** Manchester City v Aston Villa at Etihad Stadium (kick-off **4.30**). **7.30** We're Not Really Here: Man City **8.00** The Fall and Rise of Leeds United **9.00** Premier League Highlights **2.30–6.00am** Classic Premier League

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Women's T20 World Cup **12.30pm LIVE Women's T20 World Cup Cricket** India v Pakistan at Newlands, Cape Town. **4.30** Bangladesh v Sri Lanka, a Group A match from Cape Town. **8.30–6.00am** Women's T20 World Cup Cricket: action from South Africa

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am NFL **8.30** NFL Bitesize (AD) **9.30** NFL Honors **11.30** Super Bowl Preview **12 noon** NFL Highlights **2.00pm LIVE Super Bowl LVII** Build-up from Glendale, Arizona; **10.00** Philadelphia Eagles v Kansas City Chiefs (kick-off **11.30**). **3.00am** NFL Bitesize **5.00–6.00am** NFL: America's Game (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.45am Super League: highlights **7.00 LIVE NRL** North Queensland Cowboys v Dolphins, pre-season; **9.00** Brisbane Broncos v Gold Coast Titans, a pre-season match. **11.00** Boxing: Azim v Reyes **3.00pm** Netball **4.45** NBA **7.00 LIVE NBA** Boston Celtics v Memphis Grizzlies (tip-off **7.00**). **9.30** NBA **2.00am** Premier League Darts **5.30–6.00am** Super League

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Snooker **8.00** Formula E **9.00** Freestyle Skiing: World Cup **9.20 LIVE Nordic Combined Skiing** Women's HS100 ski jump. **10.15** Cycling: Tour of Oman **10.50 LIVE Cycling** The final stage of the Women's UAE Tour. **12.30pm** Sailing: Ocean Race **1.00 LIVE Cycling** Figueira Champions Classic from Portugal; **2.30** The Clasica de Almería; **4.15** Day five of the European Track Championships in Grenchen. **5.30** Cycling **6.00** Snooker **8.00** World Superbikes **9.00** Formula E **10.00** Cycling **11.00** Alpine Skiing **12 midnight** Superbikes **1.00am** Cycling **2.00** Snooker **4.00–6.00am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

7.00am Champions League Magazine **7.30** ESPN FC: world football **8.00 LIVE Australian Football** Perth Glory v Newcastle Jets, A-League Women (kick-off **8.00**). **10.00** Europa League Magazine **11.00** ESPN FC: world football **11.30 LIVE Italian Football** Udinese v Sassuolo (kick-off **11.30**). **1.30pm** National League Football **2.00 LIVE Italian Football** Bologna v Monza (kick-off **2.00**). **4.00** Europa League Magazine **5.00 LIVE Italian Football** Juventus v Fiorentina (ko **5.00**); **7.00** Napoli v Cremonese (ko **7.45**). **10.00** Wrestling (AD) **1.45am** Uefa Documentaries (AD) **2.45** Champions League Football (AD) **3.15** World Rally **3.45** Reload (AD) **4.00–6.00am** 30 for 30: Requiem for the Big East (AD)

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am LIVE Australian Football Macarthur FC v Wellington Phoenix, an A-League match (kick-off **6.00**). **8.00** Premier League Football **10.00** French Football: highlights **11.00 LIVE World Rally** Sweden. **12.30pm** BT Sport Reload (AD) **1.00 LIVE Darts** World Seniors. **5.00** Super Smash T20 Cricket **7.00 LIVE Darts** The final of the World Seniors Championship. **11.00** World Rally **11.30** Pro League Hockey **12.30am** Europa League Magazine **1.30** Poker: World Tour Series (AD) **3.30** Classic Boxing (AD) **4.30** Premier League Legends (AD) **5.30–6.00am** BT Sport Reload (AD)

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am ESPN FC: world football **6.30 LIVE Pro League Hockey** Australia v Germany, women's. **8.30** ILT20 Cricket **9.00** Wrestling **11.00** What I Wore **11.15** ILT20 Cricket **11.45** High Performance Podcast (AD) **12.45pm LIVE Premiership Rugby Cup** A semi-final. **3.15** Sport in Focus (AD) **3.30** Immortals: football greats **4.00 LIVE French Football** Nantes v Lorient (kick-off **4.05**). **6.00** Wrestling: WWE action **7.30 LIVE French Football** Lyon v Lens (kick-off **7.45**). **9.45** UFC **1.45am** Reload (AD) **2.00–6.00am** French Football

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am National League Football **6.30** French Football **8.30** Italian Football **9.30** BT Sport Reload (AD) **9.45** ESPN FC **10.15** Basketball **12 noon LIVE French Football** Toulouse v Rennes (kick-off **12.00**). **2.00pm LIVE ILT20 Cricket** Coverage of the final from Dubai. **6.00 LIVE Portuguese Football** Sporting v FC Porto (kick-off **6.00**). **8.00 LIVE Basketball** A double header of US college games. **11.00** Basketball **2.30am** Super Smash T20 Cricket **4.30** World Rally **5.00–6.00am** Fishing (AD)

Viaplay Sports

3.30pm LIVE Scottish Cup Football Rangers v Patrick Thistle from Ibrox Stadium (kick-off **4.00**).

Amazon Prime

11.00am LIVE WTA Tennis Abu Dhabi Open, doubles final; **2.00pm** The singles final.

Monday

COULD DO BETTER Corrupt cop Lou Slack (Leila Farzad) considers her options when working with Col McHugh (Andrew Buchan, inset)

DRAMA

Better

9.00pm ***BBC1*** *Box set available from today via iPlayer*

NEW SERIES

If Ted Hastings from *Line of Duty* was to ever move to Leeds, he'd have a field day with detective Lou Slack (Leila Farzad). She's as corrupt as they come and is in the pay of both the police force and smooth gangster Col McHugh (Andrew Buchan), whose tentacles spread wide across the city.

But a day of reckoning is fast approaching and, following a stark and upsetting family crisis, Lou begins to realise that a life of double-dealing may not be for her. Is it too late for her to be redeemed?

In short, this is your textbook TV anti-hero moral fight and something that we've seen the likes of Walter White from *Breaking Bad* and *Ozark's* Marty Byrde wrestle with in the past. Despite the opening episode of this five-part thriller not being especially original, it is certainly convincing, with Farzad an empathetic lead and Buchan already giving hints that he'll be a dangerous enemy if crossed.

DAVID BROWN

See feature: page 32

QUIZ

Only Connect

8.00pm (8.30pm in Wales) ***BBC2***
Catch up via iPlayer

The joy of *Only Connect* lies not merely in the punishing nature of the do-try-this-at-home questions (the sequence starting with "bibidibobidi" is quite something), but how sublimely Victoria Coren Mitchell steers the ship. And her connected opening and closing monologues – this time featuring a Rodrigo from Rio de Janeiro – are always a surreal delight.

This week, the Cunning Planners, a trio of gentle sitcom mavens, and the Crustaceans, three rather more outgoing fans of animals with claws, battle for a semi-final slot. There's a health warning about cinnamon, a vowel-free tangent and we learn why *Only Connect* is called *Only Connect*... Perfect. **JOHN AIZLEWOOD**

TRAVEL

Andrea Bocelli: the Journey

8.00pm ***Sky Arts***
Catch up via Sky Go/Now

NEW SERIES

Since the eighth century, pilgrims travelling from Canterbury to the Holy Land have taken the Via Francigena into Rome. Tenor Andrea Bocelli retraces their steps on horseback, from Rome to his home town Lajatico, 300km north. If being seen off by Pope Francis is insufficiently surreal, Bocelli trots through the beautiful countryside mostly wearing a jacket, shirt and tie.

On the first of three legs, he's accompanied by wife Veronica, assorted friends and guests such as Haile Selassie's grandson. There are spiritual musings and a visually stunning night-time performance at a 3,000-year-old amphitheatre. Comfort TV at its most serene. **JA**

REALITY

Scarlett's Driving School

8.30pm (not Scotland, Wed 8.30pm in Wales and N Ireland) ***BBC1*** *Box set available from today on iPlayer*

NEW SERIES

Remember Maureen Rees from *Driving School* (available on iPlayer), one of our first reality TV stars? This cockle-warming series certainly does. *Gogglebox* alumna Scarlett Moffatt has failed her test 13 times, and now she's set up her own Teesside driving school. Professional instructors guide the brave friend or family member who has volunteered to ease the learner through a five-day crash course (hopefully without the crash). First behind the wheel is 24-year-old Jess, who's seen off five instructors. Can stepfather Richard help her shed the L-plates? It's about relationships as much as parallel parking. **MICHAEL HOGAN**

DOCUMENTARY

Putin vs the West

9.00pm (9.30pm in Wales) ***BBC2***
Catch up via iPlayer

LAST EPISODE

The concluding part of Norma Percy's amazing series detailing a decade of Vladimir Putin's double-dealing is the most chilling of all, detailing the final progression towards Russia's invasion of Ukraine in February 2022.

Once again, Percy's access to major players is incredible. You get a real sense of the horse-trading among states needed before sanctions were enacted after the Salisbury poisoning, for instance, as well as a feel for the gruesomely playful way that Putin dealt with his counterparts. This, after all, is the film where Johnson claims that the Russian leader "jokingly" threatened to fire a missile at him... **CERI THOMAS**

ALSO ON TODAY

Britain's Best Young Artist
6.00pm ***CBBC***
Jessie Cave hosts series two of the art challenge. Today, three youngsters must create a collage. Continues Tue–Thu.

George Clarke's Amazing Spaces
8.00pm ***C4***
Tonight's eye-popper for George Clarke (right) is a man adding a two-storey tepee to his American-inspired campsite.

SAS: Who Dares Wins – Jungle Hell
9.00pm ***C4***
The fourth phase of the nightmarish course sees the 11 remaining recruits on a hostage rescue mission.

DRAMA
Maternal
9.00pm ***ITV1*** *Catch up via ITVX*
Any woman considering a career as an NHS doctor will have second thoughts after watching Jacqui Honess-Martin's medical drama. Especially if they've got children because, unlike their male colleagues, Catherine, Maryam and Helen are under intense pressure to juggle home and work.

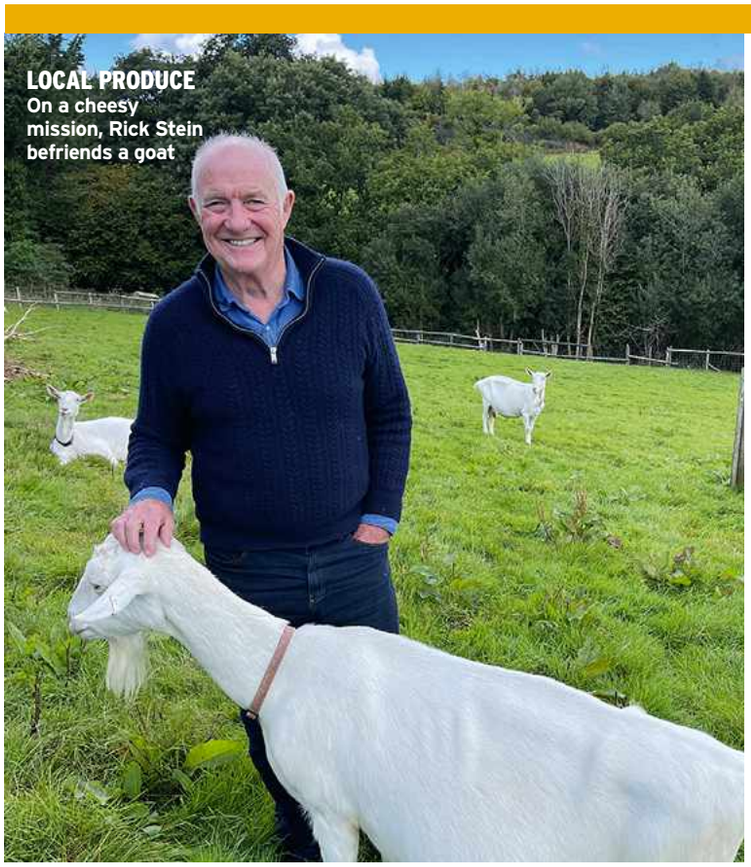
It's highlighted – in a slightly clichéd way – when Catherine and Jack apply for the same consultancy role (her baby is sick on her moments before the interview, while he plays golf with his male interviewer). But there's a ring of truth about it, too. Meanwhile, Maryam suffers a panic attack and Helen faces a dilemma. You may need to lie down in a dark room afterwards. **JANE RACKHAM**

DRAMA
The Last of Us
9.00pm ***Sky Atlantic***
Catch up via Sky Go/Now
If you're looking for clear-cut heroes and villains, this show might not be for you. In the two decades since the end of the world, everyone's done bad things – even our hero Joel, who ruthlessly murdered strangers and stole their supplies, before he got all paternal with his young charge, Ellie.

The theme continues – when Joel and Ellie hide in Kansas City, they meet a band of rebels who overthrew their violent, fascist government, only to become just as vicious as the soldiers they supplanted. You'd almost will on the killer, brain-melting fungus that's turned the population into zombies. If not for Joel and Ellie's bond, there'd be little worth saving. **HUW FULLERTON**

SITCOM
Everyone Else Burns
10.00pm ***C4*** *Catch up via All 4*
Everyone Else Burns has picked up a band of worshippers to become Channel 4's biggest comedy launch since *Derry Girls* in 2018. And rightly so: when it gently digs at religion, it's on fire. Yet, when dealing with more earthly matters, it dampens to become more of a lay comedy.

We're outside the church for this episode, with David taking Aaron away on a cursed caravan holiday trying to get to the bottom of his son's drawings, Fiona still pining after neighbour Andrew, and Bible-crossed lovers Rachel and Joshua failing to celebrate their one-month anniversary. But it's Lolly Adefope as inept teacher Miss Simmonds who gets all the best lines in an episode that is a bit hit-and-miss. **FT**



LOCAL PRODUCE
On a cheesy mission, Rick Stein befriends a goat

TRAVEL
Rick Stein's Cornwall
6.30pm ***BBC2***
Catch up via iPlayer
"I've got a great deal to thank Cornwall for," says Rick Stein, as he sets out – in a third series – to show us all the things that he loves about the county he calls home. He's probably on safer ground than Fern Britton, whose recent series about "her" Cornwall came in for criticism. Stein wasn't born in Cornwall either, but he's lived there most of his life and his name is inextricably linked with Padstow.

Shown daily through the week, it's a charmingly gentle stroll around the countryside, meeting locals, visiting his favourite old haunts, learning about its history and, of course, cooking some of its fabulous produce. It's where Stein's love of seafood started, but in tonight's programme he's cooking twice-baked cheese soufflés using goat's cheese he has just watched being made. **JR**

LIVE SPORT

Premier League Football
Liverpool v Everton
7pm (kick-off 8pm) ***Sky Premier League/Main Event***
Not the easiest of games for new Everton boss Sean Dyche (above).

T20 Cricket: ICC Women's World Cup
Sky Cricket/Main Event
12.30pm **Ireland v England**
From Boland Park in Paarl, South Africa, with the odds stacked in England's favour.
4.30pm **South Africa v New Zealand**

Snooker: Welsh Open
12.45pm ***Eurosport 2****, 1pm, 7pm* ***BBC2 Wales*** Day one.

FILM OF THE DAY

Ordinary Love ★★★ 12
11.15pm (not Wales) ***BBC2***
Taking a break from his action-movie comfort zone, Liam Neeson shows his sensitive side in this compassionate drama, playing a loving husband whose life is shattered when his wife (Lesley Manville, above) is diagnosed with cancer. (2019)

FILM REVIEWS page 75

GETTY; ALLSTAR

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)

9.15 Morning Live Gethin Jones, Kym Marsh. (S) (HD)

10.00 24/7 Pet Hospital Rubble the greyhound is brought in to give blood for the 15th time. (S) (AD) (HD)

10.30 Claimed and Shamed How a couple made an unlikely claim after being hit by a shop sign. (S) (HD)

11.15 Homes under the Hammer Properties in Kent, Staffordshire and Rhondda Cynon Taf. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Charlie Ross presents the show from Shepton Mallet in Somerset. (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Rob struggles to adjust to living with Scarlett, Emma challenges Luca to cook a meal, and Bear is caught between two old friends. (S) (AD) (HD)

2.15 The Farmers' Country Showdown Two couples compete at the Mid Devon Show. (R) (S) (HD)

3.00 Escape to the Country Alistair Appleton helps a businesswoman searching for a home in Hampshire with a budget of £950,000. (R) (S) (AD) (HD)

3.45 *New series.* Antiques Road Trip Margie Cooper and Ochuko Ojiri set off on an antiques hunt in north-west England where items include a 1940s fairground ride. Repeated tomorrow 6.30am BBC2 (S) (HD)

4.30–5.15 Bridge of Lies Quiz show hosted by Ross Kemp. Repeated tomorrow 7.15am BBC2 (S) (HD)

BBC2

6.25am Bargain Hunt Eric Knowles presents from Newark Showground. Shown last Friday BBC1 (S) (AD) (HD)

7.10 Bridge of Lies Quiz show. Shown last Friday BBC1 (S) (HD)

7.55–9.00 Sign Zone Winterwatch *3/8.* Featuring an insight into some of Britain's smallest mammals. (R) (S) (HD)

9.00 BBC News The latest headlines. (S) (HD)

1.00pm Hardball Quiz with Ore Oduba. (R) (S) (HD)

BBC RED BUTTON 1.00–4.30 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

1.45 Eggheads Quiz hosted by Jeremy Vine. (R) (S) (HD)

2.15 Britain in Bloom Chris Bavin helps a group of volunteers in Tewkesbury, Gloucestershire. (R) (S) (HD)

2.45 Murder, Mystery and My Family: Case Closed? The case of a poisoning in 1911. (R) (S) (AD) (HD)

3.30 Earth's Greatest Spectacles The transition from summer to autumn in New England. (R) (S) (AD) (HD)

4.30–5.15 Coast and Country Auctions Spalding Plant and Vegetable Auction in Lincolnshire. (R) (S) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Fashion and showbiz news. (S) (HD)

10.00 This Morning Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Daily discussion. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal David Dickinson visits Cheltenham Racecourse, where the dealers compete over watches and trade cash for coins. (R) (S) (AD) (HD)

3.00–4.00 Lingo Duos from Middlesex, Croydon and Grimsby compete in the battle of words hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With guest Jo Brand. (R) (S) (HD)

6.50 3rd Rock from the Sun (R) (S) (AD)

7.40 The King of Queens Triple bill. (R) (S) (AD) (HD)

9.00 Frasier Triple bill of the comedy. (R) (S) (AD)

10.25 Undercover Boss USA The president of a motor-care franchise poses as a food-truck owner competing in a reality show. (R) (S) (HD) **11.25 News** (S) (HD)

11.30 Sarah Beeny's New Life in the Country The ground floor of the new house is flooded. (R) (S) (AD) (HD)

12.30pm Steph's Packed Lunch Weekday magazine show hosted by Steph McGovern. (S) (HD)

2.10 Countdown Maggie Aderin-Pocock guests. (S) (HD)

3.00 A Place in the Sun A couple search for their ideal rural holiday home in Abruzzo, Italy. (R) (S) (HD)

4.00–5.00 A New Life in the Sun Building delays leave a trio of friends in limbo in Spain, while in France, novice B&B owners attempt to transform a run-down old farmhouse into holiday accommodation.
Repeated tomorrow 1.30pm 4seven (S) (HD)

BBC1 1

Better *9.00pm* Corrupt DI Lou Slack (Leila Farzad) attempts to take the path to redemption

5.15pm Pointless
Quiz show presented by Alexander Armstrong, with co-host Alex Brooker. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show
Jermaine Jenas and Alex Jones present. (S) (HD)

7.30 EastEnders
Whitney and Stacey clash over Lily.
Writer Lorraine Newman Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Cops, Cash and Fraudsters: Panorama
Fraud now represents around 40 per cent of all reported crime in the UK, but very few of the cases are solved. This programme follows Kent Police as their detectives try to catch the fraudsters.
Director/Producer Pip Clothier Signed repeat Fri 1.30am BBC2 (S) (HD)
NOTE: as *Panorama* reacts to the news its subject matter may change

8.30 Scarlett's Driving School
RT ***New series. 1/10.*** Scarlett Moffatt, who has failed her driving test 13 times, welcomes learner drivers who are struggling to pass their test. Tonight, the UK's top instructors try to help 25-year-old Jess, who has been learning for eight years and clocked up hundreds of hours in lessons. Jess's stepdad Richard assists her from the passenger seat with expert advice fed to him through an earpiece, but can she pass her test at last? The whole series will be available on iPlayer after this episode is shown. **See page 68.**
Directors/Producers Paul Gay, Melissa McCall and Matt Knight (S) (HD)

9.00 Better
RT ***New series. 1/5.*** Thriller starring Leila Farzad and Andrew Buchan. After her son almost dies, corrupt detective DI Lou Slack attempts to make amends for her misdeeds, but realises she must betray the dangerous drug baron she has been working for. The whole series will be available on iPlayer after this episode is shown. **See page 68.**

DI Lou Slack	**Leila Farzad**	DS Ibbotson	**Anthony Lewis**
Col McHugh	**Andrew Buchan**	Juliet Donovan	**Kate Rutter**
Ceri Davies	**Samuel Edward-Cook**	Thomas Ajazi	**Florian Rafuna**
Owen Davies	**Zak-Ford Williams**	Jade Wilkes	**Tillie Amartey**
DC Esther Okoye	**Olivia Nakintu**	Dr Bhaskari	**Asif Khan**
Donal McHugh	**Cel Spellman**	Belinda Wilkes	**Liz Hume-Dawson**
DCI Sandy Mosby	**Lucy Black**	Rashid	**Zaid Munir**
Peter "Bulgey" Donovan	**Garry Cooper**	Sidra	**Neelam Bakshi**
Curtis "Lord" Roy	**Mark Monero**	Abbott	**Danny Ryder**
Noel Wilkes	**Kaya Moore**	Elise	**Charley Webb**
Alma McHugh	**Carolin Stoltz**	Jenny	**Caroline Chesworth**
DI Phil Cowper	**Gavin Spokes**	Rachel	**Kate Hampson**
DS Khan	**Junade Khan**	PC Morgan	**Harry Egan**

Writer Jonathan Brackley and Sam Vincent; Producer James Dean
Director Jonathan Brough (S) (AD) (HD)
See feature: page 32

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Planet Sex with Cara Delevingne
***5/6.* Monogamish.** Cara visits a zoo in Santa Barbara to see what the animal kingdom can teach us about monogamy and relationships. (R) (S) (HD)
11.25 *6/6.* Do You Think I'm Hot? Cara explores the meaning of beauty, meeting model and activist Nyakim Gatwech to talk about diversity in the fashion industry. The whole series is available on iPlayer.
Exec producers Fiona Caldwell, Simon Andreae and Cara Delevingne
Series editor Kate Dart Both episodes first shown on BBC3 (S) (HD)

12.10am The Graham Norton Show Julianne Moore, Salma Hayek, Johannes Radebe and Shania Twain chat to the host about their latest ventures. Shown last Friday (S) (HD)
1.00 Have I Got a Bit More News for You Victoria Coren Mitchell hosts, with Ria Lina and Tim Shipman. (R) (S) (HD)
1.45 Weather for the Week Ahead (S) (HD)
1.50–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Putin vs the West *9.00pm* Jens Stoltenberg's bid to forestall an invasion of Ukraine falls on deaf ears

5.15pm Flog It!
Anita Manning values a gold charm bracelet and Philip Serrell takes a shine to a globe in Blackburn. (R) (S) (HD)

6.00 Richard Osman's House of Games
Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee are tested on trivia. (R) (S) (HD)

6.30 Rick Stein's Cornwall
RT ***New series. 1/10*** *Series 3.* The chef returns once more to share his love affair with the county. With mussels foraged from rock pools near his parents' old house, Rick heads home to Padstow to rustle up a seafood omelette for breakfast. Later, he takes a ghostly trip to Bodmin Moor. **See page 69.** (S) (AD) (HD)

7.00 Nadiya's Fast Flavours
6/6. Nadiya focuses on special occasions with fun-packed recipes including lemon drizzle swirls.
Editor Jon Hubbard (R) (S) (AD) (HD)

BBC RED BUTTON 7.00–11.00 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

7.30 Mastermind
Tonight's specialist subjects are Irish rock band U2, breeds of toy dog, the Mitford sisters, and guest stars in US sitcom *Friends*. Presented by Clive Myrie.
Executive producers David Young, Jimmy Mulville, Chris Jones and Kate Middleditch (S) (HD)

8.00 Only Connect
RT The Cunning Planners go head to head with the Crustaceans, as the race for a semi-final place heats up. Hosted by Victoria Coren Mitchell. **See 68.**
Director Siân G Lloyd; Producer Nick Martin (S) (HD)
RT PUZZLES Join the RT Puzzles website: radiotimespuzzles.com

8.30 University Challenge
In the penultimate match of the second round, two more teams battle for a place in the quarter-finals.
Director Martin Lord; Producer Peter Gwyn (S) (HD)

9.00 Putin vs the West
RT ***3/3.* A Dangerous Path.** In the wake of the Salisbury poisonings in 2018, prime minister Theresa May mobilises the international community against the use of chemical weapons on British soil. At the end of 2021, as tension builds on the Russian border with Ukraine, the head of the CIA, William Burns, delivers a stark warning to Putin that US intelligence is on to his plan to invade. Moreover, Nato secretary general Jens Stoltenberg makes last-ditch diplomatic efforts to avert war. But on the night of 24 February 2022, Russian missiles strike Kyiv. Narrated by Caroline Catz. **See page 68.**
Director/Producer Lotte Murphy-Johnson Rptd Wed 11.15pm (S) (AD) (HD)

10.00 QI
In an edition first shown last Friday, Alan Davies, Sara Pascoe, Bridget Christie and Deborah Frances-White look at tubes and tubas. (Revised repeat) (S) (HD)

10.30 Newsnight With Kirsty Wark. (S) (HD)

11.10 Weather (S) (HD)

11.15 Ordinary Love ★★★
Romantic drama with Lesley Manville and Liam Neeson. Loving couple Joan and Tom live a simple, quiet life together, until she finds a lump in her breast. The two begin to face their own mortality. Available on iPlayer for 30 days. **Film of the Day: p75.**
Directors Lisa Barros D'Sa and Glenn Leyburn (2019, 12) (S) (W) (HD)

12.40–3.20am Sign Zone 12.40 Countryfile Sean Fletcher is in Cornwall. Shown yesterday 6.35am (S) (HD)
1.35 Dragons' Den *5/14.* A fashion designer with handbags made from fish skin seeks investment. (R) (S) (AD) (HD)
2.35 Make It at Market Dom Chinea helps a glassblower and a couple passionate about upcycling. (R) (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Maternal *9.00pm* The battle for the consultancy role begins to take its toll on Catherine (Lara Pulver)

4.00pm Tipping Point
Ben Shephard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

5.00 The Chase
Suzi, Theo, Fey and Alan challenge one of the fearsome Chasers. Bradley Walsh hosts. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
April forms a plan to keep Marlon safe. Amelia suggests Samson spends time with Esther.
Writer Kirsty Halton Cast Thursday and Friday (S) (AD) (HD)

8.00 Coronation Street
Carla orders Stephen to salvage the deal with Rufus. Peter's motorbike trade is too good to be true. Mary uncovers Brian's alter ego.

Carla Barlow	**Alison King**	Sarah Barlow	**Tina O'Brien**
Stephen Reid	**Todd Boyce**	Abi Webster	**Sally Carman-Duttine**
Rufus Donahue	**Steven Meo**	Nina Lucas	**Mollie Gallagher**
Peter Barlow	**Chris Gascoyne**	Jess Heywood	**Donnaleigh Bailey**
Mary Taylor	**Patti Clare**	Amy Barlow	**Elle Mulvaney**
Brian Packham	**Peter Gunn**	Todd Grimshaw	**Gareth Pierce**
Kay	**Kate Kordel**	Benn	**Richie Bratby**
Kevin Webster	**Michael Le Vell**	Dylan Wilson	**Liam McCheyne**
Michael Bailey	**Ryan Russell**	Ed Bailey	**Trevor Michael Georges**
Candice	**Lauren Frain**	Sean Tully	**Antony Cotton**
Yasmeen Metcalfe	**Shelley King**	Dee-Dee Bailey	
Eileen Grimshaw	**Sue Cleaver**		**Channique Sterling-Brown**

Writers Emily Gascoyne and David Isaac
More cast Wednesday (S) (AD) (HD)

9.00 Maternal
RT *5/6.* Helen makes a shocking discovery, Maryam confesses her true feelings and motherhood throws everything at Catherine as she fights Jack for the consultancy role. The whole series is available on ITVX. **See page 69.**

Maryam Afridi	**Parminder Nagra**	Prof Alan Thomas	**Guy Williams**
Catherine MacDiarmid	**Lara Pulver**	Layla	**Sarah Lawrence**
Helen Cavendish	**Lisa McGrillis**	Laura	**Yazzmin Newell**
Jack Oliviera	**Raza Jaffrey**	Callum Wares	**Tareq Al-Jeddal**
Guy Cavendish	**Oliver Chris**	Jessica	**Jahanna James**
Raz Farooqi	**Abhin Galeya**	Hilary Wilshere	**Lucy Black**
Susan Fisher	**Julie Graham**	Louise Pennycook	**Elizabeth Dulau**
Lars Nordstrom	**Alexander Karim**	Anne MacDiarmid	**Haydn Gwynne**
Maggie Cavendish	**Aurora Jones**	Mr Williams	**Darren Hart**
Simon Segman	**Dean Ridge**	Mrs Williams	**Cheryl Mackie**
Mae Zhang	**Naomi Yang**		

Writer Jacqui Honess-Martin; Producer Betsan Morris Evans
Director Rebecca Gatward Repeated Thursday 3am (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Cold Case Forensics: the Murder of Lynette White
2/3. In February 1988, 20-year-old Lynette White was brutally knifed to death in Cardiff. Three men were found guilty of her murder, but their convictions were later ruled unsafe. The case was reopened 11 years later, using the latest DNA technology. In his programme, forensic scientist Dr Angela Gallop explains how she and her team found the real killer.
Shown last Thursday (S) (AD) (HD)
Cold Case Forensics: the Murder of Stephen Lawrence Thu 9pm

11.45 EFL Highlights
Hugh Woozencroft presents goals, reaction and analysis from the weekend's matches.
Shown Saturday 9pm ITV4 and 12.05am ITV1 (S) (HD)

1.30am Home Shopping (HD)
3.00 All Elite Wrestling: Dynamite Hard-hitting action from the USA. Shown last Friday ITV4 (S) (HD)
4.40 Unwind A sequence to calm the mind. (S) (HD)
5.35–6.00am James Martin's French Adventure A visit to Annecy. Shown Sat 12.40pm (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 / 7 in Wales

Everyone Else Burns *10.00pm* Back to basics: David's attempt to bond with Aaron doesn't go to plan

5.00pm Four in a Bed
At the World's End in Northamptonshire. (S) (HD)

5.30 Come Dine with Me
Kicking off a week in Cardiff is mental-health support worker and budding singer Tracey, who throws a Caribbean carnival for her guests. (S) (HD)

6.00 The Simpsons
Lisa the Tree Hugger. Can Lisa stop the felling of Springfield's oldest redwood tree? (R) (S) (AD)

6.30 Hollyoaks
Two old lovers hide their true feelings.
Writer Katie Lythgow Cast Thu/Fri Shown last Friday E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 George Clarke's Amazing Spaces
Ep 6 *Series 11.* A Welsh farmer and his wife want to upcycle an old horse lorry into a seaside retreat, and George meets a man planning to add a two-storey tepee to his American-inspired campsite. The next episode will be available to watch on All 4 after tonight's edition is shown.
Directors Jonathan Profaska and Jack Thompson; Series producer Stephen Leigh Rptd Friday 8pm 4seven (S) (AD) (HD)

9.00 SAS: Who Dares Wins – Jungle Hell
Ep 4 *Series 8.* The Directing Staff order the remaining 11 recruits to stand up and be counted on the fourth phase of the course, as they face a hostage rescue mission. The second leadership challenge is a punishing head-to-head race for ammunition supplies, requiring grit and determination to get the job over the line.
Series director Ben Archard; Series producer Joe Ward
Repeated tomorrow 12.40am Channel 4 with signing and Thursday 11.05pm 4seven (S) (AD) (HD)

10.00 Everyone Else Burns
RT *5/6.* David takes Aaron to the countryside for some father-son bonding. Rachel panics when she learns that she only has one day to complete her university application. The whole series is available on All 4. **See page 69.**

David	**Simon Bird**	Julia Angelie	**Soph Galustian**
Fiona	**Kate O'Flynn**	Joshua	**Ali Khan**
Rachel	**Amy James-Kelly**	Andrew	**Kadiff Kirwan**
Aaron	**Harry Connor**	Melissa	**Morgana Robinson**
Miss Simmonds	**Lolly Adefope**		

Writers Oliver Taylor and Dillon Mapletoft; Director Nick Collett
Producer Molly Seymour Repeated Wednesday 4.15am 4seven and Friday 12.20am Channel 4 with signing (S) (AD) (HD)

10.35 Gogglebox
Viewers share their opinions on *Frozen Planet II* and *The Masked Dancer*. From September 2022.
Repeated Friday 11.55pm 4seven (R) (S) (AD) (HD)

11.35 Jon and Lucy's Odd Couples
5/6. Jon Richardson and Lucy Beaumont host as TV presenter Ore Oduba and his wife Portia take on comedians Harriet Kemsley and Bobby Mair.
Series director Geri Dowd; Series producer Stevie Miller
Shown last Friday (S) (HD)

12.35am Ramsay's Hotel Hell Gordon checks in to the River Rock Inn in Pennsylvania. (R) (S) (SL) (AD) (HD)
1.25 Couples Come Dine with Me Three pairs from West Yorkshire compete for the cash prize. (R) (S) (HD)
2.15 Grand Designs A home in Kent. (R) (S) (SL) (AD) (HD)
3.10 George Clarke's Old House, New Home George visits a cottage in Warwickshire. (R) (S) (SL) (AD) (HD)
4.05 Building the Dream A couple building a sustainable home in Leicestershire. (R) (S) (SL) (AD) (HD)
5.00 Location, Location, Location Kirstie and Phil look for homes in Cumbria and Lancashire. (R) (S) (HD)
5.50–6.10am Kirstie's House of Craft Kirstie shows how to make a garland and a spring wreath. (R) (S) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 / 24 in Scotland

Russia 1985–1999: TraumaZone *10.00pm* Boris Yeltsin backs war in Chechnya

7.00pm Great British Railway Journeys
4/15 *Series 9.* **Chichester to Cowes** In West Sussex, Michael Portillo encounters an Edwardian motoring duo patronised by Edward VII. In Southsea, he treads the boards at the majestic King's Theatre then, after crossing the Solent to Ryde, travels along the pier in one of the 1930s London Underground trains that are still in regular passenger service. Continues tomorrow 7pm.
Director Joseph Cunningham; Series producer Alison Kreps Repeated 2am (R) (S) (AD) (HD)

7.30 The Joy of Painting
Bob Ross paints crashing waves and a sky made of a mixture of gold, pink and mauve. More tomorrow 7.30pm.
Repeated 2.30am (R) (S)

8.00 The Impressionists: Painting and Revolution
3/4. **Painting the People.** Waldemar Januszczak continues his investigation of the impressionists, focusing this time on the people they painted and in particular the subjects of Degas, Caillebotte and the often forgotten women artists. These include Morisot, Bracquemond and Cassatt, three female painters who were eagerly embraced by the progressive movement of impressionism.
Producer Susan Doyon
Repeated 12 midnight (R) (S) (AD) (HD)

9.00 Britain's Lost Masterpieces
Dr Bendor Grosvenor and Emma Dabiri visit Cardiff Art Gallery to investigate an overpainted Madonna attributed to a follower of Botticelli. Will conservation reveal evidence of the hand of the master himself? And Emma explores the story of the work's donors – two wealthy Welsh sisters.
Series producer Stephen Geilinger
Executive producer Harry Bell
First shown on BBC1 Signed rpt 3am (S) (AD) (HD)

10.00 Russia 1985–1999: TraumaZone
6/7. **1994 to 1998.** The group around the president believes a war in Chechnya will save him. However, others want the war to restore the glory of the Russian empire. The oligarchs seize control of practically everything and in the upside down world gangsters become heroes for defending democracy. (R) (S) (HD)
11.00 ***7/7.*** **1995 to 1999.** Western bankers leave, and the oligarchs take control, searching for a new president – they choose Putin. Russians turn against "the curse of democracy".
Director Adam Curtis; Producer Sandra Gorel (R) (S) (HD)

12 midnight The Impressionists: Painting and Revolution Shown 8pm (S) (AD) (HD)
1.00am Ancient Worlds ***5/6.*** The origins of the Roman Republic. Shown last Tue (S) (AD) (HD)
2.00 Great British Railway Journeys Shown 7pm (S) (AD) (HD)
2.30 The Joy of Painting Shown 7.30pm (S)
3.00–4.00am Britain's Lost Masterpieces Shown 9pm (S) (SL) (AD) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

MONDAY Television

BBC1 SCOTLAND
8.30–9.00pm Food Fest Scotland: at the Stranraer Oyster Festival

BBC SCOTLAND
2.00pm My Kind of Town: Fort William: signed **2.30** Eat the Town: signed **3.00–4.00** This Farming Life: signed **7.00** The Seven **7.30** Sportscene: Scottish Cup Live: Darvel v Falkirk (kick-off 7.45) **10.00** The Agency: Unfiltered: new series **10.30** Dubai Hustle **11.00** Loop **11.30–12 midnight** The Scotts

STV
10.40pm Scotland Tonight **11.05** EFL Highlights (R) (S) (HD) **1.00–3.00am** Home Shopping **4.40–5.35** Night Vision

BBC1 WALES
10.00–10.30am 24/7 Pet Hospital: a labrador has an extreme allergic reaction **8.00pm** X-Ray: the success of community cinemas **8.30–9.00** Food Fest Wales: the food festival at Llangollen **10.40** Cops, Cash and Fraudsters: Panorama **11.10** Planet Sex with Cara Delevingne: double bill **12.40am** The Graham Norton Show **1.30–6.00** BBC News

BBC2 WALES
1.00–4.30pm Snooker: the Welsh Open: day one **7.00** Snooker: the Welsh Open **8.00** Mastermind **8.30** Only Connect **9.00** University Challenge **9.30–10.30** Putin vs the West **11.15** Snooker **12 midnight** QI **12.30–12.40am** Coast

ITV1 WALES
10.45–11.45pm Sharp End: political discussion

BBC1 NI
8.00pm The Chronicles of Belfast: autumn sees the arrival of wild ponies and a pond being built **8.30–9.00** Food Fest Northern Ireland: Ballycastle's food fair **10.40** Cops, Cash and Fraudsters – Panorama **11.10** Planet Sex with Cara Delevingne: double bill **12.45am** The Graham Norton Show: with guests Salma Hayek and Julianne Moore **1.35–6.00** BBC News

BBC2 NI
10.00–10.30pm I Lár an Aonaigh: new series. With actress Siobhán O'Kelly and music by David Keenan

UTV
10.45–11.45pm View from Stormont

Channel 5 listings are overleaf

MONDAY Freeview

Channel 5 [5]

Police: Night Shift 999 *9.00pm* PC Cooper helps a garage worker

5.35am Milkshake! See page 74
9.15 *New.* Jeremy Vine (S) (HD)
12.45pm George Clarke's Build a New Life in the Country A couple leave behind their well-paid careers in Aberdeen to open a B&B in France. (S) (HD) **1.40 5 News** (S) (HD)
1.45 Home and Away Bree is on tenterhooks awaiting news about her abusive husband. Shown last Friday 5 Star (S) (AD) (HD)
2.15 Remote Danger ★★ Thriller starring Stephanie Bennett, Stafford Perry and Kylee Bush. A marriage counsellor invites a couple to her cabin retreat, where her ulterior motives are revealed. Director Jason Wan Lim (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun A couple who traded in the delights of Essex for a home in a "pueblo blanco". (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Our Yorkshire Farm As autumn arrives, the Owen family prepare for the breeding season. Reuben, 16, practises for his tractor licence test. Director/Producer Ben Jamieson (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Motorway Cops: Catching Britain's Speeders PCs Matt Turner and Rich Woodward are on the tail of an uninsured driver. When they catch up with him, they learn that he has never taken a driving test. Director/Producer Jo Conchie (S) (HD)
7.55 5 News Update (S) (HD)
8.00 *New.* Traffic Cops A young man who has stolen his grandfather's car leads the police into a bizarre and dangerous pursuit that ends in a trip to hospital for the suspect. Series director/producer Simon Meehan (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 *New.* Police: Night Shift 999 *8/8 Series 2.* When a car is stolen and crashed by a pair of youths, officers set out on a manhunt to track down the culprits. And PCs Hayes and Cooper help a night worker in a petrol station after he's attacked by a customer. Series producer Matt Holden (S) (HD)
10.00 Casualty 24/7: Every Second Counts Lead nurse Steph is already struggling with overcrowding when the alarm sounds and all available staff must head to resus to help a fitting patient. Directors Aaron Nelson and Jade Gilbert (S) (HD)
11.05 999: Critical Condition Sanjeev Nayak undertakes a highly delicate operation to cure Helen, who has a life-threatening aneurysm on her brain. Meanwhile, Betty is rushed into hospital with a ruptured spleen. Directors Tom Turner and Leo Fawkes (S) (HD)
12.05am Police Interceptors (S) (HD) **1.00 *New.*** Casino (S) (HD) **3.00** Entertainment News (S) (HD) **3.05** The Yorkshire Steam Railway: All Aboard (S) (HD) **3.55** Britain's Greatest Bridges (S) (SL) (AD) (HD) **4.40** Great Artists (S) (SL) **5.10–5.35am** House Doctor (S) (SL)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

The Fault in Our Stars *8.00pm* Augustus and Hazel become close

7.00pm Zen Motoring *1/6.* Former battle rapper Ogmios gives his guide to being a zen driver, light creepers and scooter boys. More tomorrow 7pm. (S) (HD)
7.10 Yianni: Supercar Customiser *1/20 Series 1.* Car customiser Yianni gets a hybrid supercar ready in a week. (S) (HD) **7.35** *2/20.* Yianni works on a tour bus. More Tue 7.10pm. All three series will be available on iPlayer after this episode. (S) (HD) Followed by ***New.* The Catch Up** (S) (HD)
8.00 The Fault in Our Stars ★★★ Romantic drama starring Shailene Woodley and Ansel Elgort. Two teens attending a cancer self-help group form a bond that deepens into love. Available on iPlayer for 30 days. **Review page 75.** Director Josh Boone (2014, 12) (S) (W) (HD)
10.00 Wagspiracy: Vardy v Rooney The hidden working of the tabloids, PRs and agents relating to the trial. (S) (AD) (HD)
10.45 Bad Education *5/6 Series 4.* **Glow Up.** Class K and Stephen give Mitchell a makeover, hoping his girlfriend will take him back. Shown yesterday 10pm (S) (AD) (HD)
11.15 Charlotte in Sunderland *3/10.* Charlotte stresses in preparation for York Fashion Week. (S) (HD) **11.45** *4/10.* Charlotte tells best friend Lauren about her mum's illness. (S) (HD)
12.15am Love in the Flesh (S) (HD) **1.00** Bad Influencer: the Great Insta Con (S) (AD) (HD) **1.45** as 10pm **2.30–3.55am** Sky High Club: Scotland and Beyond (S) (AD) (HD)

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)
6.00pm Celebrity Catchphrase Stephen Mulhern welcomes Richard Ayoade, Katie McGlynn and Joe Swash. (S) (AD) (HD)
7.00 Ninja Warrior UK Semi-final of the physical challenge. Ben Shephard, Rochelle Humes and Chris Kamara host. (S) (AD) (HD)
8.00 Superstore *21/22 Series 3.* Amy and Jonah deal with the aftermath of their kiss. Glenn and Dina enlist Garrett to help the store win a visit from the CEO. (S) (AD) (HD)
8.30 *22/22.* Amy and Jonah rally their colleagues to confront Cloud 9's CEO at a company town-hall meeting. (S) (AD) (HD)
9.00 *New.* Love Island The fifth week continues with the single people living like celebrities in the villa. (S) (HD)
10.05 *New.* Buffering *Ep 3* *Series 2.* Iain tries to impress his dad by pitching an idea for a ground-breaking TV show. (S) (HD)
10.35 Family Guy *Series 16.* Brian mutilates Stewie's teddy bear Rupert. (S) (AD) (HD)
11.05 Lois's parents hire a nanny. (S) (AD) (HD)
11.35 American Dad! *Series 2.* Roger becomes Stan's new sidekick. (S) (AD)
12.05am Stan and Roger swap lives. (S) (AD)
12.35 The Stand Up Sketch Show (S) (HD) **1.05** Kavos Weekender (S) (HD) **2.05** Totally Bonkers Guinness World Records (S) (HD) **2.35–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Ridley *8.00pm* The former detective's expertise is called upon again

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: ***5/14*** *Series 3 Moving On.* Jacqui is accused of theft Rptd 12.05am; **9.45** ***6/14.*** *Home.* Sandra starts her new job Rptd 1.05am (S) (AD) **10.55** Heartbeat: ***9/15.*** Maggie is the victim of a burglary; **12.05pm** ***10/15.*** Nick goes under cover (S) (AD)
1.15pm Classic Emmerdale: double bill. Temperatures are soaring again for Ronnie and Louise, then Diane decides to have it out with Louise over her affair with Ronnie (S) **2.15** Classic Coronation Street: double bill. Toyah meets the man of her dreams, then Tyrone and Maria rekindle an old flame (S) (AD) **3.25** On the Buses (S) **3.55** Maigret: ***1/6*** *Series 1. The Patience of Maigret.* A suspected jewel thief is found murdered (S) (AD)
5.40pm Heartbeat ***11/15*** *Series 5.* A woman seeks justice when her husband suffers a fatal heart attack after confronting a burglar. (S) (AD) **6.50** ***12/15.*** When Greengrass finds an unexploded bomb, the Army is called in, but one woman refuses to leave her home. (S) (AD)
8.00 Ridley ***4/4.*** **The Numbered Days.** When Ridley and Carol are called out to investigate the death of a man who fell from his balcony, the former detective makes a shocking discovery. Starring Adrian Dunbar and Bronagh Waugh. (S) (AD) (HD)
10.00 Grantchester ***3/6*** *Series 1.* A woman who thinks that her future son-in-law plans to kill her is found dead, seemingly of natural causes. When her sister dies suspiciously soon after, Sidney and Geordie set off on a quest to find a man on the run. James Norton and Robson Green star. (S) (AD) (HD) **11.00** ***4/6.*** There's a murderer on the loose, but Geordie is overwhelmed by a personal tragedy. Will it ruin his relationship with Sidney and allow the killer to escape? Continues tomorrow 10pm. (S) (AD) (HD)
12.05am Where the Heart Is Shown 8.35/9.45am (S) (SL) **2.20–2.30** Unwind (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am The Saint (S) **7.00** The Casebook of Sherlock Holmes (S) (AD) (HD) **8.00** Magnum, PI (S) (SL) (AD) (HD) **9.05** The Sweeney (S) **10.10** Minder (S) (AD) **11.15** The Saint (S)
12.20pm The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.30** The Motorbike Show (S) (HD) **2.35** Magnum, PI (S) (AD) (HD) **3.35** The Sweeney (S) **4.45** Minder (S) (AD) **5.50** The Motorbike Show: the Malvern Hills (S) (HD)
6.55pm River Monsters Tracking down a creature that maimed a young man. (S) (HD)
7.30 Jeremy returns to Africa's Okavango Delta to reinvestigate the tigerfish. (S) (HD)
8.00 Monster Carp The team visit Hungary to hunt the biggest king carp. (S) (HD)
9.00 FILM Die Hard 2 ★★★★ Action thriller sequel starring Bruce Willis. (S) (AD) (W) (HD)
11.25 FILM Mad Max 2 ★★★★ Futuristic action adventure starring Mel Gibson. In the aftermath of a Third World War, petrol has become the most valuable commodity. Rival gangs battle for the liquid, and caught in the conflict is a former cop and now an embittered road warrior. **Review p75.** (S) (AD) (W) (HD)
1.30am Minder (S) (SL) (AD) **2.25** The Protectors (S) **2.50–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

The Inspector Lynley Mysteries *8.00pm* The detective meets Jemma

7.20am Pie in the Sky: ***6/10*** *Series 1.* Crabbe investigates a killing in Wychwold (S) **8.10** The Bill: a flasher terrorises Sun Hill **9.10** Classic Holby City: Jac, Ric and Sacha confront some old enemies (S) (HD) **10.35** Casualty: Ethan takes Connie to London to seek advice about her advancing illness (HD) **11.40** The Bill: a familiar face joins Sun Hill
12.40pm Classic EastEnders: double bill. Sam's plan leads to a nasty shock, then Kat's planned reconciliation with Zoe is scuppered **2.00** Howards' Way: ***5/13*** *Series 3.* Avril tells Charles her relationship with Tom is over (S) **3.10** Pie in the Sky: ***5/6*** *Series 4.* A VIP lunch is sabotaged (S) **4.10** Peak Practice: ***1/13*** *Series 2.* Jack struggles to save an asthmatic schoolgirl's life **5.20** As Time Goes By: ***6/7*** *Series 7.* Jean arranges a party (S)
6.00pm Are You Being Served? *Series 10.* **The Night Club.** Old Mr Grace seeks money-making ideas. (S)
6.40 To the Manor Born ***3/7*** *Series 1.* **Going to Church.** Audrey and DeVere clash over church. (S)
7.20 Last of the Summer Wine *Series 6.* **Car and Garter.** Sid needs a glamorous new image. (S)
8.00 The Inspector Lynley Mysteries ***3/4*** *Series 3.* **A Cry for Justice.** Reinstated to the rank of DS, Havers goes under cover to solve a murder at an exclusive club. (S)
10.00 New Tricks ***2/8*** *Series 2.* **Family Business.** The team tries to trace the attacker of an Asian woman who has been left in a coma after a brutal beating. A young Asian officer is drafted in to help and forms an unlikely alliance. (S) (AD)
11.20 Clocking Off ***5/7*** *Series 2.* **Ronnie's Story.** Lorry driver Ronnie falls victim to a hijacking. (S)
12.35am Bad Girls: ***8/16*** *Series 5.* Jim plants cocaine on Yvonne (S) **1.45** Lovejoy: ***6/12*** *Series 2.* A painter goes missing (S) **2.55–4.00am** Leonardo: ***8/8.*** With the execution nearing, Leonardo's life hangs in the balance as his guilt is upheld (S) (AD) (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am The Real Housewives of Cheshire: Seema puzzles Dawn (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe (HD)
12 noon *New.* Sugar Showdown First shown on Sky (S) (HD) **12.20pm** The Real Housewives of New York City (S) (HD) **1.15** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00 *New.*** The Real Housewives of New Jersey (S) (HD)
6.00pm Making It Home with Kortney and Kenny Grant and Miguel want to make their old house feel like home. (S) (HD)
7.00 Buying and Selling The duo spruce up a worn-out home in the suburbs. (S) (HD)
8.00 Dinner Date Luke's dates. (S) (AD) (HD)
9.00 Botched Surgeons Terry and Paul recall some of their toughest cases. (S) (HD)
10.00 The Real Housewives of Atlanta The group celebrates Kandi's play. (S) (HD)
11.00 Tanya's Extreme Therapies A coffee enema and cold water therapy. (S) (HD)
11.30 The Only Way Is Essexmas 2020 The group make the best of a bad situation. (S) (HD)
12.45–1.00am Unwind (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

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More4 18

The Royals: a History of Scandals *9.00pm* Professor Suzannah Lipscomb

8.55am Kirstie's House of Craft **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)
6.55pm Escape to the Château It's Angel's parents' 50th wedding anniversary and she invites more than 100 of their closest friends and family to the château to celebrate. (AD)
7.55 Grand Designs Kevin McCloud follows a couple as they transform a neglected half-acre site in Gloucestershire. With 27 protected trees on the plot, their solution is to build a modern treehouse. (AD)
9.00 *New.* The Royals: a History of Scandals *3/4.* Dr Joanne Paul, Professor Matthew McCormack and Dr Anna Senkiw help Suzannah Lipscomb investigate some of the most notorious cold cases. (AD)
10.00 Queen Victoria's Last Love: Abdul Karim Chronicling the monarch's relationship with Indian servant Abdul Karim, which led to jealousy in the royal household when he rose from the position of waiter to become one of Victoria's closest confidants.
11.05 24 Hours in A&E A 56-year-old man is put on life support following a cardiac arrest. Meanwhile, 12-year-old Kamilla is scanned after being knocked down by a car. (AD)
12.10am The Royals: a History of Scandals (AD) **1.15** Eight out of Ten Cats Does Countdown **2.20** 24 Hours in A&E (AD) **3.25–3.50am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 **Virgin** 147
+1 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

6.00am Hollyoaks Shown last Thu/Fri C4
7.00 Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory: double bill (AD)
6.00pm The Big Bang Theory *23/24* *Series 11.* Sheldon travels to Texas. (AD)
6.30 *24/24.* Friends and family gather as Amy and Sheldon prepare to tie the knot. (AD)
7.00 *New.* Hollyoaks Juliet decides to plan a romantic gesture for Peri. Cast pp101/111 Repeated tomorrow 6.30pm Channel 4 (AD)
7.30 Come Dine with Me Bea serves up a Cretan feta starter in Gloucestershire.
8.00 *New.* Below Deck: Mediterranean A new crew member arrives, and Natasha reunites with a blast from the past. (AD)
9.00 Gogglebox The households' opinions on *Antiques Roadshow* and *Frozen Planet II.* (AD)
10.00 Naked Attraction A wrestler takes his pick of six potential partners. (AD)
11.05 First Dates A parliamentary assistant fears talking politics scares men away. (AD)
12.10am Gogglebox (SL) (AD) **2.20** Below Deck: Mediterranean (AD) **3.10** Naked Attraction (AD) **4.05** Ramsay's Kitchen Nightmares USA (SL) **4.55–6.00am** The Goldbergs (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 **Virgin** 106
+1 **Freeview** 30 **Freesat** 123 **Sky** 235 **Virgin** 146
E4 Extra **Freeview** 31 **Freesat** 181 **Sky** 138 **Virgin** 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** The Bidding Room **2.00** Animal Cops Philadelphia **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00 *New.*** The Edinburgh Auction House **10.00** The Repair Shop **11.00** Ghost Adventures (AD) **12 midnight** Ghosts of Devil's Perch **1.00am** Ghost Adventures **2.00** Home Shopping **4.00–6.00am** Animal Cops Philadelphia

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Andrea Bocelli: the Journey *8.00pm* A spiritual pilgrimage around Italy

6.00am Cirque du Soleil: Delirium **7.40** Rumpelstilzchen **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Bruce Willis
12 noon Sky Arts Book Club **1.00pm** Tales of the Unexpected **2.00** Treasures of the British Library **3.00** Landscape Artist of the Year 2017 **4.00** Discovering: Michelle Pfeiffer **5.00** Tales of the Unexpected
6.00pm Alfred Hitchcock Presents A gangster looks for the woman he holds responsible for his brother's death.
6.30 A man is left paralysed after a bad traffic accident on a rural road.
7.00 André Rieu: European Dream The Dutch violinist celebrates the music of his classical heroes, including Johann Strauss.
8.00 RT CHOICE *New series.* Andrea Bocelli: the Journey The tenor goes on a spiritual pilgrimage around Italy, exploring his country's history and culture. **See p68.**
9.00 André Rieu in Wonderland The violinist performs a family concert at Efteling theme park in Holland, with songs including *Heigh-Ho!* and *Some Day My Prince Will Come*.
11.30 Escher: Journey into Infinity Exploring the life and work of the Dutch graphic artist Maurits Cornelis Escher.
1.05am Backstage at Live Aid: Urban Myths (AD) **1.35** Johnny Cash and the Ostrich: Urban Myths (AD) **2.05** Touching the Void **4.10** The South Bank Show **5.10** The Police: Music Icons **5.35–6.00am** Video Killed the Radio Star

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: five episodes (AD) **11.30** A Place in the Sun: double bill
1.30pm A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun
6.00pm Sarah Beeny's New Life in the Country To find some inspiration, the family visits a local former monastery founded in the 12th century: Forde Abbey. (AD)
7.00 Matt Baker: Our Farm in the Dales *3/6* *Series 2.* The Baker family look forward to meeting their first pygmy goats. (AD)
8.00 A Lake District Farm Shop *Ep 5* *Series 2.* Estate manager John keeps Tebay's environmental drive going with the installation of coffee cup recycling stations. (AD)
9.00 The Great Pottery Throw Down *Ep 6* The potters make a table light. **See choice, p58.** Shown yesterday 7.45pm C4 (S) (AD)
10.15 24 Hours in Police Custody *Ep 5* *Series 8.* Veteran detective DC Dave Brecknock investigates a burglary of antiques worth £250,000 at a country estate. (AD)
11.20 SAS: Who Dares Wins – Jungle Hell *Ep 4* *Series 8.* The 11 recruits face a hostage rescue mission. Shown 9pm C4 (AD)
12.25am 24 Hours in A&E (AD) **1.30** 999: on the Front Line **2.35** In the Footsteps of Killers (AD) **3.35–4.35am** Guy Martin's Power Trip (AD)

4seven **Freeview** 49 **Freesat** 127 **Sky** 137 **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** Three Men Four Wheels **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 *New.*** Outback Opal Hunters **10.00** Jade Fever **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Three Men Four Wheels **4.00–5.00am *New.*** Snooker

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 169
+1 **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 213

Yesterday 27

Hornby: a Model World *8.00pm* Paramjit works on a Buccaneer jet

6.00am Warbird Workshop **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird **11.00** The Fred Dibnah Story
12 noon Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird
6.00pm Great British Railway Journeys Michael Portillo begins the first leg of a journey from south-west Wales to Cambridge.
6.30 A traditional cider house in Hereford.
7.00 The Fred Dibnah Story Fred and his wife Alison go on separate holidays.
7.30 Fred finds himself pursued by women.
8.00 *New.* Hornby: a Model World *5/11* *Series 2.* Paramjit in the Airfix team works on a Buccaneer fighter jet in 1:48 scale. (AD)
9.00 The Architecture the Railways Built Tim Dunn sees Snowdon's summit station and Strasbourg's 19th-century station. (AD)
10.00 Bangers and Cash Derek heads out to pick up a pair of beautiful Swedish models – a Saab 96L and a Volvo P1800ES. (AD)
11.00 Abandoned Engineering The remains of a correctional facility in Atlanta. (AD)
12 midnight Great British Railway Journeys **1.00am** Great British Landmark Fixers **2.00–3.00am** Warbird Workshop

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129
+1 **Freeview** 74 **Sky** 255 **Virgin** 217

Dave 19

7.10am Mega Air **8.00** Fast Justice **9.00** Cops on the Rock (AD) **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Secret France (AD)
12 noon Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear (AD) **4.00 *New.*** Survivor South Africa (AD)
6.00pm Taskmaster *8/10* *Series 7* Jessica Knappett demonstrates her mastery of a child's percussion instrument.
7.00 Richard Osman's House of Games With Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee.
7.40 Room 101 With guests David Tennant, Trevor McDonald and Aisling Bea.
8.20 Would I Lie to You? Rob Brydon hosts a festive edition as Lee Mack and David Mitchell are joined by Henry Blofeld, Kerry Howard, the Rev Richard Coles and Clive Myrie.
9.00 QI XL Guests include Sara Pascoe.
10.00 Have I Got a Bit More News for You Romesh Ranganathan hosts.
11.00 Taskmaster *1/10* *Series 9.* Greg Davies is joined by David Baddiel, Ed Gamble, Jo Brand, Katy Wix and Rose Matafeo.
12 midnight Mock the Week **12.40am** QI **1.20** Meet the Richardsons **2.00** Perfect (AD) **2.35–4.00am** Not Going Out

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (Wales 112) **Virgin HD** 127
Dave Ja Vu **Freeview** 57 **Sky** 211 (Wales 212) **Virgin** 131

London Live 8

6.00am Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** Secrets of London with Mark Monroe **10.00** Plane Crash Re-created **11.00** Terry and Mason's Great Food Trip **11.45** Secrets of London with Mark Monroe **12 noon** Serving the Royals **1.00pm FILM** Time Limit ★★★ (BW) **3.00 FILM** Payroll ★★ (BW) **5.00** Princess Diana: in Search of Happiness **6.00** News **7.00** The Baron **8.00** Michael Palin's New Europe **9.15** The Comic Strip Presents... Les Dogs **10.00** Quest Boxing **11.00 FILM** Everything Must Go ★★★★ **1.00am FILM** The Village in the Woods ★★ **2.45** Born Equal **4.30** London Districts **4.45–6.00am** Michael Palin's New Europe

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am Murder, She Wrote **10.00** NCIS (AD) **12 noon** Law & Order: four episodes **3.55pm** Entertainment News **4.00** Law & Order **6.00pm** NCIS *Series 3.* Triple bill. The body of a Marine is found **7.00** A cryptographer is suspected of being a spy **8.00** Abby is nearly killed (AD) **9.00 *New.*** The Blacklist *Series 2* The FBI track a Russian assassin First shown on Sky Witness **10.00** Law & Order: Special Victims Unit *Series 22.* Four episodes. Three women are suspected of robbing wealthy men **11.00** Rollins revisits an old case **11.55** An assault takes place **12.55am** Fin gives his deposition **1.50** Law & Order: Criminal Intent **3.35–4.00am** Criminals: Caught on Camera

5 USA **Freeview** 21 **Freesat** 129 **Sky** 141 **Virgin** 153
+1 **Freesat** 130 **Sky** 241 **Virgin** 185

5 Star 32

8.00am Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law
6.00pm Home and Away Bree awaits news about her abusive husband. Shown 1.45pm C5 (AD)
6.30 *New.* Ziggy is getting cabin fever over her forced bed rest. Rptd tomorrow 1.45pm C5 (AD)
7.00 GPs: behind Closed Doors Patients include a man who performed DIY surgery. (AD)
8.00 Bargain-Loving Brits in the Sun Janette and Ray are enjoying life in Spain. (AD)
9.00 Call the Bailiffs: Time to Pay Up The work of High Court enforcement agents.
10.00 Cold Case Killers The stories behind famous cold-case murder investigations.
11.00 Countdown to Murder The case of Carole Waugh, who fell for a lethal conman. (AD)
12 midnight Skin A&E **1.00am** Kill Thy Neighbour **2.00** GPs: behind Closed Doors (AD) **3.00** Amazing Cleans: cleaning a church entrance (AD) **3.50–4.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 **Virgin** 151
+1 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Action 33

9.00am Entertainment News **9.05** Criminals: Caught on Camera **9.35** Winter Road Rescue **10.05** Winter Road Rescue **10.45** Trucking Hell **11.40** Police Interceptors
12.35pm FILM The Red Badge of Courage ★★★★ (BW) **2.10 FILM** Thunder over the Plains ★★ **4.00** Trucking Hell **5.00** Winter Road Rescue: the 2019 Yorkshire floods
6.00pm Police Interceptors A reckless car thief seems intent on causing carnage.
7.00 Trucking Hell Kevin attempts to recover a stranded 75-ton crane.
8.00 Police Interceptors Operations targeting crimes connected to narcotics.
9.00 FILM Bloodsport ★★ Martial arts action starring Jean-Claude Van Damme. Frank Dux bids to become kickboxing champion by taking part in an infamous competition.
10.55 FILM Universal Soldier – the Return ★ Futuristic action thriller.
12.40am World's Strongest Man 2022: the Giants Live series **1.40** 999: Criminals Caught on Camera **2.40** Sinkholes: Sucked Underground **3.30** Sewermen (AD) **4.20** Winter Road Rescue **4.50–5.00am** Entertainment News

5 Action **F'view** 33 **F'sat** 132 **Sky** 150 **Virgin** 187/**HD** 150

5 Select 56

9.00am Lies That Kill **10.45 FILM** A Black Hearted Killer ★★ **12.30pm** My Husband's Evil Twin **2.20** Holiday Homes in the Sun **3.20** The Yorkshire Vet (AD) **4.15** Ben Fogle: New Lives in the Wild: two editions
6.05pm World's Most Scenic Railway Journeys Following the Californian coast.
7.00 The Yorkshire Vet Featuring a very poorly kunekune pig called Crunchie.
8.00 Scotland: a Year in the Wild Two white-tailed eaglets are learning to fly.
9.00 Our Family Farm Rescue with Adam Henson Adam visits Bohetherick Farm.
10.00 Forged in Fire A Viking sword.
10.55 The bladesmiths forge a War Hammer.
11.50 World's Greatest Warships
12.55am Around the World by Train with Tony Robinson **1.45** Inside the Tower of London **3.35–4.00am** The Yorkshire Vet (AD)

5 Select **F'view** (HD only) 56 **F'sat** 133 **Sky** 153 **Virgin** 152

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

W 25

DIY SOS: the Big Build *9.10pm* With Nick Knowles

6.15am Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Rochelle Humes: Interior Designer in the Making (S) (AD) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

6.00pm MasterChef Australia The three teams must cook in front of a live audience. (S) (HD)

7.40 Inside the Ambulance A man falls from a ladder. (S) (HD) **8.10** Helping a patient with an irregular heartbeat. (S) (AD) (HD)

9.10 DIY SOS: the Big Build Transforming a home for a woman who has cerebral palsy. (S) (HD)

10.30 24 Hours in A&E A man who has internal bleeding. (S) (HD)

11.30 Inside the Operating Theatre Varicose veins. (S) (AD) (HD)

12.30am One Born Every Minute (S) (HD) **1.25** Dating With My Mates (S) (AD) (HD) **2.25–3.00am** Date Night (S) (HD)

W F'view 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1 Sky** 232 **Virgin** 190

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare **11.00** Highway Patrol **12 noon** Highway Cops (AD) **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00** ***New.*** New York Homicide: double bill. An eccentric art collector is found strangled, then a pizzeria owner is brutally murdered as rumours of Mafia involvement swirl (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare (AD) **3.00** Border Patrol (AD) **4.00** Motorway Patrol **5.00–6.00am** Highway Cops (AD)

Pick F'view 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am ***New.*** Building Off the Grid **8.00** as 3pm **9.00** as 6pm **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** as 11pm **2.00** Christina in the Country **3.00** The Great Interior Design Challenge (AD) **4.00** My Mortgage Free Home (AD) **5.00** as 7am **6.00** A Place in the Sun **7.00** Escape to the Country **8.00** ***New.*** My Dream Derelict Home in the Sun **9.00** ***New.*** Fixer Upper: the Castle **9.30** ***New.*** The Retro Plant Shop with Mikey and Jo **10.00** Home Again with the Fords (AD) **11.00** Home Town **12 midnight** Escape to the Country **1.00am** as 7am **2.00** My Mortgage Free Home (AD) **3.00–4.00am** My Lottery Dream Home

HGTV F'view 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1 Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

Mary Berry Cooks *8.30pm* Hosting the perfect tea party

6.00am ***New.*** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (S) (HD) **8.00** ***New.*** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Gok Wan's Easy Asian (HD) **11.00** Donal's Irish Feast (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Mary Berry Cooks (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** Jamie's 15-Minute Meals (S) (HD) **3.30** Jamie's 30-Minute Meals (S) (AD) (HD) **4.00** Valerie's Home Cooking (HD) **5.00** ***New series.*** The Pioneer Woman (HD) **6.00pm** Rick Stein's Taste of the Sea: double bill. Rich fish soup and creamy crab Newburg, then Rick goes hunting for razor shells **7.00** The Great British Bake Off (S) (HD) **8.30** Mary Berry Cooks (HD) **9.00** Gok Wan's Easy Asian (HD) **10.00** Rick Stein's Taste of the Sea **11.00** Restaurant: Impossible (HD) **12 midnight** ***New.*** Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network Freeview 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote: double bill **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): Jeff and Marty visit a haunted castle **10.00** The Persuaders!: Brett's life may be in danger **11.00** Return of the Saint **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30–6.00am** Highway to Heaven

Great TV Freeview 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1 Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.05pm** JAG **3.00** Perry Mason: double bill. A piece of land causes conflict between family members, then a fashion designer is poisoned on the eve of a show **5.00** The Fugitive: a university law professor tells his students to stage a mock trial **6.00** Matlock **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

RealityXtra Freeview 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

6.00am Westminster Hall **10.00** PMQs **10.35** Scottish Questions **11.35** Welsh Questions **12.35pm** Commons **1.45** Rail Strikes Inquiry **4.10** Rail Services Inquiry **6.30** Royal Mail and Post Office Inquiry **8.35** A&E Departments Inquiry **10.10** Treasury Committee **11.50** Financial Stability Inquiry **1.45am** Levelling Up, Housing and Communities Inquiry **4.00** Ukraine Refugee Inquiry **5.35–7.10am** Funding for Levelling Up Inquiry

BBC Parliament Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Dam Busters *9.30pm* The story behind the famous raid

8.00am Plane Crash Re-created (S) **9.10** Ancient Invisible Cities (S) **10.25** WWII: Free Mussolini **11.40** Dam Busters: the Race to Smash the German Dams **1.00pm** Plane Crash Re-created (S) **2.10** Ancient Invisible Cities (S) **3.25** WWII: Free Mussolini **4.35** Dam Busters: the Race to Smash the German Dams **5.55** Plane Crash Re-created (S)

7.00pm Ancient Invisible Cities ***1/3.*** Michael Scott employs the latest technology and virtual reality to reveal the historical secrets of Cairo and ancient Egypt. (S)

8.15 WWII: Free Mussolini The story of Operation Oak, the rescue of deposed Italian dictator Benito Mussolini in 1943.

9.30 Dam Busters: the Race to Smash the German Dams James Holland presents an analysis of the 1943 raids by the RAF.

10.50 Ancient Invisible Cities As 7pm.

12 midnight WWII: Free Mussolini **1.15–2.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **5.00** Ancient Aliens: Secret Science **6.00** Weird or What? with William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00** ***New.*** The Curse of Oak Island: a new theory suggests that Lot 8 may be hiding missing religious artefacts **10.00** ***New.*** Secrets in the Ice: an expedition on Europe's tallest mountain unearths a decapitated human body **11.00** Lost Gold of World War II **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

Blaze F'view 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase **10.00** Dickinson's Real Deal: a woman from Bognor Regis looks to sell an 18th-century Bavarian powder horn **11.00** Supermarket Sweep: Dale Winton hosts **12 noon** Wheel of Fortune: Bradley Walsh hosts the word puzzle game show (AD) **1.00pm** Catchphrase **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right **5.00** Bullseye: four editions **7.00pm** Pointless: quiz hosted by Alexander Armstrong **8.00** The Chase: double bill. Bradley Walsh presents as contestants take on a ruthless quiz genius **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show **11.00** Bullseye **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: darts-based quiz

Challenge Freeview 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends: All Engines Go! **7.15** Kangaroo Beach **7.25** Peppa Pig **7.40** Paw Patrol **7.55** Pip and Posy **8.10** Adventures of Paddington **8.25** Milo **8.35** Paw Patrol **8.45** Milkshake! Bop Box Boogie **8.55** Pip and Posy **9.05** Milkshake! Story Den **9.10–9.15am** Sunny Bunnies

Full listings for Channel 5 are on p72

CBeebies 202

6.00am Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T and the Beasties **10.55** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** ***New series.*** Andy's Global Adventures **4.10** ***New.*** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.50** Go Jetters **5.00** Molly and Mack **5.15** Biff and Chip **5.25** Nick Cope's Popcast **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** ***New.*** CBeebies Bedtime Stories

CBeebies F'view 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Ninja Express **8.10** Operation Ouch! Do Try This at Home **8.25** Odd Squad **8.35** ***New series.*** Dawn of the Dragon Racers **9.05** Sketchy Comedy **9.10** Dragons: The Nine Realms **9.55** ***New series.*** Pokémon: Sun and Moon **10.35** Monster Loving Maniacs **10.50** One Zoo Three **11.10** Lagging **11.35** The Beaker Girls **12.05pm** Danger Mouse **12.15** Oswaldo **12.25** Boy Girl Dog Cat Mouse Cheese **12.40** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm.. **2.00** Art Ninja **2.30** Secret Life of Boys **2.55** Nine Minute Ninja **3.00** One Zoo Three **3.25** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswaldo **4.35** ***New.*** Pokémon: Sun and Moon **5.00** Odd Squad **5.10** We Bare Bears **5.25** ***New.*** Summer Camp Island **5.35** ***New.*** One Zoo Three **6.00** ***New series.*** Britain's Best Young Artist **6.30** Lifebabble **6.35–7.00pm** The Next Step

CBBC F'view 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **8.00** Dave Spud **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30 FILM** The Lego Ninjago Movie ★★ **Review p75** (W) **11.15** Lego Ninjago **3.30pm** Scooby-Doo **4.30** ***New.*** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Scooby-Doo! Knight Time Terror **8.00** Lego Marvel Avengers: Climate Conundrum **8.30** Lego Marvel Avengers: Time Twisted **8.55–9.00pm** Mission Employable

CITV F'view 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am Legend of the Lost ★★ Adventure that's little more than a languid travelogue. John Wayne, Sophia Loren, Rossano Brazzi (1957, U) (S)

1.15pm Captain Scarlett ★★ Swashbuckler in which Richard Greene returns from war to find his estates have been seized. (1953, U) (S)

2.50 The Blue Dahlia ★★★★ Alan Ladd plays a murder suspect on the run and trying to clear his name in this tense film noir from director George Marshall. (1946, PG) (S)

4.50 The Bedford Incident ★★★★ Superior Cold War adventure in which an American captain hunts Russian subs. **Review, right.** Richard Widmark (1965, PG) (S)

6.55pm The Italian Job ★★★ Michael Caine organises an audacious gold-bullion robbery in this much-loved Swinging Sixties comedy caper. Noël Coward (1969, PG) (S) (AD)

9.00 Olympus Has Fallen ★★★ Former presidential bodyguard Gerard Butler comes to the rescue when the White House is infiltrated by terrorists. Aaron Eckhart, Morgan Freeman (2013, 15) (S) (AD)

11.20 Jack Ryan: Shadow Recruit ★★★ Serviceable reboot for Tom Clancy's action hero, with Chris Pine. (2013, 12) (S) (AD)

1.25–4.00am Racer and the Jailbird ★★★ Brussels-set drama about a bank robber, which blends romance with the odd thrilling sequence. Matthias Schoenaerts (2017, 15)

Film4 Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1 F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Get Some In! British TV sitcom. **6.30 Your Money or Your Wife** ★ Misfiring farce. Donald Sinden, Peggy Cummins (1960, PG) **8.15 Men against the Sun** ★★ Affable adventure story. John Bentley (1952, PG) **9.25 The Huggetts Abroad** ★ Unfunny comedy. Jack Warner, Kathleen Harrison (1949, U) **11.10 Vengeance Valley** ★★★ Decent psychological western, nicely shot in the Rocky Mountains, starring Burt Lancaster as the adopted son of a rancher. (1951, PG) **12.50pm Dancing with Crime** ★★ Richard Attenborough and Sheila Sim co-star in this stark crime drama. (1946, PG) **2.30 Crown Court** **3.00 Hell Drivers** ★★★★ Tense thriller about a corrupt haulage firm that encourages its workers to drive at high speed. **Review, right.** Stanley Baker, Herbert Lom (1957, PG) **5.15 Rhubarb** Comedy short starring Eric Sykes. **6.00pm The Footage Detectives** A lost reel of Tony Blackburn. **7.00 The Champions** TV fantasy drama starring William Gaunt. **8.00 The Main Chance** TV drama guest-starring John Standing. **9.00 Perfect Friday** ★★★ Sprightly crime comedy in which a timid banker teams up with an aristocratic wastrel and his bored wife to rob his own bank. (1970, 12) **11.00 Secret Army** TV drama. **12.05am Never Take Candy from a Stranger** ★★★ Daring, disturbing drama about child sexual abuse, following a family dealing with the social fallout when their daughter is molested by a local bigwig. (1960, 12) **1.45 Checkmate** ★★ Drama about a London cop hunting jewel thieves. Felix Aylmer (1935) **3.05 Matt Monro: a Portrait Of** Profile of the singer. **4.50–6.00am The Edgar Wallace Mystery Theatre** TV mystery series.

Talking Pictures TV Freeview 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

RadioTimes.com Keep up with the very latest TV schedule updates at radiotimes.com/tv-listings

Sky Premiere

6.10am Big Gold Brick As 11.40pm **8.30 Rock Dog 3: Battle the Beat** As 4pm **10.05 The Railway Children Return** As 5.35pm **11.45 Jurassic World: Dominion** As 7.15pm **2.15pm Dakota** ★★ Warm-hearted drama. Abbie Cornish, Tim Rozon (2022, PG) **4.00 Rock Dog 3: Battle the Beat** ★★ Vibrant cartoon sequel in which rock star Bodi loses his way. Graham Hamilton (2022) **5.35 The Railway Children Return** ★★★ Wholesome sequel to the family classic that finds Jenny Agutter taking in three evacuees. **Review p45.** (2022, PG) **7.15pm Jurassic World: Dominion** ★★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard (2022, 12) **9.50 Paradise City** ★★ Bruce Willis's swansong is a low-grade thriller but has a strong cast. (2022, 15) **11.40 Big Gold Brick** ★★ Whimsical comedy about a failed writer who is hired to write a wealthy man's biography. Andy Garcia (2022, 15) **2.05am Dakota** As 2.15pm **3.55 Paradise City** As 9.50pm **5.45** Sky Cinema Preview

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am Kill Thy Neighbor ★★ Melodramatic thriller. Andrea Bogart, Hannah Barefoot (2018) **11.00 The Lease** ★★ Far-fetched but twist-packed psychological thriller. Haylie Duff (2017) **1.00pm Woman on the Edge** ★★ Twisty thriller. Rumer Willis, Jeffery Patterson (2018) **3.00** An Aurora Teagarden Mystery: A Game of Cat and Mouse **5.00 Crash: the Mystery of Flight 1501** ★★★ Watchable but over-detailed drama. Cheryl Ladd (1990, PG) **7.00pm Past Obsessions** ★★ Thriller about an abused wife who fakes her own death. Josie Davis (2011) **9.00 The Happening** ★★ Disaster eco-thriller from *The Sixth Sense* director M Night Shyamalan. **Review, right.** Mark Wahlberg (2008, 15) **10.50 Stratton** ★★ Humdrum action thriller. Dominic Cooper (2017, 15) **12.40am Taken Too Far** ★★ Entertainingly over-the-top drama. (2017) **2.30 Murder Unresolved** ★★ Twisting thriller. Nicholle Tom (2015) **4.20–6.00am Status: Unknown** ★★ Mystery thriller. Stacey Oristano (2014)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am Love Afloat ★★ Sweet romcom. (2022) **8.00 Love in Full Swing** ★★ Unimaginative romance. (2020) **10.00 Undercover Bridesmaid** ★★ Uneven thriller. (2012) **12 noon Meet Me in New York** ★★ Breezy romance. Brooke Nevin (2022) **2.00pm The Wedding Arrangement** ★★ Charming romcom. Kristina Cole (2021) **4.00 A Slice of Chicago Romance** ★★ Tasty romantic comedy. (2021) **6.00pm Frozen in Love** ★★ Nicely acted festive romance. (2018) **8.00 Love Takes Flight** ★★ She's too busy for love. (2019) **10.00 Appetite for Love** ★★ Assembly-line TV romcom. (2016) **11.50 The Birthday Wish** ★★ A glimpse of the future. (2017) **1.30am Harvest Love** ★★ Pretty romcom. (2017) **3.00 A Summer to Remember** ★★ Bright holiday love story. (2018) **4.30–6.00am The Dating List** ★★★ Well-plotted TV-movie romcom. Natalie Dreyfuss (2019)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Hollywood's Best Directors **7.10** Off Set **7.25 Beau Brummell** ★★★ Colourful historical drama. Stewart Granger (1954, U) **9.40 Churchill** ★★★★ Finely judged biopic about Winston Churchill's emotional dilemma on the eve of D-Day. Brian Cox (2016, PG) **11.45 Copper Canyon** ★★★ Stylish post-Civil War western. **Review, right.** Ray Milland (1950, U) **1.30pm Murder She Said** ★★ Passable murder mystery. (1961, PG) **3.20 The Hanging Tree** ★★★★ Tough, beautifully shot western set in a wild mining community. Gary Cooper (1959, PG) **5.35 King of the Wild Stallions** ★★ Solid family western. (1959, U) **7.15pm The Spy with My Face** ★★★ Enjoyable *Man from UNCLE* spin-off. Robert Vaughn, David McCallum (1966, PG) **9.00 US Marshals** ★★ Efficient rehash of *The Fugitive*. **Review, right.** Tommy Lee Jones, Wesley Snipes (1998, 15) **11.45 The Man from UNCLE** ★★★ The 1960s TV spy series gets an enjoyable movie makeover. (2015, 12) **2.05am** Home Shopping **4.15** Off Set **4.30** Close Up **5.00** Hollywood's Best Film Directors **5.30** Close Up

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies Action 42

6.00am M*A*S*H **7.00 Depth Charge** ★★ Mediocre thriller. Eric Roberts (2008) **8.40 Global Meltdown** ★★ Overblown action thriller. Michael Paré (2017) **10.20** War in the Atlantic **11.30** Wild West Chronicles **12 noon** M*A*S*H **1.00pm Fort Ti** ★★ Routine action movie. George Montgomery (1953, U) **2.35 The Aryan Couple** ★★ Well-meaning but clichéd wartime saga. Martin Landau, Judy Parfitt (2004, 12) **4.55 Rio Diablo** ★★★ Rollicking if uneven western. Kenny Rogers (1993) **6.50pm Wild West Chronicles** TV drama-documentary series. **7.20 Deadly Inferno** ★★ Lukewarm action drama. (2016) **9.00 Renegades** ★★ Credibility-straining action thriller in which US Navy SEALs try to find gold. (2017, 12) **11.10 The Eastern Front** ★ Low-budget war drama. Josh Harper (2020, 15) **1.20am Operation Dunkirk** ★ Cheap Second World War adventure. Ifan Meredith (2017, 15) **3.15–4.00am** Bombers of the Second World War

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

8.00am Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00 Hawk the Slayer** ★ Woeful adventure. Jack Palance (1980, PG) **1.00pm Apocalypse of Ice** ★ Low-budget, cobbled-together sci-fi hokum. Tom Sizemore (2020) **3.00 6-Headed Shark Attack** ★★ Part four in the bizarre action series that follows the multi-mouthed mega-sharks. (2018, 15) **5.00** Star Trek **6.00pm Star Trek: the Next Generation** TV sci-fi adventure. **7.00 Airwolf** US TV drama. **8.00 Walker, Texas Ranger** TV action drama series. **9.00 The Disappearance** ★★★ Elegant, haunting drama in which a hitman obsesses over the fate of his missing wife. Donald Sutherland (1977, 15) **10.50 Thir13en Ghosts** ★★ Well-designed but fright-free horror remake. Tony Shalhoub, Embeth Davidtz (2001, 15) **12.40am Lake Placid 3** ★ Awful addition to the hit horror series. Colin Ferguson (2010, 18) **2.30–4.30am Can't Come Out to Play** ★★★ Tense small-town modern gothic chiller. Samantha Morton, Michael Shannon (2013, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

Ordinary Love ★★★

11.15pm-12.40am ***BBC2*** *(not in Wales)* 12

ROMANTIC DRAMA Belfast-based married film-makers Lisa Barros D'Sa and Glenn Leyburn direct this sensitive drama about middle-aged couple Tom and Joan. While grieving the loss of their grown-up daughter, they are then rocked by Joan's diagnosis of breast cancer. Lesley Manville touchingly hits the right restrained notes as a woman predisposed to not making a fuss, while Liam Neeson excels as her worried husband. While the too-chic settings can give it a self-conscious air, the film's compassion and calm is hugely moving. **TREVOR JOHNSTON** (UK 2019, a sex scene, HD)

The Lego Ninjago Movie ★★

9.30-11.15am ***CITV*** U

ADVENTURE This Lego-inspired cartoon riffs on Chinese kung fu flicks and Japanese monster movies. Jackie Chan relates the story of Power Ranger-like ninjas who battle a baddie with serious daddy issues. Although this doesn't match the brilliance of the original *Lego Movie*, youngsters are still sure to get a kick from it. **DAVE ALDRIDGE** (Den/US 2017, HD)

Copper Canyon ★★★

11.45am-1.30pm ***TCM*** U

WESTERN Hedy Lamarr was still savouring the success of the blockbuster *Samson and Delilah* when Paramount put her in this intriguing western. Ray Milland co-stars as a Confederate officer working under cover to foil crooks stirring up tensions between North and South for their own ends. Charles Lang's beautiful colour photography enhances the action. **TOM VALLANCE** (US 1950, HD)

Hell Drivers ★★★★

3.00-5.15pm

Talking Pictures TV PG

THRILLER This British film is given a gripping edge by being firmly rooted in reality. Stanley Baker stars as the ex-con given the job of driving lorries at perilous speeds to meet haulage deadlines, who uncovers a racket run by his unprincipled manager. Patrick McGoohan is great as a lethal rival driver, and watch out, too, for a young, pre-Bond Sean Connery. **TOM HUTCHINSON** (UK 1957, BW)

The Bedford Incident ★★★★

4.50-6.55pm ***Film4*** PG

ADVENTURE This superior Cold War sea drama-cum-chase movie sees Richard Widmark play the captain of a nuclear-armed American naval destroyer who has become zealous in his hunt for Russian subs. Sidney Poitier plays a reporter along for what proves to be an exciting ride. **PETER FREEDMAN** (UK 1965, BW, HD)

The Fault in Our Stars ★★★

8.00-10.00pm ***BBC3*** 12

ROMANCE Adapted from John Green's young adult bestseller, this tear-jerker alternates between mawkish melodrama and heartfelt sincerity. Shailene Woodley is utterly disarming as the teenager with thyroid cancer who strikes up a relationship with Ansel Elgort, a patient in remission. Be sure to keep some tissues on hand for this one. **STEPHEN CARTY** (US/Can/UK 2014, swearing, HD)

The Happening ★★

9.00-10.50pm ***Great Movies*** 15

SCI-FI M Night Shyamalan's disaster thriller begins with a shocking breakdown in behaviour across American cities. Mark Wahlberg hopes to avoid the chaos by heading for the country, but soon discovers his family isn't safe. Lacking the suspense of the director's earlier *The Sixth Sense*, this is a rather drawn-out study in paranoia. Shyamalan's latest, *Knock at the Cabin*, is now in cinemas. **ALAN JONES** (Ind/US 2008, violence)

US Marshals ★★

9.00-11.45pm ***TCM*** 15

THRILLER More a rehash of than a sequel to *The Fugitive*, this sees Tommy Lee Jones reprising his Oscar-winning role as a dogged lawman. In place of Harrison Ford we have Wesley Snipes, and in place of a murdered wife we have a corkscrew plot about the CIA. Director Stuart Baird keeps the action rolling along in a monotonous style. **ADRIAN TURNER** (US 1998, violence, swearing, HD)

Mad Max 2 ★★★★

11.25pm-1.30am ***ITV4*** 18

ACTION After the low-budget nihilism of the original *Mad Max*, director George Miller moved up a gear for this violent and exhilarating sequel. This time, Mel Gibson's road warrior comes to the aid of a peace-loving group being threatened by highway gangs. Gibson is charismatic as the hero, and Miller doesn't take his foot off the accelerator for a second. **JOHN FERGUSON** (Aus 1981, violence, swearing, a sex scene, nudity, HD)

Sky Cinema picks

The Hundred-Foot Journey ★★★

2.25-4.40pm ***Sky Drama***

Light culinary comedy. (2014, PG)

Sky 310; Virgin 410; BT 510/524

Inception ★★★★

8.00-10.30pm

Sky Ultimate Action

Mind-bending thriller. (2010, 12)

Sky 306; Virgin 406; BT 506/520

The Accused ★★★★

10.20pm-12.15am ***Sky Greats***

Rape survivor Jodie Foster fights for justice. (1988, 18)

Sky 304; Virgin 404; BT 504/518

Films to stream from p40 Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

Janet Jackson *9.00pm* The singer tells her own story

6.00am The Early Rundown **7.00** Kay Burley **8.00** Baby Animals (S) (AD) **9.00** Nothing to Declare (S) (AD) **10.00** Supergirl (S) **11.00** NCIS: New Orleans (S) **1.00pm** Hawaii Five-0 (S) **2.00** S.W.A.T. (S) (AD) **3.00** Uptown Otters **4.00** The Conners (S) **4.30** Futurama (S) (AD) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air: double bill (S)

6.30pm The Simpsons Homer asks Patty and Selma for help. **7.00** The town holds a film festival. **7.30** Lisa has her fortune told. (S)

8.00 David Attenborough's Wild City ***2/5.*** The veteran broadcaster examines the diverse wildlife of Singapore. (S) (AD)

9.00 Janet Jackson ***1/4*** A profile of the singer. (S) (AD) **10.00** ***2/4.*** The star reflects on her life and career. (S) (AD)

11.00 Fantasy Football League ***Ep 3*** *Series 2.* Matt Lucas and Elis James are joined by guests Roman Kemp and Gabby Logan.

11.35 Sex and the City ***13/18*** *Series 2.* Carrie is disappointed to meet yet another no-hoper. (S) **12.05am** ***14/18.*** Samantha gets to know her new neighbours. (S)

12.40 The Force **1.35** Road Wars: double bill **3.05** Hawaii Five-0 (S) **4.00** S.W.A.T. (S) (AD) **5.00–6.00am** The Early Rundown

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Atlantic

The Last of Us *9.00pm* Pedro Pascal stars as Joel

6.00am Fish Town (S) (HD) **7.55** The Sopranos (S) (HD) **10.20** Ray Donovan (S) (AD) (HD) **12.20pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: two episodes (S) (HD)

5.45pm Ray Donovan ***7/12*** *Series 4.* A long-buried scandal leads Ray to a confrontation with a slick Hollywood agent. (S) (AD) (HD) **6.50** ***8/12.*** Hector's rematch is cancelled after Marisol makes a public statement. (S) (AD) (HD)

7.55 Game of Thrones ***10/10*** *Series 3.* Joffrey stands up to his grandfather. (S) (AD) (HD)

9.00 The Last of Us ***5/9*** RT Drama with Pedro Pascal and Bella Ramsey. A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. **See page 69.** (HD)

10.10 Succession ***5/9*** *Series 3* Kendall and the Waystar team work together at a shareholders' meeting, where Logan's health takes a turn. (S) (AD) (HD)

11.20 Big Little Lies ***6/7*** *Series 1* The truth behind Abigail's "secret project" comes out. (S) (AD) (HD)

12.25am The Tunnel: Sabotage (S) (AD) (HD) **1.30** Babylon Berlin (S) (HD) **2.30** Game of Thrones (S) (AD) (HD) **3.40** In Treatment (S) (HD) **4.10–6.00am** Fish Town (S) (HD)

Sky Atlantic **Sky** 108 (Wales 109) **BT** 342/**HD** 357 **+1** **Sky** 208 (Wales 209)

Sky Max

Agatha Raisin *8.00pm* The sleuth and Sir Charles Fraith

6.00am Stargate SG-1 (S) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans: double bill (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

6.00pm Stargate SG-1 ***22/22*** *Series 2.* O'Neill wakes up from cryonic suspension. (S) **7.00** ***1/22*** *Series 3.* On Hathor's planet, O'Neill is implanted with a Goa'uld symbiont. (S)

8.00 Agatha Raisin ***4/4*** *Series 3* Agatha and the gang visit a fayre, but it is not long before the event becomes a crime scene. (S) (AD) (HD)

9.55 Funny Woman ***1/6*** Comedy drama based on Nick Hornby's novel, starring Gemma Arterton and Rupert Everett. (S) (HD)

10.55 Fantasy Football League ***Ep 3*** *Series 2.* With guests Roman Kemp and Gabby Logan. (HD)

11.30 A League of Their Own Road Trip: Dingle to Dover ***6/6*** Highlights of Freddie Flintoff and Jamie Redknapp's travels. (S) (AD) (HD)

12.30am Road Wars: triple bill (HD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol: double bill (S)

Sky Max **Sky** 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Gold

Only Fools and Horses *8.00pm* Rodney and Del

7.30am Desmond's (S) **8.00** The Green Green Grass (S) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Open All Hours (S) **10.40** Last of the Summer Wine (S) **12 noon** The Green Green Grass (S) **12.40pm** My Hero (S) **1.20** Dad's Army (S) **2.00** Open All Hours (S) **2.35** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) **4.40** Dad's Army (S) **5.20** The Green Green Grass (S)

6.00pm Are You Being Served? A magazine causes rifts. (S)

6.40 Dad's Army Captain Mainwaring discovers he is not a commissioned officer. (S) **7.20** The platoon takes charge of a large naval gun. (S)

8.00 Only Fools and Horses Raquel prepares to give birth. (S) (AD) **9.10** First ever episode. Rodney decides to move out. (S) (AD)

9.50 Not Going Out Lucy plans to get married. (S) (HD)

10.30 Live at the Apollo With sets by Jon Richardson, Sara Pascoe and Nathan Caton. (S) (HD)

11.30 French and Saunders Rowland Rivron guest-stars. (S)

12.05am Only Fools and Horses (S) (AD) **1.55** Not Going Out (S) (HD) **2.35** Live at the Apollo (S) (HD) **3.25–4.00am** The Rebel (S) (AD) (HD)

Gold **Sky** 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (Wales 211) **Virgin** 194

Alibi

Death in Paradise *8.00pm* Humphrey gets to work

7.15am Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

6.00pm Without a Trace ***4/23*** *Series 3.* A nanny disappears with the baby in her care. (HD)

7.00 Person of Interest ***8/22*** *Series 2.* Reese and Finch protect the owners of a successful publishing company. (HD)

8.00 Death in Paradise ***7/8*** *Series 4.* A company boss is killed during a team-building exercise on Saint Marie. (S) (AD) (HD) **9.00** ***8/8.*** A murder suspect is shot dead in police custody, leaving Humphrey to work out how the killer could have got through three locked doors. (S) (AD) (HD)

10.00 Murdoch Mysteries ***16/24*** *Series 15.* Murdoch and his colleagues attend a charity basketball game. (S) (HD)

11.00 Without a Trace As 6pm. **12 midnight** Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00** Why Women Kill (S) (AD) (HD) **3.00–4.00am** We Hunt Together (S) (AD) (HD)

Alibi **Sky** 109 (Wales 110) **Virgin HD** 126 **BT** 343/**HD** 358 **+1** **Sky** 209 (Wales 210) **Virgin** 191

Sky Sci-Fi

6.00am V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1: the team faces a beautiful but deadly device

6.00pm Star Trek: the Next Generation ***18/26*** *Series 7.* Troi begins to develop feelings for Worf while investigating the mysterious suicide of an officer. **7.00** ***19/26.*** Members of the crew turn into prehistoric beings.

8.00 Merlin ***4/13*** *Series 5* Morgana uses Princess Mithian as bait to lure Arthur to his death.

9.00 The Twilight Zone ***3/10*** *Series 2.* A struggling actor risks everything to catch his big break, but an impulsive scheme takes a few unexpected turns. **10.00** ***4/10.*** A singer's career takes off after she witnesses a tragic incident, but she soon realises that recognition comes at a steep cost.

11.00 Stan Lee's Lucky Man ***7/8*** *Series 3.* Madame Cheung warns Harry time is running out and if he does not retrieve the bracelet and return it to her, he will be a dead man. **12 midnight** ***8/8.*** Blake puts his plan into action and Harry has to summon the courage to take him on without the bracelets.

1.00am V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00–6.00am** Star Trek: the Next Generation

Sky Sci-Fi **Sky** 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD) **4.00** Nothing to Declare (S) (AD)

6.00pm Nothing to Declare Four editions following the work of customs officers in Australia. (S)

8.00 Blue Bloods ***7/20*** *Series 12* Danny and Baez's attempts to find who assaulted a shop owner are hindered. (S) (AD) (HD)

9.00 Coroner ***2/10*** *Series 3* A new case unfolds when a body is discovered in the maze of a retreat centre. Later, Jenny learns an uncomfortable truth. (S) (HD)

10.00 The Equalizer ***17/18*** *Series 2.* A psychic claims his sister is in grave danger, while Delilah struggles with the pressure of keeping McCall's secrets. (S) (AD) (HD)

11.00 FBI ***17/22*** *Series 1.* Maggie and Dana struggle to get justice for victims murdered by a serial killer and the mayor limits the investigation. (S) (AD) (HD)

12 midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** Lincoln Rhyme: Hunt for the Bone Collector (S) (HD) **2.00** Elementary (S) (AD) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Road Wars (S) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 163

Sky Replay

7.00am 6ixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (AD) **10.00** Paramedics Australia (S) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) **4.00** V (S) **6.00pm** Most Haunted US: double bill (S) **8.00** Road Wars: officers face a drug addict in Milton Keynes (S) **9.00** Jamestown: Maria is driven to commit a terrible crime (S) (AD) **10.00** S.W.A.T.: when a convicted killer makes a prison break, the team works to protect those on his hit list (S) **11.00** NCIS: Los Angeles: Aiden Hanna's plane crashes (S) **12 midnight** Send in the Dogs (S) **1.00am** Motorway Patrol: double bill (S) **2.00** A League of Their Own Road Trip: Dingle to Dover: highlights (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Four Weddings (S) (AD) **5.00–6.00am** 6ixth Sense with Colin Fry (S)

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol (S) **7.00** Motorway Patrol (S) **8.00** Highway Cops (S) **9.00** Nothing to Declare **10.00** Stop, Search, Seize (S) **11.00** How I Caught the Killer (S) **12 noon** The Real Manhunter (S) **1.00pm** Forensics: Catching the Killer (S) (AD) **2.00** Killer in My Village (S) **3.00** Most Evil Killers (S) **5.00** The Real Manhunter (S) (AD) **6.00** Killer in My Village (S) **7.00** Most Evil Killers (S) **9.00** Mark of a Serial Killer (S) **10.00** Forensics: Catching the Killer (S) **11.00** Most Evil Killers (S) (AD) **12 midnight** Forensics: Catching the Killer (S) (AD) **1.00am** When Life Means Life (S) (AD) **2.00** Wrongly Released: Free to Kill (S) **3.00** Killer in My Village (S) **4.00** 911 Crisis Centre (S) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime **Sky** 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 **Virgin** 164

Sky Comedy

8.00am Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** Flatbush Misdemeanors (S) (AD) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** ***New.*** The Conners (S) (HD) **8.30** The Office US (S) (HD) **9.00** Black Monday: three episodes (S) (AD) (HD) **11.00** ***New.*** Real Time with Bill Maher (HD) **12.10am** Sex and the City: double bill (S) (HD) **1.10** Veep (S) (AD) (HD) **2.20** Flatbush Misdemeanors (S) (AD) (HD) **3.30** Sex and the City (S) (HD) **4.05–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy **Sky** 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12 noon** Friends (S) (AD) (HD) **9.00pm** Guessable? (S) **10.00** Lee Evans: XL Tour: the comic's 2005 gig in Cardiff (S) **11.00** ***New series.*** Inside Amy Schumer: sketches and stand-up routines with the US comedian **11.30** Amy Schumer: Comedy Central Live (S) (HD) **12 midnight** Suzi Ruffell at the Comedy Store (S) (HD) **12.30am** Dane Baptiste at the Comedy Store (S) (HD) **1.00** South Park: three episodes (S) (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** The Ricky Gervais Show (S) (HD) **3.45** Ugly Americans (S) (HD) **4.10–5.00am** Friends (S) (AD) (HD)

Comedy Central **Sky** 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (Wales 213) **Virgin** 133

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** ***New.*** Bitchin' Rides (HD) **10.00** ***New.*** Diesel Brothers: time's up for the Diesel Bi-Wheel (S) (HD) **11.00** Naked and Afraid (S) (HD) **12 midnight** Combat Dealers (S) (HD) **1.00am** Bitchin' Rides (HD) **2.00** Diesel Brothers (S) (HD) **3.00** Moonshiners (S) (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery **Sky** 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** **Sky** 225 **Virgin** 258

Discovery History

6.00am Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Greatest Events of World War II (S) **9.00** Combat Dealers (S) **10.00** Unexplained and Unexplored (S) **11.00** King Tut's Mystery Tomb Opened (S) **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Tony Robinson's VE Day: Minute by Minute (S) **3.00** Blowing Up History (S) (AD) **4.00** Mysteries at the Museum **5.00** Greatest Events of World War II (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** King Tut's Mystery Tomb Opened (S) **10.00** How the Universe Works (S) **11.00** Blowing Up History (S) (AD) **12 midnight** Combat Dealers (S) (AD) **2.00am** as 9pm **3.00** as 2pm **4.00–5.00am** as 11pm

Discovery History **Sky** 177 **Virgin** 257 **+1** **Sky** 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

I Am Burt Reynolds *9.00pm* A tribute to the late actor

6.00am Harrow: a Very British School (S) (AD) (HD) **7.00** Discovering: Katharine Hepburn (S) (AD) **8.00** The Directors (S) **9.00** UFO (S) (AD) **10.00** The Movies (S) (HD) **11.00** McMillion$ (S) (AD) **12 noon** The Slow Hustle (S) (AD) **1.50pm** My Icon: Natasha Jonas (S) (AD) (HD) **2.00 FILM** All That Breathes ★★★★ Documentary. Hindi +subtitles (W) **4.00** The Directors (S) **5.00** Discovering: Katharine Hepburn: a profile of the actress (S) (AD)

6.00pm UFO Exploring people's fascination with UFO's. (S) (AD)

7.00 The Movies Films from the 1990s, including smash hits *Jurassic Park* and *Titanic*. (S) (HD)

8.00 McMillion$ Focusing their attention on Dwight Baker, the FBI intercept a call. (S) (AD)

9.00 I Am Burt Reynolds Family and friends of the iconic Hollywood actor come together to share memories of his life and fruitful career. (S) (AD) (W)

10.50 Marathon: the Patriots Day Bombing Following Boston Marathon attack survivors as they face the challenges of emotional and physical recovery. (S)

1.00am The Ibiza Affair: Uncovered (S) **3.00** My So-Called High School Rank (S) **5.00–6.00am** Discovering: Katharine Hepburn (S) (AD)

Sky Documentaries Sky 121 **Virgin** 277 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (S) (HD) **2.00** Pirate Ships of the Caribbean: Drain the Oceans (S) (HD) **3.00** Egypt's Sun King: Secrets and Treasures (HD) **4.00** Lost Tombs of the Pyramids (HD) **5.00** Lost Cities of the Old Testament (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** ***New.*** To Catch a Smuggler (S) (HD) **9.00** Air Crash Investigation (S) (AD) (HD) **10.00** Drain the Sunken Pirate City (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Lords of War (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Prairie Dog Dynasty (HD)

Nat Geographic Sky 129 **Virgin** 266 **+1 Sky** 229 **Virgin** 267

Sky History

6.00am Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Salvage Kings (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** ***New.*** American Pickers (HD) **9.00** ***New.*** Strangest Things (HD) **10.00** ***New.*** Bermuda Triangle: into Cursed Waters (HD) **11.00** The Bermuda Triangle Enigma (HD) **12 midnight** Royal Autopsy (HD) **1.00am** American Pickers (HD) **2.00** Walking through History (HD) **3.00** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

Sky History Sky 123 **Virgin** 270 **BT** 353/**HD** 368 **+1 Sky** 223 **Virgin** 271

Sky Nature

America's Wild Seasons *9.00pm* Fighting for survival

6.00am Dogs with Extraordinary Jobs (S) (AD) **7.00** Monkey Life (S) **8.00** Baby Animals (S) (AD) **9.00** Uptown Otters **10.00** Malawi Wildlife Rescue (S) (HD) **11.00** Dogs with Extraordinary Jobs (S) (AD) **12 noon** Hope for Wildlife (S) **1.00pm** Monkey Life (S) **2.00** Malawi Wildlife Rescue (S) (HD) **3.00** Uptown Otters **4.00** ***New.*** Uptown Otters **5.00** Hope for Wildlife (S)

6.00pm Monkey Life The centre welcomes its first saki monkey. (S) **6.30** Jethro battles with thieving squirrel monkeys. (S)

7.00 Uptown Otters Anna spends quality time with the young pups.

8.00 David Attenborough's Wild City A look at the wildlife of Singapore, showing the diversity of urban environments. (S) (AD)

9.00 America's Wild Seasons A look at the summer months, which give animals the chance to reap nature's rewards. (S) (AD)

10.00 Uptown Otters As 7pm.

11.00 Hope for Wildlife Following the work of a rescue centre. (S)

12 midnight Dogs: an Amazing Animal Family (S) (AD) **1.00am** Extreme Snakes: Africa (S) **2.00** David Attenborough's Wild City (S) (AD) (HD) **3.00** America's Wild Seasons (S) (AD) **4.00** Baby Animals (S) **5.00–6.00am** Great Parks of Africa (S)

Sky Nature Sky 124 **Virgin** 278 **BT** 354/**HD** 369

Eden

9.00am Nature's Nurseries (HD) **10.00** India's New Worlds (HD) **11.00** Yellowstone Journals (HD) **12 noon** Equator: The Line of Life (HD) **1.00pm** Forbidden History (AD) (HD) **2.00** Nature's Nurseries (HD) **3.00** Wild Edens (HD) **5.00** India's New Worlds (HD) **6.00** Yellowstone Journals (HD) **7.00** Forbidden History: Jamie Theakston investigates the Dead Sea Scrolls (AD) (HD) **8.00** Nature's Nurseries (HD) **9.00** Wild Edens (HD) **10.00** Yellowstone Journals (HD) **11.00** India's New Worlds (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Nature's Nurseries (HD) **2.00** India's New Worlds (HD) **3.00** Yellowstone Journals (HD) **3.50** Wild Edens (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden Sky 166 **Virgin HD** 245 **+1 Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Crikey! It's the Irwins (S) (HD) **2.00** Animal Cribs (S) (HD) **3.00** Crikey! It's the Irwins (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** Lair of the Killer Crocs (S) (HD) **9.00** Monster Croc Invasion (S) (AD) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Coyote Peterson: Brave the Wild (S) (HD) **12 midnight** Tanked (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet Sky 162 (NI 178) **Virgin** 251 **+1 Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** Super Bowl LVII Highlights **12 noon** The Football Show **12.30pm LIVE Women's T20 World Cup Cricket** Ireland v England, the Group B match from Boland Park, Paarl; **4.30** South Africa v New Zealand, the Group A match from Paarl. **7.00 LIVE Premier League Football** Liverpool v Everton from Anfield (kick-off **8.00**). **11.00** Sky Sports News **12 midnight** NFL: Total Access **1.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am League Cup Retro **8.45** EFL Greatest Games (AD) **9.00** League One and Two Goals **9.30** EFL Greatest Games **10.00** League Cup Retro (AD) **12 noon** Championship Highlights **1.00pm** League One and Two Goals **1.30** Women's Super League Highlights **2.30** Championship Highlights **4.30** League One and Two Goals **5.00** Women's Super League Highlights: two weekend matches **6.00** Soccer AM: the Best Bits **6.30** Championship Highlights **7.00** German Football: round-up **8.00** Women's Super League Highlights **9.00** League One and Two Goals **9.30** Soccer AM: the Best Bits **10.00** Championship Highlights **11.00** German Football: round-up **12 midnight** Championship Season Review: the 2014/15 campaign (AD) **1.00am** League Cup Retro (AD) **3.45** EFL Greatest Games (AD) **4.00–6.00am** League Cup Retro (AD)

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Chronicles (AD) **6.30** PGA Tour Golf: a re-run of day four of the Phoenix Open **11.30** Chronicles (AD) **12 noon** European Tour Golf: a re-run of day four of the Singapore Classic **4.30pm** Hero Cup: behind the Scenes **5.30** Luke Donald: Cool Hand Luke **6.00** European Tour Golf **7.00** PGA Tour Golf **8.00** European Tour Golf **9.00** PGA Tour Golf **10.00** Ladies European Tour Golf **11.00** European Tour Golf: the Singapore Classic **12 midnight** PGA Tour Golf **1.00am** Roots: double bill **2.00** European Tour Golf **3.00–6.00am** PGA Tour Golf

Sky Mix

Sky 416 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

2.50–7.00pm LIVE Pakistan Super League Cricket Multan Sultans v Lahore Qalandars from Multan Cricket Stadium.

Amazon Prime

10.00am, 6.30pm LIVE ATP Tennis The Rotterdam Open at Rotterdam Ahoy, the first round. **11.30am LIVE WTA Tennis** The Qatar Open at Khalifa International Tennis Complex, the first round.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Cycling **8.00** Superbikes **9.00** Archery **10.00** Alpine Skiing: World Championships **12 noon** Showjumping **1.00pm** Cycling **2.30 LIVE Cycling** Coverage of the Jaén Classic men's one-day race, featuring a 179km route from Ubeda to Baeza in Spain. **4.30** Alpine Skiing **5.30** Cycling **6.00** Speed Skating: World Cup **8.00** Cycling **9.00** Alpine Skiing: World Championships **11.00** Hall of Fame **12 midnight** Cycling **2.00am** Alpine Skiing **4.00–6.00am** Snooker

Women's T20 World Cup *12.30pm* ***Sky Cricket*** England rely on captain Heather Knight

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Premier League Greatest Games **7.00** Highlights **8.00** Best Goals **9.00** Highlights **10.00** The Football Show **11.30** Ref Watch **12 noon** The Football Show **1.00pm** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.00** Premier League Highlights **6.00** Legends (AD) **6.30** Soccer AM **7.00 LIVE Premier League Football** Liverpool v Everton from Anfield (kick-off **8.00**). **11.00** Soccer AM **11.30** Soccerbox **12 midnight** Highlights **12.30am** Icons **1.00** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Women's T20 World Cup **12.30pm LIVE Women's T20 World Cup Cricket** Ireland v England from Boland Park, Paarl; **4.30** South Africa v New Zealand, the Group A match from Paarl. **8.30** Women's T20 World Cup **9.30** Pakistan Super League Highlights **10.30** Women's T20 World Cup Highlights **12.30am** Women's T20 World Cup **4.30** Women's T20 World Cup Highlights **5.00–6.00am** Pakistan Super League Highlights

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am NFL: America's Game **7.00** Bitesize (AD) **8.00** NFL Highlights **10.00** Super Bowl LVII Highlights **12 noon** Good Morning Football **4.00pm** Super Bowl LVII Highlights **6.00** Pro-Football Talk **8.00** Super Bowl LVII Highlights **8.30** Bitesize **9.00** Super Bowl LVII Highlights **9.15** NFL Bitesize **9.30** Super Bowl LVII Highlights **9.45** NFL Bitesize **10.00** Super Bowl LVII Highlights **12 midnight** Total Access **1.00am** Super Bowl LVII **3.00** NFL Bitesize **4.00–6.00am** Super Bowl LVII

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Super League **7.45** Netball **1.15pm** Super League (AD) **2.00** NBA **6.00** Boxing **10.00** Ahead of the Game (AD) **11.00** Netball **2.30am** NBA **4.30–6.00am** Super League

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Snooker **8.00** Alpine Skiing **10.00** Cycling **10.30** Snooker **12.45pm LIVE Snooker** Day one of the Welsh Open in Llandudno. **5.00** Judo **6.00** Snooker **6.45 LIVE Snooker** Day one of the Welsh Open in Llandudno. **11.00** Snooker **1.00am** Alpine Skiing **2.00** Snooker **4.00–6.00am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am ESPN FC: world football **6.30 LIVE Pro League Hockey** Australia v China, the women's match from Sydney Olympic Park Hockey Centre. **8.30** Champions League Magazine **9.30** Premier League Football **11.00** National League Football **1.00pm** BT Sport Films: Proud to Be Town (AD) **2.45** Around the Block (AD) **3.00** Pro League Hockey **4.00** Europa League Magazine **5.00** Premier League: the Big Interview (AD) **5.30 LIVE Italian Football** Hellas Verona v Salernitana, the Serie A match (kick-off **5.30**); **7.30** Sampdoria v Inter Milan from Stadio Luigi Ferraris (kick-off **7.45**). **9.45** BT Sport Goals Reload **10.15** Around the Block (AD) **10.30** ESPN FC Presents: Gab & Juls **11.00** Wrestling **1.00am LIVE Wrestling** WWE action from Monday Night Raw. **4.15** BT Sport Goals Reload **4.30** Champions League Magazine **5.30–6.00am** ESPN FC: Gab & Juls

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Europa League Magazine **7.00** Champions League Magazine **7.30** ILT20 Cricket Highlights **8.00** Premiership Rugby Cup **9.30** The High Performance Podcast (AD) **10.30** World Rally **11.00** Super Smash T20 Cricket: the best action from the women's and men's finals **1.00pm** ILT20 Cricket Highlights **1.30** Premier League Legends (AD) **2.00** Premier League Stories (AD) **2.30** French Football Highlights **3.30** Rugby Union **5.00** ESPN FC **5.30** ESPN FC Presents: Gab & Juls **6.00** World Rally (AD) **7.00** Darts: World Seniors Championship (AD) **9.00** Fishing (AD) **10.00** Hockey **11.00** Europa League Magazine **12 midnight LIVE Basketball** North Carolina Tar Heels v Miami Hurricanes (tip-off **12.00**); **2.00am** The second game in a US college double header. **4.00** Pro League Hockey **5.00–6.00am** World Rally (AD)

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Triathlon **7.00** Wrestling (AD) **8.00** Italian Football: highlights from eight weekend matches in Serie A **4.00pm** ILT20 Cricket Highlights **4.30** National League Football **6.30** Champions League Magazine **7.00** Premier League: Big Interview (AD) **7.30** French Football **8.30** ILT20 Cricket Highlights **9.00** UFC **1.00am** World Rally (AD) **2.00** Immortals **3.30** French Football **4.30** Classic French Football **5.00–6.00am** Fishing (AD)

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Basketball **7.45** ESPN FC **8.15** World Rally **8.45** Basketball **10.30** Gymnastics **12 noon** ESPN FC **12.30pm** Gymnastics **2.00** Europa League Magazine **3.00** Champions League Magazine **4.00** World Rally **4.30** Basketball: two college games **8.00** ESPN FC Presents: Gab & Juls **8.30** National League Football **9.00** BT Sport Reload (AD) **9.15** Gymnastics: NCAA Championship **12.15am** American Football **3.45** ESPN FC Presents: Gab & Juls **4.15–6.00am** Basketball

Viaplay Sports

7.45pm LIVE Championship Rugby League York City Knights v Bradford Bulls (kick-off **7.45**). **8.00 LIVE Spanish Football** Espanyol v Real Sociedad from RCDE Stadium (kick-off **8.00**).

Tuesday

ON A MISSION Chris Packham wants people with autism to feel understood

DOCUMENTARY

Inside Our Autistic Minds *9.00pm* ***BBC2*** *Catch up via iPlayer*

After the success of his first documentary about autism, *Asperger's and Me*, in 2017, naturalist and broadcaster Chris Packham didn't want to make another about himself. But the tide of letters he received after going public with his Asperger's syndrome diagnosis suggested there was more to be tackled. Many people with autism hide their autistic traits to blend in with society and those around them, often at huge personal cost.

That, as Packham knows all too well from his own youth, can cause isolation and have repercussions for mental health. It can lead to autistic people feeling that even their closest friends and family don't understand them.

In the first of a moving two-parter, Packham works with two people with whom he develops a strong bond. They include radio presenter Ken Bruce's son Murray, a non-verbal 20-year-old who communicates using an electronic letter board. Via deeply personal films, the contributors use visuals and audio to enable them to share their emotions with family and friends in order to bring their inner worlds to life.

SHERNA NOAH

See feature: page 22

DRAMA

Waterloo Road

8.00pm ***BBC1*** *Catch up via iPlayer*

LAST EPISODE

We end, as we began, with an uprising. But to demonstrate how far we've come since the opening episode, the pupils don't riot, but link arms in protest. Without ruining any surprises, it's evident from the moment it's announced that an end-of-term event won't go to plan, as these things never do.

Now, we're not talking mayhem on the scale of, say, *Carrie*. But the drama does put Danny in danger and leaves Kim questioning her future. As for *Waterloo Road* itself, there's been no word from the BBC on its fate. But on the basis of this revamp, it'd be a shame if it closed its doors again so soon. **DAVID BROWN**

FOOD

Great British Menu

8.00pm ***BBC2*** *Catch up via iPlayer*

Andi Oliver welcomes three returning chefs and one *Great British Menu* newcomer into the kitchen at the start of the Welsh regional heat which will be judged by Lorna McNee, Scotland's only woman to hold a Michelin star. You might expect the vegan starters – celebrating animation and illustration – to be strong on leeks this week, but instead carrots and mushrooms are among the ingredients. As always, the theatrical presentations are great fun. One of the dishes, inspired by animated film *Gulp*, uses a built-in rig so diners can film their own stop-motion animation of the meal while they eat it. **JANE RACKHAM**

DOCUMENTARY

Ben Fogle: New Lives in the Wild *9.00pm* ***Channel 5***

Catch up via My5

The words "and potentially lethal" should possibly be added to the title of this week's episode. Ben Fogle is in Zambia to spend time with English couple Lyndon and Ruth and their two young daughters. They've set up a safari lodge right on the bank of the Kafue river, within spitting distance of crocodiles and hippopotamus, and although their life seems fulfilling it has not been without its challenges.

They have been beset by flood and fire, and ex-military man Lyndon is rarely without his rifle. But Ben is clearly entranced. When he says he wants to come back with his own family, you feel he's not just being polite. **GILL CRAWFORD**

ALSO ON TODAY

24 Hours in A&E
9.00pm ***C4***
Sara, 46, is rushed to hospital after a car crash, while Simon, 54, is brought in after falling off his bike on his way to buy a helmet.

Know Your S**t: Inside Our Guts
8.00pm ***C4***
Can long Covid affect the bowels? The Mcfarlane twins (right) find out in this edition of the informative show.

Untold: Cheat Detectives – the Loyalty Test
11.05pm ***C4***
Daisy Maskell reports on the influencers using social media to catch love rats.

DOCUMENTARY

Tagged: We're Watching You
9.00pm, 9.20pm, 9.45pm ***BBC3***
Catch up via iPlayer
Tagging is seen as a cost-effective way of tackling crime, with the Government keen to double the number of people tagged by 2025. This fascinating series follows John, James, Jaion and Harry as they're monitored with the latest tagging technology – GPS, curfew and alcohol – with mixed results.

For aspiring rapper Harry, on a suspended sentence for assault, it's a successful deterrent, but for Jaion (drug charges), and John (banned from drinking), it's a temporary reprieve. But it's drug addict James, with a heartbreaking backstory, who you desperately hope will be set on a better path. **KAY RIBEIRO**

HISTORY

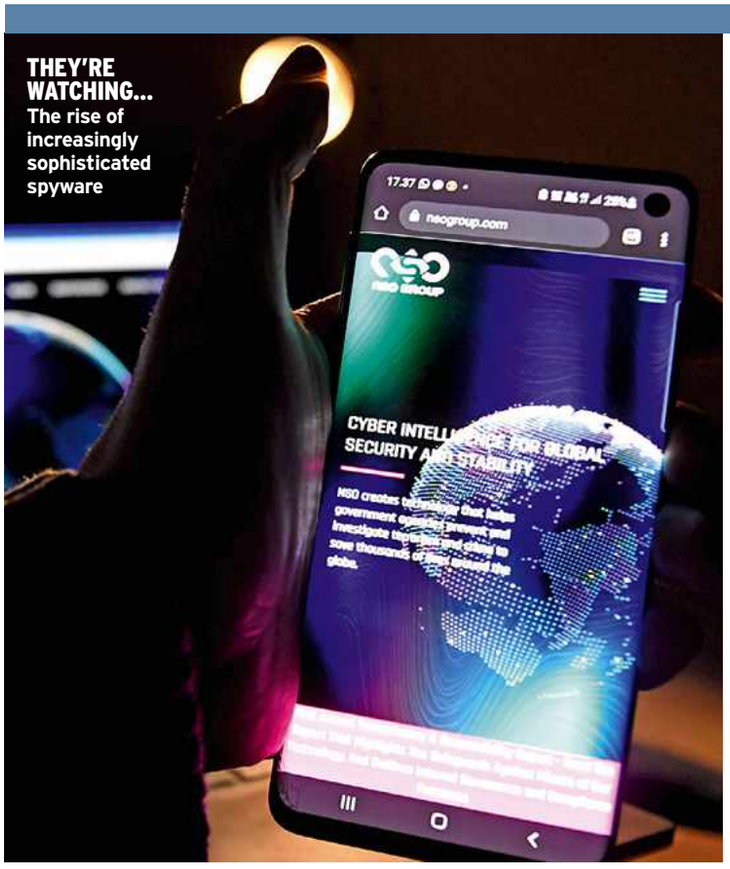
Royal Autopsy
9.00pm ***Sky History***
Catch up via Sky Go/Now
This week Professor Alice Roberts and pathologist Dr Brett Lockyer dig into the death of Elizabeth I, who died in 1603 aged 69. The queen had forbidden a postmortem, so much must be surmised from accounts of the time, but there's plenty of evidence to postulate a convincing hypothesis as to her cause of death.

Her white make-up, for example – could lead poisoning have done the job? Or how about her famously terrible teeth, made rotten by that new luxury, sugar? But then, some of her contemporaries (who admittedly had their own agenda) blamed her death on "melancholy", brought on by worries about the succession. It's morbid, but fascinating. **GC**

REALITY

First Dates Valentine's
10.00pm ***C4*** *Catch up via All 4*
You don't have to be a dating expert to know that quizzing someone about their toothbrushing habits and choice of underwear isn't the best way to their heart. Unfortunately, despite one thousand failed dates, 48-year-old businessman Brendan still hasn't worked it out.

He's one of the singletons hoping to find their perfect match in this special edition. There's also clubbing queen Amanda and recruitment consultant Annie but – although there was no preview available – potentially most interesting is special effects make-up artist Erin. She gets lots of attention online but finds, distressingly, her cerebral palsy puts off prospective suitors. Will 23-year-old chef Andrew be different? **JR**



THEY'RE WATCHING... The rise of increasingly sophisticated spyware

DOCUMENTARY

The Spy in Your Mobile: Storyville
10.00pm ***BBC4*** *Catch up via iPlayer*
In 2021 an international group of investigative journalists revealed that 50,000 people – politicians, journalists, lawyers, academics, dissidents, activists and all the contacts in their mobiles – were under surveillance by the Israeli-produced spyware tool Pegasus. Their conversations, messages, cameras and locations were all hacked. It is, says one of its victims, "like being studied with a magnifying glass – they can see you at work, with a friend or in the shower." It's a terrifying thought. NSO, who created the software, insist it's sold to prevent terrorism and serious crime – but few checks are done.

This documentary reveals how Pegasus is used around the world to intimidate or silence a government's opponents – sometimes, as in the case of Saudi journalist Jamal Khashoggi, permanently. **JR**

LIVE SPORT

Champions League Football
AC Milan v Tottenham Hotspur
7pm (k/o 8pm) ***BT Sport 1***
Could Spurs' new signing Pedro Porro (above) help them progress to the quarter-finals?
Paris Saint-Germain v Bayern Munich
7.15pm (k/o 8pm) ***BT Sport 2***
Lionel Messi returns to Champions League action for PSG.

Snooker
Welsh Open
12.45pm, 6.45pm ***Eurosport 2,***
1pm, 7pm ***BBC2 Wales***
Action on day two from first-time host venue Llandudno.

FILM OF THE DAY

Notting Hill ★★★★ 15
10.45pm ***ITV1 (not STV)***
Working from a typically witty Richard Curtis script, Julia Roberts and Hugh Grant (above) give this breezy romantic comedy all the star appeal you need, but it's Rhys Ifans who provides the biggest laughs as the flatmate from hell. (1999)

FILM REVIEWS page 85

RICHARD ANSETT; GETTY; ALLSTAR; SHUTTERSTOCK

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)

9.15 Morning Live Gethin Jones, Sam Quek. (S) (HD)

10.00 24/7 Pet Hospital A pomeranian puppy needs help after an accident at home. (S) (AD) (HD)

10.30 Claimed and Shamed A couple who put in a £30,000 injury claim are caught in a lie. (S) (HD)

11.15 Homes under the Hammer Featuring properties in Ayrshire, Wetherby and Windsor. (S) (AD) (HD)

12.15pm Bargain Hunt Christina Trevanion hosts in the town of Narberth, Pembrokeshire. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Daniel and Zara throw Joe a birthday party. Sid clashes with an agency nurse. (S) (AD) (HD)

2.15 The Farmers' Country Showdown Cattle and pig farmers try to sell their home-grown food at the Lancashire Game and Country Festival. (R) (S) (HD)

3.00 Escape to the Country A buyer from London looks for a home in Somerset or Dorset. (R) (S) (HD)

3.45 Antiques Road Trip Margie and Ochuko travel to Staffordshire. Repeated tomorrow 6.30am BBC2 (S) (HD)

4.30–5.15 Bridge of Lies Fiona, Nick, Amy and Laura compete for cash. Rptd tomorrow 7.15am BBC2 (S) (HD)

BBC2

6.30am Antiques Road Trip Margie Cooper and Ochuko Ojiri rummage through the antiques shops of north-west England. Shown yesterday 3.45pm BBC1 (S) (HD)

7.15 Bridge of Lies Shown yesterday 4.30pm BBC1 (S) (HD)

8.00–9.00 Sign Zone The Hairy Bikers Go Local *4/8* The Bikers hunt for new, local ingredients to include on the menu at a beachfront café in Fife. (R) (S) (AD) (HD)

9.00 BBC News

1.00pm Hardball Quiz hosted by Ore Oduba. (R) (S) (HD)

BBC RED BUTTON 1.00–4.30 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

1.45 Eggheads Quiz hosted by Jeremy Vine. (R) (S) (HD)

2.15 Britain in Bloom Chris Bavin meets green-fingered volunteers in Stechford, Birmingham. (R) (S) (HD)

2.45 Murder, Mystery and My Family: Case Closed? A look back at the 1839 murder of a commercial canal boat passenger in Rugeley, Staffordshire. (R) (S) (AD) (HD)

3.30 Earth's Greatest Spectacles The arrival of spring in the Svalbard region of the Arctic. (R) (S) (AD) (HD)

4.30–5.15 Coast and Country Auctions A visit to the Bala Autumn Sale in Snowdonia, one of the UK's most important sheepdog auctions. (R) (S) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Guests, gossip and more. (S) (HD)

10.00 This Morning Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Forthright opinions. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal David and the dealers set up shop in Blackpool, where Matt Taylor is faced with a unique local historical gem. (R) (S) (AD) (HD)

3.00–4.00 Lingo Duos from London, Birmingham and Croydon take part in the battle of words hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With guest Jo Brand. (R) (S) (HD)

6.50 3rd Rock from the Sun Double bill. (R) (S) (AD)

7.40 The King of Queens Three episodes. (R) (S) (AD)

9.00 Frasier Triple bill of the US comedy. (R) (S) (AD)

10.25 Undercover Boss USA The president of a beauty company in Colorado Springs goes under cover in her franchises. (R) (S) (HD) **11.25 News** (S) (HD)

11.30 Sarah Beeny's New Life in the Country At a nearby farm, Sarah and Graham borrow four alpacas to decide if they want to keep animals. (R) (S) (AD) (HD)

12.30pm Steph's Packed Lunch Weekday magazine show presented by Steph McGovern. (S) (HD)

2.10 Countdown With Maggie Aderin-Pocock. (S) (HD)

3.00 A Place in the Sun Danni Menzies helps a couple search for a holiday home in Portugal. (R) (S) (HD)

4.00–5.00 A New Life in the Sun The Spanish bar owners become cocktail waiters, while a wedding venue suffers a setback in Alicante. Rptd Wed 1.30pm 4seven (S) (HD)

BBC1 1

Waterloo Road
8.00pm Danny makes a choice that could change the course of his life forever

5.15pm Pointless
Quiz presented by Alexander Armstrong. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

BBC SPORT ONLINE 7.00–10.30 5 Live Final Score The latest football scores from 5 Live, at bbc.co.uk/sport

7.00 The One Show
Presented by Alex Jones and Alex Scott. (S) (HD)

7.30 EastEnders
Whitney's actions cause issues for Stacey.
Writer Kim Revill Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Waterloo Road
RT ***7/7.*** The past catches up with Danny at the end of term show. Meanwhile, Kim is left feeling hurt and betrayed by an unexpected person. A box set of this and previous series is on iPlayer. **See page 78.**

Danny Lewis	**Adam Abbou**	Kai Sharif	**Adam Ali**
Kim Campbell	**Angela Griffin**	Samia Choudhry	**Priyasasha Kumari**
Joe Casey	**James Baxter**	Caz Williams	**Lucy Begg**
Wendy Whitwell	**Jo Coffey**	Kelly Jo Rafferty	**Alicia Forde**
Neil Guthrie	**Neil Fitzmaurice**	Erica Thorn	**Sue Vincent**
Lindon King	**Vincent Jerome**	Millie Adebayo	**Randi Agyare**
Coral Walker	**Rachel Leskovac**	Zayne Jackson	**Inathi Rozani**
Nicky Walters	**Kym Marsh**	Vinnie McCullen	**Jason Milligan**
Amy Spratt	**Katherine Pearce**	Dean Weever	**Francesco Piacentini-Smith**
Valerie Chambers	**Shauna Shim**	Noel McManus	**Liam Scholes**
Donte Charles	**Adam Thomas**	Verity King	**Ava Flannery**
Danny Lewis	**Adam Abbou**	Dwayne Jackson	**Thapelo Ray**
Izzy Charles	**Scarlett Thomas**	Shola Aku	**Chiamaka Ulebor**
Tonya Walters	**Summer Bird**	PC Khan	**Zaid Munir**
Preston Walters	**Noah Valentine**	Jamilah Omar	**Sonia Ibrahim**

Writer Neil Jones; Producer Adam Leatherland; Director Makalla McPherson Repeated Friday 8pm BBC3 (S) (AD) (HD)

9.00 Ambulance
1/8 *Series 6.* Filmed in the autumn of 2019, cameras follow paramedics from the London Ambulance Service as they care for the millions of people who live in the city. In this episode, ambulance crew members Kate and Femi are dispatched to a young man who is struggling to breathe during a severe anxiety attack. Meanwhile, just three hours into the morning shift, control deal with the third assault of the day, having already responded to four stabbings.
Series director Erica Gornall
Executive producers Simon Ford and Jo Hughes (R) (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Bad Education
5/6 *Series 4.* **Glow Up.** Class K and Stephen give Mitchell a makeover, hoping his girlfriend will take him back. A box set of previous series is on iPlayer.

Mitchell	**Charlie Wernham**	Fraser	**Mathew Horne**
Stephen Carmichael	**Layton Williams**	Harrison	**Bobby Johnson**
Inchez	**Anthony J. Abraham**	Jinx	**Laura Marcus**
Blessing	**Francesca Amewudah-Rivers**	Hoburn	**Vicki Pepperdine**
Warren	**Ali Hadji-Heshmati**	Mrs Carmichael	**Hilary Whitehall**
Usma	**Asha Hassan**	Kayleigh	**Melanie Wilder**

Writer Ciaran Bartlett; Director Freddy Syborn; Producer Arnold Widdowson Shown Sunday 10pm BBC3 (S) (AD) (HD)

11.10 Wagspiracy: Vardy v Rooney
Exploring the hidden workings of the tabloids, PRs and agents connected to the so-called "Wagatha Christie" case, involving Coleen Rooney and Rebekah Vardy.
Director/Producer Caroline Sciama First shown on BBC3 (S) (AD) (HD)

11.55 The Apprentice
6/12. The candidates jet off to Dubai in the United Arab Emirates, where they must put on a corporate awayday for two international clients based in the city. While one team shows off the glamour of the city, the other goes for a more traditional approach.
Shown last Thursday (S) (HD)

12.55am Weather for the Week Ahead (S) (HD)
1.00–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Inside Our Autistic Minds
9.00pm Chris Packham helps people with autism to be understood

5.15pm Flog It!
Charles Hanson values a wooden Fijian club at Blackburn Cathedral, Lancashire. (R) (S) (HD)

6.00 Richard Osman's House of Games
Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee compete. (R) (S) (HD)

6.30 Rick Stein's Cornwall
2/10 *Series 3.* The chef meets the author of *The Salt Path*, Raynor Winn, in the apple orchard where she makes cider filtered through straw, a method that was traditionally used 100 years ago. Inspired, Rick cooks a chicken, leek and cider gratin for his old friend John Harris, head gardener at Tresillian House.
Director Matt Bennett; Producer Caroline Topliss (S) (AD) (HD)

7.00 Inside the Factory
Gregg Wallace visits Trafford in Greater Manchester to follow the production line at the largest malt loaf factory in the world. With Ruth Goodman. (R) (S) (AD) (HD)

BBC RED BUTTON 7.00–11.00 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

8.00 Great British Menu
RT *Series 18.* Four top chefs from Wales produce a set of dishes inspired by Paddington Bear's 65th birthday and British animation and illustration. For the vegan starters, two contestants take inspiration from *Fireman Sam*. Next, the fish course includes a fish, chips and curry sauce meal based on the classic animation *Portland Bill*. But who will impress veteran chef Lorna McNee? **See page 78.** (S) (HD)

9.00 Inside Our Autistic Minds
RT ***1/2.*** Since making his own autism diagnosis public, naturalist Chris Packham has been contacted by other autistic people who are frustrated that family members, friends and co-workers don't understand them. Here, Chris tries to bridge the gap by helping a group of them to create short films to reveal how they truly feel. This week he meets up with 28-year-old Flo from Wiltshire, who relies on a process whereby autistic people mimic the behaviour of others, and 20-year-old student Murray, the son of DJ Ken Bruce, who is one of a large number of autistic people that are non-speaking. **See page 78.**
Series producer Joe Myerscough Rptd tomorrow 12.15am (S) (AD) (HD)
See feature: page 22

10.00 Detectorists
Series 1. A huge hole has been excavated and police are looking into it. Larry's invisible dogs have vanished.
Writer/Director Mackenzie Crook; Producer Adam Tandy (R) (S) (AD) (HD)

10.30 Newsnight With Kirsty Wark. (S) (HD)

11.10 Weather (S) (HD)

11.15 Dark Waters ★★★★
P Drama based on a true story. Corporate defence lawyer Robert Bilott is approached with evidence that seems to connect DuPont chemical corporation to a spate of farm-animal deaths. As the case builds, Bilott's job becomes tougher. But with the revelation that human lives are at stake too, his resolve only grows. Available on iPlayer for 30 days. **Review p85.**

Robert Bilott	**Mark Ruffalo**	Wilbur Tennant	**Bill Camp**
Sarah Barlage Bilott	**Anne Hathaway**	Phil Donnelly	**Victor Garber**
Tom Terp	**Tim Robbins**	Darlene Kiger	**Mare Winningham**
Harry Dietzler	**Bill Pullman**	James Ross	**William Jackson Harper**

Director Todd Haynes (2019, 12) (S) (W) (HD)
Also showing Thursday 9pm BBC4

1.15–3.20am Sign Zone 1.15 Tokyo Vice *6/8.* Tozawa learns he is not above humiliation. (R) (S) (AD) (HD)
2.20 Surgeons: at the Edge of Life *4/6.* *Series 5.* The team operate on a man who has a tumour dangerously close to his spinal cord. Shown last Wednesday BBC2 (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Bradley & Barney Walsh: Breaking Dad
9.00pm The boys are in the pink on a visit to Panama

4.00pm Tipping Point
Three contestants answer questions and take turns on the big arcade machine in an attempt to hit the jackpot. Ben Shephard hosts. (S) (HD)

5.00 The Chase
Bradley Walsh presents as Steve, Lisa, Kristian and Bethany try to beat one of the formidable Chasers and take home the prize pot. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Will is angry about Caleb continuing to take liberties. Noah is unconvinced about Samson. April searches for ways to keep Marlon safe.
Writer Karin Young Cast Thursday/Friday (S) (AD) (HD)

8.00 Love Your Garden
In Salford, Alan Titchmarsh, Frances Tophill and Katie Rushworth create an eco-inspired kitchen garden for a community hero who likes to keep everyone fed and is passionate about recycling. The team build a mix-and-match garden based on the theme of circles, featuring an orchard and even a pickling shed. And David Domoney devises a pack-up-and-go kitchen garden that needn't be left behind when moving home.
Director Jess Matthews
Series producer Stephen Leigh (R) (S) (AD) (HD)
RT GARDENING Save money on a complete potato-growing kit ideal for patios; plus an offer on blueberry bushes: p146

9.00 Bradley & Barney Walsh: Breaking Dad
7/7 *Series 5.* The lads conclude their travels in Panama, where they call on some indigenous tribes and take part in their ancestral games. In the capital city, Brad must conquer his fear of heights to clean some skyscraper windows, and the duo visit jazz musician Danilo Pérez.
Series producer Reshmi Bajnath
Executive producer Dan Baldwin (S) (AD) (HD)

9.30 The Family Pile
5/6. **The Golden Child.** Yvette's son arrives to claim what's his, but Gaynor plans to fight him for it. Ursula makes an important decision. The whole series is available as a box set on ITVX.

Nicole	**Amanda Abbington**	Greg	**James Nelson-Joyce**
Yvette	**Clare Calbraith**	Austin	**Richard Pepple**
Ursula	**Claire Keelan**	Connor	**Sonny Lackey**
Gaynor	**Alexandra Mardell**	Raymond	**Oliver Wellington**
Stuart	**Kieran O'Brien**		

Writer Brian Dooley; Director Fergal Costello; Producer Phil Warburton-Leach Repeated Thursday 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Notting Hill ★★★★
Romantic comedy. An American film star bumps into a humble London bookshop owner and they begin an unlikely affair. But their relationship is put under strain when the press finds out. **Film of the Day: page 85.**

Anna Scott	**Julia Roberts**	Max	**Tim McInnerny**
William Thacker	**Hugh Grant**	Martin	**James Dreyfus**
Spike	**Rhys Ifans**	Bella	**Gina McKee**
Bernie	**Hugh Bonneville**	Tony	**Richard McCabe**
Honey	**Emma Chambers**	Rufus the thief	**Dylan Moran**

Director Roger Michell (1999, 15) (S) (AD) (W) (HD)

1.00am Home Shopping (HD)
3.00 Britain's Notorious Prisons: Wormwood Scrubs ***2/2.*** Life inside the London prison. (R) (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am Family Fortunes Gino D'Acampo presents the big-board game show. (R) (S) (SL) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 7 in Wales

First Dates Valentine's
10.00pm Young hearts: will sparks fly at Amanda and Ryan's table?

5.00pm Four in a Bed
The B&B owners head to Duplex Relocations in Bradford, where things get off to a shaky start.
Director/Producer Will Pilkinton (S) (HD)

5.30 Come Dine with Me
Nathanael serves a sports-themed menu as he hosts on the second night in Cardiff. (S) (HD)

6.00 The Simpsons
Homer v Dignity. Mr Burns uses Homer to play jokes on Springfield's residents. (R) (S) (AD)

6.30 Hollyoaks
Juliet plans a romantic gesture for Peri.
Writer Shaun Kitchener Cast Thu/Fri Shown yesterday 7pm E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Know Your S**t: Inside Our Guts
Ep 5. Alana Macfarlane Kempner and Lisa Macfarlane find out whether the way in which a baby is born and fed could affect its microbes, and a woman with multiple allergies and bowel issues seeks help. The whole series is on All 4.
Series director Sarah Carnie
Executive producer Andy Charles Smith (S) (AD) (HD)

9.00 24 Hours in A&E
Ep 7. Sara, 46, is rushed in with serious head and chest injuries following a car crash, while 54-year-old Simon arrives after falling off his bike while on his way to purchase a helmet.
Director/Producer Andrew Dedman Repeated tomorrow 12.10am Channel 4 and Friday 9pm 4seven (S) (AD) (HD)

10.00 First Dates Valentine's
RT Amanda, 27, is fed up with men who are too keen. Can former club rep Ryan set the right tone? And what will businessman Brendan, 48, make of Swedish cake-maker Agneta? Having been out of the dating game for a decade, Annie, 42, is paired with Dave. And when make-up artist Erin mentions her cerebral palsy to prospective suitors online, she finds it's game over. How will she fare with 23-year-old chef Andrew? **See p79.**
Director Claudia Webster; Series producer Ian Osprey
Repeated tomorrow 9pm 4seven (S) (AD) (HD)

11.05 Cheat Detectives: the Loyalty Test
In this *Untold* documentary, Daisy Maskell investigates the influencers who use social media to catch cheating partners. She dives into a virtual world where catching love rats saves some relationships while tearing others apart.
Director/Producer Almudena Garcia-Parrado (S) (AD) (HD)

11.40 In the Footsteps of Killers
Ep 5 *Series 2.* Emilia Fox and Professor David Wilson investigate the murder of Tina Bell.
Shown last Thursday (S) (AD) (HD)

12.40am SAS: Who Dares Wins – Jungle Hell ***Ep 4*** *Series 8.* The recruits tackle a head-to-head race for ammunition supplies. Shown Mon 9pm (S) (SL) (AD) (HD)
1.35 The Last Leg ***Ep 3.*** With guests Dara O Briain and Vick Hope. Shown last Friday (S) (SL) (HD)
2.30 Grayson Perry's Full English ***3/3.*** The artist travels through the north of England, meeting musician Paul Heaton in Manchester. Shown last Thu (S) (SL) (AD) (HD)
3.25 The Great Pottery Throw Down ***Ep 6.*** The potters make a table light featuring a continuous, embossed scene. **See choice, p58.** Shown Sun 7.45pm (S) (SL) (AD) (HD)
4.30 Food Unwrapped Kate Quilton visits the world's largest jelly-bean producers in California. (R) (S) (HD)
4.40 Location, Location, Location Helping two families fed up with their cramped London flats. (R) (S) (HD)
5.35 Food Unwrapped Jimmy Doherty visits Mauritius to learn more about white and dark rum. (R) S) (HD)
5.45–6.10am Jamie: Keep Cooking and Carry On How to make an eggless chocolate pudding. (R) (S) (SL) (AD) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 24 in Scotland

The Spy in Your Mobile: Storyville
10.00pm The lowdown on a new spyware

7.00pm Great British Railway Journeys
5/15 *Series 9.* **Swanwick to Brownsea Island.** In Dorset, Michael Portillo visits Brownsea Island, where Robert Baden-Powell began the scout movement. Continues tomorrow 7pm.
Repeated 1.30am (R) (S) (AD) (HD)

7.30 The Joy of Painting
Bob Ross paints a scene that shows even a tiny shanty by a pond can be a warm place in the dead of winter. More tomorrow 7.30pm. (R) (S)

8.00 As Time Goes By
1/6 *Series 1.* **You Must Remember This.** After years apart, Lionel is reunited with Jean but takes a bigger interest in her daughter. From 1992.

Jean Pargeter	**Judi Dench**
Lionel Hardcastle	**Geoffrey Palmer**
Judith Hanson	**Moira Brooker**
Sandy	**Jenny Funnell**
Young Lionel	**Mark Chapman**

Writers Bob Larbey and Colin Bostock Smith
Director/Producer Sydney Lotterby (R) (S)

8.30 The Mistress
6/6. Luke realises he must fulfil his promise to Maxine and spend a whole weekend with her. From 1985.

Maxine	**Felicity Kendal**
Helen	**Jane Asher**
Luke	**Jack Galloway**
Jenny	**Jenny McCracken**
Simon	**Tony Aitken**
Jo	**Peggy Sirr**

Writer Carla Lane
Director/Producer Gareth Gwenlan (R) (S) (HD)

9.00 A History of Britain by Simon Schama
6/15. **Burning Convictions (1500-1558).** Binham Priory in Norfolk provides the starting point for a brief history of Catholicism in England during the Reformation.
Director Tim Kirby; Producer Martina Hall
Repeated 3am (R) (S) (AD) (HD)

10.00 The Spy in Your Mobile: Storyville
RT An investigation into the powerful spyware Pegasus, sold to governments around the world by the Israeli company NSO Group and used on journalists, activists and others, including the wife and fiancée of Saudi journalist Jamal Khashoggi. **See p79.**
Directors Anne Poiret and Arthur Bouvart
Producers Laurent Richard, Sandrine Rigaud, Eamonn Matthews and Dan Edge (S) (HD)

11.30 Ancient Worlds
6/6. Richard Miles concludes his survey with an examination of the rise and fall of the Roman Empire.
Director/Producer Tim Dunn (R) (S) (AD) (HD)

12.30am The Magic of Mushrooms Richard Fortey explores the world of fungi. Shown last Wednesday (S) (HD)
1.30 Great British Railway Journeys Shown 7pm (S) (AD) (HD)
2.00 Byzantium: a Tale of Three Cities ***2/3.*** Simon Sebag Montefiore explores modern Istanbul, in search of evidence of the last centuries of Christian Constantinople. Shown Sunday 10.45pm (S) (AD) (HD)
3.00–4.00am A History of Britain by Simon Schama Shown 9pm (S) (SL) (AD) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC SCOTLAND
7.00pm Inside Central Station: a pigeon gets trapped in the station **8.00** Scotland's Biggest Families: in Lossiemouth, the Sullivans celebrate a quadruple birthday **9.00** The Nine **10.00** Pictures From…: war photographer David Pratt takes a road trip through the Balkans **11.00–12 midnight** Darren McGarvey's Class Wars: how the places where people live impact their lives

STV
10.40pm Scotland Tonight **11.05** Keane and Vieira: Best of Enemies: the players recall their rivalry **12.20–3.00am** Home Shopping **3.50–5.05am** Night Vision

BBC1 WALES
10.00–10.30am 24/7 Pet Hospital: a St Bernard-cross arrives with a broken leg **11.55pm FILM:** Dark Waters: drama based on a true story, starring Mark Ruffalo **1.55–6.00am** BBC News

BBC2 WALES
1.00pm Snooker: live coverage of the Welsh Open **4.30** Great British Comedies: Talking Pictures **5.10–6.00** First Minister's Questions **7.00–8.00** Snooker **11.15** Snooker **12 midnight** Putin vs the West **1.00–1.15am** Planet Earth: a Monkey's Tale

ITV1 WALES
8.00–9.00pm Wales This Week: Nowhere to Call Home: following a homelessness support team in Swansea

BBC1 NORTHERN IRELAND
10.40pm Restoration Rescue: following a couple as they restore a fisherman's cottage **11.10** Bad Education **11.40** Wagspiracy: Vardy v Rooney **12.25am** The Apprentice **1.30–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm Music City Connections: the Ulster Orchestra and Guests: Dana Masters presents the Ulster Orchestra in concert **11.15** The Narrow Sea, the Farther Shore with Phil Cunningham **12.15am** QI **12.45–1.15** BBC News

Channel 5 listings are overleaf

TUESDAY Freeview

Channel 5 [5]

Ben Fogle: New Lives in the Wild *9.00pm* Ben meets Lyndon, Ruth and co

5.35am Milkshake! See page 84
9.15 *New.* Jeremy Vine (S) (HD)
12.45pm George Clarke's Build a New Life in the Country A web designer and his barrister girlfriend plan to build a unique beach house. (S) (HD) **1.40 5 News** (S) (HD)
1.45 Home and Away Ziggy is getting cabin fever over her forced bed rest. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 An Organised Killer ★★ Thriller. **P** Restaurateur Grace hires a PA to help her juggle her chaotic lifestyle – but the seemingly perfect PA has an agenda of her own. Director Brian Skiba (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Following an 82-year-old originally from Wales, living in Mijas on the Costa del Sol. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Our Yorkshire Farm Edith and Violet look for signs of previous shepherding families in an old barn. (S) (HD)
6.55 5 News Update (S) (HD)
7.00 *New.* GPs: behind Closed Doors Dr Amir Khan meets James, who is very frank about his heart failure diagnosis. He also meets Andrea, who is dealing with the aftermath of a hysterectomy. Executive producers Stephanie Harvie Campbell, Jonathan Stadlen and Alicky Sussman (S) (HD)
7.55 5 News Update (S) (HD)
8.00 *New.* Dogs Behaving (Very) Badly *7/15 Series 5.* Fran and Ben just want to enjoy the countryside surrounding their home city of Swansea, but hyper doberman Kobi is ruining the mood by lunging at anything that moves and going berserk in the back of the car. Plus a sprocker who barks every time its owners' baby cries. Directors Michael Nuvoletta and Selina Chan (S) (HD) Followed by **5 News Update** (S) (HD)
9.00 *New.* Ben Fogle: New Lives in the Wild **RT** *Ep 7 Series 17.* Ben travels into the heart of Zambia to visit a family who have built a safari lodge on the edge of a national park, where they share their home with elephants, hippos and big cats. Ex-Army officer Lyndon and former teacher Ruth swapped Swindon for the savannah in 2016, but have had to overcome fire and flooding to keep their African dream alive. **See page 78.** Series producer Natalie Wilkinson (S) (HD)
10.00 The Railway Killers Documentary following the 1986 murder case and the ensuing coordinated police operation. When 29-year-old Anne Lock goes missing after boarding a train, police soon realise they have a triple murder case on their hands. Revised rpt First shown on 5 Star (S) (HD)
12.05am Crimes That Shook Britain: the murder of Jill Dando in 1999 (S) (HD) **1.00 *New.*** Casino (S) (HD) **3.00** Entertainment News (S) (HD) **3.05** The Yorkshire Steam Railway: All Aboard (S) (HD) **3.55** Britain's Greatest Bridges (S) (SL) (AD) (HD) **4.40** Great Artists (S) (SL) **5.10–5.35am** House Doctor (S) (SL) (HD)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

Tagged: We're Watching You *9.00pm* John is on an alcohol abstinence tag

7.00pm Zen Motoring *2/6.* An unexpected guest needs help. More tomorrow 7pm. (S) (HD)
7.10 Yianni: Supercar Customiser *3/20 Series 1.* Sophie from *Geordie Shore* has her Velar car customised. (S) (HD)
7.35 *New.* *4/20.* Creating a new look for a Pagani Huayra. More tomorrow 7.10pm. (S) (HD) Followed by ***New.* The Catch Up** (S) (HD)
8.00 Glow Up: Britain's Next Make-Up Star *2/8 Series 2.* The contestants provide make-up for fashion designer Henry Holland. More tomorrow 8pm. (S) (HD)
9.00 *New series.* Tagged: We're Watching You **RT** *1/3 Series 4.* Following the lives of four men on electronic tags. Rptd 11.05pm
9.20 *New.* *2/3.* Jaion is arrested. Rptd 11.25pm
9.45 *New.* *3/3.* John finds out if he was caught drinking. The whole series will be available on iPlayer after this episode is shown. **See page 79.** Rptd 11.45pm (S) (HD)
10.00 Big Zuu's Big Eats *9/10 Series 1.* Big Zuu heads to Manchester to cook for comic Ed Gamble. (S) (AD) (HD)
10.35 *10/10.* Comedian Lou Sanders. Both episodes first shown on Dave (S) (AD) (HD)
11.05 Tagged: We're Watching You As 9pm/9.20pm/9.45pm.
12.05am People Just Do Nothing (S) (AD) (HD) **1.05** Charlotte in Sunderland (S) (HD) **2.05** People Just Do Nothing (S) (HD) **2.35** Bad Education (S) (AD) (HD) **3.05** People Just Do Nothing (S) (SL) (AD) (HD) **3.35–3.55am** as 9pm

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck: Casey and Sarah hunt down a Russian operative (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **4.55** The OC: Julie seeks Kirsten's help (S) (HD) **5.50** Catchphrase (S) (HD)
6.35pm FILM Valentine's Day ★★★ Romantic comedy featuring an ensemble cast including Anne Hathaway, Jessica Alba and Julia Roberts. The love life of a florist working on Valentine's Day is sent into a tailspin after he proposes to his girlfriend. Meanwhile, his best friend thinks she's met the man of her dreams, little realising he is already married. Will love lend a hand and save the day? **Review p85.** (S) (AD) (W) (HD)
9.00 *New.* Love Island More action from week five of the contest which sees single people living like celebs in the villa. (S) (HD)
10.05 *New.* Kavos Weekender The arrival of new guests brings an air of excitement among the reps – especially for Joel. (S) (HD)
11.05 Family Guy *Series 16.* Peter and Lois try to persuade Chris that Arthur Valentine does not exist. (S) (AD) (HD)
11.35 *Series 10.* Stewie meets a kindred spirit who shares his love of advanced weaponry. Lois buys twin beds. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.00** Superstore (S) (AD) (HD) **1.55** Hey Tracey!: comedy quiz (S) (HD) **2.40–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Heartbeat *5.40pm* Greengrass gets trapped while searching for treasure

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: ***7/14*** *Series 3 Reach for the Stars.* A team-building exercise goes awry Rptd 12.05am; **9.45 *8/14*** *New Moon Arising.* A baby is abandoned at the medical centre Rptd 1.05am (S) (AD) **10.55** Heartbeat: ***11/15.*** Greengrass prepares for the village fair; **12.05pm *12/15.*** Greengrass finds an unexploded bomb (S) (AD)
1.15pm Classic Emmerdale: double bill. Emily is concerned about Debbie living up at Home Farm, then Charity and Zoe are bemused (S) **2.15** Classic Coronation Street: double bill. Toyah is made a shocking proposition, then Roy and Fred clash (S) (AD) **3.20** Maigret: ***2/6*** *Series 1. Maigret and the Burglar's Wife.* The sleuth is visited by the wife of a burglar known as "Sad Freddie"; **4.30 *3/6.*** *Maigret Goes to School.* A teacher is convinced he will be accused of murder (S) (AD)
5.40pm Heartbeat ***13/15*** *Series 5.* Greengrass and Blaketon hunt for buried treasure. (S) (AD) **6.50 *14/15.*** Nick goes under cover as a DJ to track down drug smugglers. (S) (AD)
8.00 Midsomer Murders *Series 3.* **Blue Herrings.** Alice Bly asks her favourite nephew, DCI Barnaby, to investigate after two suspicious deaths occur at the Lawnside residential home amid rumours of fraud and deception. (S) (AD)
10.00 Grantchester ***5/6*** *Series 1.* Sidney and Geordie travel to London for a much-needed night out. But when the evening takes a sinister turn, they realise that policemen and vicars are never truly off duty. (S) (AD) (HD) **11.00 *6/6.*** With Amanda and Guy's wedding fast approaching and his guilt over Hildegard causing inner turmoil, will Sidney be able to keep his head for long enough to track down the killer of a local policeman? Series two starts tomorrow 10pm. (S) (AD) (HD)
12.05am Where the Heart Is Shown 8.35/9.45am (S) (AD) **2.20–2.30am** Unwind (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am The Saint (S) **7.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **8.05** Magnum, PI (S) (AD) (HD) **9.10** The Sweeney (S) **10.15** Minder (S) (AD) **11.20** The Saint (S)
12.30pm The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.40** The Motorbike Show (S) (HD) **2.40** Magnum, PI (S) (AD) (HD) **3.45** The Sweeney (S) **4.50** Minder (S) (AD) **5.55** The Motorbike Show (S) (HD)
7.00pm The Chase Celebrity Special With Mark Foster, Charlene White, Ade Adepitan and Kevin Eldon. Bradley Walsh hosts. (S) (HD)
8.00 *New.* World Rally Highlights Action from the Rally Sweden second round. (S) (HD)
9.00 FILM Assassins ★★★ Action thriller starring Sylvester Stallone, Antonio Banderas and Julianne Moore. A disenchanted hitman wants to hang up his gun, but he is continually dogged by a young rival who is determined to take his place as top assassin. (S) (AD) (W) (HD)
11.45 All Elite Wrestling: Rampage Presented by Jim Ross, Excalibur and Tony Schiavone. Repeated Thu 12.10am ITV1 (S) (HD)
12.50am Auto Mundial (S) (HD) **1.20** Motorsport Mundial (S) (HD) **1.50** Driving Force (S) (HD) **2.45–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

New Tricks *10.00pm* Sandra and Brian keep an eye on Hannah Taylor

7.20am Pie in the Sky: ***7/10*** *Series 1.* Crabbe finds himself in demand (S) **8.10** The Bill: a strangely familiar face joins Sun Hill **9.10** Classic Holby City: top consultant Ange Goddard is joined at the Young Adult Unit by someone who is no stranger to Holby (S) (HD) **10.35** Classic Casualty: Max is confronted with his estranged wife Zoe (HD) **11.40** The Bill: a medical researcher receives threats
12.40pm Classic EastEnders: double bill. Will Kat give in to Trevor in order to protect Little Mo? Then, Phil has an ultimatum for Lisa **2.00** Howards' Way: ***6/13*** *Series 3.* Charles invites Avril away for the weekend (S) **3.10** Pie in the Sky: ***6/6*** *Series 4.* Armed robbers target the restaurant (S) **4.10** Peak Practice: ***2/13*** *Series 2.* The three doctors disagree **5.20** As Time Goes By: ***7/7*** *Series 7.* Jean's romantic advice causes problems (S)
6.00pm Are You Being Served? *Series 10.* **Friends and Neighbours.** The staff take up residence at the store. (S)
6.40 To the Manor Born ***4/7*** *Series 1.* **Nation's Heritage.** DeVere brings his business to the manor. (S)
7.20 Last of the Summer Wine *Series 6.* **The Odd Dog Men.** Foggy sees a business opportunity – dog-walking. (S)
8.00 Dalziel & Pascoe ***1/4*** *Series 4.* **On Beulah Heights.** The duo investigate the murder of an eight-year-old girl, a case that brings back memories of a similar incident 15 years earlier. (S) (AD)
10.00 New Tricks ***3/8*** *Series 2.* **Trust Me.** The ageing cops reinvestigate a bungled case in which a young girl's body was misidentified. Lisa Faulkner and Harriet Walter guest. (S) (AD)
11.20 Clocking Off ***6/7*** *Series 2.* **The Lads.** Nick, Kev, Ade and Barney get involved in a fight during a drunken night on the town. (S)
12.35am Bad Girls: ***9/16*** *Series 5.* Colin comes clean to Karen (S) **1.45** Lovejoy: ***7/12*** *Series 2.* The shady trader helps a film star (S) **2.55–4.00am** Howards' Way Shown 2pm

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am The Real Housewives of Cheshire: Tanya hosts a party (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe (HD)
12 noon Be Beautiful (S) (AD) (HD) **12.10pm** The Real Housewives of New York City (S) (HD) **1.00** The Real Housewives of Cheshire (S) (AD) (HD) **2.00** The Only Way Is Essexmas 2020 (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta: Phaedra and Kenya go camping (S) (HD) **5.00** The Real Housewives of New York City (S) (HD)
6.00pm Making It Home with Kortney and Kenny Matt and Meghan enlist help to make over their new suburban home. (S) (HD)
7.00 Buying and Selling An ex-pro-footballer and his wife search for a bigger home. (S) (HD)
8.00 Dinner Date A woman from London goes on three blind dates. (S) (AD) (HD)
9.00 *New.* The Real Housewives of Atlanta Marlo picks up the pieces of Sheree's broken heart with fashion, food and friendship. (S) (HD)
10.00 Botched A gambler with a serious case of man boobs seeks help. (S) (AD) (HD)
11.00 Paul Nassif treats a nose that is stuck at a 7 o'clock angle. (S) (AD) (HD)
12 midnight–1.00am The Only Way Is Essex (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

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More4 18

2022: the Year from Space *9.00pm* Satellite footage of the war in Ukraine

8.55am Kirstie's House of Craft **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill (AD)
1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)
6.55pm Escape to the Château Dick and Angel are hosting the last summer wedding of the year. But there's no time to rest as they welcome a fleet of vintage Citroëns, with their drivers making a pit stop on a charity tour around France. (AD)
7.55 Grand Designs Natasha wants to construct a home in rural Norfolk with two giant rooms designed to maximise the countryside views. She plans to build and clad the house with wood from the nearby forest, in just six months. (AD)
9.00 2022: the Year from Space Images of the world filmed by satellites in 2022, offering insights into the year's major events, capturing both the activities of mankind and the power of the natural world. (AD)
10.35 Holidays from Hell: Caught on Camera Footage of those tricky moments when a dream holiday turns into a nightmare. From sunbed dashes to ski crashes, tourists behaving badly to locals behaving madly. (AD)
11.35 24 Hours in A&E Police suspect that a patient is concealing a weapon. (AD)
12.40am 999: on the Front Line **1.45** Eight out of Ten Cats Does Countdown: Jimmy Carr hosts **2.45–3.45am** 24 Hours in A&E (AD)

More4 **F'view** 18 **F'sat** 124 **Sky** 136 **Virgin** 147 **+1** **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

6.00am Hollyoaks Shown last Fri/Mon 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory: four episodes (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory (AD)
6.00pm The Big Bang Theory *1/24 Series 12* Amy and Sheldon go on honeymoon. (AD)
6.30 *2/24.* Raj wants to settle down. (AD)
7.00 ***New.*** **Hollyoaks** A budding new friendship leaves Tony feeling threatened. Cast pp101/111 Repeated tomorrow 6.30pm C4 (AD)
7.30 Come Dine with Me Wine connoisseur Adam hosts a dinner party in Gloucestershire.
8.00 ***New.*** **Below Deck: Mediterranean** Storm and Natalya go on their first date. (AD)
9.00 Gogglebox The households' opinions on *Bad Sisters* and *Nadiya's Everyday Baking*. (AD)
10.00 Naked Attraction Singletons Kelly from Brighton and Carlo from Somerset hope to find the perfect partners. (AD)
11.05 First Dates: Valentine's Two singletons in the wedding industry hope to find love on Valentine's Day (AD)
12.10am Gogglebox (SL) (AD) **2.20** Below Deck: Mediterranean (AD) **3.10** Naked Attraction (AD) **4.05** Ramsay's Kitchen Nightmares USA (SL) **4.55–6.00am** The Goldbergs (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 **Virgin** 106 **+1** **Freeview** 30 **Freesat** 123 **Sky** 235 **Virgin** 146 **E4 Extra** **Freeview** 31 **Freesat** 181 **Sky** 138 **Virgin** 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun: Home or Away **2.00** Animal Cops Philadelphia (AD) **4.00** Dr Jeff **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00** The Great British Sewing Bee **10.30** Dr. Pimple Popper: before the Pop **11.00** Ghost Adventures (AD) **12 midnight** Ghosts of Devil's Perch **1.00am** Ghost Adventures **2.00** Shopping **4.00–6.00am** as 2pm

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

The Barry White Story: Let the Music Play *8.30pm* The soul legend's life

6.00am On Broadway **7.45** Len Phillips Swing Orchestra's 100 Years of Big Bands **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Michelle Pfeiffer
12 noon Landscape Artist of the Year (AD) **1.00pm** Tales of the Unexpected **2.00** Judy Garland by Marc Almond **3.00** Landscape Artist of the Year 2017 **4.00** Discovering: Mel Gibson **5.00** Tales of the Unexpected
6.00pm Alfred Hitchcock Presents A man becomes suspicious of his wife's housemaid.
6.30 A man tries to resolve his debts by taking advantage of his employer.
7.00 Discovering Romance on Film Critics discuss their favourite romantic movies. (AD)
8.30 The Barry White Story: Let the Music Play Charting the singer's life and career, looking at his childhood, his time in prison and his decision to go into music.
9.45 The Art of Drumming The musical possibilities of the drum kit, featuring tracks from the Beatles to Nirvana.
11.00 Classic Literature and Cinema A look at adaptations of books featuring wars, as the agony of defeat and the ecstasy of victory dictates the words documented – making for compelling cinema. (AD)
12 midnight Soundtracks: Songs That Defined History **1.00am** Peter Gabriel: Taking the Pulse – Live In Verona **3.10** More Than This: the Story of Roxy Music **4.10** Sky Arts Book Club: with Ian Rankin **5.10** Pretenders: Music Icons **5.35–6.00am** Video Killed the Radio Star

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: in Newcastle (AD) **11.30** A Place in the Sun: double bill
1.30pm A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun
6.00pm Sarah Beeny's New Life in the Country The family need running water and plan to dig a borehole with the assistance of a couple of childhood friends. (AD)
7.00 The Dog House *Ep 6 Series 4* Peaches sends couple Jane and Alan into a spin. Shown last Thursday Channel 4 (AD)
8.00 Location, Location, Location Kirstie Allsopp and Phil Spencer assist two couples who are struggling to compete in Glasgow's buoyant housing market.
9.00 24 Hours in Police Custody Veteran detective DC Dave Brecknock investigates a burglary of antiques. (AD)
10.00 Guy Martin's Great British Power Trip *1/3.* Guy helps demolish a coal-burning power station. **See choice p59.** Shown Sun 9pm C4 (AD)
11.05 Building Britain's Superhomes *Ep 2* Guy Phoenix and his team are determined to complete his latest Nottingham project on schedule. Shown last Wednesday Channel 4 (AD)
12.10am First Dates (AD) **1.15** Grand Designs (AD) **3.25** George Clarke's Amazing Spaces (AD) **4.20–4.50am** Food Unwrapped (AD)

4seven **Freeview** 49 **Freesat** 127 **Sky** 137 **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** Three Men Four Wheels **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** ***New.*** The Woodland Workshop **10.00** The Repair Shop **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Three Men Four Wheels **4.00–5.00am** ***New.*** Snooker

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 169 **+1** **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 213

Yesterday 27

Secrets of Britain *8.00pm* The story of department store Selfridges

6.00am Warbird Workshop **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird: murders during the Blitz **11.00** The Fred Dibnah Story
12 noon Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird
6.00pm Great British Railway Journeys Michael Portillo begins today's trip in Blaenavon near Abergavenny.
6.30 Michael Portillo visits Oxford University's Bodleian library.
7.00 The Fred Dibnah Story Fred makes concessions in his second marriage.
7.30 The former steeplejack looks back on his life with a sense of satisfaction.
8.00 Secrets of Britain The history of the London department store Selfridges.
9.00 Bangers and Cash Derek is auctioning off a two-seater plane. (AD)
10.00 A collection of Austin Mini Metros arrives at Mathewsons for auction. (AD)
11.00 Abandoned Engineering Exploring a military stronghold in the Philippines. (AD)
12 midnight Great British Railway Journeys: a trip from London to Hastings **1.00am** Scouting for Toys (AD) **2.00–3.00am** Warbird Workshop

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129 **+1** **Freeview** 74 **Sky** 255 **Virgin** 217

Dave 19

7.10am Mega Air **8.00** Fast Justice **9.00** Cops on the Rock (AD) **10.00** Survivor South Africa (AD) **12 noon** Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear (AD) **4.00** Survivor South Africa (AD) **5.30** Travel Man: 48 Hours in Iceland (AD)
6.00pm Taskmaster *9/10 Series 7* Phil Wang discovers that his Bruce Lee costume offers an unexpected advantage.
7.00 Richard Osman's House of Games With Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee.
7.40 Room 101 With guests Noel Fielding, Ian Wright and Joanna Scanlan.
8.20 Would I Lie to You? With Steve Davis, Craig Parkinson, Sara Pascoe and Claudia Winkleman. Hosted by Rob Brydon.
9.00 QI XL With Bill Bailey, Katherine Ryan and Rhod Gilbert join host Sandi Toksvig.
10.00 Live at the Apollo Sara Pascoe hosts, with Larry Dean and Gary Delaney.
11.00 World's Most Dangerous Roads Actor Will Mellor cajoles comedian Keith Lemon into joining him on a road trip in Albania. (AD)
12 midnight Mock the Week **12.40am** QI **1.20** Meet the Richardsons **2.00** The Other Half (AD) **2.35–4.00am** Not Going Out

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (Wales 112) **Virgin HD** 127 **Dave Ja Vu** **Freeview** 57 **Sky** 211 (Wales 212) **Virgin** 131

London Live 8

6.00am Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** Secrets of London with Mark Monroe **10.00** Serving the Royals **11.00** Terry and Mason's Great Food Trip **11.45** Michael Palin's New Europe **1.00pm FILM** Two and Two Make Six ★★ (BW) **2.50** London Districts **3.00 FILM** The Devil's Disciple ★★ (BW) **4.45** Secrets of London with Mark Monroe **5.00** The Baron **6.00pm** News **7.00** The Prisoner **8.00** Royal Road **8.15** The Royal Visit to Leith **8.30** After Henry **9.00** The Escape Artist **10.45 FILM** Dracula ★★★ Horror **12.45am FILM** Saturday Church ★★★ **2.30** The Village in the Woods **4.15–6.00am** As 3pm

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS **12 noon** Law & Order **12.55pm** Entertainment News **1.00** Law & Order **3.55** Entertainment News **4.00** Law & Order
6.00pm NCIS *Series 3.* Triple bill. A prisoner dies in custody **7.00** Gibbs recalls painful memories **8.00** Gibbs wakes from his coma (AD) **9.00** ***New.*** Law & Order: Special Victims Unit *Series 23* Fin and Kat are led into danger
10.00 Law & Order: Criminal Intent *Series 8* Wheeler and Zach Nichols investigate the murder of an aspiring MC **11.00** Law & Order: Special Victims Unit *Series 22.* Triple bill
1.50am Law & Order: Criminal Intent: double bill. A priest persuades Logan to reopen a murder case, then Goren's brother is murdered
3.35–4.00am Criminals: Caught on Camera

5 USA **Freeview** 21 **Freesat** 129 **Sky** 141 **Virgin** 153 **+1** **Freesat** 130 **Sky** 241 **Virgin** 185

5 Star 32

8.00am Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun (AD) **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **1.00pm** Traffic Cops: on the Edge **2.00** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law
6.00pm Home and Away Ziggy is getting cabin fever. Shown 1.45pm Channel 5 (AD)
6.30 ***New.*** Justin is on edge about the golf tournament. Rptd tomorrow 1.45pm C5 (AD)
7.00 The Cruise: Below Deck A Scottish grandmother boards *Scarlet Lady*.
8.00 Ambulance: Code Red A man who has overdosed on heroin is unconscious.
9.00 Shoplifters and Scammers: at War with the Law A shoplifter is detained.
10.00 999: Critical Condition Nigel, 60, is preparing for an emergency operation.
11.00 Casualty 24/7: Every Second Counts The first heatwave of summer has hit Barnsley.
12 midnight Skin A&E **1.00am** Dirty Home Rescue **2.00** GPs: behind Closed Doors (AD) **3.00** Bargain Brits on Benefits **3.50–4.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 **Virgin** 151 **+1** **Freesat** 141 **Sky** 228 **Virgin** 186

5 Action 33

9.00am 999: Criminals Caught on Camera **9.30** Winter Road Rescue **10.30** Trucking Hell (AD) **11.30** Police Interceptors
12.30pm FILM The Rounders ★★★ Comedy drama **2.15 FILM** Fort Worth ★★ **4.00** Trucking Hell **5.00** Winter Road Rescue
6.00pm Police Interceptors An officer deals with a drunk, abusive racist.
7.00 Two officers use their Tasers to help arrest a knife-wielding teenager.
8.00 Jim Hunt deals with two smokers who can't decide which of them owns the dope.
9.00 Motorway Cops: Catching Britain's Speeders Inspector Anton Sullivan is called to a crash between two cars in Chester.
10.00 Police: Hour of Duty Officers are alerted to a major incident at a local hospital.
11.00 World's Deadliest Weather: Caught on Camera A record-breaking cyclone wrecks South Pacific islands.
12 midnight Police Interceptors **1.00am** Strongman 2022 **2.00** 999: Criminals Caught on Camera **3.00** Sinkholes: Swallowed Whole **3.45** Sewermen **4.35–5.00am** Criminals: Caught on Camera: the use of CCTV to fight crime

5 Action **F'view** 33 **F'sat** 132 **Sky** 150 **Virgin** 187/**HD** 150

5 Select 56

9.00am FILM A Killer in My Family ★★ **10.45 FILM** Deadly Jealousy: the Killer Cousin ★★ **12.25pm FILM** Friends Who Kill ★★ **2.15** Holiday Homes in the Sun **3.10** The Yorkshire Vet **4.10** Ben Fogle: New Lives in the Wild
6.05pm World's Most Scenic Railway Journeys A trip through the Peak District.
7.05 Around the World by Train with Tony Robinson The actor heads to Canada and Alaska.
8.00 Walking Wartime Britain Places that changed the course of the Second World War.
9.00 Tony Robinson's History of Britain The lives of people from the Edwardian era.
10.00 Forged in Fire Two episodes.
11.50 World's Greatest Warships
12.55am Around the World by Train with Tony Robinson **1.50** Cruising with Susan Calman: the presenter sails west to Panama **2.50** Inside the Tower of London **3.35–4.00am** The Yorkshire Vet

5 Select **F'view** (HD only) 56 **F'sat** 133 **Sky** 153 **Virgin** 152

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

W 25

Nigella: at My Table *7.20pm* Serving up a vegan feast

6.15am Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **11.00** DIY SOS (S) (HD) **12 noon** Bang on Budget (S) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

6.00pm MasterChef Australia The chefs are asked to come up with mind-blowing recipes. (S) (HD)

7.20 Nigella: at My Table Fried bread and tomato hash. (S) (HD)

8.00 Inside the Ambulance A reported stabbing. (S) (AD) (HD)

9.00 DIY SOS: the Big Build An extension is built. (S) (HD)

10.00 24 Hours in A&E A motorcyclist is rushed in. (S) (HD)

11.00 Lives on Fire Documentary exploring the work of four female firefighters in California. (HD)

12 midnight One Born Every Minute (S) (HD) **1.00am** Dating with My Mates (S) (AD) (HD) **2.00–3.00am** Date Night (S) (HD)

W **F'view** 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1** **Sky** 232 **Virgin** 190

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians: the team discovers an artefact capable of stealing people's luck **7.00** Star Trek: Voyager: an alien transforms the crew into energy **8.00** NCIS: New Orleans **9.00** ***New.*** FBI & FBI: Most Wanted (AD) **10.45** Killer in My Village **11.40** How I Caught the Killer **12.35am** Caribbean Cops (AD) **1.30** Nothing to Declare (AD) **3.00** Border Patrol (AD) **4.00** Motorway Patrol **5.00–6.00am** Highway Cops

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am ***New.*** Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Home Town **2.00** Fixer Upper: the Castle **2.30** The Retro Plant Shop with Mikey and Jo **3.00** The Great Interior Design Challenge (AD) **4.00** My Mortgage Free Home (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00** Escape to the Country **9.00** ***New.*** Holmes Family Rescue **10.00** ***New. New series.*** Bargain Block **11.00** Home Town **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** My Mortgage Free Home (AD) **3.00–4.00am** My Lottery Dream Home

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1** **Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

Sophie Grigson: Slice of Italy *9.00pm* Local delicacies

6.00am ***New.*** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (S) (HD) **8.00** ***New series.*** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Sophie Grigson: Slice of Italy (HD) **11.00** Donal's Irish Feast (S) (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Mary Berry Cooks (HD) **2.00** James Martin's French Adventure (S) (AD) (HD) **3.00** Jamie's 15-Minute Meals (S) (HD) **3.30** Jamie's 30-Minute Meals (S) (AD) (HD) **4.00** Valerie's Home Cooking (HD) **5.00** ***New.*** The Pioneer Woman: double bill. Adding variety to some family favourites, then some delicious ideas for a barbecue feast (HD) **6.00** Rick Stein's Taste of the Sea **7.00** The Great British Bake Off (S) (HD) **8.30** Mary Berry Cooks (HD) **9.00** Sophie Grigson: Slice of Italy (HD) **10.00** Rick Stein's Taste of the Sea **11.00** Restaurant: Impossible (HD) **12 midnight** ***New.*** Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network **Freeview** 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Sue Thomas: F.B.Eye **8.00=** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H: four episodes **9.00** Randall and Hopkirk (Deceased): Jeff is hired to trace a missing woman **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30–6.00am** Highway to Heaven

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.00pm** Evidence of Evil **3.00** Perry Mason: double bill. Perry defends a sailor, then a man who returns to a small town is accused of murder **5.00** The Fugitive: locating a missing one-armed killer **6.00** Matlock: Matt has a dream he is in the Wild West **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

7.10am Work of the Cabinet Office Committee **9.00** Policing Priorities Inquiry **11.05** Human Rights Inquiry **1.30pm** Live Welsh First Minister's Questions: queries in the Senedd **2.30** Live Senedd Cymru: Welsh Parliament **7.00** Select Committees **9.30** Welsh First Minister's Questions **10.30** Senedd Cymru: Welsh Parliament **3.00am** Select Committees **5.30–6.30am** Welsh First Minister's Questions

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Mussolini: the First Fascist *8.20pm* The rise of the leader

8.00am Plane Crash Re-created (S) **9.10** Ancient Invisible Cities (S) **10.30** Mussolini: the First Fascist **11.45** Hunting for Klaus Barbie **1.00pm** Plane Crash Re-created (S) **2.10** Ancient Invisible Cities (S) **3.25** Mussolini: the First Fascist **4.35** Hunting for Klaus Barbie **5.55** Plane Crash Re-created (S)

7.05pm Ancient Invisible Cities Michael Scott reveals the historical secrets of ancient Athens. (S)

8.20 Mussolini: the First Fascist *1/2.* Exploring the mechanisms of Fascist power, the cult of violence and state political repression, as they lead Italy towards disaster.

9.30 Hunting for Klaus Barbie The story of Klaus Barbie, head of the Gestapo in Lyon in 1943–44, focusing on the protection provided to him by secret service agencies.

10.45 Ancient Invisible Cities As 7.05pm.

12 midnight Mussolini: the First Fascist **1.15–2.00am** Beautiful Serengeti: defensive strategies

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Hardcore Pawn **7.45** Weird or What? with William Shatner **8.45** Ancient Aliens **9.40** Ancient Aliens – Secret Science **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? with William Shatner **7.00** Storage Wars **7.30** Storage Wars **8.00** Dickinson's Real Deal **9.00** Hardcore Pawn **10.00** ***New.*** Court Cam: triple bill. A female boxer survives the fight of her life **10.30** ***New.*** A murderer breaks down on the stand **11.00** ***New.*** An emotional trial leads to a brawl outside a Massachusetts courthouse **11.30** Counting Cars **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase: triple bill **10.00** Dickinson's Real Deal **11.00** Supermarket Sweep: members of the public go wild in the aisles in the high-speed trolley-dash quiz **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right **5.00** Bullseye **7.00pm** Pointless: quiz show in which contestants try to score the fewest points possible **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show **11.00** Bullseye: quiz that tests contestants' skill at darts and their general knowledge **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: two editions

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.20** Blue's Clues & You **6.35** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.45** Paw Patrol **7.55** Pip and Posy **8.05** Paddington **8.25** Milo **8.35** Paw Patrol **8.45** Milkshake! Bop Box Boogie **8.55** Pip and Posy **9.05** Milkshake! Story Den **9.10–9.15am** Sunny Bunnies

Full listings for Channel 5 are on p82

CBeebies 202

6.00am Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T and the Beasties **10.55** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** ***New.*** Andy's Global Adventures **4.10** ***New.*** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Topsy and Tim **5.10** Dipdap **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Ninja Express **8.10** Operation Ouch! Do Try This at Home **8.25** Odd Squad **8.35** Dragons: Gift of the Night Fury **9.00** Nine Minute Ninja **9.10** Dragons: The Nine Realms **9.55** ***New.*** Pokémon: Sun and Moon – Ultra Legends **10.40** Monster Loving Maniacs **10.50** One Zoo Three **11.15** Lagging **11.35** The Beaker Girls **12.05pm** Danger Mouse **12.15** Oswaldo **12.30** Boy Girl Dog Cat Mouse Cheese **12.40** Monster Loving Maniacs **12.50** Dennis & Gnasher Unleashed! **1.00** The Next Step **1.45** The Dumping Ground: I'm… **2.00** Blue Peter **2.30** Secret Life of Boys **2.55** Nine Minute Ninja **3.05** One Zoo Three **3.25** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswaldo **4.35** ***New.*** Pokémon: Sun and Moon – Ultra Adventures **5.00** Odd Squad **5.10** We Bare Bears **5.25** ***New.*** Summer Camp Island **5.35** ***New.*** One Zoo Three **6.00** ***New.*** Britain's Best Young Artist **6.30** Our CBBC **6.35–7.00pm** Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **8.00** The Rubbish World of Dave Spud **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Lego DC Super Hero Girls: Brain Drain **11.00** DC Super Hero Girls **1.00pm** Tata and Kuma **1.05** DC Super Hero Girls **3.30** Scooby-Doo **4.30** ***New.*** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** The Rubbish World of Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Lego DC Super Hero Girls: Brain Drain **8.55–9.00pm** Mission Employable

CITV **F'view** 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am The Desperados ★★ Overblown western starring Jack Palance. Vince Edwards (1969, 15) (S)

12.45pm High Noon ★★★★★ Classic psychological western about a marshal risking everything to confront a vengeful killer. **Review, right.** Gary Cooper, Grace Kelly (1952, U) (S) (AD)

2.30 The Red Pony ★★ Awkward blend of adventure and social realist drama. Robert Mitchum (1949, PG) (S)

4.20 The Long Arm ★★★ Police drama starring Jack Hawkins as the detective faced with robberies and a rocky marriage to Dorothy Alison. **Review p115.** (1956, U) (S) (AD)

6.15pm Sense and Sensibility ★★★★★ Charming period drama in which two impoverished sisters seek the men of their dreams. **Review, right.** Emma Thompson, Kate Winslet, Alan Rickman (1995, U) (S)

9.00 Four Weddings and a Funeral ★★★★★ Witty comedy about a group of 30-somethings agonising over the trials and tribulations of getting married. Hugh Grant, Andie MacDowell (1994, 15) (S) (AD)

11.20 The Shape of Water ★★★★ A woman falls in love with an incarcerated fish-man in this beautiful adult fairy tale. Sally Hawkins, Michael Shannon (2017, 15) (S) (AD)

1.50–4.00am The Duke of Burgundy ★★★★★ Funny, melancholic and haunting exploration of an S&M relationship. Sidse Babett Knudsen, Chiara D'Anna (2014, 18) (S)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Fighting Mad ★★ Brisk drama about a former boxer foiling a crime ring. Joe Robinson (1957, U) **7.05 Penny Serenade** ★★★★ Moving romantic melodrama about the breakdown of a couple's marriage. Cary Grant, Irene Dunne (1941, U) **9.30 Interpol Calling** TV police drama. **10.00 Wherever She Goes** ★★ Interesting biopic of the Australian pianist Eileen Joyce. (1951) **11.40 Gentleman's Agreement** ★★★★ A journalist poses as a Jewish man to gain insight into racial prejudice. Gregory Peck, Dorothy McGuire (1947, U) **2.00pm The Pickwick Papers** ★★★ Decent adaptation of Dickens's jaunty stories. **Review, right.** James Hayter (1952, U) **4.05 The Mark of Zorro** ★★★★ Tyrone Power is on fantastic form in this adaptation of the swashbuckling legend. Linda Darnell, Basil Rathbone (1940, U)

6.00pm Scotland Yard British TV crime docudrama series.

6.35 Sherlock Holmes: Terror by Night ★★★ Basil Rathbone and Nigel Bruce are hired to safeguard a gem in this short but neat Sir Arthur Conan Doyle mystery. (1946, U)

8.00 Maigret 1960s TV drama.

9.05 Albert, RN ★★★ Second World War drama about the dummy prop used to fool guards in a PoW camp. Anthony Steel, Jack Warner (1953, PG)

10.55 House of the Long Shadows ★★ So-so haunted-house thriller lifted by horror legends Peter Cushing, Vincent Price and Christopher Lee. (1983, 15)

1.00am Kingdom of the Spiders ★★★ Entertaining creature feature. William Shatner (1977, PG) **2.55 Daughters of Satan** ★ Bonkers supernatural horror. Tom Selleck (1972, 18) **4.45 A Yank Comes Back** Life in early post-war Britain. **5.25–6.00am Mrs G Goes to College** 1960s sitcom.

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

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Sky Premiere

6.45am One Way ★★★ Flawed but solid crime thriller. Colson Baker (2022, 15) **8.40 Rock Dog 3: Battle the Beat** As 2.50pm **10.25 The Railway Children Return** As 4.25pm **12.20pm Jurassic World: Dominion** As 8pm **2.50 Rock Dog 3: Battle the Beat** ★★ Vibrant cartoon sequel. Graham Hamilton, Eddie Izzard (2022) **4.25 The Railway Children Return** ★★★ Wholesome sequel to the 1970 family classic. **Review p45.** Jenny Agutter, Sheridan Smith (2022, PG)
6.10pm Dakota ★★ Warm-hearted drama about a widow and her daughter who take on her husband's loyal dog. Abbie Cornish (2022, PG)
8.00 Jurassic World: Dominion ★★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard, Laura Dern (2022, 12)
10.30 Paradise City ★★ Bruce Willis's swansong is a low-grade thriller but has a strong cast, including John Travolta. (2022, 15)
12.05am One Way As 6.45am
1.45 Dakota As 6.10pm **3.35 Paradise City** As 10.30pm
5.20 Sky Cinema Preview

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am Til Ex Do Us Part ★★ A jealous woman's obsession. Kelly Sullivan, Anna Van Hooft (2018) **11.00 Deviant Love** ★★ Her new man has a dark side. Emma Bell, Nick Ballard (2019) **1.00pm Cradle of Lies** ★★ The husband only wants a boy. Lochlyn Munro, Nicole de Boer (2016) **3.00** An Aurora Teagarden Mystery: an Inheritance to Die For **4.50 Hitch** ★★★ Will Smith stars in this fun comedy. **Review, right.** (2005, 12) **7.10pm A Rainy Day in New York** ★★★ Farce from Woody Allen about a pair of students getting into a series of scrapes. Timothée Chalamet (2019, 12) **9.00 PS I Love You** ★★ Sentimental and creepy romantic comedy drama. Hilary Swank (2007, 12) **11.25** P **The Longest Week** ★★ Comedy drama that is so desperate to be a 1970s Woody Allen film, it's painful. **Review, right.** (2014, 15) **1.10am Cell** ★★★ Stylish if enigmatic sci-fi horror. John Cusack, Samuel L Jackson (2014, 15) **3.25–5.50am Mackenna's Gold** ★★★ Predictable but enjoyable western. Gregory Peck (1969, 15)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am All Yours ★★ Sappy romcom. (2016) **8.00 Sweet Autumn** ★★ Warm-hearted romcom. (2020) **10.00 Anything for Love** ★★ Sudsy romance. (2016) **12 noon My Valentine** ★★ Sweet romance. (2021) **2.00pm Cupid** ★★ Comedy. Joely Fisher (2012) **4.00 Valentine's Again** ★★ Diverting romance. (2017)
6.00pm All Things Valentine ★★ A blogger meets her troll in this mildly inventive romcom. (2016)
8.00 Love at First Glance ★★ Breezy love story with *Entourage's* Adrian Grenier. Amy Smart (2017)
10.00 Valentine in the Vineyard ★★ Satisfying end to the "Vineyard" romance trilogy. (2019)
11.50 Strawberry Summer ★★ Fun, hokey romance. Julie Mond (2012)
1.30am Love's Sweet Recipe ★★ Romance. (2021) **3.00 The Song to My Heart** ★★ Gentle romance. (2022)
4.30–6.00am Unleashing Mr Darcy ★★ Romantic drama. (2016)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Close Up **7.45 Cavalry Scout** ★★ Routine western. Rod Cameron, Audrey Long (1951, U) **9.25 One Spy Too Many** ★★ Lazy spy adventure. Robert Vaughn, David McCallum (1966, PG) **11.35 Fighter Squadron** ★★ Wartime pilots battle for control of the skies. Edmond O'Brien, Robert Stack (1948, U) **1.30pm Murder Ahoy** ★★★ Neatly staged murder mystery comedy. Margaret Rutherford, Lionel Jeffries (1964, U) **3.25 Vengeance Valley** ★★★ Decent psychological western. Burt Lancaster, Robert Walker, Joanne Dru (1951, PG) **5.15 Operation Daybreak** ★★★ Can the Czech resistance silence a Gestapo chief? Timothy Bottoms, Martin Shaw (1975, 15)
7.45pm Law of the Panhandle ★★★ Johnny Mack Brown headlines this pacey western. (1950, U)
9.00 Ransom ★★★ Tense kidnap thriller about a tycoon who debates whether to pay up or take the law into his own hands. Mel Gibson (1996, 18)
11.35 National Lampoon's European Vacation ★★★ Endearing comedy. Chevy Chase (1985, 15)
1.25am Home Shopping
3.40 Off Set **4.00** Close Up

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies Action 42

6.00am M*A*S*H **7.00 Last of the Badmen** ★★ Western. George Montgomery (1957) **8.50 Earthstorm** ★ Disaster movie. Stephen Baldwin (2006) **10.30** Fighters of WWII **11.30** Wild West Chronicles **12 noon** M*A*S*H **1.00pm Sahara** ★★★ Humphrey Bogart stars in this wartime tale. (1943, PG) **3.05 Churchill's Leopards** ★★ Second World War action thriller. (1970) **4.55 Cripple Creek** ★★ Western. George Montgomery (1952, U)
6.35pm Wild West Chronicles TV drama-documentary series.
7.05 Biggles: Adventures in Time ★ Cheery but leaden sci-fi adventure. Neil Dickson (1986, PG)
9.00 Judge Dredd ★★★ Imaginative sci-fi action adventure starring Sylvester Stallone. (1995, 15)
11.05 Blood of Redemption ★★ Goofily predictable action thriller. Dolph Lundgren, Billy Zane, Gianni Capaldi (2013, 15)
12.50am Blunt Force Trauma ★★ Thriller. (2015, 15) **2.35–4.00am The Traitors** ★★ Thriller. Patrick Allen (1962, U)

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

8.00am Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00 6-Headed Shark Attack** ★★ Comedy adventure. Brandon Auret (2018, 15) **1.00pm Wyvern** ★★ Watchable TV-movie monster mayhem. Nick Chinlund (2009, 15) **3.00 Oceans Rising** ★★ Low-budget disaster movie that plays like an update of the story of Noah. Jason Tobias, Summer Spiro (2017, 12) **5.00** Star Trek
6.00pm Star Trek: the Next Generation TV sci-fi adventure.
7.00 Airwolf TV action drama.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 Sniper: Special Ops ★★ By-the-numbers action drama about US soldiers on a mission in Afghanistan. Steven Seagal (2016, 15)
10.45 Feral ★★ Students confront a bloodthirsty foe in the woods in this gory, predictable horror. (2017)
12.40am Urban Legend ★★ College students are bumped off in the manner of urban myths. Alicia Witt, Jared Leto (1998, 18) **2.40–4.30am Eat Locals** ★ Long-winded action comedy horror. Freema Agyeman (2017, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

Notting Hill ★★★★
10.45pm-1.00am ***ITV1*** *(not STV)* 15

ROMCOM Required viewing for Valentine's Day, this is the charming tale of a London bookshop owner (Hugh Grant) who falls for "the most famous actress in the world" (Julia Roberts). Inevitably, the course of true love is a bumpy road, with friends, family and a layabout flatmate (Rhys Ifans in a career-making performance) getting in the way, but that's the cue for a series of screamingly funny scenarios. Love is also in the air for Grant in *Sense and Sensibility* and *Four Weddings and a Funeral,* showing this evening on Film4. **LORIEN HAYNES** (US/UK 1999, some swearing, sexual situations, HD)

High Noon ★★★★★
12.45-2.30pm ***Film4*** U

WESTERN This was one of the first "psychological" westerns, breaking the mould of the gun-toting tales that had dominated the genre since the silent era. Gary Cooper stars as a marshal whose wedding celebrations with Grace Kelly are put on hold when his nemesis rides into town seeking revenge. **DAVID PARKINSON** (US 1952, BW, HD)

The Pickwick Papers
★★★ *2.00-4.05pm*
Talking Pictures TV U

COMEDY Charles Dickens's sprawling novel is reined in here by writer/director Noel Langley, but without sacrificing too much of its jaunty nature. Brimming with memorable characters, the story sees members of the Pickwick Club embarking on various adventures. Among the cast, James Hayter, Nigel Patrick and Kathleen Harrison are excellent. **DP** (UK 1952, BW)

Hitch ★★★ *4.50-7.10pm*
Great Movies 12

ROMCOM Will Smith puts his easy charm to good use here as a "date doctor" who helps ordinary guys woo women. Gossip columnist Eva Mendes decides to unmask the anonymous cupid, unaware that he's also the mishap-prone suitor trying to win her heart. The film makes up for in laughs what it lacks in substance. **SLOAN FREER** (US 2005, edited for language)

Sense and Sensibility
★★★★★
6.15-9.00pm ***Film4*** U

PERIOD DRAMA Avoiding the chocolate-box visuals of so many British costume dramas, Taiwanese director Ang Lee brings a refreshing period realism to Jane Austen's tale of two sisters. As the spirited Marianne, Kate Winslet gives the standout performance in a solid acting ensemble that also includes Alan Rickman, Hugh Grant and Emma Thompson. **DP** (US 1995)

Valentine's Day ★★★
6.35-9.00pm ***ITV2*** 12

ROMCOM A wealth of stars feature in this seasonal confection, which receives a timely showing today. Florist Ashton Kutcher finds his love life agitated by his fiancée (Jessica Alba) and his best friend (Jennifer Garner), while Julia Roberts, Bradley Cooper and Taylor Swift (in her film debut) navigate romantic complications of their own. The result is delightful and cringe-making by turns. **KAREN KRIZANOVICH** (US 2010, may be edited for content, HD)

The Bourne Identity
★★★★ *9.00-11.15pm*
Sky Showcase 12

THRILLER In this cracking first film in the *Bourne* series, Matt Damon stars as an amnesiac who is unaware that he's actually a top CIA assassin. He sets off to Zurich to investigate, facing cops and government killers as his employers try to wipe out their renegade operative. The film is fast-paced, slickly executed and has an edgy sophistication. **SF** (US/CzRep 2002, violence, swearing)

P Dark Waters ★★★★
11.15pm-1.15am ***BBC2***
(showing 11.55pm BBC1 in Wales; not in N Ireland) 12

DRAMA Based on a true story, this slow-burning film stars Mark Ruffalo as a corporate defence lawyer. While investigating a link between bovine deaths on a farm and pollution caused by a chemical company, Ruffalo discovers that the situation is far worse than anyone imagined. Though it is predictable, this is a quietly riveting film. **STEPHEN CARTY** (US 2019, swearing, HD)

P The Longest Week ★★
11.25pm-1.10am
Great Movies 15

COMEDY This misfiring romp stars Jason Bateman as a rich dilettante, Olivia Wilde as a beauty with brains, and Billy Crudup as the man who comes between them. While the leads deliver solid performances, the film suffers from a weak script that fails to deliver the level of Woody Allen sophistication it is clearly aiming for. **STEVE MORRISSEY** (US 2014, sex references)

Sky Cinema picks

Philadelphia ★★★★★
2.20-4.30pm ***Sky Drama***
Oscar-winning drama. (1993, 12)
Sky 310; Virgin 410; BT 510/524

Sabrina ★★★★★
6.00-8.00pm ***Sky Greats***
Classic Audrey Hepburn romantic comedy. (1954, U)
Sky 304; Virgin 404; BT 504/518

Elysium ★★★
8.00-10.05pm
Sky Cinema Sci-Fi/Horror
Stirring sci-fi fable. (2013, 15)
Sky 311; Virgin 411; BT 511/525

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

The Bourne Identity *9.00pm*
The amnesiac spy and Marie

6.00am The Early Rundown **7.00** Kay Burley **8.00** Baby Animals (S) (AD) **9.00** Nothing to Declare (S) **10.00** Supergirl (S) **11.00** NCIS: New Orleans (S) **1.00pm** Hawaii Five-0 (S) **2.00** S.W.A.T. (S) (AD) **3.00** Uptown Otters **4.00** The Conners (S) **4.30** Futurama (S) (AD) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S)

6.30pm The Simpsons Selma dates actor Troy McClure. **7.00** Mr Burns meets a woman who agrees to marry him. **7.30** Homer becomes the owner of the power plant. **8.00** Mr Burns buys his employees hi-tech specs so he can spy on them. **8.30** Marge, Bart and Lisa visit Grampa for Valentine's Day. (S)

9.00 The Bourne Identity ★★★★
Spy action thriller based on the novel by Robert Ludlum, starring Matt Damon and Franka Potente. Jason Bourne is rescued from the Mediterranean with bullet wounds in his back and suffering from amnesia. **Review p85.** (S) (W)

11.15 Hold the Front Page *6/6* Nish Kumar and Josh Widdicombe work for *The Scotsman*. (S) (AD)

12.15am S.W.A.T. (S) **1.10** Road Wars (S) **2.10** Brit Cops: Law & Disorder (S) (AD) **3.05** Hawaii Five-0 (S) **4.00** S.W.A.T. (S) (AD) **5.00–6.00am** The Early Rundown: double bill

Sky Showcase Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

Sky Atlantic

City on a Hill *10.10pm*
Decourcy makes a connection

6.00am Urban Secrets (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: double bill (S) (HD)

5.45pm Ray Donovan *9/12* *Series 4.* Sonia takes refuge at the Donovan house. (S) (AD) (HD) **6.50** *10/12.* Hector reaches breaking point. (S) (AD) (HD)

7.55 Game of Thrones *1/10* *Series 4.* Jon Snow finds himself on trial at Castle Black and Arya runs into a familiar face. (S) (AD) (HD)

9.00 The Last of Us *5/9* A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. (HD)

10.10 City on a Hill *6/10* *Series 1* Decourcy moves a step closer to connecting the stolen guns to the robbery. (S) (AD) (HD)

11.15 True Detective *5/8* *Series 3* Wayne finds himself in a no-win situation as new clues emerge in the Purcell case. (S) (AD) (HD) **12.30am** *6/8.* Wayne and Roland revisit discrepancies in the Purcell case. (S) (AD) (HD)

1.40 Lovecraft Country: Ruby experiences the perks of life as a white woman (S) (AD) (HD) **2.50** Game of Thrones (S) (AD) (HD) **4.00–6.00am** Urban Secrets (S) (HD)

Sky Atlantic Sky 108 (Wales 109) BT 342/HD 357 +1 Sky 208 (Wales 209)

Sky Max

Freddie Fries Again *9.00pm*
The presenter gets chopping

6.00am Stargate SG-1 (S) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

6.00pm Stargate SG-1 *2/22* *Series 3.* The team pursues ancient Goa'uld Lord Seth. (S) **7.00** *3/22.* O'Neill negotiates with the Goa'uld to save earth. (S)

8.00 NCIS: Los Angeles *Ep 4* *Series 14.* Aiden Hanna's plane crashes and he is accused of being at fault for the accident. (S) (HD)

9.00 Freddie Fries Again *3/6* *Series 2.* Andrew and Rob head to the south coast. (S) (AD) (HD)

10.00 Fantasy Football League *Ep 3* *Series 2.* With guests Roman Kemp and Gabby Logan. (HD)

10.35 Hold the Front Page *6/6* Nish Kumar and Josh Widdicombe work for *The Scotsman*. (S) (AD) (HD)

11.35 S.W.A.T. *Ep 4* *Series 6* Hondo meets an old flame. (S) (HD)

12.35am Road Wars (S) (HD) **2.05** Brit Cops: Law & Disorder (S) (AD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol: double bill (S)

Sky Max Sky 113 (Wales 114) Virgin 111 BT 346/HD 361

Gold

Not Going Out *10.00pm* Lee is on a dangerous mission

7.30am Desmond's (S) **8.00** The Green Green Grass (S) **8.40** My Hero (S) **9.20** Are You Being Served? (S) **10.00** Open All Hours (S) **10.40** Last of the Summer Wine (S) (AD) **12 noon** The Green Green Grass (S) **12.40pm** My Hero (S) **1.20** Dad's Army (S) **2.00** Open All Hours (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) (AD) **4.40** Dad's Army (S) **5.20** The Green Green Grass (S)

6.00pm Are You Being Served? The employees go on strike. (S)

6.40 Dad's Army The platoon takes charge of a naval gun. (S) **7.20** The platoon chases a runaway barrage balloon. (S)

8.00 Only Fools and Horses Del enters the car trade. (S) (AD) **8.40** Del gets his hands on a statue of a Hindu god. (S) (AD)

9.20 Miranda A shopping expedition ends in disaster. (S) (AD)

10.00 Not Going Out Tim picks up the wrong coat. (S) (HD)

10.40 Live at the Apollo Featuring Hal Cruttenden, Justin Moorhouse and Tom Stade. (S) (HD)

11.40 French and Saunders (S)

12.20am Only Fools and Horses (S) (AD) **1.40** Miranda (S) (AD) **2.15** Not Going Out (S) (HD) **3.00–4.00am** Live at the Apollo (S) (HD)

Gold Sky 110 (Wales 111) Virgin 124 BT 344/HD 359 +1 Sky 210 (Wales 211) Virgin 194

Alibi

The Coroner *9.00pm* Will killer Sidney help with a case?

7.15am Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

6.00pm Without a Trace *5/23* *Series 3.* The surgically enhanced winner of a makeover reality show disappears at a publicity event. (HD)

7.00 Person of Interest *9/22* *Series 2.* The Machine selects the social security number of a cab driver who is trying to get his family out of Cuba. (HD)

8.00 Death in Paradise *8/8* *Series 4.* A prisoner is killed while in police custody. (S) (AD) (HD)

9.00 The Coroner *6/10* *Series 2* A death in custody brings Jane into contact with child killer Sidney Sutton. (S) (AD) (HD)

10.00 Death in Paradise *1/8* *Series 5.* An environmentalist is shot dead on his boat. (S) (AD) (HD)

11.00 Without a Trace As 6pm.

12 midnight Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00** Why Women Kill (S) (AD) (HD) **3.00–4.00am** We Hunt Together: the search intensifies (S) (AD) (HD)

Alibi Sky 109 (Wales 110) Virgin HD 126 BT 343/HD 358 +1 Sky 209 (Wales 210) Virgin 191

Sky Sci-Fi

6.00am V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation: double bill **2.00pm** Fringe **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1: Carter takes a cadet under her wing

6.00pm Star Trek: the Next Generation *20/26* *Series 7.* Picard is tasked to relocate a tribe of native Americans to a new planet. **7.00** *21/26.* A family friend arrives and sets about preparing Worf's son for his role as a warrior, with unpredictable consequences.

8.00 Merlin *5/13* *Series 5.* When Arthur refuses to take the words of three soothsayers seriously despite Merlin's words of warning, their fury rains down on Camelot.

9.00 Martian Land ★★
Sci-fi disaster movie starring Alan Pietruszewski. With Earth's natural resources exhausted, the human race has successfully colonised Mars. But the planet's harsh environment poses a threat to survival.

11.00 Meteor Moon ★
Sci-fi adventure starring Dominique Swain and Michael Broderick. When the moon is put on a collision course with Earth, a group of scientists must race against time to save the world.

1.00am V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00–6.00am** Star Trek: the Next Generation

Sky Sci-Fi Sky 139 Virgin 122 BT 348/HD 363 +1 Virgin 229

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (AD) (HD) **8.00** Border Patrol (S) **9.00** Road Wars (S) (HD) **10.00** Brit Cops: Law & Disorder (S) (AD) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD)

4.00pm Nothing to Declare Eight editions of the documentary series following the work of customs officers in Australia. (S)

8.00 Blue Bloods *8/20* *Series 12* Danny partners with Anthony to solve a double homicide. (S) (AD) (HD)

9.00 Lincoln Rhyme: Hunt for the Bone Collector *3/10.* Lincoln and Amelia discover a link between a murder and the separate case of a missing teenager. (S) (HD)

10.00 Law & Order: Special Victims Unit *Ep 7* *Series 23* Rollins and Velasco discover a clue while investigating the case of a missing teenage sex worker. (S) (HD)

11.00 FBI *18/22.* OA and Maggie join forces with the FBI Fugitives Department to track down a murderer on America's top ten most wanted list. (S) (AD) (HD)

12 midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** The Rookie: Feds (S) (AD) (HD) **2.00** Private Eyes: a husband suspects that his wife is keeping a huge secret from him (S) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Road Wars (S) (AD) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

Sky Witness Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 163

Sky Replay

7.00am 6ixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (AD) **10.00** Paramedics Australia (S) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) **4.00** V: double bill (S) **6.00pm** Most Haunted US (S) **8.00** Road Wars: Chris and Simon arrest a biker who is armed with nunchucks (S) **9.00** Jamestown: Jocelyn makes an enemy of Yeardley, who hatches an audacious plan (S) (AD) **10.00** Send in the Dogs: Diesel, a cocker spaniel that can find drugs, cash or guns, helps the Territorial Support Group undertake a drugs raid (S) **11.00** Night Cops (S) (AD) **1.00am** Motorway Patrol: following the New Zealand highway patrol (S) **2.00** A League of Their Own (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Four Weddings (S) (AD) **5.00–6.00am** 6ixth Sense with Colin Fry: double bill (S)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (HD) **9.00** Nothing to Declare (S) (HD) **10.00** UK Border Force (S) (AD) (HD) **11.00** How I Caught the Killer (S) (HD) **12 noon** The Real Manhunter: the Dream City Cinema Club Fire (S) (HD) **1.00pm** Forensics (S) (AD) (HD) **2.00** Charmed to Death (S) (AD) **3.00** Most Evil Killers (S) (HD) **5.00** The Real Manhunter (S) (AD) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Most Evil Killers (S) (HD) **9.00** ***New series.*** Love You to Death (HD) **10.00** Snapped (S) (HD) **11.35** Most Evil Killers (S) (AD) (HD) **12.30am** Forensics (S) (AD) (HD) **1.30** Murder Next Door (HD) **2.30** Killer in My Village (S) (HD) **3.30** 911 Crisis Centre (S) (HD) **5.00–6.00am** Motorway Patrol (S)

Sky Crime Sky 122 Virgin 121 BT 349/HD 364 +1 Sky 222 Virgin 164

Sky Comedy

8.00am Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.20** Flatbush Misdemeanors (S) (AD) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) **3.00** Will & Grace (S) (AD) **4.00** The Conners (S) (HD) **4.30** Futurama (S) (AD) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30pm** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00** ***New series.*** The Conners (HD) **8.30** The Office US (S) (HD) **9.00** Barry (S) (HD) **10.45** ***New.*** The Late Late Show with James Corden (HD) **11.45** ***New.*** The Tonight Show Starring Jimmy Fallon (HD) **12.45am** Carters Get Rich (S) (AD) (HD) **1.45** Code 404 (S) (AD) (HD) **2.15** Vice Principals (S) (AD) (HD) **2.50** Veep (S) (AD) (HD) **4.00–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy Sky 114 (Wales 115) Virgin 112 BT 347/HD 362

Comedy Central

8.00am My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12 noon** Friends (S) (AD) (HD) **9.00 FILM** The Dukes of Hazzard ★ Action comedy based on the popular TV series, starring Seann William Scott, Johnny Knoxville and Jessica Simpson (HD) **11.00** Greatest Ever Movie Blunders: Elis James looks at a selection of comedy mistakes from some of the best loved films of all time (S) (HD) **12 midnight** Jimmy Carr: Stand Up: at Bloomsbury Theatre (S) **1.00am** South Park (S) (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** The Ricky Gervais Show (S) (HD) **3.45** ***New.*** The Daily Show **4.15–5.00am** Friends (S) (AD) (HD)

Comedy Central Sky 112 (Wales 113) Virgin 181/HD 132 BT 345/HD 360 +1 Sky 212 (Wales 213) Virgin 133

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** ***New.*** Gold Rush: Fred levels up his operation **10.00** ***New.*** Gold, Lies and Videotape (S) (HD) **11.00** Naked and Afraid (S) (HD) **12 midnight** Combat Dealers (S) (HD) **1.00am** Gold Rush (HD) **2.00** Gold, Lies and Videotape (S) (HD) **3.00** Moonshiners (S) (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery Sky 125 Virgin 250 BT 320/HD 325 +1 Sky 225 Virgin 258

Discovery History

6.00am Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Greatest Events of World War II (S) **9.00** Combat Dealers (S) **10.00** Unexplained and Unexplored (S) **11.00** Ultimate Guide **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Wings of War (S) **3.00** Mystery of Egypt's Mega Temple (S) (AD) **4.00** Mysteries at the Museum **5.00** Greatest Events of World War II (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** JFK: the Lost Tapes (S) **10.00** How the Universe Works (S) **11.00** Lost Temples of the Jungle (S) (AD) **12 midnight** Combat Dealers (S) (AD) **2.00am** as 9pm **3.00** Wings of War (S) **4.00–5.00am** Mystery of Egypt's Mega Temple (S) (AD)

Discovery History Sky 177 Virgin 257 +1 Sky 277 Virgin 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

McMillion$ *8.00pm*
Co-conspirator Dwight Baker

6.00am Harrow: a Very British School (S) (AD) (HD) **7.00** Discovering: Paul Newman (S) (AD) **8.00** The Directors (S) **9.00** UFO (S) (AD) **10.00** The Movies (S) (HD) **11.00** McMillion$ (S) (AD) **12 noon** King Otto (S) **1.40pm** My Icon: Rachel Yankey (S) (AD) (HD) **2.00** Becoming Warren Buffett (S) **3.50** My Icon: Casey Stoney (S) (AD) (HD) **4.00** The Directors (S) **5.00** Discovering: Paul Newman: a profile (S) (AD)

6.00pm UFO Elite US Navy pilots encounter an unidentified aerial phenomenon in 2004. (S) (AD)

7.00 The Movies The journey through American cinema continues with a look at the 1990s. (S) (HD)

8.00 McMillion$ As the trial nears, many of the defendants take plea deals. (S) (AD)

9.00 Janet Jackson *1/4.* The singer speaks about the defining moments of her life. (S) (AD) **10.00** *2/4.* Janet decides if she is going to have a musical career, it will be on her own terms. (S) (AD)

11.00 Wishful Drinking Carrie Fisher performs a one-woman show based on her autobiography. (S) (AD) **12.30am** LFG (S) (AD) **2.30** A Choice of Weapons: Inspired by Gordon Parks (S) **4.20** Premier League Legends (S) (AD) (HD) **5.00–6.00am** Discovering: Paul Newman (S) (AD)

Sky Documentaries **Sky** 121 **Virgin** 277 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (S) (AD) (HD) **2.00** Draining Chicago: What Lies Beneath (S) (AD) (HD) **3.00** Titanic: 20 Years Later with James Cameron (HD) **4.00** Titanic: Case Closed (HD) **6.00** Lost Treasures of Egypt (HD) **7.00** Air Crash Investigation (S) (HD) **8.00** ***New.*** Super/Natural (HD) **9.00** Snakes in the City (HD) **10.00** ***New.*** Drain the Oceans: Deep Dive: discovering ships lost in the Pacific during the Second World War (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Lords of War (HD) **2.30** Food Factory (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Prairie Dog Dynasty (HD)

Nat Geographic **Sky** 129 **Virgin** 266 **+1** **Sky** 229 **Virgin** 267

Sky History

6.00am Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** American Pickers (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** ***New.*** Mystery Places (HD) **9.00** RT CHOICE ***New.*** Royal Autopsy **See p79** (HD) **10.00** ***New.*** The Proof Is Out There (HD) **11.00** Paranormal: Caught on Camera (HD) **12 midnight** The Curse of Oak Island (HD) **1.00am** Mystery Places (HD) **2.00** Walking through History (HD) **3.00** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

Sky History **Sky** 123 **Virgin** 270 **BT** 353/**HD** 368 **+1** **Sky** 223 **Virgin** 271

Sky Nature

Secret Life of the Kangaroo
9.00pm An eastern grey

6.00am Dogs with Extraordinary Jobs (S) (AD) **7.00** Monkey Life (S) **8.00** Baby Animals (S) (AD) **9.00** Uptown Otters **10.00** Malawi Wildlife Rescue (S) (HD) **11.00** Dogs with Extraordinary Jobs (S) (AD) **12 noon** Hope for Wildlife (S) **1.00pm** Monkey Life (S) **2.00** Malawi Wildlife Rescue (S) (HD) **3.00** Uptown Otters **4.00** ***New.*** Uptown Otters **5.00** Hope for Wildlife (S)

6.00pm Monkey Life A fight breaks out in an enclosure. (S) **6.30** Woolly monkey Enzo meets his "baby sister". (S)

7.00 Uptown Otters The Nomads and Townies squat in Marina Bay while Anna and the Bay Family are away upriver.

8.00 Dogs: an Amazing Animal Family Naturalist Patrick Aryee heads to the Americas. (S) (AD)

9.00 Secret Life of the Kangaroo A profile of Australia's most famous animal. (S)

10.00 Uptown Otters As 7pm.

11.00 Hope for Wildlife An injured eagle needs assistance. (S) **12 midnight** Land of the Far North (S) (AD) **1.00am** Accidental Wilderness: Europe's Everglades (S) **2.00** as 8pm **3.00** Secret Life of the Kangaroo (S) **4.00** Baby Animals (S) **5.00–6.00am** Great Parks of Africa: Kruger National Park (S)

Sky Nature **Sky** 124 **Virgin** 278 **BT** 354/**HD** 369

Eden

9.00am Wild Fukushima (HD) **10.00** India's New Worlds (HD) **11.00** Yellowstone Journals (HD) **11.30** The Zoo (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Wild Fukushima (HD) **3.00** Wild Edens (HD) **5.00** India's New Worlds (HD) **6.00** Yellowstone Journals (HD) **6.30** The Zoo (HD) **7.00** Forbidden History (AD) (HD) **8.00** Wild Fukushima (HD) **9.00** Wild Edens: India and Bangladesh's fragile habitats (HD) **10.00** Yellowstone Journals (HD) **10.30** The Zoo (HD) **11.00** India's New Worlds (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Wild Fukushima (HD) **2.00** India's New Worlds (HD) **3.00** Yellowstone Journals (HD) **3.25** The Zoo (HD) **3.50** Wild Edens (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** Attenborough's Natural Curiosities (AD) (HD)

Eden **Sky** 166 **Virgin HD** 245 **+1** **Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Bad Dog! (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Crikey! It's the Irwins (S) (HD) **2.00** Wildest Islands of Indonesia (S) (HD) **3.00** Wildest Europe (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** From Wags to Riches (S) (HD) **9.00** Pit Bulls and Parolees: Tia's Tales (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Lair of the Killer Crocs (S) (HD) **12 midnight** Monster Croc Invasion (S) (AD) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet **Sky** 162 (NI 178) **Virgin** 251 **+1** **Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **12 noon** Sky Sports News **2.00pm LIVE Pakistan Super League Cricket** Karachi Kings v Peshawar Zalmi, the T20 match from the National Stadium. **4.30 LIVE Women's T20 World Cup Cricket** Australia v Bangladesh from Gqeberha. **7.30 LIVE Championship Football** Burnley v Watford from Turf Moor (kick-off **8.00**). **10.30** Soccer Special **11.00** Sky Sports News **12 midnight** NFL: Total Access **1.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Championship Retro **8.45** Greatest Games **10.00** League Cup Retro **12 noon** Soccer AM **12.30pm** Championship Highlights **1.00** German Football **2.00** Championship Highlights **3.00** League One and Two Goals **3.30** Soccer AM **4.00** Championship Highlights **5.00** German Football **6.00** Championship Highlights **7.30 LIVE Championship Football** Burnley v Watford from Turf Moor (kick-off **8.00**). **10.30** Soccer Special **11.00** Women's Super League Football **12 midnight** Championship Season Review (AD) **1.00am** League Cup Retro **3.45** EFL Greatest Games **4.00–6.00am** League Cup Retro (AD)

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Best of the Open Zone (AD) **7.00** Masterclass (AD) **8.00** Golf Academy **9.00** School of Golf **10.00** European Tour Golf **11.00** PGA Tour Golf **12 noon** Best of the Open Zone (AD) **1.00pm** Masterclass (AD) **2.00** Golf Academy **3.00** School of Golf **4.00** Tee Time Tips **5.00** European Tour Golf **6.00** PGA Tour Golf **7.00** Ladies European Tour Golf **8.00** How the 1999 Ryder Cup Was Won **10.30** Luke Donald: Cool Hand Luke **11.00** PGA Tour Golf **12 midnight** European Tour Golf **1.00am** Masterclass (AD) **2.00** Golf Academy **3.00** School of Golf **4.00** European Tour Golf **5.00–6.00am** PGA Tour Golf

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Cycling **8.00** Snooker: Welsh Open **10.00** Alpine Skiing **11.00 LIVE Alpine Skiing** The World Championships in France, the mixed team parallel slalom. **1.25pm LIVE Biathlon** World Championships, women's 15km. **3.30** Winter Sports **3.55 LIVE Alpine Skiing** The World Championships, men's and women's parallel slalom events. **6.30** Alpine Skiing **7.30** Cycling **9.00** Alpine Skiing **11.00** Olympics **12 midnight** Cyclo-Cross **2.00am** Alpine Skiing **4.00–6.00am** Snooker

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Snooker **8.00** Archery **9.00** Cycling **10.30** Snooker 147s **10.45** Snooker: Welsh Open **12.45pm LIVE Snooker** Day two of the Welsh Open in Llandudno, featuring second-round matches. **5.00** Superbikes **6.00** Snooker **6.45 LIVE Snooker** Day two of the Welsh Open in Llandudno, featuring second-round matches. **11.00** Formula E: Hyderabad ePrix **12 midnight** Alpine Skiing **2.00am** Snooker **4.00–6.00am** Cycling

Champions League Football *7.00pm* ***BT Sport 1***
Tottenham hitman Harry Kane

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Premier League Greatest Games **7.00** Highlights **7.30** Legends (AD) **8.00** Best Goals **9.00** Highlights **9.30** 100 Club **10.00** The Football Show **12 noon** Highlights **12.30pm** Soccerbox **1.00** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.00** 100 Club **5.30** Highlights **6.00** Review **7.00** Soccer Special **11.00** Review **12 midnight** Premier League Highlights **12.30–6.00am** Classic Premier League

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Women's T20 World Cup Cricket **11.00** Pakistan Super League Highlights **12 noon** Women's T20 World Cup Highlights **12.30pm** Best of the Women's World T20 **12.55** Pakistan Super League Highlights **1.50 LIVE Pakistan Super League Cricket** Karachi Kings v Peshawar Zalmi, a T20 match. **4.30 LIVE Women's T20 World Cup Cricket** Australia v Bangladesh from Gqeberha. **8.30** Pakistan Super League Highlights **9.30** Women's T20 World Cup Cricket **10.30** Pakistan Super League Highlights **11.30** Women's T20 World Cup **5.00–6.00am** Pakistan Super League Highlights

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am NFL: America's Game **7.00** Super Bowl LVII Highlights **9.00** Kansas City Chiefs: the Franchise (AD) **10.30** Bitesize **11.00** NFL: America's Game (AD) **12 noon** Good Morning Football **3.00pm** NFL Bitesize **5.45** Super Bowl LVII Highlights **6.00** Pro-Football Talk **8.00** NFL Bitesize **9.00** NFL Review Show **10.00** Super Bowl LVII Highlights **12 midnight** Total Access **1.00am** NFL Review Show **2.00** Super Bowl LVII Highlights **4.00** NFL Review Show **5.00–6.00am** Bitesize (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Boxing Archive (AD) **8.00** NBA **12 noon** Netball **1.45pm** Super League **2.30** Concussion Round Table **2.55** Super League Gold **3.00** Premier League Darts: from Cardiff **6.30** NBA **7.30** My Icon (AD) **7.40 LIVE Championship Football** Coventry City v Millwall at the CBS Arena (kick-off **7.45**). **9.45** Super League (AD) **11.00** Boxing (AD) **12 midnight** NBA **2.30–6.00am** Superleague Netball

Sky Mix

Sky 416 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

1.50–6.00pm LIVE Pakistan Super League Cricket Karachi Kings v Peshawar Zalmi.

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am ESPN FC: world football **6.30 LIVE Pro League Hockey** Germany v China, coverage of the women's match from Sydney Olympic Park Hockey Centre. **8.30** Premier League Review **9.30** Premier League: the Big Interview (AD) **10.00** Darts (AD) **12 noon** Premier League Review **1.00pm** Champions League Magazine **1.30** Surfing **4.30** Premier League: the Big Interview (AD) **5.00** BT Sport Films: Greavsie (AD) **7.00 LIVE Champions League Football** AC Milan v Tottenham Hotspur, round of 16, first leg from San Siro (kick-off **8.00**). **10.45** The Football's On (AD) **11.45** Premier League Reload **12 midnight** Goals Reload **12.30am** What Went Down (AD) **1.00 LIVE Wrestling** The next generation of fighters showcase their talents at WWE NXT. **3.15** BT Sport Goals Reload **3.30** French Football: highlights **4.30–6.00am** Classic French Football

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Champions League Magazine **6.30** National League Football **7.00** Wrestling (AD) **8.00** Australian Football: highlights from six matches **2.00pm** BT Sport Goals Reload **2.30** ILT20 Cricket Highlights **3.00** Pro League Hockey **4.00** Badminton (AD) **4.15** Australian Football Highlights **4.45** Champions League Magazine **5.15** Premier League Review **6.15** Premier League Stories (AD) **6.45** ESPN FC: world football **7.15 LIVE Champions League Football** Paris Saint-Germain v Bayern Munich from Parc des Princes (kick-off **8.00**). **10.45** Premier League Reload **11.00** Europa League Magazine **12 midnight LIVE Basketball** The first in a college double bill; **2.00am** More US college action. **4.00** Pro League Hockey **5.00–6.00am** Backstory (AD)

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Italian Football: two games **8.00** French Football: highlights of seven weekend matches in Ligue 1 **3.00pm** Portuguese Football **4.00** Italian Football: two games **6.00** French Football: highlights **7.00** Fishing (AD) **8.00** Pro League Hockey **9.00** Wrestling: WWE action **12.30am** Champions League Football **2.30** What I Wore **3.00–6.00am** Australian Football

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am SportsCenter **6.15** Around the Horn: debate **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Premiership Rugby Cup **9.30** National League Football **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** SportsCenter **12.45** Pardon the Interruption **1.15** Darts (AD) **3.15** Basketball **5.00** ESPN FC **5.30** World Rally (AD) **6.30** Goals Reload **6.45** Around the Horn **7.15** Pardon the Interruption **7.45** SportsCenter **8.00** Basketball: double bill **11.30** American Football **3.00am** SportsCenter **3.15** World Rally (AD) **4.15** Fishing (AD) **5.15** ILT20 Cricket **5.45–6.00am** Goals Reload

Amazon Prime

10.00am, 6.30pm LIVE ATP Tennis The Rotterdam Open at Rotterdam Ahoy, the first round. **11.30am LIVE WTA Tennis** The Qatar Open at Khalifa International Tennis Complex, the first round.

Wednesday

KEYS TO SUCCESS
Host Claudia Winkleman with the St Pancras piano

TALENT SHOW

The Piano *9.00pm* ***C4*** *Catch up via All 4*

NEW SERIES

Following *The Traitors*, anyone who now finds themselves with Claudia Winkleman as she reveals a twist to a group of strangers might feel worried. But *The Piano's* reality TV hopefuls needn't fear – today there's music, not murder, on her mind.

Instead of a Scottish Castle we're in London St Pancras train station, where a piano has been set up for members of the public to play on. They don't realise that as Claudia keeps them busy, behind-the-scenes they're being judged by international pop star Mika and classical pianist Lang Lang, who'll pick one lucky ivory-tinkler to perform in a special concert at the Royal Festival Hall.

Despite coming from the makers of a certain C4 baking show, "The Great British Plink Off" this isn't – in fact, there's no jeopardy at all. The contestants don't know they're competing until Claudia says so, and it feels more like a gentle documentary than a contest. Still, it's nice background music.

HUW FULLERTON *See feature: page 28*

DOCUMENTARY

Secret Life of the Forest

8.00pm ***Channel 5***
Catch up via My5

Amazingly the Yorkshire forests of Dalby and Cropton – all eight thousand acres of them – didn't exist a century ago. They were deliberately created after the First World War and are now home to all sorts of wildlife including beavers, nightjars, bumble bees and adders. Filmed over the course of one summer and stuffed with facts, statistics and observations from local wildlife enthusiasts, this enjoyable documentary captures the work of the industrious but elusive beavers – which is rather charming to see. However, they're not the only builders in the forest: since 2014 Mark Ellis has been painstakingly constructing a massive dry-stone maze. **JANE RACKHAM**

ARTS

Landscape Artist of the Year

8.00pm ***Sky Arts***
Catch up via Sky Go/Now

Today's heat comes from the shore of Strangford Lough in Down, site of some of the filming locations for *Game of Thrones*, which has Stephen Mangan unleashing a torrent of truly dreadful *GOT* puns. It's almost enough to put you off, but the artists can hold your interest – even if one would like some *Game of Thrones*-style carnage to enliven the bucolic view, complaining, "There needs to be a zeppelin crashing into that tower to make it interesting to me."

Meanwhile, as she finishes up, another artist reveals one of the secrets of *plein air* painting. "I've spent the past five minutes picking flies off the canvas with tweezers!"

DAVID CRAWFORD

FACTUAL

Sort Your Life Out with Stacey Solomon

9.00pm ***BBC1*** *Catch up via iPlayer*

This heart-warming show is always a good watch, with the big sort-out where the contents of people's homes are spread across the floor of a cavernous warehouse remaining the best bit. It's the combination of softie Stacey Solomon encouraging ruthless decluttering, the comfort of seeing others' bulk-buy crimes and penchant for hoarding, and smugness at hearing the inventory stats (and realising we're not *that* bad) that makes it deeply satisfying.

This week, Aimee and Stuart and their three children open their home in East Grinstead to the *SYLO* crew. With 492 DVDs, 905 items of baby clothing (but no babies) and 12 unopened chandeliers, the team has its work cut out. **KAY RIBEIRO**

DOCUMENTARY

Surgeons: at the Edge of Life

9.00pm ***BBC2*** *Catch up via iPlayer*

Seventeen-year-old James has one of the worst cases of scoliosis that the team at Addenbrooke's hospital in Cambridge has ever seen. His spine is twisted into an S shape, making it difficult for him to walk, eat or even breathe. If left untreated, his quality of life will steadily decrease.

However, if something goes wrong during the operation (a seven-hour procedure where a straightening rod is attached to his vertebra) then there is real risk he will be paralysed. Operating millimetres from his spinal cord, screwing a rod into the bones of his spine, surgeons move with incredible precision, which makes the moment when one calmly asks for a mallet to tap in the first of 20 bolts astoundingly tense... **CERI THOMAS**

ALSO ON TODAY

Kirstie and Phil's Love It or List It
8.00pm ***C4***
Four years on, the pair catch up with Catherine and Nigel, who needed advice about their home in Northern Ireland.

Our Flag Means Death
10.00pm ***BBC2***
Comedy drama set in the 18th century and starring Rhys Darby as an aristocrat who wants to be a pirate.

Pamela Anderson's Family Home Renovation
10.00pm ***More4***
The *Baywatch* star continues her project to give her Canadian roadhouse a makeover.

DRAMA
The Catch
9.00pm ***Channel 5*** *Catch up via My5*

LAST EPISODE

This last episode features sizeable deviations from the TM Logan source material. So even those who've read the bestseller can expect some surprises as secrets are finally spilled in a climactic showdown.

After last week's hit-and-run (don't read on if you're not – ahem – up to speed), it's clear that Ryan (Aneurin Barnard) has darkness within him. But as we enter the final hour, his motivations remain unclear. As, incidentally, does Ed's (Jason Watkins) murky history in the Navy. I don't think it's too spoilerific to say the two men are on a collision course – though it's best if you discover for yourself what actually occurs between them. **DAVID BROWN**

DOCUMENTARY
Amanda Owen's Farming Lives
9.00pm ***More4*** *Catch up via All 4*

It's quite a leap of faith to chuck in your city life and start a new one on a remote farm hundreds of miles away, not least because it's not always the idyll we imagine. Yorkshire shepherdess Amanda Owen meets another couple – Muhsen and Elif – who did just that, moving from London to south Wales seven years ago.

Amanda starts to wonder how Muhsen's "inner caveman" survived in a big city and how they've been accepted locally. But more importantly she appreciates that the move has immeasurably enhanced their lives – and that of Muhsen's brother Mo, who's now joined them – both spiritually and practically. **JR**

DRAMA
CSI: Vegas *9.00pm* ***Alibi***
Catch up via Sky Go/Now

Despite this being a show filled with whizzy, cutting-edge tech, there's a plot development tonight that wouldn't have felt out of place in a Arthur Conan Doyle mystery. Just listen out for the breakthrough made by Chris Park, who seems to know a lot about different types of cigar ash – a field in which Sherlock Holmes was also a specialist.

It's a definite nod to the past, but there's also no denying the influence *CSI* has had on many US procedurals that have followed in its wake. Exhibit A: the slick evidence-processing sequences. They're *CSI's* equivalent of a *Rocky* training montage and have been endlessly copied, but never bettered. And here, there are two for the price of one. **DB**

MR MICROSOFT
Is Bill Gates really a benevolent billionaire?

DOCUMENTARY
The Billionaires Who Made Our World: Bill Gates
10.00pm ***C4*** *Catch up via All 4*

NEW SERIES

Do billionaires get a bad rap? Most are viewed as being less like Marvel Comics' Tony Stark and more like James Bond's nemesis Blofeld, complete with the mansions, private islands and plans to conquer space. But Bill Gates is an exception. Since stepping away from the world of business, the Microsoft founder has forged a reputation as the "good" billionaire, the kindly tech nerd whose foundation – set up with then wife Melinda – wants to help the world.

But does he live up to his cuddly image? This first documentary in a series on uber-wealthy tech titans digs into Gates's business practices, reveals new details about his charity work and wonders if the unregulated clout that the Bill and Melinda Gates Foundation wields in the healthcare sphere really is such a good thing. **CT**

LIVE SPORT

Premier League Football
Arsenal v Manchester City
6.30pm (k/o 7.30pm)
Amazon Prime
Arguably the game of the season so far, as Arsenal – and captain Martin Odegaard – bid to wrest City's title from them. *Sport: p39*

Champions League Football
Borussia Dortmund v Chelsea
7.00pm (k/o 8pm) ***BT Sport 1***
Big-spenders Chelsea look to do well in Europe with this last-16 first leg tie.

Test Cricket
New Zealand v England
12.30am ***BT Sport 1***
The first day of the first Test.

FILM OF THE DAY

P Hereditary ★★★★★ 15
9.00pm ***Film4***
After her mother's death, artist Toni Collette spirals into despair – but far worse is to come, as tensions within her family reach boiling point. Marking the debut of writer/director Ari Aster (*Midsommar*), this is horror at its most raw and unforgiving. (2018)

FILM REVIEWS page 95

GETTY; ALLSTAR

DAYTIME

BBC1

6.00am Breakfast Ben Thompson, Nina Warhurst. (S) (HD)

9.15 Morning Live Gethin Jones, Sam Quek. (S) (HD)

10.00 24/7 Pet Hospital Reg the dalmatian is rushed in after eating a mystery object. (S) (AD) (HD)

10.30 Claimed and Shamed A serial scammer who received a £50,000 payout is put behind bars. (S) (HD)

11.15 Homes under the Hammer In Birmingham, Worcestershire and Great Yarmouth. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Natasha Raskin Sharp visits Ardingly Antiques Fair in West Sussex. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Rob treats Karen to a special night, while Kirsty and Rich come to an understanding. (S) (AD) (HD)

2.15 The Farmers' Country Showdown Alpaca farmers Debbie and Paul prepare to compete at the Westmorland County Show in Cumbria. (R) (S) (HD)

3.00 Escape to the Country Alistair Appleton shows a buyer around Pembrokeshire. (R) (S) (AD) (HD)

3.45 Antiques Road Trip Margie Cooper and Ochuko Ojiri travel along the Welsh border searching for items to buy. Repeated tomorrow 6.30am BBC2 (S) (HD)

4.30–5.15 Bridge of Lies A team of four friends and work colleagues competes. Rptd tomorrow 7.15am BBC2 (S) (HD)

BBC2

6.30am Antiques Road Trip Margie and Ochuko visit Staffordshire. Shown yesterday 3.45pm BBC1 (S) (HD)

7.15 Bridge of Lies Shown yesterday 4.30pm BBC1 (S) (HD)

8.00–9.00 Sign Zone Dogs in the Wild: Meet the Family *2/3.* Exploring the strategies and adaptations that allow canids to survive in the most extreme locations. (R) (S) (AD) (HD)

9.00 BBC News (S) (HD)

BBC RED BUTTON 1.00–4.30 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

1.00pm Hardball Hosted by Ore Oduba. (R) (S) (HD)

1.45 Eggheads Presented by Jeremy Vine. (R) (S) (HD)

2.15 Britain in Bloom Chris Bavin meets volunteers in the market town of Chorley in Lancashire. (R) (S) (HD)

2.45 Murder, Mystery and My Family: Case Closed? The murder of a farmer in Yorkshire in 1933. (R) (S) (AD) (HD)

3.30 Earth's Greatest Spectacles Cameras explore the wildlife of Botswana's Okavango Delta. (R) (S) (AD) (HD)

4.30–5.15 Coast and Country Auctions A three-day sale at the Royal Welsh Showground, which sees horse enthusiasts gathering to buy and sell Welsh cobs. (R) (S) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Showbiz and style tips. (S) (HD)

10.00 This Morning Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Candid conversation. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal David and the dealers visit Coventry, where Tracy Thackray-Howitt spends a *Real Deal* record amount on a watch. (R) (S) (AD) (HD)

3.00–4.00 Lingo Neil and Thomas, Michalina and Phil, and Titi and Tolu compete in the battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With Maggie Aderin-Pocock. (R) (S) (HD)

6.50 3rd Rock from the Sun Double bill. (R) (S) (AD)

7.40 The King of Queens Triple bill. (R) (S) (AD) (HD)

9.00 Frasier Three episodes of the comedy. (R) (S) (AD)

10.25 Undercover Boss USA The CEO of a company providing chauffeured luxury transportation goes to work among his own staff by posing as a contestant in a reality show. (R) (S) (HD) **11.25 News** (S) (HD)

11.30 Sarah Beeny's New Life in the Country Sarah and Graham head to a chilli farm, where Graham tries the hottest chilli on earth. (R) (S) (AD) (HD)

12.30pm Steph's Packed Lunch Weekday magazine show hosted by Steph McGovern. (S) (HD)

2.10 Countdown With Maggie Aderin-Pocock. (S) (HD)

3.00 A Place in the Sun Advice on buying a holiday home on the eastern Algarve in Portugal. (R) (S) (HD)

4.00–5.00 A New Life in the Sun Trial guests test out the French B&B, and reality sets in for the bar owners in Spain. Repeated tomorrow 1.30pm 4seven (S) (HD)

BBC1 1

Sort Your Life Out *9.00pm* Shift workers Aimee and Stuart are helped to declutter by Stacey (centre)

5.15pm Pointless

Quiz show presented by Alexander Armstrong, with assistance from co-host Alex Brooker.
Director Richard Van't Riet; Series producer Laura Turner (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

Followed by **Party Political Broadcast** By the Labour Party. (S) (HD)

7.00 The One Show

Jermaine Jenas and Emma Willis present.
Editor Joanne Vaughan-Jones (S) (HD)

BBC SPORT ONLINE 7.00–10.30 5 Live Final Score The latest football scores from 5 Live, at bbc.co.uk/sport

7.30 EastEnders

The Slaters prepare for Lily's baby scan. Lily faces a major dilemma. Sharon is determined to help Linda.

Sharon Watts	**Letitia Dean**	Nish Panesar	**Navin Chowdhry**
Linda Carter	**Kellie Bright**	Callum "Halfway" Highway	**Tony Clay**
Chelsea Atkins	**Zaraah Abrahams**	Tom "Rocky" Cotton	**Brian Conley**
Honey Mitchell	**Emma Barton**	Kim Fox	**Tameka Empson**
Jay Brown	**Jamie Borthwick**	Zack Hudson	**James Farrar**
Harvey Monroe	**Ross Boatman**	Billy Mitchell	**Perry Fenwick**
Ben Mitchell	**Max Bowden**	Ash Panesar	**Gurlaine Kaur Garcha**
Finlay Baker	**Ashley Byam**	Mitch Baker	**Roger Griffiths**
Martin Fowler	**James Bye**	Lola Pearce	**Danielle Harold**
Sonia Fowler	**Natalie Cassidy**	Vinny Panesar	**Shiv Jalota**

Writer Amy Guyler More cast tomorrow (S) (AD) (HD)

8.00 The Repair Shop

Julianna Smith from Milton Keynes is hoping Mark Stuckey's mastery of electronics can bring a radio system, handmade by her late father, back to life. Jacqui Clark arrives with an item that used to turn heads on the high streets of Kent over 100 years ago – a mini banana barrow. She is keen for metalwork expert Dominic Chinea to bring it back to its former glory. Andrew Gorrie from Lancashire is hoping leatherwork expert Suzie Fletcher can save a wallet with an extraordinary history and a brass replica fire engine is delivered by John McColl from Glasgow, for silversmith Brenton West. Presented by Jay Blades.
Series producers Helen Page and Tanveer Bari; Executive producers Hannah Lamb and Rob Butterfield (R) (S) (AD) (HD)

9.00 Sort Your Life Out with Stacey Solomon

RT *4/6 Series 2.* The Daniels family are tasked with letting go of half of their possessions, so that Stacey and the team can reorganise their home. Four years ago the family moved to their current home, but the boxes of possessions from their old flat remain in the garage unopened. As all the items they own are laid out in the warehouse, including 492 DVDs, 35 happy birthday banners, 12 unopened chandeliers and 905 items of baby clothes, the family are shocked to see how much they've accumulated over the years. There are emotional moments as the family go through some of their most treasured items. Series 1 is available on iPlayer. **See page 88.**
Director James Tyndall; Executive producers Charlotte Brookes and Kurt Seywald (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 The Traitors US

7/10. A Traitor's mask is at risk of slipping, and with suspicions rife at the Round Table, the mission sees the ghosts of former players return. (S) (HD)

11.35 *8/10.* One player has the ultimate decision to make. A tall tale brings suspicion on one Traitor, while the players have a harrowing mission in a trip to some creepy cabins. The whole series is available on iPlayer.
Both episodes first shown on BBC3 (S) (HD)

12.35am Weather for the Week Ahead (S) (HD)
12.40–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Surgeons: at the Edge of Life *9.00pm* Following a lengthy and risky operation to treat a spinal curvature

5.15pm Flog It!

Charles Hanson and Anita Manning value collectables in Blackburn, including an item by Fabergé. (R) (S) (HD)

6.00 Richard Osman's House of Games

With Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee. (R) (S) (HD)

6.30 Rick Stein's Cornwall

3/10 Series 3. Rick visits Europe's largest tea plantation beside the River Fal, where conditions are just right for the perfect brew, followed by a freshly baked fruited tea loaf and some plum compote. The chef then takes a dip in a seawater lido. (S) (AD) (HD)

7.00 Inside the Factory

In Buckinghamshire, Gregg Wallace visits the Ercol factory, which makes 10,000 chairs every year, and follows the production of a bestseller, the Windsor.
Director Gavin Ahern; Series producer Nicola Lafferty (R) (S) (AD) (HD)

BBC RED BUTTON 7.00–11.00 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

8.00 Great British Menu

The remaining three Welsh chefs compete over mains and desserts, inspired by classic British animation, including *Fantastic Mr Fox*, *Ivor the Engine* and *Ben and Holly's Little Kingdom*, and Paddington Bear's 65th birthday. Before they begin, though, there's a surprise in store – the veteran scoring their dishes turns out to be Spencer Metzger, head chef at the Ritz and last year's *Great British Menu* champion of champions.
Series producer Liz Rumbold; Executive producer Sarah Eglin (S) (HD)

9.00 Surgeons: at the Edge of Life

RT *5/6 Series 5.* At Addenbrooke's Hospital, orthopaedic spinal surgeon John Crawford operates in tandem with orthopaedic consultant Doug Hay on 17-year-old James, who developed scoliosis – a curvature of the spine – in adolescence. But the seven-hour procedure has its risks, as the spinal cord is at the centre of where surgery has to be performed. Meanwhile, reconstructive urology consultant Nikesh Thiruchelvam, a pioneer in treating female incontinence, tends to 75-year-old Carole, who has almost no control over her bladder. Nikesh attempts to implant a device made of silicone, but scar tissue from previous operations complicates matters. Series 1–4 are available on iPlayer. **See page 88.**
Series director Ben Ryder; Series producer Emily Bunt
Repeated tomorrow 12.15am (S) (AD) (HD)

10.00 Our Flag Means Death

7/10. **This Is Happening**. Fearing a scurvy outbreak, the crew stop in St Augustine, where the search for citrus leads to a run-in. The whole series is on iPlayer.

Stede Bonnet	**Rhys Darby**	Frenchie	**Joel Fry**
Buttons	**Ewen Bremner**	Oluwande	**Samson Kayo**
Izzy Hands	**Con O'Neill**	Lucius	**Nathan Foad**

Repeated Friday 12.05am (S) (AD) (HD)

10.30 Newsnight With Victoria Derbyshire. (S) (HD)

11.10 Weather (S) (HD)

11.15 Putin vs the West

3/3. How Western leaders tried to prevent Russia's invasion of Ukraine in 2022. **See choice, page 68.**
Shown Monday 9pm (S) (AD) (HD)

12.15am Inside the Autistic Mind *1/2.* Chris Packham gives people with autism the chance to express themselves through short films. **See choice, p78.** Shown yesterday 9pm (S) (AD) (HD)

1.15–3.45am Sign Zone 1.15 The Travelling Auctioneers In Northamptonshire, Christina Trevanion and Will Kirk visit Carol to help her declutter her home. (R) (S) (HD)
2.00 India: the Modi Question *2/2.* The track record of Narendra Modi's government following re-election. (R) (S) (HD)
3.00 Saved and Remade Items include a replica postbox and a battered but much-loved armchair. (R) (S) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Next Level Chef *9.00pm* Big Zuu is in the house as the aspiring chefs attempt to master fusion cooking

4.00pm Tipping Point
Ben Shephard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

5.00 The Chase
Matt, Jay, Brad and Carla challenge one of the fearsome Chasers. Bradley Walsh hosts. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.25 Party Political Broadcast
By the Labour Party. (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Victoria is shocked by Amy's plan, and Noah's insecurities over Samson increase.
Writer Bill Lyons Cast Thursday/Friday (S) (AD) (HD)

8.00 Coronation Street
A vengeful Stephen laces Carla's drink with LSD. Alya recognises Zeedan's sacrifice. Brian makes a bad impression on his new flatmates.

Alya Nazir	**Sair Khan**	Gary Windass	**Mikey North**
Zeedan Nazir	**Qasim Akhtar**	Kirk Sutherland	**Andrew Whyment**
Adam Barlow	**Samuel Robertson**	Jayden Beck	**Brandon Worrall**
Maria Connor	**Samia Longchambon**	Daryan Zahawi	**Twana Omer**
Paul Foreman	**Peter Ash**	Glenda Shuttleworth	**Jodie Prenger**
Aaron Sandford	**James Craven**	Max Turner	**Paddy Bever**
David Platt	**Jack P Shepherd**	Gemma Winter	**Dolly-Rose Campbell**
Billy Mayhew	**Daniel Brocklebank**	Kwame Boateng	**Stefan Asante-Boateng**
Summer Spellman	**Harriet Bibby**	Kim Wallis	**Rebecca Hesketh-Smith**
Izzy Armstrong	**Cherylee Houston**	Paramedic Fi	**Eve Shotton**
Bernie Winter	**Jane Hazlegrove**	Barman	**Giuseppe De Martino**
Debbie Webster	**Sue Devaney**	Judge	**Robert Angell**
Gail Rodwell	**Helen Worth**	Lads	**Isaac Farrell, Declan Murphy**
Audrey Roberts	**Sue Nicholls**		
Spider Nugent	**Martin Hancock**		

Writers Carmel Morgan and Cameron McAllister This week's episodes produced by Iain MacLeod, directed by Peter Rose
More cast Monday (S) (AD) (HD)

9.00 Next Level Chef
6/8. It's fusion week for the seven remaining chefs in the 50ft three-tier kitchen, as Big Zuu joins regular mentors Gordon Ramsay, Nyesha Arrington and Paul Ainsworth to challenge the contestants to create a perfect dish that fuses the tastes of two different cuisines. Who'll earn a place in the semi-final and stay in contention for the top prize of £100,000 and a year-long mentorship, and who'll end up in the cook-off?
Series director Paul Newton; Executive producer Iain Peckham
Repeated tomorrow 10.45pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Unbelievable Moments Caught on Camera
Featuring a family whose home was invaded by thousands of birds, and the dramatic rescue of a man about to be swept over a waterfall.
Executive producers Ceri Aston and Will Yapp (R) (S) (AD) (HD)

11.40 Heathrow: Britain's Busiest Airport
Border Force Rob must deal with a frozen chicken that's trying to enter the country.
Series producer/director Juliette Murray-Topham (R) (S) (AD) (HD)

12.10am EFL Highlights Goals, reaction and analysis from the midweek fixtures. Shown 10.30pm ITV4 (S) (HD)
1.30 Home Shopping (HD)
3.00 Can You Boost Your Immune System? Tonight Kylie Pentelow reports. Shown last Thursday (S) (SL) (HD)
3.25 Women and the Police: the Inside Story – Exposure Investigating the culture of misogyny in British police forces. Shown last Thursday (S) (SL) (HD)
4.20 Unwind A sequence to calm the mind. (S) (HD)
5.35–6.00am Simply Raymond Blanc Recipes that feature cheese. Shown Sunday 1.40pm (S) (SL) (AD) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 / 7 in Wales

The Piano *9.00pm* Music to her ears: Claudia Winkleman hosts as talented amateur pianists display their skills

5.00pm Four in a Bed
The guests are impressed by the grandeur of the building at Taypark House in Dundee. (S) (HD)

5.30 Come Dine with Me
Prison teacher Alice invites her guests to a Mad Hatter's tea party on the third night in Cardiff.
Series producers Emma Ford and Zinia Scroggs (S) (HD)

6.00 The Simpsons
The Computer Wore Menace Shoes. Homer starts rumours on his web page. (R) (S) (AD)

6.30 Hollyoaks
Honour's past comes back to haunt her.
Writer Heather Robson This week's episodes directed by Lab Ky Mo
Cast Thu/Fri Shown yesterday 7pm E4 Repeated tomorrow 6.30am E4 The next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Kirstie and Phil's Love It or List It
Ep 7 *Series 8.* Kirstie Allsopp catches up with Catherine and Nigel four years after helping them decide what to do with their three-bedroom bungalow in Larne, Northern Ireland. Catherine didn't like its disjointed layout, small rooms and isolated location, whereas Nigel had fallen in love with its large garden and stunning views. Here, Kirstie finds out if the pair stuck to their decision.
Series producer Laura Harding; Executive producer Jonny Wharton
Repeated tomorrow 8pm 4seven (S) (AD) (HD)

9.00 The Piano
RT ***New series. 1/5.*** Claudia Winkleman hosts a competition to unearth some of the UK's most talented amateur pianists, as they play on public pianos in train stations across the nation. What the musicians don't know is that they are being watched by classical pianist Lang Lang and pop star Mika. But who will the two judges decide to put through to the final at London's Royal Festival Hall? Their search begins at London St Pancras station. **See page 88.**
Series director Olly Bartlett; Executive producers Luke Byrne and Richard McKerrow Rptd tomorrow 3.20am 4seven (S) (AD) (HD)
See feature: page 28

10.00 The Billionaires Who Made Our World: Bill Gates
RT ***New series.*** As part of a series about the tech titans of Silicon Valley, the opening episode focuses on Bill Gates, one of the world's richest men. With insight from friends and insiders, this documentary shines new light on the billionaire's charity empire and examines his business practices. **See page 89.**
Series director/producer Storm Theunissen (S) (AD) (HD)

11.05 First Dates Hotel
Laker, a 26-year-old from Wales, is looking for someone with quite a specific set of skills, and world record-holder Alex might just fit the bill.
Executive producers Adam Chapman and Richard Mills
Series editor Rosie Franks (R) (S) (AD) (HD)

12.10am 24 Hours in A&E *Ep 7.* A 46-year-old is rushed in after a car crash. Shown Tue 9pm (S) (AD) (HD)
1.05 Ramsay's Hotel Hell Gordon Ramsay checks in to the Keating, a hotel in San Diego. (R) (S) (SL) (AD) (HD)
1.55 Couples Come Dine with Me German dishes are served at a dinner party in West Yorkshire. (R) (S) (HD)
2.45 2:22 ★★ Thriller starring Michiel Huisman and Teresa Palmer. Air traffic controller Dylan begins to notice an ominous repetition of events each day at 2:22pm, the time that a near-fatal incident occurred.
Director Paul Currie (2017, 12) (S) (SL) (HD)
4.25 Building the Dream Derbyshire. (R) (S) (SL) (AD) (HD)
5.15–6.10am Location, Location, Location Helping first-time buyers in the East Midlands. (R) (S) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 / 24 in Scotland

Inside Porton Down *9.00pm* Dr Michael Mosley explores the secretive research base

7.00pm Great British Railway Journeys
6/15 *Series 9.* **Whitland to Swansea** Michael Portillo embarks on a trip in south-west Wales. His first stop is Whitland in Carmarthenshire where in the early 20th century, thrill-seekers gathered on Pendine Sands to indulge their thirst for speed. He also finds out more about poet Dyland Thomas. More tomorrow 7pm. (R) (S) (AD) (HD)

7.30 The Joy of Painting
Bob Ross paints an old dirt road leading up to a country barn. Continues tomorrow 7.30pm. (R) (S)

8.00 Michael Palin's New Europe
6/7. **From Pole to Pole.** On a journey through Poland, from the port of Gdansk to the Slovakian border, Michael considers the upheavals that have traumatised the country for 70 years. He visits Auschwitz, meets the great European maestro Lech Walesa and marvels at the miracle of Warsaw.
Director John Paul Davidson; Producer Roger Mills
Repeated 12.45am (R) (S) (AD) (HD)

9.00 Inside Porton Down: Britain's Secret Weapons Research Facility
Dr Michael Mosley heads to Porton Down in Wiltshire to find out what's going on at Britain's controversial and secretive research base. While there, he comes face to face with chemical and biological weapons old and new, and discovers the truth about animal and human testing.
Director/Producer Tim Usborne (R) (S) (AD) (HD)

10.00 Edge of Darkness
1&2/3. **Compassionate Leave/Into the Shadows.** Classic thriller set in a world of state security, first shown in 1985. A policeman discovers his murdered daughter was an eco-terrorist involved in a raid, and his search for her killer becomes a gripping journey to the heart of the nuclear state.

Ronald "Ron" Craven	**Bob Peck**
Emma Craven	**Joanne Whalley**
Darius Jedburgh	**Joe Don Baker**
Harcourt	**Ian McNeice**
James Godbolt	**Jack Watson**
Pendleton	**Charles Kay**
Ross	**John Woodvine**
Elliott	**Randal Herley**
Dingle	**Bill Stewart**

Writer Troy Kennedy-Martin
Director Martin Campbell (R) (S)

11.45 The Story of Welsh Art
1/3. Huw Stephens explores Wales's cultural history, beginning on Anglesey where he steps inside a prehistoric burial chamber to witness Welsh art in its earliest form. He also views a gold cape.
Series producer Ian Michael Jones
Executive producer Judith Winnan (R) (S) (AD) (HD)

12.45am Michael Palin's New Europe Shown 8pm (S) (AD) (HD)
1.45 Inside Porton Down: Britain's Secret Weapons Research Facility As 9pm (S) (AD) (HD)
2.45 Great British Railway Journeys Shown 7pm (S) (AD) (HD)
3.15–3.45am The Joy of Painting Shown 7.30pm (S)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
6.30–7.00pm Reporting Scotland; Party Political Broadcast: by the Scottish Labour Party **12.35am** Debate Night **1.35** The Edit **1.50** Weather for the Week Ahead **1.55–6.00** BBC News

BBC SCOTLAND
7.00pm Fish Town **7.30** The Agency: Unfiltered **8.00** Bump Birth Baby **8.30** The Disasters That Shocked Scotland **9.00** The Nine **10.00** Scotland's Greatest Escape **10.30** Debate Night **11.30–12 midnight** Raiders of the Lost Archive

STV
6.25–6.30pm Party Political Broadcast: by the Scottish Labour Party **10.40** Scotland Tonight; ITV Weather **11.10–12.10am** Cold Case Forensics: the Murder of Lynette White **4.20–5.35** Night Vision

ITV1 BORDER SCOTLAND
6.25–6.30pm Party Political Broadcast: by the Scottish Labour Party

BBC1 WALES
10.00–10.30am X-Ray **6.30–7.00** BBC Wales Today; Party Political Broadcast: by the Welsh Labour Party **8.00** Legends of Welsh Sport **8.30–9.00** Scarlett's Driving School **10.00** BBC News; BBC Wales Today; Weather **10.35** BBC Wales Live **11.10** The Traitors US **1.05–6.00am** BBC News

BBC2 WALES
1.00–4.30pm Live Snooker: the Welsh Open **7.00–8.00** Live Snooker: the Welsh Open **11.15** Snooker: the Welsh Open **12.00–12.15am** Planet Earth: a Lion's Tale

ITV1 WALES
6.25–6.30pm Party Political Broadcast: by the Welsh Labour Party

BBC1 NORTHERN IRELAND
6.30–7.00pm BBC Newsline **8.00** The Bidding Room **8.30–9.00** Scarlett's Driving School: **10.40** True North: Restoring Ormiston: the story behind one of Belfast's most ambitious house restorations **11.10** The Traitors US **1.10–6.00am** BBC News

UTV
6.00–6.30pm UTV Live

Channel 5 listings are overleaf

WEDNESDAY Freeview

Channel 5 [5]

The Catch *9.00pm* Ed knows the clock is ticking and that he must act quickly

5.35am Milkshake! See page 94
9.15 ***New.*** **Jeremy Vine** (S) (HD)
12.45pm George Clarke's Build a New Life in the Country A couple buy an old tin church on the remote Scottish island of Seil. (S) (HD) **1.40 5 News** (S) (HD)
1.45 Home and Away Justin is on edge about the upcoming golf tournament. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 Betrayed Within ★★
P Thriller. Katie and Tom's plans for their wedding day are proceeding smoothly until Katie's sister arrives, fresh from rehab. Director Joey Adams (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Jill sets out to save two donkeys and bring them back to her horse rescue centre. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Our Yorkshire Farm It's winter, and Clive and 16-year-old Reuben face the ferocity of Storm Ciara. (S) (HD)
6.55 5 News Update (S) (HD)
7.00 World's Most Scenic River Journeys
1/6. The stories of six waterways, beginning with the Niagara river. Director Andrew Robbins (S) (HD)
7.55 5 News Update (S) (HD)
8.00 ***New series.*** **Secret Life of the Forest**
RT *1/8 Series 2.* A surge of life arises inside the county's largest forests, Dalby and Cropton, including a beaver family that was established in 2019 as part of a trial see how they would alter the landscape. **See page 88.** Director James Caprias (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 ***New.*** **The Catch**
RT *4/4.* Ed tries to evade the police. Running out of places to turn, he contacts Abbie for help. **See page 89.**

Ed Collier	**Jason Watkins**
Claire Collier	**Cathy Belton**
Ryan Wilson	**Aneurin Barnard**
Abbie Collier	**Poppy Gilbert**
Phyllis Doyle	**Brenda Fricker**
Bob Chapman	**Ian Pirie**
Katz	**Jade Jordan**
George	**Morgan Palmeria**
DI Nott	**Tracy Wiles**
Craig	**Cameron Jack**
Pauline	**Menyee Lai**
Wayne Pendrick	**Paul Sparkes**
Baxter	**Karl Hogan**

Writer TM Logan; Series producer Jyoti Fernandes Director Robert Quinn (S) (AD) (HD)
10.00 A&E after Dark A patient becomes abusive to staff. Series producer Simon Bowyer (S) (HD)
11.05 Skin A&E Dr Emma operates on a chest cyst. Series producer Ben Bhatia First shown on 5 Star (S) (AD) (HD)
12.05am Ambulance: Code Red (S) (HD) **1.00** ***New.*** Casino (S) (HD) **3.00** Entertainment News (S) (HD) **3.05** Around the World by Train with Tony Robinson (S) (HD) **3.55** Get Your Tatts Out: Kavos Ink (S) (SL) (HD) **4.40** Great Artists (S) (SL) **5.10–5.35am** House Doctor (S) (SL) (HD)

C5 F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 Freeview 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

Charlotte in Sunderland *10.00pm* The reality star is late to her party

7.00pm Zen Motoring
3/6 Series 1. Ogmios tests his prototype "gentle beep". More tomorrow 7pm. Shown Sunday 8.35pm (S) (HD)
7.10 Yianni: Supercar Customiser
5/20 Series 1. The owner of a P1 asks Yianni to wrap it in rose chrome gold. (S) (HD) **7.35** *6/20.* Joel wants his Range Rover to match his look. More tomorrow 7.10pm. (S) (HD) Followed by ***New.*** **The Catch Up** (S) (HD)
8.00 Glow Up: Britain's Next Make-Up Star
3/8 Series 2. The contestants are introduced to the world of theatrical make-up. More tomorrow 8pm. (S) (HD)
9.00 Dubai Hustle
1/4 Series 2. Young Brits fight to make it to the top of the world of Dubai real estate. Azim ponders his future. Rptd 2.30am (S) (HD) **9.30** *2/4.* Archie gets a roasting from leasing boss Tom. Repeated 3am (S) (HD)
10.00 ***New.*** **Charlotte in Sunderland**
5/10. Charlotte and Jake organise a gender reveal party. Repeated 1.30am (S) (HD) **10.30** ***New.*** *6/10.* Charlotte and her mum go wig shopping. Repeated 2am BBC3 (S) (HD)
11.00 Meet the Khans: Big in Bolton
1/5 Series 3. The Khans are back in the UK for a summer with friends. (S) (HD) **11.30** *2/5.* There is trouble in paradise on a day out. A box set is on iPlayer. (S) (HD)
12 midnight Bad Education (S) (AD) (HD) **12.30am** Tagged: We're Watching You (S) (HD) **1.30** Charlotte in Sunderland (S) (HD) **2.30** Dubai Hustle (S) (HD) **3.30–3.55am** as 12.30am

BBC3 F'view 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (SL) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)
6.00pm Celebrity Catchphrase Dianne Buswell, Ria Hebden and Neil Morrissey take part. Stephen Mulhern presents. (S) (AD) (HD)
7.00 Ninja Warrior UK Ben Shephard, Rochelle Humes and Chris Kamara present the second part of the semi-final. (S) (AD) (HD)
8.00 Superstore *1/22 Series 4.* Amy and Jonah steel themselves for a barrage of jokes and snide comments. (S) (AD) (HD) **8.30** *2/22.* Jonah encourages Amy to have a small baby shower. (S) (AD) (HD)
9.00 ***New.*** **Love Island** The fifth week continues. Maya Jama presents. (S) (HD)
10.05 The Stand Up Sketch Show With Amy Gledhill, Lily Phillips, Michael Akadiri, Dane Baptiste and Seann Walsh. (S) (HD)
10.35 Family Guy *Series 16.* Stewie is examined by a child psychologist. (S) (AD) (HD) **11.05** Chris loses a rare dollar bill. (S) (AD) (HD)
11.35 American Dad! *Series 2.* Stan puts Steve on steroids to make him part of the in-crowd at school. (S) (AD)
12.05am Stan ousts Steve from the family home and replaces him with Barry. (S) (AD)
12.35 Superstore (S) (AD) (HD) **1.35** Shopping with Keith Lemon: Katie Price guests (S) (HD) **2.05** Totally Bonkers Guinness World Records (S) (HD) **2.35–3.00am** Unwind (S) (HD)

ITV2 Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 Freeview 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Lewis *8.00pm* Pathologist Laura Hobson is upset over a friend's death

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: ***9/14*** *Series 3 Not My Brother.* Baby Alfie is rushed to hospital Repeated 12.05am; **9.45** ***10/14*** *A Special Language.* Ruth gives Simon his marching orders Repeated 1.05am (S) (AD) **10.55** Heartbeat: ***13/15.*** Greengrass and Blaketon hunt for buried treasure; **12.05pm** ***14/15.*** Nick goes under cover as a DJ (S) (AD)
1.15pm Classic Emmerdale: double bill. Zoe reinforces Charity's fears, then Cain is confused (S) **2.15** Classic Coronation Street: double bill. Kirk gets what's coming to him, then Eileen discovers what Jason has been doing (S) (AD) **3.20** Maigret ***4/6*** *Series 1 Maigret and the Mad Woman.* A woman claims her belongings are being moved; **4.30** ***5/6.*** *Maigret on Home Ground.* The detective returns to his home town (S) (AD)
5.40pm Heartbeat
15/15 Series 5. A kidnapping case takes an unexpected turn. (S) (AD) **6.50** *1/17 Series 6.* PC Rowan begins to take part in village life again. (S) (AD)
8.00 Lewis
4/4 Series 4. **Falling Darkness.** A friend of pathologist Laura Hobson is found dead. Then a student is murdered in the house that Hobson shared with her friends at university, and a clue at the crime scene "from beyond the grave" leads Lewis and Hathaway to a third victim. (S) (AD) (HD)
10.00 Grantchester
1/6 Series 2. A Grantchester teenager, Abigail Redmond, has gone missing and entries in her diary implicate Sidney in a sexual assault. Now he must strive to prove his innocence and hold on to the trust of his parishioners. (S) (AD) (HD) **11.00** *2/6.* Geordie's mission to find Sidney a girlfriend is delayed after the fatal fall of a Cambridge lecturer leads the pair into a world of espionage. More tomorrow 10pm. (S) (AD) (HD)
12.05am Where the Heart Is Shown 8.35/9.45am (S) (AD) **2.20–2.30am** Unwind (HD)

ITV3 Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 F'view 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am The Saint (S) **7.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **8.00** Magnum, PI (S) (AD) (HD) **9.05** The Sweeney (S) **10.15** Minder (S) (AD) **11.20** The Saint (S)
12.25pm The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.35** The Motorbike Show (S) (HD) **2.40** Magnum, PI (S) (AD) (HD) **3.40** The Sweeney (S) **4.50** Minder (S) (AD) **5.55** The Motorbike Show: a Honda Gold Wing (S) (HD)
7.00pm River Monsters Jeremy Wade investigates the mysterious deaths of fishermen in Alaska, and goes in search of the creature believed to be responsible. (S) (HD)
7.35 FILM On Her Majesty's Secret Service ★★★★ Spy adventure starring George Lazenby. James Bond resigns from the Secret Service in order to continue his relentless quest to track down arch villain Blofeld. **Review page 95.** (S) (AD) (W) (HD)
10.30 ***New.*** **EFL Highlights** Action from the latest fixtures, including Sheffield United v Middlesbrough and West Bromwich Albion v Blackburn Rovers. Rptd 12.10am ITV1 (S) (HD)
12 midnight The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.05am** Minder (S) (SL) (AD) **2.05–3.00am** Driving Force (S) (HD)

ITV4 Freeview 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 Freesat 118 **Sky** 220 **Virgin** 175

Drama [20]

Strike: The Silkworm *9.00pm* The detective looks for a missing author

7.20am Pie in the Sky: ***8/10*** *Series 1.* Crabbe becomes involved in wine-trade scams (S) **8.10** The Bill: a medical researcher receives threats **9.10** Classic Holby City: Cameron clashes with Jac (S) (HD) **10.35** Casualty: Elle and Jacob realise they must tackle Blake's problems head-on (HD) **11.40** The Bill: Hollis is kidnapped
12.40pm Classic EastEnders: double bill. The Slaters reach breaking point, then the Slaters and Truemans receive some shocking news **2.00** Howards' Way: ***7/13*** *Series 3* Polly flirts with Geoff Repeated 3.05am (S) **3.10** Pie in the Sky: ***1/8*** *Series 5.* Crabbe takes on new responsibilities (S) **4.10** Peak Practice: ***3/13*** *Series 2.* Jack is faced with a dilemma **5.20** As Time Goes By: ***1/6*** *Series 8.* Jean does a spot of match-making (S)
6.00pm Are You Being Served? *Series 10.* **The Pop Star.** Mr Spooner reveals his musical talents. (S)
6.40 To the Manor Born
5/7 *Series 1.* **The Summer Hunt Ball** DeVere doesn't invite Audrey to the ball. (S)
7.20 Last of the Summer Wine
Series 6. **A Bicycle Made for Three** The trio build their own bikes. (S)
8.00 Sister Boniface Mysteries
4/10 Series 1. **My Brother's Keeper** The nun investigates when an artist is found bludgeoned to death. (S) (AD) (HD)
9.00 Strike: The Silkworm
1/2 Series 2. Cormoran Strike is hired by the wife of a notorious author to find her missing husband. (S) (HD)
10.20 New Tricks
4/8 Series 2. **Old and Cold.** A tabloid newspaper editor claims a celebrity chef murdered her husband. (S) (AD)
11.35 Clocking Off
7/7 Series 2. **Martin's Story.** Mack struggles to hide his jealousy. (S)
12.50am Bad Girls: ***10/16*** *Series 5.* Di gets a nasty surprise (S) **1.55** Lovejoy: ***8/12*** *Series 2* A teenage girl exposes a blackmail case (S) **3.05–4.00am** Howards' Way Shown 2pm (S)

Drama Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 Freeview 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am The Real Housewives of Cheshire (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon ***New.*** Sugar Showdown (S) (HD)
12.20pm The Real Housewives of New York City (S) (HD) **1.15** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00** The Real Housewives of New York City (S) (HD)
6.00pm Making It Home with Kortney and Kenny Huong and Jeremy enlist help in renovating a bungalow. (S) (HD)
7.00 Buying and Selling A couple need to make their tired property sellable. (S) (HD)
8.00 ***New.*** **Dinner Date** Nikitta from Cardiff is given menus by five suitors. (S) (HD)
9.00 Million Pound Pawn A retired couple seek a buyer for a railway carriage. (S) (AD) (HD)
10.00 Real Housewives and the Menopause Coping strategies. (S) (HD)
11.00 Chrisley Knows Best Chase becomes competitive with his little brother. (S) (HD)
11.30 Julie's snoring causes problems. (S) (HD)
12 midnight–1.00am The Only Way Is Essex: Ella spills the beans on her kiss with Pete (S) (HD)

ITVBe Freeview 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 Virgin 120 (Scotland 162)

RadioTimes The Sixties From the Beatles to the Moon landing to winning the World Cup – *RT* saw it all

More4 18

Amanda Owen's Farming Lives
9.00pm A trip to a farm in Pontypool

8.55am Kirstie's Handmade Treasures **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It (AD)
1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)
6.55pm Escape to the Château Dick passes on his conker skills to the family, and the family focus on converting the old tack room into a grand entrance way. (AD)
7.55 Grand Designs: Living in the Wild Kevin McCloud looks at the challenges faced by people building in remote locations, where the beauty of the landscape is often matched by the savagery of the weather. (AD)
9.00 RT **CHOICE *New.* Amanda Owen's Farming Lives** *4/6.* Amanda visits Muhsen, Elif and their children in Pontypool, south Wales to see how these self-taught farmers learned how to farm crops. **See page 89.** (AD)
10.00 *New.* Pamela Anderson's Family Home Renovation *Ep 2.* Designer Francesca and assistant Jonathan come up with different designs for the garden path for the Hollywood star to choose from. (AD)
11.00 24 Hours in A&E The team treats a 48-year-old man who has been having seizures and a seven-year-old girl who fell off a climbing frame at school. (AD)
12 midnight Amanda Owen's Farming Lives (AD) **1.05am** Eight out of Ten Cats Does Countdown: Jimmy Carr hosts **2.10** 24 Hours in A&E (AD) **3.15–3.45am** A Place in the Sun: in Lanzarote

More4 F'view 18 F'sat 124 Sky 136 Virgin 147 +1 Freesat 125 Sky 236 Virgin 196

E4 13

6.00am Hollyoaks Shown Mon/Tue 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory: double bill (AD)
6.00pm The Big Bang Theory *3/24 Series 12.* Raj explores arranged marriage. (AD)
6.30 *4/24.* The gang learns Sheldon has a best friend he has never mentioned before. (AD)
7.00 *New.* Hollyoaks Tony is given the cold shoulder from Beau and Diane. Cast pp101/111 Repeated tomorrow 6.30pm Channel 4 (AD)
7.30 Come Dine with Me Cycling enthusiast Steve hosts a dinner party in Gloucestershire.
8.00 *New.* Below Deck: Mediterranean Kyle gets friendly with someone on board. (AD)
9.00 Gogglebox *The Ex-Wife* and *Sue Perkins: Perfectly Legal* are appraised. (AD)
10.00 Naked Attraction Singletons from London and Liverpool hope to find love. (AD)
11.05 Gogglebox *Britain's Got Talent* and *The Queen's Green Planet* are appraised. (AD)
12.05am First Dates (AD) **1.10** Gogglebox (SL) (AD) **2.15** Below Deck: Mediterranean (AD) **3.00** Naked Attraction (AD) **3.55** Ramsay's Kitchen Nightmares USA: from Los Angeles (SL) **4.45–6.00am** The Goldbergs: two episodes (SL) (AD)

E4 Freeview 13 Freesat 122 Sky 135 Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 Virgin 146 **E4 Extra** Freeview 31 Freesat 181 Sky 138 Virgin 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun: Home or Away **2.00** Animal Cops Philadelphia (AD) **3.00** Animal Cops Houston (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00 *New.*** My Feet Are Killing Me **10.00** The Hair Loss Clinic **11.00** Ghost Adventures (AD) **12 midnight** Ghost Nation **1.00am** Ghost Adventures **2.00** Shopping **4.00** as 2pm **5.00–6.00am** Animal Cops Houston (AD)

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts 11

Landscape Artist of the Year
8.00pm Stephen and Joan applaud

6.00am Jonathan Miller's Figaro: Anatomy of an Opera **6.25** Handel: La Resurrezione **8.00** Venice: a Concert for Our Climate **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Mel Gibson
12 noon Film Noir (AD) **1.00pm** Tales of the Unexpected **2.00** Glyndebourne: No Ordinary Summer **3.00** Landscape Artist of the Year 2017 **4.00** Discovering: Richard Attenborough **5.00** Tales of the Unexpected
6.00pm Alfred Hitchcock Presents A man believes someone is impersonating him.
6.30 The Cranes hear the Verbers locked in a fierce argument in the apartment above.
7.00 Portrait Artist of the Year 2014 The competition heads to Dublin for the final.
8.00 RT **CHOICE *New.* Landscape Artist of the Year** The next batch of painters heads to Strangford Lough in Down, one of Europe's most important wildlife habitats. **See p88.** (AD)
9.00 Celebrity Portrait Artist of the Year Jim Moir, Joe Lycett, Josie Long, Phill Jupitus, Maureen Lipman and Tomasz Schafernaker paint portraits of celebrity sitters.
10.00 I Am Jackie O A profile of Jackie Kennedy Onassis, from first lady to widow. (AD)
11.45 John Wayne: America at All Costs A profile of the Oscar-winning actor.
12.45am The Fantastic Mr Murray **1.45** Steve Coogan: Off Camera: the actor chats to Sam Jones **3.00** Neil Gaiman's Likely Stories (AD) **4.00** Master of Photography (AD) **5.00** The Yardbirds: Music Icons **5.30–6.00am** Video Killed the Radio Star

Sky Arts Freeview 11 Freesat 147 Sky 130 Virgin 140/HD 123 BT 350/HD 365

4seven 49

9.00am Come Dine with Me: in Norwich **11.30** A Place in the Sun: double bill
1.30pm A New Life in the Sun **2.30** Come Dine with Me **5.00** A Place in the Sun
6.00pm Sarah Beeny's New Life in the Country After seven months, the family reaches the final stage of building, with only waterproofing remaining to be done. (AD)
7.00 A Place in the Sun A woman and her daughter look for a holiday home along the Costa Almeria in southern Spain.
7.45 The Great Pottery Throw Down *Ep 6* The potters make a table light. **See choice, page 58.** Shown Sunday 7.45pm Channel 4 (AD)
9.00 First Dates Ian from County Durham admits that many women are put off by his eccentric dress sense. But could medical lab assistant Michaela fall for his quirks? (AD)
10.00 Gogglebox The armchair critics share their opinions on *The Masked Dancer* and *Frozen Planet II*. From September 2022. (AD)
11.00 24 Hours in Police Custody Veteran detective DC Dave Brecknock investigates a burglary of antiques at a country estate. (AD)
12.05am In the Footsteps of Killers (AD) **1.10** SAS: Who Dares Wins – Jungle Hell (AD) **2.15** Jon and Lucy's Odd Couples **3.15** 24 Hours in A&E (AD) **4.15–4.50am** Everyone Else Burns (AD)

4seven Freeview 49 Freesat 127 Sky 137 Virgin 143

Quest 12

6.00am How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** Three Men Four Wheels **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **10.00 *New.*** The Yorkshire Auction House **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Three Men Four Wheels **4.00–5.00am *New.*** Snooker: the Welsh Open

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 169 +1 Freeview 70 Freesat 168 Sky 244 Virgin 213

Yesterday 27

Joanna Lumley's India *9.00pm*
The actress visits a Dalit community

6.00am Warbird Workshop **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird: a bear that fought alongside an army **11.00** Hornby: a Model World (AD)
12 noon Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird
6.00pm Great British Railway Journeys Michael Portillo takes the train from Oakham in Rutland to Cambridge.
6.30 From Manchester to Birkenhead.
7.00 Canals: the Making of a Nation Liz McIvor examines the nation's canal system.
7.30 How the construction of canals led to a better understanding of the earth below.
8.00 Great Continental Railway Journeys Michael Portillo travels through Spain.
9.00 Joanna Lumley's India Joanna visits the Maharaja of Dungarpur.
10.00 Bangers and Cash Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan. (AD)
11.00 Abandoned Engineering Exploring a ruined castle above a German village. (AD)
12 midnight Great British Railway Journeys **1.00am** Scouting for Toys (AD) **2.00–3.00am** Warbird Workshop: a 1943 US Army Aeronca Defender

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Freeview 74 Sky 255 Virgin 217

Dave 19

7.10am Mega Air **8.00** Fast Justice **9.00** Cops on the Rock (AD) **10.00** Survivor South Africa (AD) **11.30** Rick Stein's Cornwall
12 noon Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear (AD) **4.00 *New.*** Survivor South Africa: Nicole receives an offer (AD) **5.00** QI XL
6.00pm Taskmaster *10/10 Series 7* The series reaches its majestic climax.
7.00 Richard Osman's House of Games With Marcus Brigstocke and Sindhu Vee.
7.40 Room 101 Frank Skinner welcomes guests Katie Price, Greg Davies and Adil Ray.
8.20 Would I Lie to You? With Nikki Fox, Miles Jupp, Nish Kumar and Joe Lycett.
9.00 QI XL With guests Jason Manford, Romesh Ranganathan and Holly Walsh.
10.00 World's Most Dangerous Roads Actor Will Mellor and comedian Keith Lemon go on a high-octane road trip in Albania. (AD)
11.00 Taskmaster *2/10 Series 9.* Ed Gamble gets reckless with a frying pan.
12 midnight Mock the Week **12.40am** QI **1.20** Meet the Richardsons at Christmas **2.00** Holier than Thou (AD) **2.30** The Misadventures of Romesh Ranganathan (AD) **3.30–4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (Wales 112) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (Wales 212) Virgin 131

London Live 8

6.00am Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** Secrets of London with Mark Monroe **10.00** The Baron **11.00** Royal Road **11.15** The Royal Visit to Leith **11.30** After Henry **12 noon** Coastal Railways with Julie Walters **1.00pm FILM** The Bulldog Breed ★★ (BW) **3.00 FILM** Time Limit ★★★ (BW) **5.00** Blenheim
6.00pm London Live News **7.00** Shine On Harvey Moon **8.00** Plane Crash Re-created **9.00** The Hidden City **9.30 FILM** Loot ★★★★ **11.30 FILM** Awaydays ★★
1.30am FILM Everything Must Go ★★★★ **3.30** News Rewind **5.00–6.00am** Talking Points

London Live Freeview 8 Sky 117 Virgin HD 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS: triple bill **12 noon** Law & Order **3.55pm** Entertainment News **4.00** Law & Order: double bill (AD)
6.00pm NCIS *Series 4.* Triple bill. Ziva is in trouble **7.00** Fornell reopens an old case **8.00** A navy lieutenant is found abandoned and covered with blood (AD) **9.00** Criminal Minds *Series 6.* Double bill. Rossi is haunted by an old case **10.00** A serial killer murders couples **11.00** Law & Order: Special Victims Unit *Series 4.* Double bill. The team pursues a rapist, then Benson investigates a mother for possible abuse of her teenage stepson
12.55am Law & Order: Special Victims unit: triple billl **3.35–4.00am** Criminals: Caught on Camera

5 USA Freeview 21 Freesat 129 Sky 141 Virgin 153 +1 Freesat 130 Sky 241 Virgin 185

5 Star 32

8.00am Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun (AD) **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops: On the Edge **1.00pm** Traffic Cops **2.00** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law
6.00pm Home and Away Post break-up, Xander perseveres in a casual friendship with Stacey. Shown 1.45pm Channel 5 (AD)
6.30 *New.* Stacey is rattled by Xander's strict boundaries. Repeated Thu 1.45pm C5 (AD)
7.00 GPs: behind Closed Doors An anxious man arrives for his vasectomy. (AD)
8.00 Car Pound Cops: Give Me My Car Back! Following vehicle recovery crews.
9.00 FILM Oblivion ★★★ Sci-fi action adventure starring Tom Cruise. In the year 2077, Jack Harper works as a drone repairman on an Earth left abandoned. **Review page 95.**
11.30 FILM Deep Blue Sea ★★★ Sci-fi action thriller starring Saffron Burrows
1.40am Skin A&E **2.40** It's Your Fault I'm Fat **3.30–4.00am** Dogs with Incredible Jobs

5 Star Freeview 32 Freesat 131 Sky 128 Virgin 151 +1 Freesat 141 Sky 228 Virgin 186

5 Action 33

9.00am Entertainment News **9.15** Winter Road Rescue **10.15** Trucking Hell: a trailer is stuck in thick mud (AD) **11.15** Police Interceptors
12.20pm FILM The Burning Hills ★★ Western **2.15 FILM** Hell Bent for Leather ★★ Western starring Audie Murphy **4.00** Trucking Hell **5.00** Winter Road Rescue
6.00pm Police Interceptors Officers come under attack from a gang of violent robbers.
7.00 Jim leads a raid on a suspected dealer.
8.00 Tim and Tom team up with Merseyside police to raid a house in Liverpool.
9.00 FILM Lethal Weapon 4 ★★★ Action comedy thriller starring Mel Gibson, Danny Glover and Joe Pesci. Los Angeles detectives Riggs and Murtaugh return to do battle with a Chinese crime syndicate smuggling immigrants into the US.
11.35 FILM The Punisher ★★ Action crime thriller based on the Marvel Comic, starring Dolph Lundgren as the Punisher, a vigilante out to avenge the death of his family.
1.25am Strongman 2022: the Giants Live series **2.20** 999: Criminals Caught on Camera **3.20** Sinkholes: Buried Alive **4.10–5.00am** Sewermen

5 Action F'view 33 F'sat 132 Sky 150 Virgin 187/HD 150

5 Select 56

9.00am FILM A Killer in My Home ★★★ **10.45** Deadly Vows: Abducted in the Aisle **12.30pm FILM** Kidnapped ★★ **2.20** Holiday Homes in the Sun **3.15** The Yorkshire Vet **4.15** Ben Fogle: New Lives in the Wild
6.05pm World's Most Scenic Railway Journeys Stops include Porto and Lisbon.
7.05 Lighthouses: Building the Impossible Rob Bell examines feats of engineering.
8.05 Drain the Oceans A treasure trove.
9.00 Deep-Sea Super Predator A mysterious marine creature.
10.00 Forged in Fire The Ethiopian shotel.
10.55 Making a Scottish Claymore.
11.45 Walking Wartime Britain Places that changed the course of the Second World War.
12.15am Inside the Tower of London at Christmas **1.15** Jack the Ripper: Five Victims **3.15–4.00am** The Lost Ships: the Hunt for the Kaiser's Superfleet

5 Select F'view (HD only) 56 F'sat 133 Sky 153 Virgin 152

FREEVIEW TV and film channels continue overleaf

BBC News Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

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W 25

Emergency: First Time Medics *8.00pm* On duty

6.15am Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Bang on Budget (S) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

6.00pm MasterChef Australia The Mystery Box round. (S) (HD)

7.30 Inside the Ambulance Paramedics Mick and Rachel help a man who has hurt his back. (S) (HD)

8.00 ***New.*** **Emergency: First Time Medics** *4/10.* Adrian bites off more than he can chew. (AD) (HD)

9.00 DIY SOS: the Big Build From Duxford in Cambridgeshire. (S) (HD)

10.00 24 Hours in A&E A man has an accident with a saw. (S) (HD)

11.00 Inside the Operating Theatre (S) (AD) (HD)

12 midnight Emergency: First Time Medics (AD) (HD) **1.00am** Dating with My Mates (S) (AD) (HD) **2.00–3.00am** Date Night (S) (HD)

W **F'view** 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1** **Sky** 232 **Virgin** 190

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians: the team uses Santa's sleigh to save Christmas **7.00** Star Trek: Voyager: an assault on the shuttle leaves Chakotay fighting for his life **8.00** NCIS: New Orleans **9.00** Ross Kemp: Extreme World (AD) **11.00** Britain's Most Evil Killers **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare (AD) **3.00** Border Patrol (AD) **4.00** Motorway Patrol **5.00–6.00am** Highway Cops

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am ***New.*** Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Home Town **2.00** Bargain Block **3.00** The Great Interior Design Challenge (AD) **4.00** My Mortgage Free Home (AD) **5.00** Building Off the Grid **6.00** A Place in the Sun **7.00** Escape to the Country **9.00** My Lottery Dream Home **10.00** ***New.*** Good Bones: Mina and the team take on a house she purchased without a viewing **11.00** Home Town **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** My Mortgage Free Home (AD) **3.00–4.00am** My Lottery Dream Home: double bill

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1** **Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

The Great British Bake Off *7.00pm* Alice in pastry week

6.00am ***New.*** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00** ***New.*** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Tom Kerridge's Sunday Lunch (HD) **11.00** Donal's Irish Feast (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Mary Berry Cooks (HD) **2.00** James Martin's French Adventure (HD) **3.00** Jamie's 15-Minute Meals (S) (HD) **3.30** Jamie's 30-Minute Meals (S) (AD) (HD) **4.00** Valerie's Home Cooking (HD) **5.00** ***New.*** The Pioneer Woman: double bill. Ree Drummond shares ideas for a special lunch, then cooks up some quick midweek dinners (HD) **6.00** Rick Stein's Taste of the Sea **7.00** The Great British Bake Off (S) (HD) **8.30** Mary Berry Cooks (HD) **9.00** Tom Kerridge's Sunday Lunch (HD) **10.00** Rick Stein's Taste of the Sea **11.00** Restaurant: Impossible (HD) **12 midnight** ***New.*** Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network **Freeview** 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): a bird-lover leaves a strange will **10.00** The Persuaders!: an heiress is exploited **11.00** Return of the Saint **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30–6.00am** Highway to Heaven

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.00pm** Evidence of Evil **3.00** Perry Mason: double bill. An anti-collision device that could prevent mid-air accidents turns into a motive for murder, then a woman seeks Perry's help when two men appear to want her mother's inheritance **5.00** The Fugitive **6.00** Matlock **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

6.30am Senedd Cymru: Welsh Parliament **11.00** Select Committees: coverage of the work of committees set up to investigate public policy and society **1.30pm** Live Senedd Cymru: Welsh Parliament: live coverage of proceedings in the Welsh Parliament **7.00** Select Committees **9.30** Senedd Cymru: Welsh Parliament **3.00am** House of Lords **5.30–11.00am** Senedd Cymru: Welsh Parliament

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

The Ghost Army *9.30pm* The use of inflatable tanks

8.10am Plane Crash Re-created (S) **9.15** Ancient Invisible Cities (S) **10.35** Mussolini: the First Fascist **11.45** The Ghost Army **1.00pm** Plane Crash Re-created (S) **2.15** Ancient Invisible Cities (S) **3.35** Mussolini: the First Fascist **4.45** The Ghost Army

6.00pm Plane Crash Re-created *8/10.* The story of Turkish Airlines Flight 1951 as it went down less than a mile from the runway at Amsterdam Schiphol Airport. (S)

7.00 Ancient Invisible Cities *3/3.* The secrets of Istanbul's ancient palaces, aqueducts and Roman chariot-racing track. (S)

8.20 Mussolini: the First Fascist *2/2.* An exploration into the mechanisms of Fascist power.

9.30 The Ghost Army How a US Army unit used inflatable tanks during the Second World War.

10.45 Ancient Invisible Cities As 7pm.

12 midnight Mussolini: the First Fascist **1.15–2.00am** Beautiful Serengeti: protecting families

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? with William Shatner **7.00** Storage Wars: double bill. Darrell and his granddaughter dig up a creepy find, then Kenny hunts for cougars, but finds a portable pulpit instead **8.00** Dickinson's Real Deal: David Dickinson and the team head to Melton Mowbray, Leicestershire **9.00** ***New.*** Paranormal: Caught on Camera **10.00** The Proof Is Out There **11.00** Strange Evidence **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase **10.00** Dickinson's Real Deal: a collection of cricketing memorabilia goes up for sale **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right (AD) **5.00** Bullseye **7.00** Pointless **8.00** The Chase: Bradley Walsh presents as contestants answer general knowledge questions and work as a team to take on a ruthless quiz genius **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show presented by Chris Tarrant **11.00** Bullseye: quiz that tests contestants' skill at darts and their general knowledge **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.20** Blue's Clues & You **6.35** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends **7.15** Kangaroo Beach **7.25** Peppa Pig **7.45** Paw Patrol **7.55** Pip and Posy **8.05** Paddington **8.25** Milo **8.35** Paw Patrol **8.45** Milkshake! Bop Box Boogie **8.55** Pip and Posy **9.05** Milkshake! Story Den **9.10–9.15am** Sunny Bunnies

Full listings for Channel 5 are on p92

CBeebies 202

6.00am Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T and the Beasties **10.55** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.30** Teeny Tiny Creatures **11.45** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.25** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** ***New.*** Andy's Global Adventures **4.10** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Apple Tree House **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Ninja Express **8.10** Operation Ouch! Do Try This at Home **8.25** Odd Squad **8.40** Monsters vs Aliens: Mutant Pumpkins from Outer Space **9.00** Nine Minute Ninja **9.10** Dragons: the Nine Realms **9.55** ***New.*** Pokémon: Sun and Moon **10.40** Monster Loving Maniacs **10.50** One Zoo Three **11.15** Lagging **11.40** The Beaker Girls **12.05pm** Danger Mouse **12.15** Oswaldo **12.25** Boy Girl Dog Cat Mouse Cheese **12.40** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.00** The Next Step **1.45** The Dumping Ground: I'm… **2.00** Art Ninja **2.30** Secret Life of Boys **2.50** Nine Minute Ninja **3.00** One Zoo Three **3.25** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswaldo **4.35** ***New.*** Pokémon: Sun and Moon **5.00** Odd Squad **5.10** We Bare Bears **5.25** ***New.*** Summer Camp Island **5.35** ***New.*** One Zoo Three **6.00** ***New.*** Britain's Best Young Artist **6.30** Lifebabble **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **8.00** The Rubbish World of Dave Spud **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30 FILM** Scooby-Doo! Legend of the Phantosaur (W) **11.00** The Rubbish World of Dave Spud **3.30pm** Scooby-Doo **4.30** ***New.*** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** The Rubbish World of Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** What's New Scooby-Doo? **7.30 FILM** Scooby-Doo! Legend of the Phantosaur (W) **8.55–9.00pm** Mission Employable

CITV **F'view** 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am Cowboy ★★★ Gripping western in which a tenderfoot learns life's hard lessons during a tough cattle drive. Glenn Ford (1958, PG) (S)

12.50pm Campbell's Kingdom ★★ Unconvincing adventure set in Canada. Dirk Bogarde, Stanley Baker (1957, U) (S)

2.55 12 Angry Men ★★★★★ Lone juror Henry Fonda holds out for a not-guilty verdict in this classy courtroom drama from Sidney Lumet. **Review, right.** (1957, U) (S) (AD)

4.50 The Great Sioux Massacre ★★ Rousing re-creation of the Battle of Little Bighorn. (1965, U) (S)

6.55pm The Addams Family ★★★★ Adults and children alike will delight in this witty comedy horror based on the TV series about a creepy and kooky clan. **Review, right.** Anjelica Huston (1991, PG) (S) (AD)

9.00 P **Hereditary** ★★★★★ Slow-burn horror with Toni Collette as the grieving artist whose family home falls foul of malevolent forces. **Film of the Day, right.** Gabriel Byrne (2018, 15) (S)

11.35 The Orphanage ★★★ A woman moves back to the orphanage where she grew up with tragic consequences in this well-made, atmospheric chiller. Belén Rueda, Fernando Cayo (2006, 15) (S)

1.45–3.55am Ninjababy ★★★★ Quirky Norwegian unwanted-pregnancy dramedy mixing live action and animation. Kristine Kujath Thorp, Nader Khademi, Arthur Berning (2021, 15)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am The Detectives TV sitcom. **6.30 It's a Great Day** ★★ Cosy and naive British comedy based on a TV series. Ruth Dunning (1955, U) **8.10 Blind Date** ★★★ Artful, daring crime drama in which Stanley Baker investigates a salacious murder. Hardy Kruger (1959, PG) **10.00 The OnedinLine** TV drama series. **11.00 I Was an Adventuress** ★★★ Rollicking, delightfully twisty comedy withPeter Lorre and Erich von Stroheim stealing every scene. **Review, right.** (1940) **12.40pm John Halifax, Gentleman** ★★★ Rags to riches tale set in the 1800s. John Warwick (1938) **2.00 Upstairs, Downstairs** TV drama. **3.05 The Violent Men** ★★★ Well-cast western in which a ruthless cattle baron embarks on a dispute with local ranchers. Glenn Ford (1955, PG) **5.05 Thunderhoof** ★★★ Unusual and stripped down low-budget western. Preston Foster (1948) **6.45pm The Westerner** TV series. **7.15 Law of the Plainsman** TV western series with Michael Ansara. **8.00 Gideon's Way** TV drama. **9.00 Juggernaut** ★★★ Stark disaster-movie thriller about a luxury liner threatened by a mad bomber. Richard Harris, Omar Sharif (1974, PG) **11.10 Mona Lisa** ★★★★ An ex-con falls for an emotionally damaged prostitute in this thought-provoking crime drama set in London's seedy underworld. **Review, right.** (1986, 15) **1.15am Rage** ★★★ Somewhat bonkers but earnestly played drama. **Review p55.** Glenn Ford, Stella Stevens (1966, 15) **3.20 Hangover Square** ★★★ Chilling film noir featuring a moody Bernard Herrmann score and a fine central performance from Laird Cregar. Linda Darnell (1945) **4.50–6.00am The Balloon Goes Up** ★★ Clumsy British flagwaver. Ronald Shiner (1942, U)

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Sky Premiere

6.05am The Cinema List: Esea British Talent **6.20 Father Stu** ★★ Unconvincing religious drama. Mark Wahlberg, Mel Gibson (2022, 15) **8.30 Rock Dog 3: Battle the Beat** As 2.15pm **10.05 The Railway Children Return** As 3.50pm **11.45 Jurassic World: Dominion** As 9.30pm **2.15pm Rock Dog 3: Battle the Beat** ★★ Vibrant cartoon sequel. Graham Hamilton (2022) **3.50 The Railway Children Return** ★★★ Wholesome sequel to the 1970 family classic. **Review p45.** Jenny Agutter (2022, PG) **5.30pm Dakota** ★★ Warm-hearted drama about a young widow and her daughter, who take on a loyal dog. Abbie Cornish (2022, PG) **7.15 Top Gun: Maverick** ★★★ Tom Cruise's action-packed return to the skies finds the pilot recruited to train a group of upstarts. (2022, 12) **9.30 Jurassic World: Dominion** ★★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard (2022, 12) **12 midnight Father Stu** As 6.20am **2.10am Top Gun: Maverick** As 7.15pm **4.20 Dakota** As 5.30pm

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am Pregnant and Alone ★★ Overblown made-for-TV thriller. (2020) **11.00 Perfect Murderer, Perfect Husband** ★★ Thriller. Laurie Fortier (2019) **1.00pm Deadly Paradise** ★★ Thriller. Boti Bliss (2016) **3.00** A Very Foul Play: An Aurora Teagarden Mystery **5.00 The Heist** ★★★ A top-notch cast led by Christopher Walken lifts a potentially humdrum art-heist caper. Morgan Freeman, William H Macy (2009, 12) **7.00pm An Emma Fielding Mystery 2 – Past Malice** Mystery starring Courtney Thorne-Smith. **9.00 13** ★★ Tense thriller remake in which Sam Riley is entered into an underground competition. (2010, 15) **10.50 The Guest** ★★★★ Thriller starring Dan Stevens as a charming soldier who is taken in by the family of a fallen comrade. (2014, 15) **12.55am A Dangerous Date** ★★ Tepid and predictable TV-movie thriller. Jillian Murray (2018) **2.30 Mother Betrayed** ★★ Thriller. Lynn Collins (2015) **4.20–6.00am Fatal Acquittal** ★★ Melodramatic thriller. (2014)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am A Romance Wedding ★★ Overwrought love story. (2021) **8.00 My Birthday Romance** ★★ Light romantic farce. (2020) **10.00 Just the Way You Are** ★★ Sweet romcom. (2015) **12 noon Calling for Love** ★★ So-so romcom. (2020) **2.00pm Blue Moon Ball** ★★ Sweet but vapid romance. (2021) **4.00 Love in Full Swing** ★★ Unimaginative but perfectly sweet romance. (2020) **6.00pm Home by Spring** ★★ Watchable romance. Poppy Drayton (2018) **8.00 In the Key of Love** ★★ Former lovers reunite. Laura Osnes (2019) **10.00 How to Find Forever** ★★ An unlucky-in-love wedding planner finds romance for herself. (2021) **11.50 Love at the Parade** ★★ Totally predictable romantic tale. (2012) **1.30am A Picture Perfect Wedding** ★★ Dull romcom. (2021) **3.00 Love's Sweet Recipe** ★★ Cheesy romance. (2021) **4.30–6.00am Autumn Dreams** ★★ Romantic comedy. (2015, U)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Off Set **6.20 Cattle King** ★★ Routine B-western. Robert Taylor (1963, U) **8.10 Hellfire** ★★★ Thoughtful western about a gambler who pledges to fulfil a preacher's dying wish. William Elliott (1949) **10.00 King of the Wild Stallions** ★★ Solid family western. (1959, U) **11.40 One of Our Spies Is Missing** ★★★ One of the classier feature versions of the TV series *The Man from UNCLE*. (1966, U) **1.30pm Murder at the Gallop** ★★★ Miss Marple investigates the murder of a rich recluse in this entertaining murder mystery. (1963, U) **3.15 Gun Glory** ★★ Watchable minor western. (1957, U) **5.05 Beau Brummell** ★★★ Colourful historical drama. Stewart Granger, Elizabeth Taylor (1954, U) **7.20pm Gunsmoke in Tucson** ★★ Routine western. (1958, U) **9.00 War** ★★ Confusing martial arts action thriller. Jet Li (2007, 18) **11.10 Presumed Innocent** ★★★★ Suspenseful legal thriller about a lawyer assigned to investigate the murder of his former mistress. (1990, 18) **1.45am** Home Shopping **4.00** Close Up: four editions

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies 42 Action

6.00am M*A*S*H **7.00 Stranger on Horseback** ★★★ Solid western. Joel McCrea (1955, PG) **8.25 500 MPH Storm** ★★ Disaster thriller. Casper Van Dien (2013, 12) **10.10** The Concorde Story **11.30** Wild West Chronicles **12 noon** M*A*S*H **1.00pm Submarine Raider** ★★ Rushed wartime propaganda. (1942, U) **2.25 A Walk in the Sun** ★★★★ Hugely influential war movie. **Review, right.** Dana Andrews, Richard Conte (1945, 12) **4.50 Boot Hill** ★★ Poorly structured spaghetti western. (1969, PG) **6.40pm Wild West Chronicles** TV drama-documentary series. **7.10 Miami Magma** ★★ Hokey made-for-TV disaster movie. (2011) **9.00 Tracker** ★★★ Satisfying Kiwi western about a Boer War veteran hunting down a Maori seaman wanted for murder. (2010, 12) **11.05 Nowhere to Run** ★★ Soft-centred action thriller. (1992, 15) **1.00am The Winter Soldier** ★★ Ambitious, low-budget sci-fi. (2016, 15) **3.00–4.00am** War in the Pacific

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

8.00am Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00 Oceans Rising** ★★ A scientist's climate warnings are ignored in this low-budget disaster movie. Jason Tobias (2017, 12) **1.00pm Meteor Moon** ★ Plodding sci-fi mockbuster. Dominique Swain, Michael Broderick (2020) **3.00 Hydra** ★★ Bizarre horror, an update of 1932 classic *The Most Dangerous Game*. (2009) **5.00** Star Trek **6.00pm Star Trek: the Next Generation** TV sci-fi adventure. **7.00 Airwolf** US TV drama. **8.00 Walker, Texas Ranger** TV action drama series. **9.00 The Loft** ★★ Sleazy whodunnit where a woman turns up dead in an apartment used to conduct illicit affairs. Karl Urban (2014, 15) **11.00 Curse of the Crimson Altar** ★★ Lacklustre offering about devil worship in an old dark house. (1968, 15) **12.50am Haunting of Briar House** ★★ Derivative horror. Jodelle Ferland, Neal McDonough (2015, 15) **2.45–4.20am Bad Match** ★★★ Tense thriller about a playboy who meets a girl online, only for her to start stalking him. (2017, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

P Hereditary ★★★★★

9.00-11.35pm ***Film4*** 15

HORROR A fearful legacy comes home to roost in this terrific tale of terror. Following the death of her reclusive mother, Toni Collette and her family (Gabriel Byrne, Alex Wolff and Milly Shapiro) find themselves beset by all sorts of unnerving weirdness – but that's only the start of the nightmare. Though hailed as a 21st-century successor to *The Exorcist*, director Ari Aster's scintillating debut is more akin to Stanley Kubrick's *The Shining*, with a precision-tooled, dread-inducing atmosphere that refuses to loosen its grip. **JEREMY ASPINALL** (US 2018, violence, swearing, drug abuse, nudity, HD)

I Was an Adventuress

★★★ *11.00am-12.40pm*

Talking Pictures TV

COMEDY DRAMA Peter Lorre and Erich von Stroheim steal every scene of Gregory Ratoff's light comedy, playing confidence tricksters who are abandoned by their partner-in-crime, Vera Zorina, when she finds love. The settings are lavish, and the pair's efforts to get the team back together generate enough twists to keep you watching. **TOM VALLANCE** (US 1940, BW)

A Walk in the Sun

★★★★ *2.25-4.50pm*

Great Movies Action 12

WAR Lewis Milestone's influential platoon movie follows a ragbag of GIs who are part of the invasion force of Italy. The unstarry cast (Dana Andrews, Richard Conte, John Ireland) means no John Wayne-style heroics; most of the time they are just coping with boredom, exhaustion and the probability of sudden death. **ADRIAN TURNER** (US 1945, some violence, BW)

12 Angry Men ★★★★★

2.55-4.50pm ***Film4*** U

DRAMA Director Sidney Lumet's marvellous first feature stars Henry Fonda as a lone juror holding out for a not guilty verdict while the remaining 11 are ready to convict. The action takes place on a single claustrophobic set (an actual New York jury room), and Fonda gives one of the performances that defined his career. **TONY SLOMAN** (US 1957, BW, HD)

The Addams Family ★★★★

6.55-9.00pm ***Film4*** PG

COMEDY This first movie outing for the creepy clan retains the black humour of Charles Addams's original cartoons. Anjelica Huston and Raul Julia are perfect as Morticia and Gomez, while Christina Ricci is splendid as their daughter Wednesday. The slyly witty plot sees a trickster posing as Fester (Christopher Lloyd) to steal the Addams family fortune. **JOHN FERGUSON** (US 1991, violence, sex references , HD)

On Her Majesty's Secret Service ★★★★

7.35-10.30pm ***ITV4*** PG

SPY If any James Bond yarn could be perceived as a cult film, it's this one, so divided have fans and critics been over the years. Replacing Sean Connery as 007, George Lazenby has big shoes to fill, but he certainly looks the part. Diana Rigg brings emotional complexity to his love interest, Tracy, while Telly Savalas is a suitably hissable Blofeld. **JA** (UK 1969, may be edited for violence, HD)

Oblivion ★★★

9.00-11.30pm ***5 Star*** 12

SCI-FI Tom Cruise stars here as a security repairman who maintains the drones that monitor a desolated Earth in 2077. But when he rescues an astronaut (Olga Kurylenko) from a downed spacecraft, he uncovers secrets from the past. The plot borrows from other sci-fi films, but Cruise acquits himself well as a man haunted by memories of his earlier life. **TERRY STAUNTON** (US 2013, violence, swearing, HD)

JFK Revisited: through the Looking Glass

★★★★ *9.00-11.10pm*

Sky Showcase 15

DOCUMENTARY Thirty years after his Oscar-winning *JFK* delved into the mystery surrounding President John F Kennedy's assassination, director Oliver Stone returns to assess the reams of new evidence pertaining to the case. This dive into a mass of meticulous research may be too dense for some, but it still makes for a potent addendum to Stone's opus. **JA** (US 2021, violence, col/BW, HD)

Mona Lisa ★★★★

11.10pm-1.15am

Talking Pictures TV 15

CRIME Bob Hoskins conveys real emotion here, playing a chauffeur who's in love with Cathy Tyson's emotionally bruised prostitute. Michael Caine is also a revelation with his portrayal of Hoskins's seedy, serpentine boss. This thought-provoking gem of a movie is directed with flair by Neil Jordan. **SUE HEAL** (UK 1986, violence, swearing, sex scenes, nudity)

Sky Cinema picks

Little Women ★★★
4.20-6.20pm ***Sky Drama***
A tale of four sisters. (1994, U)
Sky 310; Virgin 410; BT 510/524

Manchester by the Sea ★★★★★
5.40-8.00pm ***Sky Greats***
Home to face the past. (2016, 15)
Sky 304; Virgin 404; BT 504/518

Mass ★★★ *9.55pm-12 midnight* ***Sky Hits***
Grieving parents talk. (2021, 12)
Sky 303, Virgin 403, BT 503/517

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

JFK Revisited: through the Looking Glass *9.00pm*

6.00am The Early Rundown (HD) **7.00** Kay Burley (HD) **8.00** Wildlife ER (S) (HD) **9.00** Nothing to Declare (S) (AD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Uptown Otters **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** The Simpsons (S) **5.30** The Fresh Prince of Bel-Air (S) (HD)

6.30pm The Simpsons Santa's Little Helper sires puppies. **7.00** Bart exploits a dispute. **7.30** Lisa bumps into jazz legend Bleeding Gums Murphy. (S) (HD)

8.00 *New.* Landscape Artist of the Year *Ep 6.* The painters visit Strangford Lough in Down. **See page 88.** (S) (AD) (HD)

9.00 JFK Revisited: through the Looking Glass ★★★★
JFK director Oliver Stone re-examines evidence about the 1963 Kennedy assassination. **Review page 95.** (S) (AD) (W) (HD)

11.10 Funny Woman *1/6.* Comedy drama set in 1964, starring Gemma Arterton. (S) (HD)

12.10am Fantasy Football League (HD) **12.45** The Force: Manchester (S) **1.40** Road Wars (S) **2.10** Brit Cops: Law & Disorder (S) (AD) **3.05** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** The Early Rundown (HD)

Sky Showcase Sky 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** Sky 206

Sky Sci-Fi

6.00am V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1: an alien probe takes over the computer system

6.00pm Star Trek: the Next Generation *22/26* *Series 7* A Ferengi plans to take revenge on Picard by killing the son he was unaware existed. **7.00 *23/26.*** Data suspects the ship may be thinking for itself when a series of unexplained malfunctions occurs.

8.00 Merlin *6/13* *Series 5* Morgana kidnaps Gwen and locks her in a magical tower.

9.00 *New.* Blood & Treasure *5/13* *Series 2.* In search of the Spirit Banner, Simon attempts to make a deal, unaware that Lexi, Danny and Shaw are on his tail. **10.00 *New. 6/13.*** Danny, Lexi and Violet traverse a dangerous chemical wasteland to an abandoned bio-weapons facility.

11.00 At First Light ★★★
Sci-fi thriller starring Stefanie Scott and Théodore Pellerin. Alex develops superpowers after being exposed to a mysterious beam of light and soon finds herself wanted by the authorities.

1.00am V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00–6.00am** Star Trek: the Next Generation

Sky Sci-Fi Sky 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** Virgin 229

Sky Atlantic

Ray Donovan *5.45pm* An offer he can't refuse?

6.00am Urban Secrets (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (S) (HD) **3.30** The Sopranos: two episodes (S) (HD)

5.45pm Ray Donovan *11/12* *Series 4.* Ray devises an attempt to save Avi, but FBI agent Frank Barnes detains him. (S) (AD) (HD) **6.50 *12/12.*** Just as Ray thinks his deal with Hector will be his family's salvation, Sonia passes evidence to Barnes. (S) (AD) (HD)

7.55 Game of Thrones *2/10* *Series 4.* Melisandre oversees a sacrifice to the Lord of Light at Dragonstone. (S) (AD) (HD)

9.00 Watchmen *7/9* *Series 1* Angela undergoes a strange treatment, and the Smartest Man in the World delivers a stunning defence of his actions. (S) (AD) (HD)

10.05 The Last of Us *5/9.* Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (HD)

11.15 Devils *7/10.* Massimo discovers that the secret dossier hides a scheme between NYL and a big German bank. (S) (AD) (HD)

12.20am Britannia (S) (AD) (HD) **1.20** The Wire (S) (HD) **2.25** Game of Thrones (S) (AD) (HD) **3.35** In Treatment (S) (HD) **4.05–6.00am** Urban Secrets: double bill (S) (HD)

Sky Atlantic Sky 108 (Wales 109) **BT** 342/**HD** 357 **+1** Sky 208 (Wales 209)

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (HD) **8.00** Border Patrol (S) **9.00** 999 Frontline (S) **10.00** Brit Cops: Law & Disorder (S) (AD) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD) **4.00** Nothing to Declare (S)

6.00pm Nothing to Declare Four editions. The work of customs officers in Australia. (S)

8.00 Blue Bloods *9/20* *Series 12* A cyber-attack on the NYPD forces Danny and Baez to release an evasive suspect. Meanwhile, Jamie wrestles with a family secret. (S) (AD) (HD)

9.00 *New.* The Rookie: Feds *2/22.* Simone utilises her informant to track down a suspect on the FBI's Most Wanted list. Meanwhile, Brendon investigates a lead on a congressman. (S) (HD)

10.00 9-1-1 *6/18* *Series 3.* Athena and the 118 respond to a series of odd calls on Halloween, including reports of a wandering ghost-like girl and a flock of crows. (S) (HD)

11.00 FBI *19/22.* The team bands together to bring down a dangerous drug ring. (S) (AD) (HD)

12 midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** The Rookie (S) (HD) **2.00** The Rookie: Feds (S) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Road Wars (S) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

Sky Witness Sky 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** Sky 207 **Virgin** 163

Sky Max

Strike Back: Vengeance *9.00pm* Dalton takes action

6.00am Stargate SG-1 (S) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

6.00pm Stargate SG-1 *4/22* *Series 3.* Daniel Jackson suffers from hallucinations. (S) **7.00 *5/22.*** O'Neill risks a court martial to help an alien. (S)

8.00 S.W.A.T. *Ep 4* *Series 6* Hondo crosses paths with a former flame. (S) (HD)

9.00 Strike Back: Vengeance *6/10* *Series 3.* Section 20 get their mission back on track and contact Knox's daughter Ava. (S) (AD) (HD)

10.00 Rob and Romesh vs the NFL *2/6* *Series 1.* The comedians meet and train with American football players. (S) (AD) (HD)

11.00 Funny Woman *1/6* Comedy drama set in 1964, starring Gemma Arterton. (S) (HD)

12 midnight Fantasy Football League (HD) **12.35am** The Force: Manchester (S) (HD) **1.30** Road Wars (S) **2.00** Brit Cops: Law & Disorder (S) (AD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol (S)

Sky Max Sky 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am 6ixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (AD) (HD) **10.00** Paramedics Australia (S) (HD) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) (HD) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) (HD) **4.00** V (S) (HD) **6.00** Most Haunted US (S) **7.00** Most Haunted (S) **8.00** Road Wars (S) **9.00** Dan Brown's The Lost Symbol: thriller based on Dan Brown's novel starring Ashley Zukerman (S) (AD) (HD) **10.00** Send in the Dogs: the Greater Manchester Police dog squad tackles car thieves, and a drunk driver takes on PC Greaves and alsatian Riley (S) **11.00** The Rookie: Feds (S) (HD) **12 midnight** Night Cops (S) (AD) **1.00am** Motorway Patrol (S) **2.00** A League of Their Own (S) (AD) (HD) **3.00** Duck Quacks Don't Echo (S) (AD) (HD) **4.00** Four Weddings (S) (AD) (HD) **5.00–6.00am** 6ixth Sense with Colin Fry (S)

Sky Replay Sky 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (AD) **9.00** Nothing to Declare (HD) **10.00** UK Border Force (S) (AD) (HD) **11.00** How I Caught the Killer (S) (HD) **12 noon** The Real Manhunter (S) (AD) **1.00pm** Forensics: Catching the Killer (S) (AD) (HD) **2.00** Killer in My Village (S) (HD) **3.00** Most Evil Killers (S) (HD) **5.00** The Real Manhunter (S) (AD) (HD) **6.00** Killer in My Village (S) **7.00** Most Evil Killers (S) (HD) **9.00 *New.*** Murder Next Door **10.00** How I Caught the Killer (S) (AD) (HD) **11.00** Most Evil Killers (S) (AD) (HD) **12 midnight** Forensics: Catching the Killer (S) (AD) (HD) **2.00am** Killer in My Village (S) (HD) **3.00** Murders That Shocked the Nation (S) (AD) (HD) **4.00** 911 Crisis Centre (S) (HD) **5.00–6.00am** as 7am

Sky Crime Sky 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** Sky 222 **Virgin** 164

Gold

Live at the Apollo *10.40pm* A night of stand-up comedy

7.35am Desmond's (S) **8.00** as 5.20pm **8.40** Outnumbered (S) (AD) **9.20** Are You Being Served? (S) **10.00** Open All Hours (S) **10.40** as 3.20pm **12 noon** as 5.20pm **12.40pm** Outnumbered (S) (AD) **1.20** Dad's Army (S) **2.00** Open All Hours (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) (AD) **4.40** Dad's Army (S) **5.20** The Green Green Grass (S)

6.00pm Are You Being Served? Old Mr Grace suspects Mr Humphries may be his son. (S)

6.40 Dad's Army The platoon chases a barrage balloon. (S) **7.20** Captain Mainwaring organises a dance evening. (S)

8.00 Only Fools and Horses Del's old flames turns up. (S) (AD) **8.40** Del decides to enter the profitable tourist trade. (S) (AD)

9.20 Miranda The singleton tries to learn French. (S) (AD)

10.00 Not Going Out A 20-year-old woman claims that Lee may be her father. (S) (HD)

10.40 Live at the Apollo (S) (HD)

11.40 French and Saunders Featuring a parody of *Aliens*. (S)

12.20am Only Fools and Horses (S) (AD) **1.40** Miranda (S) (AD) **2.30** Not Going Out (S) (HD) **3.00–4.00am** Live at the Apollo (S) (HD)

Gold Sky 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** Sky 210 (Wales 211) **Virgin** 194

Sky Comedy

8.00am Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.20** Flatbush Misdemeanors (S) (AD) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** The Office US (S) (HD) **8.00 *New.*** The Conners (HD) **8.30** The Office US (S) (HD) **9.00** Curb Your Enthusiasm (S) (HD) **10.45 *New.*** The Late Late Show with James Corden (HD) **11.45 *New.*** The Tonight Show Starring Jimmy Fallon (HD) **12.45am** Sex and the City (S) (HD) **2.25** Silicon Valley (S) (HD) **3.35** Vice Principals (S) (AD) (HD) **4.10–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy Sky 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12 noon** Friends (S) (AD) (HD) **9.00pm** Stephen Merchant: Hello Ladies: *The Office* co-creator's 2011 stand-up comedy show (S) (HD) **10.00 *New.*** Guessable?: with Ivo Graham, Rachel Parris, Stevie Martin and Eshaan Akbar **11.00** Al Murray's Great British Pub Quiz: the Carlyon Arms from St Austell and the King's Head from Crouch End compete **12 midnight** Live at the Apollo (S) (HD) **1.00am** South Park (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** The Ricky Gervais Show (S) (HD) **3.45 *New.*** The Daily Show **4.15–5.00am** Friends (S) (AD) (HD)

Comedy Central Sky 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** Sky 212 (Wales 213) **Virgin** 133

Alibi

CSI: Vegas *9.00pm* Catherine deals with her frustrations

7.15am Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

6.00pm Without a Trace *6/23* *Series 3.* The team searches for a missing mother. (HD)

7.00 Person of Interest *10/22* *Series 2.* Reese helps a woman accused of stealing from a charity that supports veterans. (HD)

8.00 Death in Paradise *1/8* *Series 5.* A millionaire environmentalist is shot dead on his boat while at sea. (S) (AD) (HD)

9.00 *New.* CSI: Vegas *8/21* *Series 2.* Catherine is frustrated when a lead suspect in Grace's disappearance is murdered. **See p89.** (AD) (HD)

10.00 Clarice *8/13.* ViCAP investigates the suspected suicide of a medical student. (S) (AD) (HD)

11.00 Without a Trace As 6pm.

12 midnight Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00** Why Women Kill (S) (AD) (HD) **3.00–4.00am** We Hunt Together (S) (AD) (HD)

Alibi Sky 109 (Wales 110) **Virgin HD** 126 **BT** 343/**HD** 358 **+1** Sky 209 (Wales 210) **Virgin** 191

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **2.00** Gold Rush: End of an Era (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00 *New.*** Gold Divers: double bill (HD) **11.00 *New.*** Moonshiners: law enforcement ambushes Mark in his own garage (HD) **12 midnight** Combat Dealers (S) (HD) **1.00am** Gold Divers (HD) **3.00** Moonshiners (S) (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery Sky 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** Sky 225 **Virgin** 258

Discovery History

6.00am Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Greatest Events of World War II (S) **9.00** Combat Dealers (S) **10.00** Unexplained and Unexplored (S) **11.00** Secrets of the Pyramids **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Wings of War (S) **3.00** Lost Temples of the Jungle (S) (AD) **4.00** Mysteries at the Museum **5.00** Greatest Events of World War II (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** Abandoned: Chernobyl's Deadly Secrets (S) **10.00** How the Universe Works (S) **12 midnight** Combat Dealers (S) (AD) **2.00am** Abandoned: Chernobyl's Deadly Secrets (S) **3.00** Wings of War (S) **4.00–5.00am** Lost Temples of the Jungle (S) (AD)

Discovery History Sky 177 **Virgin** 257 **+1** Sky 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Expecting Amy *8.00pm*
Amy Schumer on pregnancy

6.00am Harrow: a Very British School (S) (AD) (HD) **7.00** Discovering: Lana Turner (S) (AD) **8.00** The Directors (S) **9.00** UFO (S) (AD) **10.00** The Movies (S) (HD) **11.00** Expecting Amy (S) (AD) **12 noon** The Crime of the Century (S) (AD) **4.10pm** The Directors (S) **5.00** Discovering: Lana Turner: the life and career of the actress (S) (AD)

6.00pm UFO The world reels from the *New York Times* story. (S) (AD)

7.00 The Movies A look at cinema from the 2000s through to the present day. (S) (HD)

8.00 Expecting Amy 1/3. Amy Schumer prepares for a stand-up special while pregnant. (S) (AD)

9.00 JFK Revisited: through the Looking Glass ★★★★
JFK director Oliver Stone re-examines evidence about the 1963 Kennedy assassination. **Review page 95.** (S) (AD) (W)

11.20 The Slow Hustle The unsolved death of Baltimore police detective Sean Suiter, who was shot in the line of duty. (S) (AD)

1.10am Cured: a campaign to stop homosexuality being considered a mental illness (S) **2.50** My Icon: Leon Pryce (S) (AD) (HD) **3.00** Burn Mother******, Burn! (S) **5.00–6.00am** Discovering: Lana Turner: the life of the actress (S) (AD)

Sky Documentaries **Sky** 121 **Virgin** 277 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory: double bill (S) (HD) **9.00** Air Crash Investigation (S) (AD) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (HD) **2.00** Drain the Oceans (S) (AD) (HD) **3.00** Head of John the Baptist (S) (AD) (HD) **4.00** Buried Secrets of the Bible (S) (HD) **6.00pm** Lost Treasures of Egypt (S) (AD) (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** ***New.*** Alaska: the Next Generation (HD) **9.00** America's Hardest Prisons (S) (HD) **10.00** Death Row Texas (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Lords of War (HD) **2.30** Food Factory: four editions (S) (HD) **4.10** When Sharks Attack (HD) **4.35–5.00am** Prairie Dog Dynasty (HD)

Nat Geographic **Sky** 129 **Virgin** 266 **+1** **Sky** 229 **Virgin** 267

Sky History

6.00am Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Mystery Places (HD) **11.00** Walking through History (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** ***New.*** Mountain Men (HD) **9.00** ***New.*** The Curse of Oak Island (HD) **10.00** ***New.*** The Lost Pirate Kingdom (HD) **11.15** Pirate Treasure of the Knights Templar (HD) **12.10am** Colosseum (HD) **1.10** Mountain Men (HD) **2.05** Walking through History (HD) **3.05** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

Sky History **Sky** 123 **Virgin** 270 **BT** 353/**HD** 368 **+1** **Sky** 223 **Virgin** 271

Sky Nature

Land of the Far North *8.00pm*
Bears of the Arctic Circle

6.00am Dogs with Extraordinary Jobs (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Wildlife ER (S) **9.00** Uptown Otters **10.00** Malawi Wildlife Rescue (S) (HD) **11.00** Dogs with Extraordinary Jobs (S) (AD) **12 noon** Hope for Wildlife (S) **1.00pm** Monkey Life (S) **2.00** Malawi Wildlife Rescue (S) (HD) **3.00** Uptown Otters **4.00** ***New.*** Uptown Otters **5.00** Hope for Wildlife (S)

6.00pm Monkey Life Neglected marmosets are discovered. (S) **6.30** Jeremy's patience is tested by Bryan the chimp's outbursts. (S)

7.00 Uptown Otters While Mia hustles the Townies out of reach, the Nomads remain unaware of the impending conflict.

8.00 Land of the Far North Life in the Arctic Circle during the harsh winter months. (S) (AD)

9.00 Tales from Zambia Following a herd of elephants from sunrise to sunset. (S)

10.00 Uptown Otters As 7pm.

11.00 Hope for Wildlife An injured bobcat is rushed to the centre for emergency care. (S)

12 midnight Shadowlands (S) (AD) **1.00am** Valley of Flood and Fire (S) **2.00** Land of the Far North (S) (AD) **3.00** Tales from Zambia (S) **4.00** Baby Animals (S) **5.00–6.00am** Great Parks of Africa (S)

Sky Nature **Sky** 124 **Virgin** 278 **BT** 354/**HD** 369

Eden

9.00am Animal Social Network (AD) (HD) **10.00** Snow Leopards and Friends (AD) (HD) **11.00** The Zoo (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Animal Social Network (AD) (HD) **3.00** Wild Edens (HD) **4.00** India's New Worlds (HD) **5.00** Snow Leopards and Friends (AD) (HD) **6.00** The Zoo (HD) **7.00** Forbidden History: possible hidden treasures in Nova Scotia (AD) (HD) **8.00** Animal Social Network (AD) (HD) **9.00** India's New Worlds (HD) **10.00** The Zoo (HD) **11.00** Snow Leopards and Friends (AD) (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Animal Social Network (AD) (HD) **2.00** Snow Leopards and Friends (AD) (HD) **3.00** The Zoo (HD) **3.50** India's New Worlds (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden **Sky** 166 **Virgin HD** 245 **+1** **Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Dogs 101 (S) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Crikey! It's the Irwins (S) (HD) **2.00** Coyote Peterson: Brave the Wild (S) (HD) **3.00** Tanked (S) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** Return to the Isle of Jaws (S) **9.00** Sharkwrecked: Crash Landing (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** From Wags to Riches (S) (HD) **12 midnight** Pit Bulls and Parolees: Tia's Tales (S) **1.00am** Alaskan Bush People (S) **2.00** Dogs 101 (S) **3.00** Alaska: Homestead Rescue (S) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet **Sky** 162 (NI 178) **Virgin** 251 **+1** **Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show **12 noon** Sky Sports News **12.30pm LIVE Women's T20 World Cup Cricket** West Indies v India, the Group B match from Newlands Stadium, Cape Town; **4.30** Pakistan v Ireland, the Group B match from Newlands Stadium, Cape Town. **7.30 LIVE Championship Football** Sheffield United v Middlesbrough from Bramall Lane (kick-off **8.00**). **10.30** Soccer Special **11.00** Sky Sports News **12 midnight** NFL: Total Access **1.00am** Sky Sports News **4.30–6.00am LIVE European Tour Golf** The first round of the Thailand Classic from Chon Buri, Bangkok. Continues until 9.30am.

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Retro League One **8.45** EFL Greatest Games **10.00** Championship Retro: Blackburn v Man City from 2000 **12 noon** Championship Highlights **12.15pm** Women's Super League **1.15** Championship Highlights **1.30** Soccer AM **2.00** German Football **3.00** Women's Super League **4.00** Championship Highlights **4.30** Soccer AM **5.00** Championship Highlights **6.30** League One and Two Goals **7.00** Championship Highlights **7.30 LIVE Championship Football** Sheffield United v Middlesbrough (kick-off **8.00**). **10.30** Soccer Special **11.00** League One and Two Goals **11.30** Championship Highlights **12 midnight** Championship Season Review (AD) **1.00am** League Cup Retro **3.45** EFL Greatest Games **4.00–6.00am** League Cup Retro (AD)

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am PGA Tour Golf **11.00** St Andrews: 150th Open Film **1.00pm** The Players Championship Official Film: six editions (AD) **7.00** PGA Tour: the Cut **7.30** Challenge Tour Golf **8.00** PGA Tour Champions **9.00** PGA Tour: the Cut **9.30** PGA Tour Champions Learning Centre **10.00** St Andrews: 150th Open Film **12 midnight** PGA Tour: The Cut **12.30am** Challenge Tour Golf **1.00** PGA Tour Champions **2.00** PGA Tour Golf **3.00** PGA Tour: the Cut **4.00** PGA Tour Champions Learning Centre **4.30–6.00am LIVE European Tour Golf** Day one of the Thailand Classic. Continues until 9.30am.

Sky Mix

Sky 416 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

12.50–5.00pm LIVE Pakistan Super League Cricket Multan Sultans v Quetta Gladiators.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Cyclo-Cross **7.55** Snooker: Welsh Open **9.50** Alpine Skiing **10.45 LIVE Alpine Skiing** World Championships, the men's and women's parallel slalom. **1.15pm LIVE Biathlon** World Championships from Oberhof, women's 20km individual event. **3.30 LIVE Cycling** Stage one of the Tour of Algarve in Portugal. **4.00** Judo **5.00** Alpine Skiing **6.00** Cycling **7.00** Discovery Golf **7.30** Cycling **10.00** Alpine Skiing **11.00** Hall of Fame: Tokyo 2020 **12 midnight** Cycling **2.00am** Alpine Skiing **4.00–6.00am** Snooker

Premier League Football
6.30pm ***Amazon Prime*** A big test for Arsenal's Eddie Nketiah

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games (AD) **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Premier League Years (AD) **3.00** Greatest Games (AD) **4.00** Best Goals **5.00** 100 Club (AD) **6.00** Legends (AD) **6.30** Premier League Stories **7.00** Soccer Special **11.00** Premier League Stories **11.30** Premier League 100 **12 midnight** Icons **1.00–6.00am** Classic Premier League

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Best of the Women's World T20 (AD) **6.30** Women's T20 World Cup Highlights **8.30** Pakistan Super League Highlights **9.30** Women's T20 World Cup Highlights **11.30** Pakistan Super League Highlights **12.30pm LIVE Women's T20 World Cup** West Indies v India, a Group B match from Cape Town; **4.30** Pakistan v Ireland, a Group B match from Newlands Stadum. **8.30** Pakistan Super League Highlights **9.30** Women's T20 World Cup **10.30** Pakistan Super League Highlights **11.30** Women's T20 World Cup Cricket **12.30am** Women's T20 World Cup **5.00–6.00am** Pakistan Super League Highlights

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am America's Game (AD) **7.00** Highlights **9.00** Review **10.00** Super Bowl LVII Highlights **12 noon** Good Morning Football **3.00pm** 49 Hours **4.00** Review **5.00** NFL Bitesize (AD) **6.00** Pro-Football Talk **8.00** NFL Bitesize (AD) **9.00** America's Game **10.00** Review **11.00** NFL Bitesize **12 midnight–6.00am** NFL

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Super League **7.30** Darts **11.00** NBA **1.00pm** Boxing (AD) **3.00** Boxing Archive (AD) **3.45** Netball **5.30** NBA on Fire **6.00** NBA **8.00** Super League (AD) **10.00** Boxing (AD) **12 midnight** NBA **2.00am** Darts **5.30** Super League **5.35–6.00am** Concussion Round Table

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Snooker **8.00** Judo **9.00** Cycling **10.30** Snooker 147s **10.45** Snooker: Welsh Open **12.45pm LIVE Snooker** Day three of the Welsh Open from Venue Cymru, Llandudno. **5.00** Formula E **6.00** Snooker **6.45 LIVE Snooker** Day three of the Welsh Open from Llandudno, featuring third-round matches. **11.00** Snooker **1.00am** Alpine Skiing **2.00** Snooker **4.00–6.00am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am ESPN FC: world football **6.30 LIVE Pro League Hockey** Australia v Germany, a women's match from Sydney Olympic Park. **8.30** Australian Football **9.00** French Football **10.00** Premiership Rugby Union **1.00pm** Darts (AD) **3.00** Premier League Review **4.00** ESPN FC **4.30** Premier League Football **6.00** The Football's On (AD) **7.00 LIVE Champions League Football** Borussia Dortmund v Chelsea, round of 16, first leg at Signal Iduna Park (kick-off **8.00**). **11.30** The Football's On (AD) **12.30–6.00am LIVE Test Cricket** New Zealand v England, the first day of the first Test. Coverage continues until 9am.

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am National League Football **6.30** Premier League Stories (AD) **7.00** Wrestling **9.30** Goals Reload **10.00** Europa League Magazine **11.00** Italian Football: five matches **4.00pm** National League Football **4.30** Hockey **5.30** Badminton (AD) **5.45** Immortals **6.00** Reload (AD) **6.30** Serie A: Full Impact **7.00** National League Football **7.30 LIVE Champions League Football** Club Brugge v Benfica, round of 16, first leg (ko **8.00**). **10.15** The Football's On (AD) **11.15** Europa League Magazine **12.15am** Premier League Reload **12.30** Goals Reload **1.00** Champions League Football **3.00** Hockey **4.00–6.00am** Australian Football

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Champions League Football **8.00** Premier League Review **9.00** National League Football **11.00** Joe Cole Cast **11.30** ILT20 Cricket **12 noon** Triathlon **1.00pm** High Performance (AD) **2.00** Portuguese Football **3.00** Champions League Football **5.00** Wrestling (AD) **7.00** High Performance (AD) **8.00** Hockey **9.00** Wrestling **11.45** Goals Reload **12 midnight LIVE Basketball** A double bill of US college games. **4.00am** The Football's On (AD) **5.00** BT Sport Reload (AD) **5.30–6.00am** Serie A: Full Impact

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am SportsCenter **6.15** Around the Horn: discussion **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Basketball: two games **11.45** SportsCenter **12 noon** ESPN FC **12.30pm** Around the Horn **1.00** Pardon the Interruption **1.30** SportsCenter **1.45** Australian Football **2.15** BT Sport Goals Reload **2.30** Surfing **5.30** Around the Horn **6.00** Pardon the Interruption **6.30** SportsCenter **6.45** Reload **7.00** Basketball **10.30** UFC **11.30** Reload (AD) **11.45** Wrestling (AD) **12.45am** SportsCenter **1.00–6.00am** French Football

Viaplay Sports

8.00pm LIVE Spanish Football Real Madrid v Elche (kick-off **8.00**).

Amazon Prime

10.00am, 6.30pm LIVE ATP Tennis The Rotterdam Open at Rotterdam Ahoy, the first round. **11.30am LIVE WTA Tennis** The Qatar Open, second round. **6.30pm LIVE Premier League Football** Arsenal v Manchester City from Emirates Stadium (kick-off **7.30**). **Sport: page 39**

Thursday

ONE-WAY TICKET Prue Leith and her son Danny Kruger are on opposite sides of the assisted dying debate

DOCUMENTARY

Prue and Danny's Death Road Trip *9.00pm* ***C4*** *Catch up via All 4*

This is not, as the title might initially suggest, another show about celebrities driving down the world's most dangerous roads, but a much more challenging film about legalising assisted dying in this country. *The Great British Bake Off* judge Prue Leith and her Conservative MP son Danny Kruger have opposing views on the subject.

"I would rather die like most dogs die – out in seconds rather than suffer for months or years in agony," says Prue, whose own brother had a lengthy and painful death. Danny, however, is worried that vulnerable people could be taken advantage of and insists, "It's got to be about care, not killing."

They travel to the US and Canada to find out how the assisted dying system works there, hearing plausible arguments on both sides and learning that, while death can be dignified and pain-free, it doesn't always go to plan.

The subject is dealt with very sensitively. But it's painful to watch, especially seeing someone in the last moments of their life. You will weep buckets.

JANE RACKHAM

See feature: page 30

REALITY

Dragons' Den

8.00pm ***BBC1*** *Catch up via iPlayer*

Presenter Evan Davis does love a pun or a play on words – and there's plenty of opportunity for both in this edition. On offer for investment is a music marketing app for independent artists, with a pitch "that may fall on deaf ears", and an idea for portable toilets for children that the entrepreneur hopes "will flush away any doubts of success".

Walking into the Den is clearly daunting – many pitchers have left with no deal from the Dragons and their confidence crushed. So, it takes a brave person indeed to make a return visit. But will the Edinburgh-based entrepreneur's sustainable clothing brand get the investment he needs second time round? **JR**

DOCUMENTARY

The Dog House

8.00pm ***C4*** *Catch up via All 4*

This series is essentially a furry *First Dates*, as the team at Woodgreen match-make abandoned pooches and new owners. It's frequently a case of human and hound rescuing each other. In this penultimate episode, there's eight-pawed pandemonium when Hurricane the lonely husky meets lively lurcher pup Peaches.

A plucky cocker spaniel called Lottie who escaped from a puppy farm meets Raksha, who has plenty of love to give. And Rosie the Jack Russell is a pocket rocket who now has playful ten-year-old Mitchell in her sights – but has she met her match? It's exhausting to watch, but endearing, too. **MICHAEL HOGAN**

REALITY

The Apprentice

9.00pm ***BBC1*** *Catch up via iPlayer*

We've now passed the midway mark of the series, and what have we learnt so far? Well, that power-dressing on an Antiguan beach is sweaty work, that a "trug" is a wooden-framed basket and that making cartoons and bao buns is harder than it looks.

Week seven sees the surviving candidates asked to design a lunchbox for six- to eight-year-olds, with an accompanying app to encourage healthy eating. Who'll be a legend in their own lunchtime and who'll make a meal of it?

Karren Brady and likeable new sidekick Tim Campbell take note of every misstep before Lord Sugar polishes his put-downs and sharpens his firing finger. **MH**

ALSO ON TODAY

Bangers and Cash
8.00pm ***Yesterday***
The Mathewsons prepare to auction 100 motorbikes from every era of the 20th century and assess a 1965 Vanden Plas Princess.

The Great Stink of 1858
9.00pm ***Channel 5***
Xand van Tulleken relives the stench of raw sewage during a London heatwave. More tomorrow.

In the Footsteps of Killers
10.00pm ***C4***
Emilia Fox and David Wilson (left) look into the cold case of a shopkeeper in Wales who vanished in 1990.

DRAMA
Marie Antoinette
9.00pm ***BBC2*** *Catch up via iPlayer*

LAST EPISODE

Louis has found his stride. He's no longer bumbling, but rules with a charming focus and empathy. Even so, some members of the court still doubt his abilities. His latest quest is to beat Britain in a naval battle.

While war wages, Antoinette is sent to the Petite Trianon where she spends her time in the company of Yolande (whose reputation does nothing to bolster the Queen's). Caught up in hedonism, Antoinette invites the Swedish noble Count Fersen to join the frivolities. It's an episode of sensuality as Antoinette's desires as a woman come to the fore.

There is much more to tell of this story – and, so, we hope for a second series. **KELLY-ANNE TAYLOR**

DOCUMENTARY
Cold Case Forensics: the Murder of Stephen Lawrence
9.00pm ***ITV1*** *Catch up via ITVX*

LAST EPISODE

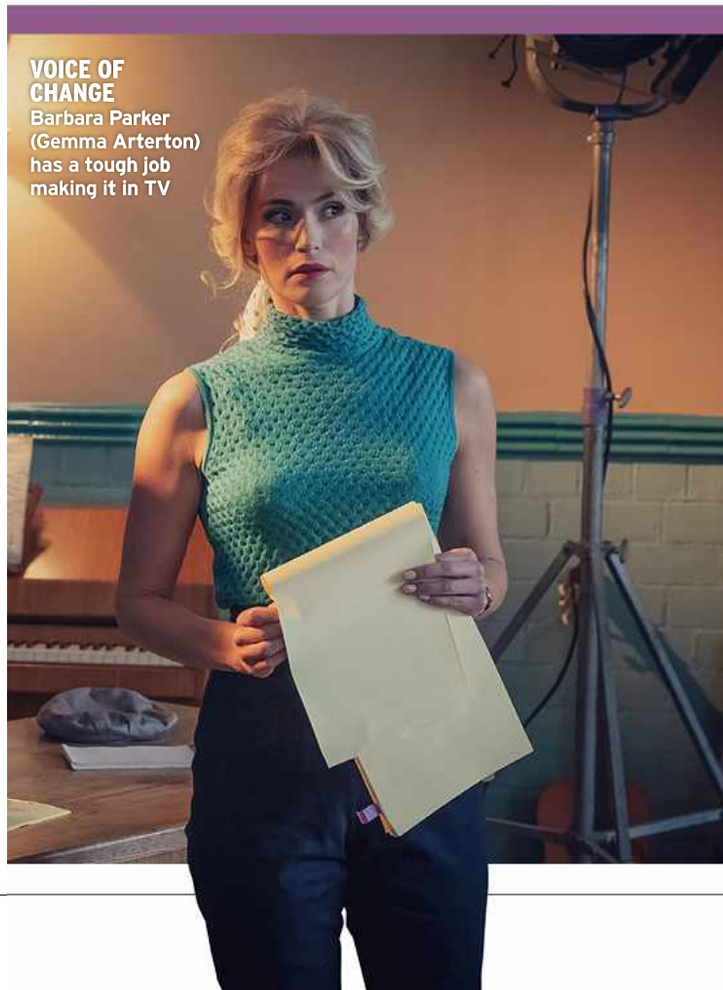
"The one thing I've learnt over the years is that you never say never," says forensic scientist Dr Angela Gallop. Having re-examined the evidence from the 1993 racist murder of Stephen Lawrence, she wasn't deterred when she hit a brick wall, but began to amass textile evidence painstakingly from the suspects' clothes and the packaging they'd been stored in.

Most people know how this chilling, high-profile case ended, but the process of getting the crucial evidence to bring some of the killers to justice is engrossing... if. **JR**

DRAMA
Murdoch Mysteries
9.00pm ***Alibi***
Catch up via Sky Go/Now

This *Forrest Gump*-style knack that William Murdoch (Yannick Bisson) has for encountering notable people is seen again when, following the suspicious death of a motorbike inventor, he bumps into a certain Mr Harley and Mr Davidson.

A nice little joke, to be sure, but the writers can't then resist having the police inspector use such terms as "hog" and "Hell's Angel" for what we're meant to take as the first time. It's playful, but it's starting to feel as though this one Toronto detective shaped the entire course of the 20th century. The next book that Susie Dent writes about etymology ought really to be a Murdoch biography. **DAVID BROWN**



VOICE OF CHANGE Barbara Parker (Gemma Arterton) has a tough job making it in TV

COMEDY DRAMA
Funny Woman
9.00pm ***Sky Max***
Catch up via Sky Go/Now

The early 1960s were, as we know, a time of great cultural change, with angry young men in the theatres and kitchen sink dramas on TV. And into this blue-collar revolution Blackpool beauty queen Barbara Parker (Gemma Arterton) makes her presence felt as she vies for a role in a TV sitcom exploring married life. A topic, incidentally, that's completely alien to the fictional sitcom's writers.

Obstacle number one: Barbara's northern accent, which dashing male co-star Clive (Tom Bateman) would like her to ditch in favour of RP. Obstacle number two: stony-faced commissioner Ted (Alistair Petrie), who has a more traditional choice in mind for the part.

It's all rather stressful for Barbara, but a joy for us to witness her attempt to hit the big time – mainly because Arterton is so dexterous at both physical and verbal comedy. **DB**

LIVE SPORT

Test Cricket
New Zealand v England
12.30am ***BT Sport 1***
The second day of the first Test from Bay Oval, Tauranga, with batsman Harry Brook (above) looking for more runs for England.

Ladies European Tour Golf
10am ***Sky Golf/Main Event***
Day one of the Ladies International in Saudi Arabia.

Europa League Football
Barcelona v Manchester Utd
5pm (k/o 5.45pm) ***BT Sport 2***
Two giants of European football face off, hoping to return to the Champions League next season.

FILM OF THE DAY

Breakfast at Tiffany's
★★★★★ PG
8.05pm ***5 Select***
Audrey Hepburn, a ukulele and a host of far more unlikely ingredients all come together for this stylish and ever-so-slightly edgy classic, based on Truman Capote's novella and co-starring George Peppard. (1961)

FILM REVIEWS page 105

advertisement feature
Funny Woman
Available from 9 February
Blackpool beauty queen Barbara Parker arrives in 60s London to find her calling. In an unexpected turn of events, she becomes the next comedy superstar.
sky max
funny woman

ALAMY

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

9.15 Morning Live Gethin Jones presents. (S) (HD)

10.00 24/7 Pet Hospital A border collie puppy needs an operation to fix its broken leg. (S) (AD) (HD)

10.30 Claimed and Shamed A mother plays fast and loose with the facts to get a refund. (S) (HD)

11.15 Homes under the Hammer Properties in Surrey, Wiltshire and south-west London. (S) (AD) (HD)

12.15pm Bargain Hunt From Lincoln. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Doctors Ollie comes home from the Army with a surprise, while Nina makes her mark. (S) (AD) (HD)

2.15 The Farmers' Country Showdown Pig farmer Paul and sheep farmer Hannah compete at Edenbridge and Oxted Agricultural Show. (R) (S) (HD)

3.00 Escape to the Country Finding a house in Norfolk with space for small concerts. (R) (S) (AD) (HD)

3.45 Antiques Road Trip Margie Cooper and Ochuko Ojiri visit Worcestershire. Rptd tomorrow 6.30am BBC2 (S) (HD)

4.30–5.15 Bridge of Lies Quiz show presented by Ross Kemp. Repeated tomorrow 7.15am BBC2 (S) (HD)

BBC2

6.30am Antiques Road Trip Margie and Ochuko travel along the Welsh border. Shown yesterday 3.45pm BBC1 (S) (HD)

7.15 Bridge of Lies Shown yesterday 4.30pm BBC1 (S) (HD)

8.00–9.00 Sign Zone 8.00 Take a Hike *3/15* *Series 2* Natalie takes the group on a walk to Robin Hood's Bay. (R) (S) (HD)

8.30 Tom Kerridge: Lose Weight for Good *6/6.* The chef takes the group of dieters on a river cruise. (R) (S) (HD)

BBC RED BUTTON 8.45–10.45 Skiing Live coverage of the women's giant slalom first run in the Alpine World Ski Championships from Méribel, France

9.00 BBC News The latest headlines. (S) (HD)

BBC SPORT ONLINE 12.15–1.45pm Skiing The women's giant slalom second run from Méribel, at bbc.co.uk/sport

1.00pm Hardball Quiz with Ore Oduba. (R) (S) (HD)

BBC RED BUTTON 1.00–4.30 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

1.45 Eggheads Quiz hosted by Jeremy Vine. (R) (S) (HD)

2.15 Britain in Bloom In Goring-on-Thames. (R) (S) (HD)

2.45 Murder, Mystery and My Family: Case Closed? The story of a poultry farmer who buried his fiancée's body under a chicken run. (R) (S) (HD)

3.30 Animals with Cameras Footage of behaviour in animals who depend on the oceans. (R) (S) (HD)

4.30–5.15 Coast and Country Auctions A visit to Exeter Livestock Market. (R) (S) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Fashion, food and chat. (S) (HD)

10.00 This Morning Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Heated debates. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal The dealers head for Buxton, where Alison Chapman bids on a watch and Laurie Scully eyes a piece of furniture. (R) (S) (AD) (HD)

3.00–4.00 Lingo Duos from south Wales, London and Birmingham compete in the word game hosted by Adil Ray. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With Maggie Aderin-Pocock. (R) (S) (HD)

6.50 3rd Rock from the Sun Double bill. (R) (S) (AD)

7.40 The King of Queens Three episodes. (R) (S) (AD) (HD)

9.00 Frasier Triple bill of the comedy. (R) (S) (AD)

10.25 Undercover Boss USA With the president of a soft-drink franchise. (R) (S) (HD) **11.25 News** (S) (HD)

11.30 Sarah Beeny's New Life in the Country The property expert's new home in Somerset. (R) (S) (AD) (HD)

12.30pm Steph's Packed Lunch Weekday magazine programme hosted by Steph McGovern. (S) (HD)

2.10 Countdown Maggie Aderin-Pocock guests. (S) (HD)

3.00 A Place in the Sun A hunt for a holiday home in the seaside town of Paphos in Cyprus. (R) (S) (HD)

4.00–5.00 A New Life in the Sun Delays to renovations at a Spanish bar threaten to throw its grand opening off course. Repeated tomorrow 1.30pm 4seven (S) (HD)

BBC1 1

Dragons' Den
8.00pm Will a marketing app for musicians be music to Sara Davies's ears?

5.15pm Pointless

Quiz in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong, with co-host Alex Brooker. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show

Presented by Ronan Keating and Emma Willis. (S) (HD)

7.30 EastEnders

Eve tries to recompense her past actions. Lily makes a big decision. Sharon moves forward with her plan.

Eve Unwin	**Heather Peace**	Suki Kaur Panesar	**Balvinder Sopal**
Lily Slater	**Lillia Turner**	Karen Taylor	**Lorraine Stanley**
Jack Branning	**Scott Maslen**	Kathy Beale	**Gillian Taylforth**
Phil Mitchell	**Steve McFadden**	Ravi Gulati	**Aaron Thiara**
Whitney Dean	**Shona McGarty**	Stacey Slater	**Lacey Turner**
Sam Mitchell	**Kim Medcalf**	Patrick Trueman	**Rudolph Walker**
Bobby Beale	**Clay Milner Russell**	Keanu Taylor	**Danny Walters**
Felix Baker	**Matthew Morrison**	Kat Slater	**Jessie Wallace**
Bernadette Taylor	**Clair Norris**	Jean Slater	**Gillian Wright**
Denise Fox	**Diane Parish**	Ryan	**Neil McDermott**
Dana Monroe	**Barbara Smith**		

Writer Amy Guyler This week's episodes directed by Daikin Marsh
More cast Wednesday (S) (AD) (HD)

8.00 Dragons' Den

RT ***7/14.*** Potential investors Peter Jones, Deborah Meaden, Touker Suleyman, Sara Davies and Steven Bartlett take their seats in the Den, and a fresh batch of entrepreneurs go where many fear to tread. Tonight, mushroom snacks with an impressive crunch prove too noisy for one of the Dragons, the person behind portable toilets for kids hopes to be flushed with success, and will it be second time lucky as a sustainable-clothing entrepreneur returns? Presented by Evan Davis. **See page 98.**
Series producer Julie Grant; Exec producer Samantha Davies (S) (AD) (HD)

9.00 The Apprentice

RT ***7/12.*** The candidates are challenged to design a lunch box aimed at six- to eight-year-olds, along with an app that encourages healthy eating. For one team a clear vision helps them take a bite out of the market, while poor decisions and a lack of vision leads to dreary designs for the other group of hopefuls. In the boardroom, there's no such thing as a free lunch as one candidate is fired by Lord Sugar. *You're Fired* follows on BBC2. **See page 98.**
Director Sarah Carnie; Series producer Alice Scaysbrook (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 Question Time

Fiona Bruce chairs the topical debate, inviting a panel of politicians and other guests in Rugby, Warwickshire, to answer questions from an audience on subjects that have made the headlines over the past week. Also available live at 8pm on iPlayer.
Executive producer Nicolai Gentchev; Series editor Gerry Gay (S) (HD)
Have Your Say: tweet with #bbcqt

11.40 Would I Lie to You?

6/11. Munya Chawawa, Bob Mortimer, Professor Alice Roberts and Snoochie Shy join David Mitchell and Lee Mack to tell extraordinary personal tales of varying veracity. Hosted by Rob Brydon.
Shown last Friday (S) (HD)

12.10am Michael McIntyre's Big Show *5/6* *Series 6* At London's Theatre Royal, Drury Lane, Stacey Dooley bravely hands over her phone in Send to All, Olly Murs performs his single *Dancing on Cars*, there's a rude awakening for Alexander Armstrong in the Midnight Game Show, and there's a duet from the young Unexpected Stars of the Show. Shown Saturday 7pm (S) (HD)

1.10 Weather for the Week Ahead (S) (HD)

1.15–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Marie Antoinette
9.00pm Swedish noble Count Fersen picks his moment to re-enter the queen's torrid life

5.15pm Flog It!

Paul Martin talks to playwright James Graham about the legacy of Hull's year as the UK's City of Culture in 2017, while Caroline Hawley and David Harper hunt for collectables to take to auction. (R) (S) (HD)

6.00 Richard Osman's House of Games

Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee test their general knowledge. (R) (S) (HD)

6.30 Rick Stein's Cornwall

4/10 *Series 3.* Rick glimpses life in Cornwall 2,000 years ago as he explores the ruins of the village of Carn Euny. He also cooks a steak-and-kidney pudding before taking a ride on a hand-built boat. (S) (AD) (HD)

7.00 Inside the Factory

Gregg Wallace visits a Northamptonshire factory to follow the making of a pair of heritage brand Dr Martens 1460 boots. With Cherry Healey. (R) (S) (AD) (HD)

BBC RED BUTTON 7.00–11.00 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

8.00 Great British Menu

The two highest-scoring chefs from Wales cook their six-course menus again. Joining the judging panel of Tom Kerridge, Nisha Katona and Ed Gamble this week is TV presenter Gethin Jones, who spent his formative broadcasting years at Welsh-language channel S4C before moving on to *Blue Peter* and beyond. Welshman Mike Young, the creator of *SuperTed*, also pops into the kitchen to review the food. (S) (HD)

9.00 Marie Antoinette

RT ***8/8.*** **Queen of Hearts.** Louis supports the rebel colonies in America against France's old enemy, England, despite misgivings at court. Though still with no son, Marie moves to the Petite Trianon, where life is less formal. Then a face from the past, Swedish noble Count Fersen, arrives, complicating matters. The whole series is on iPlayer. **See page 99.**

Marie Antoinette	**Emilia Schüle**	Joséphine	**Roxane Duran**
Louis XVI	**Louis Cunningham**	Mercy	**Nathan Willcocks**
Provence	**Jack Archer**	Madame de Noailles	**Laura Benson**
Princess de Lamballe	**Jasmine Blackborow**	Joseph II d'Autriche	**Jonas Bloquet**
Empress Maria Teresa	**Marthe Keller**	Saint-Georges	**Yoli Fuller**
Adelaïde de France	**Crystal Shepherd-Cross**	Yolande	**Liah O'Prey**
Victoire de France	**Caroline Piette**	Maurepas	**Paul Bandey**
Duc de Chartres	**Oscar Lesage**	Jules Comte de Polignac	**Thomas Alden**
Axel de Fersen	**Martijn Lakemeier**	Comte de Vaudreuil	**Paul Spera**
Young Marie Antoinette	**Charlotte Angel**	Benjamin Franklin	**Saul Jephcott**
		Stormont	**Peter Hudson**
		Général Rochambeau	**Julien Vialon**

Writer Deborah Davis; Director Geoffrey Enthoven (S) (AD) (HD)

9.50 *New series.* QI XS Sandi Toksvig hosts classic clips from *QI* where things seem to be out of control.
Directors Ian Lorimer, Ben Hardy and Diccon Ramsay
Executive producer John Lloyd (S) (HD)

10.00 The Apprentice: You're Fired

Tom Allen interviews the show's freshly rejected candidate. Studio guests also discuss their views.
Executive producer Amanda Sangorski (S) (HD)

10.30 Newsnight With Mark Urban. (S) (HD)

11.10 Weather (S) (HD)

11.15 The Warship: Tour of Duty

4/6. HMS *Queen Elizabeth* continues her journey to the South China Sea, but she's not allowed to come ashore due to Covid on board. Shown Sun 9pm (S) (AD) (HD)

12.15am Surgeons: at the Edge of Life *5/6* *Series 5.* At Addenbrooke's, a 17-year-old has surgery to correct a curved spine. **See choice, page 88.** Shown yesterday 9pm (S) (AD) (HD)

1.15–3.00am Sign Zone 1.15 The Travelling Auctioneers Helping a mother and daughter in Leicestershire. (R) (S) (HD)

2.00 The Warship: Tour of Duty *2/6.* HMS *Queen Elizabeth* runs the gauntlet of hostile Russian warships. (R) (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Cold Case Forensics *9.00pm* The story behind the science which brought justice for Stephen Lawrence

4.00pm Tipping Point
Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

5.00 The Chase
Bradley Walsh hosts as Adana, Abbie, Paul and Peter face one of the fearsome Chasers. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
Cain feasts on Will's despair. Marcus returns from a failed date with Ethan. A grieving Vinny raises an emotional toast to Liv's 21st birthday.

Cain Dingle	**Jeff Hordley**	Chas Dingle	**Lucy Pargeter**
Will Taylor	**Dean Andrews**	Chloe Harris	**Jessie Elland**
Marcus Dean	**Darcy Grey**	Dan Spencer	**Liam Fox**
Ethan Anderson	**Emile John**	David Metcalfe	**Matthew Wolfenden**
Vinny Dingle	**Bradley Johnson**	Dawn Fletcher	**Olivia Bromley**
Amy Wyatt	**Natalie Ann Jamieson**	Eric Pollard	**Christopher Chittell**
Bear Wolf	**Joshua Richards**	Gabby Thomas	**Rosie Bentham**
Belle Dingle	**Eden Taylor-Draper**	Jacob Gallagher	**Joe-Warren Plant**
Bernice Blackstock	**Samantha Giles**	Jai Sharma	**Christopher Bisson**
Billy Fletcher	**Jay Kontzle**	Jimmy King	**Nick Miles**
Bob Hope	**Tony Audenshaw**	Kerry Wyatt	**Laura Norton**
Brenda Walker	**Lesley Dunlop**	Kim Tate	**Claire King**
Caleb Miligan	**William Ash**	Laurel Thomas	**Charlotte Bellamy**
Charity Dingle	**Emma Atkins**	Leyla Cavanagh	**Roxy Shahidi**
Charles Anderson	**Kevin Mathurin**		

Writer Isobel Cameron More cast Friday (S) (AD) (HD)

8.30 Immigration: Where Are We Now? Tonight
Following the government's recent pledge to "stop the small boats", Adil Ray explores our attitude towards asylum seekers and asks: what is Britain's problem with immigration?
Producer Lorna Hartnett (S) (HD)
NOTE: as *Tonight* reacts to the news its subject matter may change

9.00 Cold Case Forensics: the Murder of Stephen Lawrence
RT ***3/3.*** For more than a decade, the racist killing of Stephen Lawrence in south-east London in April 1993 remained unsolved after a string of failures by police, until top forensic scientist Dr Angela Gallop and her team were brought in to look again at the evidence. In this programme, she and her forensics colleagues, alongside lead detective Clive Driscoll and the Lawrence family's lawyer Imran Khan, explain how a case that shocked the nation was finally successfully brought to trial. **See page 99.**
Series director Matthew Tune
Series producer Greg Lewis (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Next Level Chef
6/8. It's fusion week as Big Zuu joins Gordon Ramsay, Nyesha Arrington and Paul Ainsworth to challenge the contestants to create a dish that fuses the tastes of two different cuisines.
Shown yesterday 9pm (S) (AD) (HD)

11.40 The Family Pile
5/6. **The Golden Child.** Yvette's son arrives to claim what's his, but Gaynor plans to fight him for it. The whole series is available on ITVX.
Shown Tuesday 9.30pm (S) (AD) (HD)

12.10am All Elite Wrestling: Rampage Hard-hitting action from the USA. Shown Tuesday 11.45pm ITV4 (S) (HD)
1.05 Home Shopping (HD)
3.00 Maternal ***5/6.*** Maryam reveals her true feelings. **See choice, page 69.** Shown Monday 9pm (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am Bling With Gok Wan. (R) (S) (SL) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 (7 in Wales)

Prue and Danny's Death Road Trip *9.00pm* Mother and son learn about assisted dying in the US and Canada

5.00pm Four in a Bed
The B&B owners meet for the last time. (S) (HD)

5.30 Come Dine with Me
At the fourth party in Cardiff, theatre designer Ashley delivers a night of 1970s nostalgia. (S) (HD)

6.00 The Simpsons
The Great Money Caper. Homer and Bart resort to street magic to raise some cash. (R) (S) (AD)

6.30 Hollyoaks
Nana McQueen returns to a family in disarray.

Nana McQueen	**Diane Langton**	James Nightingale	**Gregory Finnegan**
Damon Kinsella	**Jacob Roberts**	Joel Dexter	**Rory Douglas-Speed**
Darren Osborne	**Ashley Taylor Dawson**	John Paul McQueen	**James Sutton**
Dave Chen-Williams	**Dominic Power**	Juliet Nightingale	**Niamh Blackshaw**
Donna-Marie Quinn	**Lucy-Jo Hudson**	Leela Lomax	**Kirsty-Leigh Porter**
Ethan Williams	**Matthew James-Bailey**	Lizzie Chen-Williams	**Lily Best**
Felix Westwood	**Richard Blackwood**	Mason Chen-Williams	**Frank Kauer**
Goldie McQueen	**Chelsee Healey**	Matthew-Jesus McQueen	**Matthew Clohessy**
Honour Chen-Williams	**Vera Chok**	Prison contractor	**Katy Federman**
Hunter McQueen	**Theo Graham**		
Jack Osborne	**James McKenna**		

Writer Steve Hughes More cast tomorrow Shown Wed 7pm E4
Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 The Dog House
RT ***Ep 7*** *Series 4.* There's a storm brewing when Hurricane the husky meets excitable lurcher puppy Peaches. Meanwhile, lively Jack Russell Rosie loves chasing butterflies and cats – and now she's after ten-year-old Mitchell. The next episode will be available on All 4 after tonight's edition is shown. **See page 98.**
Series director Jordan Malloy
Series producer Katie Brimblecombe (S) (AD) (HD)

9.00 Prue and Danny's Death Road Trip
RT Prue Leith supports assisted dying, while her son Danny Kruger MP is against it. The pair travel across the US and Canada, where assisted dying is legal, to meet people on both sides of the argument. They visit a doctor on Vancouver Island who has already helped more than 300 people to die, while another medic explains why she believes that the Canadian legislation has gone too far. Will the different experiences they hear about prompt Prue and Danny to change their minds? **See page 98.**
Director/Producer Anabelle Marshall (S) (AD) (HD)
See feature: page 30

10.00 In the Footsteps of Killers
Ep 6 *Series 2.* Emilia Fox, Professor David Wilson and Dr Graham Hill investigate the case of 52-year-old Trevaline Evans, who disappeared in Llangollen in 1990. The whole series is on All 4.
Director/Producer Marcus English
Repeated tomorrow 1.10am 4seven (S) (AD) (HD)

11.05 999: on the Front Line
Two paramedic crews in the West Midlands rush to attend a man who is said to be not breathing, but there is a surprise in store when they arrive.
Series producer Graeme Thomson
Executive producer Claire Simpson (R) (S) (HD)

12.05am Ramsay's Kitchen Nightmares USA Helping a struggling restaurant in Brooklyn. (R) (S) (SL) (HD)
12.55 Couples Come Dine with Me German food and an Indian feast are served up in Manchester. (R) (S) (HD)
1.50 Food Unwrapped Does Chocolate A look back at some chocolate-based investigations. (R) (S) (AD) (HD)
2.40 Come Dine with Me Five dinner parties from in and around Brighton. (R) (S) (AD) (HD)
4.50 Jamie: Keep Cooking and Carry On How to make pizza, and beef and oxtail stew. (R) (S) (SL) (AD) (HD)
5.15–6.10am Location, Location, Location Property searches in Glasgow and the Thames Valley. (R) (S) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 (24 in Scotland)

The Man Who Knew Infinity *11.00pm* Dev Patel stars as maths genius Srinivasa Ramanujan

7.00pm Great British Railway Journeys
7/15 *Series 9.* **Pontyclun to Ebbw Vale Town.** Michael Portillo visits the Royal Mint in Llantrisant and then makes the short trip to Cardiff Arms Park, scene of the first Welsh victory over the All Blacks back in 1905. In Cardiff Bay, Michael discovers the departure point for Scott's ill-fated voyage to the Antarctic.
Repeated 1.40am (R) (S) (AD) (HD)

7.30 The Joy of Painting
American artist Bob Ross paints a beautiful monochromatic scene with delicate leafless trees and a rich grassy meadow surrounding a small cottage.
Repeated 2.10am (R) (S)

8.00 Queen Victoria's Letters: a Monarch Unveiled
1/2. Examining the first half of Queen Victoria's life through personal journals and unpublished letters – extracts from which are read here by actress Anna Chancellor – biographer AN Wilson goes in search of a monarch too often misunderstood as the black-clad matron.
Director Ian Denyer; Producer Susie Attwood
Repeated 2.40am (R) (S) (AD) (HD)

9.00 Dark Waters ★★★★
Drama based on a true story. Corporate defence lawyer Robert Bilott is approached with evidence that seems to link the DuPont chemical corporation to a spate of farm animal deaths. As the case builds, Bilott's job becomes ever tougher. But with the revelation that human lives are at stake, too, his resolve only grows. Available on iPlayer for 28 days. **Review p85.**

Robert Bilott	**Mark Ruffalo**
Sarah Barlage Bilott	**Anne Hathaway**
Tom Terp	**Tim Robbins**
Harry Dietzler	**Bill Pullman**
Wilbur Tennant	**Bill Camp**
Phil Donnelly	**Victor Garber**

Director Todd Haynes (2019, 12) (S) (W) (HD)
Shown Tuesday 11.15pm BBC2

11.00 The Man Who Knew Infinity ★★★
Biographical drama. In early 20th century Madras, labourer Srinivasa Ramanujan proves himself adept at complex mathematics. Sent off to the University of Cambridge, he studies under the renowned GH Hardy, who initially struggles to understand the prejudice faced by Ramanujan. However, the two soon develop a close friendship. Available on iPlayer for 26 days. **Review p65.**

Srinivasa Ramanujan	**Dev Patel**
GH Hardy	**Jeremy Irons**
Littlewood	**Toby Jones**
Sir Francis Spring	**Stephen Fry**
Bertrand Russell	**Jeremy Northam**
Major McMahon	**Kevin McNally**

Director Matthew Brown (2015, 12) (S) (W) (HD)
Shown Sunday 11.50pm BBC2

12.40am Around the World in 80 Treasures ***8/10.*** In Egypt, Dan Cruickshank survives a power cut inside the Great Pyramid. (R) (S) (HD)
1.40 Great British Railway Journeys Shown 7pm (S) (AD) (HD)
2.10 The Joy of Painting Shown 7.30pm (S)
2.40–3.40am Queen Victoria's Letters: a Monarch Unveiled Shown 8pm (S) (SL) (AD) (HD)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

THURSDAY Television

BBC1 SCOTLAND
6.30–7.00pm Reporting Scotland; Party Political Broadcast: by the Scottish National Party

BBC SCOTLAND
7.00pm Great Escapes with Colin and Justin **7.25** Beechgrove Repotted **7.30** Scotland's Greatest Escape **8.00** The Adventure Show **8.30** Eat the Town: activities in Dumfries **9.00** The Nine **10.00** Scot Squad **10.30** The Ideal Scotsman **11.30–12 midnight** Loop

STV
6.00–6.30pm STV News and Weather **6.25** Party Political Broadcast: by the Scottish National Party **8.30–9.00** Scotland Tonight **10.45** Immigration: Where Are We Now? – Tonight **11.40** Next Level Chef **12.15–3.00am** Home Shopping **3.50–5.05** Night Vision

ITV1 BORDER SCOTLAND
6.00pm Lookaround **6.25–6.30** Party Political Broadcast: by the Scottish National Party

BBC1 WALES
10.00–10.30am 24/7 Pet Hospital

BBC2 WALES
1.00–4.30pm Snooker: Welsh Open **7.00–8.00** Snooker **11.15** Snooker **12 midnight–12.15am** Planet Earth: a Tale of Three Bears

BBC1 NORTHERN IRELAND
10.40pm Race to Disaster – the Ards TT: the story of the Ards TT, once one of the world's greatest motor races **11.20** Question Time: from Rugby **12.20am** Would I Lie to You? **12.55** Michael McIntyre's Big Show: with Stacey Dooley, Olly Murs and Alexander Armstrong **1.55–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm The Ulster Rugby Show **11.15** The Apprentice: You're Fired **11.45** The Warship: Tour of Duty **12.45–1.15am** BBC News

UTV
8.30–9.00pm Rare Breed: a Farming Year **10.45** Immigration: Where Are We Now? Tonight **11.10–11.40** Keepers of the Lough: on Strangford Lough, brent geese are counted

Channel 5 listings are overleaf

THURSDAY Freeview

Channel 5 [5]

Build Your Dream Home in the Country *8.00pm* A Somerset home

5.35am Milkshake! See page 104
9.15 *New.* Jeremy Vine (S) (HD)
12.45pm George Clarke's Build a New Life in the Country A move to the Pembrokeshire coast. (S) (HD) **1.40 5 News** (S) (HD)
1.45 Home and Away Stacey is rattled by Xander. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 Mystery 101: Words Can Kill Thriller starring Jill Wagner. When a guest at the college book festival is found dead, Travis chooses an unlikely suspect to arrest. (S) (HD)
4.00 Bargain-Loving Brits in the Sun Wayne, a one-man Beatles tribute act, performs on the Costa del Sol. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Our Yorkshire Farm Amanda and her youngest children video the family's daily challenges during the coronavirus pandemic. (S) (HD)
6.55 5 News Update (S)
7.00 Nick Knowles's New Year Clearout *2/6.* The team helps a Nottingham family who have outgrown the home they love, and the daughters point the finger of blame at their mother for the clutter. Series producer Charlotte Dawes (S) (HD)
7.55 5 News Update (S)
8.00 *New.* Build Your Dream Home in the Country *7/20.* Mark Millar helps a family build a home inspired by beautiful traditional barns and made of sustainable British oak in open Somerset countryside. Executive producer John Silver (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 *New.* The Great Stink of 1858 *1/2.* **Contagion.** Xand van Tulleken reveals how London was overwhelmed by a terrible smell in the 19th century, caused by thousands of gallons of raw sewage. Continues tomorrow at 9pm. Directors/Producers Gemma Singleton and Sam Bailey (S) (HD)
10.00 Million Pound Motorhomes *6/10 Series 3.* Bradford couple Denise and Liam head to Wraysbury Dive Centre for a group scuba dive, but their day out doesn't go to plan. TV presenter Fern Britton gets behind the wheel of a vintage VW camper van for a trip in Cornwall. Directors/Producers Ben Algar, Pete Jones and Selina Tso (S) (HD)
11.05 Motorway Cops: Catching Britain's Speeders *4/10 Series 3.* On the M56, PC Rowan Burt is after a driver who has unpaid speeding fines, but there's a big surprise in store. Near Chester, reports come in of loose wheelbarrows on a dual carriageway. Director/Producer Jo Conchie (S) (HD)
12.05am 999: Criminals Caught on Camera (S) (HD) **1.00 *New.*** Casino (S) (HD) **3.00** Entertainment News (S) (HD) **3.05** Around the World by Train with Tony Robinson (S) (HD) **3.55** Get Your Tatts Out: Kavos Ink (S) (SL) (HD) **4.40** Great Artists (S) (SL)
5.10–5.35am House Doctor (S) (SL) (HD)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

Tonight with Target *10.00pm* DJ Target presents international talent

7.00pm Zen Motoring *4/6.* Ogmios explores life as a scooter boy. More tomorrow 7pm. (S) (HD)
7.10 Yianni: Supercar Customiser *7/20 Series 1.* Yianni is challenged to customise the ex-Man City and Arsenal defender Bacary Sagna's sportscar. (S) (HD)
7.35 *8/20.* Yianni transforms a yellow Ferrari 488 into the perfectly wrapped race car. More tomorrow 7.10pm. (S) (HD)
Followed by ***New.* The Catch Up** (S) (HD)
8.00 Glow Up: Britain's Next Make-Up Star *4/8 Series 2.* This week's guest judge, leading make-up artist Andrew Gallimore, thrusts the contestants into the glossy world of fashion editorials with an assignment for gay magazine *Attitude*. (S) (HD)
9.00 Life and Death Row *1/3.* A look at capital punishment through the eyes of young people whose lives have been shaped by it. (S) (AD) (HD)
10.00 *New.* Tonight with Target *2/6 Series 2.* Big Shaq helps the host cast a satirical eye over the week's news stories. Series 1 is on iPlayer. (S) (HD)
10.45 Virgil Abloh: How to Be Both Exploring the life of the designer. (S) (HD)
11.40 Bad Education *5/6 Series 4.* **Glow Up.** Class K and Stephen give Mitchell a makeover. (S) (AD) (HD)
12.10am Charlotte in Sunderland (S) (HD) **1.10** as 10pm **1.55** as 10.45pm **2.50–3.50am** Life and Death Row (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)
6.00pm Celebrity Catchphrase Stephen Mulhern welcomes Bonnie Langford, Aston Merrygold and Liza Tarbuck. (S) (AD) (HD)
7.00 Ninja Warrior UK Ben Shephard, Rochelle Humes and Chris Kamara host the eliminator round. (S) (AD) (HD)
8.00 Superstore *3/22 Series 4.* Kelly asks to be transferred to a different store, while Amy and Jonah pretend to fight to keep their relationship a secret. (S) (AD) (HD)
8.30 *4/22.* Amy and Mateo play dirty to win the store's costume contest. (S) (AD) (HD)
9.00 *New.* Love Island The fifth week continues with the single people living like celebrities in the villa. (S) (HD)
10.05 The Emily Atack Show Emily takes a comedic look at wellness. (S) (HD)
10.50 Family Guy *Series 16.* Peter and the gang are forced to join the United States Coast Guard after being caught pretending to be military veterans. (S) (AD) (HD)
11.20 In a special anthology episode, the story of Peter getting fired is told. (S) (AD) (HD)
11.50 American Dad! *Series 2.* Francine dreams of destroying George Clooney. (S) (AD)
12.20am Francine opens a muffin shop. (S) (AD)
12.50 Superstore (S) (AD) (HD) **1.45** Hey Tracey! (S) (HD) **2.40–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Vera *8.00pm* The detective looks into the death of a forensic psychologist

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: ***11/14*** *Series 3 A Higher Duty.* A rugby match ends in chaos Repeated 12.05am; **9.45** ***12/14.*** *Runaway.* Ruth plans to leave Skelthwaite Repeated 1.05am (S) (AD) **10.55** Heartbeat: ***15/15.*** A kidnapping case takes an unexpected turn; **12.05pm** ***1/17*** Greengrass works as a lollipop man (S) (AD)
1.15pm Classic Emmerdale: double bill. The Tate household comes under increasing pressure, then Diane prepares for a girls' night out with Frances (S) **2.15** Classic Coronation Street: double bill. Roy takes issue with Fred's re-enactment plans, then Todd's patience with Sarah wears thin (S) (AD) **3.20** Maigret: ***6/6*** *Series 1. Maigret Sets a Trap.* A killer terrorises the women of Montmartre; **4.30** ***1/6*** *Series 2 Maigret and the Night Club Dancer.* An exotic dancer reports overhearing a murder plot in the club where she works (S) (AD)
5.40pm Heartbeat *2/17 Series 6.* Jo gets caught up in a row when she disrupts the local hunt. (S) (AD)
6.50 *3/17.* A man begins receiving nuisance calls after a mysterious stranger moves into the village. (S) (AD)
8.00 Vera *1/4 Series 9.* **Blind Spot.** When the body of Joanne Caswell, a newly qualified forensic psychologist, is discovered on a landfill site far from her home, DCI Vera Stanhope focuses on Joanne's own caseload in the hope of uncovering the truth and identifying the killer. (S) (AD) (HD)
10.00 Grantchester *3/6 Series 2.* Theo tells Sidney he has killed his landlord but the alleged victim, Eric, turns out to be alive. Hours later, Eric is actually killed in a hit-and-run. (S) (AD) (HD)
11.00 *4/6.* Sidney is summoned to perform an exorcism at the home of a stable owner – but with one of his parishioners facing trial for murder, he is torn between duty, loyalty and his conscience. (S) (AD) (HD)
12.05am Where the Heart Is Shown 8.35/9.45am (S) (AD) **2.20–2.30am** Unwind (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am The Saint (S) **7.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **8.00** Magnum, PI (S) (AD) (HD) **9.05** The Sweeney (S) **10.10** Minder (S) (AD) **11.20** The Saint (S)
12.30pm The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.35** The Motorbike Show (S) (HD) **2.35** River Monsters (S) (HD) **3.05** Minder (S) (AD) **4.15** World of Sport (S) (HD)
4.25pm LIVE International Football Laura Woods presents coverage of Italy v Belgium, the opening match of the Arnold Clark Cup, a women's round-robin tournament, from Stadium MK (kick-off **4.45**). (S) (HD)
6.45 Hot Shots A selection of shots from ITV Sport's snooker coverage. (S) (HD)
7.00 LIVE International Football England v Korea Republic, both teams' opening match of the Arnold Clark Cup, the women's round-robin tournament, held at Stadium MK (kick-off **7.45**). (S) (HD)
10.00 *New.* All Elite Wrestling: Dynamite Action including Jon Moxley, Chris Jericho, Bryan Danielson and Claudio Castagnoli. (S) (HD)
12.05am The Sweeney (S) **1.15** The Memoirs of Sherlock Holmes (S) (AD) (HD) **2.20** The Protectors (S) **2.50–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

Judge John Deed *8.00pm* Deed risks causing a constitutional crisis

7.20am Pie in the Sky: ***9/10*** *Series 1.* A murder investigation is reopened (S) **8.10** The Bill: Hollis is kidnapped **9.10** Classic Holby City: Frieda has her life back on track (S) (HD) **10.35** Classic Casualty: Connie befriends cancer patient Maggie (HD) **11.40** The Bill: Taverner tries to trace Reg Hollis
12.40pm Classic EastEnders: double bill. Sharon is shocked by Sadie's latest revelation, then Janine has a surprise visitor **2.00** Howards' Way: ***8/13*** *Series 3.* Charles blackmails Hanson (S) **3.10** Pie in the Sky: ***2/8*** *Series 5.* Crabbe's team protects a jury (S) **4.10** Peak Practice: ***4/13*** *Series 2* A patient's employer causes problems for Jack **5.20** As Time Goes By: ***2/6*** *Series 8* Judith's old flame asks Sandy for a date (S)
6.00pm Keeping Up Appearances ***1/6*** *Series 1.* Daddy has an accident. (S)
6.40 To the Manor Born ***6/7*** *Series 1.* **The Grape Vine.** Audrey takes a holiday, but frets about leaving Grantleigh Manor in DeVere's hands. (S)
7.20 Last of the Summer Wine *Series 6.* **One of the Last Few Places Unexplored by Man.** Compo tries to infiltrate Nora Batty's bedroom. (S)
8.00 Judge John Deed *3/4 Series 6.* **Evidence of Harm 1/2** The judge attempts to secure justice for a soldier's family. (S) (AD) (HD)
9.00 *4/4.* **Evidence of Harm 2/2.** Deed makes more sinister findings. (S) (AD) (HD)
10.00 New Tricks *5/8 Series 2.* **Creative Problem Solving** Jack investigates a jewel theft. (S) (AD)
11.20 Clocking Off *1/8 Series 3.* **Franny's Story.** Franny is shaken by his sister's suicide. (S)
12.35am Bad Girls: ***11/16*** *Series 5* Snowball's suicide lands Fenner in trouble (S) **1.45** Lovejoy: ***9/12*** *Series 2.* A corpse is found in a suit of armour (S) **2.50–4.00am** Passport to Freedom: ***1/8.*** Wartime drama about a clerk at the Brazilian Consulate during the Second World War (S) (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am The Real Housewives of Cheshire: the Housewives reunite (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe (HD)
12 noon *New.* Sugar Showdown First shown on Sky (S) (HD) **12.20pm** The Real Housewives of New York City (S) (HD) **1.15** The Real Housewives of Cheshire (S) (AD) (HD) **2.15** The Only Way Is Essex (S) (HD) **3.10** Million Dollar Listing: LA (S) (HD) **4.10** The Real Housewives of Atlanta: the ladies bond (S) (HD) **5.00** The Real Housewives of New York City (S) (HD)
6.00pm Making It Home with Kortney and Kenny Transforming a colonial house. (S) (HD)
7.00 Buying and Selling A recent widow searches for a smaller property. (S) (HD)
8.00 Dinner Date Sheffield man Jamie looks for love through food. (S) (AD) (HD)
9.00 Emergency Nurses: A&E Stories Senior sister Heather runs the helicopter shift and intercepts a walk-in stroke patient. (S) (HD)
10.00 Real Housewives and the Menopause Plans for Seema's #HotMess menopause event are well under way. (S) (HD)
11.00 Botched Terry tries to help a male rapper in need of a breast reduction. (S) (AD) (HD)
12 midnight–1.00am The Only Way Is Essex (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

Interested in **equity release?** Find out more with **Paul Lewis's FREE guide**

See **p155** for details

More4 18

Grand Designs: Living in the City *7.55pm* Kevin McCloud goes urban

8.55am Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill (AD) **1.10pm** Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)

6.55pm Escape to the Château Dick and Angel take on their next project, transforming a 35-foot long, eight-ton river boat into luxury guest accommodation. (AD)

7.55 Grand Designs: Living in the City Kevin McCloud looks at the challenges of building a home in the city, where space is at a premium and design ingenuity is vital. (AD)

9.00 24 Hours in A&E Kevin, who's 78, arrives at King's after suffering a cardiac arrest while exercising at the gym. Fortunately gym instructor Jeff was trained to use a portable defibrillator and saved his life. (AD)

10.00 999: What's Your Emergency? Filmed with South Yorkshire Police, this episode reveals the realities of excessive home drinking. Officers investigate a house party that's become a concern for neighbours as a family gathering spills out into the street and gets out of control. (AD)

11.05 Shocking Emergency Calls A trip to the Cincinnati Zoo turns into chaos and horror as a three-year-old falls into the enclosure of Harambe, the silverback gorilla. (AD)

12.05am 24 Hours in A&E (AD) **1.10** Eight out of Ten Cats Does Countdown **2.15** 24 Hours in A&E (AD) **3.20–3.45am** A Place in the Sun

More4 **F'view** 18 **F'sat** 124 **Sky** 136 **Virgin** 147
+1 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

6.00am Hollyoaks Shown Tue/Wed 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family

12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory: two episodes (AD)

6.00pm The Big Bang Theory ***5/24*** *Series 12* Raj and Howard clash at the planetarium. (AD)

6.30 ***6/24.*** Howard causes trouble. (AD)

7.00 ***New.*** **Hollyoaks** Diane distances herself from Beau. Cast pp101/111 Rptd Fri 6.30pm C4 (AD)

7.30 Come Dine with Me Mum of four Lisa serves a back-to-basics menu in Gloucestershire.

8.00 ***New.*** **Below Deck: Mediterranean** Natasha and Dave deal with the fallout from the Around the World dinner. (AD)

9.00 Gogglebox An edition from October 2022 featuring *I Can See Your Voice*, *Emmerdale* and *Strictly Come Dancing*. (AD)

10.00 Naked Attraction Seventy-five-year-old naturist Ian looks for his perfect partner. (AD)

11.05 First Dates An aspiring Paralympian goes on a date with a former footballer. (AD)

12.10am Gogglebox (SL) (AD) **1.15** Rick and Morty (AD) **1.45** Smiling Friends (AD) **2.00** ***New.*** YOLO: Silver Destiny **2.15** as 8pm **3.05** Naked Attraction (AD) **4.00** Ramsay's Kitchen Nightmares USA (SL) **4.50–6.00am** The Goldbergs (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 **Virgin** 106
+1 **Freeview** 30 **Freesat** 123 **Sky** 235 **Virgin** 146
E4 Extra **Freeview** 31 **Freesat** 181 **Sky** 138 **Virgin** 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun: Home or Away **2.00** Animal Cops Houston (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00** ***New.*** Paranormal: Caught on Camera **10.00** ***New.*** Kindred Spirits **11.00** Ghost Adventures (AD) **12 midnight** Ghost Nation **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00–6.00am** Animal Cops Houston (AD)

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

Dr Jack and Mr Nicholson *9.00pm* The career of the Oscar-winning actor

6.00am Andrea Bocelli: the Journey **7.00** The Conductor **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Richard Attenborough

12 noon Tate Britain's Great Art Walks **1.00pm** Tales of the Unexpected **2.00** The Art of the Garden **3.00** Landscape Artist of the Year 2017 **4.00** Discovering: John Hurt **5.00** Tales of the Unexpected: double bill

6.00pm Alfred Hitchcock Presents A man on parole tries to help a troubled boy.

6.30 A man is fired from his job at a museum.

7.00 Landscape Artist of the Year Joan Bakewell and Stephen Mangan present as the painters head to Strangford Lough. (AD)

8.00 Discovering: Dirk Bogarde Movie critics reflect on the career of the actor, known for his roles in dark films such as *Victim*, *Death in Venice* and *The Night Porter*.

9.00 Dr Jack and Mr Nicholson A profile of Oscar-winning actor Jack Nicholson, who shot to fame after his role in *Easy Rider*. (AD)

10.00 The Movies The journey through American cinema continues into the 1980s.

11.00 ***New.*** **The Directors** The life and work of American director David Fincher, whose films include *Alien*[3], *Seven* and *Gone Girl*.

12 midnight Willie Nelson and Wynton Marsalis: Live at the Lincoln Center, New York **1.15am** Johnny Cash Live at Montreux **2.45** Camille Pissarro: the Father of Impressionism **4.00** A Play in a Day **5.00** Diana Ross and the Supremes: Music Icons **5.30–6.00am** Video Killed the Radio Star

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: five editions **11.30** A Place in the Sun: double bill

1.30pm A New Life in the Sun **2.30** Come Dine with Me (AD) **5.00** A Place in the Sun

6.00pm Sarah Beeny's New Life in the Country The family tests out whether they have enough space for a glamping site. (AD)

7.00 World's Most Secret Hotels ***3/6*** Unique and unusual hotels in the USA, Finland, Canada and Scotland. Shown Sun 6.45pm C4 (AD)

8.00 Kirstie and Phil's Love It or List It ***Ep 7*** *Series 8.* Kirstie Allsopp catches up with Catherine and Nigel in Larne, Northern Ireland. Shown yesterday 8pm Channel 4 (AD)

9.00 FILM Infinite ★★ Sci-fi action drama starring Mark Wahlberg and Chiwetel Ejiofor. Diagnosed with schizophrenia, Evan McCauley believes the hallucinations that plague him are merely symptoms of the condition. However, when he is pulled in for interrogation, he learns they are actually visions of his past lives. **Review p55.** Shown Saturday 9pm C4 (AD)

11.05 SAS: Who Dares Wins – Jungle Hell ***Ep 4*** *Series 8.* The 11 recruits must tackle a hostage rescue mission. Shown Mon 9pm C4 (AD)

12.05am 24 Hours in A&E (AD) **1.10** Gogglebox (AD) **2.15** Celebrity Gogglebox (AD) **3.20** The Piano (AD) **4.15–4.45am** Travel Man: 48 Hours in Split (AD)

4seven **Freeview** 49 **Freesat** 127 **Sky** 137 **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** Three Men Four Wheels **1.00pm** The Repair Shop **2.00** Love Your Garden **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** ***New.*** Fifth Gear Recharged **10.00** Richard Hammond's Workshop **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Three Men Four Wheels **4.00–5.00** ***New.*** Snooker

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 169
+1 **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 213

Yesterday 27

Bangers and Cash *8.00pm* The team assesses a Vanden Plas Princess

6.00am Warbird Workshop **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird: a Nazi anti-gravity device **11.00** Canals: the Making of a Nation

12 noon Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird

6.00pm Great British Railway Journeys Michael Portillo drives a 100-year-old vehicle.

6.30 Michael Portillo celebrates Victorian trading skills with the Preston Guild.

7.00 Canals: the Making of a Nation Liz McIvor explores how "canal mania" helped develop Britain's modern financial economy.

7.30 The story of the Manchester Ship Canal.

8.00 ***New.*** **Bangers and Cash** ***Ep 4*** *Series 7* One hundred motorbikes come in for auction from every era of the 20th century. (AD)

9.00 Hornby: a Model World Paramjit works on a Buccaneer fighter jet in 1:48 scale. (AD)

10.00 Bangers and Cash Actor Cliff Parisi drops off his Bedford CA camper van. (AD)

11.00 Abandoned Engineering Exploring a British fort that became a bizarre zoo. (AD)

12 midnight Great British Railway Journeys **1.00am** Scouting for Toys: a set of toy theatres (AD) **2.00–3.00am** Warbird Workshop

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129
+1 **Freeview** 74 **Sky** 255 **Virgin** 217

Dave 19

7.10am Road to Riches **8.00** Fast Justice **9.00** Cops on the Rock: customs officers find sea hash (AD) **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Secret France (AD)

12 noon Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear (AD) **4.00** ***New.*** Survivor South Africa: the Amigos make a move. (AD) **5.00** QI XL

6.00pm Taskmaster ***1/10*** *Series 8.* Iain Stirling, Joe Thomas, Lou Sanders, Paul Sinha and Sian Gibson compete.

7.00 Richard Osman's House of Games With Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee.

7.40 Room 101 With Heston Blumenthal, Kirsty Wark and James Acaster.

8.20 Would I Lie to You? Guests include Adrian Edmondson and Cariad Lloyd.

9.00 QI XL With guest panellists Josh Widdicombe, Rich Hall and Susan Calman.

10.00 Late Night Mash Topical insights.

11.00 Taskmaster ***3/10*** *Series 9.* David Baddiel steers some heavy machinery.

12 midnight Mock the Week **12.40am** QI **1.20** Meet the Richardsons **2.00** Dead Canny (AD) **2.40** The Misadventures of Romesh Ranganathan (AD) **3.30–4.00am** Beat the Internet with John Robins

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (Wales 112) **Virgin HD** 127
Dave Ja Vu **Freeview** 57 **Sky** 211 (Wales 212) **Virgin** 131

London Live 8

6.00am Roswell Conspiracies **6.30** Dork Hunters **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** Secrets of London **10.00** My Greek Odyssey **11.00** Plane Crash Re-created

12 noon The Most Dangerous Ways to School **1.00pm FILM** How to Succeed in Business without Really Trying ★★★★ **3.25 FILM** The King and Four Queens ★★ **5.00** Shine On Harvey Moon **6.00** London Live News **7.00** Dear John **7.45** Secrets of London **8.00** Never the Twain **8.30** The Brothers McGregor **9.00 FILM** Small City ★★ **10.35 FILM** Dracula ★★★ **12.35am** The Comic Strip Presents… **1.20** London Districts **1.45** The Escape Artist **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS: three episodes **12 noon** Law & Order: four episodes **3.55pm** Entertainment News **4.00** Law & Order **6.00pm** NCIS *Series 4.* A petty officer is killed **7.00** The body of a lance corporal is found in an empty house **8.00** Kidnappers strike on Halloween (AD) **9.00** Blue Bloods *Series 2* Jackie goes under cover as an escort to catch a serial killer **10.00** Law & Order: Special Victims Unit *Series 4.* An elderly woman breaks into an apartment, then a woman is found murdered in Central Park

12 midnight Law & Order: Special Victims Unit: two further episodes **1.55am** Law & Order **3.50–4.00am** Entertainment News

5 USA **Freeview** 21 **Freesat** 129 **Sky** 141 **Virgin** 153
+1 **Freesat** 130 **Sky** 241 **Virgin** 185

5 Star 32

8.00am Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun (AD) **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law

6.00pm Home and Away Justin's golf team victory is short-lived. Shown 1.45pm C5 (AD)

6.30 ***New.*** Ziggy seeks out Bree to clear the air. Repeated tomorrow 1.45pm Channel 5 (AD)

7.00 GPs: behind Closed Doors Phillip is dizzy and his GP suspects an amnesiac disorder. (AD)

8.00 Casualty 24/7: Every Second Counts A pregnant woman collapses in the toilets.

9.00 A&E after Dark A patient brought in by police claims to have swallowed drugs.

10.00 Ambulance: Code Red Two air ambulances are called to a road accident. (AD)

11.00 999: Critical Condition A man is admitted after falling down a flight of stairs.

12 midnight Skin A&E **1.00am** Call the Bailiffs: Time to Pay Up **2.00** GPs: behind Closed Doors (AD) **3.00** Plastic Surgery Knifemares **3.50–4.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 **Virgin** 151
+1 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Action 33

9.00am Entertainment News **9.05** Winter Road Rescue: Storm Brendan hits **10.05** Trucking Hell (AD) **11.05** Police Interceptors

12.05pm FILM Lone Star ★★ (BW) **2.10 FILM** Good Day for a Hanging ★★ Western with Fred MacMurray. **Review p105 4.00** Trucking Hell (AD) **5.00** Winter Road Rescue

6.00pm Police Interceptors Dog handler Bob hunts down a suspected knifeman.

7.00 Steve rushes to help a pregnant woman caught in a three-car smash.

8.00 Dan and Gordy search for a man armed with knives seen roaming the streets.

9.00 ***New.*** **Trucking Hell** A Land Rover Discovery is dumped in a canal, a lorry has lost traction on a steep gradient and a truck has nosedived into a back garden. (AD)

10.00 World's Deadliest Weather: Caught on Camera Hurricane Florence brings flooding to North Carolina.

11.00 Wrestling With the superstars of WWE.

12 midnight Police Interceptors **1.00am** Strongman 2022 **2.00** 999: Criminals Caught on Camera **3.00** I Survived a Sinkhole **3.55** Sewermen **4.45–5.00am** Entertainment News

5 Action **F'view** 33 **F'sat** 132 **Sky** 150 **Virgin** 187/**HD** 150

5 Select 56

9.00am FILM A Deadly Lullaby ★★ **10.45 FILM** Killer Mother: Switched at Birth ★★ **12.30pm FILM** Killer Secrets ★★ **2.20** Holiday Homes in the Sun **3.15** The Yorkshire Vet **4.15** Ben Fogle: New Lives in the Wild

6.15pm World's Most Scenic Railway Journeys The Neapolitan Line in Italy.

7.10 Susan Calman's Grand Day Out The comedian heads to the south Cornish Coast.

8.05 FILM Breakfast at Tiffany's ★★★★★ Romantic drama starring Audrey Hepburn and George Peppard. Paul Varjak, a young writer, finds himself falling for his new neighbour. **Film of the Day: page 105.**

10.25 ***New.*** **Fix or Fail** Reality show.

11.25 Forged in Fire Double bill.

1.15am Russia: a Thousand Years of History: how history paved the way for Putin **3.10–4.00am** Around the World by Train with Tony Robinson

5 Select **F'view** (HD only) 56 **F'sat** 133 **Sky** 153 **Virgin** 152

FREEVIEW TV and film channels continue overleaf

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603 **BT** 313

W 25

Alex Jones: Making Babies *8.00pm* Fertility struggles

6.15am Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **11.00** DIY SOS: Veteran Street (S) (HD) **12 noon** Bang on Budget (S) (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

6.00pm MasterChef Australia The chefs bid for ingredients. (S) (HD)

7.00 Property Brothers at Home: Drew's Honeymoon House The bathroom gets a makeover. (S) (HD)

8.00 *New.* Alex Jones: Making Babies *7/10.* IVF patients. (AD) (HD)

9.00 DIY SOS: Children in Need Special In Swansea. (S) (HD)

10.00 24 Hours in A&E (S) (HD)

11.00 Inside the Operating Theatre Knee surgery. (S) (AD) (HD)

12 midnight One Born Every Minute (S) (HD) **1.00am** Dating with My Mates (S) (AD) (HD) **2.00** Date Night (S) (HD) **2.25–3.00am** Inside the Ambulance (S) (HD)

W **F'view** 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1** **Sky** 232 **Virgin** 190

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare (AD) **11.00** Highway Patrol **12 noon** Highway Cops **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00** The Librarians: the team is sucked into a movie **7.00** Star Trek: Voyager **8.00** NCIS: New Orleans **9.00** Manifest: double bill. The Stones are reunited with Olive, then Ben and Vance plan to steal the tailfin (AD) **11.00** Britain's Most Evil Killers: a look at Vincent Tabak **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare **3.00** Border Patrol (AD) **4.00** Motorway Patrol **5.00–6.00am** Highway Cops

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Home Town **2.00** Good Bones **3.00** The Great Interior Design Challenge (AD) **4.00** My Mortgage Free Home (AD) **5.00** Building Off the Grid **6.00pm** A Place in the Sun **7.00** Escape to the Country **9.00** My Dream Derelict Home in the Sun: converting a 300-year-old barn **10.00 *New.*** Christina in the Country **11.00** Home Town **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** My Mortgage Free Home (AD) **3.00–4.00am** My Lottery Dream Home

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1** **Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

Rick Stein's French Odyssey: Cabin Fever *6.00pm* The chef

6.00am *New.* Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00 *New.*** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Michel Roux's French Country Cooking (HD) **11.00** Donal's Irish Feast (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Mary Berry Cooks (HD) **2.00** James Martin's French Adventure (HD) **3.00** Jamie's 15-Minute Meals (S) (HD) **3.30** Jamie's 30-Minute Meals (S) (AD) (HD) **4.00** Valerie's Home Cooking (HD) **5.00 *New.*** The Pioneer Woman (HD) **6.00pm** Rick Stein's French Odyssey: Cabin Fever (S) **7.00** The Great British Bake Off: the bakers show off their pâtisserie skills (S) (HD) **8.30** Mary Berry Cooks: recipes for a large gathering of guests (HD) **9.00** Mary Berry's Quick Cooking (HD) **10.00** Rick Stein's French Odyssey: Cabin Fever (S) **11.00** Restaurant: Impossible (HD) **12 midnight *New.*** Guy's Grocery Games (HD) **1.00am** Restaurant: Impossible (S) (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network **Freeview** 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** Randall and Hopkirk (Deceased): Jeannie gets a shock **10.00** The Persuaders!: Brett is threatened by a face from the past **11.00** Return of the Saint **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye: double bill **4.30–6.00am** Highway to Heaven

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.00pm** Evidence of Evil **3.00** Perry Mason **5.00** The Fugitive: a young mother and her child almost prove to be the undoing of Richard **6.00pm** Matlock: the attorney recounts a story involving his father and a widow who he believed had killed her husband **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

11.00am DCMS Accountability Inquiry **12.30pm** Online Harms and Disinformation Inquiry **1.45** Misinformation and Trusted Voices Inquiry **4.20** Sports Governance Inquiry **8.25** Safety at Major Sporting Events Inquiry **10.15** Smart Devices and Connected Tech Inquiry **12.25am** DCMS Accountability Inquiry **1.55** as 12.30pm **3.10** Misinformation and Trusted Voices Inquiry **5.45–8.15am** Sports Governance Inquiry

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84

Saving Egypt's Temples *8.25pm* Protecting history

8.00am Beautiful Serengeti **8.30** Plane Crash Re-created (S) **9.35** Rome's Invisible City (S) **10.40** Saving Egypt's Temples **11.50** Jewish GIs of WWII **1.00pm** Beautiful Serengeti **1.30** Plane Crash Re-created (S) **2.40** Rome's Invisible City (S) **3.50** Saving Egypt's Temples **4.55** Jewish GIs of WWII

6.05pm Plane Crash Re-created *9/10 Series 1* A failure on a 2010 flight that led to a tense emergency landing. (S)

7.15 Rome's Invisible City The city's underground treasures. (S)

8.25 Saving Egypt's Temples A 1945 fight to save hundreds of ancient Egyptian temples from a project to build a lake.

9.35 Jewish GIs of WWII Following the story of the 550,000 Jewish Americans who served in the Second World War.

10.50 Rome's Invisible City As 7.15pm.

12 midnight Saving Egypt's Temples **1.15–2.00am** Beautiful Serengeti

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada: Bogart throws a tantrum **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00pm** Weird or What? with William Shatner: a farmer discovers a cow mysteriously mutilated **7.00** Storage Wars: double bill. The buyers visit Moreno Valley in California, then Kenny bids on a massive locker **8.00** Dickinson's Real Deal **9.00** UFOs Declassified: silvery objects above Los Angeles in 1942 **10.00** Alien Files: Unsealed **11.00** Curse of Skinwalker Ranch **12 midnight** Monsterquest **1.00am** Wicked Tuna: a large group of boats shows up **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase **10.00** Dickinson's Real Deal: the team visit Newport, Shropshire, where dealer David Ford meets two friends attempting to sell a selection of vintage banknotes – which may be forgeries **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right: big-prize game show (AD) **5.00** Bullseye: darts-based quiz **7.00** Pointless: hosted by Alexander Armstrong **8.00** The Chase **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show presented by Chris Tarrant **11.00** Bullseye **12 midnight** The Chase: four editions **4.00am** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends: All Engines Go! **7.15** Kangaroo Beach **7.30** Peppa Pig **7.40** Paw Patrol **8.00** Pip and Posy **8.10** The Adventures of Paddington **8.25** Milo **8.40** Paw Patrol **8.50** Milkshake! Bop Box Boogie **9.00** Pip and Posy **9.05–9.15am** Milkshake! Story Den

Full listings for Channel 5 are on p102

CBeebies 202

6.00am Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T and the Beasties **10.55** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.10** Teletubbies **2.20** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55 *New.*** Andy's Global Adventures **4.10** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** GiggleQuiz **5.15** Biff and Chip **5.25** Nick Cope's Popcast **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45 *New.*** Newsround **7.55** Ninja Express **8.10** Operation Ouch! Do Try This at Home **8.25** Odd Squad **8.35** Kung Fu Panda: Secrets of the Furious Five **9.00** Nine Minute Ninja **9.10** Dragons **9.55 *New.*** Pokémon: Sun and Moon – Ultra Legends **10.40** Monster Loving Maniacs **10.50** One Zoo Three **11.15** Lagging **11.40** The Beaker Girls **12.05pm** Danger Mouse **12.20** Oswaldo **12.30** Boy Girl Dog Cat Mouse Cheese **12.40** Monster Loving Maniacs **12.55** Dennis & Gnasher Unleashed! **1.05** Matilda and the Ramsay Bunch **1.50** The Dumping Ground: I'm… **2.05** Art Ninja **2.35** Secret Life of Boys **2.55** Saturday Mash-Up Live! **3.00** One Zoo Three **3.25** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswaldo **4.35 *New.*** Pokémon: Sun and Moon – Ultra Adventures **4.55** My Life **5.00** Odd Squad **5.10** We Bare Bears **5.25 *New.*** Summer Camp Island **5.35** Book of Dragons **5.55** Our CBBC **6.00 *New.*** Britain's Best Young Artist **6.25–7.00pm** My Life: Hike to Happiness

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **8.00** The Rubbish World of Dave Spud **8.30** Scooby-Doo **9.25** Buck and Buddy **9.30** Scooby-Doo **11.00** Teen Titans Go! **1.00pm** Tata and Kuma **1.05** Teen Titans Go! **3.30** Scooby-Doo **4.30 *New.*** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** The Rubbish World of Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo **7.30** Scooby-Doo! Mask of the Blue Falcon **8.55–9.00pm** Mission Employable

CITV **F'view** 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am Ministry of Fear ★★★ Creepily effective spy drama in which a mental patient goes on the run after he is accused of murder. **Review, right.** Ray Milland (1945, PG) (S)

12.50pm The Wrong Box ★★★ A host of British comedy legends serves up some memorable moments in this quirky period comedy. John Mills, Ralph Richardson (1966, U) (S)

3.00 The Detective ★★★★ Hugely enjoyable comedy thriller starring Alec Guinness as a sermonising sleuth. (1954, PG) (S)

4.45 Gunfight at the OK Corral ★★★★ Burt Lancaster and Kirk Douglas play Wyatt Earp and Doc Holliday in this brilliant western. **Review, right.** Rhonda Fleming (1957, PG) (S)

7.10pm "Crocodile" Dundee ★★★★ Comedy starring the charismatic Paul Hogan as an outback hero who heads for New York. Linda Kozlowski (1986, 15) (S) (AD)

9.00 The Girl in the Spider's Web ★★★ High-velocity crime thriller about a punk vigilante who takes on a sinister crime network. **Review, right.** Claire Foy (2018, 15) (S) (AD)

11.15 No Way Out ★★★★ Highly intelligent spy thriller that provides a gripping insight into the corridors of US power. **Review, right.** Kevin Costner, Gene Hackman (1986, 15) (S)

1.30–3.40am Jack Ryan: Shadow Recruit ★★★ Serviceable reboot for Tom Clancy's action hero. Chris Pine, Keira Knightley (2013, 12) (S) (AD)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am Honey West TV crime drama. **6.30 Sister Kenny** ★★★★ A nurse has to battle the medical establishment in her pursuit of a cure for polio in this powerful drama. Rosalind Russell (1946) **9.00 Black Saddle** TV western. **9.30 Mr Winkle Goes to War** ★ Crass piece of wartime propaganda. (1944) **11.05 Deadly Nightshade** ★★ Engaging British crime quickie. Emrys Jones (1953, PG) **12.20pm Eagles Over London** ★★★ Well-mounted war thriller. Frederick Stafford (1969, PG) **2.30 Crown Court** TV drama. **3.10 Number Seventeen** ★★★ Hitchcock flick that finds a criminal falling for the detective who wants her gang brought to justice. **Review, right.** (1932, U) **4.40 Dick Barton Strikes Back** ★★★ Don Stannard's special agent tracks a gang of criminals who intend to take over the world. (1949, U) **6.10pm A Day Begins in Manchester** The city in the 1960s. **6.40 The Woman in Green** ★★★ Mystery in which Sherlock Holmes investigates the murders of women who are found with their forefingers severed. **Review, right.** (1945, PG) **8.00 The Saint** TV thriller. **9.00 Justice** TV legal drama. **10.00 Night of the Demon** ★★★★ Scientist Dana Andrews comes into conflict with a sinister mystic in this superb chiller. (1957, PG) **11.55 It Happened Tomorrow** ★★★★ Reporter Dick Powell gets the next day's news stories in this clever and enjoyable fantasy. (1944) **1.40am The Soldier** ★★ Convoluted Cold War thriller. Ken Wahl (1982, 18) **3.20 Games That Lovers Play** ★★ Tawdry 1920s-set sex comedy. Joanna Lumley (1970) **5.00–6.00am The Rogues** TV drama.

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Sky Premiere

6.05am The Estate ★★ Crude and misfiring black comedy. Toni Collette, Anna Faris (2022, 15) **7.50 The Railway Children Return** As 2.10pm **9.30 Jurassic World: Dominion** As 3.50pm **12 noon Top Gun: Maverick** As 8pm **2.10pm The Railway Children Return** ★★★ Sequel to the 1970 classic that finds Jenny Agutter's grown-up Bobbie taking in three evacuees. **Review p45.** (2022, PG) **3.50 Jurassic World: Dominion** ★★★ Exciting but clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard (2022, 12)
6.20pm Paradise City ★★ Bruce Willis's swansong is a low-grade thriller but has a strong cast. John Travolta, Blake Jenner (2022, 15)
8.00 Top Gun: Maverick ★★★ Tom Cruise's hotshot pilot returns to the skies when he is recruited to train a group of upstarts. (2022, 12)
10.15 Father Stu ★★ Religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. Mel Gibson, Jacki Weaver (2022, 15)
12.25am The Estate As 6.05am
2.15 Paradise City As 6.20pm
3.55 Father Stu As 10.15pm

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am Fatal Defense ★★ Thriller. Ashley Scott (2017) **11.00 Crash Site: a Family in Danger** ★★ Horror thriller. (2011) **1.00pm Trust No One** ★★ Thriller. Nicole de Boer (2016)
3.00 The Teagarden Mysteries
4.45 Mackenna's Gold ★★★ Predictable but enjoyable western. Gregory Peck, Omar Sharif, Telly Savalas (1969, 15)
7.10pm Bandidas ★★★ Fun western buddy movie with Penélope Cruz and Salma Hayek as bank robbers. Steve Zahn (2006, 12)
9.00 The Mexican ★★★ A quarrelling couple get caught up in a complicated hunt for an antique pistol. Brad Pitt, Julia Roberts (2001, 15)
11.25 Cold in July ★★★★ A Texas family man is forced into a downward spiral of violence in this retro-style thriller. Michael C Hall (2014, 15)
1.40am A Call to Spy ★★★ Fascinating tale about the women behind Churchill's spy network in Vichy France. Stana Katic (2019, 12)
4.00–5.50am The Forger ★★ Crime drama. Josh Hutcherson (2012, 12)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425
+1 Freeview 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am When Love Came to Town ★★ Easygoing romcom. (2014) **8.00 Unleashing Mr Darcy** ★★ Romantic drama. (2016) **10.00 Snowkissed** ★★ Cosy romcom. (2021) **12 noon Love at Sunset Terrace** ★★ Amiable romance. (2020) **2.00pm Love on the Sidelines** ★★ Romantic comedy drama. (2016) **4.00 Surprised by Love** ★★ Romantic comedy. (2015)
6.00pm A Vineyard Romance ★★ A writer bumps into her soon-to-be-married ex. (2020)
8.00 Ms Matched ★★ A flighty wedding planner falls in love with a sensible financial author. (2016)
10.00 A Feeling of Home ★★ Romantic drama. Jonna Walsh (2019)
11.50 The Beauty of Love ★★ Romantic fluff. Katerina Eichenberger (2021)
1.30am The Baby Proposal ★★ Absurd romance. (2019) **3.00 Anything for Love** ★★ Romantic comedy (2016)
4.30–6.00am Love on Harbor Island ★★ Romance. (2020)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424
+1 F'view 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Close Up **7.10** Off Set
7.50 The Bounty Hunter ★★★ Satisfying western. Randolph Scott (1954, PG)
9.30 Wichita ★★★ Joel McCrea is superbly cast as Wyatt Earp in this intelligent western. (1955, U) **11.15 The Hanging Tree** ★★★★ Beautifully shot western set in a wild mining community. Gary Cooper (1959, PG) **1.30pm Murder Most Foul** ★★★ Murder mystery. Margaret Rutherford (1964, U) **3.20 Law of the Panhandle** ★★★ Pacey western. (1950, U) **4.35 Operation Daybreak** ★★★ War thriller about an attempt to assassinate Gestapo chief Reinhard Heydrich. (1975, 15)
7.00pm Murder She Said ★★ Margaret Rutherford makes her first appearance as Miss Marple in this murder mystery. (1961, PG)
9.00 The Man from UNCLE ★★★ The Swinging Sixties TV spy series gets an enjoyable movie makeover. Henry Cavill, Armie Hammer (2015, 12)
11.25 US Marshals ★★ Tommy Lee Jones reprises his role from *The Fugitive*. **Review p75.** (1998, 15)
2.05am Home Shopping
4.20 Off Set **4.30** Close Up

TCM Movies Sky 315 **Virgin** 415
+1 Sky 316 **Virgin** 417

Great Movies Action 42

6.00am M*A*S*H **7.00 The Quick and the Dead** ★★ Second World War drama. Victor French (1963) **8.50 Eruption: LA** ★★ Disaster movie. Matthew Atkinson (2018, 12) **10.30** Bombers of the Second World War **11.30** Wild West Chronicles **12 noon** M*A*S*H
1.00pm Eight Iron Men ★★ Wartime drama. Bonar Colleano (1952) **2.45 Trouble in the Sky** ★★★★ A pilot must clear his name after a crash in this taut drama. Michael Craig (1960) **4.50 The Quick and the Dead** ★★★ Superior TV-movie western. (1987, PG)
6.45pm Wild West Chronicles TV western series with Jack Elliott.
7.15 Geo-Disaster ★★ Low-budget thriller. (2017)
9.00 Into the Ashes ★★ A reformed criminal is hunted by his past associates. Luke Grimes (2019, 15)
10.55 6 Below ★★ Plodding thriller. Josh Hartnett, Mira Sorvino (2017, 12)
12.50am Active Stealth ★ Action adventure. (1999, 15) **2.50–4.00am The Traitors** ★★ Spy thriller. (1962, U)

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

8.00am Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00 Hydra** ★★ Update of 1932 classic *The Most Dangerous Game*. (2009) **1.00pm Reign of the Gargoyles** ★★ Action horror. Wes Ramsey (2007) **3.00 Troy: the Odyssey** ★ Low-budget retelling of Homer's epic saga. (2017, 15) **5.00** Star Trek
6.00pm Star Trek: the Next Generation TV sci-fi adventure.
7.00 Airwolf US TV drama.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 Jesse James the Unstoppable Outlaw ★ Z-grade western. Paul Clayton, Jerry Chesser (2018, 12)
10.35 John Carpenter's Vampires ★★★ Horror flick in which James Woods plays a Vatican-sponsored vampire slayer. **Review, right.** (1998, 18)
12.40am Dr Jekyll & Sister Hyde ★★★ Bizarre bisexual take on the split personality classic starring Ralph Bates and Martine Beswick. (1971, 15) **2.35–4.20am Mercy Black** ★★ Horror in which a woman must prevent her nephew from succumbing to a spectral figure. Daniella Pineda (2019, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

Breakfast at Tiffany's ★★★★★

8.05-10.25pm ***5 Select*** PG

DRAMA Director Blake Edwards's hymn to New York high style and high living has hardly dated since its release. Audrey Hepburn is enchanting as Holly Golightly, even though period censorship makes it rather unclear what she actually does for a living. Despite the presence of handsome George Peppard and Patricia Neal, this is Hepburn's movie, her black dress and long cigarette holder ready to start a fashion revolution. Only Mickey Rooney's excruciating Japanese caricature ruins what is otherwise a thoroughly entertaining film. **TONY SLOMAN** (US 1961)

Ministry of Fear ★★★

11.00am-12.50pm ***Film4*** PG

SPY Paramount snapped up the rights to Graham Greene's novel because they liked the title, but ditched the plot in favour of a thriller about a mental patient (Ray Milland) who has spent two years in an insane asylum for murdering his wife. Director Fritz Lang turns this into a creepily effective work, piled high with bravura set pieces. **ADRIAN TURNER** (US 1945, BW, HD)

Good Day for a Hanging ★★

2.10-4.00pm ***5 Action*** U

WESTERN Fred MacMurray made a believable western star at a low point in his career, before *The Shaggy Dog* revived it. Here he plays a town marshal who thinks he's captured the sheriff's killer, played by Robert Vaughn. But he encounters opposition while trying to carry out the execution, as no one believes that such a charmer could be guilty. **ALLEN EYLES** (US 1958)

Number Seventeen

★★★ *3.10-4.30pm*

Talking Pictures TV U

COMEDY This little-seen and largely forgotten Alfred Hitchcock effort stars Anne Grey as a member of a gang who falls for the detective (John Stuart) investigating their activities. It's a film of minor entertainment value but superb technical expertise, and is notable for its climactic chase sequence involving a train. **ROBYN KARNEY** (UK 1932, BW)

Gunfight at the OK Corral ★★★★

4.45-7.10pm ***Film4*** PG

WESTERN Wyatt Earp and Doc Holliday were never better portrayed on screen than here, played by movie giants Burt Lancaster and Kirk Douglas respectively. The film starts slow, but once the gunplay begins the screen positively ignites, with director John Sturges delivering one of cinema's most memorable shoot-out finales. **TONY SLOMAN** (US 1957, HD)

The Woman in Green

★★★ *6.40-8.00pm*

Talking Pictures TV PG

MYSTERY This is one of the oddest films in Universal's series of Sherlock Holmes mysteries. It pits the sleuth (Basil Rathbone) against Moriarty (Henry Daniell) and a hypnotist (Hillary Brooke) as he investigates the murders of women who are found with their forefingers severed. Nigel Bruce is typically bumbling as Watson, but this remains eerie stuff. **TOM HUTCHINSON** (US 1945, BW)

The Girl in the Spider's Web ★★★

9.00-11.15pm ***Film4*** 15

CRIME Lisbeth Salander, the girl with the dragon tattoo, returns in the guise of *The Crown's* Claire Foy in this action-packed but forgettable outing. Lisbeth is hired by a scientist (Stephen Merchant) to erase software for the US government that identifies global nuclear arsenals. But when the data is stolen, a web of deceit emerges. **ALAN JONES** (UK/US/Ger/Swe/Can 2018, violence, swearing, sex scenes, HD)

John Carpenter's Vampires ★★★

10.35pm-12.40am ***Legend*** 18

HORROR James Woods gives a wonderfully laconic performance as a vampire slayer on the Vatican payroll in director John Carpenter's rip-roaring western horror flick. Woods is out to destroy a 600-year-old bloodsucker before the evil creature gets his hands on an ancient relic that will enable him to appear during daylight hours. **AJ** (US 1998, violence, sex scenes)

No Way Out ★★★★

11.15pm-1.30am ***Film4*** 15

THRILLER Based on the novel *The Big Clock* by Kenneth Fearing (originally adapted for the screen in 1948), this spy film provides a gripping insight into the corridors of US power. In his star-making role, Kevin Costner plays a naval officer investigating a murder, while there's assured work from Gene Hackman as an icily manipulative politician. **SUE HEAL** (US 1986, violence, swearing, sex scenes, nudity, HD)

Sky Cinema picks

Divergent ★★★
3.25-6.00pm
Sky Cinema Sci-Fi/Horror
Dystopian fantasy. (2014, 12)
Sky 311; Virgin 411; BT 511/525

The Manchurian Candidate ★★★★
8.00-10.15pm ***Sky Thriller***
A political conspiracy. (2004, 15)
Sky 309; Virgin 409; BT 509/523

Rough Night ★★★
9.50-11.45pm
Sky Cinema Comedy
Raucous party romp. (2017, 15)
Sky 308; Virgin 408; BT 508/522

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12, 15, 18 - for viewers of these ages and over.

Sky Showcase

Never Mind the Buzzcocks *11.10pm* Host Greg Davies

6.00am The Early Rundown (HD) **7.00** Kay Burley (HD) **8.00** Wildlife ER (S) (HD) **9.00** Nothing to Declare (S) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Uptown Otters **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** The Simpsons (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD)

6.30pm The Simpsons Triple bill of the animated comedy. (S) (HD)

8.00 An Idiot Abroad *7/8 Series 1* Karl visits Machu Picchu. (S) (HD)

9.00 ***New.*** **Funny Woman** *2/6* RT Barbara lands a dream role, but news from home threatens to derail her. **See page 99.** (S) (HD)

10.00 Sex and the City *15/18 Series 2.* Charlotte's married brother sleeps with Samantha. (S) **10.35** *16/18.* Carrie dates a recovering alcoholic. (S)

11.10 Never Mind the Buzzcocks ***Ep 9*** *Series 2.* Guests include Joel Corry and Joel Dommett. (S) (AD) (HD)

11.55 NCIS: Los Angeles *Ep 4 Series 14.* Aiden Hanna is accused of causing a plane crash. (S) (HD)

12.55am Road Wars (S) **2.00** The Force: Manchester (S) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** The Early Rundown (HD)

Sky Showcase Sky 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** Sky 206

Sky Sci-Fi

6.00am V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1: an old acquaintance seeks help

6.00pm Star Trek: the Next Generation *24/26 Series 7* A renegade group of Federation ships attack a Cardassian vessel. **7.00** *25/26.* Captain Picard finds himself drifting between time warps while trying to save mankind.

8.00 Merlin *7/13 Series 5* Morgana hatches a plot to murder the king – but when a stable hand becomes caught in the crossfire, he threatens to ruin everything.

9.00 The Twilight Zone *5/10 Series 2.* A new student discovers a classmate's unique talent. **9.55** *6/10.* Scientists discover a new highly intelligent species.

10.40 Martian Land ★★ Sci-fi disaster movie with Alan Pietruszewski. With Earth's natural resources exhausted, the human race has successfully colonised Mars. But the planet's harsh environment poses a continuing threat to survival.

12.30am FILM Meteor Moon ★ Sci-fi adventure starring Dominique Swain and Michael Broderick **2.15** V **3.10** Wynonna Earp **4.05** Stargate SG-1 **5.00–6.00am** Star Trek: the Next Generation

Sky Sci-Fi Sky 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** Virgin 229

Sky Atlantic

Big Little Lies *9.00pm* Will Ziggy open up to Jane?

6.00am Urban Secrets (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under: double bill (S) (HD) **3.30** The Sopranos (S) (HD)

5.45pm Ray Donovan *1/12 Series 5.* Ray begins therapy after a family tragedy sparks a bar fight. (S) (AD) (HD) **6.50** *2/12.* Movie star Natalie James hires Ray to protect her from her abusive husband and manager. (S) (AD) (HD)

7.55 Game of Thrones *3/10 Series 4.* Dontos spirits Sansa out of King's Landing. Tywin has an offer for Oberyn Martell. (S) (AD) (HD)

9.00 Big Little Lies *7/7 Series 1* Celeste looks for independence, Madeline's past catches up with her, and Jane learns the identity of the school bully. (S) (AD) (HD)

10.05 Euphoria *7/8 Series 1* Cassie seeks advice following the events at Halloween. Jules pays an old friend a visit. (S) (AD) (HD)

11.15 The Last of Us *5/9* Post-apocalyptic drama, starring Pedro Pascal and Bella Ramsey. (HD)

12.25am Watchmen (S) (AD) (HD) **1.30** City on a Hill (S) (AD) (HD) **2.35** Game of Thrones (S) (AD) (HD) **3.40** In Treatment (S) (HD) **4.10–6.00am** Urban Secrets (S) (HD)

Sky Atlantic Sky 108 (Wales 109) **BT** 342/**HD** 357 **+1** Sky 208 (Wales 209)

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (HD) **8.00** Border Patrol (S) **9.00** 999 Frontline (S) **10.00** Air Ambulance ER (S) (HD) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD) **4.00** Nothing to Declare (S)

6.00pm Nothing to Declare Series following the work of customs officers in Australia. (S)

8.00 Blue Bloods *10/20 Series 12.* An illegal drug shipment arriving in New York City must be found before the narcotics flood the streets. (S) (AD) (HD)

9.00 ***New.*** **The Rookie** *Ep 3 Series 5.* The tables are turned as Nolan is assigned his first rookie, whose unconventional approach to police work poses a unique challenge. (S) (HD)

10.00 Private Eyes *5/12 Series 4* Shade and Angie investigate when a Mexican soap opera is plagued with near-fatal accidents targeting the lead actors. (S) (HD)

11.00 FBI *20/22 Series 1* A controversial senior leader from Egypt comes to New York for an operation. (S) (AD) (HD)

12 midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** Chicago Med (S) (HD) **2.00** Chicago Fire (S) (HD) **3.00** Chicago PD (S) (HD) **4.00** 9-1-1 (S) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

Sky Witness Sky 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** Sky 207 **Virgin** 163

Sky Max

Funny Woman *9.00pm* Has Barbara got her big break?

6.00am Stargate SG-1 (S) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

6.00pm Stargate SG-1 *6/22 Series 3.* The Goa'uld invade Earth in a parallel dimension. (S) **7.00** *7/22.* The team is captured. (S)

8.00 An Idiot Abroad *7/8 Series 1* Karl visits Machu Picchu. (S) (AD) (HD)

9.00 ***New.*** **Funny Woman** *2/6* RT Barbara lands a dream role, but news from home threatens to derail her. **See page 99.** (S) (HD)

10.00 Rob and Romesh vs Fashion *3/6 Series 1.* The pair meet model David Gandy. (S) (AD) (HD)

11.00 Never Mind the Buzzcocks ***Ep 9*** *Series 2.* Guests include Joel Corry and Joel Dommett. (S) (AD) (HD)

11.45 NCIS: Los Angeles *Ep 4 Series 14.* Aiden Hanna is accused of causing a plane crash. (S) (HD)

12.40am Road Wars (S) **1.05** Hawaii Five-0 (S) (HD) **2.00** Sun, Sea and A&E (HD) **3.00** Highway Patrol (HD) **3.35** Road Wars (S) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol (S) (AD)

Sky Max Sky 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am 6ixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (AD) (HD) **10.00** Paramedics Australia (S) (HD) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) (HD) **1.00pm** Send in the Dogs (S) **2.00** The Librarians: double bill (S) (HD) **4.00** V (S) (HD) **6.00** Most Haunted: double bill. A Tudor gatehouse in Essex, then a supposedly haunted cinema in Toxteth, Liverpool (S) **8.00** Road Wars (S) **9.00** Dan Brown's The Lost Symbol: Robert and Katherine try to decipher the most recent clue (S) (AD) (HD) **10.00** Send in the Dogs (S) **11.00** Funny Woman: Barbara lands a dream role in a new TV comedy (S) (HD) **12 midnight** The Rookie (S) (HD) **1.00am** Motorway Patrol (S) (AD) **2.00** A League of Their Own (S) (AD) (HD) **3.00** Duck Quacks Don't Echo (S) (AD) (HD) **4.00** Four Weddings (S) (AD) (HD) **5.00–6.00am** 6ixth Sense with Colin Fry (S)

Sky Replay Sky 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (AD) (HD) **9.00** Nothing to Declare (S) **10.00** UK Border Force (S) (AD) (HD) **11.00** How I Caught the Killer (S) (HD) **12 noon** Real Manhunter (S) (AD) (HD) **1.00pm** Catching the Killer (S) (AD) (HD) **2.00** Killer in My Village (S) (HD) **3.00** Most Evil Killers (S) (HD) **5.00** Real Manhunter (S) (AD) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Most Evil Killers (S) (HD) **9.00** ***New.*** Catching the Killer (S) (AD) **10.00** Love You to Death (HD) **11.00** Most Evil Killers (S) (HD) **12 midnight** Snapped (HD) **1.00am** How I Caught the Killer (S) **2.00** Killer in My Village (S) (HD) **3.00** Murders That Shocked the Nation (S) (AD) (HD) **4.00** 911 Crisis Centre (S) (HD) **5.00–6.00am** as 7am

Sky Crime Sky 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** Sky 222 **Virgin** 164

Gold

The Fast Show *10.40pm* Ron Manager's words of wisdom

7.30am Desmond's (S) **8.00** The Green Green Grass (S) **8.40** Outnumbered (S) (AD) **9.20** Are You Being Served? (S) **10.00** Open All Hours (S) **10.40** Last of the Summer Wine (S) (AD) **12 noon** The Green Green Grass (S) **12.40pm** Outnumbered (S) (AD) **1.20** Dad's Army (S) **2.00** Open All Hours (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) (AD) **4.40** Dad's Army (S) **5.20** The Green Green Grass (S)

6.00pm Are You Being Served? Miss Brahms becomes Grace Brothers' spokesperson. (S)

6.40 Dad's Army Captain Mainwaring organises a dance. (S) **7.20** The platoon get stranded. (S)

8.00 Only Fools and Horses The Trotters prepare for war. (S) (AD) **8.40** The Trotters mourn Grandad's death. (S) (AD)

9.20 Miranda Miranda decides to get herself a proper job. (S) (AD)

10.00 Harry Enfield and Chums Featuring the Scousers. (S) (AD)

10.40 The Fast Show Featuring soccer pundit Ron Manager. (S) (AD) **11.20** Rapid-fire comedy. (S) (AD) **12 midnight** Only Fools and Horses (S) (AD) **1.20am** Miranda (S) (AD) **2.00** Harry Enfield and Chums (S) (AD) **2.45** The Fast Show (S) (AD) **3.15–4.00am** Hold the Sunset (S) (AD) (HD)

Gold Sky 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** Sky 210 (Wales 211) **Virgin** 194

Sky Comedy

8.00am Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.20** Flatbush Misdemeanors (S) (AD) (HD) **12.30pm** Fresh Prince of Bel-Air (S) **1.30** Modern Family (S) (HD) **2.30** Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** Office US (S) (HD) **5.30** Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** Office US (S) (HD) **8.00** ***New.*** The Conners (HD) **8.30** Office US (S) **9.00** Sex and the City (S) **10.00** Code 404 (S) (AD) **10.30** ***New.*** Late Late Show with James Corden **11.30** ***New.*** Tonight Show Starring Jimmy Fallon **12.30am** Sex and the City (S) (HD) **1.00** Carters Get Rich (S) (AD) **2.00** Young Rock (HD) **2.30** Flatbush Misdemeanors (S) (AD) **3.35** Code 404 (S) (AD) (HD) **4.05–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy Sky 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12 noon** Friends (S) (AD) (HD) **9.00pm** South Park: six episodes. The town is overrun by hippies **9.30** The South Park citizens wake up to find the internet has gone **10.00** ***New.*** More adventures with Stan, Cartman, Kenny and Kyle **10.30** The boys tackle terrorists **11.00** Stan and Kyle are held captive **11.30** Stan fights for his life **12 midnight** Bo Burnham: Words, Words, Words (S) (HD) **1.00am** South Park (S) (HD) **2.30** The Ren & Stimpy Show (S) **3.00** Beavis and Butt-Head **3.20** Ugly Americans (S) (HD) **3.45** ***New.*** The Daily Show **4.15–5.00am** Friends (S) (AD) (HD)

Comedy Central Sky 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** Sky 212 (Wales 213) **Virgin** 133

Alibi

Murdoch Mysteries *9.00pm* On his bike for a new case

7.15am Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

6.00pm Without a Trace *7/23 Series 3.* The team continue to search for Colleen McGrath. (HD)

7.00 Person of Interest *11/22 Series 2.* Finch goes under cover as a teacher in Brooklyn. (HD)

8.00 Death in Paradise *2/8 Series 5.* The outgoing governor of Saint Marie is poisoned at her leaving party. (S) (AD) (HD)

9.00 ***New.*** **Murdoch Mysteries** RT ***Ep 5*** *Series 16.* After an inventor falls off a cliff, Murdoch suspects his motorbike was sabotaged. **See page 99.** (HD)

10.00 My Life Is Murder *5/10 Series 2.* Alexa will need to use all five senses to solve the death of a young winemaker. (S) (HD)

11.00 Without a Trace As 6pm. **12 midnight** Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes: Raydor faces tough choices (S) (HD) **2.00** Evil (S) (AD) (HD) **2.55–4.00am** We Hunt Together (S) (AD) (HD)

Alibi Sky 109 (Wales 110) **Virgin HD** 126 **BT** 343/**HD** 358 **+1** Sky 209 (Wales 210) **Virgin** 191

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (AD) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (HD) **7.00** Kindig Customs (S) (HD) **8.00** Outback Truckers (S) (HD) **9.00** ***New.*** Ed Stafford: First Man Out (HD) **10.00** Naked and Afraid XL (HD) **11.00** Naked and Afraid (S) (HD) **12 midnight** Combat Dealers (S) (HD) **1.00am** Ed Stafford: First Man Out (HD) **2.00** Naked and Afraid XL (HD) **3.00** Moonshiners (S) (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery Sky 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** Sky 225 **Virgin** 258

Discovery History

6.00am Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Greatest Events of World War II (S) **9.00** Combat Dealers (S) **10.00** Houdini's Last Secrets (S) **11.00** Extreme Machines **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Wings of War (S) **3.00** Hunt for King Arthur's Castle (S) (AD) **4.00** Mysteries at the Museum **5.00** Greatest Events of World War II (S) **6.00** How the Universe Works **7.00** Expedition Unknown **8.00** Combat Dealers (S) **9.00** Everest's Greatest Mystery (S) **11.00** Hidden City of the Incas (S) (AD) **12 midnight** Combat Dealers (S) (AD) **2.00am** Everest's Greatest Mystery (S) **4.00–5.00am** Hunt for King Arthur's Castle (S) (AD)

Discovery History Sky 177 **Virgin** 257 **+1** Sky 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Kareem: Minority of One
9.00pm Kareem Abdul-Jabbar

6.00am Richard E Grant's Hotel Secrets (S) (AD) **7.00** Discovering: Tony Curtis **8.00** The Directors (S) **9.00** UFO (S) (AD) **10.00** The Movies (S) (HD) **11.00** Expecting Amy (S) (AD) **12 noon** I Am Burt Reynolds (S) (AD) **1.50pm** My Icon: Chris Hughton (S) (AD) (HD) **2.00 FILM** All That Breathes ★★★★ Following the work of Delhi brothers Saud and Nadeem, who devote their lives to caring for injured wild birds. Hindi +subtitles (W) **4.00** The Directors (S) **5.00** Discovering: Tony Curtis

6.00pm UFO Psychiatrist John Mack's investigation. (S) (AD)

7.00 The Movies A look at films including the *Harry Potter* and *Lord of the Rings* series. (S) (HD)

8.00 Expecting Amy *2/3.* Amy tightens up her stand-up set before her new taping date. (S) (AD)

9.00 Kareem: Minority of One Exploring the life story of former professional basketball player Kareem Abdul-Jabbar. (S)

10.50 Kipchoge: the Last Milestone Runner Eliud Kipchoge's record-shattering feat. (S)

12.40am Marathon: the Patriots Day Bombing (S) **2.50** My Icon: Michael Holding (S) (AD) (HD) **3.00** John McCain: for Whom the Bell Tolls (S) **5.00–6.00am** Discovering: Tony Curtis

Sky Documentaries **Sky** 121 **Virgin** 277 **BT** 352/**HD** 367

Nat Geographic

8.00am Food Factory (S) (HD) **9.00** Air Crash Investigation (S) (AD) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (HD) **2.00** Drain the Oceans (S) (AD) (HD) **3.00** Thames Treasure Hunters (S) (HD) **4.00** Lost Gold of the Dark Ages: Treasure Hoard (HD) **5.00** Elizabeth I: the Secret Life (HD) **6.00** Lost Treasures of Egypt (S) (AD) (HD) **7.00** Air Crash Investigation (S) (HD) **8.00** Car SOS (S) (AD) (HD) **9.00** ***New.*** Wicked Tuna: Outer Banks Showdown (HD) **10.00** Alaska: the Next Generation (S) (HD) **11.00** Air Crash Investigation (S) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Lords of War (HD) **2.30** Food Factory (S) (HD) **4.10** Secrets of the Zoo: Keeper Tales (HD) **4.35–5.00am** Prairie Dog Dynasty (HD)

Nat Geographic **Sky** 129 **Virgin** 266 **+1** **Sky** 229 **Virgin** 267

Sky History

6.00am Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **10.00** Mountain Men (HD) **11.00** Walking through History: Brontë Country (HD) **12 noon** Mountain Men (HD) **1.00pm** Secrets in the Ice (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** ***New.*** Pawn Stars (HD) **9.00** ***New.*** Colosseum (HD) **10.00** ***New.*** Forged in Fire (HD) **11.00** History's Crazy Rich Ancients (HD) **12 midnight** Historic Hauntings (HD) **1.00am** Pawn Stars (HD) **2.00** Walking through History: Brontë Country (HD) **3.00** Storage Wars (HD) **4.00** Secrets in the Ice (HD) **5.00–6.00am** Ancient Aliens (HD)

Sky History **Sky** 123 **Virgin** 270 **BT** 353/**HD** 368 **+1** **Sky** 223 **Virgin** 271

Sky Nature

Mysteries of the Mekong
8.00pm A snub-nosed monkey

6.00am Dogs with Extraordinary Jobs (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Wildlife ER (S) **9.00** Uptown Otters **10.00** Malawi Wildlife Rescue (S) (HD) **11.00** Dogs with Extraordinary Jobs (S) (AD) **12 noon** Hope for Wildlife (S) **1.00pm** Monkey Life (S) **2.00** Malawi Wildlife Rescue (S) (HD) **3.00** Uptown Otters **4.00** ***New.*** Uptown Otters **5.00** Hope for Wildlife (S)

6.00pm Monkey Life Rare pygmy lorises are released into the wild. (S) **6.30** The park-keepers check up on the pygmy lorises. (S)

7.00 Uptown Otters Anna chases the Nomads out of her territory.

8.00 Mysteries of the Mekong A journey through the Mekong basin, one of the richest areas of biodiversity in the world. (S)

9.00 Valley of Flood and Fire As the dry season takes hold in Luangwa Valley, lagoons dry up. (S)

10.00 Uptown Otters As 7pm.

11.00 Hope for Wildlife Hope tries to turn two orphaned bobcats into playmates. (S)

12 midnight Wildlife ER (S) **1.00am** Wildlife Rescue New Zealand (S) (AD) **2.00** Mysteries of the Mekong (S) **3.00** Valley of Flood and Fire (S) **4.00** Baby Animals (S) **5.00–6.00am** Great Parks of Africa (S) (HD)

Sky Nature **Sky** 124 **Virgin** 278 **BT** 354/**HD** 369

Eden

9.00am Animal Social Network (AD) (HD) **10.00** Wild Fukushima (HD) **11.00** The Zoo (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Animal Social Network (AD) (HD) **3.00** India's New Worlds (HD) **5.00** Wild Fukushima (HD) **6.00pm** The Zoo (HD) **7.00** Forbidden History: Jamie Theakston examines the Three Secrets of Fatima (AD) (HD) **8.00** Animal Social Network (AD) (HD) **9.00** India's New Worlds: conservation projects in India (HD) **10.00** The Zoo (HD) **11.00** Wild Fukushima (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Animal Social Network (AD) (HD) **2.00** Wild Fukushima (HD) **3.00** The Zoo: double bill (HD) **3.50** India's New Worlds (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden **Sky** 166 **Virgin HD** 245 **+1** **Sky** 266 **Virgin** 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Dogs 101 (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Crikey! It's the Irwins (S) (HD) **2.00** Lair of the Killer Crocs (S) (HD) **3.00** Monster Croc Invasion (S) (AD) (HD) **4.00** Dogs 101 (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** Project Grizzly (S) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** From Wags to Riches (S) (HD) **12 midnight** Pit Bulls and Parolees: Tia's Tales (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Dogs 101 (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet **Sky** 162 (NI 178) **Virgin** 251 **+1** **Sky** 262 (NI 278) **Virgin** 259

SPORT

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 420/**HD** 440

6.00am LIVE European Tour Golf Continued coverage of the first round of the Thailand Classic. **9.30** Good Morning Sports Fans **10.00 LIVE Ladies European Tour Golf** The opening round of the Saudi Ladies International. **1.00pm LIVE Women's T20 World Cup Cricket** Sri Lanka v Australia from Gqeberha. **4.30 LIVE Pakistan Super League Cricket** Karachi Kings v Islamabad United. **6.00** Sky Sports News **7.00** Super League Preview **7.30 LIVE Super League** Warrington Wolves v Leeds Rhinos (kick-off **8.00**). **10.15 LIVE PGA Tour Golf** Day one of the Genesis Invitational. **1.00–5.30am LIVE NBA** A double header from the USA.

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Championship Retro **8.30** League One and Two Goals **9.00** EFL Greatest Games (AD) **10.00** Classic Play-Offs: Blackpool v Cardiff in 2010 **12 noon** Championship Highlights **12.30pm** League One and Two Goals **1.00** Championship Highlights **2.30** League One and Two Goals **3.00** German Football **4.00** Championship Highlights **4.30** League One and Two Goals **5.00** Championship Highlights **5.30** Women's Football Weekly **6.00** German Football **6.30** Inside the WSL **7.00** Women's Championship Show **7.30** Women's Football Weekly **8.00** Championship Highlights **9.00** German Football **9.30** Inside the WSL **10.00** Women's Championship Show **10.30** Women's Football Weekly **11.00** Championship Highlights **12 midnight** EFL Season Review (AD) **1.00–6.00am** SPFL Greatest Games

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am LIVE European Tour Golf The Thailand Classic, day one. **9.30** PGA Tour Learning Centre **10.00 LIVE Ladies European Tour Golf** The Saudi International. **2.00pm** PGA Tour: the Cut **2.30 LIVE PGA Tour Golf** Day one of the Genesis Invitational. **1.00am** European Tour Golf **1.15** The Improvers (AD) **1.30** Roots **2.30** PGA Tour Golf **2.45** European Tour Golf **3.00** Chronicles **4.00** PGA Tour Golf **4.15** European Tour Golf **4.30–6.00am LIVE European Tour Golf** Day two of the Thailand Classic. Continues until 9.30am.

Sky Mix

Sky 416 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

1.50–6.00pm LIVE Pakistan Super League Cricket Karachi Kings v Islamabad United. **7.00–10.30 LIVE Premier League Darts** From Glasgow.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Cycling **7.50** Alpine Skiing **8.45 LIVE Alpine Skiing** The women's giant slalom, first run. **11.00** Cycling **12 noon** Skiing **12.15pm LIVE Alpine Skiing** Women's giant slalom, run two. **2.00 LIVE Biathlon** World Championships from Oberhof. **3.15 LIVE Cycling** Stage two of the Tour of Algarve in Portugal. **4.00** Archery **5.00** Alpine Skiing **6.00** Cycling **7.00** Sailing **7.30** Cycling **10.00** Alpine Skiing **11.00** Olympics **12 midnight** Cycling **2.00am** Alpine Skiing **4.00–6.00am** Snooker

Super League *7.30pm*
Sky Arena Warrington Wolves' star half-back George Williams

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Classic Premier League **10.00** The Football Show **12 noon** Soccerbox **1.00pm** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.00** 100 Club (AD) **6.00** Legends **7.00** The Big Interview **7.30** Stories **8.00** Soccerbox **9.00** The Big Interview **9.30** Stories **10.00** Icons **10.30** Retro **12.30–6.00am** Classic Premier League

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Women's T20 World Cup Cricket **11.30** Pakistan Super League **12.30pm LIVE Women's T20 World Cup Cricket** Sri Lanka v Australia from Gqeberha. **4.30 LIVE Pakistan Super League Cricket** Karachi Kings v Islamabad United. **6.00** Women's T20 World Cup Cricket **8.30** Pakistan Super League Highlights **9.30** Women's T20 World Cup Cricket **10.30** Pakistan Super League **11.30** Women's T20 World Cup Cricket **5.00–6.00am** Pakistan Super League

Sky NFL

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am NFL **12 noon** Good Morning Football **3.00pm** NFL Highlights **4.00** One Jets Drive **5.00** Bitesize **6.00** Pro-Football Talk **8.00** Review **9.00** Super Bowl LVII **11.00** Highlights **12 midnight–6.00am** NFL

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Super League **1.30pm** Rugby League Retro **3.30** Super League: highlights (AD) **5.00** Kevin Sinfield's Seven in Seven Challenge **7.00** Super League Preview **7.30 LIVE Super League** Warrington Wolves v Leeds Rhinos (kick-off **8.00**). **10.15** Super League **11.15** Women's Super League (AD) **11.30** NBA **12 midnight LIVE NBA** Chicago Bulls v Milwaukee Bucks; **3.00am** Phoenix Suns v Los Angeles Clippers (tip-off **3.00**). **5.30–6.30am** Inside the NBA

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Snooker: Welsh Open **8.00** Formula E **8.55** Cycling **10.20 LIVE Freestyle Skiing** World Cup ski cross from Austria. **12 noon** Snooker: Welsh Open **12.45pm LIVE Snooker** Day four of the Welsh Open in Llandudno. **5.00** Motor Racing **6.00** Snooker **6.45 LIVE Snooker** Day four of the Welsh Open in Llandudno. **11.00** Snooker **1.00am** Alpine Skiing **2.00** Snooker **4.00–6.00am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am LIVE Test Cricket New Zealand v England, further coverage of day one of the first Test from Bay Oval, Tauranga. **9.00am** T20 Super Smash Cricket **11.00** The Football's On (AD) **12 noon** Champions League Football **2.00pm** Portuguese Football **3.00** Australian Football **3.30** BT Sport Goals Reload **3.45** Premier League Stories (AD) **4.15** Premier League Reload **4.30** Test Cricket Highlights **5.30 LIVE Europa League Football** The Goals Show. **10.00** Europa League Highlights **11.00** The Football's On (AD) **12 midnight** French Football **12.30–6.00am LIVE Test Cricket** New Zealand v England, day two of the first Test from Bay Oval. Continues until 9am.

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am ESPN FC **6.30** Serie A: Full Impact **7.00** Wrestling (AD) **8.45** Surfing **9.45** Italian Football **2.45pm** Champions League Tonight **3.45** The Football's On (AD) **4.45** What I Wore **5.00 LIVE Europa League Football** Barcelona v Manchester United, a knockout round play-off first-leg match (kick-off **5.45**); **8.15** Sevilla v PSV Eindhoven, joining 15 minutes after kick-off. **10.00** Wrestling **11.00** Premier League: the Big Interview (AD) **11.30** UFC Fight Camp **12 midnight–6.00am LIVE Basketball** SMU Mustangs v Houston Cougars (tip-off **12.00**); **2.00am** Iowa Hawkeyes v Ohio State Buckeyes (tip-off **2.00**); **4.00** UCLA Bruins v Stanford Cardinal (tip-off **4.00**).

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Champions League Football **8.00** Europa League Magazine **9.00** Champions League Football **10.00** Hockey **1.00pm** Wrestling **5.00** ESPN FC Presents: Gab & Juls **5.30 LIVE Europa League Football** Ajax v FC Union Berlin, the knockout round play-off first-leg match (kick-off **5.45**); **7.45** Juventus v Nantes from Allianz Stadium (kick-off **8.00**). **10.00** The Football's On (AD) **11.00** Europa League Football **3.30am** Europa Conference League **4.30** French Football **5.00** Goals Reload **5.30–6.00am** ESPN FC

BT Sport 4

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am SportsCenter **6.15** Around the Horn: discussion **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Basketball **11.30** ESPN FC **12 noon** Around the Horn **12.30pm** Pardon the Interruption **1.00** SportsCenter **1.15** Basketball **4.45** SportsCenter **5.00** French Football **5.30 LIVE Europa League Football** RB Salzburg v AS Roma at Red Bull Arena (kick-off **5.45**); **7.45** Bayer Leverkusen v Monaco, a knockout round play-off first-leg match (kick-off **8.00**). **10.00** Test Cricket Highlights: New Zealand v England **11.00** Around the Horn **11.30** Pardon the Interruption **12 midnight** ESPN FC **12.30am** UFC **4.00–6.00am** Darts (AD)

Amazon Prime

10.00am, 6.30pm LIVE ATP Tennis The Rotterdam Open, coverage of the second round. **11.30am LIVE WTA Tennis** The Qatar Open, quarter-finals.

Friday

PRIZE TURN
Tom Allen arrives in style

AWARDS

The National Comedy Awards for Stand Up to Cancer

9.00pm ***C4*** *Catch up via All 4*

LIVE

Take a room full of comedians, add free-flowing booze, a hefty mix of awards, air it live and what do you get? Something any broadcaster would be brave to take on... But after last year's inaugural awards ceremony was pre-recorded, this time Channel 4 have decided to make a few agents rather nervous by representing the original and more raucous 90s version of the awards do and airing this year's National Comedy Awards for Stand Up to Cancer live (albeit, surely, with a bit of a delay in transmission?).

There are some interesting dynamics within the nominees, too, as former collaborators Ricky Gervais and Stephen Merchant are both up for the Outstanding Comedy Actor gong for Netflix's *After Life* and the BBC's *Outlaws* respectively, while Greg Davies and Alex Horne are both separately nominated for their throne-wielding capers on *Taskmaster*. Panel shows, podcasts and newcomers will also be honoured on a night that, hopefully, will embody what comedy itself should be: edgy, a bit dicey and, most importantly, funny. **FRANCES TAYLOR**

PANEL SHOW

Would I Lie to You?

8.00pm ***BBC1***
Catch up via iPlayer

This week's merrily bluffing panellists are Lucy Beaumont, Desiree Burch, Ralf Little and Anton Du Beke – who claims that he was once hired to host a corporate awards ceremony after being mistaken for (*quelle surprise!*) host Rob Brydon.

Meanwhile, Beaumont asks us to believe that, as an adult, she once accidentally took part in an under-12s swimming gala – a story that causes team captain David Mitchell inadvertently to reveal something he perhaps should've saved for a future episode.

Beaumont quietly conquers tonight's game; she knows how to spin a silly yarn with just the right amount of tantalising plausibility. **PAUL WHITELAW**

GARDENING

Gardeners' World

8.00pm (not in Wales) ***BBC2***
Catch up via iPlayer

If your garden still has that air of wintry sadness about it, albeit with the occasional snowdrop poking through the earth, you'll doubtless be cheered by the first of four programmes looking back at some of last year's *GW* highlights. Among them are the jam-packed borders of hairstylist (and self-confessed plant addict) Sam McKnight, as well as the glorious, long-established garden in Axminster, Devon, that its delightful owner has nurtured for 60 years.

Plus, Monty Don is seen in his greenhouse where he shares tips on harvesting tomatoes and why supermarket ones never taste as good. It makes you yearn for the long, warm days of summer. **JANE RACKHAM**

PROPERTY

Amanda and Alan's Italian Job

8.30pm ***BBC1***
Catch up via iPlayer

For once Amanda Holden agrees to compromise with Alan Carr over the renovation of their dilapidated Sicilian house. Even so, she still gets her own way on the major elements of their open-plan living area. "I'm just a doormat," explains Alan.

Although Amanda has a go at knocking down a wall, their brilliant and patient project manager Scott really does all the hard work. They, meanwhile, search for a stray dog, ride horses to a temple at sunset and visit a pasta festival that Alan dubs "Pastonbury".

I've enjoyed this series' sunny vibe, but I've also warmed to these two and their jolly banter. **JR**

DRAMA

Death in Paradise

9.00pm ***BBC1*** *Catch up via iPlayer*

This may sound tangential, but have you noticed the influence officious Delores Umbridge from *Harry Potter* has had on TV police dramas? Anna Maxwell Martin appeared to be channelling her ruthlessness in *Line of Duty*, and now we get guest star Jaye Griffiths doing the same thing here as DI Karen Flitcroft. One trait all three share is their ability to needle (some would say persecute) a central character, in this instance Neville Parker, who's in a right state following last week's shock cliffhanger.

Please, for the love of all things good and pure, don't read on if you've yet to witness it... but Nev is now getting a taste of what life is like for those whose faces end up on that incident board of his. **DAVID BROWN**

ALSO ON TODAY

The Graham Norton Show *10.40pm* ***BBC1***
Tittersome chat with guests Judi Dench, Hugh Jackman, Eugene Levy, Michael B Jordan, Paul Rudd and Michael Douglas.

The Wall: Cover Your Tracks
9.00pm ***More4***
Céline (Isabel Richer, right) investigates a death three years earlier in the French Canadian mystery.

Greg Davies: Firing Cheeseballs at a Dog
11.05pm ***C4***
Another chance to sample the comedian's acclaimed debut stand-up show from 2011.

PANEL SHOW

QI XL *9pm (11.50pm Wales)* ***BBC2***

Catch up via iPlayer

The world of *QI* sometimes feels synonymous with a kind of twee, cosy Britishness – and this episode does little to dispel that reputation. Archaic words like throttlebottom, twiffler and twattlebasket are thrown about, the panellists start correcting each other on cricket terminology, and within minutes Sandi Toksvig is modelling various strange teapots and popping milk into her brew.

Enjoying their teatime trivia with Toksvig and regular sidekick Alan Davies are Henning Wehn, Ahir Shah and Rosie Jones – and she wins the one-liner game with a laugh-out-loud observation about a space kettle and the Almighty. Frankly, you may never look at a cup of Twinings in the same way again. **HUW FULLERTON**

DRAMA

Hotel Portofino

9.00pm ***ITV1*** *Catch up via ITVX*

A storm is raging over Portofino. The rain is lashing down and there's thunder in the air. But the local fascists are creating a different kind of disturbance, so hotel owner Bella (Natascha McElhone) is probably being very prudent when she says she can't be seen to be doing anything against Mussolini's thugs. "They're everywhere," she says prophetically. However, her guests are having a wonderful time, even having an impromptu, and raucous, party.

While Portofino (or Croatia where much of this *Downton Abbey* in Italia was filmed) is as beautiful as ever and the costumes equally gorgeous, there's certainly a dark side to 1920s Italy – as Lucian and Nish discover. **JR**

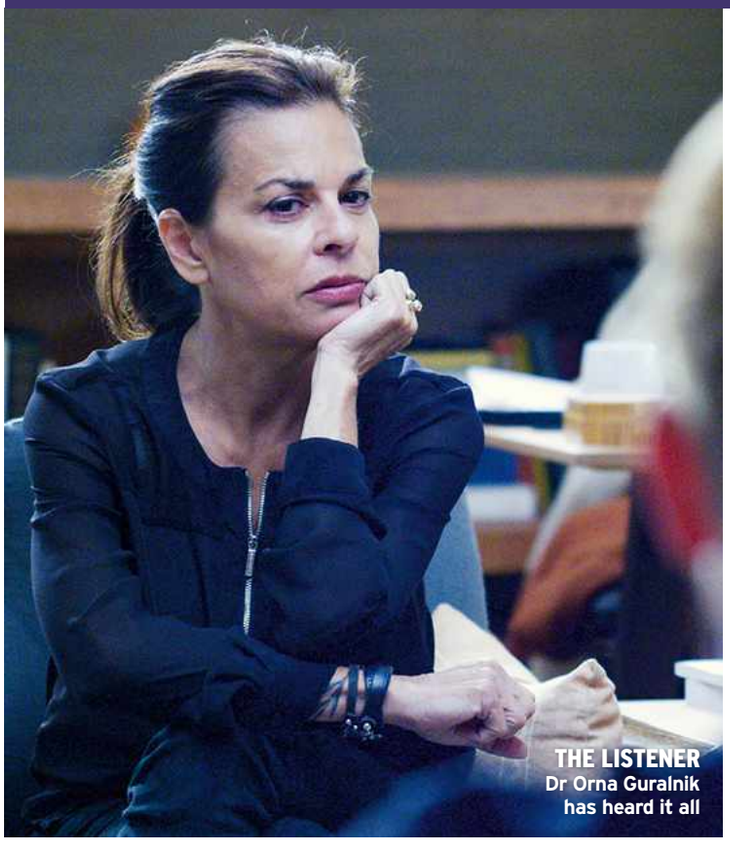
TRAVEL

A League of Their Own Road Trip

9pm ***Sky Max*** *Catch up SkyGo/Now*

The overgrown lads return for another *Top Gear*-esque adventure. Host Romesh Ranganathan sends team captain Jamie Redknapp and new boy Micah Richards on an epic 2,000-mile jaunt across South East Asia. In Singapore, they're joined by comedian Alan Carr and chef Big Zuu for a daredevil abseil, a satay cook-off, cocktail-mixing at Raffles Hotel and synchronised swimming.

In an engine-revving finale, Red Bull Racing's Max Verstappen, Sergio Perez and Christian Horner train them for a race around the local Grand Prix circuit. At stake? For a forfeit, the loser must perform stand-up comedy to a 5,000-strong crowd. No pressure. **MICHAEL HOGAN**



THE LISTENER Dr Orna Guralnik has heard it all

FACTUAL

Couples Therapy

11.05pm, 11.35pm (12.35am, 1.05am in Wales) ***BBC2*** *Catch up on iPlayer*

Watching people picking away at the festering wounds of their relationships should be deeply unpleasant. Not to mention the uncomfortable feeling that it's both over-sharing and exploitative. But while this fly-on-the-wall series can be raw, emotional and distressing, it's also highly addictive.

We're back in the offices of psychologist Dr Orna Guralnik, surely one of the world's best and most empathetic nodders, as various couples open their hearts to talk about the problems they perceive in their relationships.

What's interesting is that, as viewers, we start off completely neutral but before long we begin to take sides and sometimes even flip and flop between who we think is in the "wrong". Guralnik, of course, is considerably less judgemental. We start with a double episode. **JR**

LIVE SPORT

T20 Cricket: ICC Women's World Cup
West Indies v Ireland
4.30pm ***Sky Sports Cricket/ Main Event***
Led by Laura Delany (above), Ireland go into their third match, at Newlands in Cape Town.

Test Cricket
New Zealand v England
12.30am ***BT Sport 1***
The third day of the first Test from Bay Oval, Tauranga.

Rugby League
Leigh Leopards v Salford Red Devils *7.30pm (kick-off 8pm)* ***Sky Sports Arena***
The Super League season begins.

FILM OF THE DAY

Dear John ★★★★ 12
6.50pm ***Great Movies***
Channing Tatum stars as an American soldier who returns home on leave and falls for Amanda Seyfried's good-natured student. When a catastrophic event pulls them apart, their new-found love is put to the test. (2010)

FILM REVIEWS page 115

GETTY; ALLSTAR

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)

9.15 Morning Live Kimberley Walsh, Rav Wilding. (S) (HD)

10.00 24/7 Pet Hospital A labrador is rushed in with a swelling on its tongue. Last in series. (S) (AD) (HD)

10.30 Claimed and Shamed A conman is exposed when he loses his cool with call centre staff. (S) (HD)

11.15 Homes under the Hammer Properties in Kent, north-west London and Stoke-on-Trent. (R) (S) (AD) (HD)

12.15pm Bargain Hunt Experts Nick Hall and Tim Weeks help two teams in Detling, Kent. (S) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45 Father Brown *7/10* *Series 10*. Father Brown discovers there's more drama offstage than on in the latest production by the Kembleford Players. (S) (AD) (HD)

2.30 The Farmers' Country Showdown Kai and Neil launch their new chilli ice-cream. (Revised rpt) (S) (HD)

3.00 Escape to the Country Jules Hudson helps a Birmingham couple in Lincolnshire. (R) (S) (AD) (HD)

3.45 Antiques Road Trip Margie Cooper and Ochuko Ojiri examine an Edwardian shoe sign, an African thumb piano and a set of 1930s hat moulds. (S) (HD)

4.30–5.15 Bridge of Lies Quiz show. (S) (HD)

BBC2

6.30am Antiques Road Trip Searching for bargains in Worcestershire. Shown yesterday 3.45pm BBC1 (S) (HD)

7.15 Bridge of Lies Shown yesterday 4.30pm BBC1 (S) (HD)

8.00–9.00 Sign Zone Serengeti III *3/6*. Kali the lioness becomes separated from her cubs. (R) (S) (AD) (HD)

ⓘ BBC RED BUTTON 8.45–10.45 Skiing Live coverage of the men's giant slalom first run in the Alpine World Ski Championships from Courchevel, France

9.00 BBC News (S) (HD)

ⓘ BBC SPORT ONLINE 12.15–1.45pm Skiing The men's giant slalom second run from Courchevel, at bbc.co.uk/sport

1.00pm Hardball Quiz hosted by Ore Oduba. (R) (S) (HD)

ⓘ BBC RED BUTTON 1.00–4.30 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

1.45 Eggheads Quiz hosted by Jeremy Vine. (R) (S) (HD)

2.15 Britain in Bloom Chris Bavin meets volunteers in Immingham, north Lincolnshire. (R) (S) (HD)

2.45 Murder, Mystery and My Family: Case Closed? The murder of a pub landlady in 1922. (R) (S) (AD) (HD)

3.30 Animals with Cameras A look at the agility and navigational skills of koala bears. (R) (S) (AD) (HD)

4.30–5.15 Coast and Country Auctions Cameras explore Brixham's fish market in Devon. (R) (S) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)

9.00 Lorraine Showbiz gossip and guests. (S) (HD)

10.00 This Morning Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)

12.30pm Loose Women Frank exchanges. (S) (HD)

1.30 ITV Lunchtime News Regional News; Weather (S) (HD)

2.00 Dickinson's Real Deal The dealers are at the RAF Museum Cosford, where Tracy Thackray-Howitt goes giddy for a fabulous cocktail ring. (R) (S) (AD) (HD)

3.00–4.00 Lingo Sophie and Joe, Lloyd and Lionel, and Trevor and Steph compete in the battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.10am Countdown With Maggie Aderin-Pocock. (R) (S) (HD)

6.50 3rd Rock from the Sun Double bill. (R) (S) (AD)

7.40 The King of Queens Triple bill. (R) (S) (AD) (HD)

9.00 Frasier Triple bill of the US sitcom. (R) (S) (AD)

10.25 Undercover Boss USA The founder and CEO of a New Jersey-based clothing store goes under cover among his employees. (R) (S) (HD) **11.25 News** (S) (HD)

11.30 Sarah Beeny's New Life in the Country Sarah and Graham design a staircase. (R) (S) (AD) (HD)

12.30pm Steph's Packed Lunch Weekday magazine show hosted by Steph McGovern. (S) (HD)

2.10 Countdown Maggie Aderin-Pocock guests. (S) (HD)

3.00 A Place in the Sun A couple seek a holiday home in western Cyprus for £190,000. (R) (S) (HD)

4.00–5.00 A New Life in the Sun In Italy, a messy guest throws a couple off track as they get to grips with the demands of running holiday accommodation. (S) (HD)

BBC1 1

Amanda and Alan's Italian Job *8.30pm* Arch enemies: will the duo be prepared to compromise?

5.15pm Pointless
With Alexander Armstrong and Alex Brooker. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show
Hosted by Jermaine Jenas and Emma Willis. (S) (HD)

7.30 Question of Sport
Gymnast Claudia Fragapane, former Premier League striker Carlton Cole, Superbike world champion James Toseland and Olympic badminton silver medallist Gail Emms join Sam Quek and Ugo Monye on the quiz.
Series producer Dave Gymer; Exec producer Gareth JM Edwards (S) (HD)

8.00 Would I Lie to You?
RT ***7/11.*** Rob Brydon hosts as captains Lee Mack and David Mitchell are joined by Lucy Beaumont, Anton Du Beke, Desiree Burch and Ralf Little to weed out the fact from the fiction. **See page 108.**
Director Barbara Wiltshire; Series producer Adam Copeland (S) (HD)

8.30 Amanda and Alan's Italian Job
RT ***7/8.*** As Amanda and Alan join forces to renovate the last two rooms, their dream of creating an open-plan living and dining room is dented when they discover that the main structural wall dividing the two spaces requires a much smaller arch than anticipated. Keen to make the rooms feel authentic, for inspiration they take a boat trip along the Zingaro nature reserve and enjoy sunset on horseback in the ancient Greek city of Selinunte. **See page 108.**
Director Alex Mucadum; Executive producers Sanjay Singhal and Claire Walls (S) (AD) (HD)
RT TRAVEL An eight-day holiday in Italy, staying at a spa resort in Tuscany, with trips to Portofino, Florence and Pisa: page 153

9.00 Death in Paradise
RT ***7/8*** *Series 12.* When DI Karen Flitcroft from the Department of Policing Standards arrives to take over the investigation, the team must try to prove Neville's innocence following his arrest for Professor Cartwright's murder. A box set of previous series is available on iPlayer. **See page 108.**

DI Neville Parker	**Ralf Little**	Sophie Chambers	**Chelsea Edge**
Commissioner Selwyn Patterson	**Don Warrington**	DI Karen Flitcroft	**Jaye Griffiths**
DS Naomi Thomas	**Shantol Jackson**	Henry Baptiste	**Solomon Israel**
Officer Marlon Pryce	**Tahj Miles**	David Cartwright	**Patrick Kennedy**
Trainee Officer Darlene Curtis	**Ginny Holder**	Andrew Buckley	**Kent Riley**
Catherine Bordey	**Elizabeth Bourgine**	Rose Dalton	**Cara Theobold**
		Justin West	**Robert Webb**

Writer James Hall; Series producer Candida Julian-Jones
Director Angie de Chastelai Smith (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.40 The Graham Norton Show
Dame Judi Dench, Hugh Jackman, Michael B Jordan Eugene Levy, Paul Rudd and Michael Douglas all join the host for a chat on the sofa. Music comes from P!nk, who performs her latest single *Trustfall*.
Director Toby Baker; Series producer Jon Magnusson (S) (HD)

11.30 Magic Mike ★★★
Comedy drama starring Channing Tatum. A 30-something male stripper rethinks his lifestyle while mentoring the new kid on the block and there is added impetus when the woman he likes won't take him seriously as boyfriend material. Available on iPlayer for 30 days. **Review page 115.**

Mike	**Channing Tatum**	Ken	**Matt Bomer**
Adam "The Kid"	**Alex Pettyfer**	Nora	**Riley Keough**
Dallas	**Matthew McConaughey**	Big Dick Richie	**Joe Manganiello**
Brooke	**Cody Horn**	Tarzan	**Kevin Nash**
Joanna	**Olivia Munn**	Tito	**Adam Rodriguez**

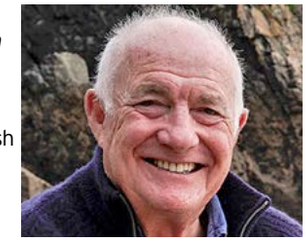
Director Steven Soderbergh (2012, 15) (S) (HD)

1.15am Weather for the Week Ahead (S) (HD)
1.20–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101 **Virgin** 101

BBC2 2

Rick Stein's Cornwall *6.30pm* The evergreen chef showcases the cream of everything Cornish



5.15pm Flog It!
Items in Hull include a collection of suffragette postcards and newspaper printing blocks. (R) (S) (HD)

6.00 Richard Osman's House of Games
Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee battle for the coveted trophy.
Director Ollie Bartlett; Executive producer Tamara Gilder (R) (S) (HD)

6.30 Rick Stein's Cornwall
5/10 *Series 3.* Rick observes a traditional fishing method as he goes in search of what he considers to be the best oysters in the world. Back on dry land, he cooks cullen skink, a fish soup, and discovers the story of Cornwall's old capital, Lostwithiel. (S) (AD) (HD)

7.00 Cornwall with Simon Reeve
2/2. The adventurer investigates the environmental challenges facing Cornwall and encounters some of its wildlife, including Britain's largest predator, the grey seal. He also helps clear discarded fishing nets.
Directors Chris Mitchell and Freddie Martin; Producer Mel Mackie (R) (S) (AD) (HD)

ⓘ BBC RED BUTTON 7.00–11.00 Snooker Live coverage of the Welsh Open at Venue Cymru in Llandudno

8.00 Gardeners' World
RT The team look back at some of their seasonal highlights, in the first of four special programmes. Monty Don harvests tomatoes while Carol Klein takes a trip to an early-summer garden in Wiltshire. Toby Buckland meets a passionate gardener in Devon who has nurtured her outdoor space over the last 60 years and Rachel de Thame visits the home of celebrity hairstylist Sam McKnight. **See page 108.**
Series producer Becky Pratt; Executive producer Gary Broadhurst (S) (HD)
RT GARDENING Save money on a complete potato-growing kit that's ideal for patios; plus offer on blueberry bushes: see page 146

9.00 QI XL
RT Presenter Sandi Toksvig invites Alan Davies, Rosie Jones, Ahir Shah and Henning Wehn to discuss teatime. Last in series. **See page 109.**
Director Diccon Ramsay; Producer Piers Fletcher (S) (HD)

9.45 Live at the Apollo
Chris McCausland gets the evening under way before introducing Sophie Duker and Emmanuel Sonubi.
Director Paul Wheeler; Series producer Anthony Caveney (Revised rpt) (S) (HD)

10.30 Newsnight With Mark Urban. (S) (HD)

11.00 Weather (S) (HD)

11.05 Couples Therapy
RT ***New series. 1/9*** *Series 3.* Fly-on-the-wall series following relationship therapist Dr Orna Guralnik and her clients. Molly wonders whether her marriage to Josh can withstand their "scar tissue", and Cyn questions her monogamous life with Yaya. (S) (HD)
11.35 ***2/9.*** Ping traces her problems with Will to a trip he took, India lashes out against Dale for being judgemental, and Cyn recalls a trauma. From tonight, the whole series will be on iPlayer. **See p109.** (S) (HD)

12.05am Our Flag Means Death *7/10*. This Is Happening Fearing an outbreak of scurvy, the crew search for citrus. Shown Wednesday 10pm (S) (AD) (HD)
12.30 Digging for Britain *6/6* *Series 10*. In northern England and Scotland. **See choice, p58.** Shown Sunday 8pm (S) (AD) (HD)
1.30–3.25am Sign Zone 1.30 Cops, Cash and Fraudsters: Panorama Following Kent Police's attempts to catch fraudsters over the past year. Shown Monday 8pm BBC1 (S) (HD)
2.00 Marie Antoinette *5/8*. Marie finds herself drawn into the tussle over the choice of prime minister. (R) (S) (AD) (HD)
2.55 Our Flag Means Death *5/10*. Blackbeard decides to try his hand at being an aristocrat. (R) (S) (AD) (HD)

ⓘ BBC SPORT ONLINE 4.20–9.00am Cross Country The World Championships from New South Wales, at bbc.co.uk/sport

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1 3

Hotel Portofino
9.00pm There's trouble in the air as Danioni steps up his campaign of intimidation

4.00pm Tipping Point
Ben Shephard hosts as three players try to hit the jackpot on the supersized arcade machine.
Director Richard van't Riet
Series producer Chris Hale (S) (HD)

5.00 The Chase
David, Zoe, Diana and Ibrahim challenge one of the fearsome Chasers. Bradley Walsh presents.
Executive producers Helen Tumbridge, Michael Kelpie and Martin Scott (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale
The Dingle clan struggle. Marcus is shocked to see Ethan getting into a stranger's car. Naomi catches up with Victoria about her problems.

Naomi Walters	**Karene Peter**	Priya Kotecha	**Fiona Wade**
Victoria Sugden	**Isabel Hodgins**	Rhona Goskirk	**Zoe Henry**
Liam Cavanagh	**Jonny McPherson**	Rishi Sharma	**Bhasker Patel**
Lydia Dingle	**Karen Blick**	Rodney Blackstock	**Patrick Mower**
Mackenzie Boyd	**Lawrence Robb**	Ryan Stocks	**James Moore**
Mandy Dingle	**Lisa Riley**	Sam Dingle	**James Hooton**
Manpreet Sharma	**Rebecca Sarker**	Sarah Sugden	**Katie Hill**
Marlon Dingle	**Mark Charnock**	Suzy Merton	**Martelle Edinborough**
Mary Goskirk	**Louise Jameson**	Tracy Metcalfe	**Amy Walsh**
Matty Barton	**Ash Palmisciano**	Vanessa Woodfield	
Moira Dingle	**Natalie J Robb**		**Michelle Hardwick**
Nate Robinson	**Jurell Carter**	Vinny Dingle	**Bradley Johnson**
Nicola King	**Nicola Wheeler**	Wendy Posner	**Susan Cookson**
Noah Dingle	**Jack Downham**	Zak Dingle	**Steve Halliwell**
Paddy Dingle	**Dominic Brunt**		

Writers Bill Taylor, Paul Roundell This week's episodes produced by Kate Brooks, Laura Shaw and Hannah Cheers, directed by Adrian Bean and Paul Copeland More cast Thu (S) (AD) (HD)

8.00 Coronation Street
Max prepares to be sentenced in court, Amy's plan backfires, and chaos ensues when Carla gets behind the wheel of Underworld's van.
Writers Ellen Taylor and Susan Oudot Cast Mon/Wed (S) (AD) (HD)

9.00 Hotel Portofino
RT *3/6.* **Invitations.** Lucian has to be rescued after running into trouble with Danioni's Blackshirts. Bella organises a tea party for the locals and Rose lets her hair down. Cecil and Jack shake hands on a shady deal for the sale of a precious family heirloom. **See page 109.**

Bella Ainsworth	**Natascha McElhone**	Pelham Wingfield	**Dominic Tighe**
Billy Scanlon	**Louis Healy**	Lizzie Wingfield	**Bethan Cullinane**
Constance March	**Louisa Binder**	Cecil Ainsworth	**Mark Umbers**
Lucian Ainsworth	**Oliver Dench**	Lady Latchmere	**Anna Chancellor**
Anish Sengupta	**Assad Zaman**	Melissa De Vere	**Imogen King**
Paola	**Carolina Gonnelli**	Count Carlo Albani	**Daniele Pecci**
Betty Scanlon	**Elizabeth Carling**	Lottie Mays-Smith	**Maya Ramadan**
Alice Mays-Smith	**Olivia Morris**	Roberto Albani	**Lorenzo Richelmy**
Rose Drummond-Ward		Claudine Pascal	**Lily Frazer**
	Claude Scott-Mitchell	Gianluca Bruzzone	**Rocco Fasano**
Julia Drummond-Ward	**Lucy Akhurst**	Vincenzo Danioni	**Pasquale Esposito**
Francesco	**Petar Bencic**	Jack Turner	**Adam James**

Writer Matt Baker; Director Adam Wimpenny
Editor Natasha Wilkinson First shown on BritBox (S) (AD) (HD)
RT TRAVEL An eight-day holiday in Italy, staying at a spa resort in Tuscany, with trips to Portofino, Florence and Pisa: page 153

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 The Brit Awards
Another chance to see the awards ceremony from the O2 in London. **See choice, page 48.**
Shown Saturday 8.30pm (S) (HD)
Shaznay Lewis's point of view: page 15

1.00am Home Shopping (HD)
3.00 ITV Football Classics England v Cameroon in the 1990 World Cup quarter-finals. (R) (S) (SL) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05–6.00am Ainsley's Fantastic Flavours *Ep 3* Dishes featuring cheese. Shown Sat 11.40am (S) (SL) (HD)

ITV1 **Freeview** 3/**HD** 103 **Freesat** 103 **Sky** 103 **Virgin** 113/**HD** 103
+1 **Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4 4 / 7 in Wales

The National Comedy Awards
9.00pm Seriously funny: host Tom Allen presides over the ceremony

5.00pm Four in a Bed
Highlights and previously unseen moments. (S) (HD)

5.30 Come Dine with Me
At the final party in Cardiff, steel worker Giulio treats his guests to an authentic Italian night. (S) (HD)

6.00 The Simpsons
Skinner's Sense of Snow. A snowstorm leaves the children trapped inside the school. (R) (S) (AD)

6.30 Hollyoaks
Diane decides to distance herself from Beau.

Diane Hutchinson	**Alex Fletcher**	Scott Drinkwell	**Ross Adams**
Beau Ramsey	**Jon-Paul Bell**	Sebastian Blake	**Teddie Williamson**
Maxine Minniver	**Nikki Sanderson**	Sienna Blake	**Anna Passey**
Mercedes McQueen	**Jennifer Metcalfe**	Sophie Blake	**Scarlett Kerr**
Pearl Anderson	**Dawn Hope**	Ste Hay	**Kieron Richardson**
Peri Lomax	**Ruby O'Donnell**	Tom Cunningham	**Ellis Hollins**
Prince McQueen		Tony Hutchinson	**Nick Pickard**
	Malique Thompson-Dwyer	Warren Fox	**Jamie Lomas**
Sally St Claire	**Annie Wallace**	Yasmine Cunningham	**Haiesha Mistry**
Sam Chen-Williams	**Matthew McGivern**	Perry	**Freddie Pearson**

Writer Thabo Mhlatshwa More cast Thu Shown yesterday 7pm E4 Repeated next Mon E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Grand Designs
Iain and Jenny intend to construct a minimalist, rectangular building inside the walled garden of a Scottish country estate originally conceived by renowned architect Sir Robert Lorimer. However, concerns as to whether the site will be ruined for ever hang over the entire project.
Director Edward Sunderland; Executive producers John Lonsdale and John Comerford (R) (S) (AD) (HD)

9.00 The National Comedy Awards for Stand Up to Cancer
RT Tom Allen hosts the ceremony live at the Roundhouse in north London, as stars from the world of comedy gather to find out who will collect the coveted trophies, decided by votes from the British public. Nominees include Rose Matafeo, Daisy May Cooper, Ricky Gervais, Kiell Smith-Bynoe, Judi Love and Joe Lycett. **See p108.**
Series producer Susie Hall; Executive producers Dan Baldwin and Suzi Aplin (S) (AD) (HD)
Your RT Books: page 140

11.05 Greg Davies: Firing Cheeseballs at a Dog
The comedian, actor and *Taskmaster* host's acclaimed debut stand-up show from 2011.
Writer Greg Davies; Director Paul Wheeler (R) (S) (AD) (HD)

12.20am Everyone Else Burns *5/6.* David takes Aaron to the countryside for some father-son bonding. **See choice, page 69.** Shown Mon 10pm (S) (SL) (AD) (HD)

12.50 The Naked Gun 2½: the Smell of Fear ★★★★ Comedy starring Leslie Nielsen and Priscilla Presley. A consortium of pollution-spewing energy producers plans to nobble an influential "green" spokesman, whose assistant just happens to be Jane Spencer – the woman who broke inept cop Frank Drebin's heart. Available on All 4 for the next 30 days.
Director David Zucker (1991, 15) (S) (HD)

2.15 Find It, Fix It, Flog It Restoring a banjo. (R) (S) (HD)
2.20 Jamie's One-Pan Wonders A salmon dish. (R) (S) (HD)
2.30 Escape to the Château A selection of highlights and best bits from series seven. (R) (S) (AD) (HD)
2.35 More clips from the series. (Revised rpt) (S) (AD) (HD)
2.40 Ramsay's Kitchen Nightmares USA A visit to Ms Jean's Southern Cuisine in Pennsylvania. (R) (S) (SL) (HD)
3.30 Couples Come Dine with Me Three types of lamb are served up at dinner parties in Manchester. (R) (S) (HD)
4.25 Find It, Fix It, Flog It Henry Cole and Simon O'Brien are in the south Wales Valleys. (R) (S) (HD)
4.35 The Great British Dig: History in Your Back Garden From Benwell, Newcastle. (R) (S) (AD) (HD)
5.25–6.20am Location, Location, Location Property searches in Hertfordshire and Somerset. (R) (S) (HD)

Channel 4 **F'view** 4/**HD** 104 **F'sat** 104/**HD** 126 **Sky** 104 **Virgin HD** 104
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4 9 / 24 in Scotland

Boy George and Culture Club: Karma to Calamity
9.00pm Charting the 2014 reunion

7.00pm Top of the Pops 1994
Robbie Williams and Mark Owen presents the chart show from 17 March, featuring Björk, Blur, Tori Amos, Bruce Springsteen, Alison Moyet, Madonna, Roachford, Roxette and Doop.
Repeated 1.55am (R) (S)
7.30 Simon Mayo hosts the 24 March edition, featuring Soul Asylum, Bon Jovi, D:Ream, Worlds Apart, Salt-N-Pepa with En Vogue, Take That and Doop.
Producer Ric Blaxill Repeated 2.25am (R) (S)

8.00 Top of the Pops 1977
Noel Edmonds introduces Leo Sayer, Racing Cars, Heatwave, Barbara Dickson, Electric Light Orchestra, Bryan Ferry and the Real Thing. From 24 February.
Repeated 2.55am (R) (S)

8.30 Top of the Pops 1989
Mark Goodier and Andy Crane introduce Def Leppard, Simple Minds, Gloria Estefan, Poison, Edie Brickell and the New Bohemians, Pop Will Eat Itself, Debbie Gibson, Texas, Sam Brown, the Style Council, Marc Almond and Gene Pitney, and S-Express. From 16 February.
Director/Producer Paul Ciani Rptd 3.25am (R) (S)

9.00 Boy George and Culture Club: Karma to Calamity
Following the members of the colourful 1980s chart-toppers as they get back together in 2014 to record a new album and embark on a tour. However, old creative differences and tensions soon resurface to threaten the reunion.
Director/Producer Mike Nicholls
Repeated 12.55am (R) (S) (HD)

10.00 Boy George and Culture Club: Radio 2 in Concert
Recorded at the BBC Radio Theatre in London in 2018, one of the most influential bands of the 1980s perform some of their classic hits such as *Karma Chameleon* and *Do You Really Want to Hurt Me?* as well as songs from *Life*, which was their first album in 19 years.
Director Marcus Viner
Executive producer Alison Howe (R) (S) (HD)

11.05 The New Romantics: a Fine Romance
A look back at stars of the New Romantic era of the early 1980s, which included performers such as Duran Duran, Spandau Ballet and Visage.
Director/Producer Sharon Walker (R) (S) (HD)

11.55 Stewart Copeland's Adventures in Music
2/3. Francis Ford Coppola explains how simple musical devices transformed famous scenes in *The Godfather* and *Apocalypse Now*, and Stewart's former Police bandmate Sting describes the secrets of his songwriting process.
Director Nico Wasserman
Executive producer Jez Nelson (R) (S) (HD)

12.55am Boy George and Culture Club: Karma to Calamity Shown 9pm (S) (HD)
1.55 Top of the Pops 1994 Shown 7pm/7.30pm (S)
2.55 Top of the Pops 1977 Shown 8pm (S)
3.25–3.55am Top of the Pops 1989 Shown 8.30pm (S)

BBC4 **F'view** 9/**HD** 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND
7.30–8.00pm Life on the Bay: Andrew and John take a dance down memory lane **11.30** Question of Sport **12 midnight** A View from the Terrace **1.00am FILM:** Magic Mike **2.45** Weather for the Week Ahead **2.50–6.00** News

BBC SCOTLAND
7.00pm The Seven **7.30** Sportscene: Championship Live: Greenock Morton v Dundee (kick-off 7.45) **10.00** Still Game: Jack and Victor stage a sting **10.30** A View from the Terrace **11.30–12 midnight** Scottish Cup Classics

STV
7.00–7.30pm What's On Scotland **3.50–5.05am** Night Vision

ITV1 BORDER SCOTLAND
6.30pm ITV Evening News; Weather **7.00–7.30** Border Life

BBC1 WALES
10.00–10.30am 24/7 Pet Hospital: a puppy needs surgery after eating a mystery object **7.30–8.00pm** Kiri's TV Flashback

BBC2 WALES
1.00–4.30pm Snooker: live coverage of the Welsh Open **7.00** Snooker **7.30** Scrum V Live: Munster v Ospreys (k/o 7.35) **9.30** Snooker **10.00–10.30** Coast **11.05** Snooker **11.50** QI XL **12.35–1.30am** Couples Therapy: new series

ITV1 WALES
6.30pm ITV Evening News; Weather **7.00–7.30** Coast and Country

BBC1 NORTHERN IRELAND
7.30–8.00pm B&B by the Sea: football legend Neil "Razor" Ruddock checks in to the B&B **11.30** Question of Sport: with Claudia Fragapane, Carlton Cole, James Toseland and Gail Emms **12 midnight FILM:** Magic Mike ★★★ Comedy drama starring Channing Tatum. A 30-something male stripper rethinks his lifestyle while mentoring the new kid on the block **1.50–6.00am** News

UTV
6.30pm ITV Evening News; Weather **7.00–7.30** UTV Life

Channel 5 listings are overleaf

FRIDAY Freeview

Channel 5 [5]

The Great Stink of 1858 *9.00pm* Dr Xand van Tulleken investigates

5.35am Milkshake! See page 114
9.15 *New.* Jeremy Vine (S) (HD)
12.45pm George Clarke's Build a New Life in the Country Cambridge couple Frank and Alice plan to convert a dilapidated stone house and idyllic surroundings in rural Croatia into a nature retreat. (S) (HD) **1.40 5 News** (S) (HD)
1.45 Home and Away Justin is forced to make amends for his poor sportsmanship. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)
2.15 A Mother's Fury ★★ Thriller starring Chelsea Hobbs and Stephanie Cleough. When Elizabeth has a baby she throws herself into motherhood. But then her new son is kidnapped… Director David Langlois (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Caterers Louise and Ed prepare healthy dishes for a slimming boot camp. (S) (HD)
5.00pm 5 News (S) (HD)
6.00 Our Yorkshire Farm In this visit to the Owens family in the Yorkshire Dales, eight-year-old Sidney is given a sheepdog puppy to train, while Reuben, 16, leaves school behind to start his dream job as a mechanic. (S) (HD)
6.55 5 News Update (S) (HD)
7.00 Deliveroo: How Do They Really Do It? The secrets of the online food company's success, travelling with the delivery riders, revealing meals to avoid, which foods stay hot and which do not. Experts and former employees reveal the workings of Deliveroo to help show how online delivery really operates. Director/Producer Gillian Bancroft (S) (HD)
7.55 5 News Update (S) (HD)
8.00 Cruising with Susan Calman *3/6.* Susan sets sail from Barcelona, boarding *Harmony of the Seas*, one of the biggest cruise ships in the world. Before the ship departs, there's time for a tour of Barcelona, where Susan's arrival coincides with the La Mercè Festival. Director Jenny Macleod (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 *New.* The Great Stink of 1858 *2/2.* **Saving London.** Continuing the story of the 19th-century olfactory outburst which dominated London. Xand van Tulleken reveals how Queen Victoria suffered from the stench during a trip to see Isambard Kingdom Brunel's ship, the *Great Eastern*. (S) (HD)
10.00 Kenneth Williams: in His Own Words Gyles Brandreth narrates this tribute to the beloved actor, featuring the comedy milestones of his career and access to Williams's rarely seen photo albums. Director/Producer Glenn Middleham (S) (HD)
12 midnight Greatest Hits of the 80s: the stories behind six songs from the decade (S) (HD) **1.25am *New.*** Casino (S) (HD) **3.25** Entertainment News (S) (HD) **3.30** Around the World by Train with Tony Robinson (S) (HD) **5.05–5.35am** Great Artists (S) (SL)

C5 **F'view** 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105
+1 **Freeview** 46 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

BBC3 [23]

The Notebook *9.00pm* Allie and Noah begin an ill-starred teenage romance

7.00pm Zen Motoring *6/6.* Ogmios navigates through nature. Shown Sunday 8.45pm (S) (HD)
7.10 Yianni: Supercar Customiser *9/20 Series 1.* Transforming a dull green Range Rover into a red sensation. (S) (HD) **7.35** *10/20.* Two social media stars turn to Yianni to customise their vehicles. (S) (HD)
Followed by ***New.* The Catch Up** (S) (HD)
8.00 Waterloo Road *7/7.* The past catches up with Danny at the end of term show. **See choice, p78.** Shown Tuesday 8pm BBC1 (S) (AD) (HD)
9.00 The Notebook ★★★ Romantic drama with Ryan Gosling and Rachel McAdams. A teenage romance helps an old man bring the love of his life back from the shadows of dementia. Available on iPlayer for 24 days. **Review p55.** Director Nick Cassavetes (2003, 12) (S) (W) (HD) Shown Saturday 11.55pm BBC1
10.55 Charlotte in Sunderland *5/10.* Letitia's shock diagnosis is still sinking in for the entire family. First shown Wednesday 10pm (S) (HD) **11.25** *6/10.* As Letitia begins treatment, Charlotte takes her wig shopping. First shown Wednesday 10.30pm (S) (HD)
11.55 Bad Education *5/6 Series 4.* **Glow Up.** Class K and Stephen give Mitchell a makeover. (S) (AD) (HD) **12.25am** Tonight with Target (S) (HD) **1.10** Virgil Abloh: How to Be Both (S) (HD) **2.05** Tagged: We're Watching You (S) (HD) **2.50** Sky High Club: Scotland and Beyond (S) (SL) (AD) (HD) **3.20–3.50am** People Just Do Nothing (S) (SL) (AD) (HD)

BBC3 **F'view** 23/**HD** 109 (not Scot/Wales) **F'sat** 179/**HD** 107 **Sky** 117 (173 London; 141 Scot; 115 NI) **Virgin** 107 (157 Scot/Wales)

ITV2 [6]

6.00am World's Funniest Videos (S) (HD) **6.35** Totally Bonkers Guinness World Records (S) (HD) **7.00** Secret Crush (S) (SL) (HD) **8.00** Dress to Impress (S) (AD) (HD) **9.00** Chuck (S) (HD) **10.00** One Tree Hill (S) (HD) **11.00** The OC: the Cohens' holiday is jeopardised (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (AD) (HD) **2.00** Family Fortunes (S) (HD) **3.05** Chuck (S) (HD) **4.00** One Tree Hill (S) (HD) **5.00** The OC (S) (HD)
6.00pm Celebrity Catchphrase With guests Charlie Brooks, Jimmi Harkishin and Siobhan McSweeney. (S) (AD) (HD)
7.00 Ninja Warrior UK Ben Shephard, Rochelle Humes and Chris Kamara host the final of the action game show. (S) (AD) (HD)
8.00 Superstore *5/22 Series 4.* Amy and Dina both prepare to give birth. (S) (AD) (HD)
8.30 *6/22.* Amy is shocked to discover she has no maternity leave. (S) (AD) (HD)
9.00 *New.* Love Island Another week in the villa comes to an end. (S) (HD)
10.05 Don't Hate the Playaz Darren Harriott, Eddie Kadi, Yinka Bokinni and Nella Rose join captains Maya Jama and Lady Leshurr. (S) (HD)
10.50 Family Guy *Series 16.* Brian learns how to invest in the stock market. (S) (AD) (HD)
11.15 Brian posts an offensive tweet that goes viral and the Griffins tell him he has to move out. (S) (AD) (HD)
11.40 American Dad! *Series 3.* Steve ends up in a refugee camp. (S) (AD)
12.10am *Series 2.* Stan seeks revenge for an incident at his high-school prom. (S) (AD)
12.40 Buffering (S) (HD) **1.15** Superstore (S) (AD) (HD) **2.15** Totally Bonkers Guinness World Records (S) (SL) (HD) **2.40–3.00am** Unwind (S) (HD)

ITV2 **Freeview** 6 **Freesat** 113 **Sky** 118 **Virgin** 115
+1 **Freeview** 29 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 [10]

Doc Martin *8.00pm* PC Mylow is bitten by a snake on his stag weekend

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** On the Buses (S) **8.35** Where the Heart Is: *13/14 Series 3. Union* Simon and Ruth's relationship deteriorates Rptd 12.05am; **9.45** *14/14. The Letter.* Jacqui goes into labour Rptd 1.05am (S) (AD) **10.55** Heartbeat: *2/17.* Jo unwittingly disrupts the local hunt; **12.05pm** *3/17.* A mysterious stranger moves into the village (S) (AD)
1.15pm Classic Emmerdale: Louise is about to find herself public enemy number one (S) **1.45** Classic Coronation Street: double bill. Mike sets off on holiday, then Roy protests his innocence in custody (S) (AD) **3.20** Maigret: *2/6 Series 2. Maigret and the Hotel Majestic.* An American industrialist's wife is found dead; **4.30** *3/6. Maigret on the Defensive.* A woman makes an accusation against Maigret (S) (AD)
5.40pm Heartbeat *4/17 Series 6.* Jo makes the rash assumption that a man has taken violent steps to deal with his truanting son. (S) (AD) **6.50** *5/17.* Nick investigates a break-in at a wine warehouse and the truth behind Alf's strange behaviour is revealed. (S) (AD)
8.00 Doc Martin *7/9 Series 2.* **Out of the Woods.** All's well on PC Mylow's stag weekend camping trip – until he gets bitten by an adder. (S) (AD) **9.00** *8/9.* **Erotomania.** Disaster strikes Mrs Tishell, the village chemist, after she follows the good doctor's advice. Danny has a surprise in store for Louisa. (S) (AD)
10.00 Grantchester *5/6 Series 2.* After he fails to return home one night, Geordie is discovered at the station next to a corpse on a stretcher. Could he have beaten the man to death? Robson Green stars. (S) (AD) (HD) **11.00** *6/6.* Sidney's life continues to spiral out of control as he hits the bottle. The return of an old friend who's seeking forgiveness for his crimes only creates more turmoil, especially as other people are not happy to see him back. (S) (AD) (HD)
12.05am Where the Heart Is Shown 8.35/9.45am (S) (SL) **2.20–2.30am** Unwind (S) (HD)

ITV3 **Freeview** 10 **Freesat** 115 **Sky** 119 **Virgin** 117
+1 **F'view** 59 *(9pm–4am)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITV4 [26]

6.00am The Saint (S) **7.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **8.05** Magnum, PI (S) (AD) (HD) **9.10** The Sweeney (S) **10.15** Minder (S) (AD) **11.25** The Saint (S)
12.25pm The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.35** The Motorbike Show (S) (HD) **2.40** Magnum, PI (S) (AD) (HD) **3.40** The Sweeney (S) **4.50** Minder (S) (AD) **5.55** The Motorbike Show (S) (HD)
7.00pm The Chase Celebrity Special Gareth Malone, Scott Mills, Glenn Hoddle and Louise Minchin take part. (S) (HD)
8.00 Junk and Disorderly Henry Cole visits an automobilia paradise, while Allen and Skid set to work fixing a monkey bike. (S) (HD)
9.00 FILM Game of Death ★★ Action adventure starring Wesley Snipes, Robert Davi and Zoe Bell. (S) (AD) (W) (HD)
11.05 FILM Lucy ★★★ Action adventure starring Scarlett Johansson. Lucy, an American student in Taiwan, is persuaded to take a case to the hotel room of a Mr Jang. But Jang is really a vicious crime boss… (S) (AD) (W) (HD)
12.55am The Memoirs of Sherlock Holmes (S) (AD) (HD) **1.55** Auto Mundial (S) (HD) **2.25** Motorsport Mundial (S) (HD) **2.50–3.00am** Unwind (S) (HD)

ITV4 **Freeview** 26 **Freesat** 117 **Sky** 120 **Virgin** 118
+1 **Freesat** 118 **Sky** 220 **Virgin** 175

Drama [20]

Father Brown *8.00pm* The priest is targeted by a vengeful comedian

7.20am Pie in the Sky: *10/10 Series 1.* Henry Crabbe takes on conservationists (S) **8.10** The Bill: Taverner tries to trace Reg Hollis **9.10** Classic Holby City: Ange has trouble with an obstinate teenager (S) (HD) **10.35** Casualty: Alicia takes matters into her own hands (HD) **11.40** The Bill: Hollis's life hangs in the balance
12.40pm Classic EastEnders: double bill. Anthony is devastated by an unexpected note, then the Slaters hold a homecoming party for Little Mo **2.00** Howards' Way: *9/13 Series 3.* Jan and Ken discuss their relationship (S) **3.10** Pie in the Sky: *3/8 Series 5.* Crabbe guards a sausage factory (S) **4.10** Peak Practice: *5/13 Series 2.* Beth is assaulted **5.20** As Time Goes By: *3/6 Series 8* A bathroom blunder becomes an issue (S)
6.00pm Keeping Up Appearances *2/6 Series 1.* **The New Vicar.** The vicar comes round for tea. (S)
6.40 To the Manor Born *7/7 Series 1.* **A Touch of Class.** DeVere shoots a commercial at Grantleigh. (S)
7.20 Last of the Summer Wine *Series 6.* **Serenade for Tight Jeans and Metal Detector.** Clegg searches the Pennines for treasure. (S)
8.00 Father Brown *4/10 Series 4.* **The Crackpot of the Empire** A former music hall comedian swears revenge on the priest. (S) (AD) (HD) **9.00** *5/10.* **The Daughter of Autolycus** Flambeau enlists Fr Brown's help to steal a gift intended for the Queen. (S) (AD) (HD)
10.00 New Tricks *6/8 Series 2.* **Eyes Down for a Full House** A champion greyhound is kidnapped. (S) (AD)
11.20 Clocking Off *2/8 Series 3.* **Tasha's Story.** A design student raises eyebrows at the factory. (S) **12.35am** Bad Girls: *12/16 Series 5.* Karen gets bad news (S) **1.45** Lovejoy: *10/12 Series 2* A property developer approaches Lady Jane's husband (S) **2.55–4.00am** Passport to Freedom: *2/8 Series 1.* Aracy redoubles her efforts to secure visas to Brazil (S) (HD)

Drama **Freeview** 20 **Freesat** 158 **Sky** 143 **Virgin** 130
+1 **Freeview** 60 **Sky** 243 **Virgin** 226

ITVBe [28]

7.00am The Real Housewives of Cheshire (S) (AD) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD) **12 noon** The Real Housewives of New York City (S) (HD) **12.55pm** The Real Housewives of Cheshire (S) (AD) (HD) **1.55** The Only Way Is Essex (S) (HD) **2.55** Million Dollar Listing: LA: Tracy heads to Dubai (S) (HD) **4.10** The Real Housewives of Atlanta (S) (HD) **5.00** The Real Housewives of New York City (S) (HD)
6.00pm Making It Home with Kortney and Kenny Kortney and Kenny help to transform an old historic craftsman home for Darya and Michael. (S) (HD)
7.00 Buying and Selling Busy parents turn to Jonathan and Drew Scott for advice on updating their home's interior. (S) (HD)
8.00 Dinner Date A man from Birmingham goes on three blind dates. (S) (AD) (HD)
9.00 Botched The doctors help a woman whose nose was botched. (S) (AD) (HD)
10.00 Fixing a former boxer's nose. (S) (AD) (HD)
11.00 Dr 90210 Dr Killeen performs a breast reduction on a patient's size M breasts. (S) (HD)
12 midnight–1.00am The Only Way Is Essex: things are moving fast for Demi and Francesca (S) (HD)

ITVBe **Freeview** 28 **Freesat** 119 **Sky** 131 **Virgin** 119
+1 **Virgin** 120 (Scotland 162)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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More4 18

The Wall: Cover Your Tracks *9.00pm*
Céline finds a link to an older case

8.55am Kirstie's Handmade Treasures **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It (AD)
1.10pm Heir Hunters **2.10** Four in a Bed **4.50** Location, Location, Location **5.55** Kirstie and Phil's Love It or List It (AD)
6.55pm A Place in the Sun North Yorkshire couple Carol and Steve are searching for a holiday home in Spain, so Danni Menzies shows them five properties for their £80,000 budget.
7.45 The Great Pottery Throw Down It's an illuminating week as the potters make a table light with a continuous, embossed scene. In the second challenge, fashion and lifestyle designer Henry Holland tests their decadent design skills. Who will be named potter of the week, and who will be heading home? **See choice, p58.** Shown Sun 7.45pm C4 (AD)
9.00 *New.* The Wall: Cover Your Tracks *3/8.* The investigation into Justine's case continues, but Céline is also interested in the death of young Gregoire three years earlier. Starring Isabel Richer. French +subtitles.
10.00 24 Hours in A&E Brian, 74, who has severe dementia, is brought in after falling down a flight of stairs at his partner's house and being knocked unconscious. (AD)
11.00 Resilient older patients feature this week as 86-year-old Ellen is brought in after collapsing at home. (AD)
12.05am Eight out of Ten Cats Does Countdown **1.05** 24 Hours in A&E (AD) **3.15–3.45am** A Place in the Sun: finding a retirement home on Menorca

More4 **F'view** 18 **F'sat** 124 **Sky** 136 **Virgin** 147
+1 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

6.00am Hollyoaks Shown Wed/Thu 6.30pm C4 (AD) **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family
12 noon Brooklyn Nine-Nine: double bill (AD) **1.00pm** The Big Bang Theory (AD) **3.00** Modern Family **4.00** Brooklyn Nine-Nine (AD) **5.00** The Big Bang Theory (AD)
6.00pm The Big Bang Theory *7/24 Series 12.* Bernadette finds the ideal getaway from her husband and children. (AD)
6.30 *9/24.* Bernadette wants to beat Howard in a video game. (AD)
7.00 *New.* Hollyoaks Warren's day goes from bad to worse. Cast pp101/111 (AD)
7.30 Come Dine with Me Lorna hopes an American diner-style menu will be a success.
8.00 *New.* Below Deck: Mediterranean Storm adjusts to his new role as bosun and Natalya vents her frustrations. (AD)
9.00 Gogglebox 2022 The critics offer their takes on last year's biggest shows. (AD)
11.00 Naked Attraction Petrolhead Sian, 24, from Norfolk, looks for her perfect partner. (AD)
12.05am A sex-toy tester and a tree surgeon take their pick of six potential partners. (AD)
1.10 First Dates (SL) (AD) **2.15** Below Deck: Mediterranean (AD) **3.05** Naked Attraction (AD) **4.00** Ramsay's Kitchen Nightmares USA (SL) **4.50–6.00am** The Goldbergs (SL) (AD)

E4 **Freeview** 13 **Freesat** 122 **Sky** 135 **Virgin** 106
+1 **Freeview** 30 **Freesat** 123 **Sky** 235 **Virgin** 146
E4 Extra **Freeview** 31 **Freesat** 181 **Sky** 138 **Virgin** 337

Really 17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Salvage Hunters **10.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** Animal Cops Houston (AD) **4.00** Dr Jeff: Rocky Mountain Vet **5.00** Helicopter ER **6.00** Money for Nothing **7.00** Antiques Road Trip **9.00 *New.*** Ghost Adventures: House Calls **10.00 *New.*** Help! My House Is Haunted **11.00** Ghost Adventures (AD) **12 midnight** Ghost Nation **1.00am** Ghost Adventures (AD) **2.00** Home Shopping **4.00–5.00am** Animal Cops Houston (AD)

Really **Freeview** 17 **Freesat** 160 **Sky** 142 **Virgin** 128

Sky Arts 11

California Dreamin': the Songs of the Mamas and the Papas *9.00pm*

6.00am Darbar: Music of India **7.00** A Tribute to James Horner: Hollywood in Vienna **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: John Hurt
12 noon Classic Literature and Cinema (AD) **1.00pm** Tales of the Unexpected **2.00** Hepworth **3.00** Landscape Artist of the Year 2017 **4.00** Discovering: Tom Cruise **5.00** Tales of the Unexpected: double bill
6.00pm Alfred Hitchcock Presents A worker is fired from his job and shoots his boss dead, but when he returns to the office the man is still alive and has no recollection of the incident.
6.30 Gangster Sam Dunleavy sets up an elaborate alibi so that he can kill his ex-girlfriend Goldie, who left him for another man.
7.00 Joan Baez: Live in New York A concert at New York's Beacon Theatre celebrating the singer's 75th birthday.
9.00 California Dreamin': the Songs of the Mamas and the Papas Documentary charting the success of the pop group. (AD)
10.15 *New series.* Guy Garvey: from the Vaults The Elbow frontman introduces music from the TV archives from 1978.
11.15 Bob Dylan: the Other Side of the Mirror Murray Lerner's film documenting Bob Dylan's appearances at the Newport Folk Festival from 1963 to 1965. (AD)
12.50am Genesis: Sum of the Parts **2.50** Laurel Canyon (AD) **4.30** Auction: David Bowie Collector **5.00** Chicago: Music Icons **5.30–5.30am** Video Killed the Radio Star

Sky Arts **Freeview** 11 **Freesat** 147 **Sky** 130 **Virgin** 140/**HD** 123 **BT** 350/**HD** 365

4seven 49

9.00am Come Dine with Me: dinner parties from the Wirral **11.30** A Place in the Sun
1.30pm A New Life in the Sun **2.30** Come Dine with Me (AD) **5.00** A Place in the Sun
6.00pm Sarah Beeny's New Life in the Country As they diversify the farm, Sarah and Graham test out whether they have enough space to turn their land into a glamping site. (AD)
7.00 George Clarke's Old House, New Home George takes on a Grade II-listed 17th-century cottage in Warwickshire. (SL) (AD)
8.00 George Clarke's Amazing Spaces *Ep 6 Series 11.* A couple in Wales plan to upcycle an old horse lorry into a perfect seaside retreat. Shown Monday 8pm C4 (AD)
9.00 24 Hours in A&E *Ep 7.* Sara is rushed in after a car crash with serious head and chest injuries. Shown Tuesday 9pm C4 (AD)
10.00 FILM Sleepless ★★ Action thriller starring Jamie Foxx. Life gets complicated for undercover cop Vincent Downs after he steals a shipment of drugs intended for a ruthless mobster. Shown Saturday 11.05pm C4
11.55 Gogglebox Instant opinions on *The Masked Dancer*. From September 2022. (AD)
12.55am In the Footsteps of Killers (AD) **2.00** The Great Pottery Throw Down (AD) **3.20** The Piano (AD) **4.15–4.45am** The Simpsons

4seven **Freeview** 49 **Freesat** 127 **Sky** 137 **Virgin** 143

Quest 12

6.00am How Do They Do It? **6.25** Find It, Fix It, Flog It **7.10** The Repair Shop **8.00** American Pickers: Best Of **9.00** American Pickers (AD) **10.00** Chasing Classic Cars **11.00** Shed and Buried **11.30 *New.*** Wheeler Dealers: Chopped **11.45 LIVE** Snooker: the opening quarter-finals of the Welsh Open at Venue Cymru in Llandudno **6.00pm** Wheeler Dealers (AD) **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 *New.*** Helicopter ER **10.00** Ambulance **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Salvage Hunters: Classic Cars **3.00** Shed and Buried **4.00–5.00am *New.*** Snooker: the Welsh Open

Quest **Freeview** 12 **Freesat** 172/**HD** 167 **Sky** 144 **Virgin** 169
+1 **Freeview** 70 **Freesat** 168 **Sky** 244 **Virgin** 213

Yesterday 27

Canals: the Making of a Nation *7.00pm* Liz McIvor investigates

6.00am Warbird Workshop: double bill **8.00** Abandoned Engineering (AD) **9.00** Nazi Hunters **10.00** World War Weird **11.00** Canals: the Making of a Nation: double bill
12 noon Great British Railway Journeys **2.00pm** Bangers and Cash (AD) **4.00** Nazi Hunters **5.00** World War Weird
6.00pm Great British Railway Journeys Michael Portillo crosses into West Yorkshire.
6.30 Michael joins a brass band in Honley.
7.00 Canals: the Making of a Nation The people who operated Victorian canal boats.
7.30 How Birmingham's canal network was saved following years of neglect.
8.00 Secrets of the London Underground Tim Dunn and Siddy Holloway explore the brand new Elizabeth Line. (AD)
9.00 Visiting Quainton Road in Buckinghamshire, which was once on the underground. (AD)
10.00 Bangers and Cash Derek casts his eye over a Citroën 2CV, before admiring more than 270 motorbikes. (AD)
11.00 Abandoned Engineering Exploring a luxury resort in Argentina. (AD)
12 midnight Great British Railway Journeys: double bill **1.00am** Scouting for Toys (AD) **2.00–3.00am** Warbird Workshop

Yesterday **Freeview** 27 **Freesat** 159 **Sky** 155 **Virgin** 129
+1 **Freeview** 74 **Sky** 255 **Virgin** 217

Dave 19

7.10am Road To Riches **8.00** Fast Justice **9.00** Cops on the Rock (AD) **10.00** Survivor South Africa (AD) **11.00** Rick Stein's Secret France (AD)
12 noon Fast Justice **1.00pm** Border Force: America's Gatekeepers (AD) **2.00** Top Gear: double bill (AD) **4.00 *New.*** Survivor South Africa: Jacques gets his wish (AD) **5.00** QI XL
6.00pm Taskmaster *2/10 Series 8.* Lou Sanders displays some very unusual facial hair.
7.00 Richard Osman's House of Games Marcus Brigstocke, Anna Richardson, Tom Rosenthal and Sindhu Vee compete.
7.40 Room 101 With guests Shaun Ryder, Meera Syal and Sam Simmons.
8.20 Have I Got a Bit More News for You A variety of guests join Ian Hislop and Paul Merton for the 2020 compilation.
9.20 Would I Lie to You? With Katherine Ryan Denise Lewis, Richard Osman and Robert Rinder.
10.00 QI XL With guests Sarah Millican, Cariad Lloyd and Alice Levine.
11.00 Taskmaster *4/10 Series 9.* David Baddiel shows a readiness to bare his chest.
12 midnight Mock the Week **12.40am** QI **1.20** Meet the Richardsons **2.00** Sneakerhead (AD) **2.35** The Misadventures of Romesh Ranganathan (AD) **3.35–4.00am** Beat the Internet with John Robins

Dave **F'view** 19 **F'sat** 157 **Sky** 111 (Wales 112) **Virgin HD** 127
Dave Ja Vu **Freeview** 57 **Sky** 211 (Wales 212) **Virgin** 131

London Live 8

6.00am Roswell Conspiracies **6.30** Dork Hunters from Outer Space **7.00** Pocket Dragon Adventures **7.30** Extreme Dinosaurs **8.00** Stone Age **8.30** Legend of the Dragon **9.00** Blandings **9.45** Secrets of London **10.00** Private Lives of the Tudors **11.00** Shine On Harvey Moon **12 noon** Dear John **12.45pm** Secrets of London with Mark Monroe **1.00 FILM** Two and Two Make Six ★★ (BW) **2.45** London Districts **3.00 FILM** Time Limit ★★★ (BW) **5.00** Dear John **5.45** Secrets of London **6.00** News **7.00** Prince William: a Royal Portrait **8.00** Get Back **8.45** Secrets of London **9.00** Dickensian **10.00** Mistresses **11.15 FILM** Loot ★★★★
1.15am The Fixers **2.15** Dickensian: Bucket goes to see old enemy Fagin **3.15** Secrets of London **3.30** News Rewind **5.00–6.00am** Talking Points

London Live **Freeview** 8 **Sky** 117 **Virgin HD** 159
Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

5 USA 21

9.00am NCIS **12 noon** Law & Order **3.55pm** Entertainment News **4.00** Law & Order **5.55** Entertainment News
6.00pm NCIS *Series 4.* Four episodes. A marine colonel is blown up on a golf course
7.00 A decorated ex-marine falls to his death **8.00** McGee's sister becomes the prime suspect in a murder **9.00** Gibbs and his team have to share a case with the FBI (AD) **10.00** Law & Order: Special Victims Unit *Series 4.* Double bill. A rape victim is arrested, then a body is found on an airport shuttle bus
12 midnight Law & Order: Special Victims Unit: double bill **1.50am** Law & Order: double bill **3.35–4.00am** Criminals: Caught on Camera: Nick Wallis looks at the use of CCTV to fight crime

5 USA **Freeview** 21 **Freesat** 129 **Sky** 141 **Virgin** 153
+1 **Freesat** 130 **Sky** 241 **Virgin** 185

5 Star 32

8.00am Entertainment News **8.10** Rich Kids Go Skint (AD) **9.00** Bargain-Loving Brits in the Sun (AD) **10.00** Shoplifters and Scammers: at War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Shoplifters and Scammers: at War with the Law
6.00pm Home and Away Ziggy seeks out Bree to clear the air. Shown 1.45pm C5 (AD)
6.30 *New.* Jacob doesn't show up to work. (AD)
7.00 Shoplifters and Scammers: at War with the Law Private detectives Steve and Ed are on the trail of a thief caught on CCTV.
8.00 *New.* Car Pound Cops: Give Me My Car Back! The work of vehicle recovery crews.
9.00 FILM Dirty Dancing ★★★★ Romantic drama starring Jennifer Grey and Patrick Swayze. On holiday in 1963, Teenager Frances is taught the art of "dirty dancing".
11.10 FILM Kinky Boots ★★★ Comedy drama based on a true story, starring Joel Edgerton and Chiwetel Ejiofor.
1.20am Countdown to Murder (AD) **2.20** Cold Case Killers **3.20** Dogs with Incredible Jobs **3.50–4.00am** Entertainment News

5 Star **Freeview** 32 **Freesat** 131 **Sky** 128 **Virgin** 151
+1 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Action 33

9.00am Winter Road Rescue **10.00** Trucking Hell (AD) **11.00** Police Interceptors
12.05pm FILM Riding Shotgun ★★ **1.45 FILM** The Stalking Moon ★★ **4.00** Trucking Hell (AD) **5.00** Winter Road Rescue
6.00pm Police Interceptors Jenno and Bucko race to Jim's assistance after he is rammed by a runaway driver.
7.00 Dan and Gordy are involved in the pursuit of a dangerous disqualified driver.
8.00 Sean uses the big red key door opener to enter a drug dealer's property.
9.00 Traffic Cops A young car thief leads the police into a dangerous pursuit.
10.00 Motorway Cops: Catching Britain's Speeders Inspector Anton Sullivan is called to a crash between two cars in Chester.
11.00 Police Code Zero: Officer under Attack Exploring the rising number of assaults on police officers, revealing what they face in the line of duty.
12 midnight Police Interceptors **1.00am** Strongman 2022 **2.00** 999: Criminals Caught on Camera (AD) **3.00** Sinkholes **3.50** Sewermen (AD) **4.35–5.00am** 999: Criminals Caught on Camera (AD)

5 Action **F'view** 33 **F'sat** 132 **Sky** 150 **Virgin** 187/**HD** 150

5 Select 56

9.00am FILM Killer Secrets in the Snow ★★ **10.45 FILM** Murders at the Lake ★★ **12.30pm FILM** Killing Your Daughter ★★ **2.20** Holiday Homes in the Sun **3.15** The Yorkshire Vet **4.15** Ben Fogle: New Lives in the Wild
6.15pm World's Most Scenic Railway Journeys An expedition through Africa.
7.10 Cameras follow the Rocky Mountaineer as it makes its way through Utah.
8.05 Egypt's Great Mummies: Unwrapped with Bettany Hughes The secrets that lie beneath the bandages of ten Egyptian mummies.
10.05 Forged in Fire The bladesmiths must forge a legendary blade from ancient India.
11.00 Creating weapons from old car materials.
12 midnight Air Crash: Disasters Uncovered **1.55am** Inside the Tower of London at Christmas **2.55** Tony Robinson's History of Britain **3.50–4.00am** Entertainment News

5 Select **F'view** (HD only) 56 **F'sat** 133 **Sky** 153 **Virgin** 152

FREEVIEW TV and film channels continue overleaf

Listen to our **VIEW FROM MY SOFA** and **SMART TV** podcast episodes today!

FRIDAY Freeview & films

W 25

Gavin & Stacey *10.10pm*
How the couple first met

6.15am Top Chef (S) (HD) **7.00** Property Brothers: Forever Homes (S) (AD) (HD) **8.00** Tipping Point (S) (HD) **10.00** DIY SOS: the Big Build (S) (HD) **12 noon** Bang on Budget (HD) **1.00pm** Tipping Point (S) (HD) **4.00** DIY SOS: the Big Build (S) (HD) **5.00** Property Brothers: Forever Homes (S) (AD) (HD)

6.00pm MasterChef Australia It's a two-round challenge. (S) (HD)

7.40 Inside the Ambulance A 49-year-old has fallen in the street after a night out. (S) (HD) **8.10** Crews attend a cycling accident. (S) (AD) (HD)

9.10 Emergency: First Time Medics Adrian bites off more than he can chew. (AD) (HD)

10.10 Gavin & Stacey *1/6* *Series 1.* The first ever episode. **10.50** *2/6.* Gavin and Stacey have their first lovers' tiff. **11.30** *3/6.* The couple celebrate their engagement. (S) (AD) (HD)

12.10am 24 Hours in A&E (S) (HD) **1.10** Dating With My Mates (S) (AD) (HD) **1.55–3.00am** Date Night (S) (HD)

W **F'view** 25 **F'sat** 156 **Sky** 132 **Virgin HD** 125 **+1** **Sky** 232 **Virgin** 190

Pick 36

7.00am Border Security: Canada's Front Line **8.00** Motorway Patrol **9.00** Stop, Search, Seize (AD) **10.00** Nothing to Declare **11.00** Highway Patrol **12 noon** Highway Cops **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare (AD) **4.00** Star Trek: the Next Generation **5.00** Warehouse 13 **6.00pm** The Librarians: a Librarian from the past joins forces with the team to take down an enemy **7.00** Star Trek: Voyager: Neelix's arch-enemy arrives **8.00** NCIS: New Orleans **9.00** The Real Manhunter (AD) **11.00** Britain's Most Evil Killers: the crimes of Christopher Halliwell **12 midnight** How I Caught the Killer **1.00am** Caribbean Cops (AD) **2.00** Nothing to Declare (AD) **3.00** Border Patrol **4.00** Motorway Patrol **5.00–6.00am** Highway Cops

Pick **F'view** 36 **F'sat** 144 **Sky** 151 **Virgin** 135

HGTV 44

7.00am Building Off the Grid **8.00** The Great Interior Design Challenge (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **12 noon** My Lottery Dream Home **1.00pm** Home Town **2.00** My Dream Derelict Home in the Sun **3.00** The Great Interior Design Challenge (AD) **4.00** My Mortgage Free Home (AD) **5.00** Building Off the Grid **6.00pm** A Place in the Sun **7.00** Escape to the Country **9.00** Good Bones **10.00** Fixer Upper: the Castle **10.30** The Retro Plant Shop with Mikey and Jo **11.00** Home Town **12 midnight** Escape to the Country **1.00am** Building Off the Grid **2.00** My Mortgage Free Home (AD) **3.00–4.00am** My Lottery Dream Home

HGTV **F'view** 44 **F'sat** 166 **Sky** 158 **Virgin** 286 **+1** **Sky** 258 **Virgin** 290

FREEVIEW channels continued from overleaf

Food Network 43

John Torode's Ireland *9.00pm* Sampling craft beers

6.00am ***New.*** Trisha's Southern Kitchen (HD) **7.00** The Pioneer Woman (HD) **8.00** ***New.*** Valerie's Home Cooking (HD) **9.00** Jamie's 15-Minute Meals (S) (HD) **9.30** Jamie's 30-Minute Meals (S) (AD) (HD) **10.00** Mary Berry's Quick Cooking (HD) **11.00** Donal's Irish Feast (HD) **12 noon** The Great British Bake Off (S) (HD) **1.30pm** Mary Berry Cooks (HD) **2.00** James Martin's French Adventure (HD) **3.00** Jamie's 15-Minute Meals (S) (HD) **3.30** Jamie's 30-Minute Meals (S) (AD) (HD) **4.00** Valerie's Home Cooking (HD) **5.00** ***New.*** The Pioneer Woman (HD) **6.00** Jamie and Jimmy's Friday Night Feast (S) (HD) **7.00** The Great British Bake Off (S) (HD) **8.30** Mary Berry Cooks (HD) **9.00** John Torode's Ireland: making a vegan "cheese steak" sandwich (S) (HD) **10.00** Jamie and Jimmy's Friday Night Feast (S) (HD) **11.00** Restaurant: Impossible (HD) **12 midnight** ***New.*** Guy's Grocery Games: grocery-store cooking competition (HD) **1.00am** Restaurant: Impossible (S) (HD) **2.00–3.00am** Jamie and Jimmy's Friday Night Feast (S) (HD)

Food Network **Freeview** 43 **Freesat** 148 **Sky** 140 **Virgin** 285

Great TV 50

6.00am Sue Thomas: F.B.Eye **8.00** Highway to Heaven **10.00** Crazy like a Fox **11.00** Castle **12 noon** Body of Proof **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00pm** M*A*S*H: four back-to-back episodes **9.00** Randall and Hopkirk (Deceased): a big-time crook threatens Jeff **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased) **3.00** Sue Thomas: F.B.Eye **4.30–6.00am** Highway to Heaven: double bill

Great TV **Freeview** 50 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189 **+1** **Freesat** 143 **Sky** 257

RealityXtra 68

9.00am Perry Mason **11.00** Matlock **12 noon** The Fugitive **1.00pm** Evidence of Evil **3.00** Perry Mason **5.00** The Fugitive: a serious error in judgement leads Kimble to snub a sheriff **6.00** Matlock: Michelle defends a father accused of killing the drug dealer he blames for his daughter's addiction **7.00** Judge Judy **1.00am** Matlock **2.00** The Fugitive **3.00** The Real Prime Suspect **5.00–6.00am** Medical Detectives

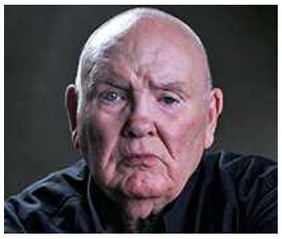
RealityXtra **Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 197

BBC Parliament 232

8.15am Welsh First Minister's Questions **9.15** Senedd Cymru: Welsh Parliament: recorded coverage **7.15pm** Rail Strikes Inquiry: coverage of the work of committees set up to investigate public policy and society **9.40** Rail Services Inquiry **12 midnight** Royal Mail and Post Office Inquiry **2.05am** A&E Departments Inquiry **3.40** Treasury Committee **5.20–6.00am** Financial Stability Inquiry

BBC Parliament **Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

PBS America 84



Killing Escobar *9.15pm*
Mercenary Peter McAleese

8.00am Beautiful Serengeti **8.30** Plane Crash Re-created (S) **9.35** From Hell to Hollywood **11.35** 1st to Fight: Pacific War Marines **1.00pm** Beautiful Serengeti **1.30** Plane Crash Re-created (S) **2.40** From Hell to Hollywood **4.55** 1st to Fight: Pacific War Marines: the story of the men of the famed 1st Marine Division

6.05pm Plane Crash Re-created *10/10.* A Boeing 777 that crashed just short of the Heathrow runway in 2008. (S)

7.15 From Hell to Hollywood The story of Pulitzer Prize-winning photographer Nick Ut, famed for his 1972 image *The Terror of War*.

9.15 Killing Escobar The story of a Scottish mercenary hired to kill drug lord Pablo Escobar.

11.15 Beautiful Serengeti *6/12* *Series 1.* Family strategies at work, and the heavy price the young pay in hostile takeovers.

12 midnight Plane Crash Re-created (S) **1.05–2.00am** Beautiful Serengeti: competing for food

PBS America **F'view** 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 273

Blaze 64

6.00am Hardcore Pawn **7.45** Weird or What? with William Shatner **8.40** Ancient Aliens **10.40** Storage Wars Canada **11.10** Storage Wars **12.10pm** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Weird or What? with William Shatner **7.00** Storage Wars **8.00** Dickinson's Real Deal: in Loughborough, Leicestershire **9.00** Walking through History: Brontë Country: Tony Robinson spends four days rambling over the Yorkshire moors where Emily, Charlotte and Anne Brontë found early inspiration for their books **10.00** Strangest Things **11.00** Secrets in the Ice **12 midnight** Monsterquest **1.00am** Wicked Tuna **2.00** Swamp People **3.00** Dickinson's Real Deal **3.45** Storage Wars Canada **4.10–6.00am** Pawn Stars

Blaze **F'view** 64 **F'sat** 162 **Sky** 164 **Virgin** 199

Challenge 48

7.00am The Chase **10.00** Dickinson's Real Deal: a continental figure is valued in Nottingham **11.00** Supermarket Sweep: members of the public go wild in the aisles in the high-speed trolley-dash quiz **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Play Your Cards Right (AD) **4.00** Bruce's Price Is Right (AD) **5.00** Bullseye **7.00** Pointless: hosted by Alexander Armstrong **8.00** The Chase: hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: a classic episode of the award-winning quiz show. Chris Tarrant hosts **11.00** Bullseye: quiz that tests contestants' skill at darts and their general knowledge **12 midnight** The Chase **4.00am** Who Wants to Be a Millionaire? **5.00–5.30am** Bullseye: darts-based quiz

Challenge **Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

CHILDREN'S

Milkshake! on C5

5.35am Peppa Pig **5.40** Paw Patrol **5.50** Pip and Posy **6.00** Peppa Pig **6.15** Blue's Clues & You **6.40** Oggy Oggy **6.45** Odo **6.55** Fireman Sam **7.05** Thomas & Friends: All Engines Go! **7.15** Kangaroo Beach **7.30** Peppa Pig **7.40** Paw Patrol **8.00** Pip and Posy **8.10** Paddington **8.25** Milo **8.40** ***New.*** Paw Patrol **8.50** Milkshake! Bop Box Boogie **9.00** Pip and Posy **9.05–9.15am** Milkshake! Story Den

Full listings for Channel 5 are on p112

CBeebies 202

6.00am Raa Raa the Noisy Lion **6.10** Bing **6.20** Teletubbies **6.35** School of Roars **6.40** Chuggington: Tales from the Rails **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Messy Goes to OKIDO **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Small Potatoes **10.40** Hey Duggee **10.45** Roots and Fruits **10.50** B.O.T and the Beasties **10.55** Bluey **11.05** Let's Go for a Walk **11.20** School of Roars **11.25** Teeny Tiny Creatures **11.40** Our Family **11.55** What's On Your Head? **12 noon** Big Cook Little Cook **12.20pm** Woolly & Tig **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Pablo **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Dog Loves Books **1.25** Hey Duggee **1.30** Love Monster **1.40** Let's Dance **1.45** Something Special **2.05** Teletubbies **2.20** Bluey **2.30** Go Jetters **2.40** My Petsaurus **2.45** Maddie's Do You Know? **3.00** Dog Squad **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** ***New.*** Andy's Global Adventures **4.10** Pinocchio and Friends **4.25** Bluey **4.40** Supertato **4.45** Go Jetters **5.00** Hey Duggee **5.15** Biff and Chip **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies **F'view** 202 **F'sat** 608 **Sky** 608 **Virgin** 702

CBBC 201

7.00am Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** ***New.*** Newsround **7.55** Ninja Express **8.10** Operation Ouch! Do Try This at Home **8.25** Odd Squad **8.35** **FILM** Chicken Run ★★★★ **Review p65** (W) **9.55** ***New.*** Pokémon: Sun and Moon – Ultra Legends **10.40** Monster Loving Maniacs **10.50** One Zoo Three **11.15** Lagging **11.35** The Beaker Girls **12.05pm** Danger Mouse **12.15** Oswaldo **12.30** Boy Girl Dog Cat Mouse Cheese **12.40** Monster Loving Maniacs **12.50** Dennis & Gnasher **1.05** Matilda and the Ramsay Bunch **1.50** The Dumping Ground: I'm… **2.05** Art Ninja **2.35** Secret Life of Boys **2.55** Saturday Mash-Up Live! **3.00** One Zoo Three **3.25** Danger Mouse **3.50** Shaun the Sheep **4.00** Ninja Express **4.10** Boy Girl Dog Cat Mouse Cheese **4.25** Oswaldo **4.35** ***New.*** Pokémon: Sun and Moon – Ultra Adventures **5.00** ***New.*** Blue Peter **5.30** Nova Jones **6.00** ***New.*** The Beaker Girls **6.25** The Real Jamie Johnson **6.35–7.00pm** The Next Step

CBBC **F'view** 201 **F'sat** 607 **Sky** 607 **Virgin** 701

CITV 203

6.00am Mission Employable **6.05** Robozuna **6.30** Hotel Transylvania **7.00** Smarty Pants **7.15** Mr Magoo **7.30** Lloyd of the Flies **8.00** The Rubbish World of Dave Spud **8.30** Scooby-Doo! Mystery Incorporated **9.00** Be Cool, Scooby-Doo! **9.25** Buck and Buddy **9.30** Scooby-Doo! Pirates Ahoy **11.00** Mr Bean: the Animated Series **3.30pm** Scooby-Doo! Mystery Incorporated **4.00** Be Cool, Scooby-Doo! **4.30** ***New.*** Smarty Pants **4.45** Mr Magoo **5.00** Lloyd of the Flies **5.30** The Rubbish World of Dave Spud **6.00** Teen Titans Go! **6.30** Inspector Gadget **7.00** Scooby-Doo and Guess Who? **7.30** Scooby-Doo! Pirates Ahoy **8.55–9.00pm** Mission Employable

CITV **F'view** 203 **F'sat** 602 **Sky** 612 **Virgin** 734

FILMS

Film4 14

11.00am The Long Arm ★★★ Glum drama starring Jack Hawkins as the detective faced with robberies and a rocky marriage to Dorothy Alison. **Review, right.** (1956, U) (S) (AD)

1.00pm The Bedford Incident ★★★★ Superior Cold War adventure in which a zealous American captain hunts Russian subs. **Review p75.** Richard Widmark, Sidney Poitier (1965, PG) (S)

3.05 Tobruk ★★★ Occasionally stodgy, often entertaining, Second World War adventure. Rock Hudson, George Peppard, Nigel Green (1966, 12) (S) (AD)

5.20 The Muppets Take Manhattan ★★★ Kermit, Fozzie, Miss Piggy and the gang put on a Broadway show in this enjoyable outing full of musical numbers and showbiz cameos. Jim Henson (1984, U) (S) (AD)

7.10pm Bill & Ted's Bogus Journey ★★★★ Another most excellent dose of comedy mayhem with the duo, who are destined to face the Grim Reaper. **Review, right.** Keanu Reeves, Alex Winter (1991, PG) (S)

9.00 AI: Artificial Intelligence ★★★★ Steven Spielberg's compelling, dark sci-fi fantasy stars Haley Joel Osment as an android child who longs to be real. **Review, right.** Jude Law (2001, 12) (S)

11.55–3.15am Watchmen ★★★★ Thriller set in an alternative 1980s America where outlawed superheroes are forced into action when one of their number is murdered. Billy Crudup (2009, 18) (S)

Film4 **Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1** **F'view** 47 **F'sat** 301 **Sky** 314 **Virgin** 430

Talking Pictures TV 82

6.00am You Pay Your Money ★ Flat and feeble crime drama. Hugh McDermott (1957, PG) **7.15 Further up the Creek** ★★ Rushed comedy sequel. David Tomlinson (1958, U) **9.05 The Bigamist** ★★★ Intriguing drama about a travelling salesman who ends up with two wives. Edmond O'Brien (1953, PG) **10.40 Woman in a Dressing Gown** ★★★★ Stunning depiction of a marriage gone sour. Yvonne Mitchell (1957, PG) **12.30pm Live Now – Pay Later** ★★★★ Wonderfully cynical black comedy about a seedy salesman who can't stop bedding his customers. Ian Hendry (1962) **2.30 Crown Court** TV drama. **3.00 The Feminine Touch** ★★ Tepid romantic drama. George Baker (1956, PG) **4.50 Snowbound** ★★★ An expedition looking for Nazi gold is trapped in an Alpine cabin in this far-fetched adventure. (1948, U)

6.30pm Look at Life Documentary about a jazz festival.

6.45 Ring of Spies ★★★ Nail-biting docudrama-style British Cold War thriller. Bernard Lee (1963, PG)

8.30 Dial 999 TV drama.

9.05 Vampira ★★ David Niven is well cast as Dracula in this otherwise poor comedy. (1975, 15)

11.00 Berserk ★★ Cheap and tawdry horror mystery that finds Joan Crawford and Michael Gough's circus troupe descend into murder and mayhem. (1967, 12)

1.00am King of the Zombies ★★ A trio crash-land on a tropical island and tangle with a mad doctor in this diverting comic horror. Dick Purcell (1941)

2.30 Bringing Out the Dead ★★★★ Martin Scorsese's blistering urban drama charts three days in the life of Nicolas Cage's burnt-out New York City paramedic. Patricia Arquette (1999, 18) **5.00–6.00am Target: The Corruptors** TV crime drama.

Talking Pictures TV **Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

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Sky Premiere

6.05am Sky Cinema Preview **6.45 Top Gun: Maverick** As 5.50pm **8.55** As 3.20pm **11.25** As 8pm **1.40pm The Railway Children Return** ★★★ Wholesome sequel to the 1970 family classic. **Review p45.** Jenny Agutter, Sheridan Smith (2022, PG) **3.20 Jurassic World: Dominion** ★★★ Exciting but rather clunky send-off to the dino franchise. Chris Pratt, Bryce Dallas Howard, Laura Dern (2022, 12) **5.50pm Top Gun: Maverick** ★★★ Tom Cruise's moving return to the skies finds our pilot hero training a group of upstarts. (2022, 12) **8.00** P **Bullet Train** ★★★ Comic thriller about a befuddled hitman trying to retrieve a briefcase on the iconic train. **Review p45.** Brad Pitt (2022, 15) **10.15 Father Stu** ★★ Religious drama with Mark Wahlberg as an amateur boxer who finds his calling as a priest. Mel Gibson (2022, 15) **12.25am Paradise City** ★★ Bruce Willis's swansong is a low-grade thriller but has a strong cast, including John Travolta. (2022, 15) **2.05 Father Stu** As 10.15pm **4.15 Paradise City** As 12.25am

Sky Premiere Sky 301 **Virgin** 401 **BT** 501/**HD** 515 **+1 Sky** 312

Great Movies 34

9.00am Conspiracy to Kill ★★ Routine thriller. Ireland Baldwin (2016) **11.00 Cries in the Dark** ★★ Disturbing crime thriller. Eva LaRue Callahan (2006) **1.00pm The Stranger Inside** ★★ Over-the-top thriller. Sofia Milos (2016) **3.00** Three Bedrooms, One Corpse: an Aurora Teagarden Mystery **5.00 Ruth & Alex** ★★ Drama. **Review, right.** Morgan Freeman, Diane Keaton (2014, 12) **6.50pm Dear John** ★★★★ Channing Tatum and Amanda Seyfried struggle to keep their love alive in this beautiful weepie. **Film of the Day, right.** (2010, 12) **9.00 Hacksaw Ridge** ★★★★ A pacifist US Army medic performs a feat of bravery in this war drama. **Review, right.** Andrew Garfield (2016, 15) **11.45 Age of Heroes** ★★★ War adventure based on the real-life exploits of James Bond creator Ian Fleming. Sean Bean (2011, 15) **1.40am Drone** ★★ Low-octane thriller. Sean Bean (2017, 15) **3.40–5.50am Night Train to Lisbon** ★★★ Engaging thriller. (2013, 12)

Great Movies Freeview 34 **Freesat** 302 **Sky** 321 **Virgin** 425 **+1 Freeview** 61 (*limited* 10pm-5am) **Sky** 322

Great Romance 52

6.00am Cooking Up Love ★★ Culinary romance. (2020) **8.00 Just for the Summer** ★★ Watchable romantic drama. (2020) **10.00 Love, of Course** ★★ So-so romantic yarn. (2018) **12 noon Walking the Dog** ★★ Likeable TV romcom. (2017) **2.00pm Paris, Wine & Romance** ★★ Sweet romance. (2019) **4.00 Listen Out for Love** ★★ Perky romcom. (2021) **6.00pm Sincerely, Yours, Truly** ★★ A woman receives mysterious romantic letters and writes back. (2020) **8.00 Love to the Rescue** ★★ Wholesome romance. Nikki Deloach (2019) **10.00 Sweet Autumn** ★★ Warm-hearted romantic comedy. (2020) **11.50 Destination Wedding** ★★ Amiable TV-movie romcom. (2017) **1.30am Love Stories in Sunflower Valley** ★★ Cute romantic tale. (2021) **3.00 The Last Bridesmaid** ★★ Sweet romance. (2019) **4.30–6.00am Blue Moon Ball** ★★ Sweet but vapid romance. Ashley Newbrough (2021)

Great Romance Freeview 52 *(limited)* **Freesat** 303 **Sky** 319 **Virgin** 424 **+1 F'view** 63 (*limited* 10pm-5am) **F'sat** 304 **Sky** 320

TCM Movies

6.00am Close Up **7.45** Off Set **8.00 The Lonely Man** ★★★ Taut western. Jack Palance, Anthony Perkins (1957) **9.50 Gun Glory** ★★ Watchable western. Stewart Granger (1957, U) **11.40 Hellfire** ★★★ Thoughtful western. William Elliott (1949) **1.30pm The Ladykillers** ★★★★★ Wonderfully seedy comedy in which an old lady upsets the nefarious plans of a gang of robbers. **Review, right.** Alec Guinness (1955, U) **3.25 The Hired Gun** ★★ B-movie western. Rory Calhoun (1957, U) **4.45 Murder Ahoy** ★★★ Murder mystery comedy. Margaret Rutherford (1964, U) **6.45pm Big Jake** ★★ Shambling western in which an ageing patriarch sets out to rescue his kidnapped grandson. John Wayne (1971, 15) **9.00 Churchill** ★★★★ Finely judged biopic about Winston Churchill's emotional battle on the eve of D-Day. Brian Cox (2016, PG) **11.05 Ransom** ★★★ Tense kidnap thriller about a tycoon who debates whether to pay up or take the law into his own hands. Mel Gibson (1996, 18) **1.30am** Home Shopping **3.45** Off Set **4.00–6.00am** Close Up

TCM Movies Sky 315 **Virgin** 415 **+1 Sky** 316 **Virgin** 417

Great Movies Action 42

6.00am M*A*S*H **7.00 Suicide Mission** ★★ Second World War drama. Craig Hill (1970, 15) **8.30 Polar Opposites** ★★ Disaster movie. Charles Shaughnessy (2008) **10.15** The Blitz on London **11.30** Wild West Chronicles **12 noon** M*A*S*H **1.00pm Lost Command** ★★ War drama. Anthony Quinn (1966, 15) **3.30 Mission to Death** ★★ Second World War adventure. (1966) **5.00 Wyatt Earp's Revenge** ★★ Solemn western featuring Val Kilmer as an ageing Wyatt Earp. Shawn Roberts, Matt Dallas (2011, 12) **6.55pm Wild West Chronicles** **7.25 Deadly Skies** ★★ Derivative disaster thriller. Antonio Sabato Jr (2005, PG) **9.00 To End All Wars** ★★ Slow-moving Second World War drama. Robert Carlyle, Kiefer Sutherland (2001, 15) **11.25 Passchendaele** ★ Awful First World War drama. Paul Gross (2007, 15) **2.00–4.00am A Time for Killing** ★★★ George Hamilton gives a weak performance in this otherwise tough western. Glenn Ford (1967, 15)

Great Movies Action Freeview 42 *(limited)* **F'sat** 305 **Sky** 323 **Virgin** 426 **+1 Sky** 324

Legend 41

8.00am Walker, Texas Ranger **9.00** Mutant X **10.00** Star Trek: the Next Generation **11.00 Troy: the Odyssey** ★ Clunky fantasy action adventure. Dylan Vox (2017, 15) **1.00pm** The Gambler V: Playing for Keeps: two-part TV western starring Kenny Rogers **5.00** Star Trek **6.00pm Star Trek: the Next Generation** TV sci-fi adventure. **7.00 Airwolf** US TV drama. **8.00 Walker, Texas Ranger** TV action drama series. **9.00 Ransom** ★ Sean Connery does his best to thwart a gang of hijackers in this confusing action drama. Ian McShane (1975, PG) **10.55 The Brood** ★★★★ Horror classic in which a woman gives birth to children that have been deformed by her emotions. **Review, right.** Oliver Reed (1979, 18) **12.45am Cold Skin** ★★★ Slick period creature feature in which two men fend off nocturnal attacks by amphibian predators. Ray Stevenson (2017, 15) **2.50–4.30am Prey** ★★ A bereaved teen stays at an island retreat. Logan Miller (2019, 15)

Legend F'view 41 **F'sat** 137 **Sky** 148 **Virgin** 149

FILM REVIEWS

FILM OF THE DAY

Dear John ★★★★

6.50-9.00pm ***Great Movies*** 12

ROMANCE Based on Nicholas Sparks's weepie bestseller, this is an emotional depiction of two young people struggling to overcome the obstacles to their love. Channing Tatum stars as US soldier John Tyree, who falls for student Savannah (Amanda Seyfried) while on leave. But the course of true love does not run smoothly. Tatum and Seyfried are wonderfully matched, while Richard Jenkins gives a heart-rending turn as Tyree's father. Deftly directed by Lasse Hallström, the film is mawkish in places but also genuinely sincere. **KAREN KRIZANOVICH** (US 2010, edited for violence, sex scenes)

The Long Arm ★★★

11.00am-1.00pm ***Film4*** U

DRAMA This rather glum insight into the policeman's lot was the final film made at Ealing Studios. Jack Hawkins is the detective faced with a series of robberies and a rocky marriage to Dorothy Alison. The domestic crisis is a crashing bore and it's a relief when director Charles Frend abandons Bromley for the Festival Hall and an exciting conclusion to the case. **DAVID PARKINSON** (UK 1956, BW)

The Ladykillers ★★★★★

1.30-3.25pm ***TCM*** U

BLACK COMEDY A supreme blend of the seedy and the sinister, this comedy classic sees the plans of a gang of thugs stymied by their dotty old landlady. Alec Guinness and his minions (including a creepy Herbert Lom and Peter Sellers as a spiv) are a marvellous troupe of misfits, but they're no match for the marvellous Katie Johnson, who won a Bafta for her performance. **DP** (UK 1955, HD)

Ruth & Alex ★★ *5.00-6.50pm* ***Great Movies*** 12

DRAMA In this amiable tale of 70-something dilemmas, Morgan Freeman and Diane Keaton contemplate selling the Brooklyn apartment they've lived in for over 40 years. Typically charming performances from the leads make all this watchable up to a point, but the material feels stretched over feature length. **TREVOR JOHNSTON** (US 2014, edited for language)

Bill & Ted's Bogus Journey ★★★★

7.10-9.00pm ***Film4*** PG

COMEDY This sequel lacks the inspired stupidity of *Bill & Ted's Excellent Adventure*, but it's still a hoot. Airheads Bill and Ted (Alex Winter and Keanu Reeves) are trying to get their band together when they are murdered by their robotic doppelgangers. They must then defeat the Grim Reaper if they are to fulfil their destinies as saviours of mankind. **JOHN FERGUSON** (US 1991, edited for content, HD)

AI: Artificial Intelligence ★★★★

9.00-11.55pm ***Film4*** 12

SCI-FI New to Film4, Steven Spielberg's ambitious fable gives the Pinocchio story a dark, daring twist. Haley Joel Osment plays an android who is allocated to a couple whose critically ill son has been cryogenically frozen. When the real son recovers, the robot boy is left to fend for himself in a brutal world. **KILMENY FANE-SAUNDERS** (US 2001, some violence, HD)

Hacksaw Ridge ★★★★

9.00-11.45pm ***Great Movies*** 15

WAR This true tale of humility and redemption earned six Oscar nominations, including one for director Mel Gibson. Andrew Garfield stars as Desmond Doss, a pacifist who joins the US Army as a medic but refuses to fight. After enduring the scorn of his fellow soldiers, he then shocks them all with his astonishing bravery. The film offers a valuable lesson in doing the right thing. **DAMON WISE** (Aus/US 2016, violence, some swearing)

The Brood ★★★★

10.55pm-12.45am ***Legend*** 18

HORROR David Cronenberg's genuinely creepy chiller offers a metaphor both for unexplained bodily changes and the mental abuse some parents heap on their kids. Oliver Reed stars as a doctor experimenting with the new science of psychoplasmics, who persuades Samantha Eggar to give birth to killer children. **ALAN JONES** (Can 1979, violence, swearing)

Magic Mike ★★★

11.30pm-1.15am ***BBC1*** *(starts 12 midnight in N Ireland, 1.00am in Scotland)* 15

COMEDY DRAMA With *Magic Mike's Last Dance* now in cinemas, it's the perfect time to catch Steven Soderbergh's winning original film. All eyes are on Channing Tatum as he dresses down and baby-oils up to play stripping sensation Mike, who introduces Alex Pettyfer's naive newcomer "The Kid" to his steamy world. **ADAM SMITH** (US 2012, swearing, drug abuse, nudity, HD)

Sky Cinema picks

The Light between Oceans ★★★

12.30-2.45pm ***Sky Drama***

A couple find a baby. (2016, 12)

Sky 310; Virgin 410; BT 510/524

The Talented Mr Ripley ★★★★

5.40-8.00pm ***Sky Thriller***

For Matt Damon, life is simply there for the taking. (1999, 15)

Sky 309; Virgin 409; BT 509/523

The Suicide Squad ★★★★

10.10pm-12.30am ***Sky Ultimate Action***

Villains assemble! (2020, 15)

Sky 306; Virgin 406; BT 506/520

Films to stream from p40
Netflix, Amazon, Disney+ and more

U - suitable for all; PG Parental Guidance - for general viewing, but some scenes may be unsuitable for young or sensitive children; 12,15,18 - for viewers of these ages and over.

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Sky Showcase

Fantasy Football League *10.00pm* With Guz Khan

6.00am The Early Rundown (HD) **7.00** Sky News Breakfast (HD) **8.00** Wildlife ER (S) (HD) **9.00** Nothing to Declare (S) (AD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Uptown Otters **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** The Simpsons (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD)

6.30pm The Simpsons Mr Burns's shooting is solved. (S) (HD) **7.00** Young Homer and his friends are terrorised by a clown. (S) (HD)

7.30 Young Rock ***Ep 11*** *Series 3* Dwayne lands his first TV part.

8.00 Football's Funniest Moments Comical clips. (S) (AD) (HD)

9.00 ***New series.*** **A League of Their Own Road Trip** ***1/6*** *Series 7.* A journey to South East Asia. **See page 109.** (HD)

10.00 ***New.*** **Fantasy Football League** ***Ep 4*** *Series 2.* With guests Guz Khan and Sam Quek. (HD)

10.35 Late Late Show Best of the Week Series highlights. (HD)

11.35 Brassic ***1/6*** *Series 2.* (S) (AD)

12.35am The Force: Manchester (S) **1.35** Road Wars (S) **3.05** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Motorway Patrol: two editions (S) (AD)

Sky Showcase **Sky** 106 **Virgin** 109 **BT** 340/**HD** 355 **+1** **Sky** 206

Sky Sci-Fi

6.00am V **7.00** The Librarians **8.00** Home Shopping **11.00** V **12 noon** Star Trek: the Next Generation **1.00pm** Star Trek: Deep Space Nine **2.00** Fringe **3.00** The Outpost **4.00** The Librarians **5.00** Stargate SG-1: the Tok'ra are reunited with SG-1

6.00pm Star Trek: the Next Generation ***26/26*** *Series 7* Picard enlists the help of Data to solve his time-travelling torment.

7.00 Star Trek: Deep Space Nine ***1/20*** *Series 1.* Commander Sisko seeks out a Bajoran spiritual leader to negotiate his people's admission to the Federation.

8.00 Merlin ***8/13*** *Series 5.* The warlock agrees to help a young druid boy, although to do so he has to leave Camelot on a mission.

9.00 Prince of Darkness ★★ Satanic horror with Donald Pleasence and Jameson Parker. A team of researchers is called in when a mysterious canister of green liquid and an ancient manuscript are discovered at a decaying Catholic church.

11.00 Blood & Treasure ***5/13*** *Series 2.* Simon attempts to make a deal, unaware that Lexi, Danny and Shaw are on his tail.

12 midnight ***6/13.*** Danny, Lexi and Violet traverse a chemical wasteland in Kazakhstan.

1.00am V **2.00** Wynonna Earp **3.00** Stargate SG-1 **4.00–5.00am** Star Trek: the Next Generation

Sky Sci-Fi **Sky** 139 **Virgin** 122 **BT** 348/**HD** 363 **+1** **Virgin** 229

Sky Atlantic

Christian *10.10pm* A petty criminal makes a discovery

6.00am Urban Secrets (S) (HD) **7.55** The Sopranos (S) (HD) **10.05** Ray Donovan (S) (AD) (HD) **12.15pm** Game of Thrones (S) (AD) (HD) **1.20** Six Feet Under (HD) **3.30** The Sopranos: double bill (S) (HD)

5.45pm Ray Donovan ***3/12*** *Series 5.* Ray is forced to clean up Natalie's mess. (S) (AD) (HD) **6.50** ***4/12.*** Terry attempts to win back Maureen one last time, and Bridget opens up. (S) (AD) (HD)

7.55 Game of Thrones ***4/10*** *Series 4.* In King's Landing, Jaime finally visits Tyrion in jail after some persuasion from Bronn, and Jon asks for volunteers to go to Craster's Keep with him. (S) (AD) (HD)

9.00 Euphoria ***7/8*** *Series 1* Cassie seeks advice following the events at Halloween. (S) (AD)

10.10 Christian ***1/6.*** Italian drama starring Edoardo Pesce. Petty criminal Christian discovers he can perform extraordinary feats. Italian +subtitles. (HD)

11.10 Der Pass ***6/8.*** A huge explosion tears through a shopping centre in Salzburg. German +subtitles. (HD)

12.15am Devils (S) (AD) (HD) **1.20** Lovecraft Country (S) (AD) **2.30** Game of Thrones (S) (AD) (HD) **3.35** In Treatment (S) (HD) **4.05–6.00am** Urban Secrets (S) (HD)

Sky Atlantic **Sky** 108 (Wales 109) **BT** 342/**HD** 357 **+1** **Sky** 208 (Wales 209)

Sky Witness

6.00am Bondi Rescue (S) (HD) **7.00** UK Border Force (S) (HD) **8.00** Border Patrol (S) **9.00** 999 Frontline (S) **10.00** Air Ambulance ER (S) (HD) **11.00** The Force: Manchester (S) (HD) **12 noon** FBI (S) (AD) (HD) **1.00pm** 9-1-1 (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Bull (S) (HD)

4.00pm Nothing to Declare Eight back-to-back editions following the work of customs officers in Australia. (S) (AD)

8.00 ***New.*** **Chicago Med** ***4/12*** *Series 8.* Marcel volunteers to help the victims of a train crash, while Taylor and Halstead are faced with a tricky dilemma. (HD)

9.00 ***New.*** **Chicago Fire** ***4/12*** *Series 11.* Kidd gets a glimpse into Carver's chaotic personal life. Meanwhile, Mouch and Herrmann receive an unexpected gift. (S) (HD)

10.00 ***New.*** **Chicago PD** ***Ep 4*** *Series 10.* A murder hits close to home for rookie Dante Torres. Voight and Atwater help him manage tricky personal dynamics with his wary neighbours. (HD)

11.00 FBI ***21/22*** *Series 1.* The team investigates the murder of an FBI agent, but their findings expose the victim's double life. (S) (AD) (HD)

12 midnight FBI: Most Wanted (S) (AD) (HD) **1.00am** Coroner (S) (HD) **2.00** The Equalizer (S) (AD) (HD) **3.00** 9-1-1 (S) (HD) **4.00** Road Wars (S) (HD) **5.00–6.00am** The Force: Manchester (S) (HD)

Sky Witness **Sky** 107 **Virgin** 110 **BT** 341/**HD** 356 **+1** **Sky** 207 **Virgin** 163

Sky Max

A League of Their Own Road Trip *9.00pm* South East Asia

6.00am Stargate SG-1 (S) **8.00** DC's Legends of Tomorrow (S) (AD) (HD) **9.00** Quantum Leap (S) (HD) **10.00** Supergirl (S) (HD) **11.00** NCIS: New Orleans: double bill (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **2.00** S.W.A.T. (S) (AD) (HD) **3.00** Quantum Leap (S) (HD) **4.00** DC's Legends of Tomorrow (S) (AD) (HD) **5.00** Supergirl (S) (HD)

6.00pm Stargate SG-1 ***8&9/22*** *Series 3.* Double bill. (S)

8.00 Football's Funniest Moments Comical incidents from the Premier League. (S) (AD) (HD)

9.00 ***New series.*** **A League of Their Own Road Trip** ***1/6*** *Series 7.* Jamie Redknapp and Micah Richards visit South East Asia. **See page 109.** (HD)

10.00 ***New.*** **Fantasy Football League** ***Ep 4*** *Series 2.* With guests Guz Khan and Sam Quek. (HD)

10.35 Banshee ***3/8*** *Series 4* Carrie and Lucas try to track down and rescue Job. (S) (AD) (HD)

11.35 Brassic ***1/6*** *Series 2.* Tommo and Erin attempt to lure Vinnie out of hiding. (S) (AD) (HD)

12.35am Strike Back: Vengeance (S) (AD) (HD) **1.35** Road Wars (S) (HD) **3.00** Hawaii Five-0 (S) (HD) **4.00** S.W.A.T. (S) (AD) (HD) **5.00–6.00am** Highway Patrol (S) (AD)

Sky Max **Sky** 113 (Wales 114) **Virgin** 111 **BT** 346/**HD** 361

Sky Replay

7.00am 6ixth Sense with Colin Fry (S) **8.00** Four Weddings (S) (AD) (HD) **10.00** Paramedics Australia (S) (HD) **11.00** Road Wars (S) **12 noon** Highway Patrol (S) (HD) **1.00pm** Send in the Dogs (S) **2.00** The Librarians (S) (HD) **4.00** V (S) (HD) **5.00** V: the Final Battle (HD) **7.00pm** Most Haunted: the team visits a nuclear bunker in Brentwood, Essex (S) **8.00** Road Wars (S) **9.00** Dan Brown's The Lost Symbol: Robert and Katherine are forced to turn to Nunez for help (S) (AD) (HD) **10.00** Send in the Dogs (S) **11.00** A League of Their Own Road Trip: from South East Asia (HD) **12 midnight** Chicago Med (HD) **1.00am** Chicago Fire (S) (HD) **2.00** Chicago PD (HD) **3.00** Fantasy Football League (HD) **3.35** Motorway Patrol: in New Zealand (S) (AD) **4.00** Four Weddings (S) (AD) (HD) **5.00–6.00am** 6ixth Sense with Colin Fry: two editions (S)

Sky Replay **Sky** 152 **Virgin** 156

Sky Crime

6.00am Highway Patrol (S) (HD) **7.00** Motorway Patrol (S) (HD) **8.00** Highway Cops (S) (AD) **9.00** Nothing to Declare (HD) **10.00** UK Border Force (S) (AD) (HD) **11.00** How I Caught the Killer (S) (HD) **12 noon** Real Manhunter (S) (AD) (HD) **1.00pm** Forensics (S) (AD) (HD) **2.00** Killer in My Village (S) (HD) **3.00** Most Evil Killers (S) (HD) **5.00** Real Manhunter (S) (AD) (HD) **6.00** Killer in My Village (S) (HD) **7.00** Most Evil Killers (S) (HD) **8.00** Forensics (S) **9.00** ***New.*** Snapped (HD) **10.00** Murder Next Door (HD) **11.00** Love You to Death **12 midnight** Killing Mum and Dad (S) (AD) **1.00am** How I Caught the Killer (S) (AD) (HD) **2.00** Killer in My Village (S) **3.00** Murders That Shocked the Nation (S) (AD) (HD) **4.00** 911 Crisis Centre (S) (HD) **5.00–6.00am** as 7am

Sky Crime **Sky** 122 **Virgin** 121 **BT** 349/**HD** 364 **+1** **Sky** 222 **Virgin** 164

Gold

Dad's Army *6.40pm* Pike lands the platoon in trouble

7.30am Desmond's (S) **8.00** The Green Green Grass (S) **8.40** Outnumbered (S) (AD) **9.20** Are You Being Served? (S) **10.00** Open All Hours (S) **10.40** Last of the Summer Wine (S) (AD) **12 noon** The Green Green Grass (S) **12.40pm** Dad's Army (S) **2.00** Open All Hours (S) **2.40** Are You Being Served? (S) **3.20** Last of the Summer Wine (S) (AD) **4.40** Dad's Army (S) **5.20** The Green Green Grass (S)

6.00pm Are You Being Served? Mrs Slocombe woos confirmed bachelor Mr Humphries. (S)

6.40 Dad's Army The platoon is marooned on a derelict pier. (S) **7.20** Private Godfrey is accused of cowardice by the platoon. (S)

8.00 Only Fools and Horses Del-Boy becomes a yuppie. (S) (AD)

9.05 Miranda A hotel stay adds excitement to Miranda's life. (S) (AD)

9.45 Harry Enfield and Chums Kevin the teenager falls ill. (S) (AD)

10.25 The Fast Show The Tweed Man buys a pair of trousers. (AD) **11.00** More sketches. (S) (AD)

11.40 French and Saunders (S) **1.05am** Miranda (S) (AD) **1.45** Harry Enfield and Chums (S) (AD) **2.15** The Fast Show (AD) **2.45** Hold the Sunset (S) (AD) (HD) **3.30–4.00am** The Rebel (S) (AD) (HD)

Gold **Sky** 110 (Wales 111) **Virgin** 124 **BT** 344/**HD** 359 **+1** **Sky** 210 (Wales 211) **Virgin** 194

Sky Comedy

8.00am Futurama (S) (HD) **9.00** Everybody Hates Chris (S) (HD) **10.00** Sex and the City (S) (HD) **11.15** Flatbush Misdemeanors (S) (AD) (HD) **12.30pm** The Fresh Prince of Bel-Air (S) (HD) **1.30** Modern Family (S) (HD) **2.30** The Office US (S) (HD) **3.00** Will & Grace (S) (AD) **4.00** The Conners (HD) **4.30** Futurama (S) **5.00** The Office US (S) (HD) **5.30** The Fresh Prince of Bel-Air (S) (HD) **6.30** Futurama (S) (HD) **7.30** Young Rock (HD) **8.00** ***New.*** The Conners (HD) **8.30** The Office US (S) (HD) **9.00** Vice Principals (S) (AD) (HD) **10.15** ***New.*** Late Late Show Best of the Week (HD) **11.15** ***New.*** The Late Late Show with James Corden (HD) **12.15am** ***New.*** The Tonight Show (HD) **1.15** Sex and the City (S) (HD) **2.35** Camping (S) (AD) (HD) **3.15** Flatbush Misdemeanors (S) (AD) (HD) **4.00–5.00am** Everybody Hates Chris (S) (HD)

Sky Comedy **Sky** 114 (Wales 115) **Virgin** 112 **BT** 347/**HD** 362

Comedy Central

8.00am My Wife and Kids (S) (HD) **9.00** The Middle (S) (HD) **10.00** Last Man Standing (S) (HD) **12 noon** Friends (S) (AD) (HD) **9.00pm FILM** 40 Days and 40 Nights ★★★ Romantic comedy starring Josh Hartnett as Matt Sullivan, a young man who decides to give up the pleasures of the flesh for Lent after being dumped by his girlfriend (HD) **10.45 FILM** Jackass 3.5 ★★ The team return for more maniacal mayhem and painful pranks made up of deleted scenes from *Jackass 3* (S) (HD) **12.25am** South Park (HD) **1.55** Russell Brand in New York (S) (HD) **2.55** Rob Delaney Live: Jackie (S) (HD) **3.40** ***New.*** The Daily Show **4.10–5.00am** Friends: two episodes (S) (AD) (HD)

Comedy Central **Sky** 112 (Wales 113) **Virgin** 181/**HD** 132 **BT** 345/**HD** 360 **+1** **Sky** 212 (Wales 213) **Virgin** 133

Alibi

Person of Interest *7.00pm* Reese ends up behind bars

7.15am Murdoch Mysteries (S) (HD) **9.00** Hudson & Rex (S) (AD) (HD) **10.00** Unforgettable (S) (HD) **11.00** Person of Interest (HD) **12 noon** Major Crimes (S) (HD) **1.00pm** Death in Paradise (S) (AD) (HD) **2.00** Murdoch Mysteries (S) (HD) **4.00** Hudson & Rex (S) (AD) (HD) **5.00** Unforgettable (S) (HD)

6.00pm Without a Trace ***8/23*** *Series 3.* A homeless woman vanishes from a shelter. (HD)

7.00 Person of Interest ***12/22*** *Series 2.* Fusco has his hands full protecting supermodel Karolina Kurkova from a gang. (HD)

8.00 Death in Paradise ***3/8*** *Series 5.* When a model is strangled during a catwalk show, Humphrey finds himself mixed up in the world of fashion. (S) (AD) (HD)

9.00 Shakespeare and Hathaway: Private Investigators ***7/10*** *Series 1.* A compensation claim is not as straightforward as it first seems. (S) (AD) (HD)

10.00 Death in Paradise ***4/8*** *Series 8.* A coffee plantation owner is shot dead. (S) (AD) (HD)

11.00 Without a Trace As 6pm. **12 midnight** Hudson & Rex (S) (AD) (HD) **1.00am** Major Crimes (S) (HD) **2.00** Evil (S) (AD) (HD) **2.55–4.00am** We Hunt Together (S) (AD) (HD)

Alibi **Sky** 109 (Wales 110) **Virgin** **HD** 126 **BT** 343/**HD** 358 **+1** **Sky** 209 (Wales 210) **Virgin** 191

Discovery

6.00am Wheeler Dealers (S) (AD) (HD) **7.00** Deadliest Catch (S) (HD) **8.00** Alaska: Homestead Rescue (S) (HD) **9.00** Railroad Alaska (S) (HD) **10.00** How Do They Do It? (S) (HD) **11.00** Wheeler Dealers (S) (HD) **12 noon** Salvage Hunters (S) (HD) **1.00pm** Gold Rush (S) (HD) **3.00** Building Off the Grid (S) (HD) **4.00** Alaska: Homestead Rescue (S) (HD) **5.00** Wheeler Dealers (S) (HD) **6.00** Salvage Hunters (S) (HD) **7.00** Kindig Customs: a returning client asks the team to work on a 1927 Shadow Rod (S) (HD) **8.00** Gold Rush: Tony pivots his crew to the 80 Pup cut but water-pump failure stops them cold (HD) **9.00** Alien Encounters Declassified (S) (HD) **11.00** Naked and Afraid (S) (HD) **1.00am** Alien Encounters Declassified (S) **3.00** ***New.*** Gold Rush (HD) **4.00–5.00am** Wheeler Dealers (S) (AD) (HD)

Discovery **Sky** 125 **Virgin** 250 **BT** 320/**HD** 325 **+1** **Sky** 225 **Virgin** 258

Discovery History

6.00am Nasa's Unexplained Files (S) **7.00** How the Universe Works **8.00** Greatest Events of World War II (S) **9.00** Combat Dealers (S) **10.00** Houdini's Last Secrets (S) **11.00** Mummy King Mystery: Rameses **12 noon** Nasa's Unexplained Files (S) **1.00pm** Expedition Unknown **2.00** Wings of War (S) **3.00** Ghosts of Stonehenge (S) (AD) **4.00** Mysteries at the Museum **5.00** Greatest Events of World War II (S) **6.00** How the Universe Works **7.00** Expedition Unknown (S) (AD) **8.00** Combat Dealers (S) **9.00** Nostradamus Decoded: the French apothecary's predictions **11.00** Tut's Buried Secrets (S) (AD) **12 midnight** Combat Dealers (S) (AD) **2.00am** Nostradamus Decoded **4.00–5.00am** Ghosts of Stonehenge (S) (AD)

Discovery History **Sky** 177 **Virgin** 257 **+1** **Sky** 277 **Virgin** 261

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

Sky Documentaries

Searching for Sugar Man *9.00pm* Sixto Rodriguez

6.00am Richard E Grant's Hotel Secrets (S) (AD) **7.00** Discovering: Doris Day (S) (AD) **8.00** The Directors (S) **9.00** Against the Tides (S) (AD) **10.50** Expecting Amy (S) (AD) **12 noon** Jackie Stewart (S) **1.50pm** My Icon: Heather Watson (S) (AD) (HD) **2.00 FILM** Spitfire ★★★★ Documentary (S) (W) **4.00** The Directors: George Stevens (S) **5.00** Discovering: Doris Day (S) (AD)

6.00pm Janet Jackson The singer speaks candidly about the defining moments of her life. (S) (AD) **6.55** Janet decides that if she is going to have a musical career, it will be on her own terms. (S) (AD)

7.50 Expecting Amy 3/3. Amy Schumer takes the stage. (S) (AD)

9.00 Searching for Sugar Man ★★★ Documentary in which director Malik Bendjelloul tells the stranger-than-fiction story of musician Sixto Rodriguez, who become a cult figure in Apartheid-era South Africa. (S) (W)

10.50 Terry Venables: a Man Can Dream A look at the life of the former England, Barcelona and Tottenham football manager. (S) (AD) **12.50am** SIC: Prince of MotoGP (S) **2.40** My Icon: Christine Ohuruogu (S) (AD) (HD) **3.00** The Ibiza Affair: Uncovered (S) **5.00–5.00am** Discovering: Doris Day (S) (AD)

Sky Documentaries Sky 121 Virgin 277 BT 352/HD 367

Nat Geographic

8.00am Food Factory USA (HD) **9.00** Air Crash Investigation (S) (AD) (HD) **10.00** Car SOS (S) (AD) (HD) **11.00** Ice Road Rescue (HD) **12 noon** Nazi Megastructures (S) (HD) **1.00pm** Ancient X Files (HD) **2.00** Drain the Oceans (S) (AD) (HD) **3.00** Worst Weather Ever? (HD) **5.00** World's Worst Natural Disasters (HD) **6.00pm *New.*** Primal Survivor: Over the Andes (HD) **7.00** Air Crash Investigation (S) (HD) **8.00** Apocalypse: The Rise of Hitler (S) (HD) **10.00** World War II: the Apocalypse (HD) **11.00** Air Crash Investigation (S) (AD) (HD) **12 midnight** Banged Up Abroad (S) (HD) **1.00am** Drugs Inc (HD) **2.00** Lords of War (HD) **2.30** Food Factory (S) (HD) **4.10** Secrets of the Zoo: Keeper Tales (HD) **4.35–5.00am** Prairie Dog Dynasty (HD)

Nat Geographic Sky 129 Virgin 266 +1 Sky 229 Virgin 267

Sky History

6.00am Forged in Fire (HD) **7.00** Storage Wars (HD) **8.00** American Pickers (HD) **9.00** Pawn Stars (HD) **11.00** Walking through History: Victoria and Albert's Highland Fling (HD) **12 noon** Mountain Men (HD) **1.00pm** The Real Hunt for Red October (HD) **2.00** Ancient Aliens (HD) **3.00** Salvage Kings (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** Salvage Kings (HD) **9.00** Historic Hauntings (HD) **10.00** Inside the Tower of London (HD) **11.00** The Proof Is Out There (HD) **12 midnight** Strangest Things (HD) **1.00am** Salvage Kings (HD) **2.00** Walking through History (HD) **3.00** Storage Wars (HD) **4.00** The Real Hunt for Red October (HD) **5.00–6.00am** Ancient Aliens (HD)

Sky History Sky 123 Virgin 270 BT 353/HD 368 +1 Sky 223 Virgin 271

Sky Nature

Malawi Wildlife Rescue *8.00pm* Dr Amanda is on a mission

6.00am Dogs with Extraordinary Jobs (S) (AD) **7.00** Monkey Life (S) (HD) **8.00** Wildlife ER (S) **9.00** Uptown Otters **10.00** Malawi Wildlife Rescue (S) (HD) **11.00** Dogs with Extraordinary Jobs (S) (AD) **12 noon** Hope for Wildlife (S) **1.00pm** Monkey Life (S) **2.00** Malawi Wildlife Rescue (S) (HD) **3.00** Uptown Otters **4.00 *New.*** Uptown Otters **5.00** Hope for Wildlife (S)

6.00pm Monkey Life Orangutan Hsiao-Ning loses a tooth. (S) **6.30** A marmoset fights for its life in the park's hospital. (S)

7.00 Uptown Otters Mia and her newborn pups go swimming.

8.00 Malawi Wildlife Rescue The work of staff at Malawi's only wildlife rescue centre. (S)

9.00 Wildlife Rescue New Zealand The team jumps into action to prevent an avian malaria epidemic. (S) (AD)

10.00 Uptown Otters As 7pm.

11.00 Hope for Wildlife Following the work of a rescue centre founded by Hope Swinimer. (S) **12 midnight** Caught in Motion (S) **1.00am** A Wild Year on Earth (S) (AD) **2.00 *New series.*** Battle of the Alphas: double bill **3.00** Wildlife Rescue New Zealand (S) (AD) **4.00** Baby Animals (S) (AD) **5.00–6.00am** Great Parks of Africa (S)

Sky Nature Sky 124 Virgin 278 BT 354/HD 369

Eden

9.00am Animal Social Network (AD) (HD) **10.00** Beasts In The City (HD) **11.00** The Zoo (HD) **12 noon** Forbidden History (AD) (HD) **2.00pm** Animal Social Network (AD) (HD) **3.00** India's New Worlds (HD) **4.00** The Hidden River (AD) (HD) **5.00** Beasts in the City (HD) **6.00** The Zoo (HD) **7.00** Forbidden History (AD) (HD) **8.00** Animal Social Network (AD) (HD) **9.00** The Hidden River: the secrets of one of South America's largest rivers (AD) (HD) **10.00** The Zoo: a gorilla is close to giving birth (HD) **11.00** Beasts in the City (HD) **12 midnight** Forbidden History (AD) (HD) **1.00am** Animal Social Network (AD) (HD) **2.00** Beasts in the City (HD) **3.00** The Zoo (HD) **3.50** The Hidden River (AD) (HD) **4.40** Forbidden History (AD) (HD) **5.30–6.00am** Attenborough's Natural Curiosities (AD) (HD)

Eden Sky 166 Virgin HD 245 +1 Sky 266 Virgin 246

Animal Planet

8.00am Animal Cribs (S) (HD) **9.00** Crikey! It's the Irwins (S) (HD) **10.00** Dogs 101 (S) (HD) **11.00** Alaska: Homestead Rescue (S) (HD) **12 noon** Animal Cribs (S) (HD) **1.00pm** Crikey! It's the Irwins (S) (HD) **2.00** From Wags to Riches (S) (HD) **3.00** Pit Bulls and Parolees: Tia's Tales (S) (HD) **4.00** Pit Bulls and Parolees (S) (HD) **5.00** Alaska: Homestead Rescue (S) (HD) **6.00pm** Animal Cribs (S) (HD) **7.00** Crikey! It's the Irwins (S) (HD) **8.00** I'm Alive (S) (AD) **9.00** I Was Prey (S) (AD) (HD) **10.00** Alaskan Bush People (S) (HD) **11.00** Project Grizzly (S) (HD) **1.00am** Alaskan Bush People (S) (HD) **2.00** Pit Bulls and Parolees (S) (HD) **3.00** Alaska: Homestead Rescue (S) (HD) **4.00–5.00am** Animal Cribs (S) (HD)

Animal Planet Sky 162 (NI 178) Virgin 251 +1 Sky 262 (NI 278) Virgin 259

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

5.30am LIVE European Tour Golf Day two of the Thailand Classic in Chon Buri, Bangkok. **9.30** Good Morning Sports Fans **10.00 LIVE Ladies European Tour Golf** The second round of the Saudi Ladies International. **1.00pm LIVE Women's T20 World Cup Cricket** New Zealand v Bangladesh from Cape Town; **4.30** West Indies v Ireland from Newlands Stadium, Cape Town. **7.30 LIVE Championship Football** Cardiff City v Reading at Cardiff City Stadium (kick-off **8.00**). **10.30 LIVE PGA Tour Golf** Day two of the Genesis Invitational. **1.00am** Sky Sports News **2.00 LIVE NBA** The Rising Stars game from Utah (tip-off **2.00**). **4.30–6.00am LIVE European Tour Golf** The third round of the Thailand Classic from Bangkok.

Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

6.00am Classic Play-Off Finals **9.00** Greatest Games **10.00** Championship Retro **12 noon** German Football **12.30pm** Inside the WSL: magazine **1.00** Women's Championship Show **1.30** Women's Football Weekly **2.00** League One and Two Goals **2.30** Championship Highlights **3.00** German Football **3.30** Inside the WSL **4.00** Women's Championship Show **4.30** Women's Football Weekly **5.00** Championship Highlights **6.00** Inside the WSL **6.30** Women's Championship Show **7.00** Championship Highlights **7.30 LIVE Championship Football** Cardiff City v Reading at Cardiff City Stadium (kick-off **8.00**). **10.30** WSL **11.00** EFL Greatest Games (AD) **12 midnight** Championship Season Review **1.00am** League Cup Retro **3.45** EFL Greatest Games **4.00–6.00am** League Cup Retro

Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

6.00am LIVE European Tour Golf Day two of the Thailand Classic in Chon Buri, Bangkok. **9.30** Roots (AD) **10.00 LIVE Ladies European Tour Golf** The Saudi International. **2.00pm** The Improvers (AD) **2.15** PGA Tour Golf **2.30 LIVE PGA Tour Golf** Day two of the Genesis Invitational. **1.00am** European Tour Golf **1.15** The Improvers (AD) **1.30** Roots **2.30** PGA Tour Golf **2.45** European Tour Golf **3.00** Chronicles (AD) **4.00** PGA Tour Golf **4.15** European Tour Golf **4.30–6.00am LIVE European Tour Golf** The Thailand Classic.

Sky Mix

Sky 416 Virgin 520/HD 510 BT 429/HD 449

12.50–5.00pm LIVE Pakistan Super League Cricket Multan Sultans v Peshawar Zalmi. **7.00–9.00 LIVE Netball** London Pulse v Team Bath.

Eurosport 1

Sky 410 Virgin 521 BT 412/HD 435

6.00am Cycling **7.50** Alpine Skiing **8.45 LIVE Alpine Skiing** The men's giant slalom, the first run. **11.00** Cycling **12 noon** Skiing **12.15pm LIVE Alpine Skiing** The men's giant slalom, second run. **2.15 LIVE Cycling** Stage one of the Tour of Alpes Maritimes. **3.45** Sailing **4.15** Freestyle Skiing **5.15** Cycling **6.30** Alpine Skiing **7.30** Discovery Golf **8.00** Cycling **10.00** Alpine Skiing **11.00** Cycling **2.00am** Alpine Skiing **4.00–6.00am** Snooker

Premiership Rugby Union *7.00pm* ***BT Sport 1*** Gloucester winger Ollie Thorley faces Quins

Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

6.00am Classic Premier League **10.00** The Football Show **12 noon** Gary Neville's Soccerbox **1.00pm** Total Football **5.00** 100 Club (AD) **6.00** Legends **6.30** Preview **7.00** The Big Interview **7.30** Stories **8.00** Soccerbox **9.00** Preview **9.30** The Big Interview **10.00** Stories **10.30** Retro **12.30am** Icons **1.00–6.00am** Classic Premier League

Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

6.00am Women's World T20 **6.30** Pakistan Super League **7.30** Women's T20 World Cup Cricket **9.00** Pakistan Super League **10.00** Women's T20 World Cup Cricket Highlights **11.30** Pakistan Super League Highlights **12.30pm LIVE Women's T20 World Cup Cricket** New Zealand v Bangladesh from Cape Town; **4.30** West Indies v Ireland from Newlands Stadium, Cape Town. **8.30** Pakistan Super League **9.30** Women's T20 World Cup Cricket **10.30** Pakistan Super League **11.30** Women's T20 World Cup Cricket **5.00–6.00am** Pakistan Super League

Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

6.00am NFL **12 noon** Pro-Football Talk **2.00pm** Super Bowl LVII **4.00** NFL Europe (AD) **5.00** Bitesize **6.00** Good Morning Football **9.00** 49 Hours **10.00** Super Bowl LVII **12 midnight** Total Access **1.00–6.00am** NFL

Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

6.30am Super League **6.45** NRL **7.00 LIVE NRL** A double bill of pre-season games from Australia. **11.00** NRLW (AD) **11.15** Super League **11.30** Premier League Darts **3.00pm** Super League **3.30** Boxing (AD) **4.30** NBA **7.00** Super League **7.30 LIVE Super League** Leigh Leopards v Salford Red Devils at Leigh Sports Village (kick-off **8.00**). **10.15** Kevin Sinfield's Challenge **12.15am** Super League **1.00** NBA **2.00 LIVE NBA** The Rising Stars game from Utah (tip-off **2.00**). **4.30–6.30am LIVE NRL** Dragons v Rabbitohs, pre-season.

Eurosport 2

Sky 411 Virgin 522 BT 413/HD 436

6.00am Snooker **8.00** Formula E **9.00** Discovery Golf **9.30** Snooker **11.45 LIVE Snooker** Welsh Open quarter-finals from Llandudno. **6.00pm** Snooker: Welsh Open **6.45 LIVE Snooker** Welsh Open quarter-finals from Llandudno. **10.00** Snooker **12 midnight** Formula E **1.00am** Alpine Skiing **2.00** Snooker **4.00–6.00am** Cycling

BT Sport 1

Sky 413 Virgin 527 BT 408/HD 430

6.00am LIVE Test Cricket New Zealand v England, further coverage of day two of the first Test from Bay Oval, Tauranga. **9.00** Europa League Highlights **10.00** The Football's On (AD) **11.00** World Rally (AD) **12 noon** Darts (AD) **2.00pm** The Football's On (AD) **3.00** Wrestling (AD) **4.45** Premier League Reload **5.00** Test Cricket Highlights **6.00** Premier League Preview **6.30** Scottish Football Extra (AD) **7.00 LIVE Premiership Rugby Union** Gloucester v Harlequins at Kingsholm Stadium (kick-off **7.45**). **10.00** Champions League Football **10.30** UFC Live **11.00** Scottish Football (AD) **11.30** Test Highlights **12.30–6.00am LIVE Test Cricket** New Zealand v England, day three of the first Test.

BT Sport 2

Sky 414 Virgin 528 BT 409/HD 431

6.00am ESPN FC: world football **6.30** Premier League Legends (AD) **7.00** The Football's On (AD) **8.00** Reload **8.15** Australian Football **8.45 LIVE Australian Football** Western United v Wellington Phoenix, A-League (kick-off **8.45**). **10.45** French Football **11.15** Reload **11.30** Serie A: Full Impact **12 noon** ESPN FC **12.30pm** Rugby Union **4.00** Serie A: Full Impact **4.30** Premier League Preview **5.00** Australian Football **6.00** The Football's On (AD) **7.00 LIVE Boxing** Mark Chamberlain v Vairo Lenti. **12 midnight** Wrestling **1.00am LIVE Wrestling** WWE. **3.00** Scottish Football Extra (AD) **3.30** Premier League Preview **4.00–6.00am LIVE Pro League Hockey** New Zealand v USA, the women's match from Wellington.

BT Sport 3

Sky 417 Virgin 529 BT 410/HD 432

6.00am Serie A: Full Impact **6.30** French Football **7.00** Wrestling (AD) **9.00** Pro League Hockey: highlights **12 noon** Europa League Football **5.30pm** Champions League Football **6.30** ESPN FC **7.00** Inside Serie A **7.30 LIVE Italian Football** Sassuolo v Napoli (kick-off **7.45**). **9.45** BT Sport Reload (AD) **10.00** Wrestling: WWE (AD) **12 midnight LIVE Basketball** Coverage of a US college game. **2.00am LIVE Gymnastics** Women's NCAA Championship. **3.30** Australian Football **4.30** Champions League Magazine **5.00** Scottish Football (AD) **5.30–6.00am** Premier League Preview

BT Sport 4

Sky 423 Virgin 530 BT 411/HD 434

6.00am SportsCenter **6.15** Around the Horn **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** ESPN FC **8.00** Basketball **1.15pm** Around the Horn **1.45** Pardon the Interruption **2.15** SportsCenter **2.30** Basketball **6.00** SportsCenter **6.15** Around the Horn **6.45** Pardon the Interruption **7.15** SportsCenter **7.30** French Football **8.00 LIVE French Football** Auxerre v Lyon (kick-off **8.00**). **10.00** Basketball **11.45** UFC **12.45am** SportsCenter **1.00** Premier League Preview **1.30** Scottish Football (AD) **2.00** UFC Fight Camp **2.30** UFC **5.30–6.00am** BT Sport Reload (AD)

Amazon Prime

10.00am, 6.30pm LIVE ATP Tennis The Rotterdam Open, coverage of the quarter-finals. **12.45pm LIVE WTA Tennis** The Qatar Open, semi-finals.

PERFECT PARTNERS

Stay passionate and laugh a lot – **Joanna Lumley** and **Roger Allam** reveal the secrets of a happy marriage

Conversations from a Long Marriage
6.30pm Wednesday ***Radio 4***

If there's such a thing as on-screen chemistry, can there not also be such a thing as on-radio chemistry? If we'd only ever heard Lauren Bacall and Humphrey Bogart and never seen them, what would have been the effect? The answer might be something very like Joanna Lumley and Roger Allam in *Conversations from a Long Marriage*, the hit comedy two-hander that captures the essence of a relationship that's been through its ups and downs but has endured over many years. Every episode is half an hour of pure chemistry.

"Maybe our voices match," Lumley says. "I've always believed that when you see a couple, somehow they have to look right together. But they also have to sound right together." Allam agrees. He says that radio producers have said to him that "radio drama is more like cinema than theatre, that a mic is the equivalent of a camera".

Lumley and Allam are at a studio in west London, taking a break during the recording of series four of *Conversations*, alongside the show's creator/writer Jan Etherington. This family has been together since the show began in 2020, whereupon it quickly turned into one of Radio 4's most popular comedies of recent years.

As well as the series starting this week, Etherington has been commissioned to write a fifth, an almost unheard-of level of commitment on Radio 4's part, and an endorsement of her conviction that older people and their still very much alive marriages were an under-explored area in radio drama, with rich comic potential.

CREATOR Jan Etherington

GETTY

She wrote the show with Joanna Lumley in mind. "I wanted to write about the type of older woman I know," she says. "The older women's parts I came across were all tetchy divorcees, bossy managers or wet grandmothers in their pinnies. Where were all the women who went to Glastonbury? Where was the humour?"

Lumley says that when she read the script, "it was like someone had been listening at my window". When Allam was sent it, he thought it was lovely. "And it was working with Joanna. What's not to like?" Lumley returns the compliment. "Roger's done everything – Shakespeare, singing, shows. He's in a different class."

"Joanna does herself down somewhat," says Allam. "Not only has she been a wonderful beauty and a sexy icon, she's also been incredibly funny. *Absolutely Fabulous* was a glorious comedy series, and Jo was brilliant in it. And also funny about getting older, I think, as well, about not being the beautiful young sex icon any more, but trying to be."

"If you admire the way people work, you know you're going to get on well with them," says Lumley. "We all have to bring an artifice to the work we do. We have to admire the scripts we actually think are pathetic, and work with actors whose eyes we can see glaze over as they reach their next line. But that could never be the case with Roger. He's top-notch. He's a legend."

It was a surprise to both of them to realise that, in spite of a combined acting experience of many decades – Lumley is 76, Allam 69 – they had never previously worked together. "There are masses of people we've both worked with, but no, our paths had never crossed," Lumley says. She turns to Allam.

'A couple have to look right together. But also sound right together'

PHOTOGRAPHED EXCLUSIVELYFOR RADIO TIMES BY **LIAM JACKSON**

HITTING IT OFF Joanna Lumley and Roger Allam are into their fourth series of *Conversations from a Long Marriage*

"I've admired you from afar!"

And what of their own long marriages? What's the secret? Lumley has been married to musician Stephen Barlow for more than 30 years, and says that what's important to her is that she feels thrilled to be with him. "I admire my husband. I admire him because he's brilliant. I think he's fantastic. I feel lucky to be married to such a brilliant and amazing person. It's important that you don't look down on your partner."

Allam, long married to actor and writer Rebecca Saire, thinks laughing is the secret. "My wife makes me laugh so much, I sometimes think I'm going to die laughing. I love that. Laughing, liking, loving, and giving each other room to not have to do everything together all the time." Surely, Roger, it works the other way round, and you also make your wife laugh? "Oh, yes, I make her laugh. We make each other laugh. But honestly, sometimes marriage is just about the silliness, the freedom with each other to be silly and ridiculous. And then also serious about things that are more serious, and also just about practical things that have to be done."

Allam's grown-up sons still live at the family home in south-west London. Lumley, whose home is in south London, has grand-daughters who visit. So the two stars are at different marital stages in their private lives, and neither of their situations bears comparison to "Joanna and Roger" in *Conversations*. Their characters, who never use each other's names, are childless.

Nonetheless, real-life experiences do find their way into the scripts. Lumley, Allam and Etherington collapse with laughter recalling an episode inspired by the arrival of a trampoline in the back garden of Allam's next-door neighbours.

Could *Conversations* perhaps be accused of idealising long marriages? That in truth, most aren't like that? "No, no!" they chime. "It's amazingly truthful," Lumley says. "Jan has a very good ear and a very good perception of the tiny, tedious things that make up marriage – the niggles people sometimes get into, the fantastically petty things. And they usually get over them. And that happens in real life."

"In fact, I'd say *Conversations* is radical, because of this older couple having a very passionate life and love for each other. I think that's often patronised. But it's radical."

SIMON O'HAGAN

Series 1–3 are available on BBC Sounds. Conversations from a Long Marriage, the book of Jan Etherington's scripts, is published by Souvenir Press

PICK OF THE WEEK

Life Support

1.45pm Monday–Friday ***Radio 4***

As pressure piles upon the NHS and its future is the subject of intense political scrutiny, it feels like a good time to get a perspective from those on the ground. This short series of conversations between health workers fits the bill neatly. Each day, two people with identical NHS jobs come together to share their experiences. There's an important distinction: one is nearing the end of their career while the other has many years of service left (or at least, we hope they do, given the numbers leaving in droves).

They make for a fascinating exercise in comparison and contrasts, with much made of advances in equipment and practices, but also the almost unfathomable increase in workloads, such as the paramedics who have gone from not having defibrillators as standard kit in the 1980s to being stuck in long queues of ambulances outside A&E, waiting for beds to free up.

Perhaps the comment that speaks most to what the NHS is facing, is from an anaesthetist, who notes that while technology has advanced, so has the complexity of surgeries needed for an increasingly frail population.

DAVID CRAWFORD

CRISIS A health check for the NHS

AMBRIDGE DIARY

The Archers this week...

Brian is struggling to organise Jenny's funeral and wishes everyone would stop fussing over him, but Roy and Kirsty can't help themselves. In these challenging days, Brian could be about to make a rash decision. Ruairi tests Alice's patience after his recent social embarrassment, but she won't give up on him, unlike Julianne, who seems less than impressed.

David and Ruth put everything aside for Valentine's Day... until a letter arrives about the land for sale, and David can't help but be distracted. Freddie helps out an old friend who's unlucky in love. It seems Freddie may have just the answer...**CAROLINE FROST**

RT SHOP

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Podcasts

Edited by **DAVID HEPWORTH**

THE POLITICS OF PARTIES

Partygate is a very modern story of how news breaks with astonishing speed in the age of the internet

THE GREAT THING about *The Thick of It* was that all the characters were lying pretty much all the time. It was easy to tell because their lips were moving.

Partygate: the Inside Story, a respectable stab by ITV News at turning their coverage of the stories about the real-world parties at Number Ten into a sort of *All The Presidents Men* Goes to Majestic, is firmly in *The Thick of It* territory. This is a world where journalists, politicians and spin doctors are forever changing hats, defending on Friday that which they condemned on Thursday and all the time trying to locate sufficient high ground from which they can compose their features into the expression of a disappointed dad long enough to articulate a sentence that contains the words "the British people".

Partygate, which is presented by ITV News's UK editor Paul Brand, tells a very modern story of how news breaks in the internet age. Hardly any of the raw materials came from their usual news-gathering technology. Most of it seemed to be made up of Vimeo clips, Spotify playlists,

> 'They've turned it into *All the President's Men* Goes to Majestic'

WhatsApp messages and other popular sources of gossip and distraction in the contemporary world, any one of which would have horrified Sir Humphrey Appleby. He would also have blanched at the idea of staff getting amorous with each other on Government property, and would never have sent a memo suggesting that getting together in the garden after work would be "nice".

The producers had to indulge in a certain amount of cloak and dagger to get their pieces ready for broadcast. The original story had to be edited on a laptop by a camera operator to stop it coming to the attention of the other broadcasters who shared ITV News's Westminster offices. They were given pause by the fact that Allegra Stratton, the spin doctor whose news conference rehearsal clip burst everything open, was a former colleague and therefore was likely to be collateral damage.

The insane speed of the contemporary spin cycle is reflected in clips of *Gogglebox* stars literally responding to the story before the story has been told. Of indignation there is no shortage. From obfuscating politicos to grandstanding TV anchors, nobody covers themselves in glory. Everybody knew about the parties but nobody apparently went. At least that's what they say.

SHOW OF THE WEEK

PARTYGATE: THE INSIDE STORY

What did Boris Johnson really know about Downing Street's parties? The definitive behind-closed-doors story of one of the biggest scandals of our era.

ITV NEWS; THE SUN; GETTY

IF YOU LIKE THAT, TRY THESE

THE AUDIO LONG READ

Quite rightly, *The Guardian* have been re-promoting a number of their long-form pieces from the past on the grounds that they're as true or as mysterious now as they were at the time they were first published. One of them concerns the 37-year-old mystery of who killed Olof Palme, the Prime Minister of Sweden, as he was on his way home from the pictures. Apparently this case indirectly led to the vogue for Scandi noir.

THE INTELLIGENCE

This uses *The Economist's* worldwide network of correspondents and experts to explain in greater detail the kind of story that might not get a lot of coverage in our so-called mainstream media. For instance, there are long pieces about what's behind the riots in Brazil, why the protesters in Iran have gone quiet for a while and the significance of the new right-wing government in Israel, all underlining once again that the best way to learn about anything is to talk to one expert.

THE CHINA IN AFRICA PODCAST

Chinese involvement in Africa is one of the most consequential activities of our time, but it rarely makes our news at home. Which is where this podcast, which keeps an eye on those activities and looks at what they mean, does such a valuable job – and, amazingly, does it twice a week. Journalist Eric Olander and Asia-Africa scholar Cobus van Staden in Johannesburg are the hosts.

OBSCENE: THE DUBLIN SCANDAL

Irish affairs have long tended to be a mystery to those of us on this side of the water. So this re-examination of a 1982 double murder that led to the home of the country's Attorney General, narrated by Adrian Dunbar and featuring contributions from the likes of novelist Colm Toibin, is a valuable opportunity to learn

SOMETHING NEW

JOANNA AND THE MAESTRO

In which Joanna Lumley asks her composer husband Stephen ("Stevie") Barlow those important questions that matter so much in a long marriage. Who's best – Mozart or Beethoven? How did Bach do it? Would you die without music? Have you put the bins out? (I may not have heard that last one correctly.) *See p118*

RADIOHEADS

OWAIN WYN EVANS

Drumming helped me face the bullies

Music was a refuge for me during childhood. A constant companion. Whether it was drumming, DJ-ing or listening to the radio, I always loved putting on headphones and losing myself. I didn't have a dazzling time growing up as a young gay man in my home town in south Wales. I was lucky enough to have a lovely, supportive family, but there were no reference points or positive role models for me back then. When you're bullied and don't like school, it's invaluable to have something else to focus your energy on.

I started drumming when I was seven and haven't stopped since. I'd listen to the chart show on Radio 1, tape the songs I liked and drum along to them. I wanted to DJ, so asked my parents for two turntables and a mixer from Tandy's in Llanelli. I learned to beat-match, then moved onto CD decks. I also amassed loads of vintage disco lights, many of which I still have now. I did mobile discos with my own lights and smoke machine.

I've always enjoyed the technical aspect of DJ-ing and am looking forward to driving my own desk at Radio 2. Although I probably won't bring the smoke machine. We don't want any fire alarms going off at 4am.

> 'I can't wait to be reunited with my kit – Percussive Princess'

Radio has always had that ability to be closer to you. It's more intimate and immediate than other media formats. Podcasts or streaming platforms are great, but you can't beat live radio for that connection. I'd been doing bits and bobs of holiday cover, so was already becoming part of the Radio 2 family. Getting my own show feels absolutely lush. People like Scott Mills, Sara Cox, Tony Blackburn and Zoe Ball were iconic DJs for me. To be going to work on the same station as them is a thrill.

The Radio 2 playlist is full of bangers but it'll be amazing to bring in choices of my own. As a musician myself, I love songs with real, acoustic drums on them. A bit of 80s rock, *j'adore*! I'll be drumming along, even if it's just tapping my fingers on the desk. My full drum kit – the Percussive Princess, I call it – is currently in storage because I've moved

from Manchester to Cardiff and am still between houses. I can't wait to be reunited with my own drums.

We'll be broadcasting live from BBC Cymru Wales. It's the first Radio 2 daily weekday programme to move out of London and I'm proud to be part of that. Cardiff is a beautiful city. I left ten years ago for work but always loved coming back. There's a buzz of excitement about a Radio 2 show transmitting from the city centre. And there's a great place near the studio to buy Welsh cakes.

I've given up caffeine, so I'll be sipping decaf coffee in the studio and wearing my special sparkly slippers to be a little bit more cosy – or *cwtchy*, as we'd say in Wales. My Twitter bio says "unapologetically flamboyant" and I'll bring a bit of that, too. Even though it won't be seen, I'll be wearing my trademark brooch. The hair will be full height, although headphones mean I'll need to do some quiff management.

It'll be lovely handing over to Zoe Ball each morning, even though I'll be 150 miles away. I'll throw the baton down the M4 and hope she can catch. When I was growing up, my parents always had Radio 2 playing in the kitchen. Now I've come full circle and it'll be my voice coming out of that same corner.

Owain Wyn Evans presents the Early Breakfast Show on Radio 2, Mondays to Fridays at 4am. Listen live or catch up on BBC Sounds

Today's Choices

Drama: Danger 2023
3.00pm ***Radio 4***

In February 1923, three months after the station first went on air, the BBC broadcast a scene from *Julius Caesar*. Poet Michael Symmons Roberts celebrates this 100th anniversary with his clever spin on the world's first drama written for radio, *A Comedy of Danger*, broadcast to the London area in February 1924. (A 1973 re-recording, *Danger*, is on Radio 4 Extra today).
In a stroke of genius, its author, also a poet, set his play in a pitch-dark coal mine gradually filling with water. Symmons Roberts's victims face a similar fate in a subterranean archive. It's a historic and still thrilling radio event. **DAVID MCGILLIVRAY**

Opera on 3: Janacek's Jenufa
6.30pm ***Radio 3***

The harrowing yet ultimately redemptive story of a moralistic widow driven to commit infanticide in a desperate attempt to save the reputation and future happiness of her beloved stepdaughter, Janacek's opera *Jenufa* was, he said, "bound with the black ribbon of the long illness, suffering and laments of my daughter Olga", who sickened and died during its composition. In tonight's recording from Vienna, the city where the work made its international breakthrough in 1918, the title role of the unmarried mother is sung by Russian soprano Svetlana Aksenova.
MARK PAPPENHEIM

World Wide Waves 23
12.05pm ***BBC World Service***

The annual celebration of community radio stations across the globe on World Radio Day, focuses on a station in Malawi and an Inuit one in Quebec.

DOM MCKENZIE

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.00am Radio 1 Happy
7.00 Adele Roberts
10.30 Katie Thistleton
1.00pm Matt and Jamie
4.00 Radio 1's Dance Anthems
7.00 Radio 1's Soundsystem Party
9.00 1Xtra's Rap Show
11.00 Drum 'n' Bass Show
12.00 Drum 'n' Bass Mix
1.00am Classic Essential Mix 3.00 Future Dance Mix 3.30 Pete Tong 4.00 Dance Anthems 5.00 Relax

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Sounds of the 60s Tony Blackburn spins US and UK hits, today including music from the Monkees, the Hollies, Dusty Springfield and Bob Dylan.
8.00 Dermot O'Leary Music, chat, features and guests, today with *Slow Horses* star Jack Lowden ahead of the third series of the Apple TV+ spy thriller based on the series of novels of Mick Herron.
10.00 Claudia Winkleman
1.00pm Pick of the Pops Paul Gambaccini with the Top 20s from this week in 1985 and 1999. Rptd Mon 3am (1985) and Tue 3am (1999)
3.00 Rylan on Saturday
6.00 Liza Tarbuck
8.00 Sounds of the 80s Gary Davies with a nostalgic playlist.
10.00 Sounds of the 90s With Fearne Cotton. Rptd Wed/Thu 3am
12.00 Mica's Gospel Gold ***2/4.*** Mica Paris celebrates gospel, tonight showcasing the British scene, including recordings by the House Gospel Choir, Stormzy, Guvna B, the London Community Gospel Choir and Paris herself. Plus an exclusive performance by choir Volney Morgan and New Ye and a track featuring Eaga, 2023 winners of BBC Gospel Choir of the Year.
1.00am Dance Sounds of the 90s with Vernon Kay Themed playlists.
2.00 Radio 2 Piano Room An omnibus of recent live performances, including at **2.00** Richard Marx, at **2.14** Louise (Redknapp, ex-Eternal), at **2.25** Belinda Carlisle, at **2.37** Michael Ball, and at **2.48** Sugababes, all with the BBC Concert Orchestra, recorded at the BBC's Maida Vale Studios and recently broadcast on Ken Bruce's weekday morning show.
3.00 Things You Didn't Know about Pop Podcast with Scott Mills.
4.00 Radio 2 in Concert George Benson at Belfast's Waterfront Hall in 2000. (R)
5.00 Tracks of My Years Omnibus edition with Chris Packham.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

6.00am Amy Lamé
8.00 Radcliffe and Maconie
10.00 The Huey Show Personal picks and features, including a **Block Party** guest mix at **12.30**.
1.00pm Jamz Supernova
3.00 Sherelle and Lorraine James Sitting in for Gilles Peterson.
6.00 The Craig Charles Funk and Soul Show With R&B/soul singer and musician James Hunter.
9.00 The Blessed Madonna
12.00 Lose Yourself With... Two transportive hour-long mixes.
2.00am Late in the Day
4.00 The Morning After Mix

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00 and 1.00pm

7.00am Breakfast With Elizabeth Alker.
9.00 Record Review With Andrew McGregor. **9.30** Tenor Nicky Spence discusses personal favourite new releases and, in the **On Repeat** feature, shares a track that is a current preoccupation. **10.30 Building a Library** Iain Burnside discusses his favourite recording of Beethoven's *Piano Sonata in F minor, Op 57 (Appassionata)*. **11.15 Record of the Week** A fine new release. *Record Review Extra* is broadcast tomorrow at 9.05pm
11.45 Music Matters Sara Mohr-Pietsch covers myriad facets of the classical music world, including arts news. Plus guests – today with French-Italian mezzo-soprano Lea Desandre – and a 50th-anniversary celebration of the 1970–74 work *Sonic Meditations* by experimental American composer Pauline Oliveros (1932–2016). She's also joined by John Deathridge for a discussion about opera performed in English. Deathridge has translated Wagner's *Das Rheingold* for the English National Opera's upcoming production. Rptd Mon 10pm
12.30pm This Classical Life Jess Gillam is joined by Mumbai-born pianist Shivank Menon to share music. Featuring Rostropovich playing Bach and Sviatoslav Richter performing Chopin, plus music by Ravel and Fanny Mendelssohn and recordings by Donny Hathaway and Bill Evans.
1.00 Inside Music Cheshire-born Stephen Hough discusses piano music and fellow pianists that have been a source of inspiration, including Artur Schnabel playing Beethoven, Alfred Cortot performing Chopin and a 1928 recording by Josef Lhévinne of Johann Strauss's *Blue Danube* waltz. Plus an excerpt from Richard Strauss's *Salome*, music by Tallis, Britten and Elgar, Tippett's *Piano Concerto*, Irving Berlin performed by Shirley Bassey, and his own recordings of music by Cécile Chaminade and John Corigliano.
3.00 Sound of Cinema Matthew Sweet talks to Reykjavik-born cellist and Oscar- and Emmy-winning film and television composer Hildur Gudnadottir (*Joker*, *Chernobyl*) about her work for film, including her scores for the 2022 releases *Tar* and *Women Talking*.
4.00 Music Planet With Lopa Kothari, featuring a report from the recent Northern Lights Festival in Tromso, Norway and an interview with Ethiopian musician Gili Yalo.
5.00 J to Z Jumoké Fashola with highlights from a tribute concert to trumpeter and educator Abram Wilson (1973–2012) held last May at Church of Sound in Hackney in east London. And American vocalist Somi (Laura Kakoma) shares her inspirations.
6.30 Opera on 3: Janacek's Jenufa
RT Marc Albrecht conducts the ORF Radio Symphony Orchestra, Vienna, in a live performance of Janacek's *Jenufa*, recorded in February 2022 in Vienna. The tragic 1904 opera, from a play by Gabriela Preissova, is set in a small-minded rural community, where the unbending Kostelnicka steps outside the harsh rules of society to commit one of the most horrific crimes in order to give her stepdaughter Jenufa a chance in life.
Janacek *Jenufa*

Jenufa	**Svetlana Aksenova** (soprano)
Kostelnicka Buryjovka	**Nina Stemme** (soprano)
Steva Buryja	**Pavol Breslik** (tenor)
Laca Klemen	**Pavel Cernoch** (tenor)
Grandmother Buryjovka	**Hanna Schwarz** (mezzo)
Starek, Mill foreman	**Zoltan Nagy** (baritone)
Mayor	**Alexander Teliga** (bass)
Mayor's wife	**Vaclava Krejci Houskova** (mezzo)
Karolka	**Valentina Petraeva** (mezzo-soprano)
Herdswoman	**Natalia Kawalek** (mezzo)
Barena, maidservant at the mill	**Juliette Mars** (mezzo)
Jano, Young Shepherd	**Anita Rosati** (soprano)

Arnold Schoenberg Chorus, ORF Radio Symphony Orchestra,Vienna, conductor Marc Albrecht
RT OFFER Janacek *Jenufa* (2 CDs) – 1988 recording featuring Gabriela Benackova, Leonie Rysanek, Wieslaw Ochman, Peter Kazaras and the Opera Orchestra of New York conducted by Eve Queler – is available for £30.90 incl p&p. Call 0115 982 7500 quoting ref BISCD44950 or visit radiotimes.com/cds
9.00 New Generation Artists
Martinu *Clarinet Sonatina*
Annelien Van Wauwe (clarinet), Martin Klett (piano)
Mozart *Rondo in A minor, K511* Elisabeth Brauss (piano)
Reger *Clarinet Quintet in A, Op 146*
Annelien Van Wauwe, Aris Quartet
10.00 New Music Show Tom Service showcases performances of the latest sounds, including Lisa Streich's *Francesca* and music by Inuit composer Tanya Tagaq, Bosnian-born Karlo Margetic and Brighton-based Claudia Molitor. Plus the world premiere (at La Scala, Milan) of a new orchestral work by Ivan Fedele.
12.00 Freeness Corey Mwamba with new material from veteran Chicago act Art Ensemble. Plus new music from the Leeds-based Mu Quintet and a preview of a new album from Tomas Fujiwara's sextet Triple Double.
1.00am Through the Night With Catriona Young. **Sibelius** *Finlandia* **Britten** *Double Concerto for Violin and Viola* **Rossini** *Overture: William Tell; Overture: Semiramide; Overture: La gazza ladra* Baiba Skride (violin), Ivan Vukcevic (viola), Orchestra della Svizzera Italiana, conductor Markus Poschner **2.11 Beethoven** *Piano Trio in D, Op 70 No 1 (Ghost)* **2.40 Helena Winkelman** *Concerto for Two Recorders and Strings* **2.56 Brahms, orch unknown** *Waltz in B minor, Op 39 No 11; Waltz in E, Op 39 No 12* **3.01 Schumann** *Dichterliebe, Op 48* **3.30 Rachmaninov** *Rhapsody on a Theme of Paganini, Op 43* **3.54 Falconieri** *Pastorella ove t'ascondi* **3.59 Purcell** *Chacony in G minor, Z730* **4.06 J Strauss (son)** *An der schönen, blauen Donau* **4.17 Berwald** *Fantasia on Two Swedish Folk Melodies* **4.26 Trad Norwegian, arr Loken** *Skalhalling* **Grieg** *God's Son Hath Set Me Free (Four Psalms, Op 74)* **4.33 Grandjany** *Rhapsodie pour la harpe* **4.42 Telemann** *Concerto in B flat for three oboes, TWV44:43* **4.52 Sibelius** *Ballad (Karelia Suite, Op 11)* **5.01 D Scarlatti** *Keyboard Sonata in E* **5.06 Chausson** *Chanson perpétuelle* **5.15 Delius** *On Hearing the First Cuckoo in Spring* **5.23 Haydn** *Piano Trio in E flat, H XV 10* **5.34 Elgar** *Severn Suite, Op 87* **5.50 Rodrigo** *Concierto de Aranjuez* **6.12 Liszt** *Fantasy on Themes from Mozart's Don Giovanni* **6.29 CPE Bach** *Viola da gamba Sonata in G minor, Wq88* **6.51 Tallis** *Suscipe quaeso Domine* Revised rpt

Scala Radio

DAB scalaradio.co.uk

7.00am Hannah Cox
10.00 Angellica Bell Magazine-style show.
1.00pm Mark Kermode Film music.
3.00 Simon Mayo's Essential Albums Label Showcase Simon continues with Signum Records, including music by Julie Cooper, Chopin and Elgar. The **Weekly Mozart Pick** is a recording of his *Clarinet Quintet, K581*, featuring Julian Bliss. Plus Strauss's *Don Juan* from an upcoming release by Santtu-Matias Rouvali and the Philharmonia Orchestra.
5.00 The Console with Luci Holland
6.00 Jack Pepper's Culture Bunker
8.00 Saturday Night Scala With Darren Redick.
10.00 The Space Soothing and calming music.
1.00am Night Music Nonstop classical music.
5.00 In the Park Calming sounds.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

8.00am Frank Skinner 11.00 Sarah Champion 2.00pm Rock 'n' Roll Football With Matt Forde **5.00 Andy Bush's Indie Disco 7.00 Absolute Classic Rock Party 10.00 Sophie K 4.00am Ross Buchanan**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Alan Titchmarsh
10.00 Aled Jones
1.00pm Alexander Armstrong
4.00 Moira Stuart's Classic FM Hall of Fame Concert Classic FM Hall of Fame works played in full, today featuring music by Walton, Beethoven, Saint-Saëns, Parry, Holst, Dvorak, Barber, Mozart and Chopin.
7.00 Saturday Night at the Movies Ahead of Valentine's Day on Tuesday, Andrew Collins showcases romantic films. Featuring highlights of scores by Max Steiner (*Gone with the Wind*), Leonard Bernstein (Steven Spielberg's *West Side Story*), Alexandre Desplat (*Little Women*), Steven Price (*My Policeman*) and, from two Jane Austen classics, Isobel Waller-Bridge (*Emma.*) and Patrick Doyle (*Sense and Sensibility*).
9.00 David Mellor's Melodies A playlist of personal classical favourites and new discoveries, featuring recordings by top orchestras and soloists.
10.00 Smooth Classics Myleene Klass with a playlist tailored for the late-evening listening.
1.00am Katie Breathwick 4.00 Sam Pittis

Interested in **equity release?** Find out more with **Paul Lewis's FREE guide**

See **p155** for details

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 6.04am, 6.57, 7.57, 12.57pm, 5.57, 12.15am
Shipping forecasts 5.20am, 12.01pm (*LW*), 5.54pm, 12.48am

5.30am News Briefing

5.43 Prayer for the Day
A spiritual comment and prayer to begin the day, with Bishop Helen-Ann Hartley.

5.45 Four Thought
Anthropologist and doctor Farrah Jarral explains why she believes we need to put care at the centre of our society. Sharing a story about how her grandmother's lifetime of caring for others meant many people wanted to care for her when the need arose, Farrah reflects on what care does for us.
Repeated from Wednesday

6.00 News and Papers

6.07 Ramblings
2/9. David Falk is the green-access manager for Suffolk County Council and works hard to encourage people to enjoy walking in the county's beautiful countryside. He and former BBC Radio Suffolk presenter Lesley Dolphin take Clare Balding on a walk along part of the Icknield Way, starting at West Stow Country Park just north of Bury St Edmunds. At 5,000 years old, it is believed to be the oldest road in Britain and this section goes through a large pine forest and across open heathlands.
Repeated from Thursday

6.30 Farming Today This Week
Weekly magazine programme looking at food, farming and the countryside.

7.00 Today
With Mishal Husain and Justin Webb.

7.25, 8.25 Sports News

7.48 Thought for the Day
With the Rev Marie-Elsa Bragg.

9.00 Saturday Live
Richard Coles and Nikki Bedi are joined by writer and broadcaster Danny Robins, ahead of the broadcast of a live edition of his latest paranormal investigation, *The Witch Farm*, on Tuesday at 11pm. Producer Tim Bano

10.30 The Kitchen Cabinet
3/6. Jay Rayner presents the culinary panel show from Tamworth. With Richard Bertinet, Lerato, Sophie Wright, and Annie Gray.
Producer Bethany Hocken; Assistant producer Rahnee Prescod Repeated Tuesday 3pm

11.00 The Week in Westminster
A round-up of the week's political proceedings.

11.30 From Our Own Correspondent
Kate Adie introduces the current affairs show in which BBC correspondents report on stories from around the globe.

12.04pm Money Box
Impartial money advice and the latest news from the world of personal finance.
Producer Jess Quayle Repeated tomorrow 9pm
Your RT Money: page 144

12.30 The News Quiz
7/11. Host Andy Zaltzman is joined on the comedy panel game by comedians Ria Lina, Catherine Bohart and Mark Steel, and by *Times* columnist Camilla Long.
Rptd from yesterday Rptd Monday 11pm BBC R4 Extra

1.00 News

1.10 Any Questions?
Alex Forsyth presents political debate from St Fillans Church Hall, Aberdour in Fife.
Repeated from yesterday

2.00 Any Answers?
Anita Anand invites listeners to respond to this week's edition of *Any Questions?*
PHONE: 0370 010 0444 Lines open from 12.30pm
EMAIL: any.answers@bbc.co.uk

2.45 One to One
Gospel and Social Change. Gillian Burke explores her love of gospel music, speaking to Karen Gibson, the conductor of the Kingdom Choir, about her route into gospel music. They discuss gospel as a vehicle for hope, and whether there's any tension between performing faith-based music on a commercial stage. And what, if anything, the environmental movement might learn from gospel music's part in the American civil rights movement. Producer Toby Field (R)

3.00 Drama: Danger 2023
RT Michael Symmons Roberts's drama, inspired by the first specially written play for radio, which was broadcast in 1924. A group of strangers are on a visit to a remote doomsday bank deep below the desert, containing a vast amount of historical and cultural data. But when the lights fail, they find themselves plunged into darkness without any apparent hope of escape. A 1973 re-recording of the original 1924 play, *Danger*, is on Radio 4 Extra at 6.30pm.
Shura **Phia Saban** Belle **Laurel Lefkow**
Thomas/Rescuer **Tachia Newall** Milton **Adonis Anthony**
Director Susan Roberts

4.00 Weekend Woman's Hour
Anita Rani presents highlights from the week.

5.00 Saturday PM With Caroline Wyatt.

5.30 Political Thinking with Nick Robinson
4/8. The *Today* presenter interviews major political figures about their lives and careers.
Producer Jack Fenwick

6.00 Six o'Clock News

6.15 Loose Ends
Emma Freud and Scottee are joined by singer/songwriter Suzanne Vega, film-maker Treasa O'Brien, televison screenwriter Tony Jordan and comedian Lucy Porter. With music from Vega and the Golden Dregs.
Producer Sukey Firth Repeated tomorrow 11pm

7.00 Profile
People who are close to a person in the news give an insight into their personality.
Repeated 5.45am and tomorrow 5.40pm

7.15 This Cultural Life
John Wilson talks to Mexican filmmaker Alejandro Iñárritu.
Producer Edwina Pitman Repeated Monday 2.15pm

8.00 Archive on 4: My Sylvia Plath
Poet Emily Berry has been influenced by the writing of poet and novelist Sylvia Plath, and fascinated by her life story. She reflects on that inspiration and the enduring power of Plath's writing, hearing from those who knew her and others, like herself, who have been influenced by her work. Plus recordings of Plath featuring her poetry, her memories of childhood, the eccentricities of the English and the tensions between the working and domestic life of a poet. With Jillian Becker, Heather Clark, Sarah Corbett, Ruth Fainlight and Shane McCrae. Producer Martin Williams

9.00 Drama: Stone
6/10. Detective drama by Cath Staincliffe. The detective starts to question the reliability of the original murder inquiry. All series are available on BBC Sounds.
DCI John Stone **Hugo Speer** Cat/Jolene **Angela Lonsdale**
DS Sue Kelly **Deborah McAndrew** Alice **Sydney Wade**
DI Mike Tanner **Craig Cheetham** Mel **Krissi Bohn**
Sarah Barnes Grace **Susan Twist**
Christine Bottomley Stewie **Greg Wood**
Phillip Dixon **Kieran O'Brien**
Producers Gary Brown and Nadia Molinari
Director Gary Brown (R)

9.45 The Skewer
1/8. Jon Holmes twists current affairs clips into a surreal, satirical soundscape.
Repeated from Wednesday

10.00 News

10.15 The Moral Maze
5/12. Michael Buerk is joined by Giles Fraser, Ash Sarkar, Melanie Phillips and Anne McElvoy to debate a moral issue. Repeated from Wednesday

11.00 Counterpoint
5/13. Paul Gambaccini chairs the fifth heat, with contestants from Huddersfield, Leeds and Liverpool. Repeated from Monday

11.30 The Poet Laureate Has Gone to His Shed
1/8. Ian McKellen joins Simon Armitage in his writing shed. Repeated from Sunday

12.00 News and Weather

12.15am Torn
10/10. **Air Jordans.** Gus Caseley-Hayford, director of the V&A East, tells of how Nike Air Jordans kickstarted a revolution in trainers, turning a simple sports shoe into one of the most coveted fashion items of all time.
Executive producer Rosie Collyer (R)

12.30–12.45 Short Works
The Woodwose Wedding, by Electra Rhodes. When loggers threaten their forest home, Trefor and Alan resort to unconventional means. Read by Julian Lewis Jones.
Repeated from yesterday

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Rookery Nook as 5pm
7.30 CHOICE: Danger as 12.30pm
7.50 Inheritance Tracks as 6.50pm
8.00 Clicktrack 1989 drama by Guy Meredith
8.45 Uncle Mort's North Country (5/5)
9.00 Ray's a Laugh A 1959 episode of the comedy
9.30 The Eric Morecambe and Ernie Wise Show With guest Wilma Reading. From 1975 (4/6)
10.00 Isy Suttie's Guide to the Family (1/3)
11.00 Rookery Nook as 5pm
12.30pm CHOICE: Danger Drama by poet and playwright Richard Hughes (1900–76), in which a young couple and an older man find themselves trapped underground in a lightless, flooding mine. This 1973 performance was re-broadcast in 1974 to mark the 50th anniversary of the original BBC production of the radio play, which was broadcast live in January 1924 and which is considered the first ever radio drama. With Christopher Good, Carol Marsh and Carleton Hobbs
12.50 Inheritance Tracks as 6.50pm
1.00 Clicktrack 1989 drama by Guy Meredith
1.45 Uncle Mort's North Country (5/5)
2.00 Ray's a Laugh A 1959 episode of the comedy
2.30 The Eric Morecambe and Ernie Wise Show
3.00 Isy Suttie's Guide to the Family (1/3)
4.00 The Zone 2014 Sci-fi crime thriller (2/2)
4.45 The Man Who Invented Yesterday Radio play by James Follett. From 1980
5.00 Rookery Nook Adaptation by Peter King of the 1920s novel (and popular stage farce) by Ben Travers. With his new wife nursing her mother, Gerald Popkiss drives to Chumpton where his new sister-in-law can keep her eye on him. With Ian Lavender
6.30 CHOICE: Danger as 12.30pm
6.50 Inheritance Tracks Guitarist, songwriter and former Smiths star Johnny Marr discusses discs by the Everly Brothers and The The. From 2016
7.00 Clicktrack 1989 drama by Guy Meredith
7.45 Uncle Mort's North Country (5/5)
8.00 Ray's a Laugh A 1959 episode of the comedy
8.30 The Eric Morecambe and Ernie Wise Show With guest Wilma Reading. From 1975 (4/6)
9.00 Isy Suttie's Guide to the Family (1/3)
10.00 Comedy Club: Chris Addison's Civilization (4/4), at **10.30 The Penny Dreadfuls Present: More Brothers Faversham** (4/4), at **11.00 Vent** (6/6), at **11.30 Old Harry's Game** (5/6)
12.00 Aliens in the Mind 1977 sci-fi radio drama (4/6) **12.30am A Sting in the Tale** Natalia Power's *Sally Go round the Moon*. From 2004
1.00 as 5pm **2.30** as 12.30pm **2.50** as 6.50pm **3.00** as 7pm **3.45** as 7.45pm **4.00** as 8pm **4.30** as 8pm **5.00** as 9pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am The Newsroom **5.30** The Explanation: the war between government-backed forces and Houthi rebels in Yemen **5.50** More or Less **6.00** Weekend **8.30** The Conversation **9.00** News **9.05** BBC OS Conversations **9.30** Pick of the World **9.50** Over to You **10.00** News **10.05** Sports Hour **11.00** The Newsroom **11.30** The Climate Question **12.00** News **12.05pm CHOICE:** The Documentary: World Wide Waves 23: highlights of small community radio stations around the world **1.00** Newshour **2.00** News **2.05** Sportsworld **6.00** The Newsroom **6.30** The Explanation **6.50** Sporting Witness **7.00** News **7.05** World Questions: the impact of global warming on Iceland **8.00** News **8.05** The Arts Hour **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** The Cultural Frontline **11.00** News **11.05** Music Life: percussionist Sarathy Korwar, performance artist Nwando Ebizie, pianist Sanaya Ardeshir and cellist Alex Sellacoe discuss creating space within music **12.00** News **12.05am** BBC OS Conversations **12.30** The Explanation **12.50** More or Less **1.00** News **1.05** The Science Hour **2.00** The Newsroom **2.30** Healthcheck **3.00** News **3.05 CHOICE:** The Documentary: World Wide Waves 23 **4.00** News **4.05** From Our Own Correspondent **4.30** The Cultural Frontline

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am 5 Live Boxing

6.00 Saturday Breakfast
Chris Warburton and Eleanor Oldroyd with news and a weekend preview.

9.00 Patrick Kielty

11.00 Fighting Talk Colin Murray.

12.00 5 Live Sport
Mark Chapman with sports news and updates from West Ham v Chelsea. He's joined by Rob Green, Alan Shearer, Dion Dublin and Statman Dave for football discussion, including build-up to today's **3.00pm** Premier League commentary on Arsenal v Brentford. At **5.00** there's build-up to the **5.30** commentary on Bournemouth v Newcastle in the Premier League.
7.30 6-0-6 Football phone-in with Robbie Savage and Chris Sutton.
9.00 Stephen Nolan Topical show.
12.00 Newscast
With Adam Fleming and friends.
1.00am Anna Jameson

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

12.45pm–4.30 Cricket
West Indies v England in the Women's T20 World Cup Group B match at Boland Park in Paarl, South Africa.
4.30–6.30 Rugby Union
Scotland v Wales, the Six Nations match at Murrayfield (kick-off **4.45**).
6.30–9.00 Cricket Australia v New Zealand in the Women's T20 World Cup Group A match.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am GameDay Breakfast 9.00 GameDay Warm Up 11.00 Premier League Football West Ham v Chelsea (k-o **12.30pm**). **2.30pm GameDay Live 5.30 The GameDay Phone-In 7.30 Mark Goldbridge 9.00 Fight Night 12.00 A Talksport Special 1.00am Extra Time**

Talksport 2

DAB talksport.co.uk

6.00am–11.30 Test Cricket
Continued coverage of India v Australia, day three of the First Test.
2.00pm–5.00 Premier League Football Leicester City v Tottenham Hotspur (kick-off **3.00**).
6.00–11.30 PGA Tour Golf
Day three of the Phoenix Open.
4.00am–11.30 Test Cricket India and Australia, day four of the First Test.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Andrew Castle 10.00 Matt Frei 1.00pm Sangita Myska 4.00 Emily Sheffield 7.00 Natasha Devon 9.00 The Legal Hour 10.00 Nick Abbot 1.00am Clive Bull 4.00 Richard Spurr

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
5.00am Ankur Desai 6.00 All Star Anthems 7.00 Love Friday Mix 8.00 Smash Bengali 10.00 Certified 11.00 Beyond Bollywood 1.00pm Mistah Islah and Mehreen 3.00 AJD 6.00 Panjabi Hit Squad 9.00 Pure Spice 12.00 SOS Bhangra Mix 1.00 Noreen Khan 3.00 Panjabi Hit Squad

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

SUNDAY Radio

Today's Choices

Drama: Yentl the Yeshiva Boy

3.00pm ***Radio 4***

Remember Barbra Streisand's passion project *Yentl*, the musical film she made and starred in as a girl who passes for a boy so she can study to become a rabbi? Versatile Canadian actor Kerry Shale played a student in that film (above right, with Streisand). Now he has adapted the original short story by Nobel Prize-winning Isaac Bashevis Singer for radio. Singer's writer brother, Israel, was successful too but their brilliant sister, Esther Kreitman, was denied the same opportunities as her brothers and fell into obscurity. In bookends to this dramatisation, Shale plays Singer himself and has him pay tribute to his neglected sister. There are strong performances from Olivia Marcus as Yentl and Richard Fleeshman as her charmed friend. Highly recommended. **FIONA HUGHES**

Sunday Feature: Tutu – a Portrait of Nigeria

6.45pm ***Radio 3***

Ben Enwonwu is considered to be the most important African artist of the 20th century, but he was less well known away from the continent. On leaving Nigeria, Enwonwu attended London's Slade School of Fine Art, receiving a first-class diploma. During a career in which he toured, lectured and held numerous exhibitions, the artist painted *Tutu*, a trio of portraits of Ife princess Adetutu Ademiluyi. Missing since 1975, one was rediscovered in 2017, 23 years after Enwonwu's death, firing him back into the cultural public eye when it reached a heady hammer price of £1.2m at auction. Here, author Chibundu Onuzo looks back over Enwonwu's life.

CHRIS GARDNER

ALLSTAR

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.00am Chillout Anthems
7.00 Adele Roberts
10.30 Nat O'Leary
1.00pm Matt and Jamie
4.00 Radio 1's Life Hacks
6.00 Official Chart: First Look
7.00 Radio 1's Chillest Show
9.00 Radio 1's Indie Show
11.00 BBC Introducing on Radio 1
12.00 Future Soul 1.30am UK R&B Mix 2.00 Decompression Session 3.00 Chill Mix 3.30 Motivate Me Mix 4.00 Radio 1 Dance 5.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Good Morning Sunday The Rev Kate Bottley and Jason Mohammad with faith discussion.
9.00 Steve Wright's Sunday Love Songs Personal dedications.
11.00 The Michael Ball Show Russell T Davies discusses his drama *Nolly*, now on ITVX. And Clive Anderson talks about the return of his solo show, *Me, Macbeth and I*.
1.00pm Elaine Paige on Sunday
3.00 Sounds of the 70s Johnnie Walker with 1970s nostalgia.
5.00 Rob Beckett
7.00 Tony Blackburn's Golden Hour Hits by Arthur Conley, the Supremes and many more.
8.00 Radio 2 Piano Room An omnibus of performances from Maida Vale Studios, including at **8.00** Ellie Goulding, at **8.14** Tom Chaplin, at **8.25** Raye, at **8.37** Suzanne Vega and at **8.48** Lemar, all with the BBC Concert Orchestra, and first broadcast on Ken Bruce's morning show this past week.
9.00 Radio 2 in Concert Stevie Wonder in 2005, recorded at the Abbey Road Studios in London exclusively for Radio 2. (R)
10.00 Radio 2 Unwinds with Angela Griffin
12.00 Phil Williams
3.00am Alternative Sounds of the 90s with Dermot O'Leary A break-up-themed playlist, including discs by Beth Orton, Moby and Reef.
4.00 Owain Wyn Evans The Welsh broadcaster and drummer takes over the early breakfast show, broadcast from Cardiff.
Radioheads: page 121

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

6.00am Amy Lamé
8.00 Radcliffe and Maconie
10.00 Cerys Matthews With Christian-Pierre La Marca (cello).
1.00pm The First Time with... Baaba Maal (*Black Panther* soundtrack vocalist) chats with Matt Everitt.
2.00 Guy Garvey Rptd 12 midnight
4.00 Iggy Pop Personal picks.
6.00 Now Playing @6Music
8.00 Stuart Maconie's Freak Zone Including experimental music.
10.00 Don Letts's Culture Clash Radio
12.00 6 Music's Indie Forever 2022 playlists from Nathan Shepherd (of Good Future) and, at **1.00am**, the Big Moon's Sophie and Ceila.
2.00 Peel Acres Tom Ravenscroft's guests explore John Peel's records.
3.00 Rave Forever
4.00 BBC Introducing Mixtape
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00 and 1.00pm

7.00am Breakfast With Martin Handley.
9.00 Sunday Morning With Sarah Walker.
12.00 Private Passions Michael Berkeley welcomes English archaeologist, historian and former English Heritage chief executive Simon Thurley, who discusses the building mania of Henry VIII, making old buildings sustainable, and what the future might hold for the royal palaces under King Charles III. His music choices include Holst, Bellini and Purcell.
1.00pm Radio 3 Lunchtime Concert Monday's recital from Wigmore Hall in London, presented by Hannah French. Konstantin Krimmel (baritone) **Schumann** *Liederkreis, Op 39*; *Der Einsiedler, Op 83 No 3* **Mandyczewski** *Rumänische Lieder, Op 7* **Brahms** *Der Tod, das ist die kühle Nacht, Op 96 No 1*; *Mondenschein, Op 85 No 2*; *Die Mainacht Op 43 No 2* (R)
2.00 The Early Music Show Mark Seow presents highlights of a concert given in November by the young Spanish ensemble El Gran Teatro del Mundo at the National Centre for Early Music in York, featuring chamber music for recorder, oboe, violin and continuo by Fasch, Vivaldi, Telemann and Pla. Plus Hannah French with news from the world of early music.
3.00 Choral Evensong Wednesday's service from the Chapel of New College, Oxford, with music by Weelkes and Byrd to mark the 400th anniversary of their deaths. Introit: O How Amiable Are Thy Dwellings (Weelkes). Responses (Byrd); Psalms 41, 42, 43 (Ashfield, Goss); First Lesson: Isaiah 58, vv6–14; Canticles: The Great Service (Byrd); Second Lesson: Matthew 25, vv31–46; Anthem: Exsurge Domine (Byrd); Voluntary: Fantasia in C (Byrd). Rptd from Wednesday
4.00 Jazz Record Requests Alyn Shipton with a broad spectrum of jazz requests. ADDRESS: *Jazz Record Requests*, BBC Radio 3, Broadcasting House, London W1A 1AA, EMAIL: jazz.record.requests@bbc.co.uk
5.00 The Listening Service **Tristan und Isolde.** Tom Service assesses the extraordinary impact of Wagner's opera *Tristan und Isolde*, a medieval romance that became in Wagner's hands a highly-charged erotic drama of unfulfilled longing. First broadcast October 2016. Producer Philip Tagney Repeated Friday 4.30pm (R)
5.30 Words and Music **Animal Kingdom.** In a programme first broadcast in October 2016 to mark the 75th anniversary of George Orwell's novel *Animal Farm*, Emily Bruni and Nicholas Farrell read from literature featuring animal characters, including Orwell, Anna Sewell, Brian Jacques, Margaret Atwood, Richard Adams, William Blake, GK Chesterton, Alain Mabanckou and Roald Dahl. With music by Saint Saëns, Janacek and Laurence Crane and a recording by Tom Waits. (R)

Scala Radio

DAB scalaradio.co.uk

7.00am Hannah Cox 10.00 Angellica Bell
1.00pm Deb Grant A laid-back Sunday lunch.
3.00 The Scala Radio Residency Four music world figures curate shows on rotation,this week featuring composer Ayanna Witter-Johnson.
5.00 The West End Weekend on Scala Radio
6.00 William Orbit on Scala Radio *3/3* A playlist to lift the spirits and inspire, from music by Havasi to recordings featuring the Soweto Gospel Choir and one of his childhood heroes, Sergio Mendes.
8.00 Sunday Night Scala With Darren Redick, whose playlist includes Stravinsky's *Rite of Spring*, Franck's *Violin Sonata in A* and Britten's *Four Sea Interludes* (from *Peter Grimes*).
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

8.00am Jason Manford 11.00 Sarah Champion
2.00pm Rock 'n' Roll Football With Jay Lawrence
6.00 Request Show With Claire Sturgess **8.00 Sunday Night Music Club 12.00 Dan Noble**
6.45 Sunday Feature: Tutu – a Portrait of Nigeria RT In 2018 the record price for a piece of Nigerian art was smashed when *Tutu* – a mysterious painting of a Nigerian princess by Nigerian artist Ben Enwonwu (1917–94) and considered lost for decades – went under the hammer at Bonhams in Mayfair for £1.2m. Novelist Chibundu Onuzo pieces together the fascinating story behind "Africa's *Mona Lisa*" and explores the life of its creator. Producer Neil McCarthy
7.30 Drama on 3: The Duchess of Malfi Based on a true story, John Webster's Jacobean revenge tragedy shifts from gentle romanticism to deepest, darkest cruelty. This visceral production, abridged and adapted by Pauline Harris and Emma Smith, features original songs arranged and composed by Jules Maxwell and sung by Shaun Dooley and Jules Maxwell and is intercut with the music of Jimi Hendrix and Laura Marling.

The Duchess of Malfi	**Pippa Nixon**	Delio/Pilgrim	**Kevin Harvey**
Bosola	**Shaun Dooley**	Cariola/Julia	**Jenny Platt**
Antonio	**Sandy Grierson**	Silvio/Pilgrim	**Rupert Hill**
Ferdinand	**Alexander Cobb**	Doctor	**Lloyd Hutchinson**
Cardinal	**Jonathan Keeble**		

Director Pauline Harris (R)

9.00 Record Review Extra Hannah French expands on music reviewed in yesterday's programme, including Beethoven's *Appassionata* sonata as discussed by Iain Burnside.
11.00 Richard Egarr on the Machine That Goes Ping! *2/3.* The conductor celebrates the golden age of the harpsichord, featuring works by Frescobaldi, Couperin, Handel, Bach, Mozart and Castello, whose music he describes as "bonkers".
12.00 Classical Fix Linton Stephens creates a playlist for a music fan new to classical music.
12.30am Through the Night With Danielle Jalowiecka, who presents a concert given by pianist Matthias Kirschnereit last August at Husum Castle in Germany. **Clementi** *Piano Sonata in B flat, Op 24 No 2* **Beethoven** *Six Variations in F, Op 34*; *Allegretto in C minor, WoO 53*; *Bagatelle, WoO 54 (Lustig und traurig)*; *Polonaise in C, Op 89* **Tomkins** *A Sad Pavan* **Busoni** *Meine Seele bangt und hofft zu dir (Elegies)* **Ginastera** *Piano Sonata No 1, Op 22* **Mendelssohn** *Andante tranquillo in B flat (Lieder ohne Worte, Op 67)* **Schubert** *Hungarian Melody in B minor, D817* **Debussy** *Mouvement (Images)* Matthias Kirschnereit (piano) **1.56 Saint-Saëns** *String Quartet No 1 in E minor, Op 112* **2.31 Mozart** *Requiem in D minor, K626* **3.17 Poulenc** *Sonata for Two Pianos* **3.40 Corelli** *Sonata a quattro in G minor* **3.46 Fauré** *Pavane in F sharp minor, Op 50* **3.54 Stradella** *Quando mai vi stancherete* **4.02 Svendsen** *Violin Romance in G, Op 26* **4.10 Anon** *Saltarello* **4.16 Fauré** *Impromptu No 2 in F minor, Op 31* **4.21 Vivaldi** *Violin Concerto in B flat, RV383a* **4.31 Walton** *Spitfire Prelude and Fugue* **4.39 Chopin** *Mazurkas, Op 33* **4.50 Palestrina** *Magnificat primi toni a 4* **4.58 Plamen Djourov** *Four Ballads for flute, viola, harp and harpsichord: Nos 1 and 4* **5.07 Purcell** *Sonata No 9 in F for two violins and continuo* **5.15 Sor** *Introduction and Variations on a Theme by Mozart, Op 9* **5.23 Huber** *Cello Sonata No 4, Op 130* **5.49 Telemann** *Overture in F, TWV44:7* **6.01 Grieg** *Piano Concerto in A minor, Op 16*

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Aled Jones
10.00 Andrew Marr With new musical discoveries, performances from a range of orchestras and ensembles, input from listeners and news of a cultural highlight in the week ahead.
1.00pm Catherine Bott Classic FM favourites.
4.00 John Humphrys With a playlist of personal picks and musical anniversaries.
7.00 Smooth Classics With Charlotte Hawkins, including spotlights on younger stars, today featuring Dutch violinist Niek Baar, who recently toured Europe with the Concertgebouw Chamber Orchestra.
9.00 Uplifting Classics *5/6.* Dr Alex George, the UK Government's youth mental health ambassador, continues a positivity series featuring 50 of the most inspiring pieces of classical music in the repertoire, with interesting stories behind the featured music and composers. Plus practical tips on positive living. Today's playlist looks at how composers spent their free time and stayed active. Featuring anecdotes regarding Gershwin, Mozart and Tchaikovsky.
10.00 Smooth Classics With Myleene Klass.
1.00am Bill Overton 4.00 Sam Pittis

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BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 9.00; 12 noon then hourly to 12 midnight
Weather 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54pm, 12.48am

5.30am News Briefing

5.43 Bells on Sunday From the Church of Our Lady and the English Martyrs in Cambridge.

5.45 Profile Repeated from yesterday 7pm

6.00 News Summary

6.05 Something Understood
Walking and the Mind. We all know that a good walk is physically good for us, but what about its impact on our mental state? John McCarthy looks at the act of walking as inspiration and considers its spiritual function.
Producer Anthony Denselow Repeated 11.30pm (R)

6.35 On Your Farm
***6/8.* Peaks, Pastures and Paths**
Richard Baynes visits a farming family in Stirlingshire who straddle the traditional divide between working the productive lowlands and the tougher, poorer uplands with a traditional sheep and beef operation on the rolling fields of Stirlingshire, and a large farm estate in the rugged hills to the north-west of Loch Lomond.
Producer Richard Baynes

7.00 News; Sunday Papers

7.10 Sunday Religious and ethical issues.

7.54 The Radio 4 Appeal
Gyles Brandreth makes an appeal on behalf of Christian Blind Mission (CBM UK).
Producer Kate Howells Rptd 9.25pm and Thu 3.27pm
Donations: Freepost BBC Radio 4 Appeal, marked Christian Blind Mission (CBM UK) on the back of the envelope; Credit/debit cards: Freephone 0800 404 8144; online via the Radio 4 website

8.00 News; Sunday Papers

8.10 Sunday Worship
A service led by the Rev Eleanor Jeans, Associate Vicar at St Paul's Church, Leamington Spa. On the Sunday before Valentine's Day, the service reflects on both the challenges and joys of being single.

8.48 A Point of View
A reflection on a topical issue. Rptd from Friday

8.58 Tweet of the Day
Michael Palin presents the harpy eagle flying over the Brazilian rainforest. (R)

9.00 Broadcasting House
Presented by Paddy O'Connell.

10.00 The Archers Omnibus edition.

11.15 Desert Island Discs
Humorist David Sedaris (whose Radio 4 series *Meet David Sedaris* returns next week) talks to Lauren Laverne about his life and chooses eight favourite recordings to take to Radio 4's imaginary island.
Producer Paula McGinley Repeated Friday 9am

12.04pm Just a Minute
7/8. Sue Perkins challenges Paul Merton, Jan Ravens, Tony Hawks and Desiree Burch to speak on a given topic for 60 seconds.
Rptd from Mon Rptd tomorrow 10pm BBC Radio 4 Extra

12.30 The Food Programme
Sheila Dillon explores the merits of energy-saving appliances such as pressure cookers, air fryers and slow cookers .
Producer Natalie Donovan Repeated tomorrow 3.30pm

1.00 The World This Weekend
News and analysis with Edward Stourton.

1.30 The Boat Smugglers
Sue Mitchell teams up with former British soldier and aid worker Rob Lawrie to investigate how boats used in migrant Channel crossings are sourced, and the huge profits being made. Producer Sue Mitchell

2.00 Gardeners' Question Time
In Balcombe, West Sussex, Kathy Clugston is joined by Juliet Sargeant, Matthew Pottage and Christine Walkden. Repeated from Friday

2.45 Opening Lines
***3/11.* Yentl the Yeshiva Boy.** John Yorke explores the impact of Isaac Bashevis Singer's 1950 short story *Yentl*. Set in the orthodox Jewish community of late 19th century Poland, it tells the story of a young woman who disguises herself as a man in order to study at a religious college. Yorke highlights Singer's insights into religious, social and gender politics.
Producer Penny Boreham; Exec producer Sara Davies

3.00 Drama: Yentl the Yeshiva Boy
RT Kerry Shale's dramatisation of the story by Isaac Bashevis Singer. In Poland in 1872, 16-year-old Yentl feels she will never be a wife and mother and when her father dies, she is keen to continue the Bible studies he had allowed despite it being a practice forbidden to Jewish women. Donning her father's clothes, she takes to the road as a young man in search of a religious seminary.

Yentl	**Olivia Marcus**	Shloime	**Robert Neumark Jones**
Avigdor	**Richard Fleeshman**	Kalman	**Alex Zur**
Singer/Vishkower	**Kerry Shale**	Professor Blue/Rabbi	
Mrs Vishkower	**Debbie Chazen**		**Hamilton Berstock**
Hadass	**Jennifer Hulman**		

Producer/Director Gary Brown

4.00 Open Book
Bret Easton Ellis talks to Chris Power about his first novel in over ten years, *The Shards*, a gripping, dark fictionalised story of Ellis's time at a wealthy prep school in the 1980s.
ProducerCiaran Bermingham Rptd Thursday 3.30pm

4.30 The Poet Laureate Has Gone to His Shed
2/8. Comedian Lucy Beaumont joins Simon Armitage in his writing shed to talk about writing comedy for TV and radio, appearing on panel shows, and working with her husband Jon Richardson.
Producer Susan Roberts Repeated Saturday 11.30pm

5.00 File on 4
***5/11.* Living with Andrew Tate.** A British woman tells *File on 4* about her relationship with controversial social media influencer Andrew Tate, claiming that he pressurised her to work for his webcam company and that he was controlling and violent towards her.
Producer Hayley Mortimer Repeated from Tuesday

5.40 Profile Repeated from yesterday 7pm

6.00 Six o'Clock News

6.15 Pick of the Week
Qasa Alom presents a selection of highlights of the past seven days' BBC radio programmes.
Producer Nick Holmes

7.00 The Archers
Brian is in no mood to make decisions, and will some neighbourly do-gooding backfire?
For cast see Friday Repeated tomorrow 2pm

Ambridge Diary: page 119

7.15 Believe It!
***4/4.* Goodbye.** Jon Canter's fictional comedy biography of Richard Wilson, narrated by the actor. Today Richard considers his mortality and his options in the time he has left.

Richard Wilson	**Himself**	Jan Ravens	**Herself**
David Tennant	**Himself**	Irina	**Rebekah Staton**
Peter Capaldi	**Himself**	Alexis	**Elliot Levey**
Ian McKellen	**Himself**		

Producer/Director Clive Brill
Repeated Friday 10pm BBC Radio 4 Extra (R)

7.45 The Circus
6/10. *The Comedian* by Paul McVeigh.
A comic thinks the talent show could be the opportunity he has been waiting for to make it big across the water. Read by Michael Condron.
Producer Michael Shannon

8.00 More or Less
5/8. Tim Harford explains the numbers and statistics in everyday life. Rptd from Wednesday

8.30 Last Word
Matthew Bannister looks back at the lives of people who have died recently. Rptd from Friday

9.00 Money Box Rptd from yesterday 12.04pm

9.25 The Radio 4 Appeal Rptd from 7.54am

9.30 Analysis
1/9. A report on how Wales is focusing on projects based around the foundational economy – everyday goods and services that contribute to a large proportion of spending.
Repeated from Monday

10.00 The Westminster Hour
Political magazine with Carolyn Quinn.

11.00 Loose Ends Repeated from yesterday 6.15pm

11.30 Something Understood
Repeated from 6.05am

12.00 News and Weather

12.15–12.45am Sideways
***1/7.* Past Your Peak.** Matthew Syed ventures into the world of child prodigies, uncovering the falsehoods and fascinations associated with young brilliant minds. Rptd from Wednesday

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Poetry Extra With Kathryn Williams
6.30 The Life and Rhymes of Benjamin Zephaniah as 5.30pm
7.40 Inheritance Tracks With Caroline Hirons
7.50 Subterranean Homesick Blues as 6.50pm
9.00 The Betty Witherspoon Show as 8pm
9.30 Something to Shout About as 8.30pm
10.00 Desert Island Discs Revisited as 9pm
11.00 Poetry Extra With Kathryn Williams
11.30 The Life and Rhymes of Benjamin Zephaniah as 5.30pm
12.40pm Inheritance Tracks Caroline Hirons
12.50 Subterranean Homesick Blues as 6.50pm
2.00 The Betty Witherspoon Show as 8pm
2.30 Something to Shout About as 8.30pm
3.00 Desert Island Discs Revisited as 9pm
4.00 Aliens in the Mind Vincent Price and Peter Cushing star in a sci-fi radio drama by Rene Bascilico from an idea from then *Doctor Who* script editor Robert Holmes (1926–86). The death of a man on the remote Scottish island of Luig sparks a sinister discovery. With Fraser Kerr and others. From 1977 (4/6)
4.30 A Sting in the Tale In Natalia Power's *Sally Go round the Moon*, a woman hears a child's voice that no one else can hear. Or is she being haunted? With Jaimi Barbakoff. From 2004 (4/5)
5.00 Poetry Extra With Kathryn Williams
5.30 The Life and Rhymes of Benjamin Zephaniah The poet reads his autobiography (1–5/5)
6.40 Inheritance Tracks With Caroline Hirons
6.50 Subterranean Homesick Blues Bill Nighy and Anna Calder-Marshall star in series two of the comedy drama by AL Kennedy (1–5/5)
8.00 The Betty Witherspoon Show
With Kenneth Williams and Ted Ray. From 1974
8.30 Something to Shout About A 1961 satire of the advertisting world, written by Myles Rudge and Ronnie Wolfe and starring Michael Medwin, Eleanor Summerfield and Fenella Fielding
9.00 Desert Island Discs Revisited A 2012 edition with comic actor and US TV personality James Corden discussing his life and eight favourite recordings, from Erasure to Rufus Wainwright
10.00–12.00 Comedy Club: Sean Lock: 15 Storeys High (4/5), at **10.30 Chain Reaction** (3/6), at **10.55 Interview** Stephen Bailey catches up with actor, comedian and former model Michelle de Swarte (1/3) Continues Tuesday, at **11.00 Safety Catch** (2/4), and at **11.30 1966 and All That** (4/4) **12.00** as 5pm **12.30am** as 5.30pm **1.40** as 6.40pm **1.50** as 6.50pm **3.00** as 2pm **3.30** as 2.30pm **4.00** as 3pm **5.00 We're Backing Britain** Satire by David Morley **5.45 Short Works** Cathy Belton reads Louise Hegarty's *Big House*

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am The Newsroom **5.30** The Documentary: the Travelling Speech Therapist **6.00** Weekend **8.30** The Food Chain **9.00** News **9.05** From Our Own Correspondent **9.30** Outlook **10.00** News **10.05** People Fixing the World **10.30** Heart and Soul: the legal issues surrounding blasphemy laws in Nigeria **11.00** The Newsroom **11.30** The Compass: Why We Play: How people need to seek out playful activities as they live longer (4/4) **12.00** News **12.05pm** World Questions: Iceland **1.00** Newshour **2.00** News **2.05** The Forum: Rajan Datar chairs a discussion on the Polish-Soviet War **2.50** Over to You **3.00** News **3.05** Sportsworld **7.00** The Newsroom **7.30** Heart and Soul **8.00** News **8.05** The History Hour **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** Outlook **11.00** News **11.05** Tech Tent **11.30** Pick of the World **11.50** Over to You **12.00** News **12.05am** From Our Own Correspondent **12.30** Heart and Soul **1.00** The Newsroom **1.30** Bad Blood: How American eugenicists and lawmakers inspired the Nazi state First broadcast on Radio 4 (5/6) **2.00** The Newsroom **2.30** The Climate Question **3.00** News **3.05** Tech Tent **3.30** Pick of the World **3.50** Over to You **4.00** The Newsroom **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Sports Desk
5.30 5 Live Football Daily
6.00 5 Live Science
7.00 Sunday Breakfast With Chris Warburton and Eleanor Oldroyd.
10.00 Helen Skelton
12 noon 5 Live Sport
With Steve Crossman. At **2.00** football commentary on Leeds v Manchester United in the Premier League. At **4.30** commentary on Manchester City v Aston Villa.
6.30pm 6-0-6 Phone-in.
8.00 Rugby Union Weekly
Chris Jones, Ugo Monye and Danny Care on round two of the Six Nations.
9.00 Stephen Nolan
11.00 5 Live NFL Commentary on Super Bowl LVII between the Philadelphia Eagles and Kansas City Chiefs (kick-off **11.30**).
3.30am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

11.45am–2.00pm Football
Tottenham Hotspur v Manchester United in the Women's Super League (kick-off **12.00**).
2.30–5.00 Rugby Union
England v Italy in the Six Nations Championship (kick-off **3.00**).
5.00–9.00 Cricket Bangladesh v Sri Lanka in the women's T20 World Cup Group A match.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Weekend Sports Breakfast 9.00 Jonny Owen and Friends 11.00 The Warm Up 1.00pm The Sunday Session 5.00 The Boot Room 8.00 A Talksport Special 9.00 Trans Europe Express 12.00 A Talksport Special 1.00am Extra Time 5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk

6.00am–11.30 Test Cricket
Continued coverage of India v Australia, day four of the First Test.
11.30–2.00pm Women's Super League Football Tottenham Hotspur v Man Utd (kick-off **12.00**).
6.00–11.00 PGA Tour Golf
Day four of the Phoenix Open.
4.00am–11.30 Test Cricket
India v Australia on day five.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Andrew Castle 10.00 David Lammy 1.00pm Sangita Myska 4.00 Ben Kentish 7.00 Rachel Johnson 10.00 Nick Abbot 1.00am Richard Spurr 4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Gagan's Old Skool Mix 7.00 R&B Anthems 8.00 Smash Bengali 10.00 Certified Throwbacks 11.00 Gagan Grewal 1.00pm Dipps Bhamrah 3.00 Nadia Ali 5.00 Kan D Man 7.00 Pritt 9.00 Noreen Khan 11.00 Chill 12.00 Beyond Bollywood 1.00am Asian Network News Presents 2.00 BBC Introducing 4.00 Bobby Friction

SUNDAY Radio

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

Today's Choices

Book at Bedtime: Death at Broadcasting House
10.45pm ***Radio 4***

Co-written by Val Gielgud (brother of actor John) in 1934, this whodunnit is kindled when an actor is strangled on air while recording a performance at BBC headquarters. "No wonder that scene was so well-played", declares one wag, although it's no laughing matter for the cast, crew and producers when a Scotland Yard detective is urged to solve the mystery before a national scandal ensues. There are plenty of shifty suspects to choose from, which allows narrator (and *Blackadder* alumnus) Tim McInnerny to have a ball with a sumptuous array of voices. **JEREMY ASPINALL**

The Privatisation of British Gas
8.00pm ***Radio 4***

"Tell Sid", one of the defining advertising slogans of the 1980s, was how newly privatised British Gas alerted the public to buying shares in it. Nearly 40 years later, questions around energy – be it climate change, Ukraine, ownership, prices – are top of the political agenda. "Heating our homes exposes us to the ructions of the world," producer Phil Tinline says. "I thought it was worth going back to look at how we got here." It's a fascinating and instructive journey. **SIMON O'HAGAN**

Book of the Week: The Madness
9.45am ***Radio 4 FM***

Fergal Keane is in turn lyrical and bluntly honest as he reads from his book about his PTSD, which he charts back to a childhood dominated by his father's alcoholism.

Life Support
1.45pm ***Radio 4***

Pick of the Week: page 119

SAM KALDA

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James
10.30 Rickie, Melvin and Charlie
1.00pm Dean and Vicky
3.30 Vick and Jordan
6.00 Clara Amfo
8.00 Radio 1's Future Artists
Presented by Jack Saunders.
10.00 Power Down Playlist
11.00 Daniel P Carter
1.00am BBC Introducing Rock on Radio 1 2.00 Radio 1's Future Alternative 3.00 Radio 1's Workout Anthems 4.00 Radio 1 Dance 5.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Gary Davies
Sitting in for Zoe Ball.
9.30 Ken Bruce
Ken continues a month of **Piano Room** performances featuring artists accompanied by the BBC Concert Orchestra, live from the BBC's Maida Vale Studios. Today Freya Ridings's set (at **11.30**) includes a cover of a Cyndi Lauper hit. Plus features, including the **PopMaster** quiz (daily at **10.30**) and, after **11.10**, **Tracks of My Years**, this week featuring ten of the favourite records of naturalist, *Springwatch* presenter and author Chris Packham. His first two daily picks are favourite records by Peter, Paul and Mary and the Barry Gray Orchestra.
Your RT Puzzles: page 149
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Blues Show with Cerys Matthews
10.00 Trevor Nelson's Rhythm Nation
Including at **10.00** the **Magnificent 7** – a nostalgic half-hour of oldies.
12.00 OJ Borg
With **One Hit Wonders** at **2.30am**.
3.00 Pick of the Pops ***1/2.*** Paul Gambaccini with the singles chart from this week in 1985. (R) See tomorrow
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Nemone
Sitting in for Lauren Laverne with chat, music and features, including **This Week's Watchlist**.
10.30 Mary Anne Hobbs
Chat and music including the **All Queens Mix** and, before **12 noon**, **Hit Reset**, for relaxation.
1.00pm Craig Charles
4.00 Tom Robinson
Sitting in for Steve Lamacq.
7.00 Marc Riley
9.00 Gideon Coe
12.00 In their Own Words
An artist reveals their story by way of BBC archive interviews and performances, kicking off five hours of programming devoted to their life and career.
1.00am Music programme
Devoted to tonight's artist.
2.00 Music programme
3.00 Music programme
4.00 The Artist Collection Playlist
Tracks celebrating tonight's featured artist's music, origins, influences and inspirations.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** Half-hourly 6.30–8.00am, 1.00pm, 6.00

6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Thomas Tallis (1505–1585)
1/5. **All Roads Lead to London.** In the first of this week's programmes tracing the career of Renaissance great Tallis, inarguably one of England's finest ever composers, Donald Macleod explores the circumstances that led him to London, and examines what the composer's first impressions of the city must have been like.
O sacrum convivium Choir of New College, Oxford, director Edward Higginbottom
Lamentations of Jeremiah I and II
Hilliard Ensemble, director Paul Hillier
Euge caeli porta; *Alleluia: Per te Dei genitrix*
Chapelle du Roi, director Alistair Dixon
Ave, rosa sine spinis
Cardinall's Musik, director Andrew Carwood
When Shall My Sorrowful Sighing Slack
Gabriel Crouch (baritone), Elizabeth Kenny (lute)
RT OFFER *The Tallis Scholars Sing Thomas Tallis* (2 CDs) – featuring the Tallis Scholars conducted by Peter Phillips – is available for £19.95 inc p&p. Call 0115 982 7500 quoting ref CDGIM203 or visit radiotimes.com/cds
1.00pm Radio 3 Lunchtime Concert
LIVE From Wigmore Hall in London, Martin Handley introduces Swiss cellist Christian Poltéra with pianist Kathryn Stott in a recital of cello sonatas by Prokofiev and Chopin. Chopin's *Op 65* is one of only nine works he wrote for instruments other than piano.
Christian Poltéra (cello), Kathryn Stott (piano)
Prokofiev *Cello Sonata, Op 119*
Chopin *Cello Sonata in G minor, Op 65*
Repeated Sunday 1pm
2.00 Afternoon Concert
Ian Skelly introduces concert recordings from BBC ensembles and orchestras from abroad.
Busoni *Eine Lustspielouvertüre, Op 38*
BBC Philharmonic, conductor Neeme Jarvi
Handel *Va tacito e nascosto (Giulio Cesare in Egitto)*
Sonja Runje (mezzo), Radovan Vlatkovic (horn), Munich Radio Orchestra, conductor Ivan Repusic
CPE Bach *Symphony in F, Wq183 No 3*
Frankfurt Radio Symphony Orchestra, conductor Richard Egarr
Prokofiev *Symphony No 1 (Classical)*
Sinfonietta Riga, conductor Alexei Ogrintchouk
3.00 Brahms *Double Concerto in A minor, Op 102*
Suyoen Kim (violin), Bumjun Kim (cello), KBS SO, conductor Christoph Eschenbach
Haydn *Gloria (Mass in B flat, H XII 14, Harmoniemesse)*
Malin Hartelius (soprano), Judith Schmid (mezzo), Christian Elsner (tenor), Franz-Josef Selig (bass), Bavarian Radio Symphony Chorus and Orchestra, conductor Mariss Jansons
Strauss *Serenade in E flat for 13 winds, Op 7*
Radovan Vlatkovic (horn), Munich Radio Orchestra, conductor Ivan Repusic
4.30 New Generation Artists
Featuring Anglo-Israeli pianist Tom Borrow in a recent BBC studio recording of Scriabin's fiendishly difficult *Piano Sonata No 5* and a performance by mezzo Ema Nikolovska of Martinu's folk-inflected songs from *Novy Spalicek (New Chap-Book)*, with texts taken from a treasury of fairy tales.
Scriabin *Piano Sonata No 5, Op 53* Tom Borrow
Martinu *Yearning; The Inquisitive Girl*; *The Happy Girl*; *The Mournful Lover (New Chap-Book)*
Ema Nikolovska (mezzo), Samuele Telari (accordion)
Harold Mabern, arr Luft *Rakin' and Scrapin'*
Rob Luft (guitar), Dave O'Higgins (tenor sax), Misha Mullov-Abbado (bass), Rod Youngs (drums), Ross Stanley (piano)
5.00 In Tune
Sean Rafferty welcomes Boris Giltburg ahead of tomorrow's recital at Wigmore Hall in London.
7.00 Classical Mixtape
A playlist of classical favourites mixed with jazz, folk and music from around the world.
7.30 Radio 3 in Concert
Fiona Talkington introduces the Bavarian Radio Symphony Orchestra in a concert recorded in December at Munich's most modern concert hall, the Isarphilharmonie.
Tabea Zimmerman (viola), Bavarian Radio Symphony Orchestra, conductor Ivan Fischer
Strauss *Walzerfolge No 2 (Der Rosenkavalier)*
Walton *Viola Concerto*
Bartok *Concerto for Orchestra*
10.00 Music Matters Repeated from Saturday 11.45am
10.45 The Essay: In Their Voices
1/5. **Marian Anderson.** Manchester-born baritone Peter Brathwaite shares his passion for five very different singers whose voices, artistry and lives inspire and move him. He begins with African-American contralto Marian Anderson (1897–1993), whose Easter Sunday concert on the steps of the Lincoln Memorial in 1939 became a defining moment in the US Civil Rights Movement. First broadcast May 2021. (R)
11.00 Night Tracks With Sara Mohr-Pietsch.
12.30am Through the Night With Catriona Young. Andrew Manze conducts the NDR Radio Philharmonic Orchestra in music by Shostakovich and Tchaikovsky, recorded in February 2022 in Hannover. **Shostakovich** *Violin Concerto No 2, Op 129* **Tchaikovsky** *Symphony No 6 in B minor (Pathétique)* Christian Tetzlaff (violin), NDR Radio Philharmonic Orchestra, conductor Andrew Manze **1.50 Brun** *Symphony No 2 in B flat* **2.31 Boeck** *De kleine Rijnkoning* **2.50 Contant** *Trio No 1 for violin, cello and piano* **3.09 Bach** *Cantata No 51: Jauchzet Gott in allen Landen* **3.26 Hutschenruyter** *Ouverture voor Groot Orkest* **3.34 Arvo Pärt** *Magnificat* **3.42 Clérambault** *Pirame et Tisbé* **4.00 Sorkocevic, arr Matusic** *Symphony No 3 in D* **4.07 Vladigerov** *Hebrew Poem, Op 47* **4.21 Sammartini** *Sinfonia in F* **4.31 Bosmans** *Verses from Maria Lecina* **4.44 Albinoni** *Adagio in G minor (arr Giazotto for organ and trumpet)* **4.52 Walker** *Lyric for Strings* **5.00 Cavalli** *Dixit Dominus* **5.11 Goleminov** *Cello Sonata* **5.19 Ibert** *Trois pièces brèves* **5.27 Scriabin** *Piano Sonata No 3 in F sharp minor, Op 23* **5.47 Schenck** *Sonata in A minor, Op 9 No 2 (L'écho du Danube)* **6.09 Mendelssohn** *Three Psalms, Op 78* (R)

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.
10.00 Mark Forrest Including at **10.30** the **Mystery Years**. Plus listeners' requests from **12.00**.
1.00pm Sam Hughes Popular classical works, including at **2.00** a weekly showcase of female composers as part of Scala's ongoing partnership with DONNE, Women in Music, a charitable foundation dedicated to achieving gender equality in the music industry. Today's playlist features works by Alexandra Hamilton-Ayres, Mélanie Bonis and Helen Habershon.
4.00 Penny Smith Scala's drive-time show.
7.00 Richard Allinson With music and features.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry Lively chat, guests and tunes, with Dave joined by Matt Dyson **10.00 Leona Graham 1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence** Including at **10.00 Through the Decades**, with 30 minutes of rarely aired oldies **1.00am Dan Noble**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Tim Lihoreau with news, music and features, including at **7.25 Breakfast Serial**.
9.00 Aled Jones
Classical hits, starting with **The Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300.
And at **10.15 Album of the Week**.
12.00 Anne-Marie Minhall
Including at **12.00 Classic FM Requests** – with listeners phoning in requests during the programme – and at **3.00 Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame chart.
4.00pm John Brunning
Classic FM favourites presented by the composer and former Mungo Jerry guitarist. Plus features, including the **Discovery of the Week** at **6.20**.
7.00 Smooth Classics
Zeb Soanes with three hours of potentially calming classical music to help listeners relax and recharge, including at **9.00** the **Great Escape**.
10.00 Smooth Classics With Margherita Taylor.
1.00am Bill Overton 4.00 Sam Pittis

RadioTimes PUZZLES **RT PUZZLES** Subscribe to **radiotimespuzzles.com** for access to hundreds of brainteasers

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54pm (*LW*), 12.48am

5.30am News Briefing
5.43 Prayer for the Day
With Bishop Helen-Ann Hartley.
5.45 Farming Today
Food, farming and the countryside.
5.58 Tweet of the Day
Michaela Strachan presents the sound of the white-tailed eagle. (R)
6.00 Today
With Mishal Husain and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With Professor Mona Siddiqui.
9.00 Start the Week
6/12. **The Food We Eat.** The psychologist Kimberley Wilson brings into focus the known links between diet, brain, behaviour and mental health. Rebecca O'Connell highlights the social, cultural and economic reasons that shape what children and families eat, and Louise Gray reveals the impact that growing fruits and vegetables has on the planet. Presented by Tom Sutcliffe.
Producer Katy Hickman Shortened repeat 9.30pm
9.45 *FM* **Book of the Week: The Madness**
RT *1/5.* **Going Back to the Beginning** Journalist Fergal Keane reads from his intensely personal memoir of war, fear and post-traumatic stress disorder (PTSD). He begins by looking back to when his troubles began. Abridged by Julian Wilkinson.
Producer Elizabeth Allard Repeated 12.30am
9.45 *LW* **Daily Service**
The first of five programmes marking the tercentenary of the death of Sir Christopher Wren. The service comes from one of Wren's churches in London, St Stephen Walbrook, and is introduced by the Bishop of London, Dame Sarah Mullally. The service is led by the parish priest, Rev Stephen Baxter, with the Choral Scholars of St Stephen Walbrook.
10.00 Woman's Hour
Presented by Nuala McGovern.
Editor Karen Dalziel
11.00 Don't Log Off
New series. *1/3.* Alan Dein talks to two women living in Iran about the impact on their lives of normality imploding around them. He also hears from Iranians living in Berlin, Glasgow and Sierra Leone, about how they stay connected to family and friends in their homeland and whether they will ever be able to return there, and from a second generation Iranian growing up in Los Angeles, about how the current situation is affecting her and her family. Producer Mohini Patel
11.30 The Bottom Line
4/12. **Podcasting.** In the past few years the podcast market has grown rapidly. But as much of it uses an advertising model outside of radio stations who support their own content, is it really sustainable? How many people in the UK are listening and can you only make money if you have a critical mass of people willing to subscribe and perhaps pay? Evan Davis and guests discuss. Repeated from Thursday
12.04pm You and Yours
1.00 The World at One With Jonny Dymond.
1.45 Life Support
RT ***New series.*** *1/5.* **Midwives.** Each day this week, two health workers swap notes on working in health and social care today. They do identical jobs, but one is about to retire, and the other still has years of employment ahead of them. Today we hear from two midwives. Producer Nick Holland
Pick of the Week: page 119
2.00 The Archers Repeated from yesterday 7pm
2.15 This Cultural Life Rptd from Sat 7.15pm
3.00 Counterpoint
6/13. Contestants from northern England and the Midlands face questions on everything from Vivaldi and Handel to Count Basie, Suede and Pulp. Paul Gambaccini hosts.
Producer Paul Bajoria Repeated Saturday 11pm
3.30 The Food Programme
Repeated from yesterday 12.30pm
4.00 Cupid Loves Eros
Ahead of Valentine's Day, crime writer Val McDermid explores queer love verse across the millennia, She is joined by Stephen Fry, the former Makar (National Poet of Scotland) Jackie Kay, and theatre director and author Neil Bartlett, who all choose their favourite poems that explore same-sex love.
Producer Turan Ali Repeated from Thursday
4.30 Beyond Belief
Unforgiveness. Julie Nicholson's daughter, Jenny, was killed in the 7/7 London Bombings. Julie tells Aleem Maqbool how her choice not to forgive Jenny's killer clashed with her role as a vicar. They discuss the part of forgiveness in various religions with Rabbi Elchonon Feldman, Senior Rabbi at Bushey United Synagogue, Professor Anthony Bash and author Marian Partington.
Producers Katharine Longworth and Vishva Semani
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News
6.30 Just a Minute
8/8. Sue Perkins challenges Gyles Brandreth, Lucy Porter, Ria Lina and Rhys James to speak on haircuts, rap battles and prawn cocktails.
Producer Rajiv Karia Repeated Sunday 12.04pm
7.00 The Archers
Things are looking up for David and Ruth. Justin is listening out for news.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Choreographer and director Kate Prince talks to Samira Ahmed about her new hip-hop musical *Sylvia*, which is based on the life of suffragette Sylvia Pankhurst.
Producer Julian May
8.00 The Privatisation of British Gas
RT Historian Phil Tinline explores why, 37 years ago, Margaret Thatcher's government privatised British Gas, how what followed has shaped today's energy price crisis, and what should happen next. With contributions from Professor Michael Bradshaw, Derek Davis, Dr Amy Edwards, Mathew Lawrence, Tim Lefroy and Sir John Redwood. Producer Phil Tinline
8.30 Analysis
2/9. **Are We Further Away than Ever from Net Zero?** The UK has pledged to reach net-zero carbon emmission by 2050. But have a pandemic, the fallout from the war in Ukraine and now an economic crisis derailed our plans to decarbonise? Or have they provided an inflection point, accelerating necessary change? Dharshini David speaks to policymakers, business leaders and experts and asks whether the economy, or political will, is the main driver in reaching net zero.
Producer Caroline Bayley Repeated Sunday 9.30pm
9.00 Is Psychiatry Working?
4/6. **Medication.** Horatio Clare and psychiatrist Femi Oyebode trace a journey through crisis, detention, diagnosis, therapy and recovery. In this episode, with the help of patients and clinicians, they consider medication. Repeated from Friday
9.30 Start the Week Shortened rpt from 9am
10.00 The World Tonight
Presented by Ritula Shah.
10.45 Book at Bedtime: Death at Broadcasting House
RT *1/5.* Val Gielgud and Holt Marvell's 1934 mystery. A murder occurs during the transmission of live radio play *The Scarlet Highwayman*. Abridged by Lucy Ellis and read by Tim McInnerny.
Producer Clive Brill
11.00 Word of Mouth
5/7. **Subtitles.** Michael Rosen speaks to subtitler Karli Witkowska. She explains how descriptions like "tentacles wetly squelching" enhances the experience of deaf viewers.
Repeated from Tuesday
11.30 Great Lives
1/8. Cookbook author and activist Olia Hercules nominates Ukrainian painter Alla Horska as a major cultural figure.
Producer Caitlin Hobbs (R)
12.00 News and Weather
12.30–12.45am Book of the Week: The Madness *1/5.* Repeated from 9.45am (*FM only*)
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Red for Danger as 4pm
6.30 Personal Column as 4.30pm
7.00 The Bookshop as 5pm
7.15 HighLites: Wash and Blow Series four (1/5)
7.30 Bridget Christie: Mortal as 5.30pm
8.00 Brothers in Law Legal comedy
8.30 Yes Minister 1984 sitcom (4/8)
9.00 Genius With Gyles Brandreth (4/6)
9.30 Double Income, No Kids Yet Sitcom (3/6)
10.00 We're Backing Britain Satire. From 2018
10.45 Short Works as 3.45pm
11.00 Red for Danger as 4pm
11.30 Personal Column as 4.30pm
12.00 The Bookshop as 5pm
12.15pm HighLites: Wash and Blow as 5.15pm
12.30 Bridget Christie: Mortal as 5.30pm
1.00 Brothers in Law Legal comedy
1.30 Yes Minister 1984 sitcom (4/8)
2.00 Genius With Gyles Brandreth (4/6)
2.30 Double Income, No Kids Yet Sitcom (3/6)
3.00 We're Backing Britain Satire. From 2018
3.45 Short Works Cathy Belton reads Louise Hegarty's *Big House*. From 2019
4.00 Red for Danger Vintage serial radio thriller by Edward J Mason. From 1954 (2/6)
4.30 Personal Column Jill Hyem's tale *Third Girl Wanted*. With Anne Stallybrass. From 1967
5.00 The Bookshop Maggie Steed reads an adaptation of the 1978 Booker Prize-shortlisted novel by Penelope Fitzgerald. When Florence plans to open a bookshop in Hardborough, it is clear she will have powerful local opposition. Abridged by David Hunter. From 1996 (1/10)
5.15 HighLites: Wash and Blow Series four (1/5)
5.30 Bridget Christie: Mortal The comedian explores myriad aspects of mortality. From 2021 (1/4)
6.00 Brothers in Law Legal comedy
6.30 Yes Minister 1984 sitcom(4/8)
7.00 Genius With Gyles Brandreth. From 2007 (4/6)
7.30 Double Income, No Kids Yet Sitcom (3/6)
8.00 Radiolab Jad Abumrad explores an online world where that story about you lives for ever (7/8)
9.00 Restart Mind-bending thriller. With Armin Karima and others (3/8) All episodes are on BBC Sounds
9.30 Red Moon Sci-fi by Jack Bowman and Robert Valentine, set in 1979 London. With Philip Bulcock. From 2019 (5/6) All episodes are on BBC Sounds
10.00–12.00 Comedy Club: Just a Minute (7/8), at **10.30 The Hudson and Pepperdine Show** (4/4), at **11.00 The News Quiz** (7/11), at **11.30 Lionel Nimrod's Inexplicable World** (4/6) **12.00** as 3pm **12.45am** as 3.45pm **1.00** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 1.30pm **4.00** as 2pm **4.30** as 2.30pm
5.00 The Love of Birds 5.45 Short Works

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday: **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** The Climate Question **10.00** News **10.05** The Cultural Frontline **10.30** The Explanation **10.50** More or Less **11.00** The Newsroom **11.30** The Conversation: two women talk about their experiences of being stepmothers **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Crowd Science: Why certain people are scared of public speaking **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.05** The Climate Question: a report on whether natural gas is a climate friendly option **8.30** Bad Blood: the Story of Eugenics: Gregor Mendel's 19th-century work in eugenics (5/6) First broadcast on Radio 4 **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** The Conversation **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Documentary: America's First Black Bank **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
News and **sport** bulletin every half-hour
Times vary during live sports coverage
5.00am Wake Up to Money
6.00 5 Live Breakfast
With Rachel Burden and Rick Edwards.
9.00 Nicky Campbell
11.00 Naga Munchetty
With the latest news, big-name interviews from around the UK.
1.00pm Nihal Arthanayake
News and topical conversation including big-name interviews.
4.00 5 Live Drive
Tony Livesey and Clare McDonnell with the latest news and sport.
7.00 5 Live Sport
Mark Chapman with sports news, debate and features including at **7.00 The Monday Night Club**, in which he's joined by Chris Sutton, Rory Smith and Sébastien Bassong. to discuss the weekend's football. Plus updates from Liverpool v Everton. At **9.00 5 Live Cricket**, featuring a look ahead to the First Test of New Zealand v England.
10.00 Colin Murray
Topical discussion. Plus regular features, including at **12.00 Monday Night Fan Club**.
1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
10.45am–3.00pm Cricket
Ireland v England in the women's T20 World Cup Group B match at Boland Park in Paarl, South Africa.
4.45–9.00 Cricket South Africa v New Zealand, a women's T20 World Cup Group A match.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Sports Breakfast
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Jacobs
4.00 Drive
6.00 Premier League Football
Liverpool v Everton (kick-off **8.00**).
10.00 Sports Bar
1.00am Extra Time
5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk
6.00am–11.30 Test Cricket
Continued coverage from day five of the First Test between India and Australia.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari
10.00 Topical Programme
1.00pm Shelagh Fogarty 4.00 Tom Swarbrick 6.00 Andrew Marr 7.00 Iain Dale 10.00 Ian Payne 1.00am Richard Spurr
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am The Everyday Hustle
7.00 Nikita Kanda
10.00 Certified 11.00 Serena
2.00pm Certified Throwbacks
3.00 Ankur Desai
6.00 Bobby Friction 8.00 The Everyday Hustle 9.00 Chill
11.00 Asian Network News Presents 12.00 Beats 1.00am Bobby Friction 3.00 Takeover

MONDAY Radio

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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TUESDAY Radio

Today's Choices

EDMUND BLOK

I Feel Therefore I Am
11.30am ***Radio 4***

Nowadays, feelings – exemplified in phrases like "lived experience" and "speaking my truth" – have come to dominate public discourse to the extent where subjective experience can trump objective fact or empirical evidence. Professor of English Literature Abigail Williams (above) takes a timely look at this sea-change and offers plenty of food for thought about its origins and consequences. In this first episode, she leads us on a whistlestop tour that takes in the historic influence of 18th-century Romanticism – with poets like Wordsworth extolling "grandeur in the beatings of the heart" – and Freudian psychoanalysis, and then comes up to date with how social media, Pixar's *Inside Out* and even Prince Harry's bestselling memoir contribute to our current situation. It's a stimulating trip that bodes well for the rest of the series.

JEREMY ASPINALL

People Fixing the World
8.05am/3.05pm/11.05pm
BBC World Service

In the face of so much doom and gloom about humanity's future, *People Fixing the World* is a much needed weekly dose of optimism, and this edition literally dives deep in search of good news. Presenter Myra Anubi finds it in the form of the sea cucumber – an animal related to the starfish that lives on the ocean floor and plays a vital role in support of coral reefs. In Australia, drones are used to count cucumbers; in Madagascar, the focus is on sustainable farming; and in Italy, Anubi finds out how sea cucumbers are being used to help fisheries become less polluting. Anyone for a cucumber sandwich? **SIMON O'HAGAN**

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James
10.30 Rickie, Melvin and Charlie
12.00 Radio 1's Live Lounge
1.00pm Dean and Vicky
3.30 Going Home with Jordan
6.00 Clara Amfo
8.00 Radio 1's Future Artists
10.00 Power Down Playlist
11.00 Annie Nightingale
1.00am Drum 'n' Bass Mix
2.00 Radio 1 Relax 3.00 Arctic Monkeys: Believe the Hype
4.00 Radio 1 Dance
5.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Gary Davies
9.30 Ken Bruce
Chat and music, including at **11.30** a **Piano Room** performance by Simply Red backed by the BBC Concert Orchestra – with three songs, including a cover of a Paul McCartney song – live from the BBC's Maida Vale Studios in London. And at **11.10 Tracks of My Years**, with Chris Packham discussing favourite records by T Rex and David Bowie.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
Music and features including the **Shiny Happy Playlist** – with 30 minutes of feel-good music to start the show – and the **Radio 2 Culture Club**.
9.00 The Jazz Show with Jamie Cullum
Playlists embracing the full spectrum of jazz.
10.00 Trevor Nelson's Rhythm Nation
Including at **10.00** the **Magnificent 7** – a nostalgic half-hour of potentially uplifting tunes – and **Five Seconds to Name**, in which listeners must identify an act based on a mash-up.
12.00 OJ Borg Chat, music, texts and features, including **Midnight Mastermind** and the weekly themed **Yawn Chorus**.
3.00am Pick of the Pops
2/2. Paul Gambaccini with the singles chart from this week in 1999. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Nemone
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Steve Lamacq
Including **Kid Critic** – nine-year-old Minnie reviews another music video.
7.00 Marc Riley
9.00 Gideon Coe
12.00 6 Music Artist in Residence *10/10.* Personal picks from London singer/songwriter Jamie T, this week featuring a river-themed playlist including Lindisfarne, Charles Watson, Madness and the Clash.
1.00am The Radiohead Story *1/4*
With Steve Lamacq. First broadcast 2003.
2.00 The Radiohead Story *2/4*
3.00 Rave Forever Music associated with Manchester club the Haçienda, including tracks by Inner City, A Guy Called Gerald and Marshall Jefferson.
4.00 The 6 Music Playlist
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Tallis
2/5. **Reform.** Donald Macleod explores how the reforms of Henry VIII affected Thomas Tallis, who was working at Waltham Abbey – the last monastery to be dissolved in England – and then had to adjust to Henry's further reform of cathedrals.
Agnus Dei (Celeste organum)
Chapelle du Roi, director Alistair Dixon
Magnificat for four voices
Rodolfus Choir, director Ralph Allwood
Salve intemerata
Tallis Scholars, director Peter Phillips
Mass for four voices
Gentlemen of HM Chapel Royal, Hampton Court Palace, director Carl Jackson
1.00pm Radio 3 Lunchtime Concert
In the first of this week's repeated concerts showcasing Mozart, pianist Llŷr Williams connects Mozart and Haydn with a little French twist. Recorded in January 2022 at the Perth Concert Hall. Presented by Tom Redmond.
Haydn *Piano Sonata in C, H XVI 48*
Ravel *Menuet sur le nom de Haydn*
Debussy *Hommage à Haydn*
Poulenc *Novelette No in C; Novelette No 2 in B flat minor*
Mozart *Fantasia in C minor, K475; Piano Sonata No 14 in C minor, K457* (R)
2.00 Afternoon Concert
Ian Skelly with further concert recordings from BBC groups and orchestras abroad. Plus the **Artist's Choice** feature, today with soprano Florie Valiquette.
Mozart *Horn Concerto No 3 in E flat, K447 (3rd mvt)*
Radovan Vlatkovic, Munich Radio Orchestra, conductor Ivan Repusic
Gershwin *Cuban Overture* BBC Philharmonic, conductor Yan Pascal Tortelier
Becky McGlade *Clouded with Snow*
BBC Singers, director Owain Park
Liszt *Après une lecture du Dante (Années de pèlerinage, deuxième année: Italie)*
Mariam Batsashvili (piano)
Farrenc *Symphony No 2 in D (3rd mvt)*
Solistes Européens, Luxembourg, conductor Christoph Koenig
3.00 Brahms *Violin Concerto in D, Op 77*
Frank Peter Zimmermann, Prague Radio Symphony Orchestra, conductor Petr Popelka
Strauss *Horn Concerto No 1 in E flat, Op 11*
Radovan Vlatkovic, Munich Radio Orchestra, conductor Ivan Repusic
Pergolesi *Orfeo* Florie Valiquette (soprano), Les Talens Lyriques, conductor Christoph Rousset
5.00 In Tune
With Sean Rafferty, today welcoming the Art Deco Trio, who perform jazz-accented reworkings of classical pieces from their album *Classical Changes*.
7.00 Classical Mixtape
7.30 Radio 3 in Concert
Martin Handley introduces the LSO in works by Sibelius, Prokofiev and Beethoven, recorded on 29 January at the Barbican, London.
Janine Jansen (violin), London Symphony Orchestra, conductor Gianandrea Noseda
Beethoven *Coriolan Overture, Op 62*
Sibelius *Violin Concerto, Op 47*
8.15 Interval A 2006 recording by Mitsuko Uchida of Beethoven's *Piano Sonata in C minor, Op 111*
8.45 Prokofiev *Symphony No 6*
10.00 Free Thinking
Stories of Love. Proust as an agony uncle, Romeo and Juliet rewritten as 21st-century Welsh teenagers in a new drama by Gary Owen, Rita Mae Brown's 1973 lesbian coming-of-age novel *Rubyfruit Jungle* and a new book inspired by the historical figures who collaborated on the first English medical textbook on homosexuality. Naomi Paxton is joined by Gary Owen, New Generation Thinkers Julia Hartley and Diarmuid Hester, and author Tom Crewe, whose novel depicts the married lives and love triangles of John Addington Symonds and Henry Havelock Ellis and the impact of Oscar Wilde's trial on their attempts in the 1890s to publish their study of what they called "inversion".
Producer Robyn Read
10.45 The Essay: In Their Voices
2/5. **Leontyne Price.** Opera singer Peter Brathwaite celebrates five very different singers, continuing with Mississippi-born soprano Leontyne Price, now 94. Price was the first African-American opera singer to attain true superstar status. Brathwaite relives his discovery of her spinto soprano voice through a pile of old library vinyls, and digs deep into what made her voice so exquisite and her artistry so compelling. (R)
11.00 Night Tracks
Sara Mohr-Pietsch with an adventurous soundtrack tailored for late-night listening.
12.30am Through the Night
With Danielle Jalowiecka, who introduces Beethoven's mighty *Missa solemnis* in a Prom performance from last September. **Beethoven** *Missa solemnis in D* Lucy Crowe (soprano), Ann Hallenberg (mezzo), Giovanni Sala (tenor), William Thomas (bass), Monteverdi Choir, Orchestre Révolutionnaire et Romantique, conductor John Eliot Gardiner **1.44 Beethoven** *Piano Trio in B flat, Op 97 (Archduke)* **2.24 Schubert** *Impromptu No 2 in E flat, D899* **2.31 Sibelius** *Symphony No 1* **3.07 Smetana** *Sonata movement in E minor for two pianos, eight hands* **3.18 Cavalli** *Dixit Dominus a 8* **3.30 Ana Milosavljevic** *Red* **3.36 Handel** *Il Pastor Fido (ballet music)* **3.47 Poulenc** *Oboe Sonata* **4.02 Prokofiev** *Juliet as a Young Girl (Romeo and Juliet: Suite No 2, Op 64)* **4.06 Respighi** *Il tramonto* **4.21 Cailo** *Violin Sonata No 3 in A* **4.31 Pacius** *Overture for Large Orchestra* **4.37 Jacquet de La Guerre** *Sonata in D for two violins and continuo* **4.46 Brahms** *Fünf Gesänge, Op 104* **5.00 Nils Lindberg (1933–2022)** *Shall I Compare Thee to a Summer's Day?* **5.03 Borodin** *Polovtsian Dances (Prince Igor)* **5.14 Bach** *French Suite No 2 in C minor, BWV813* **5.28 Chausson** *Poème de l'amour et de la mer, Op 19* **5.55 Grieg** *String Quartet No 1 in G minor, Op 27*

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music, a light look at the newspapers and features, including **Questions of the Day** and, from **9.00**, **Screen Time**.
10.00 Mark Forrest Including at **11.30** guests from the arts and entertainment world, today with chef and TV personality Prue Leith (*The Great British Bake Off*) discussing the tour of her show *Nothing in Moderation*. Plus listeners' requests from **12.00**.
1.00pm Sam Hughes Popular classical works, including after **3.00 Sam's Matinée Moment**.
4.00 Penny Smith Scala's drive-time show.
7.00 Richard Allinson Including after **7.00** the latest classical releases, at **8.00** the **Scala Piano Playlist** and, from **9.00**, an hour of calming pieces.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham New and old mainstream and indie rock and pop **1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Dan Noble**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Tim Lihoreau with news, music and features, including at **7.25 Breakfast Serial**.
9.00 Aled Jones Classical hits, starting with **The Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300.
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** and at **3.00 Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame chart.
4.00pm John Brunning Classic FM favourites, including the **Discovery of the Week** at **6.20**.
7.00 Smooth Classics at Seven
A Valentine's Day special, with Zeb Soanes showcasing romantic classical music, including works written by composers for their beloveds: the Adagietto from Mahler's Fifth Symphony – a love song to his wife – and Elgar's *Salut d'amour*, written in 1988 to celebrate his engagement to Alice Roberts. Plus Craig Armstrong's music for Baz Luhrmann's 1996 film *Romeo + Juliet*.
10.00 Smooth Classics With Margherita Taylor.
1.00am Bill Overton 4.00 Sam Pittis

RadioTimes The Sixties From the Beatles to the Moon landing to winning the World Cup – *RT* saw it all

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as yesterday; no weather at 5.56am

5.30am News Briefing
5.43 Prayer for the Day
With Bishop Helen-Ann Hartley.
5.45 Farming Today
5.58 Tweet of the Day Samuel West laments the lost call of the turtle dove. (R)
6.00 Today
With Mishal Husain and Nick Robinson.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With the Rev Dr Giles Fraser.
9.00 The Long View
Jonathan Freedland takes a look at today's news through the lens of history. He talks to historians about events in the past that have a great deal in common with what's happening today, and hears how those stories played out.
Producer Tom Alban Repeated 9.30pm
9.30 One to One
6/11. **Gaming and Me.** Ellie Gibson and Keza Anderson discuss their careers as video games journalists, the challenges of working in the industry and whether parenting and video gaming can co-exist. Producer Toby Field
9.45 *FM* **Book of the Week: The Madness**
2/5. **Inherited Memory.** Fergal Keane reads from his memoir of war, fear and PTSD. Today he turns to his grandmother's experience of political violence.
For details see Monday Repeated 12.30am
9.45 *LW* **Daily Service**
Marking the 300th anniversary of the death of Sir Christopher Wren, today's service comes from the Chapel of the Old Royal Naval College in Greenwich. The service of Choral Matins is led by the Chaplain, the Rev Dr Robert Tobin. With music by Wren's contemporaries Henry Purcell and Jeremiah Clarke.
10.00 Woman's Hour With Nuala McGovern.
11.00 The Curious Cases of Rutherford and Fry
6/6. **The Impossible Number** There is a bizarre number in maths referred to simply as 'i'. The square root of -1, it appears to break the rules of arithmetic but is essential for applications across engineering and physics. Hannah Fry tries to convince a sceptical Adam Rutherford of the sheer beauty and power of this so-called 'imaginary' number, while Dr Michael Brooks tells the surprising story of the duelling Italian mathematicians who gave birth to this strange concept, and shares how Silicon Valley turned this maths trick into cold hard cash. Dr Eleanor Knox reveals that imaginary numbers are indispensable for the most fundamental and strangest of all physics: quantum mechanics.
Producer Ilan Goodman Repeated Thursday 4pm
11.30 I Feel Therefore I Am
RT *1/3.* **From Facts to Feelings.** Abigail Williams investigates the history of how subjective feelings came to be seen as important as objective facts in making sense of the world. Producer Julia Johnson
12.04pm Call You and Yours
Consumer affairs programme, inviting listeners to offer their experiences.
CONTACT: call 03700 100 444 (national call rates apply) after 11am or email youandyours@bbc.co.uk
1.00 The World at One With Jonny Dymond.
1.45 Life Support
2/5. **Anaesthetists.** Mike, a semi-retired consultant anaesthetist, talks about what he describes as the dangerously long hours he used to do as a junior doctor. Registrar anaesthetist Giovanna shares her frustrations as she feels hospitals are struggling to make progress dealing with the huge surgical waiting list. For details see yesterday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: Happy Birthday, Mr President
Sarah Wooley's reimagining of the story behind Marilyn Monroe's famous performance at Madison Square Garden for President John F Kennedy's birthday in 1962.
Marilyn Monroe **Lydia Wilson** John F Kennedy **Simon Harrison** Richard Adler **Justin Salinger** Evelyn Lincoln **Clare Perkins** Sally Ann Howes **Isabella Inchbald** Peter Lawford/Bobby Kennedy/Doctor/Chet **Jason Barnett**
Director Gaynor Macfarlane
3.00 The Kitchen Cabinet
Repeated from Saturday 10.30am
3.30 The Case of the Brillante Virtuoso
3/3. Nick Wallis concludes his investigation into the attack on oil tanker MV *Brillante Virtuoso*, off the coast of Yemen in 2001. At first it seemed like the latest in a spate of daring raids by Somali pirates. Yet it came to involve lies on an industrial scale, corruption, violent threats, Greek shipowners, Yemeni power brokers, British lawyers, Filipino sailors and a fight for justice over the unsolved murder of a British man.
Producer Robert Nicholson; Executive producer Will Yates
4.00 Word of Mouth
6/7. **Interpreting for Mum and Dad**
Michael Rosen hears from Sanmeet Kaur, who has been interpreting for her parents since the age of five when her family arrived in the UK from Afghanistan.
Producer Sally Heaven Repeated Monday 11pm
4.30 A Good Read
3/9. Art historian and curator Kate Bryan brings forward Olivia Laing's *Funny Weather: Art in an Emergency*, a collection of essays about why art matters, while comedian Mark Steel is a big fan of comedic memoir *Stalin Ate My Homework* by Alexei Sayle. Host Harriett Gilbert talks about Sarah Moss's *Ghost Wall*.
Producer Becky Ripley
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News
6.30 Mark Watson Talks a Bit about Life
New series. *1/6.* **Monday.** Mark Watson returns with his attempts to answer life's trickiest questions, this series focusing on time. He begins by wondering why so many people dread the start of each week. With contributions from Jayde Adams.
Producer Lianne Coop Rptd next Tuesday on Radio 4 Extra
7.00 The Archers
Freddie is setting the stage for Valentine's Day, and Ruairi is making a pact.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Poet AE Stallings talks to Tom Sutcliffe about her new collection, *This Afterlife*. Plus the neuropsychologists measuring how audiences react to live theatre. Producer Paul Waters
8.00 File on 4
6/11. Datshiane Navanayagam tells the stories of Emily, Nadia, and Christie, three young women who lived close to each other in the north east of England and became friends, their lives intertwined because of severe mental health problems. But they died within eight months of each other while under the care of the same mental health trust after multiple failings with their treatment. Their stories are told in their own words and of those closest to them, and Navanayagam investigates the events that led to them losing their lives.
Producer Fergus Hewison Repeated Sunday 5pm
8.40 In Touch
News, views and information for people who are blind or partially sighted, with Peter White.
9.00 Inside Health
James Gallagher presents the weekly quest to demystify health issues.
Producer Erika Wright Repeated tomorrow 3.30pm
9.30 The Long View Repeated from 9am
10.00 The World Tonight With Ritula Shah.
10.45 Book at Bedtime: Death at Broadcasting House
2/5. By Val Gielgud and Holt Marvell. Detective Inspector Spears of Scotland Yard is sent to investigate the murder in Studio 7C. Read by Tim McInnerny. For details see yesterday
11.00 The Witch Farm Live
Wrapping up the hit series, Danny Robins presents a one-hour special recorded in front of a live audience at the Wales Millennium Centre in Cardiff. He is joined by paranormal experts Ciaran O'Keeffe and Evelyn Hollow to reveal startling new evidence and talk to some amazing new witnesses, and attempts to finally get to the bottom of the case.
Producers Simon Barnard and Danny Robins
12.00 News and Weather
12.30–12.45am Book of the Week: The Madness *2/5.* Repeated from 9.45am (*FM only*)
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Red for Danger Vintage serial thriller (3/6)
6.30 Personal Column as 4.30pm
7.00 The Bookshop By Penelope Fitzgerald (2/10
7.15 HighLites: Wash and Blow as 12.15pm
7.30 Ed Reardon's Week 2013 comedy (1/6)
8.00 The Goon Show Vintage 1957 comedy
8.30 In the Chair Political comedy (3/6)
9.00 The Motion Show Comedy debates (5/6)
9.30 North East of Eden 1997 sitcom (6/6)
10.00 The Love of Birds as 3pm
10.45 Short Works as 3.45pm
11.00 Red for Danger Vintage serial thriller (3/6)
11.30 Personal Column as 4.30pm
12.00 The Bookshop By Penelope Fitzgerald (2/10
12.15pm HighLites: Wash and Blow Comedy drama by Steve Chambers and Phil Nodding. The meanest hairdresser in Britain and her dim colleague embark on a cruise round the fjords. With Lorraine Ashbourne and Rosie Cavaliero. From 2014 (2/5)
12.30 Ed Reardon's Week 2013 comedy (1/6)
1.00 The Goon Show Vintage 1957 comedy
1.30 In the Chair Political comedy (3/6)
2.00 The Motion Show Comedy debates (5/6)
2.30 North East of Eden 1997 sitcom (6/6)
3.00 The Love of Birds A play by J Britton, specially commissioned for Valentine's Day in 2003
3.45 Short Works Anna Freeman performs her story *Fear of Flying*. From 2018
4.00 Red for Danger Vintage serial thriller (3/6)
4.30 Personal Column Eddie Maguire's *What Am I Bid?* With George Cole. From 1967
5.00 The Bookshop By Penelope Fitzgerald (2/10)
5.15 HighLites: Wash and Blow as 12.15pm
5.30 Ed Reardon's Week 2013 comedy (1/6)
6.00 The Goon Show Vintage 1957 comedy
6.30 In the Chair Political comedy (3/6)
7.00 The Motion Show Comedy debates (5/6)
7.30 North East of Eden 1997 sitcom (6/6)
8.00 TED Radio Hour Exploring how people can keep the resolutions they make
8.50 Inheritance Tracks With Bridget Christie
9.00 Restart (4/8) All episodes are on BBC Sounds
9.35 Red Moon Sci-fi by Jack Bowman and Robert Valentine (6/6) All episodes are on BBC Sounds
10.00–12.00 Comedy Club: Phil Ellis Is Trying (4/4), **10.30 The Jason Byrne Show** (2/6), **10.55 Interview** With actor and comedian Michelle de Swarte (2/3) Continues Thursday,
11.00 A Normal Love, **11.30 ElvenQuest** (2/6)
12.00 as 3pm **12.45am** as 3.45pm **1.00** as 4pm
1.30 as 4.30pm **2.00** as 5pm **2.15** as 12.15pm
2.30 as 5.30pm **3.00** as 6pm **3.30** as 1.30pm
4.00 as 2pm **4.30** as 2.30pm **5.00 Mr Beluncle** By VS Pritchett (1/3)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05 CHOICE:** People Fixing the World **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** The Documentary: America's First Black Bank **10.00** News **10.05** The Arts Hour **11.00** The Newsroom **11.30** In the Studio: the final stages of the project to expand the Art Gallery of NSW in Sydney **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Bad Blood: the Story of Eugenics (5/6) **2.00** Newshour **3.00** News **3.05 CHOICE:** People Fixing the World: how a humble sea creature is helping researchers learn about sea pollution **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Documentary: America's First Black Bank: the establishment of America's first black bank, for newly freed slaves, in 1865 **8.30** Digital Planet **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.05 CHOICE:** People Fixing the World **11.30** In the Studio **12.00** News **12.05am** The Arts Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Invention of Russia (1/4) **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** Love, Janessa: tracking down scammers to find out why they do it (3/8)

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and **sport** as yesterday
5.00am Wake Up to Money
Fiscal news, reports and analysis.
6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a look at the headlines, sports news, weather and unique stories from across the UK.
9.00 Nicky Campbell
Topical discussions, big-name interviews and listeners' calls.
11.00 Naga Munchetty
With the latest news, and big-name interviews from around the UK
1.00pm Nihal Arthanayake
News and topical conversation.
4.00 5 Live Drive
Tony Livesey and Clare McDonnell with the latest news and sport.
7.00 5 Live Sport
Kelly Cates with sports news, debate and build up to the **8.00** commentary on AC Milan v Tottenham Hotspur in the round of 16 of the Champions League.
10.30 Colin Murray
Vital topical discussion. Plus features, including at **11.00 The Big News Hour** – an in-depth look at a big news story – and at **12.00 Midnight Meets**, in which Colin sits down with notable guests to find out what makes them tick.
1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

4.45pm–9.00 Cricket Australia v Bangladesh in the women's T20 World Cup Group A match at St George's Park Cricket Ground in Port Elizabeth, South Africa.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Baker
4.00 Drive
7.00 Kick Off
10.00 Sports Bar
12.00 Extra Time
5.00am Early Breakfast

Talksport 2

DAB talksport.co.uk

7.00pm–10.00 Champions League Football Commentary on Paris Saint-Germain v Bayern Munich (kick-off **8.00**).

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari
10.00 Topical programme
1.00pm Shelagh Fogarty
4.00 Tom Swarbrick
6.00 Tonight with Andrew Marr
7.00 Iain Dale
10.00 Ian Payne
1.00am Richard Spurr
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Chill 7.00 Nikita Kanda 10.00 Certified 11.00 Serena 2.00pm Certified Throwbacks 3.00 Ankur Desai 6.00 Bobby Friction 8.00 BBC Introducing 10.00 All Star Anthems 11.00 Fresh 12.00 Ankur Desai 1.00am Bobby Friction 3.00 DJ Limelight and Kan D Man

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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WEDNESDAY Radio

Today's Choices

Some Mothers Do 'Ave 'Em: a Celebration of a Comedy Classic

8.00pm ***Radio 4 Extra***

Just 22 episodes of *Some Mothers Do 'Ave 'Em*, 50 years old this week, were enough to "embed Frank Spencer deeply in the collective consciousness" according to comedy historian Mark Lewisohn. The show, starring Michael Crawford as the child-like, accident-prone Frank (above) and Michele Dotrice as his long-suffering wife Betty, still plays around the world. This documentary was made as a Christmas Day treat for Radio Solent listeners in 2015. Two participants – writer Raymond Allen, who died last October, and stunt arranger Stuart Fell – were locals. "No one wanted to be Frank Spencer," Allen reveals. Norman Wisdom turned it down. But Crawford made the part his own, allegedly by re-using mannerisms he'd introduced as a not dissimilar idiot in *Hello, Dolly!*

DAVID McGILLIVRAY

The Boring Talks

9.35pm ***Radio 4 Extra***

This podcast series in which speakers try to make an ostensibly dull subject interesting was first released on BBC Sounds in 2018, but this episode on the joys of jigsaws is from July 2020, after the pandemic and lockdown had shifted notions of what constitutes boring. In her lightly amusing talk, Anya Driscoll pieces together enough odd bits and pieces about jigsaw puzzles – not least that enthusiasts are known as dissectologists – to pique the interest. **DAVID CRAWFORD**

Conversations from a Long Marriage

6.30pm ***Radio 4***

See feature: page 118

ALAMY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James
10.30 Rickie, Melvin and Charlie
1.00pm Dean and Vicky
3.30 Vick and Jordan
6.00 Clara Amfo
8.00 Radio 1's Future Artists With Jack Saunders.
10.00 Power Down Playlist
11.00 Benji B With future beats.
1.00am Radio 1 Dance Presents
2.00 The Radio 1 Interview
2.15 Playlists 2.30 6 Degrees from Jamie and Spencer 4.00 Radio 1 Dance 5.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Gary Davies
9.30 Ken Bruce
Chat and music, including at **11.30** a **Piano Room** performance by pop star Pink (Alecia Hart) backed by the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10 Tracks of My Years**, with naturalist, *Springwatch* presenter and author Chris Packham. Today he discussses two more personal favourite recordings, one by Eddie and the Hot Rods and the other by the Psychedelic Furs.
12.00 Jeremy Vine
Topical discussion. Plus music.
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Folk Show with Mark Radcliffe
Broadcast live from Salford, an eclectic playlist of folk and acoustic music. Plus news from the folk world and guests, tonight with Dublin singer and musician Éoghan O Ceannabháin sharing music from his album *The Deepest Breath*.
10.00 Trevor Nelson's Rhythm Nation
With music and features, including at **10.00** the **Magnificent 7** – a nostalgic half-hour of oldies.
12.00 OJ Borg
Old and new chart hits, chat and extensive input from listeners, including **Midnight Mastermind**.
3.00am Sounds of the 90s ***1/2***
With Fearne Cotton. See tomorrow (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Nemone
10.30 Mary Anne Hobbs
Including before **12 noon** the **Hit Reset** feature, for relaxation.
1.00pm Craig Charles
4.00 Steve Lamacq New music, phone-ins, guests and features, including the **Tea Time Anthem**.
7.00 Marc Riley
9.00 Gideon Coe
Live gigs and sessions from the BBC's rich and extensive archive.
12.00 Freak Zone Playlist
Music picks chosen by left-field and experimental musicians and DJs.
1.00am The Radiohead Story ***3/4***
2.00 The Radiohead Story ***4/4***
3.00 Live Hour Maria McKee in concert at Manchester University in 1991, plus sessions by King Creosote and Jon Hopkins (in 2011) and the Weather Prophets (in 1986).
4.00 Jukebox With Chris Hawkins.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Thomas Tallis ***3/5.*** **Henry VIII's Chapel Royal.** Donald Macleod explores the English Renaissance composer's time in Henry VIII's Chapel Royal, during a period of further change for church practice and liturgy in England. Tallis also saw the plague come to London during this time, and accompanied Henry to his palaces up and down river to help provide music for the King.
Magnificat for five voices
Choir of York Minster, director Robert Sharpe
Five-part Litany Alamire, director David Skinner
Sancte Deus Tenebrae, director Nigel Short
Hodie nobis caelorum
Taverner Choir, director Andrew Parrott
Videte miraculum (Vespers on Purification of Virgin Mary) Gabrieli Consort, director Paul McCreesh
Remember Not, O Lord God
Chapelle du Roi, director Alistair Dixon.
1.00pm Radio 3 Lunchtime Concert
Tom Redmond continues a showcase of Mozart, today with Adam Walker adapting the Viennese composer's *Piano Sonata No 17 in B flat* for flute. Plus works by Schubert and Doppler. Presented by Tom Redmond.
Adam Walker (flute), James Baillieu (piano)
Schubert *Variations on Trockne Blumen*
Mozart *Piano Sonata No 17 in B flat, K570 (arr Walker for flute and piano)*
Doppler *Airs Valaques, Op 10* (R)
2.00 Afternoon Concert With Ian Skelly.
Rossini *Overture: La scala di seta* BBC National Orchestra of Wales, conductor James Clark
Debussy *L'isle joyeuse* Nikolai Lugansky (piano)
Mussorgsky *Night on the Bare Mountain*
BBC Scottish Symphony Orchestra, conductor Donald Runnicles
Mahler *Piano Quartet in A minor (Movement)*
Eivind Holtsmark Ringstad (viola), Amatis Piano Trio
A Gabrieli *Eructavit cor meum [instr version]*
Giovanni Battista Grillo *Exaltabo te Domine*
A Gabrieli *Jubilate Deo* Concerto Palatino, director Bruce Dickey (cornetto)
3.00 Brahms *Piano Concerto No 2 in B flat, Op 83* Nikolai Lugansky, German Symphony Orchestra, conductor Kent Nagano
4.00 Choral Evensong
From St Paul's Church in Knightsbridge, London, with the BBC Singers and brass of the BBC Concert Orchestra. Recorded on 3 February. Introit: We Look for You (Reena Esmail). Responses: Shephard. Psalm 59 (Shruthi Rajasekar, Kerensa Briggs). First Lesson: Isaiah 52, v13 to end; 53, vv1–6. Canticles: Salisbury Canticles (Owain Park). Second Lesson: Romans 15, vv14–21. Anthem: Hear My Words, Ye People (Parry, arr G Ives). Hymn: The Day Thou Gavest, Lord, Is Ended (*St Clement*, arr Park). Voluntary: Marche Héroïque (Brewer, arr P Walton). Conductor Owain Park. Organist Richard Gowers. Repeated Sunday 3pm.

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music, a light look at the newspapers and features, including **Questions of the Day** and, from **9.00**, **Screen Time**.
10.00 Mark Forrest Including at **11.30** a guest from the arts and entertainment world.
1.00pm Sam Hughes With popular classical works and features including at **1.30** the weekly classical **Scala Sessions**, today with French cellist Christian-Pierre La Marca performing a piece from his new album *Legacy*.
4.00 Penny Smith Scala's drive-time show.
7.00 Richard Allinson Music and features.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham
1.00pm Ben Burrell Old and new mainstream and indie rock and pop, from Pink Floyd, Led Zeppelin, Deep Purple and Blondie to Coldplay, Green Day and Muse
4.00 Bush and Richie 7.00 Danielle Perry
10.00 Jay Lawrence 1.00am Dan Noble

5.00 In Tune
Sean Rafferty is joined by Eric Whitacre who introduces us to his new single from the upcoming album *Home*, performed by Voces8.
7.00 Classical Mixtape
A playlist of nonstop music from across the spectrum.
7.30 Radio 3 in Concert
Nicola Heywood Thomas introduces a concert featuring Fauré's *Requiem* and Brahms's *Violin Concerto*, recorded on Saturday at St David's Hall, Cardiff.
James Ehnes (violin), Rhian Lois (soprano), BBC National Chorus and Orchestra of Wales, conductor Ludovic Morlot
Brahms *Violin Concerto in D, Op 77*
8.15 Interval
8.35 Messiaen *O sacrum convivium!*
Fauré *Requiem*
10.00 Free Thinking
Catherine Fletcher presents a programme anticipating the re-opening on Saturday of the Manchester Museum, which closed in August 2021 for the construction of an extension and new galleries. Plus a look at Sheffield-born sculptor George Fullard (1923–73).
10.45 The Essay: In Their Voices
3/5. **Eric Bentley.** Opera singer Peter Brathwaite celebrates five very different singers, continuing with British-born American theatre critic and playwright Eric Bentley (1916–2020), who also performed cabaret songs, especially those of his friends Bertolt Brecht and Hanns Eisler. Brathwaite explains why Bentley's untrained but completely committed voice has always captivated him, a fellow Lancastrian, and uncovers the profound effect Bentley's work has had on his own career. (R)
11.00 Night Tracks
Late-night listening with Sara Mohr-Pietsch.
12.30am Through the Night
With Danielle Jalowiecka. **Haydn** *Symphony No 83 in G minor (The Hen)* **Mozart** *Piano Concerto No 19 in F, K459* **Poulenc** *Sinfonietta* **Mozart** *Overture: The Marriage of Figaro* Monte-Carlo Philharmonic Orchestra, conductor Christian Zacharias
2.01 Soler *Four Keyboard Sonatas: No 87 in G minor; No 84 in D; No 24 in D minor; No 88 in D flat*
2.22 Vivaldi *Nulla in mundo pax sincera, RV630*
2.31 Grieg *Violin Sonata No 3 in C minor, Op 45*
2.55 Penderecki *Flute Concerto* **3.16 Martinu** *Clarinet Sonatina* **3.27 Dvorak** *Song to the Moon (Rusalka)*
3.34 Debussy *Pour le piano* **3.47 Rautavaara** *Regular Sets of Elements for orchestra, Op 60*
4.00 Telemann *Violin Sonata in A, TWV41:A6 (Essercizii Musici)* **4.10 Dukas** *Villanelle*
4.16 Mendelssohn *Overture: Meeresstille und glückliche Fahrt* **4.31 Bach** *Violin Concerto in E, BWV1042* **4.48 Gombert** *Media vita in morte sumus a6*
4.55 Scriabin *Deux poèmes, Op 32*
5.01 Rossini *Quartet No 6 in F for flute, clarinet, horn and bassoon* **5.12 Raitio** *Moonlight on Jupiter, Op 24*
5.25 Ruth Watson Henderson *Missa brevis*
5.38 Beethoven *Cello Sonata in C Op 102 No 1*
5.55 Ferrandini *Il pianto di Maria*
6.20 Howell *Two Pieces for Muted Strings*

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Tim Lihoreau with news, music and features, including at **7.25 Breakfast Serial**.
9.00 Aled Jones
Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. And at **10.15 Album of the Week**.
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** – with listeners phoning in requests during the programme – and at **3.00 Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame chart.
4.00pm John Brunning Classic FM favourites.
7.00 Smooth Classics
Zeb Soanes with three hours of potentially calming classical music to help listeners relax and recharge, including at **9.00** the **Great Escape**.
10.00 Smooth Classics With Margherita Taylor.
1.00am Bill Overton
4.00 Sam Pittis Music and features, with half-hourly news and weather updates from **5.00** and the **Dawn Chorus** at **5.15**. Plus listeners' texts and emails.

RADIO TIMES PODCASTS Discover your new favourite podcast – visit **radiotimes.com/podcasts**

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as yesterday

5.30am News Briefing
5.43 Prayer for the Day
With Bishop Helen-Ann Hartley.
5.45 Farming Today Agricultural issues.
5.58 Tweet of the Day Paul Brook describes how a sighting of a water rail lifted his mood. (R)
6.00 Today
With Mishal Husain and Nick Robinson.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With Dr Elizabeth Harris.
9.00 More or Less
6/8. Tim Harford presents the programme that explains and debunks the numbers and statistics used in everyday life.
Editor Richard Vadon Repeated Friday 4.30pm
9.30 Just One Thing with Michael Mosley
6/10. **Clean Your Teeth.** Dr Sim Singhrao of the University of Central Lancaster School of Dentistry joins Michael to discuss the importance of dental hygiene and how clean teeth and gums can reduce the risk of diseases like diabetes and dementia. Meanwhile, volunteer Lowri tries brushing and using interdental brushes every day to see if she would like to fit it into her lifestyle.
9.45 *FM* **Book of the Week: The Madness**
3/5. **Rwanda.** Fergal Keane reads from his memoir of war, fear and PTSD. Today he talks about his experiences of covering the 1994 genocide in Rwanda.
For details see Monday Repeated 12.30am
9.45 *LW* **Daily Service**
A service from Imprint Church, based at the Wren church of St Edmund, King and Martyr, in Lombard Street in the City of London. It is led by Wole Agbaje, with a reflection from the Bishop of Islington, Ric Thorpe.
10.00 Woman's Hour With Nuala McGovern.
11.00 The Shamima Begum Story
6/10. **Father Figure.** Josh Baker visits the Syrian city the Islamic State claimed as its capital in his investigation to find out what Shamima Begum did during her time there.
Producers Joe Kent, Josh Baker and Sara Obeidat
Series editor Jonathan Aspinwall
11.30 Gloomsbury
3/6. **Honestly, Darling.** Comedy by Sue Limb. Henry and Vera make a radio broadcast with Hilda on the need for honesty in marriage, but an open microphone reveals more than a scripted conversation ever could.
Vera Sackcloth-Vest **Miriam Margolyes** Ginny Fox/Mrs Gosling **Alison Steadman**
Henry Mickleton **Jonathan Coy** Lionel Fox/Mr Gosling
Hilda Matthewson **Morwenna Banks** **Nigel Planer**
Producer Jamie Rix See also 2.30pm Radio 4 Extra (R)
12.04pm You and Yours
Reports on consumer affairs and public interest stories.
1.00 The World at One
Current affairs with Jonny Dymond.
1.45 Life Support
3/5. **GP Practice Managers.** A retired GP practice manager, Esther, who says they used to be able to answer calls from a patient within three rings, compares notes with Tracey, whose phone lines stack up with 30–40 people calling for an appointment the moment they open the surgery. For details see Monday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: The Golden Key
By Chris Dolan. Exploring the early days of the Home Rule movement in Scotland through the eyes of Keir Hardie, James Connolly and RB Cunninghame Graham.
RB Cunninghame Graham **David Robb** Gabriella Cunninghame Graham **Melody Grove**
Keir Hardie **Robert Jack** James Connolly **Martin Quinn**
Producer/Director Bruce Young (R)
3.00 Money Box Live
Listeners receive advice from experts on their financial questions.
EMAIL: moneybox@bbc.co.uk
Your RT Money: page 144
3.30 Inside Health
Repeated from yesterday 9pm
4.00 Sideways
2/7. **Please, I Beg You.** When Ben Taylor received a Facebook message from a stranger in Liberia, asking in badly spelt English for financial or business assistance, he quickly assumed it was a scam. But instead of just ignoring the message, he decided to find out about the person behind it. Matthew Syed explores what happens when you let your guard down and make a leap of trust.
Producer Eliza Lomas Repeated Sunday 12.15am
4.30 The Media Show
Ros Atkins presents the latest news and views from the media industry.
Repeated 9.30pm
5.00 PM News headlines with Evan Davis.
6.00 Six o'Clock News
6.30 Conversations from a Long Marriage
RT *New series. 1/6.* **She Drives Me Crazy.** Comedy by Jan Etherington, starring Joanna Lumley and Roger Allam. Amy the rescue dog becomes the third member of the long happy marriage. But Joanna's attempts at training her are hampered by Roger and Amy's "lovefest".
Producer/Director Claire Jones
Repeated next Wednesday on Radio 4 Extra
See feature: page 118
7.00 The Archers
Where there's a Will, there's a way to talk. And there's speculation about last night.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Film maker Asif Kapadia and choreographer Akram Khan join Shahidha Bari to discuss their new collaboration, *Creature*.
Producer Emma Wallace
8.00 The Moral Maze
6/12. Michael Buerk is joined by Giles Fraser, Ash Sarkar, Tim Stanley and Matthew Taylor to debate a moral issue behind a story in the news.
Producer Jonathan Hallewell Repeated Saturday 10.15pm
8.45 Four Thought
Life without Chilli. Dina Rezk returns to talk about bereavement three years after her first appearance when she spoke about the death of her mother. This time, she speaks on a different type of loss.
Producer Giles Edwards Repeated Saturday 5.45am
9.00 Pay Freezes
3/3. **From the Crash to Today.** Phil Tinline traces how the impact of the financial crash in 2008 laid the ground for a decade of flat-lining pay and productivity, amid political shocks and crises, culminating in Covid. Does the post-pandemic cheering of key workers, along with the furlough scheme, point towards a future of greater state intervention? Producer Phil Tinline (R)
9.30 The Media Show Repeated from 4.30pm
10.00 The World Tonight
News round-up with James Coomarasamy.
10.45 Book at Bedtime: Death at Broadcasting House
3/5. By Val Gielgud and Holt Marvell. Everyone who was working on the live radio play at the time of the murder is placed under suspicion. Read by Tim McInnerney.
For details see Monday
11.00 The Hauntening
2/3. **Shofa.** A modern ghost story by Tom Neenan about the horrors that may lurk in people's apps and gadgets. This time, a taxi app offers unexpected destinations.
Tom **Tom Neenan** Amar **Naz Osmanoglu**
Heidi **Jenny Bede** Taxi controller **Georgie Fuller**
Producer David Tyler (R)
11.15 The Skewer
2/8. Jon Holmes twists current affairs clips into a surreal, satirical soundscape.
Producer Jon Holmes Repeated Saturday 9.45pm
11.30 Great Lives
2/8. Writer Olivia Laing nominates gardener and writer Christopher Lloyd. She and Matthew Parris go to Lloyd's home and garden at Great Dixter to meet Fergus Garrett who worked alongside Lloyd for a long time and became one of his closest friends.
Producer Mair Bosworth (R)
12.00 News and Weather
12.30–12.45am Book of the Week: The Madness
3/5. Repeated from 9.45am (*FM only*)
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Red for Danger Vintage 1954 thriller (4/6)
6.30 Personal Column as 4.30pm
7.00 The Bookshop Read by Maggie Steed (3/10)
7.15 HighLites: Wash and Blow (3/5)
7.30 Sarah Kendall: Talking Story as 5.30pm
8.00 Hancock's Half Hour Vintage 1955 comedy
8.30 Flying the Flag as 1.30pm
9.00 It's Not What You Know From 2012 (4/4)
9.30 A Square of One's Own as 2.30pm
10.00 Mr Beluncle as 3pm
11.00 Red for Danger Vintage 1954 thriller (4/6)
11.30 Personal Column as 4.30pm
12.00 The Bookshop Read by Maggie Steed (3/10)
12.15pm HighLites: Wash and Blow (3/5)
12.30 Sarah Kendall: Talking Story as 5.30pm
1.00 Hancock's Half Hour Vintage 1955 comedy
1.30 Flying the Flag Eastern Bloc embassy sitcom written by Alex Shearer. Series three (5/6)
2.00 It's Not What You Know From 2012 (4/4)
2.30 A Square of One's Own Comedy based on the life and times of the Bloomsbury Group, with artistic passions simmering among Lytton Strychnine, Virginia Woof and Vita Sockville-Pest (1/4) See also 11.30am R4
3.00 Mr Beluncle Freddie Jones stars in a dramatisation by Frederick Bradnum of the 1951 novel by VS Pritchett (1900–97). From 1987 (1/3)
4.00 Red for Danger Vintage 1954 thriller (4/6)
4.30 Personal Column Dawn Pavitt and Terry Wale's tale *Home and Away*. From 1967
5.00 The Bookshop Read by Maggie Steed (3/10)
5.15 HighLites: Wash and Blow (3/5)
5.30 Sarah Kendall: Talking Story Guest Chris Addison discusses the concept of "story" (1/3)
6.00 Hancock's Half Hour Vintage 1955 comedy
6.30 Flying the Flag as 1.30pm
7.00 It's Not What You Know From 2012 (4/4)
7.30 A Square of One's Own as 2.30pm
8.00 CHOICE: Some Mothers Do 'Ave 'Em: a Celebration of a Comedy Classic
A 2015 tribute to the 1970s hit sitcom written by Raymond Allen and starring Michael Crawford and Michele Dotrice, repeated here to mark the 50th anniversary of its debut on BBC1
9.00 Restart Thriller (5/8) All episodes on BBC Sounds
9.35 CHOICE: The Boring Talks Anya Driscoll discusses her obsession with jigsaws and whether or not they could save a person's life. From 2020
10.00–12.00 Comedy Club: Conversations from a Long Marriage (6/6), at **10.30 Jason Cook's School of Hard Knocks** (1/6), at **11.00 I've Never Seen Star Wars** (3/6), at **11.30 Bunk Bed** (2/4), and at **11.45 I, Regress** (4/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 1.30pm **4.00** as 2pm **4.30** as 2.30pm **5.00 Mr Beluncle** (2/3)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday: the latest headlines **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** The Invention of Russia: Misha Glenny looks at the development of Russia (1/4) **10.00** News **10.05** The Documentary: World Wide Waves 23: highlights of small community radio stations around the world **11.00** The Newsroom **11.30** Love, Janessa: Host Hannah Ajala tracks down scammers to find out why they do it. Today, the investigation moves to Ghana (3/8) **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Digital Planet **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Invention of Russia **8.30** Healthcheck **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** Love, Janessa **12.00** News **12.05am** The Documentary: World Wide Waves 23 **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Assignment: BBC correspondents report **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and **sport** as Monday
5.00am Wake Up to Money
6.00 5 Live Breakfast
Rachel Burden and Rick Edwards with a detailed look at the headlines, sport and unique stories across the UK.
9.00 Nicky Campbell
Topical discussions, big-name interviews and listeners' calls.
11.00 Naga Munchetty
With the latest news and big-name interviews from around the UK.
1.00pm Nihal Arthanayake
News and topical conversation including big-name interviews.
4.00 5 Live Drive
Tony Livesey and Clare McDonnell with news, sport and features.
7.00 5 Live Sport
Mark Chapman with sports news, debate and build-up to the **8.00** Premier League commentary on Arsenal v Manchester City. **See p39**
Sport: page 39
10.30 Colin Murray
Discussion and debate on vital issues. Plus features, including at **12.00 Midnight in America**.
1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
12.45pm–4.45 Cricket
West Indies v India. Commentary on the Women's T20 World Cup Group A match at Six Gun Grill Newlands in Cape Town, South Africa.
7.55–10.00 Football Borussia Dortmund v Chelsea, the Champions League last-16 first-leg match at Signal Iduna Park (kick-off **8.00**).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Sports Breakfast 10.00 Jim White and Simon Jordan 1.00pm Hawksbee and Jacobs 4.00 Drive 7.00 Champions League Football Borussia Dortmund v Chelsea (kick-off **8.00**).
10.00 Sports Bar 1.00am Extra Time 5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk
1.00pm–4.00 Racing At Hereford.
7.00pm–10.00 Championship Football Sheffield United v Middlesbrough (kick-off **8.00**).
12 midnight–9.00am Test Cricket Day one of the First Test between New Zealand and England.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari 10.00 Topical programme 1.00pm Shelagh Fogarty 4.00 Tom Swarbrick 6.00 Andrew Marr 7.00 Iain Dale 10.00 Ian Payne 1.00am Richard Spurr 4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
5.00am Everyday Hustle 6.00 R&B Anthems 7.00 Nikita Kanda 10.00 Certified 11.00 Serena 2.00pm Certified Throwbacks 3.00 Ankur Desai 6.00 Bobby Friction 8.00 DJ Limelight and Kan D Man 10.00 Takeover 12.00 R&B Anthems 1.00am DJ Kizzi 3.00 DJ Nish

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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THURSDAY Radio

Today's Choices

Roleplay
11.30am ***Radio 4***

I can't pretend to understand why this new series of documentaries – each week dedicated to one dramatic role – comes so soon after the excellent, apparently one-off *Playing Hamlet*. But any airtime devoted to arts and acting is to be welcomed with open arms. This first episode is given over to *Lady Macbeth*, the murdering Macbeth's driving force, possibly his better half, though they both go down the wrong road in the end. Talking about how they dealt with the role are Dame Harriet Walter (above), who starred with Antony Sher in Trevor Nunn's Royal Shakespeare Company production in 1999; Niamh Cusack who played it for the same company nearly 20 years later, with Christopher Eccleston as her husband; and Akiya Henry, Lady Macbeth in the edgy 2018 film version. **FIONA HUGHES**

Radio 3 in Concert
7.30pm ***Radio 3***

Even as Donald Macleod devotes this week's *Composer of the Week* to the music of the staunchly Catholic Tudor church composer Thomas Tallis, the eponymous Tallis Scholars, who are this year celebrating their 50th anniversary, devoted their Cadogan Hall concert last week to a pairing of Tallis's near contemporary, John Taverner – a Protestant convert who was once commonly believed to have renounced music and all his earlier works before reinventing himself as a fanatical persecutor of recusant Catholics – and his 20th-century near namesake, John Tavener, who himself only found his true musical voice after converting from Presbyterianism, via Catholicism, to the Russian Orthodox faith.

MARK PAPPENHEIM

ALAMY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Greg James
10.30 Rickie, Melvin and Charlie
1.00pm Dean and Vicky
3.30 Vick and Jordan
6.00 Clara Amfo
8.00 Radio 1's Future Pop
10.00 BBC Introducing Dance
11.00 Radio 1's Residency
1.00am Danny Howard
2.00 Radio 1 Relax
3.00 Radio 1's Chillout Anthems
4.00 Radio 1 Dance
5.00 Shereen Cutkelvin

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Gary Davies
Chat, quizzes, phone-ins and music. Plus Tina Daheley with news, Richie Anderson with travel updates and sports specialist Mike Williams.

9.30 Ken Bruce
Chat and music, including at **11.30** a **Piano Room** performance by 1980s chart stars Haircut 100 backed by the BBC Concert Orchestra – with three songs, including a cover of a Harry Styles hit – live from the BBC's Maida Vale Studios in London. Plus features, including at **10.30** the **PopMaster** music quiz and, at **11.10**, **Tracks of My Years**, today with Chris Packham discussing two more records of personal significance, one by This Mortal Coil and the other by Idlewild.

Your RT Puzzles: page 149

12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
Including at **6.30 Sara Cox's Half Wower**, with potentially mood-lifting hits from the last five decades.

7.00 Jo Whiley
9.00 The Country Show with Bob Harris
With the latest country, roots and Americana, plus country oldies.

10.00 Trevor Nelson's Rhythm Nation
12.00 OJ Borg
3.00am Sounds of the 90s
2/2. Fearne Cotton celebrates the music and pop culture from the decade in which she was a teenager. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Nemone
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Steve Lamacq Including at **6.00** the year's first edition of **Roundtable**, with Steve joined by music experts to assess the week's releases. This week he welcomes Mark Cooper (co-creator of *Later… with Jools Holland*), Rose Elinor Dougall (ex-Pipettes, now half of duo the Waeve, with Graham Coxon) and 1965 Records founder James Endeacott (ex-Rough Trade Records).

7.00 Marc Riley
9.00 Gideon Coe
12.00 New Music Fix
Music presenters each curate an hour of their favourite new music, starting with Steve Lamacq. At **1.00am** Mary Anne Hobbs, and at **2.00** Tom Ravenscroft. And at **3.00 New Album Fix**, followed at **4.00** by **New Music Fix Playlist**.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Thomas Tallis ***4/5.*** **All Change.** Donald Macleod explores how life was for Tallis under the successive and entirely different reigns of King Edward and Queen Mary.
Te Deum (For Meanes)
The Sixteen, director Harry Christophers
If Ye Love Me
Sonoro, director Neil Ferris
A New Commandment
Robert Shaw Festival Singers, director Robert Shaw
Gaude Gloriosa Alamire, director David Skinner
In nomine Fretwork
Missa Puer natus est nobis (excerpt) Stile Antico
I Call and Cry Out to the Lord
Ensemble Pro Victoria, director Toby Ward

1.00pm Radio 3 Lunchtime Concert
Tom Redmond introduces award-winning Italian violinist Francesca Dego in a programme of three contrasting Mozart sonatas, recorded on 1 March at the Perth Concert Hall. The Sonatas in G and A were written while visiting Mannheim, a highly influential centre for innovation. The Sonata in B flat was written six years later in Vienna, and according to a story told by his wife, Mozart did not leave himself time to write down the piano part of *K454* before its performance in Vienna, and so performed it with a blank sheet of paper on the stand.
Francesca Dego (violin), Francesca Leonardi (piano)
Mozart *Violin Sonatas: in G K301; in A, K305; in B flat, K454* (R)

2.00 Afternoon Concert
Ian Skelly with performances by BBC ensembles and concert recordings from across Europe, including at **3.00** Brahms's First Symphony. Plus the **Artist's Choice** feature, today with Bruce Dickey discussing Calliope Tsoupaki's *Thin Air*.
A Gabrieli *Usquequo Domine*
Concerto Palatino, director Bruce Dickey (cornetto)
Poulenc *Rag-Mazurka (Suite: Les biches)*
Orchestre de Paris, conductor Semyon Bychkov
Kodaly *Dances of Marosszek*
BBC Philharmonic, conductor Yan Pascal Tortelier
Debussy *Prélude à l'après-midi d'un faune*
Moravian PO, conductor Christian Knüsel
3.00 Brahms *Symphony No 1 in C minor*
Orchestra of the Academy of Santa Cecilia, Rome, conductor Semyon Bychkov
A Gabrieli *Domine ne in furore tuo; Quoniam non est in morte; Discedite a me (Psalmi Davidici, qui poenitentiales nuncupantur)*
Concerto Palatino, director Bruce Dickey (cornetto)
Schumann *Cello Concerto in A minor, Op 129*
Truls Mork, Frankfurt Radio Symphony Orchestra, conductor Juraj Valkuha

5.00 In Tune
Sean Rafferty is joined by early music ensemble La Vaghezza ahead of their concert in Aldeburgh.

7.00 Classical Mixtape

7.30 Radio 3 in Concert
RT The Tallis Scholars bridge the centuries in a celebration of the sacred music of the Tudor master John Taverner and contemporary composer John Tavener (1944–2013). Recorded last week at Cadogan Hall, London, and introduced by Martin Handley.
Tallis Scholars, director Peter Phillips
Taverner *Dum transisset Sabbatum I*
Tavener *As One Who Has Slept; Funeral Ikos*
Taverner *In pace in idipsum; Dum transisset Sabbatum II*

8.15 Interval Recordings featuring pianist Kit Armstrong in Byrd's *The Bells* and Steven Isserlis leading in his multi-cello arrangement of one of John Tavener's last works, *Preces and Responses*
8.30 Tavener *Song for Athene; The Lamb; The Lord's Prayer*
Taverner *Quemadmodum; Gaude plurimum*

10.00 Free Thinking
Matthew Sweet leads a discussion on Burkinabè film-maker Idrissa Ouédraogo (1954–2018), in particular his film *Tilaï (The Law)*, which in 1990 tied for the Grand Prix at the Cannes Film Festival. Much of Ouédraogo's work deals with the conflict between rural and city life and tradition and modernity in his native Burkina Faso.

10.45 The Essay: In Their Voices
4/5. **Robert McFerrin.** Opera singer Peter Brathwaite celebrates five very different singers, continuing with baritone Robert McFerrin (1921–2006), the first ever African-American man to sing at the Metropolitan Opera in New York. McFerrin's son Bobby is the American folk-jazz vocalist. (R)

11.00 The Night Tracks Mix
11.30 Unclassified
Elizabeth Alker with experimental and ambient music, tonight including new material from the lush and luminous orchestral world of Eluvium (American ambient artist Matthew Cooper).

12.30am Through the Night With Catriona Young. Music from the 2021 Zurich Early Music Festival. **Picchi** *Canzon Decima Sesta a 6 (Canzoni da sonar con ogni sorte d'istromenti)* **Praetorius** *Wenn wir in höchsten Nöhten seyn (Polyhymnia Caduceatrix et Panegyrica); Psalm 116 (Angst der Hellen und Friede der Seelen)* **Gabrieli** *Canzon duodecimi toni a 8, C174 (Sacrae symphoniae)* **Praetorius** *Gelobet und gepreiset (Polyhymnia Caduceatrix et Panegyrica)* Cardinal Complex, conductor Jonas Gassmann **1.31 Respighi** *Ancient Airs and Dances: Suite No 2* **1.50 Tchaikovsky** *Souvenir de Florence* **2.26 Morton** *Le Souvenir de vous* **2.31 Brahms** *Piano Quintet in F minor, Op 34* **3.15 Grainger** *Hill-Song No 1* **3.28 Herman Streulens** *Ave Maria* **3.33 Grieg** *In Autumn, Op 11* **3.45 Agay** *Five Easy Dances for Woodwind Quintet* **3.53 Dobrinka Tabakova** *Such Different Paths* **4.10 Handel** *Trio Sonata in C minor, Op 2 No 1a* **4.22 Pederson** *Three songs for five voices* **4.31 Saint-Saëns** *Allegro appassionato in C sharp minor, Op 70* **4.37 Telelmann** *Concerto in D minor for two chalumeaux* **4.49 Larsson** *Violin Sonatina* **5.03 Caccini** *Maria, dolce Maria (Il primo libro delle musiche a una, e due voci)* **5.06 Busoni** *Clarinet Concertino in B flat* **5.19 Mozart** *Sonata in B flat for piano duet, K358* **5.31 Nielsen** *Wind Quintet* **5.58 Rimsky-Korsakov** *Symphonic Suite: Antar (Symphony No 2 in F sharp minor)*

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.
10.00 Mark Forrest With music and features, including after **11.30** the **Scala Radio Book Club**, today with Ayobami Adebayo discussing her new novel, *A Spell of Good Things*, about modern Nigeria and two families caught in the riptides of wealth, power, romantic obsession and political corruption.
1.00pm Sam Hughes Popular classical works.
4.00 Penny Smith
Music and features, including at **4.30** a guest from the arts and entertainment world.
7.00 Richard Allinson Classical recordings.
10.00 The Space Soothing and calming music
1.00am Night Music Non-stop classical music.
5.00 In the Park Calming sounds.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell Hard rock, indie pop and everything in between **4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Dan Noble**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Tim Lihoreau with news, music and features, including at **7.25 Breakfast Serial**.
9.00 Aled Jones Classical hits, starting with **The Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. And at **10.15 Album of the Week**.
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** – with listeners phoning in requests during the programme – and at **3.00 Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame chart.
4.00pm John Brunning Classic FM favourites presented by the Essex-born composer and former Mungo Jerry guitarist. Plus features, including the **Discovery of the Week** at **6.20**.
7.00 Smooth Classics Zeb Soanes with three hours of potentially calming classical music to help listeners relax and recharge, including at **9.00** the **Great Escape**.
10.00 Smooth Classics With Margherita Taylor.
1.00am Bill Overton Music for late-night listening.
4.00 Sam Pittis Music and features.

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radiotimes.com/bookclub

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing

5.43 Prayer for the Day
A chance to pause for reflection and contemplation, with Bishop Helen-Ann Hartley.

5.45 Farming Today
News about food, farming and the countryside.

5.58 Tweet of the Day
Nick Moran on the flight calls of herons. (R)

6.00 Today
With Nick Robinson and Justin Webb.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With the Rt Rev Nick Baines.

9.00 In Our Time
Melvyn Bragg leads a discussion on poet and novelist Stevie Smith. He is joined by Jeremy Noel-Tod of the University of East Anglia, BBC New Generation Thinker Noreen Masud from the University of Bristol, and Will May of the University of Southampton.
Producer Simon Tillotson Shortened repeat 9.30pm

9.45 *FM* **Book of the Week: The Madness**
4/5. **Breaking Down.** Fergal Keane reads from his memoir of war, fear and post-traumatic stress disorder. Today, it is 2008, and Keane is haunted by the horrors he bore witness to in Rwanda. Soon he reaches crisis point.
For details see Monday Repeated 12.30am

9.45 *LW* **Daily Service**
Continuing the week of special services marking the 300th anniversary of the death of Sir Christopher Wren in February 1723, today's service is an outdoor meditation from St Dunstan in the East church garden, a unique space set within the ruins of a Wren church in the City of London. It is led by the Area Dean, the Rev Katherine Hedderly, with Bishop David Urquhart.

10.00 Woman's Hour
Presented by Anita Rani.

11.00 From Our Own Correspondent
Kate Adie presents reports from BBC correspondents around the world that shine a light on aspects of their territories that often doesn't make the news headlines.
Series producer Serena Tarling

11.30 Roleplay
RT ***New series.*** *1/3.* **Lady Macbeth**
Actors from across the world reflect on the challenges of playing a certain role, beginning with Lady Macbeth. Harriet Walter, Niamh Cusack and Akiya Henry recall taking on arguably the most ruthless female character in all of Shakespeare.
Producers Gam Grist and Camellia Sinclair
Repeated Monday 4.30pm

12.04pm You and Yours
Consumer affairs and public interest stories. Presented by Winifred Robinson.

12.30 Sliced Bread
7/13. Greg Foot and his guests search for the evidence behind a product's bold claims.

1.00 The World at One
Presented by Jonny Dymond.

1.45 Life Support
4/5. **Paramedics.** Chris, a retired paramedic started in the service in the 1980s when defibrillators weren't even standard issue onboard an ambulance. In the past he remembers getting to take a break between emergencies. But no such luck for Harrison who says that when he's working, he's always on the go, either to call-outs that weren't really emergencies in the first place or ends up stuck in long queues of ambulances outside hospitals waiting for beds to free up in A&E.
For details see Monday

2.00 The Archers Rptd from yesterday 7pm

2.15 Drama: Nazis: the Road to Power
6/8. **Germany Is My Wife.** By Jonathan Myerson. Shortly after the shocking suicide of his niece, Hitler encounters an elegant, divorced woman at his Berlin hotel. Finding himself unexpectedly drawn to her, he is unaware that Magda Quandt is already involved with his head of propaganda, Joseph Goebbels. Yet Hitler's deputy, Rudolf Hess, believes he has a solution to the problem. All episodes are available on BBC Sounds.

Narrator	**Juliet Stevenson**	Putzi Hanfstaengl	**Corey Johnson**
Geli Raubal	**Tanvi Virmani**	Herman Goering	**Scott Karim**
Magda Quandt	**Shanaya Rafaat**	Rudolf Hess	**George Kemp**
Adolf Hitler	**Tom Mothersdale**	Mimi Reiter	**Sorcha Kennedy**
Emil Maurice	**Oscar Batterham**	Joseph Goebbels	**Alexander Vlahos**
Otto Meissner	**Edward Bennett**		
Sefton Delmer	**Aditomiwa Edun**		
Anni Winter	**Melody Grove**		

Producer Nicholas Newton; Director Jonathan Myerson

3.00 Ramblings
3/9. **Villagers' Walks around Timsbury**
Clare Balding joins three walkers from the village of Timsbury in north Somerset who have created several books detailing 100 walks for local people to enjoy in the area. Peter Bradshaw, Larry Cunningham and Sue Fraser stress the books are very much a community project with any proceeds going back into the village. On an extremely wet and windy winter day they take Clare from the village centre around the valley to explore the area's little known coal-mining history. Producer Maggie Ayre Rptd Saturday 6.07am

3.27 The Radio 4 Appeal
Repeated from Sunday 7.54am

3.30 Open Book Repeated from Sunday 4pm

4.00 The Curious Cases of Rutherford and Fry Repeated from Tuesday 11am

4.30 BBC Inside Science
Victoria Gill presents the latest scientific research to make the news headlines.
Porducers: Julian Siddle and Emily Bird Repeated 9pm

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Prepper
4/4. **Bugging In.** Comedy by Caroline and James J Moran, starring Sue Johnston and Pearl Mackie as two working-class Mancunian women preparing for a zombie apocalypse. In this final instalment Sylvia and Rachel give advice on home defence. With Simon Holland Roberts.
Producer Steve Doherty
Repeated next Thursday on Radio 4 Extra (R)

7.00 The Archers
Alice is trying to keep all the plates spinning, and can Brian swallow his pride?
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Samira Ahmed and guests review the week's top cultural picks, including an exhibition by the American painter Alice Neel and a stage adaptation of the satirical puppet show *Spitting Image*. Producer Kirsty McQuire

8.00 The Briefing Room
David Aaronovitch and guests explain the issues behind an item in the news.

8.30 The Bottom Line
5/8. **Warren East.** Rolls-Royce Holdings is one of the UK's most successful companies, powering most of civil aviation, naval defence, including nuclear submarines and power generation. Evan Davis speaks to Warren East, who retired as CEO on New Year's Eve, about his career, playing the organ and why he left after seven years at the helm.
Producer Julie Ball Repeated Monday 11.30am

9.00 BBC Inside Science Rptd from 4.30pm

9.30 In Our Time Shortened r epeat from 9am

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 Book at Bedtime: Death at Broadcasting House
4/5. By Val Gielgud and Holt Marvell. Detective Inspector Spears has made an arrest. But has he found the murderer? Read by Tim McInnerny. For details see Monday

11.00 Unsafe Space
6/6. Simon Evans talks to Jane Fae of Trans Media Watch. Plus comedy from Ola Labib, Jonny Abrams, Jeff Innocent, Aaron Simmonds, Larry and Paul, and Andrew Doyle.
For details see Monday

11.30 Great Lives
6/8. Matthew Parris meets Nick Hayes – illustrator and author of *The Book of Trespass* – to discuss the life of naturalist. writer and documentary-maker Roger Deakin. With contributions from Deakin's biographer Patrick Barkham.
Producer Miles Warde (R)

12.00 News and Weather

12.30–12.45am Book of the Week: The Madness *4/5.* Rptd from 9.45am (*FM only*)

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Red for Danger 1954 thriller (5/6)
6.30 Personal Column as 4.30pm
7.00 The Bookshop By Penelope Fitzgerald (4/10)
7.15 HighLites: Wash and Blow (4/5)
7.30 Sara Pascoe: the Modern Monkey (3/4)
8.00 The Men from the Ministry (3/6)
8.30 Flywheel, Shyster and Flywheel (3/6)
9.00 Booked Literary quiz. From 1998 (4/6)
9.30 The Vacillations of Poppy Carew (6/6)
10.00 Mr Beluncle as 3pm
11.00 Red for Danger 1954 thriller (5/6)
11.30 Personal Column as 4.30pm
12.00 The Bookshop By Penelope Fitzgerald (4/10)
12.15pm HighLites: Wash and Blow (4/5)
12.30 Sara Pascoe: the Modern Monkey (3/4)
1.00 The Men from the Ministry (3/6)
1.30 Flywheel, Shyster and Flywheel (3/6)
2.00 Booked Literary quiz. From 1998 (4/6)
2.30 The Vacillations of Poppy Carew (6/6)
3.00 Mr Beluncle Freddie Jones stars in a dramatisation by Frederick Bradnum of the 1951 novel by VS Pritchett. From 1987 (2/3)
4.00 Red for Danger 1954 thriller (5/6)
4.30 Personal Column Wendy Craig stars in Andrew Sachs's *Time for a Coat*. From 1967
5.00 The Bookshop By Penelope Fitzgerald (4/10)
5.15 HighLites: Wash and Blow (4/5)
5.30 Sara Pascoe: the Modern Monkey (3/4)
6.00 The Men from the Ministry (3/6)
6.30 Flywheel, Shyster and Flywheel (3/6)
7.00 Booked Ian McMillan chairs the literary quiz with panellists Helen Lederer, Roger McGough, Miles Kington and David Stafford. From 1998 (4/6)
7.30 The Vacillations of Poppy Carew (6/6)
8.00 Isy Suttie's Guide to the Family Isy Suttie returns to Matlock, Derbyshire, the home of her teenage years, as she ambles through the BBC's archives to celebrate family life. From 2015 (1/3)
9.00 Restart Thriller by Brett Neichin and John Scott Dryden (*The Cipher*, *Passenger List*). With Armin Karima (*Sex Education*), Jon Gabrus and Gianna Kiehl (6/8) All episodes are on BBC Sounds
9.35 The Boring Talks Road enthusiast Chris Marshall explores how London has been quietly shaped by roads that don't actually exist
10.00–12.00 Comedy Club: Prepper (3/4), at **10.30 Big Problems with Helen Keen** (3/4), **10.55 Interviews** With Michelle de Swarte (3/3), at **11.00 Athena's Cancel Culture** (4/4), at **11.15 All Change** (4/5), and at **11.30 Tom Wrigglesworth's Hang-Ups** (2/6)
12.00 as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm
5.00 Mr Beluncle (3/3)

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** The Inquiry: the trends, forces and ideas shaping the world **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Assignment: David Baker assesses the impact of Brexit in Northern Ireland **10.00** News **10.05** The Forum: research into the Neanderthals **10.50** Sporting Witness: a profile of Thai boxer Sylvie Von Duuglas-Ittu **11.00** The Newsroom **11.30** The Food Chain **12.00** News **12.05pm** Outlook **12.50** Witness History: the opening of Tutankhamun's tomb in 1922 **1.00** The Newsroom **1.30** Healthcheck **2.00** Newshour **3.00** News **3.05** The Inquiry **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Assignment **8.30** Science in Action **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** The Inquiry **11.30** The Food Chain **12.00** News **12.05am** The Forum **12.50** Sporting Witness **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** World Football **3.00** News **3.05** Outlook: Perspectives on important issues **3.50** Witness History **4.00** The Newsroom **4.30** Heart and Soul: the world's main faiths

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and **sport** as Monday

5.00am Wake Up to Money

6.00 5 Live Breakfast
With Rachel Burden and Rick Edwards.

9.00 Nicky Campbell

11.00 Adrian Chiles
A look ahead to the weekend.

1.00pm Nihal Arthanayake

4.00 5 Live Drive Presented by Tony Livesey and Clare McDonnell.

5.30 5 Live Sport
Emma Saunders with build-up to the **5.45** commentary on Barcelona v Manchester United in the Europa League. At **7.45** there's live women's football commentary on England v South Korea at Stadium MK in the Arnold Clark Cup.

10.00 Colin Murray
Discussion and debate. At **11.00 Our Ukrainian Radio Family** – with reports from three Ukrainian listeners – and at **12.00 Midnight Mixtape**, featuring a playlist with a chance for listeners to make suggestions.

1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

12.45pm–5.00 Cricket
Sri Lanka v Australia in the Women's T20 World Cup Group A match.

7.45–10.00 Rugby League
Warrington Wolves v Leeds Rhinos, the Super League match at Halliwell Jones Stadium (kick-off **8.00**).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast 10.00 Jim White and Simon Jordan 1.00pm Hawksbee and Baker 4.00 Drive 5.30 Kick Off 10.00 Sports Bar 1.00am Extra Time 5.00 Early Breakfast

Talksport 2

DAB talksport.co.uk

6.00am–9.00 Test Cricket
Continued coverage from day one of the First Test between New Zealand and England.

1.00pm–4.00 Racing Newcastle.

7.30–10.00 Super League
Commentary on Warrington Wolves v Leeds Rhinos (kick-off **8.00**).

10.00–12 midnight PGA Tour Golf Genesis Invitational, day one.

12 midnight–9.00am Test Cricket Day two of the First Test between New Zealand and England.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

7.00am Nick Ferrari 10.00 Topical programme 1.00pm Shelagh Fogarty 4.00 Tom Swarbrick 6.00 Andrew Marr 7.00 Iain Dale 10.00 Ian Payne 1.00am Clive Bull 4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

5.00am Asian Network News Presents 6.00 Beats 7.00 Nikita Kanda 10.00 Certified 11.00 Serena 2.00pm Certified Throwbacks 3.00 Ankur Desai 6.00 AJD 8.00 DJ Nish 10.00 Club Hit Squad Mix 11.00 Shisha Lounge Mix 12.00 Love Friday Mix 1.00am DJ Limelight and Kan D Man 4.00 Ankur Desai

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

FRIDAY Radio

Today's Choices

Crowd Science
8.30pm ***BBC World Service***

At some point during the last 30 years, yoga became ubiquitous; starting the day with a downward-facing dog is as routine in 2023 as pouring milk on your cornflakes. But are the health benefits of the ritual, extolled by yogi around the world, backed up by science? Marnie Chesterton joins a class, assuming the lotus position to discuss with a practitioner first hand whether this ancient art of stretching, balance and movement can alleviate depression, fix back pain and even reduce cardiovascular disease, as many have claimed. Also joining her off the yoga mat are several global experts, to bust the myths and provide context on how the health boosting properties of yoga have shaped its enduring popularity. **TOM GOULDING**

Radio 3 in Concert
7.30pm ***Radio 3***

Finnish conductor Hannu Lintu opens tonight's BBC Symphony Orchestra concert with a work he premiered in Chicago in 2021: his compatriot Magnus Lindberg's unsettlingly nocturnal *Serenades*. Dazzling Russian pianist Denis Kozhukhin tackles the quasi-symphonic variations of Rachmaninov's Paganini Rhapsody. And Stravinsky's kaleidoscopically colourful puppet tragedy *Petrushka* is prefaced by a rarely heard 1955 symphony by favourite Shostakovich pupil Galina Ustvolskaya. A work of almost unremitting gloom, its two outer orchestral movements frame settings for two boys' voices of poems by the Italian communist children's writer Gianni Rodari – child's-eye cameos of poverty and injustice that eventually provoke the almost catatonic stasis to burst into a crescendo of rage. **MARK PAPPENHEIM**

ALAMY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Radio 1's Best New Pop
7.00 Greg James
10.30 Katie Thistleton
1.00pm Matt and Jamie
3.00 Radio 1's Party Anthems
4.00 The Official Chart on Radio 1
6.00 Radio 1's Dance Party
8.00 Radio 1's Future Dance
10.00 Pete Tong Club sounds.
12.00 Radio 1's Essential Mix
2.00am Radio 1 Dance Presents
3.00 Danny Howard 4.00 Wind Down Presents 5.00 Relax

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.30am Gary Davies
9.30 Ken Bruce
Chat and music, including at **11.30** a **Piano Room** performance by Los Angeles jazz star Lady Blackbird backed by the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10 Tracks of My Years**, with the final two picks of this week's guest, Chris Packham. Today he discusses recordings by the Lightning Seeds and Keane.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Michelle Visage
9.00 The Good Groove
11.00 The Rock Show with Johnnie Walker
12.00 Romesh Ranganathan: for the Love of Hip-Hop
1.00am Steven Spielberg: My Soundtrack Stories James King invites Steven Spielberg to discuss the music in his movies, the majority of which have featured scores by John Williams, among them *Close Encounters of the Third Kind*, *Raiders of the Lost Ark*, *ET the Extra-Terrestrial*, *Munich*, *War Horse*, *Lincoln* and the Academy Award winners *Jaws* and *Schindler's List*. Plus Spielberg's latest film, *The Fabelmans*, whose seven Oscar nominations include ones for director and score.
Producer Matt Tasker
2.00 Radio 2 Unwinds with Angela Griffin Another chance to hear a themed **Unwinds Mix**. (R)
3.00 Radio 2 in Concert Al Jarreau in 1986 at Wembley Arena. (R)
4.00 Sophie Ellis-Bextor's Kitchen Disco Uplifting disco tunes.
5.00 Radio 2 in Concert
A BBC archive live performances. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Nemone
Including at **9.00–9.30** the **Desert Island Disco**, with a playlist showcasing a particular dance genre, as curated by a listener.
10.30 Mary Anne Hobbs
New music, including at **12.00** the half-hour **Friday Guest Mix**.
1.00pm Craig Charles
4.00 Steve Lamacq
7.00 The People's Party with Afrodeutsche
Music with the weekend in mind, including in the last half-hour, a mix by father–daughter duo Floorplan.
9.00 Tom Ravenscroft Global sounds, including at **11.00 The Ravers Hour**, with a 30-minute mix by a guest, then one by Tom.
12.00 6 Music's Indie Forever
1.00am 6 Music's Emo Forever
2.00 Focus Beats
4.00 Ambient Focus

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Tom McKinney.
12.00 Composer of the Week: Tallis
***5/5.* Elizabeth I.** Tallis had been a member of the Chapel Royal for some 16 years by the time Elizabeth I came to the throne in 1559. Donald Macleod explores how, despite another set of massive changes heralded by the Protestant Queen and a host of personnel changes, Tallis kept his place in the Chapel Royal.
Tallis *Why Fum'th In Fight (Tunes for Archbishop Parker's Psalter)* ORA, director Suzi Digby
Suscipe quaeso domine
Rodolfus Choir, director Ralph Allwood
My Soul Cleaveth to the Dust
The Cardinall's Musick, director Andrew Carwood
Tallis, arr Forshaw *O nata lux* Voces8, director Christian Forshaw (saxophone)
Tallis *Spem in alium* ORA Singers, director Suzi Digby
Cantiones Sacrae (excerpts)
Alamire, director David Skinner
Miserere nostri Stile Antico
1.00pm Radio 3 Lunchtime Concert
British clarinettist Mark Simpson teams up with the Solem Quartet to play Mozart's Clarinet Quintet, one of the composer's best-known works. The concert begins with Clara Schumann's *Three Romances*, arranged here for string quartet by Amy Tress, first violinist of the Solem Quartet.
Mark Simpson (clarinet), Solem Quartet
Clara Schumann *Three Romances, Op 22 (arr Tress for string quartet)*
Mozart *Clarinet Quintet in A, K581* (R)
2.00 Afternoon Concert
With Ian Skelly, who concludes a week-long showcase of Brahms with a performance of his Fourth Symphony at 3pm. Plus the last of this week's sacred works by Andrea Gabrieli.
Brahms *Hungarian Dance No 1 in G minor*
KBS SO, conductor Christoph Eschenbach
Elgar *Nimrod (Variations on an Original Theme) (Enigma)* BBCSO, conductor Andrew Davis
Handel *Lascia ch'io pianga (Rinaldo) (arr for oboe d'amore)* Albrecht Mayer, Berlin RSO, conductor Francois-Xavier Roth
Rimsky-Korsakov *Capriccio espagnol*
BBC Philharmonic, conductor Yan Pascal Tortelier
Ravel *Introduction and Allegro for Harp, Flute, Clarinet and String Quartet* Ensemble Wien-Berlin
3.00 Brahms *Symphony No 4 in E minor*
KBS SO, conductor Christoph Eschenbach
Lili Boulanger *Prelude*; *Trois morceaux*
Alexandra Dariescu (piano)
A Gabrieli *Beati quorum remissae sunt*; *Delictum meum*; *Tu es refugium meum*; *In camo et fraeno maxillas eorum (The Penitential Psalms of David)*
Concerto Palatino, director Bruce Dickey (cornetto)
4.30 The Listening Service
Repeated from Sunday 5pm
5.00 In Tune With Sean Rafferty.
7.00 Classical Mixtape
Today's playlist includes Gershwin, Saint-Saëns, Tallis and Rachel Portman.
7.30 Radio 3 in Concert
RT From the Barbican in London, Martin Handley introduces the BBC Symphony Orchestra in works by Russian composers Stravinsky, Rachmaninov and Galina Ustvolskaya (1919–2006), and Finnish composer Magnus Lindberg. Denis Kozhukhin (piano), BBC Symphony Orchestra, conductor Hannu Lintu
Magnus Lindberg *Serenades*
Rachmaninov *Rhapsody on a Theme of Paganini*
8.10 Interval
8.30 Ustvolskaya *Symphony No 1*
Stravinsky *Petrushka (1947 version)*
10.00 The Verb
Ian McMillan enjoys last lines – the tragic, poignant, uplifting and surprising ways to end poems, stories and song. He's joined by broadcaster and writer Stuart Maconie and poets Caroline Bird and Sinéad Morrissey.
10.45 The Essay: In Their Voices
***5/5.* Vera Hall.** Baritone Peter Brathwaite celebrates five very different singers, concluding with Alabama blues singer Vera Hall (1902–64), whose extraordinary voice was recorded several times by renowned American ethnomusicologist Alan Lomax in the 1930s. A sample of her vocals also features in the 2000 chart hit *Natural Blues* by electronic musician Moby. (R)
11.00 Late Junction
Verity Sharp shares the latest improvised collaboration between Mancunian double bassist Maxwell Sterling and Bristol vocalist Dalí de Saint Paul. Plus a tender piano piece from Hania Rani's new record *On Giacometti*, fuzz sonics from Norwegian guitarist Viktor Bomstad's debut album *Sámi Noise*, and a freely improvised avant-garde track by Taste Rubber, a newly formed quartet from Chicago.
1.00am Composed with Emeli Sandé
A playlist marked by sadness and heartbreak, featuring music by Samuel Barber and recordings by FKA Twigs, Vangelis and Wolf Alice. (R)
2.00 Piano Flow with Tokio Myers
Potentially calming piano sounds, featuring music by Philip Glass, Chopin and Bill Laurance and recordings by Alfa Mist and British-American trio Gabriels. (R)
3.00 Through the Night With Danielle Jalowiecka. **Korngold** *Suite: Much Ado about Nothing, Op 11* **Ibert** *Flute Concerto* **Strauss** *Le bourgeois gentilhomme, Op 60* Emmanuel Pahud (flute), Stavanger Symphony Orchestra, conductor Fabien Gabel **Schubert** *Introduction and Variations on Trockne Blumen, D802* **4.31 Fodor** *Symphony No 3 in C minor* **5.01 Haydn** *Missa brevis Sancti Joannis de Deo, H XXII 7 (Kleine Orgelmesse)* **5.18 Bull** *Why Ask You?* **5.23 Turina** *Danzas fantásticas, Op 22* **5.39 Mendelssohn** *Herbstlied, Op 84 No 2* **5.44 Katia Tchemberdji** *In Namen Amadeus, for viola, clarinet, piano and tape* **5.57 Mozart** *Violin Concerto No 3 in G, K216* **6.21 Wegelius** *Rondo quasi Fantasia* **6.32 Clara Schumann** *Piano Trio in G minor, Op 17*

Scala Radio

DAB scalaradio.co.uk

7.00am Charles Nove Music and features.
10.00 Mark Forrest Music and features, including at **10.30** the **Mystery Years**.
1.00pm Sam Hughes Popular classical works, including after **3.00 Sam's Matinée Moment**.
4.00 Penny Smith Scala's drive-time show with music features, including at **5.30** the **Clocking Off** track and, just before **7.00**, the **Showstoppers**.
7.00 Classical Bangers Darren Redick with an upbeat playlist to start the weekend.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham
1.00pm Ben Burrell 4.00 Bush and Richie
7.00 Absolute 80s Greatest Hits Claire Sturgess with music from the decade stretching from Guns N' Roses to the Police, Prince to Queen, a-ha to ZZ Top, Poison to the Cure **10.00 Sophie K**
4.00am Ross Buchanan

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Tim Lihoreau with news, music and features, including at **7.25 Breakfast Serial**.
9.00 Aled Jones Classical hits, starting with **The Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. And at **10.15 Album of the Week**.
12.00 Anne-Marie Minhall Including at **12.00 Classic FM Requests** – with listeners phoning in requests during the programme – and at **3.00 Hall of Fame 3 at 3**, featuring three works from the current Classic Hall of Fame chart.
4.00pm John Brunning
Classic FM favourites. Plus features, including the **Discovery of the Week** at **6.20.**
7.00 Smooth Classics Zeb Soanes with three hours of classical music to help listeners relax and recharge, including at **9.00** the **Great Escape**.
10.00 Smooth Classics With Margherita Taylor.
1.00am Katie Breathwick Music through the night, featuring favourite works from the Classic FM repertoire.
4.00 Sam Pittis Including the **Dawn Chorus** at **5.15**.

RadioTimes The War Years 1939-1946 A picture-rich commemorative book Yours for just **£9.99**

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing
5.43 Prayer for the Day
With Bishop Helen-Ann Hartley.
5.45 Farming Today
5.58 Tweet of the Day
Chris Packham introduces the call of the long-tailed duck. (R)
6.00 Today
With Martha Kearney and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With Jayne Manfredi.
9.00 Desert Island Discs
Humorist David Sedaris (whose Radio 4 series *Meet David Sedaris* returns next week) talks to Lauren Laverne about his life and chooses eight favourite recordings to take to Radio 4's imaginary island.
Repeated from Sunday 11.15am
9.45 *FM* **Book of the Week: The Madness**
5/5. **A Picture of Life.** Journalist Fergal Keane reads his powerful memoir of war, fear and post-traumatic stress disorder (PTSD). Today, he confronts the ghosts of his past.
For details see Monday Repeated 12.30am
9.45 *LW* **Daily Service**
The last of this week's special services marking the 300th anniversary of the death of Sir Christopher Wren in February 1723.
10.00 Woman's Hour
Presented by Anita Rani.
11.00 Is Psychiatry Working?
5/6. **Therapy.** A journey through crisis, detention, diagnosis, therapy and recovery. In this episode, with the help of patients and clinicians, writer Horatio Clare and psychiatrist Femi Oyebode consider the different forms and aims of therapy on offer to people in difficulty.
Producer Emma Close Repeated Monday 9pm
11.30 Mrs Hudson's Radio Show
1/2. **Rare Medium.** Comedy written by Barry Cryer and his son Bob, based on their 2012 book *Mrs Hudson's Diaries*, about the private life of Sherlock Holmes's landlady. Mrs Hudson deals with something sinister in a music hall.

Mrs Hudson	**Patricia Hodge**	Mysto/Archie/Watson	
Mrs Brayley	**Miriam Margolyes**		**Stephen Critchlow**
Harry Fryer	**Barry Cryer**	Martha/Bella/Myrtle/Cusack	
Holmes/Bessingby	**Orlando Wells**		**Ruth Bratt**
Gustav/MD	**Jeremy Limb**	Lestrade/Swift	**Bob Cryer**

Producers Ned Chaillet and Ben Walker (R)
12.04pm AntiSocial
6/12. Adam Fleming investigates an issue of the day, taking something that's being fiercely debated across social media, blogs, talk shows and phone-ins and slowing things down to give listeners a better understanding of it.
Producers Lucy Proctor, Phoebe Keane and Ellie House
Editor Emma Rippon
1.00 The World at One
National and international news, presented by Edward Stourton.
1.45 Life Support
5/5. **Pharmacists.** Shaheen, who has been a community pharmacist for the last 37 years, compares notes with Lindsey, who qualified as a pharmacist in 2021 and has never know the job not to be busy, particularly since the pandemic. For details see Monday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: The Incident at Ong's Hat
4/5. **The Schematic.** Written by Jon Frechette and Todd Luoto, inspired by the work of Joseph Matheny. Secrets about both Charlie and Sarah are revealed as the investigation takes another turn. Charlie travels to Sarah's home town in search of answers. All episodes are available on BBC Sounds.

Charlie	**Corey Brill**	Kit	**Randall Keller**
Sarah	**Avital Ash**	Denny Unger	**Himself**
Rodney Ascher	**Himself**	Joseph Matheny	**Himself**
Detective Stecco	**James Bacon**	Newscasters	**Elizabeth Saydah, Dean Wendt**
Casey	**Hayley Taylor**		
Ringo	**Benjamin Williams**		

Producers Jon Frechette and Todd Luoto
2.45 Understand: The Economy
6/15. **Recessions.** Tim Harford explains what causes recessions and the role a government can play in pulling a country out of one. Economic historian Victoria Bateman, from Cambridge University, tells the story of one of our longest recessions, which started in 1921.
Producer Phoebe Keane; Editor Clare Fordham
Repeated tomorrow 12.15am (R)
3.00 Gardeners' Question Time
Experts answer listeners' queries about all aspects of horticulture.
Producer Dom Tyerman Repeated Sunday 2pm
3.45 Short Works
Original stories created for radio by some of the best writers. Repeated tomorrow 12.30am
4.00 Last Word
Matthew Bannister looks back at the lives of notable people who have died recently.
Producer Eleanor Garland Repeated Sunday 8.30pm
4.30 More or Less
6/8. Tim Harford explains the numbers and statistics in the news and everyday life.
Repeated from Wednesday 9am Repeated Sunday 8pm
5.00 PM
Afternoon news and current affairs programme, reporting on breaking stories and summing up the day's headlines. Presented by Evan Davis.
6.00 Six o'Clock News
6.30 The News Quiz
8/11. Andy Zaltzman hosts the topical comedy panel game, featuring cryptic questions and acerbic satire. Today's panellists are Zoe Lyons, Angela Barnes, Hugo Rifkind and Nish Kumar.
Producer Georgia Keating Repeated tomorrow 12.30pm
7.00 The Archers
Noluthando takes a trip down memory lane, and Alice gets some tough love.

Brian Aldridge	**Charles Collingwood**	Paul Mack	**Joshua Riley**
David Archer	**Timothy Bentinck**	Kate Madikane	**Perdita Avery**
Ruth Archer	**Felicity Finch**	Noluthando Madikane	**Mogali Masuku**
Alice Carter	**Hollie Chapman**	Kirsty Miller	**Annabelle Dowler**
Ruairi Donovan	**Arthur Hughes**	Freddie Pargetter	**Toby Laurence**
Justin Elliott	**Simon Williams**	Roy Tucker	**Ian Pepperell**
Will Grundy	**Philip Molloy**	Julianne Wright	**Lisa Bowerman**
Jakob Hakansson	**Paul Venables**	Lisa	**Katherine Jakeways**

Writer Sarah Hehir; Director Jenny Stephens
Editor Jeremy Howe
7.15 Add to Playlist
2/8. Cerys Matthews and Jeffrey Boakye are joined by choirmaster Gareth Malone and the Southbank Centre's associate artistic director Gillian Moore. The tracks they suggest take the playlist from the brass of Benin to the streets of Havana.
Producer Jerome Weatherald
8.00 Any Questions?
Alex Forsyth chairs the forum from Fowlmere Village Hall, Cambridgeshire. The panel includes Professor Mary Beard, hotelier Rocco Forte and levelling up minister Lucy Frazer MP.
Producer Camellia Sinclair Repeated tomorrow 1.10pm
8.50 A Point of View
A reflection on a topical issue.
Producer Adele Armstrong Repeated Sunday 8.48am
9.00 Flight of the Ospreys
1/2. Omnibus. Emily Knight joins a team of conservationists following Scotland's ospreys as they set off on their epic autumn flight to West Africa. The crew aims to learn about the challenges faced by the birds as climate change makes weather patterns less predictable and wetlands are being poisoned by pesticides.
Producer Emily Knight
10.00 The World Tonight
Presented by James Coomarasamy.
10.45 Book at Bedtime: Death at Broadcasting House
5/5. By Val Gielgud and Holt Marvell. After a chance discovery of an old theatre programme, DI Spears feels ready to reveal the identity of the real murderer. Read by Tim McInnerny.
For details see Monday
11.00 Americast
6/12. Justin Webb, Sarah Smith, Anthony "The Zurch" Zurcher and Marianna Spring explore the stories that define political debate in the US.
11.30 Great Lives
7/8. Matthew Parris and Chris McCausland discuss the life of Nirvana singer, guitarist and songwriter Kurt Cobain. Along with Laura Barton they talk about Cobain's music, message and his influence on a generation.
Producer Nicola Humphries (R)
12.00 News and Weather
12.30–12.45am Book of the Week: The Madness *5/5.* Repeated from 9.45am (*FM only*)
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Red for Danger Vintage thriller (6/6)
6.30 Personal Column as 4.30pm
7.00 The Bookshop By Penelope Fitzgerald (5/10)
7.15 HighLites: Wash and Blow (5/5)
7.30 Psmith in the City as 5.30pm
8.00 Mr Willow's Wife 1971 comedy
8.30 The Weekend Starts Here Comedy (4/6)
9.00 The Museum of Curiosity With Ade Adepitan, Sarah Beynon and Hannah Gadsby. From 2020 (6/6)
9.30 Bleak Expectations as 7.30pm
10.00 Mr Beluncle By VS Pritchett (3/3)
11.00 Red for Danger Vintage thriller (6/6)
11.30 Personal Column as 4.30pm
12.00 The Bookshop With Maggie Steed (5/10)
12.15pm HighLites: Wash and Blow (5/5)
12.30 Psmith in the City as 5.30pm
1.00 Mr Willow's Wife 1971 comedy
1.30 The Weekend Starts Here Comedy (4/6)
2.00 The Museum of Curiosity as 9am
2.30 Bleak Expectations as 7.30pm
3.00 Mr Beluncle By VS Pritchett (3/3)
4.00 Red for Danger Vintage thriller (6/6)
4.30 Personal Column Arnold Yarrow's tale *This Column Every Friday*. From 1967
5.00 The Bookshop By Penelope Fitzgerald (5/10)
5.15 HighLites: Wash and Blow (5/5)
5.30 Psmith in the City Dramatisation by Marcy Kahan of PG Wodehouse's 1910 novel, following the adventures of the extraordinary Psmith and his friend Mike in the world of Edwardian finance. With Nick Caldecott, Inam Mirza and others. From 2008 (3/4)
6.00 Mr Willow's Wife 1971 comedy
6.30 The Weekend Starts Here Comedy (4/6)
7.00 The Museum of Curiosity as 9am
7.30 Bleak Expectations Series three of Mark Evans's Victorian melodrama pastiche, written in the style of Dickens after a drop too much gin! With Tom Allen. From 2009 (2/6)
8.00 Marc Riley's Musical Time Machine Marc Riley contrasts archive interviews with Frank Zappa (1940–93) and Lou Reed (1942–2013) (2/2)
8.30 Soul Music Toto's 1982 soft-rock anthem *Africa* (a US number one). From 2020 (4/5)
9.00 Restart Thriller (7/8) All episodes on BBC Sounds
9.35 The Boring Talks Subhadra Das debunks some myths about Jeremy Bentham's auto-icon.
10.00–12.00 Comedy Club: Believe It! (4/4), at **10.30 Lucy Montgomery's Variety Pack** (2/4), at **11.00 Hannah Gadsby: Arts Clown** (3/4), at **11.15 The Pin** (4/4), and at **11.30 Arthur Smith's Balham Bash** (2/4)
12.00 as 3pm **1.00am** as 3pm
2.00 as 4pm **2.30** as 4.30pm **3.00** as 5pm
3.15 as 5.15pm **3.30** as 5.30pm **4.00** as 6pm
4.30 as 6.30pm **5.00** as 7pm **5.30** as 7.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Tech Tent: **10.00** News **10.05** The Real Story **11.00** The Newsroom **11.30** World Football **12.00** News **12.05pm** The Fifth Floor **12.50** Witness History **1.00** The Newsroom **1.30** Science in Action **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** The Fifth Floor: **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Tech Tent **8.30 CHOICE** Crowd Science: Yoga benefits people's health in many ways, say the yogis, but which claims are backed up by science? Can yoga actually alleviate depression, fix lower-back pain or even reduce cardiovascular disease? Presenter Marnie Chesterton gets into her lotus position and finds out first-hand at a class. **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report: Informed analysis **11.00** News **11.05** Hardtalk **11.30** World Football **12.00** News **12.05am** The Real Story **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Stumped **3.00** News **3.05** The Fifth Floor **3.50** Witness History **4.00** News **4.05** The Real Story

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0131 **Virgin** 908
News and **sport** as Monday
5.00am The Big Green Money Show *2/10.* With Deborah Meaden.
5.30 Wake Up to Money
6.00 5 Live Breakfast
9.00 Nicky Campbell
11.00 Chiles on Friday
1.00pm The Footballers' Football Podcast
2.00 Elis James and John Robins
4.00 5 Live Drive
7.00 5 Live Sport
Sports news and features, including at **7.00 The Friday Football Social**, with Darren Fletcher and guests Dion Dublin and José Enrique. And at **9.00 5 Live Rugby League**, with second-half commentary on Leigh Leopards v Salford Red Devils.
10.00 Stephen Nolan
1.00am Laura McGhie

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908
12.45pm–4.45 Cricket New Zealand v Bangladesh, the Women's T20 World Cup Group A match.
4.45–9.00 Cricket
West Indies v Ireland, the Women's T20 World Cup Group B match.
9.00–10.00 Rugby League
Leigh Leopards v Salford Red Devils, joining the match part-way through.
Radio 5 Live: Contact individual programmes via the website at bbc.co.uk/5live.
TELEPHONE: 0808 590 9693
TEXT: 85058 (standard rate)

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Sports Breakfast 10.00 Jim White and Simon Jordan 1.00pm Hawksbee and Jacobs 4.00 Drive 7.00 GameDay Countdown 10.00 Sports Bar 1.00am Extra Time

Talksport 2

DAB talksport.co.uk
6.00am–11.30 Test Cricket
Continued coverage of the First Test between New Zealand and England. At **9.00** day one of the Second Test between India and Australia.
7.00–10.00 Championship Football Commentary on Cardiff City v Reading (kick-off **8.00**).
10.00–12 midnight PGA Tour Golf Day two of the Genesis Invitational.
12 midnight–9.00am Test Cricket Day three of the First Test between New Zealand and England.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari 10.00 Topical programme 1.00pm Shelagh Fogarty 4.00 Tom Swarbrick 6.00 Lewis Goodall 9.00 The Consumer Hour 10.00 Nick Abbot 1.00am Clive Bull 4.00 Richard Spurr

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
5.00am Beats 6.00 Fresh 7.00 Nikita Kanda 10.00 Certified 11.00 Serena 2.00pm Certified Throwbacks 3.00 Official Asian Music Chart 6.00 Panjabi Hit Squad 9.00 DJ Limelight and Kan D Man 12.00 Desi Dancefloor Mix 1.00am Pure Spice 4.00 Fresh

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Featuring articles, photographs and memories from the era Visit **radiotimes.com/waryears**

BBC Local Radio

All England regions

Make a Difference awards 2023

Help your local BBC Radio station celebrate everyday acts of kindness in your area

Local BBC Radio stations are once again honouring our great neighbours, super carers and awesome volunteers for everyday acts of kindness where they live.

Make a Difference was established days after the first lockdown was announced in 2020. It is a virtual notice board where members of the public can offer help to or seek support from people in their local area. To date, nearly 11 million people have interacted across the 39 local BBC radio stations in England.

For this year's **Make a Difference** awards, your local BBC radio station needs your help to find the remarkable individuals who have positively impacted your communities over the past year.

The awards celebrate heart-warming stories of those who go above and beyond to make a difference in their local area.

There are eight award categories in which you can nominate the unsung heroes of your community:

Volunteer – an individual who makes a notable difference to the community by giving their time voluntarily to help a good cause.

Community Groups – a group of people who have worked together to help change the lives of others within the community.

Fundraiser – an individual or group who have gone the extra mile to raise funds for a good cause.

Carer – someone who improves the life of an individual or group of people by caring for them on a regular basis.

Great Neighbour – an individual or group of people who help to make the neighbourhood or local community a better place to live or work, either on a regular basis or through a single act of kindness.

Bravery – new this year, this award will go to an individual who has shown outstanding courage in the face of danger or difficulty.

The Green Award – an individual or group of people who help to make where we live a better place for nature and the environment.

The Together Award – an individual or group of people who encourage diversity within their community, by creating real change and breaking down barriers, bringing people from different walks of life together for a common cause.

The winners will be announced at **Make a Difference** awards ceremonies hosted in September by local BBC radio stations up and down the country.

For a full list of categories – and for details of how to nominate someone – go to **bbc.co.uk/makeadifference**
Nominations close on Sunday 5 March at 11pm

Berkshire

Saturday
6am Bridgitte Tetteh **10.00** Bill Buckley **2pm** Sport **6.00** Stereo Underground **8.00** BBC Introducing **9.00** Bridgitte Tetteh **10.00–1am** Pat Sissons

Sunday
6am Bridgitte Tetteh **10.00** Bill Buckley **2pm** Andy Jones **6.00** Tony Blackburn **10.00–1am** Bill Rennells

Monday–Friday
6am Andrew Peach **10.00** Sarah Walker; **Thu/Fri:** Bill Buckley **2pm** Phil Kennedy **6.00** Dan Simpson; **Tue/Fri:** Sport **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Bristol

Saturday
6am Ali Vowles **10.00** Steve Yabsley **2pm** Sport **6.00** BBC Introducing **10.00–1am** David White

Sunday
6am Lucy Tegg **10.00** Laura Rawlings **2pm** Steve Yabsley **6.00** Kevin Philemon **10.00–1am** Jim Colvin

Monday–Friday
6am James Hanson **10.00** John Darvall **2pm** Claire Cavanagh; **Fri:** Steve Yabsley **6.00** Geoff Twentyman; **Wed:** Richard Hoskin; **Fri:** Sport **7.00 Mon/Thu:** Upload; **Tue/Wed:** Midweek Football; **Fri:** Sport **10.00–1am** Chris Baxter

Cambridgeshire

Saturday
6am Kev Lawrence **10.00** David Webster **2pm** Sport **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Louise Hulland **10.00** Great Outdoors **2pm** Keith Greentree **4.00** John Leech **6.00** Walk Right Back **8.00** Folk Show **10.00–1am** David Clayton

Monday–Friday
6am Louise Hulland; **Tue–Thu:** Dotty McLeod **10.00** Kev Lawrence; **Fri:** Amir Suleman **2pm** Chris Mann; **Fri:** David Webster **6.00 Mon/Fri:** Sport; **Tue:** Upload; **Wed:** Louise Hulland; **Thu:** Naked Scientists **7.00 Mon:** Natalie Malcolm; **Tue:** Sport; **Thu:** New Voices; **Fri:** That Friday Feeling **9.00 Thu:** BBC Introducing **10.00–1am** Nick Risby

Cornwall

Saturday
6am Jack Murley **10.00** James Dundon **2pm** Sport **6.00** Matt Tancock **10.00–1am** David White

Sunday
6am Anoushka Williams **10.00** Jack Murley **2pm** Caroline Cook **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00** Sport **7.00** Emma Gill **10.00–1am** David Sheppard

Cumbria

Saturday
6am Richard Corrie **10.00** Helen Millican **2pm** Sport **6.00** Joe Costin **8.00** BBC Introducing **10.00–1am** Simon Logan

Sunday
6am Helen Millican **10.00** John Lipscombe **2pm** Joe Costin **6.00** Paul Braithwaite **10.00–1am** Simon Logan

Monday–Friday
6am Mike Zeller **10.00** Chris Felton; **Thu/Fri:** Val Armstrong **2pm Mon/Tue:** Pete Moss; **Wed–Fri:** Helen Millican **6.00 Mon:** John Lipscombe; **Tue/Fri:** Sport; **Wed:** Darren Milby; **Thu:** BBC Introducing **7.00 Thu:** Tom Salmon; **Fri:** Darren Milby **10.00–1am** John Gillmore; **Fri:** Steffen Peddie

CWR

Saturday
6am Lorna Bailey **10.00** Brody Swain and Darren Rudge **12.00** Brody Swain **2pm** Sport **6.00** Dave Marshall Barrett **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Sandra Godley **10.00** Brody Swain **2pm** Bob Brolly **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Caroline Martin

Monday–Friday
6am Phil Upton **10.00** Vic Minett; **Fri:** Brody Swain **2pm** Trish Adudu **6.00 Mon/Fri:** Sky Blues; **Tue:** Lorna Bailey; **Wed:** Letitia George; **Thu:** Harry Bozman **7.00 Mon:** Sandra Godley; **Tue:** Sport; **Fri:** Kirsty Leahy **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

Derby

Saturday
6am Donna Alos **10.00** Susan Hanks **2pm** Sportscene **6.00** The Beat **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Donna Alos **10.00** Simon Morykin **2pm** Dean Jackson **6.00** Satvinder Rana **8.00** Devon Daley **10.00–1am** Summaya Mughal

Monday–Friday
6am Andy Twigge **10.00** Ian Skye **2pm** Sally Pepper; **Wed–Fri:** Donna Alos **6.00** Sportscene; **Mon:** Sportscene Talk-in **7.00** Martyn Williams; **Mon:** Pam Sidhu; **Tue:** Sportscene; **10.00–1am** (**Tue: 10.15**) Caroline Martin; **Fri:** Dean Jackson

Devon

Saturday
6am Caroline Cook **10.00** Richard Green **2pm** Sport **6.00** Matt Tancock **10.00–1am** David White

Sunday
6am Angela Kalwaites **10.00** Toby Buckland **2pm** Mel Everett **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Angela Kalwaites; **Thu/Fri:** John Acres **10.00** David FitzGerald **2pm** Pippa Quelch **6.00** Matt Woodley; **Wed–Fri:** Matt Tancock **7.00 Tue:** Sport **10.00–1am** David Sheppard

Essex

Saturday
6am Tony Fisher **10.00** Ian Wyatt and Steve Scruton **2pm** Sport **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Ian Wyatt **10.00** Essex Quest **2pm** Rock Show **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Sonia Watson **10.00** Ian Wyatt **2pm** Steve Scruton; **Fri:** Dave Monk **6.00** Rob Jelly; **Thu:** Phone-in; **Fri:** Soul Night **7.00 Tue:** Sport; **Thu:** Rob Jelly **10.00–1am Mon/Wed–Fri:** Nick Risby **10.30 Tue:** Framed **11.00–1am Tue:** Nick Risby

Gloucestershire

Saturday
6am Nicky Price **10.00** Faye Hatcher **2pm** Matchday **6.00** James Threlfall **8.00** Introducing **10.00–1am** David White

Sunday
6am Mark Smith **10.00** Kate Clark **2pm** Dominic Cotter **6.00** Manny Masih **10.00–1am** Jim Colvin

Monday–Friday
6am Mark Cummings **10.00** Anna King; **Fri:** Nicky Price **2pm** Steve Kitchen **6.00** Maddie Simpson **7.00 Tue:** *MW/DAB* Matchnight; **Fri:** Matchnight **10.00–1am** Chris Baxter

Guernsey

Saturday
6am Alison Moss **10.00** Lizzie Roper **2pm** Warren Muggleton **6.00** Richard Latto **8.00** Tim Hunter **10.00–1am** David White

Sunday
6am Matthew Price **10.00** Lizzie Roper **2pm** John Randall **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Tim Hunter **10.00** Claire Cathcart **2pm** Darcy Kelly; **Fri:** Matthew Price **6.00** Harry Barratt **10.00–1am** David Sheppard

Hereford/Worcester

Saturday
6am Andrew Easton **10.00** Toni McDonald **2pm** Sport **6.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Tammy Gooding **10.00** Malcolm Boyden **2pm** Jonathan Ray **6.00** Andrew Marston **10.00–1am** Caroline Martin

Monday–Friday
6am Elliott Webb; **Thu/Fri:** Toni McDonald **10.00** Malcolm Boyden; **Mon:** Tammy Gooding **2pm** Andrew Easton; **Thu/Fri:** Tammy Gooding **6.00** Kate Justice **7.40 Tue:** *104/104.6 FM* Sport **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

Humberside

Saturday
6am Phil White **10.00** Fiona Mills **2pm** Sport **5.00** Football Forum **6.00** John Kane **8.00** BBC Introducing **10.00–1am** Steve White

Sunday
6am Lizzie Rose **8.00** The Great Outdoors **10.00** Fiona Mills **2pm** Liz Green **6.00** James Hoggarth **10.00–1am** Steve White

Monday–Friday
6am Kofi Smiles **10.00** David Burns; **Tue/Wed:** Fiona Mills **2pm** James Hoggarth; **Thu/Fri:** Phil White **6.00** Sportstalk; **Wed/Thu:** Kim Harrison **7.00 Mon:** Alan Raw; **Tue:** Sport; **Fri:** George Smith **9.35 Tue:** Football Forum **10.00–1am** Russell Walker

Jersey

Saturday
6am Matthew Price **10.00** Lizzie Roper **2pm** Warren Muggleton **6.00** Richard Latto **8.00** Tim Hunter **10.00–1am** David White

Sunday
6am Matthew Price **10.00** Lizzie Roper **2pm** John Randall **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Jenny Mullin **10.00** Alison Moss **2pm** Darcy Kelly; **Fri:** Matthew Price **6.00** Harry Barratt **10.00–1am** David Sheppard

Kent

Saturday
6am Pat Marsh **10.00** Steve Ladner **2pm** Sport **6.00** Stereo Underground **8.00** Introducing **10.00–1am** Pat Sissons

Sunday
6am Phil Harrison **10.00** Andy Garland **2pm** Eliza Philippidis **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** Bill Rennells

Monday–Friday
6am Anna Cookson **10.00** Erika North **2pm** Pat Marsh; **Fri:** Eliza Philippidis **6.00** Stephen Brown; **Thu:** Lydia Rodford **9.00 Mon–Thu:** Upload **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Lancashire

Saturday
6am Shigufta Khan **10.00** Gary Hickson **2pm** Matchday **6.00** Soul Sessions **8.00** Introducing **10.00–1am** Allan Beswick

Sunday
6am Joe Wilson **10.00** Gary Hickson **2pm** Maria Felix Vas **6.00** Unforgettable **10.00–1am** Allan Beswick

Monday–Friday
6am Graham Liver **10.00** Sharon Hartley **2pm** Nishma Hindocha; **Fri:** Mike Stevens **6.00** Sport **7.00 Mon:** Desi Nation; **Tue/Wed:** Brett Davison; **Thu:** Your Lancashire **8.00 Fri:** Darren Milby **10.00–1am** John Gillmore; **Fri:** Linda McDermott

Leeds

Saturday
6am Andrew Edwards **10.00** Nick Ahad **2pm** Sport **6.00** The Mixtape **8.00** BBC Introducing **10.00–1am** Steve White

Sunday
6am Andrew Edwards **10.00** Nick Ahad **1pm** Sport **5.00** Liz Green **6.00** Waheed Akhtar **10.00–1am** Steve White

Monday–Friday
6am Rima Ahmed **10.00** Sanchez Payne **2pm** Richard Stead **6.00** Sport **7.00** Sport; **Mon:** Paul Griffiths **10.00–1am** Russell Walker

All BBC local radio stations take BBC Radio 5 Live programmes from 1am

Leicester

Saturday
6am Kelly Hinch **10.00** Dino **1pm** Sport **6.00** The Beat **8.00** Introducing **10.00–1am** Natalie Graham

Sunday
6am Jo Bostock **10.00** Dino **2pm** Andy Pierce **6.00** Uncle Frank **10.00–1am** Jack Rafferty

Monday–Friday
6am Ady Dayman **10.00** Jo Bostock; **Fri:** Shruti Chauhan **2pm** Aminata Kamara; **Thu:** Helen McCarthy; **Fri:** Jo Bostock **6.00 Mon:** Football Forum; **Tue:** Sport; **Wed:** Rugby Show; **Thu:** Boot Room; **Fri:** Preview **7.00 Mon/Tue:** Chance Litchfield; **Wed:** The Vibe; **Thu:** Bollywood Tamasha; **Fri:** Kevin N'Cube **9.00 Thu:** Young British Asians Talk **10.00–1am** Caroline Martin; **Fri:** Dean Jackson

Lincolnshire

Saturday
6am William Wright **10.00** Jono Brine **2pm** Hope and Glory **6.00** The Beat **8.00** Introducing **10.00–1am** Natalie Graham

Sunday
6am William Wright **10.00** Pirate Gold **12.00** Jono Brine **2pm** Sarah-Jane Honeywell **6.00** Country Lincs **7.00** Folk **10.00–1am** Jack Rafferty

Monday–Friday
6am Sean Dunderdale **10.00** Laurie Dyche **2pm** Melvyn Prior; **Fri:** Scott Dalton **6.00** In the Game; **Tue:** Hope and Glory; **Fri:** Hope and Glory: Preview **7.00 Mon/Wed/Thu:** Arun Verma; **Fri:** George Smith **10.00–1am** Russell Walker; **Fri:** Dean Jackson

London

Saturday
5am Claira Hermet **7.00** Carrie and David Grant **10.00** Robert Elms **1pm** Women's Sports Show **2.00** Sport **6.00** Gary Crowley **8.00** BBC Introducing **10.00** LionHeart **1am–5.00** Overnights

Sunday
5am Claira Hermet **6.00** Inspirit **9.00** Robert Elms **12.00** Gaby Roslin **3pm** Jo Good **5.00** Don Black **6.00** Tony Blackburn **7.00** David Grant **10.00** Sunny and Shay **1am–5.00** Dotun Adebayo

Monday–Friday
5am Jason Rosam **7.00** Salma El-Wardany; **Fri:** Riz Lateef **10.00** Eddie Nestor; **Fri:** Robert Elms **2pm** Shay Grewal; **Fri:** Jumoké Fashola **6.00** Sport **8.00** The Scene **10.00** Jo Good; **Fri:** LionHeart **1am–5.00** Dotun Adebayo; **Fri:** Overnights

Manchester

Saturday
6am Joe McGrath **10.00** Simone Riley **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Allan Beswick

Sunday
6am Asma Younus **10.00** Phil Trow **2pm** Sport **7.00** Indus **8.00** The People **10.00–1am** Allan Beswick

Monday–Friday
6am Anna Jameson; **Mon:** Joe McGrath **10.00** Mike Sweeney; **Fri:** Simone Riley **2pm** Becky Want; **Fri:** David Scott **5.30 Thu:** Sport **6.00 Mon–Wed/Fri:** Talking Balls **7.00 Mon:** Mars; **Tue/Wed/Fri:** Sport; **Fri:** *DAB* Emily Brobyn **8.00 Thu:** Joe McGrath **10.00–1am** Phil Trow; **Wed–Fri:** Stacey Copeland

Merseyside

Saturday
6am David North **10.00** Sean Styles **2pm** Sport **6.00** Late Late Beatles Show **7.00** Jade Burns **8.00** BBC Introducing **10.00–1am** Allan Beswick

Sunday
6am Paul Beesley **10.00** Sean Styles **2pm** Billy Hui **4.00** Frankie Connor **6.00** Andy Ball **8.00** Carl Learmond **10.00–1am** Allan Beswick

Monday–Friday
6am Lisa Marrey **10.00** Tony Snell; **Fri:** Sean Styles **2pm** Helen Jones; **Thu:** Sean Styles; **Fri:** Claire Hamilton **6.00** Sport; **Wed:** Rugby League **7pm–10.00 Tue–Fri:** *DAB* The Place **7.00 Mon:** Ngunan Adamu; **Tue:** Matchnight **7.30 Thu:** Rugby League **9.00 Mon:** Orient Express **10.00–1am** (**Tue: 10.30**) Linda McDermott

Newcastle

Saturday
6am Tom Campbell **10.00** Emma Millen **2pm** Sport **7.30** Music Mix **8.30** Introducing **10.00–12.00** Simon Logan

Sunday
6am Kelly Scott **10.00** Tom Campbell **2pm** Simon Logan **6.00** Michael Poulter **10.00–1am** Simon Logan

Monday–Friday
6am Matt Bailey **10.00** Anna Foster; **Thu/Fri:** Gilly Hope **2pm** Gilly Hope; **Thu/Fri:** Kelly Scott **6.00** Sport **8.00 Mon:** Nick Roberts; **Wed:** Upload; **Thu:** BBC Introducing **10.00–1am** Steffen Peddie

Norfolk

Saturday
6am Kirsteen Thorne **10.00** Anna Perrott **2pm** Sport **5.00** Canary Call **6.00** Upload **8.00** Introducing **10.00–1am** Justin Dealey

Sunday
6am Matthew Gudgin **10.00** Treasure Quest **2pm** Country **4.00** John Leech **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Mon/Tue: Chris Goreham; **Wed:** Anna Perrott; **Thu/Fri:** Rob Butler **10.00** Kayleigh Poacher **2pm** Stephen Bumfrey **6.00 Mon:** Georgy Jamieson; **Tue:** Jon Wright; **Wed:** The Social; **Thu:** The Scrimmage; **Fri:** Sophie Little **6.30 Thu:** Joe Dean **7.00 Tue:** Sport; **Thu:** Local Report **8.00 Mon:** Belongings; **Thu:** Joe Dean **9.45 Tue:** Canary Call **10.00–1am** (**Tue: 10.30**) Nick Risby

Northampton

Saturday
6am John Griff **10.00** Treasure Quest **12.00** Akylah Rodriguez **2pm** Sport **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Martin Heath **10.00** Akylah Rodriguez **2pm** Paul Lovett **4.00** John Leech **6.00** Farzana Chaudry **8.00** Edward Adoo **10.00–1am** David Clayton

Monday–Friday
6am Annabel Amos **10.00** Bernie Keith **2pm** Tim Wheeler; **Mon/Fri:** Kerrie Cosh **6.00 Mon/Fri:** Daisie-Belle Downer; **Tue:** Sport; **Wed:** Saints Show; **Thu:** Cobblers Show **7.00 Wed:** Chance Litchfield; **Thu:** Kerrie Cosh **10.00–1am** Nick Risby

Nottingham

Saturday
6am Liesl Soards **10.00** Dino **2pm** Matchday **6.00** The Beat **10.00–1am** Natalie Graham

Sunday
6am Frances Finn **10.00** Dino **2pm** Sarah-Jane Honeywell **5.00** We Are Notts **6.00** Hansa Dabee **8.00** Afro Caribbean **10.00–1am** Jack Rafferty

Monday–Friday
6am Verity Cowley **10.00** Kelly Hinch **2pm** Dino **6.00** Arun Verma; **Tue/Fri:** In the Game **7.00 Tue:** Matchnight; **Fri:** Girls Night In **10.00–1am** Caroline Martin; **Fri:** Dean Jackson

Oxford

Saturday
6am Danny Cox **10.00** James Watt **2pm** Sport **6.00** Stereo Underground **8.00** BBC Introducing **9.00** Bridgitte Tetteh **10.00–1am** Pat Sissons

Sunday
6am Fleur Ostojak **10.00** Adam English **2pm** Matt Gibbs **6.00** Tony Blackburn **10.00–1am** Bill Rennells

Monday–Friday
6am Pete Morgan **10.00** Kat Orman **2pm** Adam Ball; **Thu/Fri:** Alex Grundon **6.00** Fleur Ostojak; **Fri:** Sport **7.00 Tue:** Sport; **Fri:** Warm-Up **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Sheffield

Saturday
6am Kat Cowan **10.00** Becky Measures **2pm** Football Heaven **5.00** Praise or Grumble **5.20** Football Heaven **7.20** Praise or Grumble **8.00** Introducing **10.00–1am** Steve White

Sunday
6am Kat Cowan **9.00** Grow Show **10.00** Becky Measures **2pm** Liz Green **6.00** Waheed Akhtar **10.00–1am** Steve White

Monday–Friday
6am Toby Foster **10.00** Paulette Edwards **2pm** Howard Pressman **6.00** Sport Heaven; **Fri:** Sport Today **7.45 Wed:** Football Heaven Live **8.00 Mon/Thu:** Sile Sibanda; **Tue:** Football Heaven Live; **Fri:** Upload **10.00–1am** Russell Walker

Shropshire

Saturday
6am Ryan Kennedy **10.00** Paul Shuttleworth **2pm** Sport **6.00** Michaela Wylde **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Ryan Kennedy **10.00** Paul Shuttleworth **2pm** Michaela Wylde **6.00** Lizzie Crow **8.00** Genevieve Tudor **10.00–1am** Caroline Martin

Monday–Friday
6am Adam Green **10.00** Jim Hawkins **2pm** Clare Ashford; **Fri:** Ryan Kennedy **6.00 Mon:** Michaela Wylde; **Tue:** Active Shropshire; **Wed:** Ed Nell; **Thu/Fri:** Mark Elliott **7.00 Tue:** Sport **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

Radio Solent

Saturday
6am Katie Martin **10.00** Ollie Peart **2pm** Sport **8.00** BBC Introducing **10.00–1am** Pat Sissons

Sunday
6am Ollie Peart **10.00** Rebecca Parker **1.10pm** Life Stories **2.00** Tom Stroud **6.00** Tony Blackburn **10.00–1am** Richard Latto

Monday–Friday
6am Alun Newman **10.00** Pat Sissons **2pm** Lou Hannan **6.00 Mon:** Fern Balch; **Tue/Thu:** Sport; **Wed:** Evening Show; **Fri:** Sport **7.00 Fri:** Dance Dungeon **8.00 Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

103.8 FOR WEST DORSET
As Radio Solent, including Dorset news and features, plus:

Saturday
6pm–8.00 Stereo Underground

Monday–Friday
7am Steve Harris **9.00–10.00** Alun Newman

Somerset

Saturday
6am Simon Parkin **10.00** Andy Bennett **2pm** Sport **6.00** Matt Tancock **10.00–1am** David White

Sunday
6am Charlie Taylor **10.00** Andy Bennett **2pm** Caroline Cook **6.00** Richard Green **10.00–1am** Jim Colvin

Monday–Friday
6am Claire Carter **10.00** Simon Parkin **2pm** Matt Faulkner **6.00–10.00 Tue:** *MW* The Midweek Match **6.00** Charlie Taylor; **Fri:** Jenna Myles **10.00–1am** Chris Baxter

Stoke

Saturday
6am Paula White **10.00** Louise Stones **2pm** Sport **6.00** Rob Adcock **8.00** BBC Introducing **10.00–1am** Natalie Graham

Sunday
6am Rev Geoff Eze **10.00** Paula White **2pm** Louise Stones **6.00** Susan Hanks **10.00–1am** Caroline Martin

Monday–Friday
6am Mon/Fri: Paula White; **Tue–Thu:** Lee Blakeman **10.00** Stuart George; **Fri:** Susan Hanks **2pm** Liz Ellis; **Fri:** Louise Stones **6.00 Mon:** Susan Hanks; **Tue/Wed:** Sport; **Thu:** Den Siegertsz; **Fri:** Praise and Grumble **7.00 Fri:** Lucas Yeomans **10.00–1am** Caroline Martin; **Fri:** Natalie Graham

Suffolk

Saturday
6am Sarah Lilley **10.00** Mark Murphy **2pm** Matchday **6.00** Upload **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Sarah Lilley **10.00** Mark Murphy **2pm** Keith Greentree **4.00** John Leech **6.00** Ray Clarke **8.00** Mark Punter **10.00–1am** David Clayton

Monday–Friday
6am Luke Deal **10.00** Wayne Bavin **2pm Mon/Fri:** Sarah Lilley; **Tue:** Jon Wright; **Wed/Thu:** Graham Barnard **6.00 Mon:** Johnnie Wright; **Tue:** Jon Wright; **Wed:** The Social; **Thu:** Sports Social; **Fri:** Sophie Little **7.00 Tue:** Matchnight **8.00 Mon:** BBC Belongings **10.00–1am** (**Tue: 10.30**) Nick Risby

BBC Surrey and BBC Sussex

Saturday
6am *Surrey:* Nicky Patrick; *Sussex:* Mark Carter **10.00** Amanny Mo **2pm** Sport **6.00** Stereo Underground **8.00** Introducing **10.00–12.00** Pat Sissons

Sunday
6am Kevin Duala **10.00** Dig It **2pm** Sylvie Blackmore **6.00** Tony Blackburn **10.00–1am** Richard Latto

Monday–Friday
6am *Surrey:* James Cannon; *Sussex:* Joe Talbot; **Thu/Fri:** Allison Ferns **10.00** Sarah Gorrell; **Wed–Fri:** Kevin Duala **2pm** Peter Gordon; **Thu/Fri:** Danny Pike **6.00** Connor Moseley; **Fri:** Joe Talbot **8.00 Mon:** Tony Blackburn; **Tue:** Sport Focus; **Wed:** Kathy Caton; **Thu:** Introducing **10.00–1am** Paul Miller; **Fri:** Alex Dyke

Tees

Saturday
6am Amy Oakden **10.00** Antony Collins **2pm** Sport **6.00** Beat Surrender **8.00** Introducing **10.00–1am** Simon Logan

Sunday
6am Rachel Teate **10.00** Antony Collins **2pm** Goffy **4.00** Vintage Vinyl **6.00** Alex Hall **10.00–1am** Simon Logan

Monday–Friday
6am Neil Green; **Thu/Fri:** Amy Oakden **10.00** Gary Philipson **2pm** Scott Makin **6.00** Sport **7.00 Mon:** Antony Collins; **Thu:** Shakk; **Fri:** Upload **10.00–1am** (**Wed: 10.30**) Steffen Peddie

Three Counties

Beds, Herts and Bucks

Saturday
6am Babs Michel **10.00** Treasure Quest **12.00** Ollie Bayliss **2pm** Sport **5.00** 5-0-5 **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **10.00–1am** Justin Dealey

Sunday
6am Kady Braine **7.00** Dr Nighat Arif **10.00** Babs Michel **2pm** Mike Naylor **4.00** John Leech **6.00** Farzana Chaudry **8.00** Edward Adoo **10.00–1am** David Clayton

Monday–Friday
6am Andy Collins **10.00** The JVS Show **2pm** Roberto Perrone **6.00 Mon/Fri:** Babs Michel; **Tue:** Sport; **Wed:** Liz Flower; **Thu:** Danny Fullbrook **7.30–10.00 Wed:** *DAB* Sport **8.00 Thu:** BBC Introducing **10.00–1am** Nick Risby

Wiltshire

Saturday
6am Marie Lennon **10.00** Sue Davies **2pm** Sport **6.00** James Threlfall **8.00** Introducing **10.00–1am** David White

Sunday
6am Jonathan Fido **10.00** Sue Davies **2pm** Dominic Cotter **6.00** Manny Masih **10.00–1am** Jim Colvin

Monday–Friday
6am Ben Prater **10.00** Sue Kinnear **2pm** James Thomas **6.00** Wiltshire Live; **Tue:** Sport **10.00–1am** Chris Baxter

WM

Saturday
6am Mollie Green **10.00** Elise Evans **2pm** Sport **6.00** Henry Liston **8.00** BBC Introducing **10.00** DJ Day Day **10.30–1am** Natalie Graham

Sunday
6am Grace Smith **10.00** Elise Evans **2pm** Mollie Green **4.00** We Are West Midlands **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Caroline Martin

Monday–Friday
6am Rakeem Omar **10.00** Kathryn Stanczyszyn; **Fri:** Elise Evans **2pm** Paul Franks; **Fri:** John Fox **6.00** The Football Phone-in **7.00 Mon:** Natalie Graham; **Tue/Wed:** Sport; **Thu/Fri:** Amber Sandhu **10.00–1am** (**Wed: 10.30**) Caroline Martin; **Fri:** Natalie Graham

York

Saturday
6am Adam Tomlinson **10.00** Harry Whittaker **2pm** Sport **6.00** John Kane's Northern Soul and Motown **8.00** BBC Introducing **10.00–1am** Steve White

Sunday
6am Adam Tomlinson **10.00** Sarah Urwin **2pm** Liz Green **6.00** James Hoggarth **10.00–1am** Steve White

Monday–Friday
6am Georgey Spanswick **10.00** Jonathan Cowap **2pm** Joanita Musisi; **Thu/Fri:** Harry Whittaker **6.00 Mon/Thu:** Jericho Keys; **Tue/Fri:** Sport; **Wed:** George Smith **7.00 Fri:** George Smith **7.30 Mon:** *DAB* Sport **10.00–1am** Russell Walker

All BBC local radio stations take BBC Radio 5 Live programmes from 1am

BBC Radio Scotland

Make a Difference awards 2023

Help your local BBC Radio station celebrate everyday acts of kindness in your area

Local BBC Radio stations are once again honouring our great neighbours, super carers and awesome volunteers for everyday acts of kindness where they live.

Make a Difference was established days after the first lockdown was announced in 2020. It is a virtual notice board where members of the public can offer help to or seek support from people in their local area. To date, nearly 11 million people have interacted across the 39 local BBC radio stations in England.

For this year's **Make a Difference** awards, your local BBC radio station needs your help to find the remarkable individuals who have positively impacted your communities over the past year.

The awards celebrate heart-warming stories of those who go above and beyond to make a difference in their local area.

There are eight award categories in which you can nominate the unsung heroes of your community:

Volunteer – an individual who makes a notable difference to the community by giving their time voluntarily to help a good cause.

Community Groups – a group of people who have worked together to help change the lives of others within the community.

Fundraiser – an individual or group who have gone the extra mile to raise funds for a good cause.

Carer – someone who improves the life of an individual or group of people by caring for them on a regular basis.

Great Neighbour – an individual or group of people who help to make the neighbourhood or local community a better place to live or work, either on a regular basis or through a single act of kindness.

Bravery – new this year, this award will go to an individual who has shown outstanding courage in the face of danger or difficulty.

The Green Award – an individual or group of people who help to make where we live a better place for nature and the environment.

The Together Award – an individual or group of people who encourage diversity within their community, by creating real change and breaking down barriers, bringing people from different walks of life together for a common cause.

The winners will be announced at **Make a Difference** awards ceremonies hosted in September by local BBC radio stations up and down the country.

For a full list of categories – and for details of how to nominate someone – go to **bbc.co.uk/makeadifference**

Nominations close on Sunday 5 March at 11pm

Saturday

NEWS: SPORT: WEATHER hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00 to 12 midnight
NEWS HEADLINES 2.00pm, 5.00

6.00am Scoff the Ball
Tam Cowan talks to Peter Thomson, a soft-fruit grower from Blairgowrie, to hear how he has gone from producing some of the finest strawberries and raspberries in Scotland to now growing some of the best cherries in the world. Edinburgh-based entrepreneur Fraser Doherty talks to Tam about how at aged 16, he became the youngest ever jam supplier to a major supermarket using a secret recipe given to him by his gran. Fraser also reveals to Tam about the unconventional way his gran deals with any competitors. Also, whether it's strawberries from Angus, blueberries from Blairgowrie or raspberries from Tayside, Gregor Leckie tells Tam how he's shaking up the drinks market using some of Scotland's finest soft fruit.

6.30 Out of Doors
Mark Stephen and Rachel Stewart with stories from the great outdoors in Scotland and beyond.
Email: outofdoors@bbc.co.uk

8.00 Good Morning Scotland
The latest news from home and abroad, along with regular sport, travel and weather.

10.00 Shereen
Shereen Nanjiani and guests with a unique take on the things getting Scotland talking.

11.30 Noising Up
Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.
Repeated from yesterday

12.00 Off the Ball
The football show claiming to be the most petty on radio. Presented by Stuart Cosgrove and Tam Cowan. Text 80295.
Email: offtheball@bbc.co.uk

FM only from 4.00
2.00pm Sportsound
Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion. Text 80295.
@BBCSportsound on social media

Radio Scotland Extra
4.00–7.30 Sportsound Rugby
Scotland v Wales, a Six Nations match at Murrayfield (kick-off **4.45**). Text 80295.
@BBCSportsound on social media

7.30 Take the Floor
A band session from Leonard Brown and his All Star Band. Gary Innes also talks to Foster and Allen, and hears all about their new album and upcoming UK tour.
Email: takethefloor@bbc.co.uk

9.00 Pipeline
The definitive pipe music programme, featuring news and recordings from the piping world. Presented by Gary West.
Email: pipeline@bbc.co.uk

10.00 Billy Sloan
Music from the rich history of Scotland's – and the rest of the world's – rock and pop.

1.00am–6.00 *as Radio 5 Live*

Sunday

NEWS: SPORT: WEATHER hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

6.00am It's a Small World
Anna Massie visits the Giffnock Ladies Walking Football Team to find out what brings them all together. Donning a Giffnock Ladies strip she also takes part in a game

6.30 Playback
Heather Kane presents highlights from the week that was on BBC Radio Scotland.

7.00 Time Travels
Bee keeping, basket weaving – losing limbs in the First World War meant retraining for a new job. Louise Bell of Leeds University tells Susan Morrison about the Erskine Hospital and a Gordon Highlander who wanted to go there. Servicemen of an earlier age might find care more rough and ready – Dr Catherine Beck of Copenhagen University looks at mental health in the age of Nelson's navy and why it was thought to be such a pressing issue. In the 18th century electricity was thought to be mysterious and scary, and there was still a whiff of that into the 20th century when savvy female demonstrators were wanted to try and get the highland housewife happy with the power supply of the future.

7.30 New Every Sunday
An act of worship with the Rev Neil Glover of Aberfeldy Parish Church.

8.00 Sunday Morning
Tony Kearney presents music and conversation with a faith and ethical perspective, looking back at the week's events to ask what they say about people's beliefs.

10.00 The Sunday Show
Martin Geissler and Fiona Stalker discuss the big issues of the week and talk to the people behind the political headlines.

12.00 Off the Ball
The football show claiming to be the most petty and ill-informed on radio. Presented by Stuart Cosgrove and Tam Cowan. Text 80295.
Email: offtheball@bbc.co.uk

2.00pm Sportsound
Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion. Text 80295.
@BBCSportsound on social media

6.00 Your Requests with Gary Innes
Gary shares listeners' messages and dedications and plays favourite Scottish music requests.

7.00 Classics Unwrapped
Jamie MacDougall soundtracks Sunday night with a selection of classical music, from popular favourites to fresh new sounds.
Contact: BBC Scotland, 40 Pacific Quay, Glasgow G51 1DA
Email: classicsunwrapped@bbc.co.uk

9.00 Jazz Nights
Seonaid Aitken with the one-stop destination for jazz from Scotland and farther afield, with news, sessions, exclusives and features including Richard Michael's Song Book.

11.00 Iain Anderson
Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

1.00am–6.00 *as Radio 5 Live*

Monday

NEWS: SPORT: WEATHER hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00
LOCAL NEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon, 6.00pm; *Shetland:* 12.30pm, 5.30, 6.00

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Presenter Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Janice Forsyth presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
John Beattie presents comment and opinion on the day's talking points, plus sport, travel and weather.

6.00 Get It On… with Bryan Burnett
Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295.
Email: getiton@bbc.co.uk

8.00 Vic Galloway
Vic introduces new releases from Scotland's best alternative artists, and classic album cuts alongside live session tracks. Text 80295.
Repeated Wednesday 10pm FM
Email: vicgalloway@bbc.co.uk

10.00 Iain Anderson
Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

12 midnight–6.00am
as Radio 5 Live

Tuesday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Presenter Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Janice Forsyth presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
John Beattie presents comment and opinion on the day's talking points, plus sport, travel and weather.

6.00 Get It On… with Bryan Burnett
Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295.
Email: getiton@bbc.co.uk

8.00 Another Country with Ricky Ross
Two hours of country love songs from some of the greatest songwriters and artists of all time. But as it's country music, these love stories don't always have happy ending! Happiness and heartbreak spanning 50 years from George Jones, Dolly Parton, Kacey Musgraves, Darius Rucker, The Everly Brothers and more.

10.00 Roddy Hart
An inviting mix of new music and back-catalogue selections.

12 midnight–6.00am
as Radio 5 Live

Wednesday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Presenter Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime
John Beattie presents opinion on the day's talking points, plus sport, travel and weather.

FM only from 7.00
6.00 Get It On… with Bryan Burnett
Bryan presents a selection of essential music chosen by listeners. In order to have a request played on the show, text 80295.
Email: getiton@bbc.co.uk

Frequencies

Radio Scotland Extra
7.00–10.30 Sportsound
Comprehensive coverage of Scottish sport including live and exclusive commentary, news, interviews, analysis and discussion, plus opinion from key figures. Text 80295.
@BBCSportsound on social media

FM only
8.00 The Quay Sessions with Roddy Hart
Live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay.

FM only until 10.30
10.00 Vic Galloway
Vic introduces new releases from Scotland's best alternative artists, and classic album cuts alongside live session tracks.
Repeated from Monday 8pm

12 midnight–6.00am
as Radio 5 Live

Thursday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show
Michelle McManus presents a Scottish arts round-up, tuning into what's current in film, TV, arts, theatre and music across the country.

4.00 Drivetime
Fiona Stalker presents comment and opinion on the day's talking points, plus sport, travel and weather.

6.00 Get It On… with Bryan Burnett
Bryan introduces a selection of essential music chosen by listeners. In order to have a request played on the programme, text 80295.
Email: getiton@bbc.co.uk

8.00 Travelling Folk
Anna Massie introduces BBC Radio Scotland's flagship folk programme,with folk and roots music from around the world.

10.00 Natasha Raskin Sharp
The presenter introduces an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the *Out of This World* feature.

12 midnight–6.00am
as Radio 5 Live

Friday

NEWS: SPORT: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

11.30 Noising Up
Comedy show featuring a mix of sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.
Repeated tomorrow

12.00 Lunchtime Live
News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm Breaking the News
Hosted by comedian Des Clarke, a mix of the UK's top comedians, journalists and up-and-coming stand-up talent take a satirical swipe at the week's news in Scotland and across the UK.
Repeated tomorrow

2.00 The Afternoon Show
Nicola Meighan presents ideas for fun things to do around Scotland in the days ahead and a soundtrack to kickstart the weekend.

4.00 Drivetime
Fiona Stalker presents comment and opinion on the day's talking points, plus sport, travel and weather.

6.00 Grant Stott's Vinyl Collective
Celebrating the vinyl revival with classic records and new releases. Grant plays album tracks from his own collection and discovers the stories about your cherished LPs.

8.00 BBC Introducing in Scotland
Phoebe I-H and Shereen Cutkelvin present the best unsigned, undiscovered and under-the-radar music Scotland has to offer. Tonight, they pick their favourite tracks from 2021 and 2022.

10.00 Ashley Storrie
The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul", as well as with listener interaction and regular feature "Hollywood Swingers".

1.00am–6.00 *as Radio 5 Live*

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes

ORKNEY

Weekdays

6.00pm–7.00 Mon: Energy Islands: find out why Orkney leads the way in renewables; **Tue:** Tuesday Folk: traditional and modern folk with the fiddling piper veterinarian Andy Cant; **Wed:** Moved by Music: gospel and religious music; **Thu:** Golden Years: music, memories and stories from a chosen year; **Fri:** Friday Requests: weekly dedication programme, featuring music requests and greetings
PHONE: 01856 873939
EMAIL: radio.orkney@bbc.co.uk

SHETLAND

Weekdays

5.30pm Mon/Tue/Thu/Fri: Good Evening Shetland: news and features from the isles
6.00–7.00 Mon: Claire and Friends: Claire White plays a selection of Shetland music and catches up with guests for a word; **Tue:** Catgut and Ivory: accordion and fiddle music; **Wed:** In Conversation: Dave Gray hosts another in-depth conversation; **Thu:** Shetland's Larder: monthly food programme presented by Jane Moncrieff and Eunice Henderson; **Fri:** Give Us a Tune: all-request show
PHONE: 01595 694747
EMAIL: radio.shetland@bbc.co.uk

Radio nan Gaidheal

Mar Radio Alba ach:

Disathairne

9.00am Spòrs na Seachdain
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri Iain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilt' air an Dùthaich
Taghadh de cheòl dùthchail sean is ùr.

11.00 Tiompan
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

12.00–1.00pm Sàr Chlàr
Patsi NicChoinnich a' toirt cuireadh do a cuid aoighean an clàr as fheàrr leotha a thaghadh.

Didòmhnaich

9.00am Dèanamaid Adhradh
Seirbheis Ghàidhlig.
ath-chraoladh aig 3pm

9.30 Alleluia
Laoidhean, leughaidhean agus smuaintean. (ath-chraoladh)

10.00 Eich Eirisgeidh

10.30 Crùnluath
Taghadh de cheòl na pìoba.

12.00 Naoi gu Deich
Taghadh de na còmhraidhean à Naoi gu Deich a bh' aig Cathy NicDhòmhnaill tron t-seachdain.

1.00pm SpeakGaelic
Podcast seachdaineach do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath BBC ALBA, *SpeakGaelic*.

1.30 An Litir Bheag
Litir Bheag na seachdain sa le Ruairidh MacIlleathain.

1.35 SpeakGaelic
Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath SpeakGaelic air BBC ALBA.
(ath-chraoladh)

1.55 Litir do Luchd-ionnsachaidh
Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.

2.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach.
(ath-chraoladh)

3.00 Dèanamaid Adhradh
Seirbheis Ghàidhlig.

3.30–4.00 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.
ath-chraoladh aig 9.30pm

9.00 Dèanamaid Adhradh Tasglann
Seirbheis adhraidh à tasglann a' BhBC. (ath-chraoladh)

9.30–10.00 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

Diluain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir
Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caithream Ciùil
Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Feumaidh mi Tilleadh a Bharraigh

4.00 Fàilt' air an Dùthaich
Taghadh de cheòl dùthchail sean is ùr.

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto
Ceòl, spòrs agus fealla-dhà air ur slighe dhachaigh còmhla ri Derek "Pluto" Moireach.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Cruinn
Ceòl, amaideas agus na beachdan agaibh air cuspairean a' là.

9.00 Feasgar an-diugh
Naidheachdan, còmhradh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.

Dimàirt
Mar Diluain ach:

3.30pm Spòrscast
A còmhradh ri daoine 's iad ag innse mun phàirt a tha spòrs a cluich nam beatha.

4.00–5.00 Sàr Chlàr
Patsi NicChoinnich a' toirt cuireadh do a cuid aoigh an clàr as fheàrr leotha a thaghadh.
ath-chraoladh a'maireach aig 7pm

7.00–9.00 Rapal
Taghadh de na h-òrain ùra as fheàrr.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

Diciadain
Mar Diluain ach:

3.30pm SpeakGaelic
Podcast seachdaineil do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath *SpeakGaelic* air BBC ALBA.
ath-chraoladh aig 8.30pm

4.00–5.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach. (ath-chraoladh)

7.00 Sàr Chlàr Patsi NicChoinnich a' toirt cuireadh do a cuid aoigh an clàr as fheàrr leotha a thaghadh.

8.00 Feumaidh mi Tilleadh a Bharraigh

8.30–9.00 SpeakGaelic
Podcast seachdaineil do luchd-ionnsachaidh na Gàidhlig, an cois an t-sreath *SpeakGaelic* air BBC ALBA.

Diardaoin
Mar Diluain ach:

3.30–5.00pm Crùnluath
Taghadh de cheòl na pìoba.

7.00 Spòrscast
A còmhradh ri daoine 's iad ag innse mun phàirt a tha spòrs a cluich nam beatha.

7.30 –9.00Mo Chuairt Ciùil
Sùil air na h-òrain 's an ceòl a tha air buaidh a thoirt air beatha Ellen NicDhòmhnaill.
(ath-chraoladh) ath-chraoladh a'maireach aig 3.30pm

Dihaoine
Mar Diluain ach:

3.30pm–5.00 Mo Chuairt Ciùil
Sùil air na h-òrain 's an ceòl a tha air buaidh a thoirt air beatha Ellen NicDhòmhnaill.

5.30 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich.

6.00 Na Dùrachdan
Ceòl, òrain agus beannachdan còmhla ri Mairead agus Muireall.

9.00 Mac'ille Mhìcheil
Cuiridh Iain Mac'illeMhìcheil agus aoighean air a' fòn an deireadh seachdain air a chasan.

11.00 Tiompan
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

12.00–1.00am Naoi gu Deich
Còmhradh, deasbad, cultur agus cur-seachadan.

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1, 103.5–104.9, LW 198, MW 1449 (Aberdeen, LW progs)
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland FM 92.5–94.7
BBC Radio Scotland Extra MW 810
BBC Radio nan Gaidheal FM 103.5–104.9 (carries R4 in some parts)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Above stations also on Freeview (*not Sat 4pm–1am, Sun 4pm–12 midnight), weekdays 5pm–12 midnight), *plus satellite, cable, internet and DAB (Radio Scotland Extra service only).*

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling/Falkirk/Clackmannanshire)
CFM 102.2 (Workington), 102.5 (Penrith), 103.4 (Whitehaven), 96.4 (Carlisle)
Clyde 1 FM 102.3 (Rothesay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Clyde 2 MW 1152 (Glasgow)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Forth 2 MW 1548 (Edinburgh)
Heart FM 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/Aberfeldy)
Isles FM 103 (Western Isles)
Kingdom FM 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)
Lochbroom FM 102.2 (Ullapool), 96.8 (North West Scotland)
Mearns FM 105.1 (Portlethen), 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)
MFR Two MW 1107 (Inverness)
Nation FM 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original FM 106 (Aberdeen)
Pure FM 106.6 (Perth), 102 (Dundee)
Radio Borders 102.3 (Berwick), 103.4 (Eyemouth), 103.1 (Peebles), 96.8 (Selkirk)
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Skye 106.2, 102.7 (Skye/Lochalsh)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Tay 2 MW 1161 (Dundee), 1584 (Perth)
Two Lochs FM 106.6 (Loch Ewe), 106 (Gairloch)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothesay)
West Sound FM 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer), MW 1035 (Ayrshire)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

BBC Radio Ulster

Make a Difference awards 2023

Help your local BBC Radio station celebrate everyday acts of kindness in your area

Local BBC Radio stations are once again honouring our great neighbours, super carers and awesome volunteers for everyday acts of kindness where they live.

Make a Difference was established days after the first lockdown was announced in 2020. It is a virtual notice board where members of the public can offer help to or seek support from people in their local area. To date, nearly 11 million people have interacted across the 39 local BBC radio stations in England.

For this year's **Make a Difference** awards, your local BBC radio station needs your help to find the remarkable individuals who have positively impacted your communities over the past year.

The awards celebrate heart-warming stories of those who go above and beyond to make a difference in their local area.

There are eight award categories in which you can nominate the unsung heroes of your community:

Volunteer – an individual who makes a notable difference to the community by giving their time voluntarily to help a good cause.

Community Groups – a group of people who have worked together to help change the lives of others within the community.

Fundraiser – an individual or group who have gone the extra mile to raise funds for a good cause.

Carer – someone who improves the life of an individual or group of people by caring for them on a regular basis.

Great Neighbour – an individual or group of people who help to make the neighbourhood or local community a better place to live or work, either on a regular basis or through a single act of kindness.

Bravery – new this year, this award will go to an individual who has shown outstanding courage in the face of danger or difficulty.

The Green Award – an individual or group of people who help to make where we live a better place for nature and the environment.

The Together Award – an individual or group of people who encourage diversity within their community, by creating real change and breaking down barriers, bringing people from different walks of life together for a common cause.

The winners will be announced at **Make a Difference** awards ceremonies hosted in September by local BBC radio stations up and down the country.

For a full list of categories – and for details of how to nominate someone – go to **bbc.co.uk/makeadifference**
Nominations close on Sunday 5 March at 11pm

Saturday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm, then 11.55pm

6.45am Farm Gate
Elaine Mitchell takes a weekly look at farming, food and countryside issues.

7.05 Ralph McLean
A selection of fine tunes and conversation to ease listeners into the morning.
Phone: 0845 955 5678
Email: ralph@bbc.co.uk

8.00 News

8.05 Your Place & Mine
The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese.
Phone: 0289 033 8307
Email: ypam@bbc.co.uk

9.05 Gardeners' Corner
The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small around the province. Presented by David Maxwell.
Phone: 03030 80 55 55

10.05 On Your Behalf
Linda McAuley champions the cause of consumers in Northern Ireland.
Repeated Wednesday 6.05pm
Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8314
Email via the website: bbc.co.uk/oyb

11.05 The John Toal Show
John ventures beyond the confines of the studio for first-hand experience of listeners' family and community lives.
Phone: 03030 80 55 55
Text: 81771
Email: john.toal@bbc.co.uk

12.05pm Assume Nothing: The Hunt for Typhoid Mary
Ep 3. Ophelia Byrne recounts events in New York in 1907 when typhoid slayer Dr George Soper set out to track down asymptomatic typhoid spreader Mary Mallon, aka "Typhoid Mary". This stands as a story of ambition, clashing ideals, and radically different worlds – with consequences in the present.

12.30 Jimeoin Meets
6/6. Jimeoin gets fellow comedians to share funny and embarrassing life stories. Paul Sinha has a Christmas epiphany and Sean Choolburra talks about Aboriginal comedy.

1.05 The Eve Blair Show
The presenter introduces music and chat for the afternoon, with interviews and features from books to film.

2.05 Sportsound: Six Nations Championship
Coverage of Ireland v France in the second round of Six Nations fixtures, at Aviva Stadium (kick-off **2.15**). Presented by Gavin Andrews, with commentary by Jim Neilly and Tony Ward.

4.30 Sportsound
Michael McNamee presents coverage of the Irish Premiership, with live commentary and reports.

6.05 The Culture Café
From the page to the stage, Marie-Louise Muir hosts the essential cultural conversation.

7.05 Caschlár
Lig do scíth le scoth an cheoil le rogha Brian Mullen ó phopcheol, fréamhcheol, ceol traidisiúnta, na gormacha agus anamcheol.
Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. Including news at **8.00**.
Requests to: Brian Mullen, Irish Language Unit, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8043

9.05 Jazz World with Linley Hamilton
A selection of jazz music from around the world, and profiles up-and-coming local talent.
Email: linley.hamilton@bbc.co.uk

10.05 Saturday Club with John Bennett
Late-night music club featuring classic tracks. Including news at **11.00**.
Text: 81771

12.00 *as Radio 5 Live*

Sunday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm, then 11.55pm

7.05am Ralph McLean
A selection of fine tunes and conversation to ease listeners into the morning. Including Thought for the Day at **7.55** and news at **8.00**.
Phone: 0845 955 5678
Email: ralph@bbc.co.uk

8.30 Sunday Sequence
Audrey Carville and guests debate the week's religious and ethical news and explore the world of culture and ideas. With news at **9.00** and **10.00**.
Phone: 0289 033 8355
Email: sunday.sequence@bbc.co.uk

10.15 Morning Service
Parish Mass from the Church of Our Lady, Queen of Peace Kilwee, Dunmurry. The celebrant and preacher is Fr Rory Sheehan.

11.05 Sunday with Steven Rainey
In-depth current affairs, interviews, discussion and analysis – including a guide to the Sunday newspapers. Including news at **12 noon**.

1.05pm Sunday with Brian D'Arcy
Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon, along with some reflections to make them think, or laugh or cry.
Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

2.05 Anne-Marie Wallace
The host helps wind down the weekend and sets the mood for the week ahead with tunes and conversation. Including news at **3.00**.
Text: 81771
Email: kerry.mclean@bbc.co.uk

4.05 The Siobhan Brown Soul Show
Siobhan celebrates the world of soul music old and new, featuring tracks from the O Jays, Black Pumas and Freez.

5.05 Sounds Sacred
Richard Yarr introduces sacred music by local and international performers. He also plays listeners' requests and provides news of music events across Northern Ireland.

6.05 Kintra
Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities.
Email: kintra@bbc.co.uk

6.30 The Roar of the Greasepaint
Ep 4. Lata Sharma celebrates Ulster's great tradition of amateur dramatics. She also reflects on the activities of dance groups, ethnic groups celebrating their culture, musical theatre schools and educational groups.

7.05 Classical Connections with John Toal
The host presents popular classical music. Plus news, reviews and interviews with local and touring performers. Including news at **8.00**.

9.05 Jazz Club with Walter Love
Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

10.05 Sunday Club with John Bennett
A late-night selection of music designed to soothe away the problems of the past week.
Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ
Email: jb@bbc.co.uk

12.00 *as Radio 5 Live*

Monday

RADIO ULSTER NEWS: half-hourly 6.30am to 8.30, hourly 9.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
With Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus agri-business in *Farm Gate* and a Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.00 Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Sportsound Extra Time
Nicola McCarthy, Nigel Ringland and guests discuss the biggest stories making the back pages, with interviews, analysis and debate.

7.05 Blas
Fearghal Mag Uiginn le súil siar ar aicsean na gclubanna CLG agus craobhchomórtais na gContaetha ag teacht chun críche agus feachtais Chumainn Uladh faoi lánseol.
Fearghal Mag Uiginn looks back at the weekend's sporting action.

7.30 The Stephen McCauley Show
Alternative music from punk to electronica from home and abroad, featuring performances and interviews. Including news at **8.00** and **9.00**.

9.30 ATL Introducing
Gemma Bradley serves up the freshest Irish musical talent, from indie-rock to hip-hop with live music and interviews. Including news at **10.00**.

11.05 The Late Show with Eve Blair
Chilled-out music, plus material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Tuesday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.00 Talkback
William Crawley and the team present news and invite listeners' reactions to the stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

Listen on the internet at radiotimes.com/radio/radio-listings

Frequencies

1.30pm Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Farming Matters
Voices, views, stories, news and chat from Northern Ireland's rural community, hosted by Nicola Weir. Including essential livestock and weather reports.

7.05 Blas
Na himeachtaí ealaíne agus cultúir ar gá iad a fheiceáil agus a chluinstin.
Dáithí Ó Muirí keeps listeners up-to-date with all that's happening in the arts.

7.30 The Stephen McCauley Show
Alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Local Voices
Ralph McLean presents a selection of Irish music, sessions and chat from new Northern Ireland artists and established acts. Including news at **10.00**.

11.05 The Late Show with Eve Blair
Chilled-out music, including easy listening melodies, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Wednesday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.00 Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Text: 81771
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 On Your Behalf
Linda McAuley champions the cause of consumers in Northern Ireland, helping them to solve their problems, make the right choices and avoid the pitfalls.
Repeated from Saturday 10.05am

7.05 Blas
Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Má tá sé i mbéal an phobail, beidh sé i mbéal Mháire agus a haíonna chomh maith.
Máire Bhreathnach has all the latest news on local and international events and the issues of the day.

7.30 The Stephen McCauley Show
Alternative music from punk to electronica from home and abroad, with performances and interviews. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Rock and Soul
The presenter plays classic rock, soul, blues, pop, gospel, reggae and funk music during his weekly journey through some of the most soulful music ever made. Includes news at **10.00**.

10.55 Wah Yan Jee Sing
Local information on health and social issues in Cantonese.

11.05 The Late Show with Eve Blair
Chilled-out music, including a mix of easy listening melodies, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Thursday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.00 Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Country music, plus the opportunity for listeners to submit requests. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 The Ticket
From blockbuster movies to comedy gigs, Kathy Clugston has just the ticket, offering ideas on how listeners can spend their leisure hours.

7.05 Blas
Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime, gach rud ón stíl mhaireachtála go taisteal agus cúrsaí spóirt.
A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more.

7.30 The Stephen McCauley Show
Alternative music from punk to electronica from home and abroad, featuring live performances. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Country
From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **10.00**.

11.05 The Late Show with Eve Blair
Chilled-out music, including a mix of easy listening melodies, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Friday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
With Chris Buckler and Joel Taggart, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show
Breaking news and hard-hitting debate. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show
With features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.00 Talkback
William Crawley and the team invite listeners' on-air reactions to the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Country music, plus the opportunity for listeners to submit requests. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Vinny Hurrell Show
Magazine show, with music, chat and a bit of craic to get the weekend under way.
Text: 81771
Email: vinny.hurrell@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news, regular sport, traffic and weather reports.

5.30 Inside Business
A weekly insight into what's really happening in business and the economy in Northern Ireland, with commentary, analysis and the big interviews.

6.05 The House Party with Phil Taggart
Phil kicks off the weekend with dance music to get the party started. With news at **7.00**.

7.30 The Mickey Bradley Record Show
Another selection of vintage rock, pop, and new releases. With news at **8.00** and **9.00**.
Text: 81771
Email: michael.bradley@bbc.co.uk

9.30 Blas Ceoil
Cuireann Caoimhe "Ceol" Ní Chathail tús spleodrach le do dheireadh seachtaine. Ceol traidisiúnta, fréamh agus dúchasach, le heisiúintí úra, sonraí gigeanna agus seisiúin bheo.
Caoimhe "Ceol" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with traditional, roots and folk music. Including news at **10.00**.

10.30 Folk Club with Lynette Fay
Lynette selects traditional and contemporary folk music, with new releases and vintage vinyl Including news at **11.00**.
Email: lynette.fay@bbc.co.uk

12.00 *as Radio 5 Live*

BBC Northern Ireland Broadcasting House Ormeau Avenue, Belfast BT2 8HQ 02890 338 000 Phone-in 0845 955 5678

RADIO FOYLE

As Radio Ulster except:

Sunday
FOYLE NEWS: hourly 9.00am to 5.00pm (not 1.00pm)

5.05pm–6.00 Rejoice
James McClelland presents gospel favourites and sacred music, plus listeners' requests and dedications.
To get in touch with the show, write to 8 Northland Road, Londonderry BT48 7GD.

Weekdays
FOYLE NEWS: hourly 7.00am to 3.00pm, plus 7.30am, 8.30

6.30am Good Morning Ulster
News from home and abroad, presented by: **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart

7.00–9.00 The Breakfast Show
Local, national and international news.

12 noon Talkback
William Crawley and the team invite reactions to the breaking stories of the day.

1.00pm The News at One
Lunchtime round-up.

1.30 The Mark Patterson Show
Issues affecting the daily lives of people in the north-west of Northern Ireland. Including news at **2.00**.

3.05–4.00 Sean Coyle
Music and chat, plus listeners from across the region are invited to phone in with their requests and dedications.

Fri: 7.30 Foyle Sportsound
Coverage of St Patrick's Athletic v Derry City from Richmond Park in Dublin as the Irish Premier Division season begins (kick-off **7.45**). Introduced by Dessie McCallion, with commentary from Eric White and Liam Coyle.

Fri: 10.00–10.30 Blas Ceoil
Cuireann Caoimhe "Ceol" Ní Chathail tús spleodrach le do dheireadh seachtaine. Ceol traidisiúnta, fréamh agus dúchasach, le heisiúintí úra, sonraí gigeanna agus seisiúin bheo.
Caoimhe "Ceol" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with traditional, roots and folk music. Including news at **10.00**.

BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD Tel: 02871 266 522

National

BBC Radio 1
FM 97.9–99.7
BBC Radio 2
FM 88.3–90.1
BBC Radio 3
FM 90.5–92.3
BBC Radio 4
93.2 (Ballycastle), 93.2 (Carnmoney Hill), 94 (Limavady), 94.9 (Londonderry), 95.6 (Brougher Mountain), 96 (Belfast), 103.5 (Larne), 103.9 (Rostrevor Forest/Kilkeel), 104.6 (Camlough), (R4 FM cannot be heard in some parts of N Ireland) LW 198 MW 720, 774 (Enniskillen (carry LW programmes)
BBC Radio 5 Live
MW 693, 909
BBC Radio Foyle
FM 93.1
BBC Radio Ulster
FM 92.7–95.4

RTE Radio 1
FM 87.8–90.0, LW 252
RTE 2FM 90.4–92.2, 97
RTE Raidió na Gaeltachta
92.6–94.4, 102.7
RTE Lyric FM 97.8–99.6, 92.2, 95.2, 96.7, 102.2

Classic FM 99.9–101.9 (not Freeview)
Talksport MW 1053, 1089
Absolute MW 1215
Today FM FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

Cool FM 97.4
Music, news and sport
Downtown FM 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast) Music, news
Q FM 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Mid Ulster), 107.2 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)

BBC Radio Wales

Make a Difference awards 2023

Help your local BBC Radio station celebrate everyday acts of kindness in your area

Local BBC Radio stations are once again honouring our great neighbours, super carers and awesome volunteers for everyday acts of kindness where they live.

Make a Difference was established days after the first lockdown was announced in 2020. It is a virtual notice board where members of the public can offer help to or seek support from people in their local area. To date, nearly 11 million people have interacted across the 39 local BBC radio stations in England.

For this year's **Make a Difference** awards, your local BBC radio station needs your help to find the remarkable individuals who have positively impacted your communities over the past year.

The awards celebrate heart-warming stories of those who go above and beyond to make a difference in their local area.

There are eight award categories in which you can nominate the unsung heroes of your community:

Volunteer – an individual who makes a notable difference to the community by giving their time voluntarily to help a good cause.

Community Groups – a group of people who have worked together to help change the lives of others within the community.

Fundraiser – an individual or group who have gone the extra mile to raise funds for a good cause.

Carer – someone who improves the life of an individual or group of people by caring for them on a regular basis.

Great Neighbour – an individual or group of people who help to make the neighbourhood or local community a better place to live or work, either on a regular basis or through a single act of kindness.

Bravery – new this year, this award will go to an individual who has shown outstanding courage in the face of danger or difficulty.

The Green Award – an individual or group of people who help to make where we live a better place for nature and the environment.

The Together Award – an individual or group of people who encourage diversity within their community, by creating real change and breaking down barriers, bringing people from different walks of life together for a common cause.

The winners will be announced at **Make a Difference** awards ceremonies hosted in September by local BBC radio stations up and down the country.

For a full list of categories – and for details of how to nominate someone – go to **bbc.co.uk/makeadifference**
Nominations close on Sunday 5 March at 11pm

Saturday

NEWS: hourly 7.00am to 2.00pm
WEATHER: before most news bulletins
HILL FORECAST: 6.59am

5.00am Vicki Blight
Music and chat.
7.00 Radio Wales Breakfast
News, sport, travel and weather with Oliver Hides.
9.00 Money for Nothing
Dedications and song requests from the 1950s to the 80s.
Phone: 03700 100 110
11.30 Carol Vorderman
Music and guests.
2.00pm Radio Wales Sport
Commentary on Scotland v Wales, a Six Nations match at Murrayfield, including build-up and reaction to the big match (kick-off **4.45**).
7.00 Bethan Elfyn
Featuring the Wales Mix and a guest DJ Takeover.
10.00 Adam Walton
New Welsh music, exclusive sessions, interviews and demos.
1.00am–6.00 *as Radio 5 Live*

Sunday

NEWS: hourly 7.00am to 6.00pm
WEATHER: before most news bulletins
HILL FORECAST: 6.58am

6.00am Radio Wales Arts Show
Nicola Heywood Thomas explores love and heartache in poetry, theatre and film.
Repeated from last Friday
Repeated Monday 5.30am
6.30 Science Café
Adam Walton presents a guide to the latest developments in the scientific world, including cutting-edge technologies and current research.
Repeated from last Tuesday
7.00 Country Focus
The rural affairs programme for everyone working in or living in the Welsh countryside.
Repeated Wednesday 6.30pm and Thursday 5.30am
7.30 Celebration
A service led by the Rev Judith Morris, general secretary of the Baptist Union of Wales.
8.00 Sunday Supplement
Political news, discussions and analysis, plus a round-up of the Sunday papers.
9.00 All Things Considered
Religious affairs programme, tackling the issues of the day in a thought-provoking manner.
Repeated Tuesday 5.30am
Email: religion.wales@bbc.co.uk
9.30 Sunday Morning with Scott Quinnell and Co
Music and guests.
11.00 Owen Money's Solid Gold Sunday
Classic hits from the 1960s and 70s.
1.00pm Kiri Pritchard-McLean
Music and chat for Sunday afternoon.
3.00 Lynn Bowles
Music, entertainment and guests for Sunday afternoon.
5.00 Roy Noble
Classic songs and chat.
Email: roy.noble@bbc.co.uk
7.00 The Idea Live
2/5. Inspirational talks from renowned politicians, entrepreneurs and academics, and the stories behind them.
8.00 Celtic Heartbeat
Frank Hennessy presents the best in folk, roots and acoustic music from the Celtic countries and beyond. Plus, Frank's weekly Celtic gig guide.
10.00 Beverley's World of Music
Beverley Humphreys introduces a selection of popular songs from stage and screen.
1.00am–5.30 *as Radio 5 Live*

Monday

NEWS: hourly 6.00am to 10.00pm
WEATHER: before most news bulletins

5.30am Radio Wales Arts Show
Nicola Heywood Thomas explores love and heartache in poetry, theatre and film.
Repeated from Sunday 6am
6.00 Radio Wales Breakfast
News, sport, travel and weather with Claire Summers.
8.30 Jason Mohammad
Debate, stories and music.
11.00 Wynne Evans
Music and chat.
2.00pm Behnaz Akhgar
Music and guests, plus the daily workout for the brain, the **2.45** Teaser.
5.00 Radio Wales Drive with Gareth Lewis
Everything you need to know from Wales and the world.
6.30 The Ministry of Happiness
2/2. Sitcom-documentary telling the almost unbelievable true story of the first BBC radio station in Wales. Lord Reith has put his trust in Arthur Corbett-Smith to head up his new network, but Corbett-Smith has his own ideas about what a Welsh network should be. Where London broadcasts the news in black tie, the studio at 5WA is so hot that the orchestra are performing wearing only vests – but will Egg Week turn out to be more than they can handle?
7.00 BBC National Orchestra of Wales
Wynne Evans hosts a gala concert with BBC NOW, celebrating 100 years of the BBC in Wales. Conducted by Pete Harrison and featuring mezzo-soprano Samantha Price, soloist Kizzy Crawford and tenor Wynne Evans.
8.30 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.
10.00 The Late Show with Eleri Siôn
Music and chat.
12.30am–5.30 *as Radio 5 Live*

Tuesday

NEWS AND WEATHER: as Monday

5.30am All Things Considered
Religious affairs programme, tackling the issues of the day in a thought-provoking manner.
Repeated from Sunday 9am
Email: religion.wales@bbc.co.uk
6.00 Radio Wales Breakfast
News, sport, travel and weather with Claire Summers.
8.30 Jason Mohammad
Lively debate, challenging stories and great music.
11.00 Wynne Evans
Music and chat.
2.00pm Anna Ryder Richardson
Sitting in for Behnaz Akhgar, with music and guests, plus the daily workout for the brain, the **2.45** Teaser.
5.00 Radio Wales Drive with Gareth Lewis
Everything you need to know from Wales and the world.
6.30 Science Café
Adam Walton explores artificial intelligence, discussing its potential to transform our world and the ethical questions it raises. Director of the UKRI Centre for Doctoral Training in AI, Machine Learning and Advanced Computing, Professor Gert Aarts, introduces us to AI and its uses in theoretical physics. Dr Mabrouka Abuhmida from the University of South Wales discusses a new AI tool to support people with mental health conditions, and Professor Yogesh Dwivedi from Swansea University explains the ethical challenges concerning artificial intelligence.
Repeated tomorrow 5.30am
7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

North FM only
7.00–10.00 Radio Wales Sport
Wrexham v Woking, commentary on the National League match at the Racecourse Ground (kick-off **7.45**).

South East FM only
7.00–10.00 Radio Wales Sport
Birmingham City v Cardiff City, commentary on the Championship fixture at St Andrew's (kick-off **7.45**).

Newport FM only
7.00–10.00 Radio Wales Sport
Newport County v Stevenage, commentary on the League Two encounter at Rodney Parade (kick-off **7.45**).

10.00 The Late Show with Eleri Siôn
Music and chat.
12.30am–5.30 *as Radio 5 Live*

Wednesday

NEWS AND WEATHER: as Monday

5.30am Science Café
Adam Walton explores artificial intelligence, discussing its potential to transform our world and the ethical questions it raises.
Repeated from yesterday 6.30pm
6.00 Radio Wales Breakfast
News, sport, travel and weather with Claire Summers.
8.30 Jason Mohammad
Lively debate, challenging stories and great music.
11.00 Wynne Evans
Music and chat.
2.00pm Anna Ryder Richardson
Sitting in for Behnaz Akhgar, with music and guests, plus the daily workout for the brain, the **2.45** Teaser.
5.00 Radio Wales Drive with Wyre Davies
Everything you need to know from Wales and the world.
6.30 Country Focus
Rural affairs programme.
Repeated from Sunday 7am
Repeated tomorrow 5.30am
7.00 Huw Stephens
Featuring the Artist of the Week and new music from Wales and beyond.

South West FM only
7.00–10.00 Radio Wales Sport
Swansea City v Blackpool, the Championship match at Swansea.com Stadium (kick-off **7.45**).
10.00 The Late Show with Eleri Siôn
Music and chat.
12.30am–5.30 *as Radio 5 Live*

Thursday

NEWS AND WEATHER: as Monday

5.30am Country Focus
The rural affairs programme for everyone working in or living in the Welsh countryside.
Repeated from yesterday 6.30pm
6.00 Radio Wales Breakfast
News, sport, travel and weather with Claire Summers.
8.30 Dot Davies
Lively debate, challenging stories and great music.
11.00 Wynne Evans
Music and chat.
2.00pm Anna Ryder Richardson
Sitting in for Behnaz Akhgar, with music and guests, plus the daily workout for the brain, the **2.45** Teaser.
5.00 Radio Wales Drive with Gareth Lewis
Everything you need to know from Wales and the world.
6.30 The Murder Files
Former Detective Steve Wilkins re-examines the evidence in the 1993 murders of Harry and Megan Tooze. Visiting the scene of the crime and speaking to people who knew Harry and Megan, Steve tries to piece together what happened to them, and why the case has been impossible to crack.
Repeated tomorrow 5.30am
7.00 Aleighcia Scott
Music and culture.
10.00 The Late Show with Eleri Siôn
Music and chat.
12.30am–5.30 *as Radio 5 Live*

Friday

NEWS: hourly 6.00am to 7.00pm; plus 8.50pm and 10.00
WEATHER: before most news bulletins

5.30am The Murder Files
Former Detective Steve Wilkins re-examines the evidence in the 1993 murders of Harry and Megan Tooze.
Repeated from yesterday 6.30pm
6.00 Radio Wales Breakfast
News, sport, travel and weather with Oliver Hides.
8.30 Dot Davies
Lively debate, challenging stories and great music.
11.00 Wynne Evans
Music and chat.
2.00pm Eleri Siôn
Music and chat.
5.00 Radio Wales Drive with Gareth Lewis
Everything you need to know from Wales and the world.
6.30 The Review Show
The current arts scene.
7.00 Radio Wales Sport
Cardiff City v Reading, the Championship match at Cardiff City Stadium (kick-off **8.00**).
10.00 Friday Night H
The Steps singer provides music and chat.
12.30am–5.00 *as Radio 5 Live*

BBC Wales, 3 Central Square, Cardiff CF10 1FT
03703 500 700
(weekdays 9.30am to 5.30pm)
(landline calls charged at a maximum of 8p per minute)
SMS: 81012
bbc.co.uk/radiowales

Listen on the internet at radiotimes.com/radio/radio-listings

Cymru

Sadwrn

5.30am Richard Rees
Cerddoriaeth a chwmnïaeth ar gyfer bore Sadwrn.
7.00 Galwad Cynnar
Gerallt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth.
EBOST: galwadcynnar@bbc.co.uk
8.00 Dros Frecwast
Y newyddion diweddaraf, gyda Dylan Jones.
8.30 Ar y Marc
Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed.
EBOST: arymarc@bbc.co.uk
9.00 Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.
11.00 Y Sioe Sadwrn
Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.
2.00pm Chwaraeon Radio Cymru
Sylwebaethau byw, yn ogystal â chanlyniadau a'r newyddion chwaraeon diweddaraf.
4.00 Chwaraeon Radio Cymru
Sylwebaeth ar gêm Yr Alban v Cymru ym Mhencampwriaeth y Chwe Gwlad 2023.
7.00 Y Gerddorfa
Cyngerdd byw o Neuadd Brangwyn, Abertawe yng nghwmni Cerddorfa Genedlaethol Gymreig y BBC.
9.15 Ffion Emyr
Cerddoriaeth a chwmnïaeth ar nos Sadwrn, gyda Ffion Emyr.
12.00 *gweler World Service*

Sul

5.30am Linda Griffiths
Dechreuwch eich dydd Sul yn sain dewis cerddorol Linda Griffiths.
7.00 Troi'r Tir
Y straeon diweddaraf o fyd amaeth a bywyd cefn gwlad.
7.30 Caniadaeth y Cysegr
Catrin Hughes yn cyflwyno emynau o gymanfa capel Hermon, Cynwyl Elfed.
Ail-ddarlledir 4.30pm
8.00 Bore Sul
Trin a thrafod papurau'r Sul, cerddoriaeth a sgyrsiau hamddenol.
10.00 Swyn y Sul
Y soprano Elin Manahan Thomas yn cyflwyno cerddoriaeth ar gyfer bore Sul.
12.00 Yr Oedfa
Gwasanaeth yn arbennig i wrandawyr Radio Cymru.
12.30pm Bwrw Golwg
John Roberts a'i westeion yn trafod materion moesol a chrefyddol.
EBOST: bwrw.golwg@bbc.co.uk
1.00 Beti a'i Phobol
Beti George yn sgwrsio gydag un o bobl Cymru.
Ail-ddarlledir Iau am 6pm
2.00 Cofio
Archif, atgof a chân yng nghwmni John Hardy.
3.00 Hywel Gwynfryn
Amrywiaeth o gerddoriaeth, yn ogystal â phytiau o raglenni Radio Cymru o'r wythnos a fu.
4.30 Caniadaeth y Cysegr
Catrin Hughes yn cyflwyno emynau o gymanfa capel Hermon, Cynwyl Elfed.
Darlledwyd 7.30am
5.00 Stori Tic Toc
Stori am Lleucu'r Lleuad sy'n hoffi gwenu, a bachgen bach sydd arno ofn mynd i'w wely.
Ail-ddarlledir
5.05 Dei Tomos
Sgyrsiau am Gymru, ei phobl a'i diwylliant.
EBOST: deitomos@bbc.co.uk
6.30 Byd Iolo
Iolo Williams yn ein tywys i ganol byd natur yn Sri Lanka.
7.00 Y Talwrn
Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2023.
Ail-ddarlledir Mercher am 6pm
8.00 Ar Eich Cais
Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau.
EBOST: areichcais@bbc.co.uk
9.00 John ac Alun
Cerddoriaeth a sgwrsio i gloi'r penwythnos.
12.00 *gweler World Service*

Llun

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.
7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.
9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.
11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.
1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500
2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.
5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Nia Thomas yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY
6.00 Amleddau
Darn newydd gan John Meirion Rea yn dathlu 100 mlwyddiant y darlleddiad radio Cymraeg cyntaf – yn plethu cerddoriaeth newydd gan John gydag elfennau sain, lleisiau cyfoes, a chyfoeth canrif o archif darlledu o Gymru.
7.00 Rhys Mwyn
Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.
9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.
12.00 *gweler World Service*

Mawrth

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore.
7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.
9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.
11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.
1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500
2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.
5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC,
Bryn Meirion
Bangor,
LL57 2BY
6.00 Gwneud Bywyd yn Haws
Hanna Hopwood a'i gwesteion sy'n trafod beth sy'n gwneud bywyd yn haws.
6.30 Meistr y Miwsig
Pwy fydd Meistr y Miwsig 2023? Dai Williams sy'n cyflwyno cwis cerddoriaeth Radio Cymru.
7.00 Georgia Ruth
Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrofol.
9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.
12.00 *gweler World Service*

Mercher

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.
7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.
9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.
11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.
1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500
2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.
5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC,
Bryn Meirion
Bangor,
LL57 2BY
6.00 Y Talwrn
Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2023.
Darlledwyd Sul am 7pm
7.00 Mirain Iwerydd
Cerddoriaeth newydd Cymru.
9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.
12.00 *gweler World Service*

Iau

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.
7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.
9.00 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.
11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.
1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500
2.00 Ifan Jones Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.
5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC,
Bryn Meirion
Bangor,
LL57 2BY
6.00 Beti a'i Phobol
Beti George yn sgwrsio gydag un o bobl Cymru.
Darlledwyd Sul am 1pm
7.00 Huw Stephens
Cerddoriaeth newydd, ambell berl anghyfarwydd a sgwrs i gael gwybod pa ganeuon sydd wedi newid bywydau pobl.
9.00 Caryl
Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.
12.00 *gweler World Service*

Gwener

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.
7.00 Dros Frecwast
Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Gwenllian Grigg.
9.00 Trystan ac Emma
Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.
11.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.
1.00pm Dros Ginio
Trin a thrafod Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500
2.00 Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.
5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn,
BBC Radio Cymru
Canolfan y BBC,
Bryn Meirion
Bangor,
LL57 2BY
6.00 Lauren Moore
Cerddoriaeth ar gyfer nos Wener yng nghwmni Lauren Moore.
9.00 Nos Wener Ffion Emyr
Ffion Emyr yn tanio'r penwythnos gyda tair awr o gerddoriaeth.
12.00 *gweler World Service*

Radio Cymru: 03703 500 500 (Codir prisiau daearyddol safonol am alwadau o ffonau sefydlog a symudol)
Rhif Testun: 67500 (Codir tal yn unol a chyfradd costau eich rhwydwaith)
Ebost: radio.cymru@bbc.co.uk
Gwefan: bbc.co.uk/radiocymru

Cymru 2

fel Radio Cymru ag eithrio:

Sadwrn
7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Daniel Glyn

Sul
7.00am–10.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Mirain Iwerydd

Llun–Iau
7.00am Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips
9.00–11.00 Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fiwsig
7.30pm–9.45 Chwaraeon Radio Cymru: **Mawrth:** Sylwebaeth o gêm Birmingham City v Caerdydd yn y Bencampwriaeth; **Mercher:** Sylwebaeth fyw o gêm Abertawe v Blackpool yn y Bencampwriaeth

Gwener
7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Lisa Angharad
11.00–1.00pm Dom James: Dom James yn chwarae eich hoff fiwsig
7.45–10.00 Chwaraeon Radio Cymru: Sylwebaethau ar gêm Caerdydd v Reading yn y Bencampwriaeth

Frequencies

National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, 103.5–105, LW 198
BBC Radio 5 Live MW 693, 909, 990
Radio Cymru 92.4–96.1, 96.8, 103.5–105
Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet
BBC Radio Wales 93.9–95.9, 103.7, 103.9
BBC Radio Wales Extra MW 1125 (mid-Wales)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Absolute MW 1197, 1242, 1260
The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath) Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413
Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)
Somerset 95.5, MW 1566 Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:
Bay Radio 102.1 (Swansea)
Bridge FM 106.3 (Bridgend/Vale of Glamorgan)
Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news
Carmarthenshire 97.1 (Carmarthenshire), 97.5 (Llanelli/Carmarthen Town)
Chester's Dee 106.3
Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music
Heart 88 (Wrexham), 103 (Bath/Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/Flint), 107.2 (Caernarfon/Anglesey), 107.3 (Rhyl/Prestatyn)
Greatest Hits Radio 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston-Super-Mare/north Somerset/Swindon) 107.9 (Bath), MW 1170 (Swansea/south west Wales)
GTFM 107.9 Pontypridd, 100.7/107.1 Cynon Valley
Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news
Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news
Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)
Radio Cardiff 98.7
Radio Tircoed 106.5 (West Swansea) Music, news
Scarlet FM 97.5 (Llanelli)
Smooth 100.4 (north-west England); MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)
Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (south Shropshire)
The Wave 96.4 (Swansea)

LOCAL Radio

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Books

The National Comedy Awards for Stand Up to Cancer *Friday 9.00pm* **C4**

Tom Allen says *Bake Off* contestants love his waspish put-downs – but his fellow comics get more stinging treatment...

'I JUST PLAY AT BEING MEAN'

Amazingly, Tom Allen has never had a cake shoved in his face. Despite his bottomless supply of waspish comments to contestants on *The Great British Bake Off: an Extra Slice* (All 4), he insists, none has ever objected: "I promise you! I go round after each show to say thanks for being such a sport, and not one of them has ever been upset. I'd be devastated if they had."

It's because he's not "genuinely mean", reckons the comedian and presenter, also to be seen on *The Apprentice: You're Fired* (Thursday BBC2) and *Cooking with the Stars* (ITVX). "It's waspish but without the sting. There's a glint in the eye. I'm playing with the idea of meanness. I try to take my experience of being bullied and put it back out playfully, so the meanness is out there in the middle of the room and we can all laugh at it, and it loses its power. That idea comes from a long tradition of comedy, particularly queer comedy, where playing with meanness makes the cruelty in the world seem less powerful."

Allen says, "I grew up loving Larry Grayson, who would do that thing of taking his glasses off if someone was talking for too long. He was making fun of the people who were horrible to him when he was growing up, he was reprocessing that in a way that we can all laugh at, including the person he was making fun of. And that's a lovely thing, isn't it? Just to be playful and laugh at the world..."

In his new book, meanwhile, Allen finds humour among some pretty dark moments. *Too Much*, his second memoir, is about "this huge transition" he went through when he lost his father to a sudden heart attack in 2021.

"I wanted to be completely honest about my experience, in the hope that other people will connect with it. I wanted it to be life-affirming, but not mawkish and sentimental, because relationships are complex... and life isn't like a Hallmark film. I tried to include humour, too, because actually there is humour in losing somebody.

"You don't stop being yourself, or finding things funny. For instance, there's a bit in the book

TOM'S GALLERY
Top: Tom Allen bringing levity to *The Apprentice: You're Fired*
Above: with his father, Paul, who died in 2021

where I had to go to another funeral, and I couldn't help comparing it to my dad's, and getting slightly competitive about it, like the bitchy little gay that I am – I was like, 'Oh no, we would never do it this way. We'd never have that kind of hearse…'"

There are proper out-loud laughs on almost every page, but hard-won wisdom, too. He writes eloquently about how he found gardening therapeutic ("I've always been an old soul, so the fact I have the hobbies of a retired woman should be no surprise"); came to appreciate his dad's non-declamatory kind of love ("If my dad said 'I love you' to me, it wouldn't have been real. It was much more real for him not to say it, and to make me a bacon sandwich instead, and for us to eat it in silence"); and developed a healthy scepticism for much of what other "authorities" on grief prescribe.

"Quite a lot of glib advice is thrown around, like 'Be kind to yourself'. But what does that really mean? And who's got the time? There's so much admin when someone dies – 'deadmin', I call it, or 'sadmin' – organising the funeral, informing the insurance company, chasing the coroner, dealing with the flowers, looking after all the people who pop by. So how am I going to be kind to myself – just pop out for a facial in the middle of all that?"

There's a time and a place for kindness, of course – although it's probably fair to say that it won't be at his next gig. This Friday, Allen is hosting the *National Comedy Awards for Stand Up to Cancer* on Channel 4. "I've known all the comedians for 20-odd years, so I'll certainly be taking the piss out of them," he says, reassuringly. But isn't he worried about a Chris Rock/Will Smith at the Oscars scenario? About a disgruntled Gervais or Toksvig storming the stage? "Sandi? The mere idea is ridiculous!" he chuckles. "Comedians don't take themselves as seriously [as actors]. We laugh at ourselves.

"Anyway," he shrugs, "maybe I'm wrong, and all the comedians will come up on stage and slap each other. It's going out absolutely live, so whatever anyone says or does, it's too late to worry about it after. Who knows what will happen?"

ED GRENBY

THAT'S A BIG WHISK
Jo Brand and Tom Allen enjoying *Bake Off*

RT BOOKSHOP

To order *Too Much*, by Tom Allen (published by Hodder Studio, £20) for £18 including p&p, please call **03302 232 639*** or visit **radiotimes.com/shop07**

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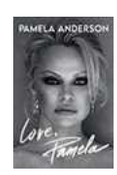
ON OUR BOOKSHELF

Into the heart of darkness

Fergal Keane reveals his own scars from years in war zones

THE MADNESS
FERGAL KEANE
Book of the Week
Mon–Fri 9.45am/12.30am ***Radio 4***
For the viewer and listener, it can be easy to forget that while not directly involved in the wars and violence they report on, correspondents are laying their lives on the line to investigate and deliver news to the general population. Fergal Keane has been venturing to war zones for more than 30 years, witnessing genocide and tragedy, and has been deeply affected by his experiences. *The Madness* (William Collins, £22) is his memoir of a career surrounded by bloodshed, how PTSD has affected his life, and an interrogation of why, despite the horrors he's seen, he can't seem to stay away from war.

FUNNY GIRL
NICK HORNBY
Funny Woman
Thursday 9pm ***Sky Max***
It's 1964, and the newly crowned Miss Blackpool is overwhelmed – but with heartache rather than joy, since she's just realised that she'll never be satisfied with life up North. Armed with a lifelong dream of making people laugh, she heads to London to become the star of the BBC's newest sitcom. Nostalgic for the Swinging Sixties, and full of pop culture references, Nick Hornby's *Funny Girl* (Penguin, £8.99) is both funny and affectionate, as the lead breaks through stereotypes and fulfils her dreams. Nine years after initial publication, an adaptation starring Gemma Arterton is airing on Sky Max.



LOVE, PAMELA
PAMELA ANDERSON
Pamela, a Love Story
Available now on ***Netflix***
Pamela Anderson's life story has been part of public knowledge for years, from *Baywatch* stardom to her notorious sex-tape scandal. But most of what has been released was without Anderson's input, creating an image of the star that has been moulded by tabloids and hearsay. In *Love, Pamela* (Headline, £20), alternating between storytelling and verse, she seeks to reclaim her image and tell her own story, from her difficult childhood to the glamour of the 1980s and 90s stardom, the hardship of her sex tape being non-consensually released, to a life filled with fun – raising her two boys, starring on Broadway, and writing her own narrative. **RHIANNON THOMAS**

*CALLS CHARGED PER MINUTE AT NO MORE THAN NATIONAL RATE
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Travel

WHERE FANTASY LIVES

Prague's history and architecture make it a favourite spot for film-makers

Carnival Row
Series 2 available from Friday ***Amazon Prime***

If you want fairy-tale flourishes – Gothic gargoyles, sky-piercing spires, higgledy-piggledy houses skirted by aged cobbles – you come to Prague. Europhiles know it, photographers know it and location scouts know it: exhibit A is *Carnival Row*, the Amazon Original drama that was filmed here, which first aired in 2019. The show's second and final season is out this week and follows the same community of mythological creatures who live among humans in a city called the Burgue. Orlando Bloom's detective Rycroft "Philo" Philostrate and Cara Delevingne's Vignette Stonemoss will stalk the city's dark, conspiracy-filled streets one last time, with the dramatic bridges, squares and eerie alleys of the Czech capital given a starring role, too.

If you want to follow in their footsteps, you're in luck. This is a city that really delivers on immaculately preserved history, not to mention stories of all stripes: tragic, whimsical, far-fetched. You'll need more than a long weekend to really dig into it.

So where to start? You'll feel most like a time-traveller in quaint Mala Strana, the "lesser town", best accessed by crossing the city's number one sight: the Charles Bridge. Though perpetually crowded with tourists and Instagrammers, it's 516m long and trimmed with 30 towering, glowering statues, meaning there's enough room and views to go around. Visit first thing in the morning, crossing east to west, for the best chance of a quiet stroll.

> 'This is a city that really delivers on stories of all stripes'

The bridge's time-burnished, charcoal-coloured bricks date back to 1402, when Prague was still part of the Kingdom of Bohemia, making it one of the few remaining medieval bridges in the modern world. Though the heads of pesky revolutionaries are no longer hung here, as they were 400 years ago, it's still elegantly creepy.

As you step off the bridge on its western end, Mala Strana's custard-coloured houses and wooden-signed taverns slope up towards the imposing, Gothic St Vitus Cathedral. It's the crowning glory of the hilltop Prague Castle complex, where you can tick off a cluster of magical churches, palace buildings and museums with one combined ticket.

Start with the enormous, can't-miss-it St Vitus Cathedral, with its sky-high arches and vast stained-glass panels that create a roller-disco kaleidoscope every time the sun hits them. Consider booking a guided tour of this area (**hrad.cz/en/prague-castle-for-visitors/guided-tours**); each building has an intriguing story, but the pamphlets and signage are minimal. A guide will help decode each eerie crypt and peeling fresco. The other must-visits up here are the solemn, echoing St George's Basilica – dating back to a mind-boggling AD 920 – and the Lobkowicz Palace Museum. The latter has plenty of art and musical instruments to peruse, but it's also the best spot for a view of the city skyline from the upper-floor terrace. Rack up an impressive step count on a morning exploring all of the above, then reward yourself with lunch.

The Czechs may not be famous for their food, but Prague's hearty pub fare is heaven consumed in a cosy corner on a chilly day. Duck into authentic inns like U Deloveho Krize (Stefanikova 75), descending the staircase into its brick-clad belly to sip

BACK IN TIME The imposing St Vitus Cathedral (top); Death presides over the Astronomical Clock (above)

beer from a proper tankard. Goulash is the must-try here, a thick, beefy stew with lashings of dumplings and sour cream.

Though there's the odd petite guesthouse on the Mala Strana side of the river, you're more likely to stay in the Old Town or New Town on the east bank. Here's where the cool boutique hotels are, not to mention a food and drink scene that zaps you back into modern-day Prague. One of the city's biggest attractions is the Astronomical Clock in the Old Town Square, which can feel anticlimactic (though the square is worth a visit in festive seasons, such as December's Christmas markets). You won't get up close to the clock unless you pay to climb the tower, but either way it's worth a look for its mysterious dials pointing to the positions of the Sun and Moon, plus the figure of Death at one side. Get there on the hour to see it in motion.

More rewarding is a visit to Prague's Jewish Quarter, Josefov, on a moving tour of what was once the largest Jewish ghetto in Europe. Sign up for a self-guided audio tour of its six synagogues and peaceful, mossy cemetery (**jewishmuseum.cz/en/info/visit/audio-guides**); it's this almost spellbound, perfectly preserved sense of history – both light and dark – that lures TV and film producers.

End your day in one of the trendy bars or curious restaurants on the Old Town side of the Vltava river: there are rustic, hole-in-the-wall wine bars all over, but Hemingway Bar (**hemingwaybar.cz/bar-prague**), with its pleasing Victoriana decor, is a local institution, where you can easily imagine a clandestine detective's meeting. Keep an eye out for Philo.

LUCY THACKRAY

OUR TOWN Left, Prague's famous Charles Bridge and, above, *Carnival Row's* Orlando Bloom and Cara Delevingne

RT TRAVEL

Sky Princess® and Julian Clary, Suki Webster and Paul Merton and Ed Byrne (inset)

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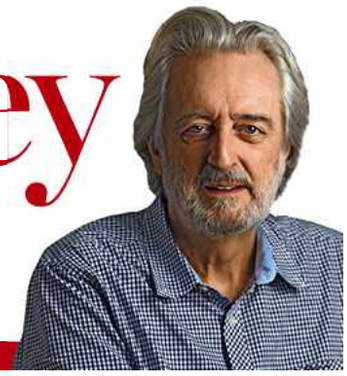
Comedy Stars PRINCESS

ALAMY; SHUTTERSTOCK

Money



Paul Lewis presents Money Box on Radio 4. To read more of his advice, see **radiotimesmoney.com**

To receive emails with our latest news and offers, visit radiotimes.com/email

MAKE SURE IT'S OFFICIAL

End up on the wrong website and you'll be handing over money for documents and services that are free!

Beware websites that help you find official documents or services but charge you a high premium for things that could be a lot cheaper or free. They take advantage of search engines by paying for ads to put them at the top of the list when you search. You can always tell an advert – it will have "Ad." by the item but in very small type.

> 'Ignore results that have "Ad." by them. They'll take money off you'

For example, search "title deeds" and the websites that appear in the top spots charge you around £40 for a copy of the title deed and plan. You can download those documents instantly from the official Land Registry for £3 each. Some even have web addresses with the words "landregistry" in their URL so they sound like an official site. But they are not. You can find the official Land Registry site by searching **gov.uk** for "land registry" – or at **ros.gov.uk** for Scotland, and **nidirect.gov.uk** for Northern Ireland.

Similarly, if you type "tax my car" on some search engines, the top website listed is not the official site. It will tax your car for the correct price but as part of your payment you agree to a £7.95 per month recurring charge, which can be cancelled – if you remember to do so. The official place to tax your car throughout the UK is **gov.uk** (search "tax my vehicle" there).

If you're travelling to Europe, you may want to check if you need what used to be called an EHIC but now, since the UK left the EU, is called a GHIC – Global Health Insurance Card. Search for EHIC or GHIC and you will get a website that appears official but will charge you £14.50 for the GHIC. You can get one free from the official site: go to **gov.uk** or **nhs.uk** and search there.

The way to avoid these traps is to go straight to the UK government website **gov.uk** (**gov.scot** for Scottish services, or **nidirect.gov.uk** for services from the Northern Ireland Executive), then search for what you want on that site. If you use a general search engine, always ignore results that have "Ad." by them. They will take money off you.

QUESTIONS? Send any questions to **Paul.Lewis@radiotimes.com**. I cannot answer you personally, but I will reflect them in this column.

EMMA LYNCH

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Crossword

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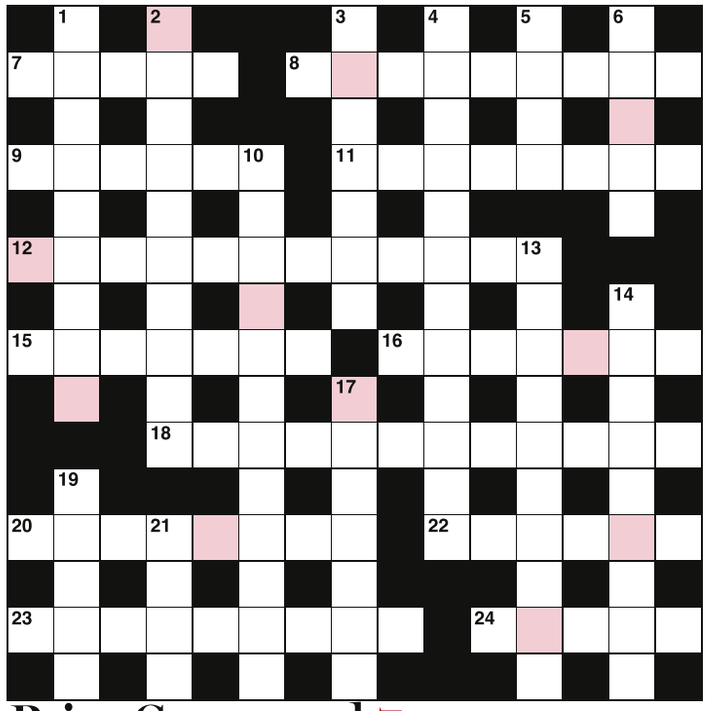
WORDFINDER Find the name of the show in the shaded squares to win the prize below.
EASY CLUES Just for fun!

PRIZE CROSSWORD

ACROSS
7 A bit on the side? (5)
8 They photograph a standard pizza cooked outside (9)
9 Sour, making one twitch (6)
11 Geordie cackle about chain (8)
12 Tossing the salad when ruler's in TV series (7,5)
15 Fancy clipping unruly patio by empty roadway (7)
16 Bag items at Chelsea houses (7)
18 French girl forced to put one in wine (12)
20 Reduction after higher blow (8)
22 Familiar monster is seen moving (6)
23 Did some DIY while drunk (9)
24 Artist often omitted round about (5)

DOWN
1 Viewer's son loudly kissed by a Devon crag (9)
2 My skirt's to get removed for red doctrine (10)
3 Aggressive about area with a pot? (7)
4 Carouser to give support to foreigner, say (12)
5 Left hand over curved lever (4)
6 Inspect as spoken language (5)
10 Argued against rip-off jazz style edict abroad (12)
13 Victory one connected with US TV series (10)
14 Sermoniser to demand that animals provide cover (9)
17 Choke Spithead dam (7)
19 Amount to magic formula (5)
21 Simplify letters orally (4)



Prize Crossword 7

NAME
ADDRESS

POSTCODE TELEPHONE
EMAIL

Cut or copy this form. Closing date: 24 February. Solution published in *RT* dated 18 March.
Send to: Radio Times Prize Crossword, week 7 2023, PO Box 501, Leicester LE94 0AA.
Or email your entry to **xword7@radiotimescomps.co.uk**

Please note, your contact details will only be used in order to contact the winner of the prize crossword

Two winners of the Wordfinder puzzle will each receive a copy of *Doc Martin: Last Christmas in Portwenn* (Acorn DVD), the last ever episode of *Doc Martin*, in which the GP spots a medical concern that could end up cancelling Christmas. The DVD includes *Farewell Doc Martin*, which goes behind the scenes of the much-loved show.

EASY CROSSWORD

ACROSS (answers page 147)
7 Milk depot (5)
8 Derisively mocking (9)
9 Basket for strawberries (6)
11 Ample, plentiful (8)
12 Palace associated with Henry VIII (7,5)
15 Senior US politician (7)
16 Reflecting road stud (4-3)
18 US celebrity interviewer (5,7)
20 Country bordering Vietnam (8)
22 Firmly fastened (6)
23 Basic underlying structure (9)
24 Church singers (5)

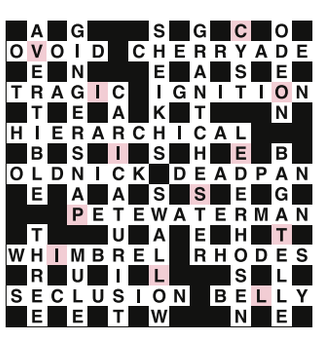
DOWN
1 Wet through (9)
2 Large musical instrument (5,5)
3 Available job (7)
4 Build-up, amassed amount (12)
5 Pre-owned (4)
6 Massive person (5)
10 Scottish sitcom starring Arabella Weir (3,5,4)
13 Aircraft's trial trip (4,6)
14 Dorset seaside town (4,5)
17 Actors' workplace (7)
19 Curved cavalry sword (5)
21 Minor collision (4)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to **wf7@radiotimescomps.co.uk**. Or post your entry (postcards only) to: Radio Times Wordfinder, Week 7 2023, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 24 February.

PRIZE CROSSWORD 2 SOLUTION

Prize Crossword 2 winner*
Andrzej Szymanski, Ealing, London
Wordfinder 2
Politics Live
Wordfinder winners
Richard Westlake, Hayes, west London; John Blair, Southampton



*To enquire about the winners of any of our competitions email feedback@radiotimes.com

PUZZLE ANSWERS

ONLY CONNECT
Famous Shirleys
Temple, MacLaine, Ballas, Bassey
Formula One teams
McLaren, Haas, Ferrari, Williams
Places of worship
Mosque, Gurdwara, Synagogue, Church
Types of skiing
Telemark, Nordic, Alpine, Freestyle

COUNTDOWN
How Rachel did it: **9**x**6**=54, 54+**7**=61, 61x**9**=549, 549+**7**=**556**

ENIGMA
Across Approval, Spa, Wound, Squally, Spook, Zaps, Hatbox, Rotund, Lion, Flock, Gingham, Bijou, Try, Shipyard
Down Swatch, Light, Pout, Attorney, Redeploy, Vision, Alumni, Forcibly, Syllabus, Ajar, Abyss, Discus

POINTLESS
The Spy Who Loved Me (12 answered), *Live and Let Die* (28), *Casino Royale* (26), *Diamonds Are Forever* (10), *Tomorrow Never Dies* (13). So *Diamonds Are Forever* is the answer that the fewest people gave.

POPMASTER
1 Cliff Bennett and the Rebel Rousers **2** *I Get Around* **3** *Jarrow Song* **4** Cliff Richard **5** *Voyage Voyage* **6** Prima Donna **7** *C'est la Vie* **8** Bebe Winans **9** The Shires **10** *Empty Souls*

EGGHEADS **1a** **2b** **3c** **4a** **5b** **6c** **7c** **8a** **9c** **10b**

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Puzzles The toughest brainteasers from your favourite shows

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ONLY CONNECT with Victoria Coren Mitchell

The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Temple	Haas	Gurdwara	Williams
McLaren	Nordic	Ballas	Church
Mosque	MacLaine	Alpine	Bassey
Telemark	Ferrari	Synagogue	Freestyle

TRY THESE CLUES: GROUP ONE: TEMPLE. GROUP TWO: WILLIAMS. GROUP THREE: CHURCH. GROUP FOUR: ALPINE. © RDF WEST

COUNTDOWN with Rachel Riley

Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

556

7 9 7 6 10 9

SUPER SUDOKU 894

			7		5		1	4
				6			7	2
		3	1					
		5			7		6	
6			2		9			7
	9		3			8		
					1	7		
3	4			7				
8	2		5		3			

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 13/20**

SUDOKU NO 893 SOLUTION

5	4	2	7	8	1	6	3	9
3	9	1	2	6	4	7	5	8
7	8	6	5	9	3	2	4	1
8	2	5	6	1	9	4	7	3
4	7	9	3	2	5	1	8	6
1	6	3	4	7	8	9	2	5
6	5	8	1	4	2	3	9	7
2	3	7	9	5	6	8	1	4
9	1	4	8	3	7	5	6	2

SCRIBBLE PAD

TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. What is the nine-letter word?

BRAINBOX 24 words AVERAGE 16

G	E	R
L	U	Y
A	R	L

TRACKWORD FOR LAST ISSUE Nine-letter word CONGENIAL

ace, acing, acne, ancon, ani, can, cane, cine, clan, clang, cog, con, congenial, eco, ego, eng, gen, gena, genal, genial, genic, ice, icon, lac, lace, lacing, laic, lain, lance, lancing, lane, nan, nice, nog, oca, once

(Ref: *Chambers English Dictionary*)

THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 14/20 Target time: 28 minutes

	16	9	9	21	19	10	16	5		1	9	16
1		19		2		25				18		8
12	19	20	11	26		1	7	20	16	5	5	18
16		4		2		25				5		1
4			1	9	19	19	23		6	16	9	1
24		16		5		11		14		8		
15	16	4	8	19	22		21	19	4	20	11	26
		4		18		16		21		1		25
5	25	19	11		14	5	19	24	23			1
25		21				20		25		16		24
13	25	11	13	15	16	17		8	25	3	19	20
15		2				11		5		16		1
4	21	18		1	15	25	9	18	16	21	26	

A B C D E ~~F~~ G H I J K L M ~~N~~ O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11 N	12	13
14 F	15	16	17	18	19	20	21	22	23	24	25	26

CLIVE DOIG

THIS WEEK'S EASY CROSSWORD SOLUTION

Across **7** Dairy **8** Sarcastic **9** Punnet **11** Abundant **12** Hampton Court **15** Senator **16** Cat's-eye **18** Oprah Winfrey **20** Cambodia **22** Nailed **23** Framework **24** Choir

Down **1** Saturated **2** Grand piano **3** Vacancy **4** Accumulation **5** Used **6** Giant **10** *Two Doors Down* **13** Test flight **14** Lyme Regis **17** Theatre **19** Sabre **21** Bump

◀ SEE PAGE 145 FOR ANSWERS

Tallinn's Alexander Nevsky Cathedral

HELSINKI, TALLINN AND RIGA

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- 4,3,3,3 (1973)
- 6,6 (2006)
- 8,3,7 (1971)
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EGGHEADS with Jeremy Vine

OLAV BJORTOMT

1 Invented in Minneapolis, the Juicy Lucy is what fast-food item?
a Cheeseburger **b** Chicken sandwich **c** Hot dog

2 Who writes some of her poems in the persona of Jason Strugnell?
a Fiona Sampson **b** Wendy Cope **c** Carol Ann Duffy

STEVE COOKE

3 On which group of islands might you stay at Hell Bay on Bryher?
a Shetland **b** Orkney **c** Isles of Scilly

4 Moments before his kung-fu kick on a supporter in 1995, Eric Cantona had been sent off while playing against which team?
a Crystal Palace **b** Charlton Athletic **c** Millwall

PAT GIBSON

5 In which city were Andrew Marr, Armando Iannucci and Carol Ann Duffy all born?
a Edinburgh **b** Glasgow **c** Aberdeen

6 In 1973, who won an Ivor Novello award with the song *Won't Somebody Dance with Me?*
a Gilbert O'Sullivan **b** Kate Bush **c** Lynsey de Paul

BARRY SIMMONS

7 Which of Henry VIII's wives had the longest life?
a Anne of Cleves **b** Catherine Parr **c** Catherine of Aragon

8 The traditional ensemble of musical instruments, a gamelan, is from which country?
a Indonesia **b** Philippines **c** Papua New Guinea

BETH WEBSTER

9 Seth Lakeman is best known for playing what type of music?
a Hip-hop **b** Jazz **c** Folk

10 Which country is home to the Remarkables mountain range, with a peak called Ben Nevis?
a South Africa **b** New Zealand **c** Canada

DICTIONARY CORNER Susie Dent

Word of the week Checkmate

The word "check" has been put to good use in English. Each one of its diverse meanings began with chess. "Check" itself came into English via the Old French word *echec*, which in turn was borrowed from the Persian *šāh* "king" (the origin of "shah"). "Check" was first used by chess players to declare that the opponent's king was under attack. The word broadened to mean controlling, stopping and examining.

Meanwhile, the chessboard gave us "check" or "chequered" cloth. The first Chancellors of the Exchequer were Norman accountants who calculated the monarch's revenues on a chequered tablecloth. Finally, "checkmate" announces the final move in chess when a player once declared *šāh māt*, "the king is dead".

GETTY; ALAMY

POPMASTER

with Radio 2's Ken Bruce

1960s

1 Who made the top ten in 1966 with a cover of the Lennon and McCartney song *Got to Get You into My Life*?

2 What was the title of the first single by the Beach Boys to make the UK top ten?

1970s

3 Alan Price only made the top ten on one occasion in the 70s. Can you name the song?

4 Can you name the singer who had top 20 hits in the 70s with *Living in Harmony*, *My Kinda Life* and *(You Keep Me) Hangin' On*?

1980s

5 What was the the only UK hit single by French singer Claudie Fritsch, released under the name of Desireless?

6 Which act representing the UK came third in the 1980 Eurovision Song Contest with *Love Enough for Two*?

1990s

7 Which of these B*Witched singles made it to number one first: was it *To You I Belong*, *C'est la Vie* or *Blame It on the Weatherman*?

8 Which singer featured on Eternal's 1997 number one hit, *I Wanna Be the Only One*?

2000s–present day

9 Which duo had a top five album in 2022 with the title *10 Year Plan*?

10 Which one of these songs does not appear on the Manic Street Preachers album *Send Away the Tigers – Indian Summer*, *Autumnsong* or *Empty Souls*?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN

RT MONEY

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◀ ANSWERS P145

Feedback

Edited by **JANE HILL**

DAILY TV DIET
From left, *Lorraine*, *This Morning* and *Loose Women*

DRIVING ME POTTY

Like the Rev Robin Whittle (Feedback, 21 January), I've enjoyed the return of *The Great Pottery Throw Down* (Sunday C4) – the contestants just seem to get better with every series.

But one thing really jars – Siobhán McSweeney. In episode three (22 January), she appeared dressed as a chicken, encouraged the potters and judges to make "knob" jokes and blew some kind of kazoo behind a potter who was doing tricky work on his competition piece.

Ellie Taylor, the previous stand-in presenter, was so much better. But why is a comedian needed at all? Every craft competition now seems to have an unfunny comedian to dumb it down: *The Great British Sewing Bee*, *All That Glitters*, even the classic *Great British Menu* introduced one – Ed Gamble – in the last series. Audiences deserve to be treated like adults.

David Watkins
Bournemouth, Dorset

FORGET USELESS MEN

I agree with Jane Garvey (*RT*, 4 February) that some men make women's lives worse, both as colleagues and in relationships. I disagree, though, that a series about "women going back to work… enjoying the full support of all the uncomplicated men around them" would be unwatchable. Maybe someone will make one. That would be ground-breaking, though I'm not holding my breath.

Oft-repeated references to "useless men" surely don't inspire men – especially young men – to imagine and build a new, non-useless and non-toxic version of masculinity. I'm fed up (to the point of near despair) with what we have now, the massive, under-reported misuse of male power, from everyday sabotage to violence that is sometimes fatal. Men must be part of the solution for a better future.

Win Ashmore
Mossley, Greater Manchester

LETTER OF THE WEEK

Make daytime dinosaurs extinct

Isn't it time that ITV1 rethought its weekday morning and lunchtime schedule?

The usual programming on offer – from *Lorraine* at 9am through *This Morning* at 10am to *Loose Women* at 12.30pm – consists largely of a diet of astrologers, health experts, fashion tips and showbiz and celebrity gossip.

As such, it perpetuates the antiquated idea that, with their husbands off to work, only housebound women watch television at this time of day, and we don't want to tax them too much while they iron and clean.

It's like watching TV from the age of the dinosaurs.

Barry Cronin
Manchester

Barry Cronin wins a black Roberts Ortus 2 clock radio. Sleek and practical, this DAB/DAB+/FM radio has pre-sets for up to 20 stations, both a radio and a buzzer alarm with snooze function and an audio fade-out setting for listening in bed. The display light can be adjusted to dim or black-out at night. The Ortus 2 also features a USB socket for a smartphone connection and can double up as a speaker for your iPod or MP3 player. RRP £79.99 **robertsradio.com**

ROBERTS

A TIME BEFORE STRICTLY

I'd like to thank the BBC for showing the run of episodes from the 1979 series of the original *Come Dancing* (Sunday BBC4). It's so nostalgic to see old-time Latin and modern dances, performed without whooping audiences or hysterical judges. Genial Terry Wogan was the perfect host. I hope the BBC will show more *Come Dancing*, before the excellent BBC4 channel is sadly lost to us for ever.

Anne Fitzsimons
Glasgow

SUCH POISE
A couple dancing in the 1979 series of *Come Dancing*

GETTY

WFH WORKS!

I have to disagree totally with Lord Sugar's comment (*RT*, 4 February) that work from home "don't bloody get done". My bosses allow hybrid working in our office, and I always produce better stats when I'm at home compared with the office. It's more relaxing, there are far fewer distractions, I'm at my desk for longer and I do far more work.

Maybe Lord Sugar's assumptions are based on how he would behave if he were in my position, and say more about him than his workers?

Chris Everson
Cowes, Isle of Wight

ABANDONING THE ARTS

Stephen Greenhill (Feedback, 28 January) observed the lack of foreign language films on BBC Television. This is depressingly symptomatic of the BBC's almost complete abandonment of serious arts and culture. When I was growing up, the BBC's World Cinema featured masterpieces by directors such as Truffaut, Godard, Antonioni and Kurosawa, whereas now it displays no interest in broadcasting film as art. This is underlined by the lamentable loss of the Radio 4 *Film Programme*.

Its attitude to literature is as bad if not worse. We now only get shockingly mangled versions of classic literature and a book programme for people who don't read. BBC4's repeats provide an epitaph to BBC arts coverage on a channel that itself is under a death sentence.

Martin Hills
Chichester, West Sussex

A TIME TO DANCE

As a ballet enthusiast, I was thrilled by Carlos Acosta's *Don Quixote* from Birmingham Royal Ballet (29 January BBC4). The choreography, sets and costumes were terrific and the dancing was world-class. You could almost feel the Spanish sunshine on a cold, dreary January evening.

For once the BBC actually showed something I could enjoy. I just hope it's not too long before we get another feast of ballet.

Joan Hopton
Preston, Lancashire

MARMITE HOST? Harry Hill presenting *Junior Bake Off*

RIGHT RECIPE...

Junior Bake Off (C4) is a delight to watch. The young bakers work really hard to achieve the tasks and host Harry Hill, with his unique brand of tomfoolery, is just right for defusing tension and keeping everyone positive.

The comments and encouragement of Rav [Ravneet Gill] and Liam [Charles] are never negative, but equally, never patronising. I love the way they often say "Next time...", helping the bakers to see a way to improve.

And please will someone strike a medal for the unsung heroes – those who tidy up after the young bakers, whose creativity often leads to a lot of mess!

Janet Lancefield *Middlesbrough*

...OR A SOUR TASTE?

Yet again Harry Hill has spoilt *Junior Bake Off* by messing about and distracting the contestants, for example by dressing up in a bed. Please get someone sensible to host who can help the children, not hinder them.

Christine Allen *Leeds*

OUTSTANDING Siobhan Finneran as Clare in *Happy Valley*

LIFE, THE UNIVERSE...

The Beginning and End of the Universe (repeated 18/25 January BBC4) was an intriguing title, and so the programme proved to be thanks to the engaging and knowledgeable Professor Jim Al-Khalili. He took us through the way the big bang theory developed and intrigued us with possibilities for the end of our world, fortunately in a distant future, taking in the Large Hadron Collider and black holes along the way.

IT'S LIFE, JIM Professor Jim Al-Khalili

More like this, please, and of Professor Al-Khalili's Radio 4 programme *The Life Scientific*. I've learnt such a lot.

Margaret Fuller
Evesham, Worcestershire
Not long to wait, Margaret – The Life Scientific returns on Tuesday 21 February at 9am.

SISTER ACT

I was enthralled by *Happy Valley* (BBC1), an outstanding BBC drama. Of course, all the actors were at the top of their game, but I want to make special mention of Siobhan Finneran who plays Catherine's sister Clare. She has been outstanding in this final series. Her fragility and vulnerability played off against all the infuriating and stupid things she has done and made me feel a huge wave of sympathy for her.

She shared the screen with the amazing Sarah Lancashire as Sergeant Catherine Cawood and held her own!

Linda Tracy
Teddington, south-west London

SURGE OF MEMORIES

I was very interested to read Justin Rowlatt's article about the Great Tide of January 1953 (*RT*, 28 January). I was 12 years old then and we lived in a residential caravan on a site in Hullbridge on the River Crouch.

The first we knew of the floods was waking up to water swirling around our van. Suitcases stored underneath it were floating away and the river came up to our steps. Sheep and hay bales were being tossed on waves that didn't normally exist on this quiet waterway. To get the bus to school I had to wade along a back road and climb onto the bus platform out of knee-high water.

Later on we heard the news of Canvey Island's disaster and counted ourselves lucky.

Myra Wilkinson
Kenilworth, Warwickshire

IT'S GREAT UP NORTH

What a fabulous series *Robson Green's Weekend Escapes* (BBC2/iPlayer) is and just what I need in the long dark month of January. Seeing so many different facets of Northumberland and North Yorkshire has convinced us to plan a road trip there ourselves this year.

So often, TV programmes about the UK concentrate on Devon and Cornwall, and as beautiful as they are, it has been so refreshing to experience somewhere different and equally amazing.

Sally Wood
Ebbw Vale, Blaenau Gwent

...We've lived in North Yorkshire for 50 years and so are familiar with many of the locations, but introducing talented local people adds another dimension. As do ▷

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YOU ASK US

Where can I find my favourite documentaries?

I was very sad to see the end of the Smithsonian channel. How am I going to see enjoyable programmes like *Mystic Britain* now?
Norma Singleton, Kendal, Cumbria

Sadly, Smithsonian, a "factual documentary channel" that was available on Freeview, ceased broadcasting in the UK on 5 January. The good news, though, is that Paramount, the owners of both Smithsonian and Channel 5, has promised that some of its programmes will appear on Channel 5 channels such as 5USA. So keep your eye on the listings in *RT*.

Also worth exploring is a new-to-the-UK streaming service called Pluto TV, also owned by Paramount. This is a free service supported by paid advertising. The best news of all is that it doesn't require registration, a log-in or a password.

When you go to the Pluto TV website, you may spot that the Smithsonian channel is available – but don't get your hopes up as alas this is just in the USA. However, some of Smithsonian's programming, for example the series *Combat Machines, Ships* and *Trains,* can be found there.

TREASURES TO FIND Chris Beardshaw at Nymans, West Sussex, from *British Gardens in Time*, available on Pluto TV. Inset left: *Mad Men*

So how do you get Pluto TV? It's not complicated. On your PC just go to **plutotv.com**. And you can get Pluto TV on your tablet, smartphone and internet-connected TV, too – just download the app. Then simply select from Live TV or On Demand to watch a choice of thousands of TV shows, from history to science, sport and nature (from channel 850). There are dedicated channels for dramas such as *Mad Men*, *Starsky and Hutch*, *Charlie's Angels* and *Hart to Hart*, and you'll find popular shows such as *Skins* and *Hell's Kitchen* as well as classic Laurel and Hardy comedies and thousands of films.

For Valentine's Day, it offers Pluto TV Romance, awash with romcoms (*Love & Other Drugs* and *The Wedding Guest* are among films landing this month), while by contrast Pluto TV Bad Romance will have series such as *Divorce* and *Cheaters*.

Many channels are shown in HD. You will also find news channels Euronews, Bloomberg and CBS News.

Even if you can't track down those favourite docs, you might find yourself diverted by something quite different! **DAVID HODGES**

Streaming: full coverage from p40

◁ the amazing aerial views of rivers, gorges, waterfalls, beaches and the splendour of Raby Castle.

The theme throughout of mental wellbeing highlights the need for people to make connections with the beauty of the countryside, too. A joyous half-hour each evening.
Wendy and Stan Cavell
Northallerton, North Yorkshire

A LOVING PORTRAIT

Thanks to BBC Sounds, my wife and I have once again been thoroughly enjoying *Conversations from a Long Marriage* (Radio 4), starring Joanna Lumley and Roger Allam. We're listening to all three series for the third time now and are both hoping there will be further series to come from the magical pen of Jan Etherington.

As we listen together there are knowing nods and smiles of recognition, as this couple bicker and wind each other up. And yet it is always their abiding love for each other that shines through.
Nicholas Court
Ullapool, Highland
You're in luck, Nicholas – series four begins on Wednesday at 6.30pm. See page 118.

GOOD HARE DAY *Winterwatch* leads the way

ALAMY

DAILY MINDFULNESS?

This year's *Winterwatch* (BBC2) was one of the best, with lots of interesting facts and beautiful scenery. The most enjoyable part was the "mindfulness moment". The BBC should introduce one of these every evening to help us calm down after the stresses of the day. Perhaps just before the 10pm news?
Mary Wiles
Prestwood, Buckinghamshire
Great idea. You'll find more antidotes to stress in Spring Walks (6/7 February BBC4), available on iPlayer. Mary wins a DVD of the feature-length Christmas episode of Detectorists, starring Mackenzie Crook and Toby Jones.

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SAM NEILL

On using his film awards as doorstoppers – and bingeing *The White Lotus*

JAY L. CLENDENIN/LOS ANGELES TIMES VIA CONTOUR RA

The return of *Jurassic World*, cameos in the *Thor* movies and now a new streaming series... you're bossing popular culture at 75.
That's so nice of you to say, but I do find myself using odd phrases like, "What are the young up to these days?" and passing old-fart comments like, "Well, the music was much better in my day." It used to drive me mad when I heard it from my father, but I'm turning more and more into him. It's 45 years since I made my first feature film, which seems an unthinkably long time ago.

Has much changed in that time?
Televisions! When I'm at home on the farm in New Zealand, I watch on a nice big screen and think we're so lucky. I remember the first television set that my father ever bought, a huge thing, the size of an Edwardian dresser. The screen was probably about 12in by 9in and the picture rolled as my father would fiddle and curse. There was an old aerial at the top of it. Now we've got these things that, if you sit at the right distance, it's like being in a cinema. I find that extraordinary and the sound is beautiful.

Do you surround yourself with souvenirs of a long and successful career?
I don't have things that would indicate I act. There is one award – it's quite heavy and stops the door from slamming in a wind. And a photo of me taken when I was *Reilly, Ace of Spies* – but that's because it's by Lord Snowdon.

No animatronic dinosaur heads?
I have got my boots from the first *Jurassic Park*. I held on to them for no good reason. Then Laura Dern told me that she sold her boots for a lot of money for charity. So I thought, well, if she can then I can – so that's what's happening to them.

What are you watching now?
I really loved that last season of *The White Lotus*. Gary Oldman is terrific in *Slow Horses* and I really liked *Babylon Berlin* and *Shtisel*. I'm actually enjoying what's going on with television at the moment – all these long-form binge-y things, like *The Twelve*.

***The Twelve* is a courtroom drama partly about women being judged unfairly. Is that what happened to New Zealand Prime Minister Jacinda Ardern?**
Yes, and I'm very sad. In fact, I'm gutted about Jacinda Ardern leaving the scene, but I completely understand why she would do. She went from hero to zero in about two years and it made me realise that misogyny, sexism, are everywhere. I am baffled by that and disturbed by it. It was very disturbing in New Zealand.

You play a defence barrister in *The Twelve*. Are you more conscious now of the wider social and even political implications when you pick parts?
You're being rather flattering there. I'd like to think I was that sort of profound thinker, but I suspect I'm really not. It's interesting when these things surface that are contemporary like that. It's actually very rare that those sort of issues are dealt with in a dramatic and interesting way, in the way they're handled in *The Twelve*.

Is it time to slow down and spend more time in your vineyards?
I love going home and I love spending time with my vines and my pets, but the idea that I'd never work again is absolutely abhorrent. I love what I do and I feel very fortunate that I've been able to do it for so long. I have a project I can't tell you about. The idea of retirement is a complete anathema to me.

Do any of your own performances stick out for you?
When it comes to television, *Peaky Blinders* was a big highlight for me. It was a rare chance to play a really graphic character. I enjoyed that immensely and I'm very grateful for that opportunity. I'm very fond of Cillian [Murphy] and working opposite him was a privilege. It was great. **MICHAEL HODGES**

The whole series of The Twelve is available to watch from Thursday on ITVX

AWAY FROM THE TV

FAVOURITE MOVIE
It takes a lot to persuade me to go to the movies, but I absolutely loved *The Banshees of Inisherin*.

FAVOURITE HOBBY
I like collecting good photography. I have a Henri Cartier-Bresson print of a pair of rather gorgeous legs.

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Provided by Age Partnership+

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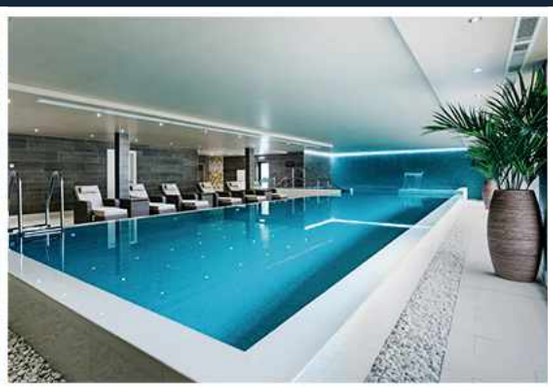

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